

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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3 of 3. a trip to the underworld. 2020

Here again, from Ophiel, from his book: Clairvoyance, his chapter: The Two Minds;

“So, we can again start by repeating that we have two minds – one called the conscious mind and the other the sub-conscious mind. The conscious mind is the mind we deal with in the ordinary way – to use in the Physical “Outer” Plane World, and which we use all the time; and the other mind, the sub-conscious (sub, means “under”,) WHICH WE USE IN ALL OUR “DEALINGS” WITH THE INNER PLANE “WORLDS,” WHICH WE ALSO USE ALL THE TIME BUT WHICH USE IS LARGELY AUTOMATIC AND MUCH OF IT UNCONTROLLABLE BY US.” End quote

But... much of it, is of no ‘concern?’ to #3, ego body us!?! Much of it, is biological and #0, physiological!?! The ‘autonomic’ part can be, should be, left to its ‘own’ devices!?! Respiration, Digestion, Excretions, etc, etc!

The first thing!?! That ‘concerns us?’ = Space? = because it (Space), is ‘devoid’, ‘empty’, of TIME!?! = Egg!

TIME ‘comes about’ because of the archetype = foundation = first stamp, first blow, first impression, first mould, etc, etc!

Each ‘Tattva’ = including the/our/your ‘Egg’ = is a/an ‘archetype’!?!

When you, the ‘operator’ = enter the ‘archetype’ = your ‘conscious-ness’ = observes it = the ‘archetype’ = AS A PLANE!?! = AS DUALITY!?! = All = in/on the same/one plane!?! As an ‘assist’ to/of/for this, you, the reader, would do well to ‘meditate’ on the fact, that you are in/on a ‘duality’ right now, with the/your #0, outer, outer physically physical plane through/by/with = the/your #0, outer, outer physically physical body!?! Remember! ‘Conscious-ness’ is not a ‘body’!?! ‘Conscious-ness’ is a ‘projection’, going ‘across’ a plane!?! = All = in/on the same/one plane!?! Here again, is part of the Ophiel quote, from the previous post/monologue:

And then you must learn to create others of like nature for your own use, exercises that will be more suitable for your particular nature = the first ‘idea’ that you, the reader/operator must ‘try to accept’, into your #0, outer, outer physically physical body ‘conscious-ness’(?), is that, which has been presented for millenniums = adversary, opposer and slanderer; which we, today, can recognise and identify with/as = resistance/inertia!?!

Please remember/recall, that these ‘exercise extensions/variations’, will be/shall be, only of any ‘use’, if you have taken the time/effort, to ‘enhance/develop’ the/your #1, malkuth earth/hades psychological tactile-feeling-body! (egg/chair exercises.)

Variation one, for those who have practiced the basic chair exercise:

Stand in the basic cosmic egg exercise position, in your chosen training area: close your physical eyes, and psychologically tactilely-feel, the ‘inner-surface’ of the/your Egg. When you have this ‘sensation’ established; breath in, and physiologically feel your lungs fill with air and your torso/body ‘expand’, as you do so = PSYCHOLOGICALLY TACTILELY-FEEL = YOUR COSMIC EGG ‘CONTRACT’ = TO/TOWARDS = YOUR #0, Outer, outer physically physical body! As you breath out, let your #0, outer, outer physically physical body = ‘CONTRACT’ AND YOUR COSMIC EGG ‘EXPAND!’.

A ‘way’ to see/practice this ‘exercise’ is to observe/understand the ‘action/operation’ of an ‘Ambu-bag’ used in ‘resuscitation’. As the patient breaths in, the ‘bag/egg’ contracts! As the patient breaths out, their body contracts and the ‘bag/egg’ fills. This exercise ‘variation’ is very good, for ‘rhythm’ and understanding(?), but... not rationalisation!?!

Variation two, for those who have practiced the basic chair exercise:

Stand in the basic cosmic egg exercise position, in your chosen training area: close your physical eyes, and psychologically tactilely-feel, the ‘inner-surface’ of the/your Egg. When you have this ‘sensation’ established; at your feet is 50-pound barbell. When you ‘go to lift’ this barbell, your inner psychological tactile-feeling-actions, must ‘be’ = the ‘same-as’ = those of your #0, outer, outer physically physical body would be! If it were a/an actual, factual, literal, physically physical 50-pound barbell.

In the/your psychological dark-ness, black-ness, blind-ness, reach down and ‘grip’ the barbell

with both hands, bend your knees, keep your back straight, and through the soles of your feet, and through the weights at either end of the barbell = **TACTILELY-FEEL THE 'PUSHING-DOWN'!!** As you lift the bar to your collar bones and hold it there. With the **tactile-feeling** of the 'pushing-down' = **THE WEIGHT SHOULD 'TACTILELY-FEEL-LIGHT'!?!** And be very easy to 'handle'?

Wait a few seconds, so that you can 'assess' your '**tactile-feeling**', and then, when ready; **TACTILELY-FEEL THE 'PUSHING-UP'!!** As you lift the bar back to your feet and let it go there. With the **tactile-feeling** of the 'pushing-up' = **THE WEIGHT SHOULD 'TACTILELY-FEEL-LIGHT'!?!** And be very easy to 'handle' as you put it down. The 'exercise' is = to follow/observe the line of direction = **OF THE 'RESISTANCE'!?!** (Same as in the basic chair exercise = push-down to stand-up/push-up to sit-down!)

These two variations, will/shall 'carry', the same amount of sincerity/intensity, as that 'built-up' in the/your basic chair exercise! The 'exercises' is/are NOT! For the/your #3, ego body, present incarnation, personality body! So, judge not, least ye be judged! (KJV Gospel of Mathew 7. 1:27 This supposed guy, is talking about #1 and #0!)

Having 'worked' on the/your #1, malkuth earth/hades, psychological **tactile-feeling-body**, through/by/with the practicing of your basic cosmic egg and/or basic chair exercise and the variations. You move on now, to the more 'serious' aspect of your work; for this, you would have to read Ophiel's vignette: How to Control and Dominate Others. Read over what Ophiel writes about the 'reverse-ness' of things. When you have that in your mind, turn to Saint Augustine of Hippo, and read what he writes about the/your Adversary/Opposer = AND HOW TO 'AGREE-WITH' = THE/YOUR ADVERSARY/OPPOSER!?!

This 'variation' is more for you/your #0 &+ #1! Please think/feel about how you 'pet' a dog or a cat or a horse; please notice, the experience is of 'complete-ness', 'whole-ness', 'un-critical' and of 'one-ness'? There is 'no-separation' = between you and the animal you are stroking/clapping? It is, an 'un-conscious' act of 'affection'? BUT... THERE IS 'NO!!' SEPARATION!?! = THERE IS ONLY THE PSYCHOLOGICAL AND PHYSIOLOGICAL 'SENSATION' OF TACTILE-FEELING!?! (As soon as you pet a dog, stroke a cat, clap a horse, you will/shall understand!?! But... if you try it/this, while 'thinking about doing it', then both you and the other, will/shall 'sense/feel?', the 'insincerity' of it!?!)

Enter your psychological dark-ness, black-ness, blind-ness, via your basic cosmic egg

exercise, and once you have your 'egg', within you, about you and surrounding you, make the 'other person' come up to you, in your blind-ness, dark-ness, black-ness and have 'them' tactilely-feel-you, let 'them' = feel-your-power!?! Let 'them' come to you!?! WITH 'THEIR' TACTILE-FEELING-OF-YOU!?! = AS 'THEIR' IT!?!

Here is how Ophiel describes it, from his Astral Projection Correspondence Course, lesson number five:

“To the best of my/our knowledge, of the moment, we 'beings' are 'here' and we come from 'there' which is 'somewhere' else, elsewhere: What we are doing here, whether we came here of our own basic free will, or were forced, I have no real idea. As to where we are going after this 'vale of tears' I again, have no idea, but it does seem to be 'up' or inner. Now as to whether we have to 'repeat' this Physical Incarnation again I don't know, (and neither does anyone else.)

ALL I DO KNOW, AND I PASS IT ON TO YOU, IS THAT YOU CAN TURN AND RE-ENTER THE INNER PLANES, WHILE YOU ARE STILL LIVING HERE, AND MAKE SOME EXPLORATIONS UNDER YOUR OWN POWER AND DIRECTION, AND THAT IS A LOT. A LOT OF ACHIEVEMENT, IT CERTAINLY GIVES YOU A GLIMPSE INTO THE INNER PLANES, OPENS A WINDOW AS IT WERE.

Another close idea to the above is - we are 'here' possibly to conquer and master Matter by – first understanding it - you can do nothing until you understand it or what you are doing, and to know something or do something you have to be 'alone.' As you want to control Physical Matter and its attendant Physical Circumstances, you will have to work from the Plane above the Plane you are trying to control - each Plane is the Plane of Causes to the Plane below it, which is the Plane of Effects to the one above it. Even in the most common case of simple prayers, the prayer that 'works' is probably the prayer that is most deeply from 'inward' to 'outward.' So, therefore, I hope you now see what your motives should be for studying and practising, and mastering Astral Projection.

It is your gateway to knowledge of profound mysteries not given to the ordinary person. I trust you see the difference in the above between 'fighting' matter by trying to test it on its own Plane or by sneaking up on it from the Plane above from which Plane it is helpless when 'attacked' properly. I repeat Physical Matter is all-powerful on its own Plane and trying to

meet it here, head on, is sheerest folly. You can readily understand this when you stop and reflect that most of the accomplished work in this Physical Plane is done by planning - thinking which is of the essence of the Inner Planes.” End quote.

So, we slightly adjust/amend the last yellow highlight, in the above Ophiel quote, simply for ‘context’, in the ‘way’ that we are ‘approaching’ our ‘projection’ work? So, that it now reads thusly:

I trust you see the difference in the above between ‘fighting’ matter by trying to test it on its own Plane or by sneaking up on it from the Plane above from which Plane it is helpless when ‘attacked’ properly.

I repeat Physical Matter is all-powerful on its own Plane and trying to meet it here, head on, is sheerest folly.

You can readily understand this when you stop and reflect that most of the accomplished work in this Physical Plane is done by psychological tactile-feeling – defining-three-dimensionally - which is of the essence of the/your #1, Malkuth Earth/Hades Inner Plane!?!

Then, farther on, we read this, in Ophiel’s lesson five:

“The secret of the whole thing, the basic projection of the Little System, is in good concentrated preparation, and, in fact, the success formula for all Occult work is in basic preparation. If you will read over almost all descriptions of Magical Operations, you will find that preparation takes up the most space and the actual working takes up very little space. While you are working on making these preparations, you are also working on the basic forces even without concentration. So, let us assume that the basics are done and you have prepared your ‘chain’ of stations and they are satisfactory - you then start your memory attachment work as directed in the book, which I will not repeat here as it is not necessary to add anything more to this now.” End quote.

For ‘context’, as we are working/operating, in/on the/our/your = #1, malkuth earth/hades plane, we read thusly:

The secret of the whole thing, the basic projection of the Little System, is in good concentrated preparation, and, psychological tactile-feeling, in fact, the success formula for

all Occult work is in basic inner tactile-feeling.

If you will read over almost all descriptions of Magical Operations, you will find that during preparation tactile-feeling takes up the most space and the actual outer physically physical working takes up very little space. While you are physically, physically working on making these preparations, you are also working on the basic tactile-feeling-forces even without concentration. So, let us assume that the basic tactile-feelings are done and you have prepared your 'chain' of stations and they are satisfactory - you then start your memory attachment work = through/by/with your psychological tactile-feeling as practiced in your egg/chair exercises.

The present writer, has never ever been in 'competition' with any of the works/writings of Ophiel, and has absolutely no hesitation in recommending, that anyone who has even the slightest hint of 'doubt' about the/their #1, malkuth earth/hades psychological tactile-feeling plane, to simply stop reading the/these monologues, and study only Ophiel's materials in his books/vignettes. Once they have their #2, etheric projections, up to speed, then, like Ophiel (vignette; An Exercise in Preliminary Projection.) They can, if they wish, come back to the/their #1, malkuth earth/hades plane, which is the 'plane' = in-between = the #2, etheric plane and the #0, outer, outer physically physical plane! It matters little/nothing, to the present writer, as each of us, are at differing levels/states.

Once again! The 'epithets/descriptions' of/for the #1, malkuth earth/hades, psychological tactile-feeling plane, is/are, the 'Key', to this particular plane and its laws, rules and governances. Ophiel makes this plain as day, in his book: Clairvoyance, in his Foreword:

"I admit again that those of us with early Christian backgrounds can get upset at the idea of a multiplicity of Gods and also the idea of worshipping them. Please be assured that I had to use the term Gods in explaining the text of this book, BUT THESE "GODS" ARE ONLY FORCES AND COMBINATIONS OF FORCES AND NOT REAL GOD ENTITIES, NOR ARE THEY TO BE WORSHIPPED IN ANY SENSE.

In the original Hebrew Qabalah, the different Sephiroth's, to which I gave Greek God names, WERE GIVEN DIFFERENT (SAME) GOD NAMES, OF THE SAME GOD, ACCORDING TO THE WAY HE WAS FUNCTIONING IN THE SEPHIROTH POSITION AT THAT TIME.

Thus, it is that the same one God only functions in a different position – place – so let no multiplicity idea ever come up. You can treat these "Gods" as entities. You can "talk" to them. You can give them arguments in your favour. You can, and should, get to know them

very well. (Don't go and overdo it now.)

The object of these actions is to accustom your mind to accepting contact with these Forces, and working with them, and getting results. If you have any ideas of your own that will work better than mine then use your ideas in place of mine and go to it." End quote.

The object of these actions is to accustom your mind to accepting contact with these Forces, and working with them, and getting results. If you have any ideas of your own that will work better than mine then use your ideas in place of mine and go to it = The 'Contact' to/with(?), the Elemental 'Force', called named:

The Demiurge = worker/doer/creator. (Prince-of-Dark-ness = plane)

The SamaEL = blind god. (psychological tactile-feeling)

The Yaldabaoth = childish. (opposer/adversary)

The Saklas = foolish. (asleep/dreaming)

Hades = invisible, un-seen, hidden, secret, silent, unknown. (occult)

Malkuth = earth, black, black-on-black. (psychological tactile-feeling)

Physical = use, used, using.

Is, through/by/with the/your psychological tactile-feeling, defining-three-dimensionally, symbol-ically, symbol, symbol-ised, symbol-ism!?!

The question is, for you, the reader, is, are you at the stage/state yet, wherein you = conscious-ness = are able to accept, that there 'is', such a plane/level, standing 'between' #0, outer, outer physically physical you, and #2, etheric you? The question isn't for anyone else other than you. (Even though the 'answer' is the same [eventually] for all!)

You can treat these "Gods" as entities. You can "talk" to them. You can give them arguments in your favour. You can, and should, get to know them very well. (Don't go and overdo it now) = but... each of the/these 'Gods/Forces' = HAS/HAVE!?! = THE/THEIR 'OWN!!' LANGUAGE, LAWS, RULES AND GOVERNANCES!?! WHICH 'MUST BE' MET/ADHERED TO!?! (Observed!?!)

So? When you Enter your psychological dark-ness, black-ness, blind-ness, via your basic cosmic egg exercise, and once you have your 'egg', within you, about you and surrounding you = in the/your #1, malkuth earth/hades mode = make the 'other person' come up to you, in your blind-ness, dark-ness, black-ness and have 'them'!?!

Tactilely-Feel-You, let 'them' = Feel-Your-Power!?! Let 'them' Come to You!?! WITH 'THEIR' TACTILE-FEELING-OF-YOU = AS 'THEIR' IT!?! Ophiel writes it this way, in lesson eight, Astral Projection Course:

“On page 71 in the textbook, I mentioned some advanced instructions regarding your Body of Light in feeling. In the textbook, I spoke of advancing a hand, a Body of Light hand and touching a counterpart object. There is another method, a more advanced method, which you will find a valuable adjutant in your future occult work. In order to use this operation, there are a few things I will have to partly go over again concerning the qualities of the Physical Plane? Remember again that 'Inner Plane' work is not the same as 'Outer Plane' work, as you will learn in time/practice - remember what I told you about the new-born baby - well, you are like a new-born baby to these Inner Planes.

So instead of reaching out a 'Hand' and 'Feeling' an outer object - you make the outer object, 'feel you' by becoming you! Which is the exact part I left out of the textbook, although I came quite close to it: So instead of 'you' being influenced by the feel of an object - the object is influenced by your feel!!!! Just the opposite from 'real' life!!” End quote.

DO YOU/ARE YOU 'NOW!' ABLE TO 'UNDERSTAND'!?! WHY!?! OBJECTS, CIRCUMSTANCES, THINGS AND/OR ITS!?! = COME TO/TOWARDS 'YOU'!?! #1, MALKUTH EARTH/HADES TACTILE-FEELING-CONSCIOUS-NESS = YOU!?!

So instead of reaching out a 'Hand' and 'Feeling' an outer object - you make the outer object, 'feel you' by becoming you! Which is the exact part I left out of the textbook, although I came quite close to it: So instead of 'you' being influenced by the feel of an object - the object is influenced by your feel!!!! Just the opposite from 'real' life!?!

Enter your psychological dark-ness, black-ness, blind-ness, via your basic cosmic egg exercise, and once you have your 'egg', within you, about you and surrounding you, make the 'other person' come up to you, in your psychological blind-ness, dark-ness, black-ness and have 'them' tactilely-feel-you, let 'them' = feel-your-power!?! Let 'them', come to/towards you!?! WITH 'THEIR' TACTILE-FEELING-OF-YOU!?! = AS 'THEIR' IT!?! = Objects, Circumstance, Thing!?!

Go check out a 'fan club' or someone/anyone of 'celebrity status', or maybe someone/anyone in a place of authority/power? These individuals who 'adore', 'admire' or 'defer' to these people/persons are 'gripped!?!' by/the/their #1, malkuth earth/hades 'power to attract'? Consciously/Un-Consciously = won't/don't matter, one jot!?! All that 'matters!?!', is that its 'happening!?!'

Please study carefully! Whether you are in/on the your #0, outer, outer physically physical plane 'or' in/on the/your #2 etheric plane = IN/ON EACH OF THE/THESE/THOSE 'PLANES = #2/#0' = YOU = CONSCIOUS-NESS = GET TO SEE/OBSERVE!?! THE 'EFFECTS-OF'!?! THE 'RESULTS-OF'!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! = For 'all' this, is delivered unto me = #1!?! Here is what Ophiel writes, in his book: Contacting the Demiurge, his: Opening:

“In all these name forms the Force-Demiurge carries out CHANGES WITH NO REGARD FOR THE CONSEQUENCES. The Force-Demiurge does what you impress upon it to do! TO REPEAT – CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES!!! (and that can be bad!!!)

To digress a little – a person who suffers from poverty and lack, is doing so BECAUSE THE PERSON IS SO ORDERING HIS CONTACT WITH THE FORCE-DEMIURGE TO DO JUST THAT! If a drunk is rolling in the gutter it is because the drunk has so ordered his contact with the Force-Demiurge to so do that! Sounds terrible but

appears to be true!” End quote.

To digress a little – a person who suffers from poverty and lack, is doing so BECAUSE THE PERSON IS SO ORDERING HIS CONTACT WITH THE FORCE-DEMIURGE TO DO JUST THAT! = But... the poverty and lack = IS SO 'ORDERED' = FROM!?! = THE/YOUR #1, MALKUTH EARTH/HADES PSYCHOLOGICAL TACTILE-FEELING, DEFINING-THREE-DIMENSIONAL, SYMBOL, SYMBOL-ISING, SYMBOL-ISM, SYMBOL-ICAL = PSYCHOLOGICAL TACTILE-FEELING!?! (Oh, yes, it is!?!)

In all these name forms =

The Demiurge = worker/doer/creator. (Prince-of-Dark-ness = plane)

The SamaEL = blind god. (psychological tactile-feeling)

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Physical = use, used, using.

The Force-Demiurge carries out CHANGES WITH NO REGARD FOR THE CONSEQUENCES!?! TO REPEAT – CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES!!! (and that can be bad!!!) = Especially, ‘IF’, you get ‘caught’?

When/if you decide on, a trip to the underworld, remember/recall, that ‘it’ (the underworld) is real!?! For everyone of us!?! So, learn the laws, rules and governances and practice often! Repetition is the ‘secret’! Keep it short, repeat it often! Big ‘occult’ for you(?), #0, physically physical ‘repetition’ = IS!! = the ‘water-of-earth’!?! (See/read previous posts/messages, about elemental forces, behaving like, working like, in ‘principle’)

Thank you.