

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 8 of 17 duality. 2020

Here is what Ophiel writes, in the last chapter, of his book: Astral Projection:

“And so now we come to the last method and the greatest of them all. This method, that I am about to teach you, has been called the Tattwa method of Astral Projection or Astral Projection thru, and by means, of the Tattwa Symbols. This method has also been called Clairvoyance by means of the Tattwa Symbols. In the case of the following instructions-practices the distinction between Clairvoyance and Astral Projection disappears and the two things become as one, for all practical purposes; which is something I have called to your attention before.” End quote.

As soon as you, the reader, begin/start, to do/practice the/your basic cosmic egg exercise = you have begun your clairvoyance/astral projection!?!

As soon as you, the reader, begin/start, to do/practice the/your basic cosmic egg exercise = you have begun your ‘understanding’ of ‘duality’ in/on the/your, #1, malkuth earth/hades plane!?!

#2, etheric plane = reflect, reflects, reflected, reflection!

#1, malkuth earth/hades = tactile-feeling, defining, three-dimensional!

#0, outer, outer physically physical earth = use, used, using!

Ophiel, continues:

“I am here going to repeat the before mentioned Truth – the basic fact – that all outer things come from the Inner and also that the Inner is the Real ‘thing’ while the outer is the symbol only, of the Inner ‘THING’. I WILL REPEAT UNTIL IT RUNS OUT OF YOUR EARS that WE (the fallen souls!) cannot deal, successfully, with this outer world in any way other than thru the Inner world first.” End quote.

The first plane ‘up/in’ = is the/our/your = #1, malkuth earth/hades plane!?!

The last plane 'down/out' = is the/our/your = #1, malkuth earth/hades plane!?!

Which is 'why', we start/begin with this, #0 &+ #1 planes!?!

You, #0, are 'projected' from!?! The/this #1, malkuth earth/hades plane = 24/7/365 = and when you are 'not' = you are 'dead!?!' = #0, 'dead!?!'

Ophiel, next writes:

“The above statement is one of the most profound truths in existence. As I said before, I am sure, that there is a race of people now on earth, and some of them were always on earth, that know this Truth and practice it themselves all the time. I am also sure, that these people are self-born people, that they acquired the knowledge thru their own efforts and that they use this knowledge for their own benefits. It also seems, that they do not want others to have this knowledge freely, as they, apparently, make no attempt to teach this knowledge to others.”  
End quote.

You can only tell the secret, to those who know it already!?!

Here is how it was explained to Ophiel:

“The few unsatisfactory conversations I have had with one of them, that I ran down myself, was to the effect that, ‘when a person is ready, the knowledge will come to them’.”

“there is a great price that must be paid for this great knowledge and this price is that of refusing to believe the world and its appearances and to turn the back on all that one has ever believed in, or ever held dear”.

“A struggle to overcome inertia, fear, and other hold backs”.

“It would seem as if this knowledge was of such a quality that it must be gotten against, and in spite of, all ordinary manners of attaining knowledge.”

“This knowledge can develop ONLY against opposition – opposition is the food on which it feeds, the stimulator that creates.” And so on.” End quote.

So, in the basic cosmic egg exercise and/or basic chair exercise = WE BEGIN!?! = WITH!?!

= RESISTANCE!! = INERTIA!! = OPPOSITION!?! = TACTILE-~~FEELING~~!?!

So, in the basic cosmic egg exercise and/or basic chair exercise = WE BEGIN!?! = WITH!?!  
= #0 &+ #1!?!

So, in the basic cosmic egg exercise and/or basic chair exercise = WE BEGIN!?! = WITH!?!  
= #1 &+ #0!?!

From this/these egg/chair exercises, it is to be hoped, that the individual will/shall  
'learn/understand' = JUST HOW 'CLOSE/NEAR'!?! = THE/THEIR!!!!?! = INNER-  
PLANE/PLANES!?! = IS/ARE!?!

Ophiel, writes this, farther on:

“Therefore, I do not know if you people will be able to make use of this knowledge or not. I do not know if any of you people will be able to understand this knowledge or not. To be able to use it without that struggle also.” End quote.

So, here 'we(?)' are? And 'we(?)' are in a 'duality'? We Are A Duality!?! = IN/ON EACH AND EVERY PLANE!?! So, 'embrace it/this' Duality = accept it/this Duality!?! And 'things', will/shall be/become much, much, more, easier!?!

Physical Plane = everything else/other = physical = duality!

Malkuth Plane = everything else/other = malkuth = duality!

Etheric Plane = everything else/other = etheric = duality!

Astral Plane = everything else/other = astral = duality!

Archetypal Plane = everything else/other = archetypal = duality!

Akashic Plane = everything else/other = akashic = duality!

Physical to Malkuth = assume. Malkuth to Physical = polarity!

Malkuth to Etheric = assume. Etheric to Malkuth = polarity!

Etheric to Astral = assume. Astral to Etheric = polarity!

Astral to Archetype = assume. Archetype to Astral = polarity!

Archetype to Akashic = assume. Akashic to Archetype = polarity!

Assume = to take back up/in = direction!

Polarity = bring back down/out = direction!

Duality = Going across the plane = direction!

Ophiel writes many times, that persons and things 'get stuck?', as some point/place/plane(?), and that 'no more progress' can be achieved, until and unless a person/individual can 'work it out(?)'. Try this:

Physical Plane = use, used, using!

Malkuth Plane = tactile-feeling, defining, three-dimensionality!

Etheric Plane = reflect, reflection, reflected!

Astral Plane = direction, projection, emote!

Archetypal Plane = foundation, first-impression, first-stamp, first-mould!

Akashic Plane = cause, causing, causality!

Now, when in/on a duality to/with the/your #2, etheric plane, there is/are many, many objects, things, circumstances and its = that are/which are = reflect, reflected, reflection!?! = But... they are 'not' = assumed or/nor polarity!?! They are duality = all in/on the same/one plane!?! And the 'reason' of/for this, is? You do not/cannot = SEE THE MIRROR!?! = ALL THAT YOU 'SEE'(? = IS THE REFLECT, REFLECTED, REFLECTION!?! = AND ALL THAT YOU = CONSCIOUS-NESS(? = CAN 'DO!?!' = IS!!! = STARE, LOOK! SEE! WATCH, OBSERVE!?! (The 'mirror' is the/your #2, etheric plane/elemental water plane!?!)

Elemental Water = is the/your #2, etheric plane mirror!

Elemental Earth = is the/your #1, malkuth plane mirror!

Physical Earth = is the/your #0, physical plane mirror!

WHAT DO YOU 'SEE?', 'LOOK?', 'WATCH?', 'OBSERVE?', 'STARE!?!?' = AT!?!?!'

You do not/cannot = SEE THE MIRROR!?! = ALL THAT YOU 'SEE'(? = IS THE REFLECT, REFLECTED, REFLECTION!?! = THE 'REFLECTION' = IS!?! = THE DUALITY!?!

The 'Demiurge' = cannot see/the mirror? All it can/does 'see' = is the dream/is the reflection!?!

Ophiel writes about this, in his correspondence lessons and vignettes.

The 'mirror' is the/our/your #0, outer physical, its 'reflection is' = use, used, using?

The 'mirror' is the/our/your #1, malkuth earth, its 'reflection is' = tactile-feeling?

The 'mirror' is the/our/your #2, etheric plane, its 'reflection is' = attraction-rejection?

Many are 'caught/stuck' in/on the 'reflection!?!' (See/read the myth about 'narcissus') at some level/plane!?!

Many are/become = the 'mirror!?!' = and we call them = skilled, talented, artistic, successful, lucky!?!

Those who are skilled, talented, artistic, successful, lucky = reflect what 'IT' is, they want and they GET IT!?!

Imagine now, that you = conscious-ness = are standing 'inside' = your cosmic egg = and it is black! Everything is black! And you are floating, floating, floating = everything is 'relaxed'!?! You are now in Ophiel's 'Neither State' condition, of not asleep and not awake!?!

You now tactilely-feel the 'inside edge' of your egg = surrounding the whole of your #1, body!

You now tactilely-feel the 'inside edge' of your sphere = at your head!

You now tactilely-feel the 'inside edge' of your inverted pyramid = at your torso!

You now tactilely-feel the 'inside edge' of your bowl = at your hips/pelvis/crotch!

You now tactilely-feel the 'inside edge' of your cube = at your thighs/legs/feet!

You now tactilely-feel all of this in/on the/your #0, outer, outer physically physical body!

If you, conscious-ness, are ‘drawn’ to the/your #1, body, then that is your ‘duality’!

If you, conscious-ness, are ‘drawn’ to the/your #0, body, then that is your ‘duality’!

Whichever of the ‘two’ is the most ‘dominant’, then that is the/your ‘duality’!

For some/many individuals this will be the first time that they have ‘had’ = two ‘points/places’ = of/for = their conscious-ness!?! Whilst awake, aware and conscious!?! In Ophiel’s ‘Dream Method’, from his book: Astral Projection, he writes this:

“I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later. There is another important thing that I want to call to your attention, a thing that you will experience more and more in your work on the inner planes. With the consciousness that you are dreaming will come another kind of consciousness – that of being DUAL.

For the first time you will realize that there is – are TWO OF YOU. One YOU in the dream and one YOU at home in bed asleep!!! This is a sensation you will not forget!!

You may come up to the point of neither state consciousness of dreaming, and of dual-ness, several times before you are strong enough to proceed with the dream but in time you will be able to “GO ON” like as follows.” End quote.

Then, farther on in this same chapter: Dream Method, we read this:

“As I said to you before the Dream Method is a sort of automatic projection method that comes into action automatically as you dream in sleep. This system is very valuable but it lacks the personal-direction-ability that is developed in the other methods in which methods you start from awake and go to the Neither State instead of going to sleep and coming back to the Neither State as you do in this Dream Method. However, you should have this dream Method in your development and so here it is.” End quote.

Read the yellow highlights above, in Ophiel’s quotes, individually.

As you do/practice your basic cosmic egg and/or chair exercise, you are 'entering' Ophiel's 'Neither State/Condition' = from-awake-to-awake = As I said to you before the Dream Method is a sort of automatic projection method that comes into action automatically as you dream in sleep. This system is very valuable but it lacks the personal-direction-ability that is developed in the other methods in which methods you start from awake and go to the Neither State instead of going to sleep and coming back to the Neither State as you do in this Dream Method = AND THAT/THIS 'IS'!! = THE WHOLE POINT/PURPOSE OF = EGG & CHAIR!?!

For all intent and purpose, the basic neither state/condition is that of 'basic sensory deprivation', wherein conscious-ness becomes/is made awake, aware, conscious to = another plane/level!?!

BUT...BECAUSE WE/YOU = HAVE NO 'DUALITY'!?! = TO/WITH!?! = THIS/ANY OTHER PLANE!?! = THEN YOU = CONSCIOUS-NESS = CANNOT/DO NOT = PROJECT!?! AND!! WORSE STILL = CONSCIOUS-NESS YOU!?! = CANNOT/DO NOT = BELIEVE, BELIEVED, BELIEVING, BELIEF!?!?!

Thinking about this, thinking this way, will/shall increase/enhance your 'feelings', for these things, and also 'appeal' to the/your 'logical!?!', thinking/feeling!?!

Instead of being 'trapped' by/with the 'reflection!?!' be/become the 'mirror!?!' (See/read the myth about narcissus, and 'reflection'!?!)

Thank you.