

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

6 of 17. practice run. 2020

As the Inverted Pyramid ‘presses down’ into/onto the/your Bowl, the tip of the Inverted Pyramid has a kind of/type of, ‘Bow Wave’, which it (the Inverted Pyramid) pushes/drives/pierces into/onto = the elemental plane, of the element of, elemental water = which ‘immediately-cools’!?! = the/this = pushing/driving/piercing!?!

A relatively normal person would **biologically-feel** = this/these movements = IN THE/THEIR = LOWER-INTESTINES!?! (Between their hips/pelvis/crotch) (See/read Ophiel’s vignettes: Assistance from the Gods parts 1 & 2) We have all heard the expression = butterflies in the tummy = nerves before a big speech = fear before a danger/contest/fight/flight etc, etc, etc. Well this is the same as the ‘goose bumps’, Ophiel writes about, in the above, two vignettes. Whereas when we ‘**biologically-feel**’ the elemental force, of the element of, Elemental Fire = this is usually higher-up in the torso, in the chest/heart region = panic/fear/breathless-ness, etc, etc, etc. For wonder/amazement/awe, we would ‘**biologically-feel**’ this as a ‘whole-body’ sensation/feeling, etc, etc. These are simply some of the ‘sensations/feelings’, that come with the practice/doing/handling of, the/your basic cosmic egg exercise.

You, the practitioner, would sense/feel, the movement of the/your Inverted Pyramid and it ‘emerges’ from the Sphere, down through your head, inside your neck and proceed to/towards your naval, stopping about an inch below it. The bow-wave-pressure, of this action, will shall give you, the sense/feeling of pushing-up, your hips and at the same time, pushing-down, your pelvis, with the base of the Bowl, resting just below your crotch, to where your top of your thighs are. Here now is what Ophiel writes, in his vignette: More Ideas about God, which we are referencing, as it is pertinent to our subject matter = change!?! Here is what Ophiel writes:

“A ‘method here suggests’ itself to me as to how to ‘operate this DREAM CHANGE?’ but I have no more now than an ‘Idea!’ I do not think it will be ‘dangerous’ for you but let me ‘TEST’ it out for the ‘Time’ being, until I have more data and can prepare a relatively ‘fool proof method of DOING’ this DREAM-CHANGING!! Regarding the ‘changing of This Dream?’ whether, as aforesaid, the ‘Dream of Life/Existence’ is being ‘done by the Gnostic Astral Light concept’ or by the ‘Lesser Countenance’ or ‘both’ I now Understand? that the ‘Changing? of the DREAM of LIFE?’ **‘Should/must??’** be **‘done? Carefully!!!’** For the following reasons? Which please study and ‘absorb and follow’ as I ‘feel the absence of attention to the changing of the DREAM’ or the ‘influencing of the DREAM’ has made much

of the 'TROUBLE' regarding 'GOD/RELIGION' and their 'roles' in our 'Daily-lives.' I was told that, 'WE?' (To 'try and make' this complex subject as simple as I can) - Are considered ...SHELLS... (Special name; don't let it 'throw' you) viz. One 'shell' the 'Physical Body'; another 'Shell', the 'Ethereic Body'; another 'Shell' the 'Astral Body'; another 'Shell' etc, etc. 'UP to the Top' again. Naturally, the 'Shell we identify' with, is mainly the 'Physical Body Shell' Also, most 'naturally the Physical Body Shell' is the 'One' which 'bears the brunt?' of our 'daily-living' the 'Blows of Fate.'" End quote.

#0, physical shell

#1, malkuth earth/hades shell

#2, etheric shell

#4, astral shell

#5, archetypal shell

#6, akashic shell

#3, Ego Body, Present Incarnation, Personality Body = IS A 'CONSTRUCT'!?! And is 'not!' considered a 'shell = container.' Each 'shell' is 'another egg' which you can see/read in Ophiel's book: Caballa Magic, in his colour plate, starting with, Akasha-of- at the head of each of the columns. Each column, is 'representative' of each 'shell', the two that are 'missing' is/are = before Akasha and After Malkuth!?!

The missing link (no pun intended!), for us = #0 &+#3, is the/our #1, Malkuth Earth/Hades = Psychological = Tactile-Feeling-Body!?! It is our Tactile-Feeling-Body = SHELL = THAT USES, the/our #0, Outer, outer physically physical body = SHELL!?!

The/our #0, Outer, outer physically physical body, IS A PROJECTION OF, the/our #1, Malkuth Earth/Hades Body! So! IMAGINE(?), if you #1 &+ #0 can(?), how you, #1 = feels about you = #0(?), without you, #3 = interfering! Well, if you 'do' the/this basic cosmic egg exercise correctly, then there is good chance that you will/shall, find-out! Here is what Ophiel writes next:

"Now, we want to, 'change our lives to a better set of conditions?' or to 'put into practice' the new way we have been studying', to 'CHANGE! The DREAM? Of our Life, by the DREAMER!' Be it the, (Repeat, please 'absorb the idea') 'Lesser Countenance concept' or

the 'Astral Light concept.' So, 'WE proceed to attempt to influence/change' the 'DREAM?' Now, students, I am, 'informed? on reasonable? Authority, and based on 'some' evidence? That, now that 'You! know' about the 'DREAMER?' and the 'DREAM?' 'IF?' you 'USE??' the 'Knowledge to make TOO VIOLENT a CHANGE??' in the 'DREAM?' in your 'Life-Dream? YOU CAN DISRUPT?? THE SHELLS!!!"

The/this, disruption of the shells, is when, one shell 'bleeds into' another shell, and disrupts/erupts, the long-established pattern/connections between all the shells/bodies! (Stirs the pot?) One of the more common of these, is/are, when someone tries to avoid, evade, escape, elude and delude, the/their #1, Malkuth Earth/Hades Body, by/with coming straight up 'from' the/their #0, outer, outer physically physical body, to the/their #2 body, and/or by/with coming straight down from the their #2, etheric body = to the/their #0, outer, outer physically physical body!?! = CAN'T BE DONE! (The 'avoiding' part!), ISN'T GOING TO HAPPEN! (The 'evading' part!), Ophiel explains this, in is vignette: An Exercise, in Preliminary Projection. So, let's pluck a page out of the Old Crazy Book (Bible), and have a look at what they say? As it is the same/one thing!

For all this (power & glory = astral/etheric) is delivered unto 'me = #1' and to whomsoever 'I = #1', chose to give it.' = well! The 'fly in the ointment', the 'demon of the lie', is that Me/I = doesn't get to 'choose!?!' = we/you #0 &+ #3 = CAN GET TO 'CHOOSE'!!! = IF!?! = YOU 'KNOW' THE LANGUAGE!?! Many would be occultists, will tell you, the reader, that the language is = symbol-ism!?! But it is not! = the language is, is = psychological TACTILE-FEELING! = in/on the dark-ness, black-ness, blind-ness! And every day, that you #0 &+ #3, choose, to practice/do the/your = basic cosmic egg/chair exercise = you the practitioner/doer = are putting it to the 'test'!?!

You cannot/do not/will not/shall not, be able/capable of = avoiding, evading, escaping, eluding and/or deluding = the/your #1, Malkuth Earth/Hades Body!?! = for all this, is delivered unto me and to whomsoever I choose to give it!?! = SO, DON'T EVEN WASTE YOUR TIME TRYING TO AVOID/EVADE IT/HIM!?! = As soon as you = conscious-ness = #0 &+ #3 = begin to practice/do the basic cosmic egg exercise, you are 'immediately-projecting' into/onto the/that/this = #1, Malkuth Earth/Hades Plane/Level! SO! AGREE-WITH-IT/HIM! Here it is, from Ophiel, from his book: The Occult, his chapter: General Considerations:

"Now I say again, and please note carefully, there is no other way you can realize/feel-

cognize your physical existence other than through your five physical senses. **As soon as you begin to practice “Magic” however, of any kind** – including the work you have done on the Ritual up to now – and including the future work to be given – which you will do, **YOU THEN BEGIN TO USE OTHER KINDS OF SENSES, NOT PHYSICAL, TO COGNIZE ANOTHER KIND OF A “WORLD” “PLANE”, AN INNER PLANE.**” End quote.

So, in the practice/doing, of the/your basic cosmic egg, you are, by the very ‘nature’ of the actual ‘techniques used’, and in the ‘methodology of’, the ‘use’, you, the occultist/practitioner = **ARE USING OTHER KINDS OF SENSES, NOT PHYSICAL, TO COGNISE ANOTHER KIND OF A ‘WORLD/PLANE’ = A #1, MALKUTH EARTH/HADES PLANE!?! AND THE ‘KEY’, LAW, RULE, GOVERNANCE OF, THE/THIS #1, MALKUTH EARTH/HADES PLANE = IS!?! = DON’T WASTE YOUR TIME/PRACTICE TRYING TO ‘VISUALISE’ = IN/ON THIS PLANE!?! = AS IT DOESN’T (Visualisations) DOESN’T WORK!?!**

If you would like to go to the #2, Etheric Plane = visualise!

If you would like to go to the #1, Malkuth Earth/Hades Plane = **tactilely-feel!**

If you would like to go to the #0, Outer, Outer Physically Physical Earth = use!

In the basic cosmic egg/chair exercise, you, the operator/occultist = **combine both** = **use & tactile-feeling!?!**

In Ophiel’s Little System/Dream Method, you the operator/occultist = **combine both** = **#0 & #2, to etheric project!**

Basic Cosmic Egg exercise; Your #0, Outer, outer physically physical body, standing passive/receptive, not awake and not asleep! Your #1, Malkuth Earth/Hades psychological body, **actively-tactilely-feeling, three-dimensional-ising!**

For ‘not awake/not asleep’, see/read Ophiel’s, Dream Method’ in his first book: Astral Projection; his ‘Neither State/Condition’ of/for ‘not awake/not asleep’!?!

So, our Bowl, is now ‘sitting’ on top of our Cube! And our Cube is from the top of our thighs to the soles of our feet (inch below the soles of your feet. This is where the eight corners of the Cube, are to be defined and where the ‘sensation/feeling’ of the Cube, as ‘final’, is **tactilely-felt!** The definition of the eight corners gives rise to the, ‘strangest’ feeling/sensation, which is usually in the ‘idea’ of the Cube, being a ‘box?’, that is/this is, a

‘box’ which can/does = contain/hold things! = and the ‘things’ that it (the/this ‘box/cube’) holds, are complete/holistic/whole! In the ancient Greek, this type/kind/style, was expressed as; Zagreus = master of the ‘pit’. See/read earlier posts/messages. (Zagreus = captor of ‘live animals’)

Now! Depending on how much, you, the practitioner/occultist = #1, malkuth earth/hades you(?) = believe = what ‘IT’ = your object, circumstance, thing and/or it = IS = then this is/will be = WHAT MOVES/MOTIVATES = THE/YOUR #0, Outer, outer physically physical plane/body!?! This is where you, the reader, practitioner, occultist, should be able to read and benefit, from Ophiel’s book: Creative Visualisation, and his chapter on his: Sphere of Availability. (Faith, to persuade, done by/with your #0, outer physically physical body actions/doings!)

Also, as an ‘exercise’, you should now be in a position where you would/could = first ‘visualise’ your object, circumstance, thing and/or it, and then, when ready, bring your o/c/t/it = down = into/onto the/your #1, malkuth earth/hades plane = AND TACTILELY-FEEL-IT!?! TACTILELY-TOUCH-IT!?! TACTILELY-HOLD-IT!?! AND, ABOVE ALL = TACTILELY-BELIEVE-IT!?! Remember the etymology of/for ‘Principal’ = From the Proto-Indo-European Root word ‘Kap = to grasp’!?! You ‘grasp!?!’ by/with psychologically Tactilely-Feeling!?! This is a ‘powerful technique’ for belief, believe, believing, believed!?! (Believe = to trust!)

The present writer walks about all day, with the five basic elemental forces symbols, within them, about them and surrounding them, they (the symbols) are like a ‘background noise/white noise’. The present writer simply ‘fades out’ for a few seconds, several times a day, just to psychologically tactilely sense/feel/define them (the five), three-dimensionally = THE SAME AS THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?! The present writer also looks for them, (the five), in other persons, but not too closely, as the individuals sub-mind becomes alerted/aware. Also, the present writer is ‘aware of’ how others ‘act/react’ to the present writers ‘personal space = egg’. Most times, when the present writer does these monologues, they go and check them out, at the time of writing/typing. Once more, please!

Egg = elemental ‘earth principle’ = at the bottom of the egg!

Sphere = elemental ‘earth principle’ = at the centre of the sphere!

Inverted Pyramid = elemental ‘earth principle’ = at the point/tip of the inverted pyramid!

Bowl = elemental 'earth principle' = at the bottom of the curves of the bowl!

Cube = elemental 'earth principle' = at the eight corners of the cube!

In your psychological 'tactile-feeling' of/for these five basic tattva shapes/symbols, within you, about you and surrounding you #0 &+ #3, you are asked to 'define their edge', the reason of/for this, is for your 'mind-conscious-ness' to be/become aware, awake and conscious to/of, the/their reality of, these symbol/objects, in three-dimensions = just as you, the reader, are aware, awake and conscious to/of the reality of, the/your #0, Outer, outer physically physical body/world/plane/level three-dimensionally!?! Once more please!

Egg = whole body

Sphere = head

Inverted Pyramid = torso

Bowl = hips/pelvis/crotch

Cube = thighs/legs/feet

Ophiel writes that each 'lower plane' is the, Elemental Earth Principle, to/of/for = the plane above, over, higher, ahead and in-front of = the plane below, under, lower, after and behind!

The plane above, over, higher, ahead and in-front of, the/this/our #0, outer, outer physically physical plane/level = IS = The/our #1, malkuth earth/hades plane/level!?!

The plane below, under, lower, after and behind the/our #1, Malkuth Earth/Hades Plane/Level = IS = The/our #0, Outer, outer, physically physical plane/level!?!

SO!?! WHY? CAN'T YOU, THE READER/OCCULTIST = WORK THIS MAGIC!?! = it is 'because', the/this #1, malkuth earth/hades plane/level = IS = invisible? secret? hidden? un-seen? dark? black? blind? = no etheric light!?! but...it #1!?! Let's its 'self' = be felt-tactilely = both psychologically & biologically!?! = TACTILE = From the Proto-Indo-European Root word = Tag = to touch/handle!

TACTILELY = From the Proto-Indo-European Root word = Tag = to touch/handle! = BOTH

= psychologically & biologically!?! (to physically physical = use, using, used!?!). This type/kind of knowing/knowledge/information, should add 'weight/earth', to any/all aspects, of your 'occult' practices/doings, especially in matters of; Ritual, Talismans and Treasure Charts/Maps, and this type/kind of knowing/knowledge/information, should add 'weight/earth', to any/all aspects of your daily practicing of the/your basic cosmic egg and/or basic chair exercises.

Instead of just 'Visualising' you can now 'add' = **TACTILE-REALITY** = **BELIEF!** = to your objects, circumstances, things and/or its!?! Instead of just sitting like a, Lotus Eater, you can now actually, factually, literally = **ADD REALITY** = to your individual projects, and instead of trying to, make everything work/operate = just by/with visualisations = you, consciousness, can now back them (your visualisations) up = with psychological **tactile-feeling-defining-three-dimensional-ising** = belief, believe, believing, believed!?! Also, with this knowing/knowledge/practice = your, art-form-expression, will be enhanced! (See/read Ophiel's vignettes: Assistance from the Gods parts 1 & 2.) Here is what Ophiel writes, in his vignette: The 'OTHER' you:

"Thus, as a four-fold creature, you function 'ON ALL PLANES AT ONCE' and 'ESPECIALLY DO YOU FUNCTION ON THE ETHERIC PLANE.' The 'Etheric Plane' (See all my other books.) is almost a double of this plane; everything here is a duplicate there, with the difference that the duplicates there are rather plastic and mould-able. Then, there are parts of the 'Etheric Plane' and places where the 'Etheric' borders onto the 'Astral Plane' and thoughts can become forms and these 'Forms' come alive with a 'Kind of Life.'

The making of these 'Thought Forms' is an 'Occult art' and can be one of vast usefulness to you when done properly. What I am discussing in this 'Vignette', is the not so obvious fact that you create these 'Double Thought Forms,' every time you do something/anything on the 'Physical Plane.' Naturally, - Or should I say, unnaturally - For some ungodly reason, the inner double seems to 'OPPOSE' the outer double and it is/seems, that a lot of the trouble of this world, can be traced to this strange fact?" End quote.

So, once again, for 'context': **Thus, as a four-fold creature, you function 'on all planes at once' and 'especially do you function on the/your #1, malkuth earth/hades psychological Tactile-Feeling-plane'** = especially, when/whilst = you are awake, aware and conscious, in/on, the/your #0, outer, outer physically physical plane!?!

Especially, when/whilst = you are awake, aware and conscious, in/on, the/your #0, outer,

outer physically physical plane!?! = do you understand!!?! Do you/can you, understand this, from the above, from Ophiel = 'seems to 'OPPOSE' the outer double!' Seems To? Have you, the reader, reached the point/place in your occult to know, realise, that what Ophiel is writing about, is the/our/your #1, Malkuth Earth/Hades Elemental 'Force' of Inertia, Inert, Resistance, Opposition and Adverse = AND IT IS FROM THIS RESISTANCE = THAT YOU #0, 'WORK-OFF-OF!!?!' SO! AGREE-WITH-HIM/IT!!?! Ophiel continues with this.

“Dear students, I am not prepared to argue/prove this material to be true. Please make some tests of your own. There is one thing you can do; first, you can become aware of this 'Double-ness.' You can even become able to see 'Thought Forms,' and then you can become aware of your ability to 'Bind' the inner 'Ethereic Double' so that it becomes unable to harm the outer 'Physical Double.' The actual inner 'Binding' is as automatic as the original inner creating. In a sense, it was no wonder that when the ancients came into contact, mental contact, with the reversing effects of their own mental creations, they thought there were such things as 'Devils.' For them, there seemed no other way they could explain the negative effects that appeared in their lives and disrupted their best-laid plans.” End quote.

Test 1 = basic cosmic egg exercise!

Test 2 = basic chair exercise!

Test 3 = psychological tactile-feeling!

Test 4 = agree-with-thine-adversary!

If you, the reader/occultist examine very carefully, you will/shall see/observe, that there is/are, no opposite, to the/your FIVE BASIC THREE DIMENSIONAL = TATTVA SYMBOLS!!?! Try 'testing' this, 'no opposite', by/with, holding your five basic Tattva Symbols, in front of a physical mirror, either as a group or as an individual symbol. Notice how there is/are 'no' left/right or up/down!?! Please study this occult, very, very carefully:

Conscious-ness is Duality.

Duality is Conscious-ness.

Duality is Dual-ness.

Dual-ness is Duality.

Conscious-ness/Duality = IS 'ALL' BEING = IN/ON THE SAME/ONE PLANE! (Going across, the/a plane!)

Polarity is = coming-down/out-the-plane!?! = Direction!

Assume is = ascending-up/into/onto-the-plane!?! = Direction!

Duality is = going-across-the-plane!?! = USE, USING, USED!

Duality-is-both? you here = IT = here! Both = going-across-the-plane = **ALL** = in/on the same/one plane!?!

Assume = to take back up/in = faith/persuading, magic, prayer, ritual, talisman, token, treasure map/chart, etc.

Polarity = to bring back down = belief = trust = action, doing, moving, **Tactile-Feeling**, etc, etc.

Duality = use, using, used = **all** in/on the same/one plane = whatever/wherever the/that 'plane' is!?!

So, when we/you psychologically **Tactilely-Feel**, we/you = do so from, the/our/your #1, malkuth earth/hades plane = AS A DUALITY!?!

So, when we/you #0, are; **use, used, using**, we/you #0, do so from, the/our/your #0, outer, outer physically physical plane!?! But...in each 'case', as long as we/you, are in/on the/that/any same plane, then we/you, are in a, duality, to/with the/that plane! = thus we/you = are in '**OPPOSITION**', to '**IT**' = our/your object, circumstance, thing = **WHICH IS 'IN/ON' THE SAME PLANE OF** Malkuth Earth/Hades!?! Which, in this 'case' is? the your = #1, MALKUTH EARTH/HADES PLANE!?! But...not so in '**OPPOSITION**' to/with the/your Tattva Symbols = as it/they, the Tattva Symbol/Symbols, is/remains a constant/consistent = in/on any/all planes!?! Which means, **we/you, can still use the force, without opposition!?!**

By/with **AGREEING-WITH-IT!?!** (Please see/read previous posts/messages, monologues. Please see Ophiel's colour plate, in his book: Caballa magic with all twenty-five 'combined' Tattva.)

Duality = all, in/on the same/one plane! So, we 'take' the bottom row, of Ophiel's colour

plate, showing all twenty-five tattvas, and we 'notice', that each row, is the actual, factual, literal plane itself. So, in/on the bottom row, it is = all = Elemental Earth. And, if we (conscious-ness), wish to change/alter, anything/something in/on that/this plane = #1, malkuth earth/hades, we must be in a duality with our 'IT' = object, circumstance, thing = in/on the/that same plane!

So, we 'have', our basic cosmic egg, in/on the elemental plane, of the elemental force, of the element of, the element of earth!?! And we are going to change/alter this element of earth, so that we #0 &+ #3 = can get/have, whatever our 'IT' IS!?! That we desire!?! In/on the actual/factual/literal #0, outer physical plane!?!

So, we 'visualise' in/on the/our/your #2, Etheric Plane, and we 'observe' reflected there = OUR IT = O/C/Thing! The psychological dark-ness, black-ness, blind-ness, which is within us, about us, and surrounding us = IS! = the elemental plane, of the element of, elemental earth!?! IS ALREADY THERE!?!

So, the/this, 'double-thought' form = IS ALREADY = OPPOSING/ADVERSE TO US!?! Malkuth to Malkuth!!

So, now!! We = conscious-ness = MUST AGREE WITH!?! THIS 'DOUBLE-THOUGHT-FORM'!?! Malkuth to Malkuth!?! and we = conscious-ness 'do-so', by/with psychologically tactilely-feeling-defining-three-dimensional-ising our = 'IT'!?! Thus, agreeing-with-it Thus we = #1 = believe 'it', have belief in 'it', have/own 'it' = already!

So, now!! We = conscious-ness = USE, USED, USING = 'IT' = NOW DO SO = #0, Outer, outer physically, physically are 'now!?!' = IN A DUALITY!?! = TO/WITH = 'IT' = all, now in/on the same/one plane!?! (Final!).

USING THE/THIS 'FORCE-OF-RESISTANCE!?!', WE #0, ARE THEN 'ABLE' TO 'DO' THE 'WORK'!?!

So, = we put/place a/an/our 'EGG' in/on the #1, malkuth earth/hades plane!?! The/this 'Egg' is the philosophical 'Egg' of the elemental force, of the element of, the elemental 'Akasha = cause, causality, causing = change'!?!

So, we start/begin with an Egg = already 'inside' the/our #1, malkuth earth/hades plane = Akasha-of-Earth!?! This is where the 'element' of, elemental earth = behaves like, looks like, works like, operates like, seems like, **tactilely-feels like** = elemental Akasha = but...it is 'still'!?! = all elemental earth!?! = so, our 'Egg' is black!?!

The 'change' we have 'initiated' reveals its 'self' to us (conscious-ness) as a/an 'archetype' = a foundation, first impression, first stamp, first mould, first movement, and 'IT' (the archetype), is all about us, all around us, holistically. We are already '**inside**' our archetype, and it is in the form/shape of a Sphere = Air-of-Earth!?! This is where the 'element' of, elemental earth = behaves like, looks like, works like, operates like, seems like, **tactilely-feels like** = elemental Air = but...it is 'still'!?! = all elemental earth!?! = so, our 'Sphere' is black!?!

Our 'archetype' begins to 'move = project, direct, emote' and the tip/point/apex of our Inverted Pyramid = emerges from the 'bottom' of the/our Sphere, it progresses downwards/outwards, to/towards our navel. This Inverted Pyramid is 'expanding/increasing/gestating' (gestate = to bear, bring, carry forth), this is the action/doing of the, Fire-of-Earth!?! This is where the 'element' of, elemental earth = behaves like, looks like, works like, operates like, seems like, **tactilely-feels like** = elemental Fire = but...it is 'still'!?! = all elemental earth!?! = so, our 'Inverted Pyramid' is black!?!

Our Inverted Pyramid, with its point/apex/tip, as it moves, makes/creates a 'bow-wave' = which is 'received' by/with the Water-of-Earth, which 'creates/makes' a Bowl shape, in order to 'receive' the/this 'bow-wave'. The 'bow-wave' is then 'Projected' into/onto the 'waters' surface = AS A 'REFLECTION-OF' = the want, need, desire, brooding. This is where the 'element' of, elemental earth = behaves like, looks like, works like, operates like, seems like, **tactilely-feels like** = elemental Water = but...it is 'still'!?! = all elemental earth!?! = so, our 'Bowl' is black!?!

The 'reflection' (Visualisation), is now 'locked = PEGGED = Vav' by/with the **form/shape/outline of itself** = object, circumstance, thing, it. This 'outline-shape = **Earth-of-Water**' is '**tactilely-felt**' in/on the dark-ness, black-ness, blind-ness = **AS 'SOLID = WATER-of-EARTH'**!?! = and, if done correctly = IT (Object, Circumstance, Thing) = is perceived to be 'REAL = EARTH-of-EARTH'!?! And therefore, is = **BELIEVED** (Trusted)!?! This 'perception', is brought about by/with the #1, **Tactile-Feeling** Body. This is where the 'element' of, elemental earth = behaves like, looks like, works like, operates like, seems like,

tactilely-feels like = elemental Earth = AND...it is 'still'!?! = all elemental earth!?! = so, our 'Cube' is black!?! No sounds, no movement, no lights, no sights = silence = ONLY BLIND TACTILE-FEELING!?!

So, this is the/your basic cosmic egg exercise, as you do it (if you do it?), there is/are 'no excuses' offered. As you 'enter' the dark-ness, black-ness, blind-ness, there is only you = Conscious-ness! The Egg surrounds your whole body; the Sphere surrounds your head; the Inverted Pyramid surrounds your torso; the Bowl surrounds your hips/pelvis/crotch; and the Cube surrounds your thighs/legs/feet! Job done! For as long as you 'Tactilely-Feel', your #0, outer, outer physically physical body, you will/shall/can = 'Tactilely-Feel' = the/your five basic elemental forces symbols, within you, about you and surrounding you = #1 &+ #0!?!

Please note carefully: There is/are 'no light/lights' in/on the/your #1, Malkuth Earth/Hades Plane! As you/if you 'progress' with the development of the/your psychological Tactile-Feeling-Body, gradually, eventually, the 'light' breaks through, as you 'rise-up?', 'float-up?', 'reach-up?' to/towards the 'line/border?', where the/your #1/#2 = meet? And you = conscious-ness = CROSS-OVER-THE/THIS LINE! Ophiel writes about this, in his first book: Astral Projection, his;

Regarding colour on jacket; and also, in his other books: as 'lines to be crossed', in the learning/acquiring of abilities. If you would like a, basic cosmic egg, with 'light = colour?', do the exercise astrally and/or etherically! In/on the/your #1, Malkuth Earth/Hades = there is no light!?! The Demiurge, at the/this 'level' is = BLACK-ASTRAL-LIGHT!?! BLACK-ON-BLACK!?! PSYCHOLOGICAL TACTILE-FEELING!?!

Thank you.