

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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In the basic cosmic egg exercise, we try to develop/enhance our psychological **tactile-feeling**, in a deliberate and conscious manner. The technique, is one of, sensory deprivation, to any outer physical stimulus of the senses. In this exercise, the student is trying to achieve Ophiel's, neither state/condition, which Ophiel describes, in his first book; Astral Projection; his chapter: Dream Method, as his: Neither State/Condition of 'not awake-not asleep'. This 'condition' is one of 'sensory deprivation/stimulus'.

There is/are many, many people/persons, all over the world, who are very, very, good, at this 'technique', especially in business and in the 'creative' processes, where they 'use' this natural ability/talent to good use. They/these persons/individuals are able to, space-out, from the/their now present #0, environment, and successfully contact/communicate, to/with the/their = #1, Malkuth Earth/Hades Plane/Body = and extract = whatever 'it' is, that helps to, progress them forwards, in the/their life/living.

For many, many of these individuals, the/this act/action, is un-conscious and a perfectly natural extension, of themselves and their perceived personality (#3, Ego Body = This is 'me', this is 'who' I-am, this is 'what' I-do, etc, etc.) For most successful persons, there is no gap/space 'between' who they 'are', and what they 'do'. Here is what Ophiel writes, in his book: Clairvoyance, his chapter: You are Naturally Clairvoyant:

“Please note the following statement and absorb its meaning fully: CLAIRVOYANCE IS A PERFECTLY NATURAL POWER INHERENT IN ALL MEN AND WOMEN.” End quote.

What was 'used', in ancient/previous history/society/cults and religions, was = **known-techniques** = which were then, **used in applications**, to/for the benefit of = the group, tribe, society, nation etc, etc. The actual, factual, literal technique of/for, sensory deprivation, initially, was/is = caves. Where caves weren't available, the forests, tents, igloos, walk-about, meditation/contemplation, body postures, or whatever, was 'uses' as long as the basic criteria was met = **outside sensory stimulus/deprivation** = **this was/is as 'true' today = as it was in the past!?!**

The phenomenon, of/for/with, sensory deprivation, was reported to psychologist/psychiatrists, as they studied these effects, on those astronauts who were

selected for the U.S.A. 'moon landings', who reported 'clairvoyant – flashes – images' back in the early 60's. (See/read earlier posts messages about the development of 'isolation-tanks', to simulate space.) The present writer was, for a brief time, a member of the 'spiritualist church', and used to 'sit for development'. The 'technique' was a darkened/blacked-out room, with no physical/material stimulus.

For the basic cosmic egg exercise, and/or basic chair exercise, these/this darkened room, is not necessary, as it is the/your/our psychological dark-ness, black-ness, BLIND-ness, which we are/will be/shall be, working WITH!?! Agreeing-WITH!?! So that, all you, the reader need/require, is the space/room in which to, stand-sit-in. If you feel that having a dimly lit or blacked out room, would assist you, at the start/beginning of the/your learning/developing process, then, by all means, do so!?! The 'proposal', is that we take the five basic elemental forces symbols, and we associate them, the five symbols, to/with the/our #0, outer, outer physically physical body, thus, creating/making a = channel, route, access, transition = point/place, where the/our inner psychological-tactile-feeling = can cross-over-the-threshold = into/onto our #0 &+ #3 = Conscious-ness, awake-ness, aware-ness!?!

Akasha = cause/change = Egg = whole body

Air = archetype/foundation = Sphere = head

Fire = direction/projection = Inverted Pyramid = torso

Water = reflection/visualisation = Bowl = hips/pelvis/crotch

Earth = tactile-feeling/three-dimensionality = Cube = thighs/legs/feet

Physical = duality/use, using, used = Physical Body Conscious-ness

As the present writer, writes/describes the above, they, automatically/reflexively, sense/feel these symbols, in/on the/their #1 and/plus #0, bodies, as will/shall you, if you test, try, use, the/this simple technique. Having decided that you, the reader/practitioner, are going to find out/discover, 'if', this exercise is for you or not, you should know that; repeating often, in the/a/any learning process, is essential/key, to the whole process. Therefore = keep it short, repeat it often! Make sure your practice times are 'well within' your 'attention span'!? One of the essential reasons, of/for this, is that you, #1 &+ #0, are now consciously/deliberately/IMMEDIATELY!?! = WORKING-WITH!!! = THE YOUR #1, Malkuth Earth/Hades Body = from the/your #2, Etheric Body!?! (As explained by Ophiel.)

If, the/this #1, body = gets tired/bored = or disinterested = then you, the operator = #0 &+ #3 = ARE WASTING YOUR #0, Outer, outer physically physical = precious time! The whole idea, is to exercise and get/have/develop = a good/sound working relationship, to/with the/your #1, malkuth earth/hades body! Most occultists do not know/understand, that the/their/your #1, Malkuth Earth/Hades Body = has its own personality = which we, #0 &+ #3, sense/feel as, psychological tactile-feeling of, likes/dislikes! But which they, the beginning student, thinks, confuses as the/their emotions, because that is what they have been told/informed,

1. ALL = emotions have tactile-feeling-in-them = Earth-of-Fire = Cube inside Inverted Pyramid.
2. ALL = tactile-feeling 'have' emotions-in-them = Fire-of-Earth = Inverted Pyramid 'inside' Cube.

But...as you can see/read = these things are not, the same things = They are, two-different-planes!?!

#0 = outer, outer physically physical plane

#1 = malkuth earth/hades plane

#2 = etheric plane

#3 = ego body, present incarnation, personality body plane (Not a real plane, but a constructed plane/level).

#4 = astral plane

#5 = archetypal plane

#6 = akashic plane

Ophiel's techniques, is/are for the/your #2, etheric plane, and this is what was presented to the west, from the Metaphysical Society of Madras India, through/by/with the British Raj, in India. Everyone was told that the #2, Etheric Plane, was/is, the 'key plane', and that everyone had to project, into/onto the/this #2, Etheric Plane!?! Whereas, there is an entire plane, standing 'between', the #2, etheric plane and the/your/our #0, outer, outer physically physical plane = called/named in Caballa style = #1, malkuth earth/hades plane!?!

In/on this/your #1, Malkuth Earth/Hades Plane = THERE IS 'NO!?!' VISIBLE-INNER-LIGHT!?!'

In/on this/your #1, Malkuth Earth/Hades Plane = THERE IS 'ONLY!?!' BLACK-INNER-LIGHT!?!'

In/on this/your #1, Malkuth Earth/Hades Plane = THERE IS 'ONLY!?!' BLACK-ON-BLACK-LIGHT!?!'

In/on this/your #1, Malkuth Earth/Hades Plane = THERE IS 'ONLY!?!' BLACK-ASTRAL-LIGHT!?!'

In/on this/your #1, Malkuth Earth/Hades Plane = THERE IS 'ONLY!?!' THE-PRINCE-OF-DARK-NESS!?!'

For many, dyed-in-the-wool, would be 'occultists', this is, too much, too difficult, too hard, too unbelievable!?! Well, too bad! Because that/this = IS THE 'WAY' = THAT 'IT' = IS!?!' It was only 'later' that groups (Gnostics), who made the; Black-Astral-Light = EVIL!?!' See/read Ophiel's vignette: The Two Creators: wherein Ophiel writes this:

"That is, the 'intellectual' 'conceptions' did follow my 'seeing' the 'Astral Light' on the 'Ethereic Plane' in a projection and then, I repeat as I said, I remembered a few 'words/descriptions' from some 'Gnostic' literature and so turned to the 'literature' for further 'knowledge' of this 'Thing?' I will 'state' that at first, the 'preceding' is all I did, 'Identify' the 'Astral Light' as the 'Demiurgeous' and learn more about it. I did 'think' that all 'things' came 'FROM!' the 'Astral Light.' I 'knew' the 'Light' was 'like' a 'liquid?' I 'knew' it could be 'influenced?' etc, but! I did not 'know' 'EXACTLY? HOW?'

Then, reading further 'Gnostic' literature, I found another 'Gnostic' group that 'taught' that the 'Demiurgeous' was 'EVIL!?!' that the 'Demiurgeous' 'CREATED??' All the 'EVIL' things on 'Earth' (See the 'similarity?' to the 'Lesser Countenance?') That the 'Demiurgeous' 'DOES!' 'CREATE' the 'Physical World' is 'Probably True????' And that the 'Physical World' can be 'CONSIDERED? EVIL?' is 'ALSO?' 'Probably True????'" End quote.

I 'knew' the 'Light' was 'like' a 'liquid?' I 'knew' it could be 'influenced?' etc, but! I did not 'know' 'EXACTLY? HOW?' = Exactly 'how' is through/by/with = #1, malkuth earth/hades body = psychological tactile-feeling!?! Here is what the/our/your #1, Malkuth Earth/Hades Plane 'says' to the/your #2, Etheric Body:

If you #0, outer, outer physically physical you, 'value me = worship' = #1, malkuth earth/hades **tactile-feeling** = then 'all this' = their 'power/astral = #4' and their 'glory/etheric = #2', I will give you #0, if you #0 will value me = worship = #1!?! = FOR ALL THIS/THEIR = POWER/GLORY =#4 &+ #2 = IS 'DELIVERED' UNTO ME = #1 = AND TO = WHOMSOEVER I (#1) CHOOSE (!?!) = TO GIVE IT!?! = (YOU!! #0!?!)

There is such an 'occult' in the above, which is 'wasted' on many, but that doesn't matter, as that is the 'way' that life is, and the only 'way' around this/the above, is to understand/know, **that you are, have been = LIED TO!?!**

Worship = to value, honour, have worth, etc, etc.

Now, as much as some of you, may not 'like it', in the basic cosmic egg and/or basic chair exercises, you will be/are, **honouring/worshiping**, the above #1! Starting with, the/your basic cosmic egg exercise.

In the Hindu, the dark-ness, black-ness, blind-ness wasn't/isn't 'Evil', and the 'Light' at the/this level = #1 = is Ganesha! The Elephant God = Creator/Maker/**REMOVER** of = OBSTACLES!?! (The names 'Vighnehsa/Vighneshvara' refers to Ganesha's primary function in Hinduism as the master and remover of obstacles = vighna.) The Black-Astral-Light, was never 'Evil', in Hinduism. In the West = Greek/Judaism = IT = The Black-Astral-Light = became/was seen/viewed as 'antagonist'.

Thank you.