## THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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## 4 of 17. practice run. 2020

Once 'inside' your basic cosmic egg, you then start/begin at your 'head' with your 'Sphere' = Elemental Air!?!

For many persons, this is the first time that they have 'experienced', the/their basic five tattva symbols, in the three-dimensional form, the same as, the/their #0, outer, outer physically physical body!?! This 'sensation' of three-dimensionality =  $\underline{stimulates}$  =  $\underline{awakens}$  the <u>sleeper</u>!?! The/your #1, malkuth earth/hades  $\underline{tactile}$ -<u>feeling</u>-<u>body</u> =  $\underline{in}/\underline{on}$  its 'own' plane!?!

A closer look at Ophiel's book: Oracle of Fortuna, and the information/technique as presented by Ophiel, would be, could be, better served, if it was allied to your personal/individual 'understanding' of your 'own = <u>tactile</u>-<u>feeling</u>-<u>body</u>!?! It is also 'important', that you the operator, know/understand, the type/kind of question you are going to 'ask' = <u>AND WHICH PLANE/LEVEL</u> = <u>YOU</u> = <u>CONSCIOUS</u>-NESS = <u>ARE GOING</u> <u>TO BE STARING AT, LOOKING AT, SEEING AT, WATCHING AT, OBSERVING AT</u>!?!

- $#0 = \underline{\text{USE}}, \underline{\text{USING}}, \underline{\text{USED}}!$
- $#1 = \frac{\text{TACTILE}}{\text{FEELING}}!$
- #2 = <u>REFLECTING</u>, <u>REFLECTION</u>, <u>REFLECTED</u>!
- #3 = <u>OBSERVE</u>, <u>OBSERVED</u>, <u>OBSERVING</u>!
- #4 = <u>DIRECTING</u>, <u>PROJECTING</u>, <u>EMOTING</u>!
- #5 = <u>STARING</u>, <u>LOOKING</u>, <u>SEEING</u>, <u>WATCHING</u>, <u>OBSERVING</u>!
- #6 = <u>CAUSE</u>, <u>CAUSING</u>, <u>CAUSED</u>!

In the above, you have/should look for = <u>PAST</u>, <u>PRESENT</u>, <u>FUTURE</u>! In the above, you have/should look for = <u>CLAIRVOYANT</u> = <u>FUTURE-TIME</u>! In the above, you have/should look for = <u>PSYCHIC</u> = <u>NOW-TIME</u>!

The '<u>more-skilled</u>' you are/become, the '<u>more</u>', you can/do '<u>control</u>' about <u>yourself</u> and those people/persons, situations/circumstances = about you, within you and surrounding you!

Once you are 'inside' your basic cosmic egg, the 'side-benefit' of/to this exercise, is that, in the very first step/action you have 'taken', you have, in all probability = <u>NOW</u> '<u>DEFINED</u>' = <u>YOUR</u> '<u>PERSONAL-SPACE</u>' = <u>FOR THE VERY FIRST TIME</u>!?! (Read this for yourselves in Ophiel's book: Clairvoyance: Magic Mirror.) In the present presentation, the elemental <u>force</u> and <u>principle</u> of, the element of, elemental Air = <u>IS EXPRESSED AS</u> = <u>A</u>, <u>AN</u>, <u>THE</u>, = <u>ARCHETYPE</u> = <u>FIRST-STAMP</u>! = <u>FIRST-IMPRESSION</u>! = <u>FIRST-MOULD</u>! = <u>FIRST SHAPE</u>! <u>FIRST-MOVEMENT</u>! <u>FOUNDATION</u>!

All of the above is based on = <u>THE/YOUR BASIC</u> <u>COSMIC</u> <u>EGG</u> = <u>FIRST</u> <u>CAUSE</u>!?! (Cube '<u>inside</u>' Egg = Earth-of-Akasha). To the worthy ancients, this was 'revealed' as Arik-Anpin = First Cause '<u>AND</u>' Zoar-Anpin = First Impression!

We don't know <u>what causes</u> the 'first-cause' = basic cosmic egg! <u>But...we = conscious-ness</u> = <u>do know</u> '<u>what</u>' = <u>the first-impression</u> '<u>IS</u>'!?! = <u>THE</u>, <u>A</u>, <u>AN</u> = <u>ARCHETYPE</u> = <u>FIRST-STAMP</u>! = <u>FIRST-IMPRESSION</u>! = <u>FIRST-MOULD</u>! = <u>FIRST</u> <u>SHAPE</u>! <u>FIRST-MOVEMENT</u>! <u>FOUNDATION</u>!

Egg = Causality! = Sphere = First Impression = <u>Foundation</u>! = <u>Archetype</u>.

We know, from Ophiel, that the elemental plane, of the element of, elemental Akasha = <u>IS</u> <u>THE ELEMENT OF = THE ELEMENTAL</u> '<u>PRINCIPLE</u>-<u>OF</u>' = <u>THE ELEMENTAL</u> '<u>FORCE</u>' = <u>OF/FOR THE ELEMENT OF = THE ELEMENTAL EARTH</u>!?! Ophiel tells us, in his books: The Occult and Caballa Magic = that the 'element of' elemental earth = is expressed as '<u>principle</u>' = in/on the next plane down, below and after the plane up, above and before!?! Thus, we have:

Milky-White-Sea = Vast Countenance = Infinity/Eternity/Space Basic-Cosmic-Egg = Lesser Countenance/Demiurge = Finite/Limited/Time Sphere = Archetype = First Impression = Foundation = Elemental Earth <u>Principle</u>

The 'Sphere' located at your 'head', has, as pointed out in previous monologues/posts/messages, has its centre/power, located in its own centre, which is about the width of your own 'thumb', just above the crown/centre of your head. It is of prime

importance that you, the operator, make some kind of effort/connection, to/with this/these 'ideas', as they are/will be, psychological <u>tactile</u>-<u>feeling</u>, <u>defining</u>, <u>three-dimensional</u>-ising, symbol, symbol-ical, symbol-ise, symbol-ising and <u>will/shall</u> = <u>DEFINE</u> <u>THE</u> <u>NEXT</u> <u>THREE</u> '<u>SYMBOLS</u>'!?! What is the point in saying/writing = first-stamp, first-impression, first-mould, first-shape, foundation, etc, etc, etc? <u>AND</u> <u>THEN</u> <u>IGNORING</u> <u>IT/THIS</u> = <u>IN/ON</u> <u>THE</u> <u>VERY</u> <u>NEXT</u> <u>SYMBOL/SYMBOLS</u>!?!

So, the centre of, the/this Sphere, and its location/understanding = <u>SHOULD REVEAL TO</u> <u>YOU = THE OPERATOR = ITS OCCULT</u>??! = <u>AND IT DOES</u>????! (As 'do', The 'other' four symbols = Egg, Inverted Pyramid, Bowl and Cube!!) You are 'inside' your Egg and you have located' your Sphere = its centre = is the <u>Elemental Earth Principle</u> = <u>TO/OF/FOR</u> = The/your Egg = <u>AND/TO/ALSO/AS WELL AS</u> = The/your Sphere = Earth-of-Earth = '<u>Principle</u>'!

Your 'Sphere', as explained above by Ophiel, in his books: The Occult and Caballa Magic = <u>IS THE ELEMENTAL EARTH PRINCIPLE</u> = To/of/for, the/your Egg!?! = and the, Centre of the/your Sphere = <u>IS THE ELEMENTAL EARTH PRINCIPLE</u> = To/of/for, the/your Sphere!?! Thus, without you consciously 'knowing' it/this = you <u>already-have</u> = <u>TWO-EARTHS</u> = <u>One coming down the planes and one going across the plane</u>!?! This/your, understanding, of this, will/shall be the <u>same</u>, of/for each of the other/any planes, that you are going to work-with = <u>THERE IS/ARE</u> <u>TWO-EARTHS</u> = <u>One coming down the plane</u> of/for each of the other/any planes, that you are going across the plane!?!

Please try to be aware, awake, conscious to the 'fact' that there is/are = <u>NOW</u>, <u>TWO</u> <u>EARTH</u>-<u>PRINCIPLES</u> = <u>BUT</u>... in/on the plane of = Akasha = cause, caused, causing = and of = Physical Earth = use, used, using!?! There is/are = only 'one' Elemental Earth!?!

As you 'stand-inside' your Egg, with the/your Sphere, located about your head, its (the sphere), lower outer 'edge' rests on the top of your collar bones/ and is as wide as your shoulders. This, gives the Sphere 'perspective', in relation to the individual, as we = persons = are/do, come in all shapes and sizes!?!

Whilst in this position/place = Egg & Sphere = quietly think/feel on what you '<u>understand</u>' and how you '<u>tactilely</u>-<u>feel</u>' about the 'ideas' of/for a/an, <u>Archetype</u>!?! This has been gone over, for many years, in many different ways, in/on this particular Ophiel Magic Group, but here is/are some more of it again.

Archetype, <u>for flying</u> = doesn't show/explain show = wings, balloons, planes, gliders, helicopters, rockets nor/or the/their = SHAPES, STYLES, TYPES, KINDS = OF EXPRESSIONS!?!

Archetype, <u>for</u> <u>sailing</u> = doesn't show/explain show = kayaks, canoes, boats, ships, hovercrafts, submarines, catamarans, wooden ships, sail ships, passenger ships, cargo, ships, metal ships nor/or the/their = SHAPES, STYLES, TYPES, KINDS = OF EXPRESSIONS!?!

Archetype, to be successful = doesn't show/explain show = skill, art, technique, form, sacrifice, perseverance, insistence, provide, control nor/or the/their = OF SHAPES, STYLES, TYPES, KINDS = EXPRESSIONS!?!

Archetype, <u>be wealthy</u> = doesn't show/explain show = generation, compilation, retention, repetition, style of, method of, materials of nor/or the/their = OF SHAPES, STYLES, TYPES, KINDS = EXPRESSIONS!?!

Archetype, to travel with a horse =

Archetype, to calculate using a machine =

Archetype, to make war =

Archetype = <u>First-Movement</u>, <u>First-Impression</u>, <u>First-Stamp</u>, <u>First-Mould</u>, <u>First-Shape</u>, <u>Foundation</u>, etc, etc!

For the present writer, as they 'turn-inwards' the first 'sensation' they have of, the/their 'Cosmic Egg' = <u>IS THAT OF</u> '<u>FLOATING</u>'!?! Quietly/gently '<u>floating</u>' = <u>IN A BLACK</u>-NESS, <u>BLIND</u>-NESS, <u>SILENCE</u>, <u>RESTING</u>!!

This 'sensation', is to bring on/induce Ophiel's 'Neither State/Condition' of 'Not Awake/Not Asleep', as given in his first book: Astral Projection, his chapter: Dream Method. As explained in a previous post/messages, this technique is simply to induce the

sensation/feeling of = sensory deprivation = of outside #0, stimulation.

Outside the present writers 'cosmic egg' = it is <u>White</u>! Inside the present writers 'cosmic egg' = it is <u>Black</u>! There is/are no great/powerful 'occult' to this, it is simply a way/technique of defining-the-edge of/boundary-of, psychological <u>tactile-feeling-of</u> outside/inside. Me-inside/Me-outside, this is the present writers personal/individual elemental earth 'principle' = at the/this 'abstract' non-concrete, immaterial, intellectual, mental level, of doing!?! This same <u>principle/action</u>, is shown in the Ancient Egyptian concept of = The Sacred Mound = Also = THE 'POINT WITHIN THE CIRCLE'!?! (SPHERE!!!!?!) The first impression = archetype/foundation = is now! <u>The point-within the/your sphere</u>! <u>And every</u> 'thing' = <u>else/other</u> = <u>begins to</u> 'move' around = IT = Psychological <u>Tactile-Feeling</u>! (See/read 1 to 17 Archetype and the bowl-fish-rock) Everything is now 'swirling/spinning/revolving' etc. (See/read 'Creation Myths' and 'apply' the same 'principle', see/read the old crazy book (Bible) and 'Genesis' etc.) (See/read Ophiel's book: The Occult.)

This 'Archetypal Movement' = <u>is happening/taking place</u> = <u>in/on/at</u> = <u>the/your</u> '<u>head</u> = <u>conscious</u>-ness!?!' = <u>and</u>! <u>and</u>! = <u>you the operator</u>!?! = <u>will/shall/can</u> = <u>sense/feel it</u>!?! = <u>in/on</u> <u>the/your</u> = #0, outer, outer physically physical body!?! = <u>which means that</u>!?! = <u>the/you</u> = <u>the</u> <u>operator</u>!?! = <u>will/shall/can</u> = <u>sense/tactilely</u>-<u>feel</u> it!?! = <u>in/on</u> <u>the/your</u> = #1, <u>malkuth</u> <u>earth/hades body</u>!?! <u>Yes</u>? <u>No</u>?

Well, let's find out?

You, the operator, have successfully 'reduced' your desire, want, need, brooding, down to its 'archetype', and you have 'located it' (the archetype), in/on the elemental earth '<u>principle</u>' = Earth-of-Air = Cube '<u>inside</u>' Sphere = at the 'centre' of your Sphere, and now, it is moving faster and faster, creating making a 'vortex/downward spiral'. The <u>POINT/TIP OF/FOR</u> = the/this 'vortex/spiral' begins its 'decent' downwards/outwards?

You can actually, factually, literally = <u>feel it</u> (the <u>sense/sensation of</u>) = as it 'enters' the/top of your skull = it (the <u>sense/sensation of</u>) = then begins its 'descent' = through your brain, down the centre of your neck, past your shoulders/collar bones, straight into your chest, past your heart, through your diaphragm/stomach and <u>DOWN INTO YOUR</u> 'LOWER-INTINES'!?! And it 'stops' just below your navel (in/on the '<u>inside</u>' of your body!!!)

As this 'needle-sharp/point-tip' moves, it creates/makes a 'pressure/bow-wave' = <u>WHICH</u> <u>YOU</u>!! = THE <u>OPERATOR</u>!?! <u>TACTILELY</u>-<u>FEEL</u>-<u>SENSE/FEEL</u> = <u>AS</u> '<u>CREATING/MAKING</u>' = <u>A</u> '<u>BOWL</u>!?!' = AT THE/YOUR HIPS/PELVIS/CROTCH!?! And as it does so, the four sides of the Inverted Pyramid, 'appears'.

So, now you 'have' = Egg, Sphere, Inverted Pyramid = <u>inside you</u> = #1 &+ #0 = with #3 = <u>observing</u>, <u>watching</u>, <u>looking</u>, <u>seeing</u>, <u>staring</u>!?! As was pointed out in a previous post/monologue, the 'TIP' of the/this/your Inverted Pyramid = <u>IS</u> <u>THE</u> = <u>ELEMENTAL</u> <u>EARTH</u> '<u>PRINCIPLE</u>' <u>OF/FOR</u> <u>THE</u> <u>ELEMENTAL</u> <u>PLANE</u> <u>OF</u> AIR! = AS IT (The tip/point/apex) = Earth-of-Fire = Cube 'inside' Inverted Pyramid = <u>PROJECTS</u>!?!

Need to pause here: The Elemental 'Principle Of', the Elemental 'FORCE' of, the Element of, Elemental <u>EARTH</u>! We need to follow Ophiel, very carefully here, as he writes/informs us, that the = <u>NEXT PLANE DOWN!?!</u> = <u>IS THE ELEMENTAL EARTH</u> 'PRINCIPLE' <u>TO/OF/FOR = THE PREVIOUS PLANE ABOVE, OVER, HIGHER, BEFORE AND IN-FRONT</u>!?! So, our 'basic cosmic egg' = is the elemental earth 'principle' to/of for Akasha, the Demiurge and/or Arik-Anpin!!! This means, that for us (?), occultists (?), the 'bottom' of the/our 'Egg/Aura' = is 'where' the/this elemental <u>force</u> as '<u>Principle</u>' of/for the element of, elemental earth <u>SHOWS/REVEALS ITS SELF</u> = <u>TO US</u>!?! = <u>CONSCIOUS</u>-NESS!?! So, it is a Cube '<u>inside</u>' Egg = Earth-of-Akasha!?!

Here is a 'way' to look at these things, this is from Ophiel, from his book: Clairvoyance, his chapter: The Astral Light:

'A Gnostic Hymn - A Single source, A Single Root of light, jets out' End quote.

The 'single root' = <u>IS</u> <u>THE</u> <u>ELEMENTAL</u> '<u>EARTH</u>'!?! = <u>AS</u> <u>A</u> '<u>CONSTANT</u>' = <u>AND</u> <u>AS</u> <u>A</u> '<u>PRINCIPLE</u>'!?! = <u>IN/ON</u> '<u>ALL-PLANES</u>'!?! = <u>SO</u>, <u>LOOK</u> <u>FOR</u> <u>IT</u>!?! = <u>FIND/DISCOVER</u> <u>THIS</u> '<u>PEARL</u>' <u>OF</u> <u>GREAT</u> <u>PRICE</u> = <u>FOR</u> <u>YOUR</u> <u>SELVES</u>!?! Try this, from Ophiel's same book, same chapter:

"I will try now to give you a sort of summary of the above qualities reduced to terms we can, and do, understand and also reduced to terms and descriptions which you will experience as you take up the Inner Plane work which I again refer to. So, to start – When you enter the Inner Planes with your own clairvoyant consciousness, the first thing you cannot help noticing is the Flood of White Light that exists everywhere. The entire substance of the Inner Planes is Light itself!!!

In addition, all the objects that occupy the Inner Planes are composed of this same Light itself!!! To make this a little clearer – The Light that floods the Inner Planes is also the MATERIAL from which the objects, and inhabitants! of these Inner Planes are made/composed of!!!

Having gone this far, I will go a little farther – at this point, it seems to me you might be ready to grasp another great basic concept – try it – here it is. The Matter of the Physical Plane is also composed of this same LIGHT !!! However, this is a great mystery and cannot be gone into fully here or even touched on too much. That conception, however, is a start for you on your way to self-mastery. I do not know how the Light becomes matter, i.e. becomes condensed into physical matter, or even how the Light becomes Inner Plane matter/objects but I am pretty sure it does happen somewhere along the line, and he who masters this mystery becomes great indeed.

We will now resume our discussion, as far as we can go, into the nature of the Light – and remember, we are confining this discussion to the CLAIRVOYANT aspect of the perception of the Light. The object of this book is to educate you into knowledge of WHAT you are supposed to be able to SEE and then, you go on from there and SEE it (and also DOING will follow but that is another subject.) Again, as is very usual in Occult Inner Plane descriptions, there are no words in our language accurate enough to describe this Inner Plane Astral Light to you exactly. So please, use your own understanding to the limit – the words and meanings I will use here are only approximate – try and "stretch" them out for yourself." End quote.

So, let's try it/this for you. Take each highlight individually, and read each one this way = In addition, all the objects that occupy the Physical Plane, are composed of this same Light itself!!! To make this a little clearer – <u>The Light that floods the Physical Plane is also the MATERIAL from which the objects, and inhabitants! of this Physical Plane are made/composed of</u>!!!

Having gone this far, I will go a little farther – at this point, it seems to me you might be ready to grasp another great basic concept – try it – here it is. The Matter of the Physical Plane is also composed of this same LIGHT!!!

However, this is a great mystery and cannot be gone into fully here or even touched on too much. That conception, however, is a start for you on your way to self-mastery. <u>I do not</u> <u>know how the Light becomes matter, i.e. becomes condensed into physical matter</u> = <u>The</u> <u>Light becomes condensed into physical matter 'at' the/our/your #1, malkuth earth/hades</u> <u>plane</u>!?! = or even how the Light becomes Inner Plane matter/objects (it does this through/by/with <u>TACTILE-FEELING</u>!?!) <u>but I am pretty sure it does happen somewhere</u> <u>along the line</u> = <u>The Light becomes 'condensed' into inner plane matter 'because of'</u> <u>the/our/your #1, malkuth earth/hades' 'PRINCIPLE</u>' = <u>WHICH</u> '<u>ALSO-EXISTS</u>' <u>IN/ON</u> '<u>ALL-PLANES</u>'!?!

<u>And he who masters this mystery</u> = <u>becomes great indeed</u>! = So, we come back to our 'basic cosmic egg exercise' and the '<u>principle</u> <u>of</u>' = <u>our psychological-tactile-feeling-body</u> = #1, malkuth earth/hades!?! Now comes = the <u>most important part for you</u> = the reader! Same book, same chapter, a little farther on, we read this from Ophiel:

"The above should have shown you that there are a number of different planes you go to, and your actions on each of them has to be different in each case. Developing a clairvoyant ability to cognize one plane will not carry over automatically to another, different plane. Unless you know, what you are doing or what you are looking for, your Inner Plane work will not be good work but only hit and miss. So, again I repeat; this is the reason for my going into these details about the conditions pertaining to the Inner Planes." End quote.

So, following the above from Ophiel = <u>Developing a clairvoyant ability to cognize one plane</u> will not carry over automatically to another, different plane. Unless you know, what you are doing or what you are looking for, your Inner Plane work will not be good work but only hit and miss!

When you learn to #2, Etheric Project = <u>IT WON'T/DOESN'T</u> <u>AUTOMATICALLY MAKE</u> <u>YOU, THE PROJECTOR, A MASTER OF</u> = THE/YOUR #1, Malkuth Earth/Hades Plane!?!

Developing a clairvoyant ability to cognize one plane will not carry over automatically to another, different plane!?!

So, following the above from Ophiel = The/your #1, Malkuth Earth/Hades Plane/Body = <u>MUST BE</u> '<u>IN-BETWEEN</u>!?!' THE/YOUR #2 &+ #0 Bodies!?! This is what Ophiel writes, in his vignette: An Exercise in Preliminary Projection:

I am going to ask and wonder if there is not some kind of 'sub-plane,' a 'sub-Etheric Plane,'

It has been suggested that the planes between the "Real" Earth and the "Real" Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time

As the tip/point of the/your Inverted Pyramid 'points' to/towards, the 'inner curve', of the/you Bowl, at your hips/pelvis/crotch; you will/can, <u>tactilely</u>-<u>feel</u>, the 'sensation', of butterflies in the stomach? The type/kind of 'nerves', you would feel, if you were going for an interview, or making a speech or on a first date! On the 'inner curve' of your Bowl, is 'reflected' the/your 'Emotion', projected from the/your, plane-of-fire! But... On the 'outer curve' of your Bowl, is 'reflected' the/your 'Emotion', as a an 'IMAGE OF YOU!?!' = SO! IF YOU ARE NOT CAREFUL(?), YOU = THE OPERATOR = WILL BE/SHALL BE = <u>ATTRACTED/DRAWN/PULLED</u> = <u>TO</u>, <u>TOWARDS</u>!?! THE 'VISUALISED IMAGE' = <u>AND YOU</u> = <u>CONSCIOUS</u>-NESS = <u>WILL BE/ARE NOW STUCK</u>!?! (Like 'Narcissus' in the Greek myth. See/read previous posts/messages.)

Sense/feel the 'image/visualisation' <u>sinking</u>, to the 'bottom-curve' of the/your Bowl, which is '<u>BLACK</u>', and is 'resting/sitting' on the 'top' of your Cube. The 'cube' is from the 'bottom' of the Bowl, to about two inches below the soles of your feet. The Cube is '<u>black</u>', but... you, conscious-ness, can <u>tactilely</u>-<u>feel</u> its shape, its form, its eight corners, with the elemental <u>force</u>, of the element of, elemental earth, at the 'centre' of the/this/your Cube.

It is 'in here', in the/your psychological dark-ness, black-ness, <u>blind</u>-ness, where you can get to 'handle', 'touch', 'grasp', 'grip', 'hold', your <u>DEFINED</u>, <u>THREE</u>-<u>DIMENSIONAL</u> <u>IT</u> = Object, Circumstance, Thing!?!

Where you can <u>AGREE-WITH-IT</u>! Where you can <u>BECOME-FRIENDS-WITH-IT</u>! Where you can <u>HAVE-IT-ALREADY</u>! Where you can <u>BELIEVE-IT</u>!

This/these, are the types/kinds of things, that you, the operator, should be looking/working for, in your basic cosmic egg and/or basic chair exercises. <u>THE EXERCISES ARE FOR</u>

## <u>YOU</u> #1 &+ #0 <u>BODIES</u>!?! = <u>NOT</u>! = <u>FOR</u> <u>THE</u>/<u>YOUR</u> #2 or #3 <u>BODIES</u>!?!

As you = conscious-ness, follow your 'IT' = object, circumstance, thing = down through the five basic elemental <u>forces</u> symbols, within you, about you and surrounding you, you = conscious-ness = sub-consciously 'merge' with = plane, symbol, object = and you conscious-ness = slip into Ophiel's 'neither state', of not-asleep/not-awake!?! (#0, Outer, outer physically physical 'sensory-depravation!')

It only takes a little practice on a daily basis, three minutes, twice a day, to <u>tactilely-feel</u> (Adorn), these <u>defined</u>, <u>three-dimensional-symbols</u>, within you, about you and surrounding, as you 'go about' your #0, outer, outer physically physical daily living! So, why not, at the very least(?), give it a try, test, use, to see 'if', this type/kind/style of 'occult', is for you, the reader? Or <u>NOT(</u>?)

Thank you.