## THE ART AND PRACTICE OF OPHIEL

## A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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## 13 of 17 practice run. 2020

Many persons are upset/annoyed to find out/discover, that = Duality = goes 'across' = the/a/any plane/all planes!?! And yet!?! There it is, in black and white and read all over!?!

YOU CANNOT 'CONTROL ANY PLANE', UNTIL AND UNLESS, YOU CAN 'CONTROL THE PLANE' ABOVE, OVER, HIGHER, BEFORE AND AHEAD OF IT!?!

Polarity = downwards/outwards!

Assume = upwards/inwards!

Duality =  $\underline{\text{all}}$ , in/on the same/one plane!

Going across the plane, is the 'technical' term, for when = everything/all = is 'all' the same/one thing!?!

Physical = <u>all</u>, everything = Physical = Duality!

Malkuth = <u>all</u>, everything = Malkuth = Duality!

Etheric = <u>all</u>, everything = Etheric = Duality!

Astral =  $\underline{\text{all}}$ , everything = Astral = Duality!

Archetypal =  $\underline{all}$ , everything = Archetypal = Duality!

Akashic =  $\underline{\text{all}}$ , everything = Akashic= Duality!

There is 'no duality' between planes = the above or the one below, only in/on the plane you are, conscious of!?! There is 'no duality' between #0 and #1 or #1 and #2, or #0 and #2!?! Each 'plane' is on its own!?! Would you like to read it from Ophiel? Who wouldn't? So, here it is 'again', from his book: Creative Visualisation, from his chapter of the same name:

"In Creative Visualization work all the planes involved in our cosmic existence are used, the Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA. And so, the rules of all these planes must be followed

closely if you are to expect good, final, physical plane end results from preceding Inner Plane operations. Then, even when and if these laws are followed closely and intelligently and correctly, there can be other local and cosmic conditions which can prevent Occult techniques from working temporarily. Some of these will be noted later on in this book and explained separately." End quote.

In Creative Visualization work all the planes involved in our cosmic existence are used = this 'includes' = the/our/your = #1, Malkuth Earth/Hades Plane? Does it not???

AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA = this 'includes' = Not 'Mixing'!?! Does it not???

<u>SO HOW DOES IT WORK?</u> = <u>WE MAKE EACH PLANE WORK LIKE</u>, <u>ACT LIKE</u>, etc, etc.

Please read this, until you understand it: only in/on the plane above, over, higher, before and in-front = do we have/get 'pairs'!?!

Only in/on the plane below, under, lower, after and behind = do we get/have = use, using, used!?! (the elemental 'earth of'! either in 'fact' or in 'principle').

On the #1, malkuth earth/hades plane, there is = sitting/standing = and it is 'one' Force!?! And as Ophiel writes in his vignette: the power of speaking things and conditions into existence = we choose the side that we want!?! And as explained, in the posts/messages 1 to 17 archetype = we do/make the/this 'choice' = by/with the 'appropriate' type/kind of = staring, looking, seeing, watching, observing!?! = according to the laws, rules & governances = of the plane itself!?! thus causing/making/creating = a duality = you &+ it = all in/on the same/one plane!?!

Conscious-ness = PROJECTS = IN/ON ANY/ALL PLANES!?!

Conscious = is = DUALITY!?!

Duality = is = <u>CONSCIOUS</u>-NESS!?!

Put it to the test! Try it! Use it! Once again, from Ophiel, from his book: The Occult, his

chapter: General Considerations, we read this:

"Now I say again, and please note carefully, there is no other way you can realize/feel-cognize your physical existence other than through your five physical senses. As soon as you begin to practice "Magic" however, of any kind — including the work you have done on the Ritual up to now — and including the future work to be given — which you will do, YOU THEN BEGIN TO USE OTHER KINDS OF SENSES, NOT PHYSICAL, TO COGNIZE ANOTHER KIND OF A "WORLD" "PLANE", AN INNER PLANE." End quote.

In the practice/doing of the/your Basic Cosmic Egg and/or Basic Chair Exercise, you, the reader/operator = have already = switched/changed/altered = your conscious-ness = consciously!?!

This deliberate/conscious = staring, looking, watching, seeing and observing = is creating/making = a/an archetype!?! = in/on the/your elemental plane, of the element of, the elemental force, of the element of, the elemental earth!?! As you do/practice Ophiel's Little System and/or Dream Method and/or Body of Light and/or Symbol Method = this deliberate/conscious = staring, looking, watching, seeing and observing = is creating/making = a/an archetype!?! = in/on the/your elemental plane, of choice = physical, malkuth, etheric, astral, archetypal, akashic!?! = by/with the use, using, used, in principle, in/on the elemental plane of, your choosing/choice!?!

As was/is pointed out, in 1 to 17, archetype, you, the reader/practitioner = do not!?! = stare, look, see, watch, observe, with the/your #0, outer, outer physically physical eyes (how could you?) you, the operator/practitioner = have to/must = stare, look, see, watch, observe = with your conscious-ness = thus = you have/are = Duality!?! Thus = you are dual!?!

The difficulty is in the <u>purity</u>-of, the/your Duality!?!

The difficulty is in the <u>purity-of</u>, the/your Conscious-ness!?!

The Present writer has known many persons, who, when practicing the/their Basic Cosmic Egg and/or Basic Chair Exercise, they were/are = physically physical body conscious-ness = <u>DOMINATED</u>!?! What most persons do not really understand (although they will tell you 'they' do!?!), is the problem of, <u>Bleed-Through</u> and <u>Sleeping</u>, whilst supposedly; aware,

awake and conscious!?! Ophiel discusses the 'sleep syndrome', in his vignettes: Acceptance and Self-Awareness.

In 'Acceptance', Ophiel writes about the people he is trying to help, as, 'lackadaisical and frivolous' and not 'doing the work'.

In 'Self-Aware-ness', Ophiel writes about people being 'asleep' (inattentive), whilst supposedly being 'awake' whilst #0, physically, physically 'active'.

This 'bleeding through', of one plane into another, is so subtle, that only 'in' the individuals, #0, physical body 'actions' can you see/observe, just how much, bleed through, there is!?! Ophiel presents this example in his book: Clairvoyance, his chapter: You Are Naturally Clairvoyant:

"I have had a chance to study such a person, a successful man, for too short a time. But I noticed in several instances that when he made a decision based on the resolving of a number of factors into a single conclusion and acting thereon; THIS CONCLUSION, FOLLOWED BY THE ACTION, BOTH SUCCESSFUL, COULD HAVE BEEN NOTHING MORE THAN A CLAIRVOYANT PERCEPTION OF A MASS OF DIFFERENT FACTORS AND THEIR RESOLUTION INTO A SINGLE INSPIRED CLAIRVOYANT CONCLUSION – OR SO IT SEEMED TO ME.

I will want to do more work on this in the future, but in the meantime, do some investigating yourself. Study all the successful people you can and try to see how many of their decisions are based on apparently nothing related to a complex of facts on hand — THEN ASK THEM TO EXPLAIN THEIR DECISION. If they cannot clearly state how they arrived at their plan of action, or if they hesitate in explaining and have to think it over, then the chances are it was a spontaneous clairvoyant use/decision, the possibilities of which we all have to some degree.

Now comes a note and a word of caution — while it is true that daily available use of clairvoyance can be a great help in your daily life, clairvoyance, per se, is not ALL POWERFUL. It will not make you a giant power all at once. You still need all the Earth Skills that you can get and master the use of. Skill in the use of clairvoyance and Earth Skills must be used together. To repeat — Clairvoyance Skills and Physical Skills should SUPPLEMENT EACH OTHER. They do not SUPPLANT EACH OTHER.

You will have to learn to develop clairvoyance and you should develop all the Physical Skills

you can, and then learn to WORK THEM BOTH IN CONNECTION WITH EACH OTHER AND WITH YOU, AND ALL YOUR OTHER ASSETS, THAT YOU MAY NOW POSSESS." End quote.

Psychologically <u>tactile-feeling</u> = defining, three-dimensional-ising = objects, circumstances, things and/or its, is a physically physical 'skill' (Art Form), which is, can be, developed/enhanced = through/by/with, the Basic Cosmic Egg and/or Basic Chair Exercises! Most persons, do not '<u>feel</u>' anything in the/their basic 'chair exercise', simply because they are '<u>observing</u>', with the/their #0, conscious-ness, and/plus, the/their #3, conscious-ness!?! It is only when they <u>observe</u>, with the/their #1, conscious-ness, that they eventually understand, the <u>subtlety of</u>, the/their #1, malkuth earth/hades body! Ophiel writes in his vignette: The 'OTHER' you:

"What I am discussing in this 'Vignette' is the not so obvious fact that you create these 'Double Thought Forms,' every time you do something/anything on the 'Physical Plane.' Naturally, - Or should I say, unnaturally - For some ungodly reason, the inner double seems to 'OPPOSE' the outer double and it is/seems, that a lot of the trouble of this world, can be traced to this strange fact?

Dear students, I am not prepared to argue/prove this material to be true. Please make some tests of your own. There is one thing you can do; first, you can become aware of this 'Double-ness.' You can even become able to see 'Thought Forms,' and then you can become aware of your ability to 'Bind' the inner 'Etheric Double' so that it becomes unable to harm the outer 'Physical Double.' The actual inner 'Binding' is as automatic as the original inner creating.

In a sense, it was no wonder that when the ancients came into contact, mental contact, with the reversing effects of their own mental creations, they thought there were such things as 'Devils.' For them, there seemed no other way they could explain the negative effects that appeared in their lives and disrupted their best-laid plans." End quote.

The suggested/proposed methods of, 'BINDING', by the present writer is/are; the letter of Saint Augustine of Hippo = AGREE-WITH-THINE-ADVERSARY!?! The Basic Cosmic Egg and/or Basic Chair Exercises, to enhance/develop, the/your psychological Tactile-Feeling, defining, three-dimensional-ising and belief, believe, believed, believing. The third one being the most 'subtle' of all.

the reason why, the third suggestion/proposal (the four 'b's'), is the hardest, most difficult; is

because it doesn't/isn't, distinguished enough, to seem like it 'is'!?! The/your #1, Malkuth Earth/Hades Body = Communicating, Talking, Speaking, Dialoguing = to/with you = #0 &+ #3!?! It, #1, just doesn't feel any different? It takes 'time and practice', to come to the 'place', where you, #0 &+ #3 = <u>RECOGNISE</u> = the/your #1!?! Here is what Ophiel writes in his vignette: Why do you let the Devil 'USE' you:

"The Other You.' is <u>not whole</u> and is <u>out</u> of <u>adjustment</u> or it would not be opposing you, #1, for want of a better designation: (See other vignettes on this subject.) The information/knowledge available, on this subject, is wretchedly inadequate, but regardless; you are surely aware that you ignore your subjective mind and it's prompting as much as you can. that is, you pay no attention to 'hunches', unless they are very strong and you are in a receptive condition, very likely, only in times when you are in trouble of some kind, and desperately open to 'suggestions?' from the sub-mind.

it would seem to me - and please do test it yourself - that the outer objective mind rules the under-mind and crushes it down whenever and however it can. and a lot of your/our/my 'trouble?' could be born from our ignorance of this process, and that the trouble is the result of the 'under-mind' fighting back to assert itself. the obvious remedy it to develop your clairvoyance and to allow the 'under-mind' to have a role in your life process. to seek to develop 'hunches', explosions of inspirations, and to learn to test and to follow the true guiding ideas/directions.

when you do this, you allow both minds to come into a balanced function, there can be an 'end' to that kind of conflict, each mind working against the other instead of in harmony, as the two minds should. the, 'two minds,' thus become 'holy' complete or whole; of course, once complete, there is still needed constant adjustment to keep them in balance, but that is a relatively easy process and should in normal life be almost automatic." End quote.

Read each highlight separately and <u>apply</u> them, to the three suggestions/recommendations, above = letter, egg, four 'B's = belief, believe, believed, believing!?!

Please read Ophiel's first book: Astral Projection and his Correspondence Course in Astral Projection; Read 1 to 17 archetype, and study the, 'principle' of staring, looking, seeing, watching and observing, and <u>apply</u> them, to Ophiel's Little System and Dream Method, along with the/your Basic Cosmic Egg/Chair Exercises.

When you have done enough practicing, of the archetype principle, then, as Ophiel writes in his Little System and Dream Method = one day, the two bodies will fuse into the one body = and, depending on which plane you are in/on, at the time(?), you will have achieved, a <u>new</u>

<u>duality</u>!?! And you = conscious-ness = will be there!?! Surrounded by/with the, 'whole plane', and you will/shall observe, all the objects, circumstances, things and/or its, are/will be = <u>THE SAME AS THE PLANE</u>!?! = <u>DUALITY</u>!?!

Thank you.