THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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It is difficult to express, but there is no duality within a force. Here is what Ophiel writes, in his book: Caballa Magic; his chapter 5:

"I can digress here for a moment. In the next book we will go into the matter of the kind of material there is in the universe (and I may repeat this whole paragraph). Here I just want to mention in passing that different Gnostic systems postulated the existence of TWO SUBSTANCES in the Cosmos. And, these two substances were called LIGHT and DARKNESS, and so on. The two substances system was called, naturally, Dualism (which idea never

entered my head before)." End quote.

When it is looked at/examined, it is the 'one substance', that 'becomes two', by/with the 'one' = staring at, looking at, seeing at, watching at, observing at = its self(?) = as being = separate of/from = its self = its = own projection!?! ITS 'OWN' = TACTILE-FEELING! Here is what Ophiel writes in his same book: Caballa Magic, his chapter two:

"And lastly we come to Malkuth. Here is where we are now. One of the titles given by *The Mystical Qabalah* which does make sense is Sphere of the Elements. Here the Elemental Forces, which entered the top of the Tree as Light, have come to "rest" here as Earth, solid Earth (but it is still Light, not really "solid" at all – it only "appears" solid by a process which I will endeavour to explain in the coming parts of this book. Boy, it will be difficult though! No one has ever been able to do it. But I'll try, and you try to comprehend – hard – work on it with all your perception.)" End quote.

It is the present writer's 'perception' that 'duality' (for them – the present writer), is; going across the plane = all, everything in/on the same/one plane!?! The 'perception of duality' is best expressed, by/with Ophiel's three vignettes: The Two Creators/The Two Dreamers/More Ideas about God and his book: Contacting the Demiurge.

Essentially one part 'stares' at the 'other' part = in/on the same/one level!?! As if/as though = Staring Across At!?! Then the/this 'second part' = 'stares down/out!?!' = until it (the second part) = tactilely-feels-believes = 'it' = to 'be' = not only the 'real part!?!' = but...the 'only

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part!?!' = Thus, the 'schism' is complete!?!
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The 'schism' = This is me!?! This = is all of me!?! This = is who/what I am!?!
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The 'schism' = $\underline{\text{puts us}}$ = $\underline{\text{conscious}}$ -ness = $\underline{\text{to sleep}}$!?!

The 'schism' = <u>is</u> '<u>broken</u>?', <u>changed</u>, <u>altered</u> = <u>when</u> '<u>we</u>?' = <u>stare/look</u>!?! (<u>tactilely-feel</u>) = <u>for our self</u>!?!

Schism (noun), from Old French, 'scisme/cisme = cleft/split' a cleft, a split 12th century. From Greek 'skhisma/skhismatos'. From the stem of 'skhizein = to split. From the Proto-Indo-European Root word, 'skie = to cut/split' (Divide?).

Ophiel teaches this 'staring', in his first book; Astral Projection and in his Correspondence Course of the same name. When an individual is successful, in his exercises, they are then able to #2, Etheric Project!?! In the present 'suggested' recommendations of the present writer; when an individual is successful and/or succeeds in the basic cosmic egg and/or chair and/or letter of Saint Augustine of Hippo; then they (the reader/student) is/will be successful in 'projecting' into/onto the/their psychological dark-ness, black-ness, blind-ness, and once 'there' = actually, factually, literally psychologically tactilely touch/feel/define = the/their object, circumstance, thing and/or it = in such a 'way' = as to have = belief, believe, believed, believing!?!

Their desire, want, need, broodings = will be/shall be = <u>DIRECTLY BEHIND THEM!?!</u> = <u>MOVING THEM!?!</u> = <u>DIRECTING THEM!?!</u> = <u>MOTIVATING THEM!?!</u> = <u>DRIVING THEM!?!</u> (Get 'Thee' <u>Behind Me!?!</u>)

In the basic egg exercise, the 'position/place' of/for the operator to 'observe' <u>themselves(?)</u>, is <u>behind</u> and slightly above and over to the left side of the head, so that they are 'looking down!?!' = 'looking back!?!' = 'looking from on high!?!'

As a person begins the/their basic cosmic egg exercise, it is 'important' that they, the operator, <u>understand</u>, the '<u>objective of/for</u>' the 'exercise'!?! = <u>WHICH IS</u> = <u>TO ENHANCE/DEVELOP</u> = <u>THE/THEIR</u> = <u>PSYCHOLOGICAL</u> <u>TACTILE</u>-<u>FEELING-BODY</u>!?!

Please note carefully! Very, very carefully!!

As a person/individual practices Ophiel's methods of projection/conscious-ness 'transfer' to the/their #2, etheric plane, <u>unknown to them</u> = #0 &+ #3 = their #1, malkuth earth/hades body = <u>tactile-feeling-body</u> = <u>IS DEEPLY INVOLVED</u>!?! <u>CONSCIOUSLY/UN-CONSCIOUSLY</u> = <u>WON'T/DON'T/DOESN'T MATTER ONE JOT!?!</u> THE/THEIR = #1, Malkuth Earth/Hades Body = <u>tactile-feeling-body</u> = <u>IS DEEPLY INVOLVED</u>!?!

In/on the/your #1, malkuth earth/hades plane = <u>THERE IS</u> = <u>NO</u> #2 <u>ETHERIC LIGHT!?!</u>
In/on the/your #0, outer physical earth plane = <u>THERE IS</u> = <u>NO</u> #2 <u>ETHERIC LIGHT!?!</u>

IF YOU WISH/WANT #2 ETHERIC LIGHT = <u>DO/PRACTICE</u> #2, ETHERIC TECHNIQUES!?! (Reflections = Visualisations.)

IF YOU WISH/WANT #1 MALKUTH LIGHT = <u>DO/PRACTICE</u> #1, MALKUTH TECHNIQUES!?! (<u>Tactile-Feeling</u>!?!)

IF YOU WISH/WANT #0 PHYSICAL LIGHT = <u>DO/PRACTICE</u> #0, PHYSICAL TECHNIQUES!?! (Use, used, using.)

Here is how Ophiel writes it, in his book: Caballa Magic, his chapter three:

"And next we come down to the last of the Sephirah on the middle column/pillar, Malkuth, or the sphere of the Elemental Force of Earth, not Earth itself, please note carefully. Malkuth is the only Sephirah that is multi-compartmented. Malkuth consists of four quarters, which quarters are labelled Air, Fire, Water and Earth. Malkuth, therefore, has four elemental symbols attached to it, viz. (see third diagram): Air of Earth, Fire of Earth, Water of Earth, and Earth of Earth. As you can see, Malkuth can be readily called the sphere of the Elements, or of the Elemental Forces, as all the Elements come to rest here. You can note that before, the Elemental Forces were somewhat separated from each other, but here in Malkuth, they are very close, and mutual reaction is quite easy.

In the sphere of the Elemental Forces of Malkuth lies the mystery of our physical being — Being. Great and profound statements could be written here at this point of our book, and immense vistas, inner vistas, of philosophic observations and conclusions come to the surface of consciousness, but what good is all that, in a certain sense? What we want is something

practical, some practical directions of DOING something about our lives. Or, as the cliché goes, something we can get our teeth into as to how to live this physical life successfully." End quote.

And towards the end of Chapter Two, of this same book: Caballa Magic, we read this, from Ophiel.

"And lastly we come to Malkuth. Here is where we are now. One of the titles given by *The Mystical Qabalah* which does make sense is Sphere of the Elements. Here the Elemental Forces, which entered the top of the Tree as Light, have come to "rest" here as Earth, solid Earth (but it is still Light, not really "solid" at all – it only "appears" solid by a process which I will endeavour to explain in the coming parts of this book.)

Boy, it will be difficult though! No one has ever been able to do it. But I'll try, and you try to comprehend – hard – work on it with all your perception." End quote.

There is/are those amongst us(?), who cannot/do not #2, etheric project!?!

But...there is/are none amongst us(?), who cannot/do not #1, tactilely-feel!?!

Ophiel writes this in his first book, Astral Projection, his chapter, Little System, this part:

"AND NOW YOU HAVE THE SECRET OF ASTRAL PROJECTION in a nut shell. YOU DO NOT PROJECT AN ETHERIC BODY OR AN ASTRAL BODY. YOU DO NOT PROJECT ANYTHING. ALL YOU DO IS TO TRANSFER CONSCIOUSNESS TO ANOTHER BODY OTHER THAN THE PHYSICAL.

That is what you are going to do in the four systems that I am going to give to you in this book.

YOU ARE GOING TO LEARN TO PROJECT YOUR CONSCIOUSNESS TO THE BODY YOU HAVE THAT CORRESPONDS TO THE BODY OF THE PLANE YOU WANT TO GO TO.

However, for all practical purposes you can consider the action as a projection, and it is a kind of a projection - a projection of consciousness however instead of a "body". We will, therefore, continue to refer to our work as projection and speak as if we project a body etc." End quote.

The basic cosmic egg and/or basic chair and/or letter of Augustine = <u>ARE ALL</u> #1, Malkuth Earth/Hades = <u>transfers-of-conscious-ness!?!</u> And you try to comprehend – hard – work on it with all your perception!?!

The basic cosmic egg and/or basic chair and/or letter of Augustine = <u>ARE ALL #1</u>, <u>TACTILE-FEELING!?!</u>

And you try to comprehend – hard – work on it with all your perception!?!

For those individuals, who have not yet achieved, #2, etheric projection, the <u>transfer-of-conscious-ness</u> = <u>from</u> #0 to #1 = <u>IS THE</u> '<u>EASIEST/SIMPLEST/FASTEST</u>' = of '<u>all/any</u>' = <u>transfers</u>!?! And the = <u>EASIEST</u>, <u>SIMPLEST</u>, <u>FASTEST</u> = of 'ways' of doing/trying this = is through/by/with = the/your five basic, elemental = defined, three-dimensional = tattva symbols = <u>tactilely-felt</u> = within you, about you and surrounding you #1 &+ #0!?!

It is the 'idea!?!' that you can/do project/transfer your 'conscious-ness', to the/this plane = un-consciously!?! = every single second = of every single day!?! That is 'weird/strange' to you, the reader!?! And yet, when Ophiel writes it in his book/books, his readers, just flit by it, with no more thought, than any 'other' thought, any 'other' day!?! Try this, it is from Ophiel's book: Clairvoyance, his chapter: The Two Minds:

"So, we can again start by repeating that we have two minds – one called the conscious mind and the other the sub-conscious mind. The conscious mind is the mind we deal with in the ordinary way – to use in the Physical "Outer" Plane World, and which we use all the time; and the other mind, the sub-conscious (sub, means 'under'.)

WHICH WE USE IN ALL OUR 'DEALINGS' WITH THE INNER PLANE "WORLDS," WHICH WE ALSO USE ALL THE TIME BUT WHICH USE IS LARGELY AUTOMATIC AND MUCH OF IT UNCONTROLLABLE BY US.

So, you will naturally ask here, at this point, if the action of the sub-conscious mind is automatic and uncontrollable then how do we get to use it or make it work for us, and this is a good question, and the answer is — you start to train this sub-mind to work for you but very carefully, quietly, and gently.

It will never completely work for you on the physical plane but you can get some work out of it and that work can become very valuable and useful to you and, of course, this work is very closely allied to clairvoyance if not actually clairvoyance itself in all its fullness. The training of the sub-mind is a very subtle matter. There is no danger involved, the worst that can

happen is just no good results in a hurry, and some confusion of ideas." End quote.

So, we can again start by repeating that we have two minds — one called the conscious mind and the other the sub-conscious mind. The conscious mind is the mind we deal with in the ordinary way — to use in the Physical "Outer" Plane World, and which we use all the time; and the other mind, the sub-conscious (sub, means 'under') = But...the 'under-mind' = is the/our/your psychological = tactile-feeling!?!

WHICH WE USE IN ALL OUR 'DEALINGS' WITH THE INNER PLANE 'WORLDS,' WHICH WE ALSO USE ALL THE TIME, BUT WHICH USE IS LARGELY AUTOMATIC AND MUCH OF IT UNCONTROLLABLE BY US = But...not the/our/your psychological = tactile-feeling!?!

So, you will naturally ask here, at this point, if the action of the sub-conscious mind is automatic and uncontrollable then how do we get to use it or make it work for us, and this is a good question, and the answer is — you start to train this sub-mind to work for you but very carefully, quietly, and gently = tactile-feeling is the 'softest', most 'silent', most 'intimate' and 'most-personal'!?!

The training of the sub-mind is a very subtle matter. There is no danger involved, the worst that can happen is just no good results in a hurry, and some confusion of ideas = <u>duality</u> is <u>one of those confusing ideas!?!</u> There is <u>no duality</u> = <u>from</u> = <u>plane-to-plane!?!</u> Only assuming and/or polarity!?! Next, we read this part:

"The training of your sub-mind is like your training of your physical self to go under water for periods of increasing time. You are inducing your "hidden" mind to come "out" and function in the Physical Plane World; whereas its true plane existence is in the Inner Plane World. There are many benefits to be gained from the functioning of your sub-mind in the outer plane world, if and when it can be trained properly. The sub-mind, possessing as it does, unlimited access to Inner Plane play of Forces can predict and calculate instantly the sum total effect of these Force's interplay upon each other, and upon your Being.

And this outer plane function can be, as I said, of great benefit to you. I might say here that any difficulties that might arise come, not from the impact of the information upon you, but from the difficult job of getting the information "through" to your outer plane in a form that you can understand and use "work on." End quote.

The training of your sub-mind is like your training of your physical self to go under water for periods of increasing time. You are inducing your "hidden" mind to come "out" and function in the Physical Plane World; whereas its true plane existence is in the Inner Plane World = there is 'very little' training needed, of/for the/your sub-mind!?! The 'training' is all about the/your #0 &+ #3 minds/bodies = <u>LETTING</u> <u>GO</u>!?!

There are many benefits to be gained from the functioning of your sub-mind in the outer plane world, if and when it can be trained properly. The sub-mind, possessing as it does, unlimited access to Inner Plane play of Forces can predict and calculate instantly the sum total effect of these Force's interplay upon each other, and upon your Being. And this outer plane function can be, as I said, of great benefit to you. = The 'sum-total-effect' of the/these forces is/are TACTILELY-FELT = BY YOU = #1, and then 'projected into/onto = you = #0!?!

I might say here that any difficulties that might arise come, not from the impact of the information upon you, but from the difficult job of getting the information "through" to your outer plane in a form that you can understand and use "work on." = The basic cosmic egg exercise and/or basic chair exercise along with the letter of Augustine, are what you, the reader, should be 'working-on'!?! These three exercises are for your tactile-feeling-body = #1, malkuth earth/hades body!?! Once learned/mastered through daily practice/doing, the 'difficulties' are 'reduced'!?!

It is the 'idea!?!' that you can/do project/transfer your 'conscious-ness', to the/this plane = un-consciously!?! = every single second = of every single day!?! That is 'weird/strange' to you, the reader!?! And yet, when Ophiel writes it/this, in his book/books, his readers, just flit by it, with no more thought, than any 'other' thought, any 'other' day!?!

Can you? Could you? Work with, the 'idea' that = duality = is when you 'conscious-ness' are handling, experiencing, tactilely-feeling = use, using, used = an object, circumstance, thing and/or it = in/on any plane = that you = conscious-ness = have made/created a = duality = to/with the/your object, circumstance, thing and/or it!?! That 'both' = conscious-ness, and object, circumstance, thing and/or it = are 'all' = in/on the same/one plane!?!

Duality 'is' Conscious-ness!?!

Conscious-ness-Duality 'is' = Belief, Believe, Believed, Believing!?!

TACTILE-FEELING 'IS' = Belief, Believe, Believed, Believing!?!

How? Can a person/individual 'etheric project?', without believing?

How? Can a person/individual 'etheric project?', without tactilely feeling?

Faith is to = convince, persuade

Belief is to = trust!

Faith is = <u>used</u> = by/with the/your #0, outer, outer, physically physical body!

Belief is = <u>used</u> = by/with the/your #1, malkuth earth/hades psychological <u>tactile</u>-<u>feeling</u>-<u>body</u>!

Each of these 'bodies' are = <u>observed</u> (watched over) = by/with the/your #3, ego body!

What? Is 'inside?' conscious-ness? = A <u>TACTILE</u>-<u>FEELING</u>(?) = <u>TO SEE/RECOGNISE</u> = <u>ITS SELF!</u>?!

Arik-Anpin to Zoar Anpin = Zoar Anpin to Malkuth = Malkuth to Physical You = <u>use</u>, <u>used</u>, <u>using</u>!?!

Thank you.