

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 17 of 17 practice run. 2020

Many persons, are now in a position/place wherein they can 'train' the/their #0, #1, #2 and #3 'bodies', all at the same/one time, and only in very 'rare' cases, are there/is there/will there, be persons who don't know 'how to benefit' from, the/their knowledge/knowing of/about the/their #1, malkuth earth/hades Psychological **Tactile-Feeling**, Defining, Three-Dimensional Body!?!

Many persons, are now in a position/place wherein they can 'train' the/their #0, #1, #2 and #3 'bodies', all at the same one time, and do it from an awake, aware and conscious position!?! Some of difficulties at the start beginning are/may be:

Physically physical body dominated!

Malkuth/hades body disbelief!

Afraid to enter the/their 'own' dark-ness, black-ness, blind-ness!

Afraid of the 'OTHER'!

Afraid of the 'sense' of 'losing control'!

Inability of their #3, to 'let go'!

Inability to enhance/develop, an art/technique!

If you look carefully at H.V.H. you can see/read for your selves, that it is a 'palindrome', it reads the same backwards as forwards!?! The 'occult' is? WHERE YOU = CONSCIOUS-NESS = CHOOSE TO PUT/PLACE = THE/YOUR 'YOD'!?! (No sarcasm please!?! Children may read this!?!) So, the 'psychological view' would be:

H.

V.

H.

With the Y. placed at either 'end' (end = starting end/finishing end?) = Yod = Consciousness? I am the alpha and the omega!?!

Conscious-ness = Tactile-Feeling!?! Conscious-ness = DUALITY!?!

For ‘all’ this = starting end/finishing end = is delivered unto me = tactile-feeling = ‘and to’ = whomsoever ‘I’ = tactile-feeling-choose = to give it! = IT = is tactile-feeling-belief, believe, believed, believing!?!

So, you would put/place your ‘conscious-ness’ = psychological tactile-feeling = Yod = either at the starting end ‘or’ the finishing end. Thus, giving ‘credence to’, the/your = actions/projections/doings!?!

In the actual practice run, of the/your basic cosmic egg exercise and/or basic chair exercise, you, the practitioner, are = actually, factually, literally = testing, trying, tasting, using = the above information = AS ACTION = IN REAL TIME/NOW TIME!?!

The actual ‘composition/construction’ of = THE WORD = LOGOS = Predates Christianity in the Greek Philosophy, and literally, actually, factually, etymologically means = ‘I say’!?! = (I tactilely-feel!?!)

The Proto-Semitic idea/word ‘Yad = Hand’ was the ‘origin/source/original’ beginning of Y.H.V.H. and is considered to be related to/of the Egyptian hieroglyph of the ‘arm/hand’.

Here is what Ophiel writes, in his vignette: Your ‘OTHER’ you:

“Dear Students, in this Vignette I am presenting a new-old 4,000, year old idea, so please bear with me as I am out on the frontier/fringes of the Etheric-Astral-Mental Planes and I am all alone. All I can do is to notice effects and to try not only to understand them, dimly, BUT try to make some kind of working disposition/disposal/formulation/array/line-up/methodisation/groupage and/or many such like words to ‘USE DOWN HERE.’ (Apparently the 4,000-year-old idea was never put to any ‘USE’, unless the astute Egyptian scribes failed to write down the use) which is probably what happened. If there is a bunch of people somewhere on this earth plane who ‘KNOW?’ and ‘USE’ these things, this knowledge, they are sure hiding it from me. (But we’ll root out the secrets, won’t we?)

Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today? I, being seventy years old, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of self-realisation, that in dealing with many people/persons, I cognise that there seems to be TWO people there? (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper. I am also familiar with the concept of the Etheric double, and I do not mean that, either.) I seem to find/think/conceive that a person seems to have built up a second, 'Person' who more or less functions through the, 'Visible' person. Let us call them P1 and P2. P1 being the actual person and P2 being the opposite person, or shall we call them 'Personalities?' End quote.

The 'OTHER' you? Is 'composed' of/from, the/your = Psychological Tactile-Feeling-Believing!?! And unless and until = You = Conscious-ness(?), find/discover a way, method, technique of = COMMUNICATING = to/with the/this 'OTHER' you? = NOTHING!?! = IS GOING TO HAPPEN!?! Here, in his vignette, is how Ophiel writes it:

"Let us digress for a moment. In the Gospels (Good spells) there are the stories about how after the dipping in the river, Jesus goes off into the desert (Although he was already in the desert?) and the 'Devil' appears. Now, this Devil is named in Greek, 'The Adversary' or 'Accuser' Dictionary: Slanderer. The name translated into 'Devil' has no-thing to do with all that Lucifer, Satan Fallen Angle crud. "IT" is just called 'The Adversary' or the 'Opposer.' This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR' of this physical world." End quote.

Which it is!?! But... not just in the 'way', that the lunatics have suggested. Lunatics = End of the World = Religious, Pious, Masochistic, Repressed, Psychotic, Holy Joe/Jane rollers, eschatologists = end of days/end of the world, doom and gloom, woe is me/woe unto the world = whip me, whip me, whip me!?! To which, the sadist said, No!?! Leaving them/these persons aside!

The Adversary' or the 'Opposer.' This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR' of this physical world = and the 'way' that it is 'done' of/for us, the reader/occultist/magician is? = Through the/our Psychological-Tactile-Feeling!

It is to be 'hoped', that you, the reader, can 'arrive at' the/this same or similar 'conclusion', through the daily practice/doing of the/your basic cosmic egg and/or basic chair exercise, as develop/enhance the/your psychological Tactile-Feeling, Defining, Three-Dimensional-ising Body!?!

Also, not to do your #3, Ego Body, any 'favours!?!', it is 'important', that you read this again: This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR' of this physical world = which it/he is!?!

In which 'case' we simply read the letter of Saint Augustine of Hippo, post message number one, of 1 to 17, letter & egg!?! The 'Binding', that is in Augustine's letter, is a very, very deep occult one, and, which amuses the present writer, no end; is the fact, that Augustine was/is a Gnostic, who became a Church Bishop, and put out all his Gnostic stuff, with the 'names' changed, so that there were/was, no come back, on him!?!

So, anyway, leaving all that aside; the pressure is off = you = #0, outer, outer physically physical you!?! Whether your #3, Ego, likes it or not = YOU = #3 = DO NOT CREATE/MAKE ANYTHING = IN/ON THE/YOUR #0, Outer, outer physically physical world!?! ALL THAT YOU, #3, CAN DO! SHOULD DO! MUST DO!?! = IS OBSERVE = STARE, LOOK, SEE, WATCH IN/ON THE/YOUR PLANES!?! Ophiel does this/these 'actions' of staring, looking, seeing, watching, observing, through his 'techniques', as given in his book: Astral Projection, starting with his Little System right through to his Symbol Method.

At the/this moment, there is/are several members of this Particular Ophiel Magic Group, who cannot/do not as 'yet', are able to get/have Ophiel's materials 'work' for them, in a 'way that satisfies' them. This is/can be very frustrating to/for them. The suggestion, that there is another plane/level, standing 'between' the/their #0, outer physical plane and the/their #2, etheric plane = called/named #1, Malkuth Earth or Hades is simply an 'option', that they, the members, may wish to 'consider', at this time in the/their occult life/living development.

The 'idea?', of actually, factually, literally enhancing/increasing/developing the/your psychological tactile-feeling-body and then 'applying' this/these tactile-feelings to the/your #0, outer, outer physically physical body and the/your #2, etheric visualisation body, is simply one of logic/logical, (no pun intended), progression. In the 'practice run' of the/your basic cosmic egg and/or basic chair exercise = you = conscious-ness = are brought sharply/directly = into contact/communication = to/with the/this 'OTHER'!?!

As pointed out, in previous posts/messages, it may come as a 'surprise' to many #3's, out there, just how 'simple' and how 'little?' a part they = #3 = have to 'play' in the 'scheme of things!?!' Especially more so, when it is the/your #0 &+ #1 = **WHO ARE 'DOING' ALL THE 'TALKING'!?!'**

The basic cosmic egg exercise and/or basic chair exercise = CAN ONLY BE **'DONE'** IN THE/YOUR PSYCHOLOGICAL DARK-NESS, BLACK-NESS, BLIND-NESS!?!'

The basic cosmic egg exercise and/or basic chair exercise = CAN ONLY BE **'BELIEVED'** IN DARK-NESS, BLACK-NESS, BLIND-NESS!?!'

The basic cosmic egg exercise and/or basic chair exercise = CAN ONLY BE **'TACTILELY-FELT'** IN DARK-NESS, BLACK-NESS, BLIND-NESS!?!'

put it to the test! try it, use it, immediately now!?! Choose/select an object, circumstance, thing and/or it = visualise 'it' = then, when ready = switch to the/your = dark-ness, black-ness, blind-ness and Tactilely-Feel = it!?!

put it to the test! try it, use it, immediately now!?! Choose/select an object, circumstance, thing and/or it = Tactilely-Feel 'it' in the/your = dark-ness, black-ness, blind-ness = then, when ready = switch to visualising = it = and see if there is a/any 'difference'!?! Do the same to the/your = talismans, treasure maps/charts, rituals, prayers, hopes, wishes, desires!?!

The basic cosmic egg and/or basic chair exercise, is to show/reveal to the/your #0 &+ #3 bodies = in a 'tangible' = 'believable' = way!?! = that all 'three' of you = #1, #0 and #3 = can **'agree-with'**!?! As in Augustine's letter = the binding/believing, is/must be, in/on both parties = #1 &+ #0!?! (Notice? No #3!?!)

Now! In the terms/explanation of = SYMBOLS!?!' = once again, let the present writer try to 'assure' any/many of you(?), that there are/is, only one plane!?! Where you get/have SYMBOLS!?! And that 'is'!?!' = #1, malkuth earth/hades!?!

Big Occult, here, for you: What you 'have' in/on the/your #0, outer, outer physically physical earth = IS/ARE 'REPRESENTATIVES-OF!?!', 'IMAGES-OF!?!', 'STYLISED-ICONS-OF!?!' = SYMBOLS!?!

ALL 'SYMBOLS' = ARE 'TACTILELY-FELT' = IN/ON THE/YOUR #1, Malkuth Earth/Hades!?!

On the #0, outer physical earth = symbols are 'representative-of'!

On the #2, etheric plane = symbols are 'visualisations-of'!

On the #4, astral plane = symbols are 'emotions-of'!

On the #5, archetypal plane = symbols are 'foundations-of'!

On the #6, akashic plane = symbols are 'causes-of'!

But...in/on the #1, malkuth earth/hades plane = SYMBOLS-ARE-TACTILE-FEELINGS!?! AND! AND! = IT IS THIS/THESE THAT #1 USES!?! = to rule the world (physical world.) this/your physical world!?! End of occult!?!

Big occult here for you: ALL SYMBOLS ATTRACT!?! ALL SYMBOLS REPEL!?! = Water-of-Earth = Bowl 'inside' Cube. End of occult!?!

ARE YOU TRULY A 'SYMBOL' OF WHAT/WHO YOU ARE!?! Following on, from the above, you would/could/should, now be in position/place to 'understand why' your magic/occult doesn't 'work!?!', 'operate!?!', this is because = the work itself!?! = is not!?! = A SYMBOL!?! = ALL SYMBOLS ATTRACT!?! ALL SYMBOLS REPEL!?!

Are you = #3? = 'attracted?' to the idea of, the/your basic cosmic egg and/or basic chair exercises!?!

Are you = #0? = 'attracted?' to the idea of, the/your basic cosmic egg and/or basic chair exercises!?!

Are you = #2? = 'attracted?' to the idea of, the/your basic cosmic egg and/or basic chair exercises!?!

Or!?!

Are **you** = #1? = ‘attracted?’ to the idea of, the/your basic cosmic egg and/or basic chair exercises!?! If it ‘is’, the/your #1, then ‘hold on to your seat’!?! Here is what Ophiel writes, in his book: Creative Visualisation, his chapter nine: Law of Emotions:

“The word Emotion comes from the same root as the word MOVING, AND E-MOTION IS ALIVE. The truth is that there seems to be evidence that an EMOTION is actually a part of your **BEING**. **The real you**. We can’t go too far into psychology here, and I never did fully understand the psychological connection myself, **but it does appear that a strong Emotion is really a deeply connected part of your ego in some way**.”

For example, **if you should have a strong Emotion, that is repellent to you, for some reason, and you reject it, split it off from your personality, you have a real demon in the background of your mind that is raising Cain with you to get back into-with you**. Years ago, when I was first studying the Occult, there was much glib talk in Occult circles about a thing called the Dweller on the Threshold. No one knew what it was exactly but all spoke of it with bated breath and with great fear. I was never able to find out exactly what it is and as time passed, I forgot about it and heard no more about it until I started practicing Occult works.” End quote.

**BEING** = **the real you** = **IS** = the/your #1, malkuth earth/hades you!?!

**But it does appear that a strong Emotion is really a deeply connected part of your ego in some way** = CONNECTED THROUGH/BY/WITH = A ‘FIXED-SYMBOL’ (Called a ‘complex’!)

**If you should have a strong Emotion, that is repellent to you, for some reason, and you reject it, split it off from your personality, you have a real demon in the background of your mind that is raising Cain with you to get back into-with you**. = Repellent to you #3! Is a ‘fixed-symbol’ in/on the/your #1, malkuth earth/hades plane!?!

**Years ago, when I was first studying the Occult, there was much glib talk in Occult circles about a thing called the Dweller on the Threshold. No one knew what it was exactly but all spoke of it with bated breath and with great fear. I was never able to find out exactly what it is and as time passed, I forgot about it and heard no more about it until I started practicing Occult works** = #1, Malkuth Earth/Hades = Irrational = Childish, Foolish, Blind!?! Tactile-Feeling-Body = Demiurge = Black-Astral-Light = at the/your #1, Malkuth Earth/Hades Plane Level!?!



Ophiel continues:

“When I had completed the preliminary work that led up to the writing of the book *The Art and Practice of Astral Projection* I had, by that time, settled many of the “conflicts”, that is I had welcomed back into me most of the things that I had formerly rejected; and therefore when I started to project, by the different systems, I encountered no dweller on my Threshold. Oh, there were a few things as described in the book; those noises and various images came to me but I recognised them for dream projected images and as soon as I started to work with them they disappeared, (which was when I took them back into me), although I will admit that I did not recognise them at the time as projections of me, which I had formerly rejected, and I am just now connecting these different things up, so I understand them, and their relation to Occult work.” End quote.

Not too sure about this part? = and various images came to me but I recognised them for dream projected images and as soon as I started to work with them, they disappeared? = don't think the present writer read anything about 'dream projected images', in Ophiel's first book: certainly, met them though!?!

AS LONG AS THERE IS/ARE 'TACTILELY-FELT-SYMBOLS' = THERE WILL BE IMAGES!?!

When the 'images are worked with', then the 'power/energy of the symbol', fades back into the dark-ness, black-ness, blind-ness, and is no longer 'observed' in/on the planes/levels of white light!?! Where it is only 'observed' as 'principle'!?!

Please study carefully: When/if an emotion is believed = IT AUTOMATICALLY BECOMES/IS (Invokes/Evokes) = A SYMBOL (A fixed-point) If you study carefully(?), you can see/read for your selves, that the two Heh = ARE VIEWS = WHEREAS = Vav = IS A REFLECTION-OF = THE/THOSE TWO VIEWS (Heh = window = view?)

H.

V.

H.

Yod, is where the/your 'I-Say = Conscious-ness' = IS AT!?!

Y.

H.

V.

H.

Coming down/out!?!

H.

V.

H.

Y.

Coming up/in!?!

The two view-points = Heh. are bridged by/with the Reflected-Image = Vav, which is a symbol-of the-point-of-view! Both Heh, are of the, elemental earth 'principle'. Consciousness 'Y' = is 'in' the/our/your #0, outer, outer physically physical body = we can only use our #0, outer, outer physically physical body? If/when we wish to change/alter our #0 = Physical Status!?! = with/through/by our Inner-Planes!?! The first **Heh**, view = tells us = consciousness = where we are at!?! = Symbol 'or' Emotion!?! Any 'change/alteration/amendment/adjustment' we are going to 'make' = starts/begins with one of these 'Heh'! Whatever/whichever 'CHANGE' we 'Y' choose, is/will be 'Reflected' in 'Vav' = the transition/transformational plane. Here is what Ophiel writes in his book: Creative Visualisation; his chapter: Reversal of the Planes:

"The point of all this is that all forces that influence the physical plane are DUAL, THEY HAVE TWO SIDES TO THEM. Every force that you contact to do work for you, has this double side-ness to it **and when you contact the force you contact both sides at once**. Now although you may get the force to work for you for some time the way you want it to work; the time will come, sooner or later, when the opposite side of the force will take over and you

will, by its reversal, lose all you have gained! And that when you least expect it.” End quote.

The above ‘happens’ when you = Y = conscious-ness = suddenly change/alter, the/your view = H. V. H. = as you can see!?! As soon as you start/begin a ‘practice run’, of the/your basic cosmic egg and/or basic chair exercise, you started/began, this H. V. H. If you read Ophiel’s vignette: The Power of Speaking Things and Conditions into Existence, and you ‘use’ the two ‘H = view’, then many of the/his ‘pairs of opposites’ simply ‘fall into place’, with the ‘V’ and the ‘Y’. This you are ‘learning’ in the/your ‘practice run’, of the/your egg/chair exercises.

Only in/on the plane above, higher, over, before and in-front = do you get/have the ‘pairs-of-opposites’!?!

Only in/on the plane below, lower, under, after and behind = do you get/have the ‘one-side-of-a-force’!?!

Only in/on the #0, outer, outer physically physical plane = do you get/have the use of, ‘one-side-of-a-force’!?!

Doesn’t that tell you, the reader ‘something!?!’.

Ophiel tells us, in his vignette; The Power of Speaking Things and Conditions into Existence, and in his book: Creative Visualisation, that when we ‘contact’ a force, we ‘contact’ = both sides at once = and that = both sides have ‘equal power’!?! Doesn’t that tell you, the reader ‘something!?!’.

Thank you.