

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

1 of 1. duality. 2020

If you read Ophiel's vignettes: The Two Dreamers, The Two Creators and More Ideas about God, along with his; Why do you let the 'Devil' USE you: Your understanding, it is, to be 'hoped', will be/become more. Ancient 'techniques', are 'in' the narrative, and 'in' the names/actions of the 'players', within the myth/story.

Demeter 'carried/held aloft' a 'torch/light' in her hand, when she went 'looking/searching' for Persephone = and she (Demeter), couldn't 'find/discover' her (Persephone). The 'torch-light' is/was, the 'symbol-of' Etheric Light = visualisation/image/ideal = which does not work/operate = in/on the/your #1, malkuth earth hades!?!

Eros tells Psyche 'bring no light!?!', when they = tactile-feeling &+ defined symbol = meet!?! Psyche is a child of Earth = #1, Malkuth/Hades Earth!!! But...she wants to = 'stare, look, see, watch, observe' = IN THE 'LIGHT!?!' = which is 'not!', one of the laws, rules and governances of, the/your #1, malkuth earth/hades = WHERE, IF YOU WISH TO '= Stare, Look, See, Watch, Observe' = THEN YOU MUST 'DO SO' = THROUGH/BY/WITH = YOUR TACTILE-FEELING!?!

Now, here is where, the 'technique is explained' in part, and is very much 'in keeping' with Ophiel's presentation of his 'own technique'.

When Demeter couldn't find/discover Persephone, she 'withdrew' and everything began to wither and die. Zeus, could not allow this, as it meant that, without humans = The Gods(?) would 'die?' = Zeus, who 'observed' everything, that 'passes', knew that his brother Pluto had = grasped, grabbed, gripped, snatched, held, touched, tactilely-felt = Persephone, who was/is, now in a 'duality = all in/on the same/one plane' = with her (Persephone), so he, Zeus, sent word to his brother, through Hermes, that he must 'release' Persephone. But she, Persephone had already experienced = TACTILELY-FELT!?! = The plane/level of Hades/Pluto = So that she, Persephone = WAS NOW IN A 'DUALITY-WITH' = THE/THAT WHOLE PLANE/LEVEL = AND 'WITH' EVERYTHING = IN/ON THE/THAT LEVEL!?!

When a person/individual = is in/on a/any plane, then 'all-other-planes' = are 'subjective'!?!

It is only! When ‘conscious-ness’ reaches the/this/our #0, outer, outer physically physical plane, that we (conscious-ness) = have to look ‘up = in’ to heaven = assume!?!

It is only! When ‘conscious-ness’ reaches the/this/our #1, malkuth earth/hades plane, that we (conscious-ness) = have to look ‘behind/back’ = polarity = to/towards #0, outer, outer physically physical earth!?!

Please see/read Ophiel’s first lesson, in his Correspondence Course in Astral Projection, for looking back/looking behind.

When you, the student, practitioner, magician, occultist = Stare, Look, See, Watch, Observe, in/on the/your #1, malkuth earth/hades plane = YOU WILL/SHALL ‘DO SO’ = THROUGH/BY/WITH/VIA = THE/YOUR PSYCHOLOGICAL-TACTILE-FEELING-BODY!?!

When you, the student, practitioner, magician, occultist = Stare, Look, See, Watch, Observe, in/on the/your #0, outer, outer physically physical earth plane = YOU WILL/SHALL ‘DO SO’ = THROUGH/BY/WITH/VIA = THE/YOUR ‘USE-USING-USED-BODY’!?!

IN EACH/BOTH ‘CASES’ = WHEN YOU = CONSCIOUS-NESS = ARE IN/ON THE/ANY PLANE = THE ‘OTHER’ PLANE/PLANES = HIGHER OR LOWER!?! = IS/ARE/BECOME = SUBJECTIVE!?!

When/if you ‘project’, you will/shall better understand this. Go you now to Ophiel’s book: Astral Projection, and read Ophiel’s chapter: Dream Method, wherein you can read this part:

“There is another important thing that I want to call to your attention, a thing that you will experience more and more in your work on the inner planes. With the consciousness that you are dreaming will come another kind of consciousness – that of being DUAL. For the first time you will realize that there is – are TWO OF YOU. One YOU in the dream and one YOU at home in bed asleep!!! This is a sensation you will not forget!!!” End quote.

Please study this part of the above Ophiel quote, very, very, very, carefully!!!!

“For the first time you will realize that there is – are TWO OF YOU. One YOU in the dream and one YOU at home in bed asleep!!! This is a sensation you will not forget” End quote.

If you choose to test, try, use, the/your basic cosmic egg and/or basic chair exercises, to develop/enhance your aware-ness, awake-ness and conscious-ness, of the/your psychological tactile-feeling-body = THEN? POSSIBLY? FOR THE ‘FIRST-TIME?’, YOU = #0 &+ #3 = WILL/SHALL REALISE? = THAT THERE ‘IS/ARE’ = TWO OF YOU!?! = AND THAT YOU = CONSCIOUS-NESS = CAN/DO = EXPERIENCE THIS WHILST AWAKE, AWAKE, CONSCIOUS = IN/ON THE/YOUR #0, Outer, outer physically physical plane!?!

Now! During the/your daily practice/doing of = the/your basic cosmic egg exercise, you will/shall find/discover = THAT THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL WORLD = DISAPPEARS!?! = FADES FROM CONSCIOUS-NESS!?! HAS BECOME/IS NOW = SUBJECTIVE = TO/FROM = WHERE YOU – CONSCIOUS-NESS = ARE NOW!?!

Any #2, etheric projection/visualisation, that you may ‘have’ = CAN NOW BE = grasped, grabbed, gripped, snatched, held, touched, tactilely-felt = Persephone = IN A ‘DUALITY = All! = IN/ON THE SAME/ONE PLANE!?! (Please put all of the above = to the test!?!)

When Augustine says/writes = agree-with = thine adversary/opposer = he is not writing to/about you #3!?! AND TO ‘AGREE-WITH’!?! = YOU = CONSCIOUS-NESS = MUST BE IN/ON THE SAME/ONE PLANE TO DO SO!?! = DUALITY!?! Why? Is this ‘duality’ thing, so important!?! Please study this very, very, very, carefully!!!! Duality ‘IS’ BELIEF, BELIEVE, BELIEVING, BELIEVED!?! (Please think about this until you understand it!?!) Hence, why? You should study Ophiel, and his ‘techniques’ of/for ‘projecting’!?!

The present writer has known many persons/individuals who did not believe, that duality was/is = belief, believing, believed = who did not believe, that duality was/is = all in/on the same/one plane = and then/when they ‘died’? = no more duality! = no more believing? At the/this ‘moment’, the present writer is ‘in’ a ‘duality’ to/with every, thing/other = that is also = physically physical = distance being no objection!?! When ‘projecting’ = every ‘other’ plane/level ‘other than’, the one they are in/on = is subjective!?! = as is, what happens

when(?), we go to 'sleep'!

As conscious-ness is 'transferred' from plane to plane, this/these 'transfers' are described as 'directions?' = up/in, down/out = coming down/out = plane to plane. Everything that is 'polarised' so that it (the 'direction') = is all facing the same/one way = outwards/downwards. Everything that is 'assumed' so that it (the 'direction') = is all facing the same/one way = upwards/inwards. But...if any conscious-ness = stops/halts = in/on any 'one' plane = then that 'conscious-ness' is 'in a duality' to/with that plane!?! Thus, 'all other' planes, is/are/become = subjective!

In the present writer's 'case' when they stand and do/practice the/their basic cosmic egg exercise, their #0, outer, outer physically physical world/body 'disappears?', 'fades from conscious-ness?', 'is subjective?' and what 'feels like' a couple of minutes, can end up fifteen to twenty minutes?

In the basic chair exercise, where 'conscious-ness' stays, in/on the/their #0, outer, outer physically physical plane, conscious-ness, is able to 'peak/look' at/inside, to/towards, the/their #1, malkuth earth/side as it 'operates/works?' As the present writer, stands/sits and simply 'observes' the/their #1, malkuth earth/hades body 'doing its work' (pushing down/pushing up, in 'reverse') This is one of the 'times' = when 'both bodies share'!?! = that 'both bodies meet' = that conscious-ness &+ #3 = can 'observe'!?!

There is/are 'days', when the present writers #1, malkuth earth/hades body = just doesn't want to play!?! Doesn't want to 'share?' = just isn't there? Like a writer's 'block?' or an artist's 'lack of inspiration?' One of the 'way's', to get 'around this' is to 'develop' a 'technique/style/skill' which the/your #1, will 'accept' and 'automatically reflex' on. Sports persons/Musicians and others, refer to this as, 'being in the zone!?!', (where the 'work' is 'done for them.')

The basic chair exercise, is described by Ophiel, in many places, in his writing's. Here is one, from his second book; Creative Visualisation; his Chapter number ten: Reversal of the Planes.

"Now the reason for this is – In relation to our plane the next inner plane is reversed to this one!! Then the next inner plane is reversed to that one!! And so, on down to the end of the planes as far as the physical cosmos is concerned! Or to say it in a more, simple way, each

inner plane is inside out to each other. **WHAT IS COMING HERE IS GOING THERE!**” End quote.

WHAT IS COMING HERE IS GOING THERE = basic chair exercise = standing/sitting. Next this:

“Here is a simple illustration, rather too simple in a way, but try to understand it thoroughly. Let us, for example, say that on our physical plane we plan to go for a picnic. As you well know we would start at the beginning here like 1-2-3-4 etc. We plan the picnic, we buy the food for the picnic, we cook the food, we then prepare it in other ways, we pack the food in baskets, we travel to the picnic grounds, we carry on there all day, and then come back home.

Now if there were such things as picnics on the Etheric Plane, the plane next to this plane, to “go” on a picnic **WE WOULD COME HOME FIRST, SPEND THE DAY AT THE PICNIC GROUNDS, PACK THE FOOD IN BASKETS, PREPARE THE FOOD IN OTHER WAYS, WE WOULD COOK THE FOOD, WE WOULD BUY THE FOOD FOR THE PICNIC, WE WOULD PLAN THE PICNIC, ETC:** You see I can hardly make sense in writing this down and yet that is the way the plane next to this plane functions.” End quote.

You see I can hardly make sense in writing this down and yet that is the way the plane next to this plane functions = the present writer, knows what Ophiel means = Pushing down = to stand up? Pushing up = to sit-down? Next this:

“In the section previous to this one I told you that in one of the few genuine portions of the new testament Jesus is supposed to have said – “Whatever things you want believe that you have them already and you will have them.” Now, in view of this reversal process can you see why you start out getting something by **FEELING THAT YOU ALREADY HAVE IT?** By doing your creative visualization work this way you are working with the Laws of the Inner planes and not against them.” End quote.

By FEELING THAT YOU ALREADY HAVE IT? = One of the ‘places/planes’ = WHERE YOU MUST HAVE ‘IT’ (Object, Circumstance, Thing and/or IT) IS IN/ON THE/YOUR #1, Malkuth Earth/Hades Plane!?! Where = **FEELING** = IS/MUST BE = **TACTILELY-DEFINED-THREE-DIMENSIONALLY!**!?!

By doing your creative visualization work this way you are working with the Laws of the Inner planes and not against them = working 'with', the/your #1, malkuth earth/hades body = means = that the 'onus' is on us = #0 &+ #3!?!)

So? HOW? Do we = #0 &+ #3 = work with? The/our #1, malkuth earth/hades plane/body?

1. Our #0, outer physical body is a 'projection of' the/our #1, malkuth earth/hades body?
2. There is 'no' etheric light, in/on the/our #1, malkuth earth/hades body?
3. #1, is invisible, secret, hidden, unseen, occult, black-on-black, black-astral-light?
4. #1, is non-judgemental, is passive, is receptive, is reflexive, is reflective = Water-of-Earth?
5. #1, receives all? (for all this is delivered unto me.)
6. #1, is the one = who must = believe, is believed, is believing, have/has belief?
7. #1, will 'give IT', to whomsoever #1, chooses?
8. How? Do we = #0, get it #1, to 'choose us = #0'?
9. Those who are like us are one of us?
10. Be-become dark, black, blind = tactilely-feel, define, three-dimensional-ise?
11. Create/make a = duality = be in/on the same/one plane = conscious-ness + tactile-feeling?

The basic cosmic egg and/or basic chair exercises, is/are for your psychological tactile-feeling-body, thus, as you/if you, choose to test, try, use these two exercises, to see/find out/discover, if, they are for you, the reader at this moment in your 'occult' life/living, then perhaps, even though you may not 'be the greatest', of 'etheric projectors', even though you may not 'be the greatest', of magicians/occultists(?), you 'are!' at this particular moment in time = THE 'GREATEST' OF #1, Malkuth Earth/Hades = PROJECTORS = otherwise you = #0 &+ #3 = would be dead!?! (No 'duality' to/with the/this #0, outer physical plane!?!)

Here is what Ophiel writes, same book: Creative Visualisation, his chapter: The Barrier:

“Attend to the following knowledge carefully. WORDS-SPEECH ARE THE “LANGUAGE” OF THE CONSCIOUS MIND WHEREAS FEELINGS ARE THE “LANGUAGE” OF THE SUBCONSCIOUS MIND.

So, I repeat again – All the trouble we have in the world, in living this material life successfully and fully comes from the differences in COMMUNICATIONS BETWEEN THE TWO MINDS. The inability of these two minds to talk to each other. To get ideas and commands over to each other! Conscious-you to talk to unconscious-you! Hardly in your whole life have you been able to tell yourself what you really mean! In studying this book, and learning therefrom the Art of Creative Visualization, you are entering upon a new phase in your life; a phase in which you can learn to communicate properly to and with your sub-conscious mind. You can learn to give your sub-conscious mind positive directions and have them obeyed by it in order to get things done for you.” End quote.

WORDS-SPEECH ARE THE “LANGUAGE” OF THE CONSCIOUS MIND WHEREAS **TACTILE-FEELINGS** ARE THE “LANGUAGE” OF THE SUBCONSCIOUS MIND = AT THE/YOUR #1, Malkuth Earth/Hades level.

So, I repeat again – **All the trouble we have in the world, in living this material life successfully and fully comes from the DIFFERENCES in COMMUNICATIONS BETWEEN THE TWO MINDS** #0, Conscious USING you ‘and’ #1, **TACTILE-FEELING** you. **The inability of these two minds to talk to each other.** To get ideas and commands over to each other! #0, Conscious-you to talk to #1, Unconscious-you! **Hardly in your whole life have you been able to tell yourself what you really mean!**

In doing/practicing, the/your basic cosmic egg and/or basic chair exercises, in order to ‘enhance/develop’ = psychological **tactile-feeling-body** = YOU! = #0 &+ #3 = HAVE NOW ‘CHANGED/ALTERED’ = THE **DYNAMIC** = BETWEEN!!!?! = THE/THESE/YOUR ‘BODIES’!?! You = #0 &+ #3 = ARE NOW ‘SHARING!?!’, ‘HARMONISING!?!’, ‘CO-OPERATING!?!’, ‘PARTNERING!?!’, EXPLAINING!?!?! AND! AND! ABOVE ALL(?) #1 to #0 = BELIEVING! BELIEVED! BELIEVING! = HAVE BELIEF!?!

BUT...THE/THIS = BELIEVING! BELIEVED! BELIEVING! = HAVE BELIEF!?! = IS/WILL BE/SHALL BE = BASED ON THE ‘DEPTH OF’ = THE/YOUR, CONSCIOUS-NESS = DUALITY!?! = ALL = in/on the same/one #1 plane!?! Thus, as Ophiel/Fortune write: You cannot ‘control’ a plane until and unless, you can ‘control’ the one above, over, higher, afore and in-front of it?

So, decide for yourself, if the/your #1, malkuth earth ‘sphere’ at the ‘bottom’ of your tree/map, is the/your actual, factual, literal #0, physical earth or not!?! (Hint! It is ‘not’ #0!?!)

Here is what Ophiel writes in his book: Caballa Magic, chapter 3:

“And next we come down to the last of the Sephirah on the middle column/pillar, Malkuth, **or the sphere of the Elemental Force of Earth, not Earth itself, please note carefully**. Malkuth is the only Sephirah that is multi-compartmented. Malkuth consists of four quarters, which quarters are labelled Air, Fire, Water and Earth.

Malkuth, therefore, has four elemental symbols attached to it, viz. (see third diagram): Air of Earth, Fire of Earth, Water of Earth, and Earth of Earth. As you can see, Malkuth can be readily called the sphere of the Elements, or of the Elemental Forces, **as all the Elements come to rest here**.

You can note that before, the Elemental Forces were somewhat separated from each other, **but here in Malkuth, they are very close, and mutual reaction is quite easy. In the sphere of the Elemental Forces of Malkuth lies the mystery of our physical being – Being**. Great and profound statements could be written here at this point of our book, and immense vistas, inner vistas, of philosophic observations and conclusions come to the surface of consciousness, **but what good is all that, in a certain sense? What we want is something practical, some practical directions of DOING something about our lives**. Or, as the cliché goes, something we can get our teeth into as to how to live this physical life successfully. In my former books, and in the books to come, I hope, I have presented many “tools,” mental and metaphysical tools, for you to use right here and now on this Earth Plane.” End quote.

Ophiel writes, in his books, that the ‘white astral-light’ with all five, elemental ‘forces flowing together as one’, is the ‘white-light’. You now(?), already know(?), that when the all five, elemental ‘forces stop flowing’ are/become ‘fixed’ = that this is the ‘black-astral-light’ = psychological **tactile-feeling, defining-three-dimensional-ising!?!**

Farther on, Ophiel writes this:

“Then again, I cannot tell you **exactly** how to influence and change your future!! **People are all different from each other, and each of you must find the key to his life “lock” for himself and only he can “do” it, and only he can use it**. I’m sorry, but the foregoing statement is much different than you have been led to expect by other teachers, and even religions. **They would have you believe that there is a Universal panacea, a Universal answer to a multitude of puzzles. You can see that these things are not true; how could each of our lives be the same, and yield to the same methods and answers?** You are on the right track. You are acquiring knowledge and, knowledge compressed together becomes Wisdom, your knowledge becomes your wisdom, and your wisdom solves your life’s problems. That is your job.” End quote.

This answers your question of ‘why it’ doesn’t ‘work for you’, in the ‘way’, that ‘you = #3?’, think!?! That it should!?! (#3, Ego body, present incarnation, personality body = can only ‘observe’!?!) Also explains ‘why’, the ‘suggested’ chair/egg/letter/tattva = doesn’t ‘work for you’, in the ‘way’, that ‘you = #3?’, thinks!?! That it should!?! You haven’t yet reached the point/place, where you #3; can stand aside? And let your #0 &+ #1 = talk to each other!?!

Egg/chair/letter are all ‘techniques’ of/for you, #3, to ‘let go’ and ‘observe’, study Ophiel’s first two methods of/for, #2, etheric projection and look closely/observe, how much ‘emphasis’ Ophiel places on ‘visualisation observation’ for #2, etheric projections, and then ‘compare’ these, with the egg/chair/letter exercises, which puts/places the ‘emphasis’ in/on the/your #1, malkuth earth/hades = psychological tactile-feeling!?! Can you, do you, are you? Able/capable of, psychologically tactilely-feeling an object, circumstance, thing and/or it, with actually, factually, literally = using = the/your #0, outer, outer physically physical body!?! The answer is ‘yes’, but...the moment/instant that ‘both bodies agree!?!’ Then, irrespective of ‘consequences’ = it happens!?! Consciously/Un-consciously = won’t/doesn’t matter one single jot!?! Here is how Ophiel writes it, from his book: Talismanic Magic, his chapter: charging a talisman:

“Also, when something like this happens, do not yield to some old crab’s croaking’s, saying gleefully; “I told you so” etc. No-thing in this Physical Life IS EVER GOING TO BE PERFECT AND DON’T EXPECT IT TO BE.

As a member of the human race which is allied to God in some mysterious way (and the connection is through the subconscious mind) and this alliance is up to you to discover and develop, and thus escape from manhood to Godhood; and to escape a lot of hereafter earth trouble.” End quote. (Underlines are the present writers.)

One of the ‘strangest of things?’, about this ‘supposedly’ sub = under + conscious = aware, awake = mind = IS THE ‘AMOUNT!?!’ OF ‘PROJECTION/CONNECTION’ THAT IT ‘HAS!!!’ WITH THE/OUR #0, OUTER, OUTER ‘SENTIENT-NESS’ AND YET! WE = #0 &+ #3 = JUST DON’T GET IT!?! And yet, Ophiel explains it, very, very clearly, in his book: The Occult, his chapter: Start of Qabalah Study: in this chapter, Ophiel asks his readers to take a large sheet of paper and draw a line under each of the three circles = Air of Air, Water of Air, Fire of Air; next Water of Fire, Fire of Fire, Air of Fire; next Water of Water, Fire of Water, Air of Water and lastly Air of Earth, Water of Earth, Fire of Earth and Earth of Earth.

Well none! None! Of these circles individually or collectively are, at any time = #0, Outer, outer physically physical!?! = ALL! ALL! STOP/HALT/END = At the/our/your #1, Malkuth Earth/Hades Plane!?! Thereafter = THERE IS NO MORE MANIPULATIONS = ONLY! ONLY! = PHYSICALLY PHYSICAL = USE, USED, USING!!?! This is ‘why!?!’ we #3 = cannot/do not change/alter/amend and/or adjust = the/our/your #0, outer, outer physically physical world!?!

ONLY! ONLY! = THE/OUR #1 = TALKS TO OUR #0!?! = Polarity!

ONLY! ONLY! = THE/OUR #0 = TALKS TO OUR #1!?! = Assume!

ONLY! ONLY! = THE/OUR = CONSCIOUS-NESS - HAS = Duality!

Polarity and Assume = are the directions/projections of = conscious-ness = as it (conscious-ness) = moves = in/on through the plains, when/if conscious-ness = STOPS/HALTS = in/on any plane = THEN YOU HAVE DUALITY!!?! Duality = all in/on the same/one plane!!?! = A ‘PROJECTION!?!’

Conscious-ness = is = Duality!

Duality = is = Conscious-ness!

DUALITY = IS! = BELIEF, BELIEVE, BELIEVED, BELIEVING!!?!

This is what ‘happens’, is ‘taking place’ = during the/your basic cosmic egg and/or basic chair exercise and in the letter of Saint Augustine of Hippo. Also! Please put the above to the test! Try it! USE IT!!?!

During your #0, outer physically physical waking hours = LOOK ABOUT YOU = AND ‘KNOW!?!’ = THAT YOU = CONSCIOUS-NESS = ARE NOW!! = IN A = DUALITY-WITH!!?! = THE/YOUR #0, Outer, outer physically physical plane!?! = EVERY ‘THING!?!’ = OBJECT, CIRCUMSTANCE, IT!?! = IS NOW/TOO/ALSO/AS WELL = IS!! = #0, Outer, outer physically physical = YOU = CONSCIOUS-NESS(?) = ARE NOW GOING ‘ACROSS’ THE PLANE!!?! (No polarity/no assuming) = YOU = CONSCIOUS-NESS = ARE NOW = USE, USING, USED = The Plane!?!

When/if you #0, ‘use’, the/your egg/chair/letter = you = conscious-ness = are also/too/as well as = are ‘using’ = your #1!?! The ‘most powerful’ of dualities that we have/posses, is that of the/our/your #0, outer physical plane body, and the reason of/for this, is because this,

type/kind of ‘duality’ = comes-from!!!! = is from!!!! = is straight from!!! = the/our/your #1, malkuth earth/hades plane body!?! Even if, even though, you, the reader, are not aware, awake, conscious to/of this, it doesn’t matter!!!! Un-conscious-ness, won’t/doesn’t stop ‘it’ happening!?! Here it is from Ophiel, same book, same chapter:

“the object of your Talisman is to persuade. (Along with all kinds of prayers, supplications, petitions, please, calls, beseech-ments, implorations, invocations, and entreaties.) All these actions are made basically for the purpose of altering physical circumstances which are present manifestations of the present action patterns of the, can we say, “local” Astral Light combinations: Also, do not forget that there appears to be strong evidence that present unwanted adverse actions of the present Astral Light combinations in your life are of your own ignorant doing or of the doing of others about you.

So therefore, many answers to prayers, and answers to successful Talisman workings, are often merely a stopping of what you are doing wrong, or influencing the Astral Light in the wrong way, and this stopping can be brought about by you by preparing the Talisman and studying all the factors involved, and thereby gaining some conscious insight into what is wrong and making conscious connections.” End quote.

Are often merely a stopping of what you are doing wrong, or influencing the Astral Light in the wrong way, and this stopping can be brought about by you = TACTILELY-FEELING, DEFINING, THREE-DIMENSIONAL-ISING = YOUR OBJECTS, CIRCUMSTANCES, THINGS AND/OR ITS!?! In/on the/your psychological dark-ness, black-ness, blind-tactile-feeling-ness, handling, touching, sharing, believing, believed, belief, believed = DUALITY!?!

The ‘duality’ of the ‘forces’ is/are only in/on the plane above, over, higher, afore and in-front!

The ‘duality’ of use, using, used is/are only in/on the plane below, under, lower, after and behind!

#2 = standing/sitting = as single force!

#1 = standing/sitting = as single force!

#0 = standing or sitting = use, used, using = as duality = you #0 = and one side of = the force = duality!

See/read Ophiel's vignette: The Power of Speaking Things and Conditions into Existence; second book, Creative Visualisation. See basic chair exercise. The/your number one malkuth earth/hades plane = Takes? Holds? Grips, Grabs, Grasps = the Opposite/Adverse = Felt as Resistance!?! Felt as Inertia! Felt as Inert! This is, as Ophiel writes/describes, where everything is the 'reverse', but once you are 'there' then you 'accept this reversal', as the 'right-way-up'?! Here is an example, from his book: Caballa Magic, last chapter, last page, last two paragraphs:

“Here, at this point, is one of those tricks, deceptions, dead ends, and riddles which abound in the Occult. This matter has been treated elsewhere in other books, and writings, to which I refer you, but I will cover some of the ground here again.

In the first place, between this Earth Plane and the Etheric Plane there seems to be a well-defined “*reversal*” pattern. What is coming “here” is going “there.” Man is upside down, end for end, reversed to the Etheric Plane. Therefore, this Force is not in reality ascending – it is descending!!” End quote.

Thank you.