

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

9 of 17 practice run. 2020

Here is what Ophiel writes, in his book: Contacting the Demiurge, his chapter: Section Eight and one Half:

“Now as to “how” to actually influence this Demiurge, or it could also be called – several different ways of working through, or with, the earth plane creating God – the Demiurge (remember always that this name Demiurge also means “worker”.) This secondary God does the work of creating and maintaining this physical world. This secondary God creates this world out of two things. One of the things, the first thing, is undifferentiated elemental essence. This undifferentiated elemental essence is, IS, the Trans-mundane God’s own “being” substance of it – IT-ITS OWN SELF. (then) **The second thing – this Trans-mundane God DREAMS, dreams, and the secondary Demiurge God, using these dreams for patterns, fashions, forms, following these – the diagrams-patterns, this physical plane world.**

Now note! Important! **The “TOOLS”, the secondary God uses to make this dream pattern transformation are the Five Elemental Forces viz (again) Air, Fire, Water and Earth, and Akasha** (note-repeat.) Akasha IS the above referred to, undifferentiated elemental substance, Trans-mundane God Substance, as it were. (please notice. The word Elemental appears above in two places – Elemental essence, and Elemental Forces. These two are not the same. **Elemental means, in both these cases, that the substances referred to cannot be split any farther “down”, or apart, the substances consist of only one final thing-element in their existence, either as elemental essence or elemental Forces – give this idea some thought.)**”
End quote.

Are we sitting comfortably? We shall begin!

The second thing – this Trans-mundane God DREAMS, dreams, and the secondary Demiurge God, using these dreams for patterns, fashions, forms, following these – the diagrams-patterns, this physical plane world = and it = the demiurge = does this fashioning, forming = through/by/with = **tactilely-blindly-feeling-sensing**, touching, holding, gabbing, gripping, defining, three-dimension-ing, each pattern/form = as a = belief, believe, believing, believed = object, circumstance, thing and/or it = as ‘**real**!?!’ = which the Demiurge then ‘projects’ = as a/an = #0, outer, outer physically physical reality!?!

You, the reader, reading this/these things, right now = are also, too, as well = are a part/piece

of the/that/this, dream patterning, fashioning, forming!?! But...what is **missing**!?! = is the/your = aware-ness, awake-ness, conscious-ness, to/of it!?! You, reading this = are #1, malkuth earth/hades, **asleep/dormant**, and/or **ignorant**, in the/your own, #1, Malkuth Earth/Hades Plane!?! You, the reader #0 and you #1, don't know what you #0, #1, = are doing/**tactilely-feeling-believing**!?! Next, we read this:

Now note! Important! **The "TOOLS", the secondary God uses to make this dream pattern transformation are the Five Elemental Forces viz (again) Air, Fire, Water and Earth, and Akasha = These tools, are the basic elemental forces = which are symbol-ised = by/with the five basic Tattva forms/symbols of Egg, Sphere, Inverted Pyramid, Bowl and Cube. But...IN THEIR 'PURE-FORM' (the Forces) = There is/are = NO COMBINATIONS!**!?! (See/read Ophiel's third book; The Occult, and his 'Foundations of Occult' Course.)

In the Arik-Anpin form = there is/are, only = the five-basic elemental 'forces' = in their = pure form = Akasha/Prana = and not-combined!?!

IT IS 'IN/ON' THE 'ZOAR-ANPIN' DEMIURGE/LESSER-COUNTENANCE = THAT WE 'HAVE' = THE 'COMBINED-FORM-TATTVA'!?! = This is the 'difference' between Ophiel's third book = The Occult, and his seventh book: Caballa Magic = and we only have to look at Ophiel's colour plate, from this book, to understand the 'difference'? When you/if you do/practice the/your basic cosmic egg exercise, = YOU = CONSCIOUS-NESS = HAVE THE FIVE BASIC ELEMENTAL FORCES SYMBOLS = Within you, about you and surrounding you = #1 &+ #0!?!

It is when, you move one elemental force/symbol = into/onto = the 'other' = that you = conscious-ness = have = a Combined Tattva!!?! and you can/do = feel it in/on the/your #1 &+ #0, bodies!?! Here is what Ophiel writes, in his book: Contacting the Demiurge, his chapter: Section eight, last paragraphs:

"For countless centuries of millenniums Mankind has slept the sleep of Matter. For some unknown queer reason Man had accepted, and occupies, a physical body, for a time, and then a 'change' comes. **Something goes away and something stays, the 'outworn' physical body.**

I, nor anyone else, cannot prove that a Man 'comes back again'. I personally feel/think that he does. Generally, the idea is – that each come-back incarnation is better than the preceding incarnation, **but who or what makes the latest incarnation better I**

can find no knowledge on it listed as, where I have researched. I have found no outer 'Power' that does this. If there is such a 'Power' the Power eludes my searching, so far.

At this writing it seems that the only Power to liberate is personally acquired KNOWLEDGE (not love), and Knowledge also improves our lot in this physical Life. And here seems as good place as any to repeat – that Knowing of, and knowing about, and knowing how to contact and 'work' – manipulate the Astral Light – Demiurge, is ONE of the secrets of a self-made happy, successful Physical Life!!” End quote.

At this writing it seems that the only Power to liberate is personally acquired KNOWLEDGE (not love), and Knowledge also improves our lot in this physical Life. And here seems as good place as any to repeat – that Knowing of, and knowing about, and knowing how to contact tactilely-feel and 'work' – manipulate the Astral Light – Demiurge at the/your #1, Malkuth Earth/Hades level, is ONE of the secrets, of a self-made happy, successful Physical Life = and one of the closest powers = is = psychological-tactile-feeling-defining!?!

Ophiel writes, that there is/are many, many successful people/persons in/on the planet, who, from their memory standpoint/view = know nothing = about the 'occult philosophy' = and yet? = they can/do/are, still able to be/become a 'success', in their chosen field of endeavour, and are reasonably happy, in what they 'do', They still have 'all' the worldly 'problems', as we all 'do'!?! But...basically, they are 'happy' at what they do/are doing, and in many cases, can still be 'crying' all the 'way' to the/their bank!?!

These successful persons, are the, natural = tactile-feeling-defining = personalities = who agree-with = the/their chosen = tactile-feeling-defining = and they 'go out' physically, physically = and make it happen!?! They are not 'lotus eaters', who = sleep/dream = their life away!?! They are 'not-asleep!?!' in/on the 'barque-of-conscious-ness' [see/read number 15 of 17, archetype] nor are they 'asleep', in/on the/their elemental plane, of the element of, the elemental earth/hades = Hypnos!?! [see/read earlier posts/messages] For countless centuries of millenniums Mankind has slept the sleep of Matter! Why sleepest thou O Lord!?! [Crazy Book (Bible) Talk]

It is, in the way, that the/your #1, malkuth earth/hades 'self' = is awakened = that is going to make the 'difference'. It is going to be 'wakened' = BY/WITH = SHARING, CO-OPERATING, HARMONISING, WORKING-TOGETHER, AGREEING-WITH, PARTNERING, BONDING/BINDING!?! Ophiel writes, that the 'plane below' is the = ELEMENTAL EARTH PRINCIPLE, TO/FOR THE PLANE ABOVE!?! So, let's do this and

check!?!

Milky White Sea (Infinity)!

Akasha = Cause, Causing, Causality = elemental earth principle!

Air = Foundation, First Impression, First Stamp, First Mould = elemental earth principle!

Fire = Direction, Projection, Emotion, Emitting = elemental earth principle!

Water = Reflect, Reflection, Reflected = elemental earth principle!

Earth = **Tactile-Feeling**, Defining, Three-Dimensional, Belief = elemental earth principle!

Physical = Use, Used, Using = elemental earth principle!

If what Ophiel writes, on both his books: The Occult, and in his Caballa Magic; that the next plane down, is the **elemental earth principle to/of/for, the plane above!**!?!?

THEN 'EVERYTHING/ALL OF IT!?!' = FROM START-TO-FINISH!?! = IS!!! = ELEMENTAL EARTH!?! = EITHER IN FACT = OR = IN PRINCIPLE!?! BUT...IT IS 'STILL' = ALL ELEMENTAL EARTH!?! So!?!

Akasha is Earth = to the Milky White Sea (Infinity)

Air is Earth = to Akasha

Fire is Earth = to Air

Water is Earth = to Fire

Earth is Earth = to Water

Physical is Earth = to Earth of Earth

Elemental 'Earth' that acts like, works like, operates like, looks like, behaves like, seems like, **tactilely-feels-like** = **ALL THE 'OTHER' ELEMENTS = BUT! BUT! = IT IS 'ALL'!?! = ELEMENTAL EARTH!?! = FROM TOP-TO-BOTTOM!?! EITHER IN FACT OR IN PRINCIPLE = IT IS 'ALL'!?! = ELEMENTAL EARTH!?!** Ophiel writes this, in his two books: The Occult and Caballa Magic. We shall just use, his Caballa Magic, chapter 4, workings:

“Ophiel does not claim, again, to have the whole answer to IT ALL. I write what my pen puts

down. I never know at the beginning of a sentence what the end of a sentence will be. Ophiel's material can be TESTED, and do test it.

Don't accept it blindly. Test it. Learn to Etheric project. Learn to Creatively Visualize. Develop some clairvoyance. So, that is the test. TEST.

There was one factual point I overlooked in the previous presentation. Take a look at the Tree again: Fig. 1a. Note: Each of the three (3) Sephiroth triangles has Air, Fire, and Water in it, but no apparent element of Earth, except you can see the word Earth repeated three times. Please note: in this case the Element Earth is represented by the next three, lower down Sephiroth!!!” End quote.

Please note: in this case the Element Earth is represented by the next three, lower down Sephiroth!!!

Arik-Anpin = Vast Countenance = Stares, Looks, Sees, Watches and Observes = THIS IS THE ELEMENTAL EARTH 'PRINCIPLE' IN/ON EACH/ALL PLANES!?! WHICH IS!?! = IN!?! THE Zoar-Anpin = Lesser Countenance!?!

Zoar-Anpin = USES = THE ELEMENTAL EARTH 'PRINCIPLE' = Staring, Looking, Seeing, Watching and Observing = IN/ON ALL PLANES!?! = FROM TOP-TO-BOTTOM!?! = AS 'TACTILE-FEELING' = IN/ON EACH OF THE PLANES ON WHICH HE/IT IS DREAMING!?! (Duality = going across the plane/planes!?!)

This, the above = is what we/you 'do' = in/on the/your basic cosmic egg exercise!?! You = #1, conscious-ness = Stare, Look, See, Watch and Observe = through/by/with = TACTILE-FEELING!?!

This, the above = TACTILE-FEELING = is what we/you 'do' = in/on the/your basic cosmic egg exercise!?! You = conscious-ness #0, Stare, Look, See, Watch, and Observe = through/by/with = USE, USED, USING!?! You have already been informed on 'how' to = Stare, Look, See, Watch, and Observe = in/on the other three planes. (See/read previous posts/messages/monologues.) Now, the 'added bonus' of the/your basic cosmic egg exercise, is that you are 'learning-first-hand', the 'technique' of 'MERGING' (See/read Ophiel's books: Astral Projection and Clairvoyance, and read his 'Body-of-Light' techniques.) Here is what Ophiel writes in his book: Contacting the Demiurge, his section nine: last page, last paragraph:

“As a somewhat advanced idea for you to work yourself into, in time, you can visualize the ‘handle-name-idea-picture’ of the Vast Countenance, visualize as a vast head/face (use your own ideas as to what it would look like if it were ‘real’, that is real on this physical plane) and carefully, gently, **and quietly merge yourself** with the Vast Countenance, **and then ‘look down’** THROUGH THE LESSER COUNTENANCE TO YOUR PHYSICAL-MENTAL SELF. DOWN HERE, and then take it from there as to how you DESIRE **TO SEE YOURSELF**. A great amount of Knowledge-Power is embodied in the few words just given and I can find no way to make the previous admonition any stronger than so stated, even if I used ten thousand words. So be it.” End quote.

This ‘vast face’ is, traditionally, (According to Dion Fortune, in her book: Mystical Qabalah, Kether) all ‘right-sided’ (as in ‘profile’) = IN ‘OTHER WORDS’ = STARING/LOOKING = TO THE/ITS/YOUR = LEFT-SIDE!?! (This you ‘already do’, in the/your basic cosmic egg exercise, when you ‘observe’ the ‘back-of-your-head’!?!)

Now! One of the ‘way’s’ to ‘see yourself?’ is through/by/with = psychological-tactile-feeling!?! So! Imagine if you will/can, that you are standing ‘inside’, your ‘cosmic egg’, and you have all five, basic elemental forces symbols, within you, about you and surrounding you = #1 &+ #0!?! And that you = conscious-ness = can/do = tactilely-feel = this!?! WELL! THIS IS ‘MERGING’ = AT THE/YOUR #1, Malkuth Earth/Hades = PLANE/LEVEL!?! Here is how Ophiel writes this, in his book: Clairvoyance, his chapter: Rising on the Planes:

“So then, the direction for your first work in clairvoyance is clear – you must start to project yourself “into” and “up to” the basic sources of the things you are interested in. **You must begin to THINK with imagination about those things AND ESPECIALLY THE SPECIAL THING YOU ARE INTERESTED IN.**

As I said, you will probably find yourself becoming more and more connected to one special thing-subject, to the exclusion of most of the others. And, in many of the people today, you will probably find the subject of interest will be some phase of business activity rather than more metaphysical pursuits.

This is good, but don’t neglect your Illumination studies. **Illumination and its kindred advantages should come along in the wake of your successful learned-use of almost any of your Psychic studies and Practices or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from “Psychic” to “Spiritual” is a natural one.** At least, it has been for me, and I am giving it to you the best I can.

However, I don't want you to follow me slavishly in anything or in any way. You always hear croakers in the Occult crying out vague warnings about some things without really coming out and laying it on the line as to what they are really talking about. **But, just to be on the safe side, test yourself and your feelings every step of the way. If you are going to develop doubts and fears, then slow up and advance more cautiously.**" End quote.

In the 'good ole days of yore', when the present writer had 'hair?' (going back some!), as soon as they 'introduced' = The Prince-of-Dark-ness? = eyebrows would 'shoot-up' = everywhere!?! And there were more persons 'afraid' of the/their #1, malkuth earth/hades body, than there were, that were not!?! As soon as the 'Black-Astral-Light' was introduced = THEN THE/THEIR 'DEVIL?' WOULD 'APPEAR!?!' OUT OF 'NOWHERE!?!' Just as Ophiel writes in his vignettes: Why do you let the Devil 'USE' you: The 'OTHER' you and Your 'OTHER' you, etc.

These persons 'already had', their 'Devil' with them/in them!?! It just took the, basic cosmic egg exercise, to reveal/bring him/it out!?! Whereas, there were others, who were just as overwhelmed to find/discover 'such a friend'!?! **For each of us = IT IS!! DIFFERENT!?! For each of us = IT IS!! INDIVIDUAL!?! For each of us = IT IS!! PERSONAL!?!** But, in 'training' = we all start at the same/basic 'learning point' = psychological tactile-feeling!?! This was for those individuals who were experiencing, difficulty, in #2, etheric projecting. Here is a simple 'application' of/for it, from Ophiel, from his first book: Astral Projection: his chapter: Dream Method.

"The particular facility that is required, to enable you to recognize any strange dream sight scene AND TO ACT ON IT, is a facility which is called the "Critical Facility". The word critical comes from a word that means judge and the basic meaning of the word judge is adjustment. When you judge a thing what do you really do? Basically, you make adjustments, in your opinion, of details and about details of thing etc. **This CRITICAL FACILITY is closely allied to waking life. Your work is to bring this critical facility to bear on your inner dream life.**

You recall that we said previously that in Astral Projections you do not project anything but consciousness, your consciousness. By means of the directions to be given, and by practicing them, you will, in time, learn to project a large degree of your consciousness to the inner planes and still remain asleep. (This is also connected very closely with what was said previously about developing another "body" on the inner planes **but for now all you do is project a part of your consciousness**). You might say, to describe it more easily, that you first get a hand hold on the inner plane and then pull the rest of yourself thru to there!!

Now how do you get this CRITICAL FACILITY to function on the Inner plane? Well at first thought it seems almost impossible to develop such an ephemeral thing so that it will work. However, it will work. And the way to make it work is thru a combination of Will Power and Desire. We are all more or less familiar with the strange ability we have of hearing a tune of new music and then find ourselves humming it in a few days. This is exactly the same process that will make the CRITICAL FACILITY A REALITY IN YOUR DREAM LIFE.

Still another strange facility ability that we all have is that of reading a story, or seeing a moving picture, and then finding out the next day that we have dreamed about that story or picture. This carry-over is quite common. This ability, combined with Desire, Will, will do the work. All you really have to do is to think and desire a great deal about developing the Critical Facility and you will find yourself using it in your dream life. How does it work?

Let us go back to the original illustration, that of the 8 horses drawing a small automobile down a street of a city which you see in a dream. What would happen if you saw this in real life? In real life you would stop and stare at the sight and many questions would run thru your mind like this – Is it an advertising stunt? Is the car broken down? If so, then why in the world have 8 horses and why are the horses green? What is this all about? As I said questions like this would run thru your mind until you were uncomfortable at having no answer.

The same thing happens in a dream. When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!! This point will mark a great achievement in your Occult projection work. I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later.” End quote. Underlines are the present writers.

So, for the/our ‘Critical Facility’ we simply add/include our = psychological ‘Tactile-feeling’, defining, three-dimensional-ising, symbol-ising!?! And we #0 = work-with, co-operate-with, harmonise-with, partner-with, share-with, AGREE-WITH = the/our #1, Malkuth Earth/Hades Plane/Body!?! All of the above actions/doings = IMMEDIATELY/INSTANTLY = CHANGE/ALTER = the/your = NOW PRESENT DYNAMIC (How you ‘tactilely-feel’) ABOUT YOUR SELF = #0 &+ #3. All of the above actions/doings = immediately/instantly = change/alter = the/your = NOW PRESENT DYNAMIC (How you Tactilely-Feel) OBSERVATION = ABOUT YOUR SELF = #0 &+ #3!?! And your POSITION/PLACE!?! = IN THAT/THIS/YOUR = ‘DYNAMIC’!?!

Dynamic, is from the Greek ‘dynamikos’, from ‘dynamus = power’, from ‘dynasthai = to be

able, to have power, to be strong enough'; from unknown origin. It is from about 1856, that the figurative sense/idea of; active, potent, effective and energetic, comes from, and was/is usually 'applied' in a 'holistic' manner, to suggest a whole, complete system at work. Your 'attitude' (mental stance/posture/observation: see/read previous posts/messages) is what 'powers' the/this = your **dynamic**; which is how you, the individual = #0, approach all the 'challenges', in your normal day to day, life/living. Here is the Ophiel quote, adjusted for 'context'.

The same thing happens in your basic cosmic egg exercise. When you have developed enough **Tactile-Feeling**, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up, OR, YOUR **TACTILE-FEELING WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP**. Then will happen a marvellous thing. **IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!!** This point will mark a great achievement in your Occult projection work. **I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later** (Which Ophiel didn't do. See/read Ophiel's book: Clairvoyance and his chapter: The Two Minds, for this.)

Please note carefully: When/if you develop your psychological '**tactile-feeling**' = the feeling/sensation of = **OTHER, SOMEONE ELSE, SOMEONE THERE, SOMEONE = AGAINST YOU = #0 &+ #3 = WILL/SHALL 'GROW/DEVELOP'!?! THIS 'SENSATION' WILL GIVE RISE TO 'TWO' = OCCUPYING THE SAME = SPACE/TIME!?!** (Please see/read standard philosophical/religion ideas of/for this 'notion').

Please note carefully: When/if you develop your psychological '**tactile-feeling**', Ophiel's sense/sensation, as explained, in his book: Clairvoyance, in his chapter: The Two Minds, the sense/sensation of your #0 &+ #3 conscious-ness, '**LETTING-GO' = IS OPHIEL'S 'NEITHER-STATE/CONDITION'**!?! Read this part:

"I might stop here a bit and call your attention to another phenomenon that you should notice in this work, as I did. As an example, you might say that the outer Physical Plane is the domain of the conscious mind, and the Inner Plane the domain of the sub-conscious mind. **IT IS QUEER, BUT THE CONSCIOUS MIND DESPERATELY RESENTS THE INTRUSION OF THE SUB-MIND INTO ITS DOMAIN AND WILL RESIST IT TOOTH AND NAIL**. I will point this out to you later as it comes up, (if I don't forget it!)" End quote.

“In view of this conscious mind’s objections, you might try conducting your tests as quietly as possible and not arouse it the way I did. All this may sound a little strange at first reading, but it seemed to happen in my case but may not in yours. I have spoken as if these minds are independent and of course they are not, but the effects of training the sub-mind to work on the outer planes does produce strange effects and feelings, but don’t be alarmed, nothing serious.” End quote. Underlines are the present writers.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.

Practice this until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life. And there is an additional added bonus due to this sub-mind entry into your objective world.

You know I just told you that when the sub-mind starts to take over in your objective world, the objective mind “wakes-up” and starts to come to life and starts to work. Well this “waking-up” of your objective mind is also to your advantage as now you have two systems working for you, and the new added alertness of the aroused objective mind should be to your advantage and may be all you really need to do a good life job.” End quote.

The basic cosmic egg exercise and/or basic chair exercise is/are = #1, MALKUTH EARTH/HADES PLANE = EXERCISES!?! Psychological tactile-feeling, defining, three-dimensionally = is what ‘drives’ = the #0, outer, outer physically physical body!?! Please read the above yellow highlights, in relation to, your basic cosmic egg and/or basic chair exercises.

Please study Ophiel’s materials/writings and make the conscious effort to realise that Ophiel’s work, is that of the/our/your/his #2, Etheric Plane = which is all that was available/left/presented to the West, via the new age occult movement of the day. Hence all the information/literature that is out there about ‘Visualisation’, ‘Etheric Projection’, etc, etc, etc. But...all the ancient information is/was about the dark-ness, black-ness, blind-ness = and how to ‘escape’ from it!?! = then = came the gnostic notion/idea = that the/this/your = dark-ness, black-ness, blind-ness = was/is ‘Evil’!?! = which it is not!?! = it is queer but the conscious mind desperately resents the intrusion of the sub-mind into its domain and will resist it tooth and nail = it was/is = this resistance!?! adverse-ness!?! opposition!?! = that is so

misunderstood = and where the ‘problem’ lays!?!

The practice/doing of the/your basic chair exercise, will/shall alleviate much of the resistance, in you #0 &+ #3, the practitioner; as the/your understanding of what is happening/taking place = is rationalised = by/with = both your ‘other’ bodies = #0 &+ #3!?! this ‘rationalisation’ = acts as a/an = intermediary!?! [No, the present writer doesn’t ‘know why!?!’] any more than Saint Augustine of Hippo did!?! Augustine simply said = Be A Friend to Thine Adversary/Opposer = **AGREE-WITH-HIM!**!?!

You, ‘push-down’ to stand-up! You, ‘push-up’ to sit-down! You, ‘push-back’ to go forwards! You, ‘push-forwards’ to go back! Ophiel writes about this, in his ‘strange sections of reversals’, which is where the #1, malkuth earth/hades plane, borders the/your #2, etheric plane; where the #2, Etheric Plane, borders the #4, Astral Plane, the difficulty there, is when you Conscious-ness, are/become ‘trapped’ by/with your ‘OWN’ Emotional Visualisation/Day Dream!?! Here it is from Ophiel, same book: Astral Projection, same chapter: Dream Method.

“The “trouble” you encounter and the dire things that old maid occultists warn you against, all the times in the past that you read about Astral projection, is really nothing but this DIFFERENCE that exists between the different planes and what happens when you try to act on the Inner planes the same way that you act on earth-physical. Some old maid New Thought practitioner got out there one time by accident, and when she tried to come, she went, and it scared the wits out of her. So instead of trying to find out what was wrong she labelled it all hell and warned everyone to stay away. I want you to understand this fully so I will repeat it again –

On the Inner planes you have to ACT in accordance with the laws that govern that plane which laws are different than the laws that govern the physical plane.

And until you learn these laws, and MOVE by them, you are going to find yourself in a very peculiar position when you try to do something. When you do learn these laws, and act accordingly, all will be well.” End quote.

Then, farther on, in Ophiel’s same chapter, we read this:

“Now comes another very important part of your instructions which again I have never heard of from any other teacher and which I am giving to you as my discovery. This information is

as follows.

It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a “time”, THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN TO THE NEXT INNER PLANE!!!

Here is another thing that has caused much trouble for would-be projectors. You all know that you have dreams when everything seemed to be going along well. You were walking along in the dream and, all of a sudden, you found it more and more difficult to move about. You could not walk anymore. Your legs felt like lead. Then you might “see” something and try to run and in the ensuing struggle you will wake up etc.

What has happened is that you have had another projection, as it were, and have gone over into the lower Astral from the Etheric plane. At the point where two planes come together the “scenery” is very similar and you cannot tell easily by sight where the line is. The only way you can tell is by the change required in locomotion-movement. “Later” the “scenery” does change.” End quote.

Read each highlight, in the above quotes, and apply them, to the/your basic cosmic egg/chair exercises. Here is how it, works: It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a “time”, THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN TO THE NEXT INNER PLANE!!! = So, when you have ‘accumulated’ enough psychological ‘tactile-feeling’ in the/your dark-ness, black-ness, blind-ness = you will/shall ‘see’ a ‘soft glow/light’ = APPEAR IN THE DARK-NESS, BLACK-NESS, BLIND-NESS!?! = What has happened is that you have had another projection, as it were, and have gone over into the lower #2, Etheric Plane from the/your #1, Malkuth Earth/Hades plane. At the point where two planes come together the “scenery” is very similar and you cannot tell easily by sight where the line is. The only way you can tell is by the change in the ‘Light’ from Black to Blue. The/your ‘acquired’ ability to = tactilely-feel-define-three-dimensional-ise = the, your = objects, circumstances, things and/or its = is what stimulates = YOU = CONSCIOUS-NESS = TO AWAKEN!?! Would you like to read it from Ophiel? Well of course you would! Who wouldn’t? So, here it is, from his same book: Astral Projection, his chapter: Little System:

“Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay out as long as you feel like it but don't go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, return to the body and WILL TO TRANSFER YOUR CONSCIOUSNESS TO THE BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it?" End quote.

So, for context and understanding, we shall just slightly amend the above Ophiel quote, to read:

Hold your consciousness into the your #1, Malkuth Earth/Hades body and go thru the route to the end and back keeping yourself in the 'Tactile-Feeling' of this body. See/observe, thru the 'Tactile-Feeling' of the image and perform all the actions with the #1, Malkuth Earth/Hades counterparts of the physical body, the Tactile arms and Tactile legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE TACTILE-FEELING BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay out as long as you feel like it but don't go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, return to the body and WILL TO TRANSFER YOUR 'TACTILE-FEELING' CONSCIOUSNESS TO THE BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it?

It is the in the practice/doing of the/your basic cosmic egg and/or basic chair exercises = that is going to bridge-the-gap/space/abyss of dark-ness, black-ness, blind-ness, that is, the/your #1, malkuth earth/hades plane/level/sphere, and allow you, conscious-ness, to project into/onto, the/your #2, etheric plane. The fact, that we can/do/are, able/capable of 'projecting'

to the/our #2, etheric plane/level = without being aware, awake and/or conscious to/of our #1, malkuth earth/hades plane, won't/doesn't stop us from doing it, but...when/once this/our #1, malkuth earth/hades plane is included, = then things, objects, circumstances and/or its = flows much easier, for us.

Thank you.