

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

## 9 of 17 duality. 2020

Here is what Ophiel writes, in his correspondence course in ‘astral projection’, lesson four:

“And you can only conquer the Physical Plane by entering the plane above it and mastering that plane and then you work back down to master the Physical Plane. This appears to be an Occult Law, I have mentioned it before, and I may mention it again, but take it now for what it is worth. I may write a book sometime explaining this more fully but for now take it for what it is worth.” End quote.

What we say? The actual, factual, literal plane #1, malkuth earth/hades ‘IS’ = above, over, higher, before and in-front of the/this/our/your = #0, outer, outer physically physical plane which ‘IS’ = below, under, lower, after and behind!?! Here it is, again, from Ophiel, from his vignette: An Exercise in Preliminary Projection:

“I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.

I suppose it could be considered one of my failings that I don’t cognise a thing until I fit it in somewhere, somewhere into my workings, and when once a working place appears, then I recognise/re-re-recognise the whole and reorganise the set-up all over again. Such is what happened here when I held up the ‘non-orientation’ of myself long enough to discover/rediscover that this was taking place on another kind of plane than formerly I had functioned on.

Try it for yourself, take it easy, study your ‘Effects’ and note the ‘Results’ please read and study the book, ‘The Art and Practice of Caballa Magic.’ In this book combinations of Tattva Symbols are given for the ‘Sub-Planes’ spoken of, ‘above.’ Please study these symbols and call them ‘DOORS’ into the ‘Inner Planes’ or – as I like the name, “GATES.” – Work and ‘study’ like hell, as I can’t do that for you. - Also, there is more knowledge available in ‘Ophiel’s’ other writings. Check. End quote.

Read each highlight individually, and simply ‘apply them’, to the/your #1, malkuth earth/hades plane!?! = I am going to ask and wonder if there is not some kind of ‘sub-plane,’

a 'sub-Etheric Plane,' which is very close to the physical, but which is neither physical nor Etheric!?!)

When/if you = conscious-ness = are able to have a 'Duality' to/with the/your #1, malkuth earth/hades plane = then 'everything' else/other = is/will be too/also/as well as = #1, malkuth earth/hades plane!?! = BLACK-ON-BLACK!?! DARK-NESS, BLACK-NESS, BLIND-NESS!?! = NO LIGHT!?! = ONLY! ONLY! = TACTILE-FEELING! DEFINING! THREE-DIMENSIONALITY! = BELIEF? BELIEVING? BELIEVED? BELIEVE!?!

The Dark-ness, Black-ness, Blind-ness, Tactile-Feeling, Defining, Three-Dimensional-ising = IS/ARE THE 'REFLECTIONS OF!?!' = IS/ARE THE 'DUALITY OF!?!' = THE/YOUR #1, MALKUTH EARTH/HADES = BLACK-ON-BLACK = BLACK-ASTRAL-LIGHT-MIRROR!?!

It is very difficult to gage/understand each individuals ability to know/understand, that we can only 'use', the/our #0, outer, outer physically physical plane!?! There is a 'strength' in this knowledge/knowing, which is very 'conducive' to achieving 'goals'!?! if you read Ophiel's book, and try to think through his examples, hats, flats, blonds, bottles, carpets and department stores, etc; you should try to get 'glimmer' of the 'idea' of use, using, used!?! Clairvoyantly, you should tactilely-feel the 'idea' that each example had/has, for use, used, using!?!

Knowing that you cannot/do not change/alter the/your #0, outer, outer physically physical plane, is one of those 'occults', which helps to 'release' you from the 'thrall' of matter!?! Here is what Ophiel writes, in his book: Talismanic Magic, his chapter: Recapitulation.

"You, then, are surrounded on all sides by "Things," material things which are the outer, "hard," exhibitions of Inner Realities. Only the thought – the basic thoughts of things, the archetypal patterns, are REAL, the outer Physical Plane exhibition of those archetypal thoughts are the RESULTANT and are not the "Real." This type of reverse thinking is what will help release you from the thrall of matter." End quote.

So, simply for 'context', we change slightly, the above Ophiel quote, to read thusly:

Only the tactile-feeling – the basic thoughts of things, the archetypal patterns, are REAL, the outer Physical Plane exhibition of those archetypal tactile-feelings are the RESULTANT and are not the “Real.” This type of reverse thinking is what will help release you from the thrall of matter = Thrall – late Old English ‘prael = bondman; serf; slave’, from Scandinavian akin to Old Norse ‘praell – slave to/servant to’. Possibly from Proto-Germanic ‘thrakhilaz = literally, runner’; from the root ‘threh = to run’. Slave/Servitude = run after/do the bidding of!?! Here is how Ophiel writes, in this same book: Talismanic Magic, same chapter: Recapitulation.

“Either you take hold and make your Sphere of Sensory Impaction your charged Talisman or the incoming Sensory Impaction will control you – will charge you – and will make you their Talisman.” End quote.

Psychological tactile-feeling is ‘how’, is the ‘way’, that the ‘individual’ = takes charge!?! Put it to the test! Try it! Use it! There is a ‘strange-ness’(?), when you = conscious-ness = enter the dark-ness, black-ness, blind-ness!?! One of the most ‘difficult’ of things, is ‘realisation’ that simply ‘closing’ your #0, outer, outer physically physical ‘eyes’ = isn’t going to do it!?! = the simple ‘absence of’ = physically physical light = IS NOT! THE/YOUR = Psychological Dark-ness, Black-ness, Blind-ness = BLACK-ON-BLACK = BLACK-ASTRAL-LIGHT!?!

The dark-ness, black-ness, blind-ness = is found/discovered/revealed = through/by/with = #0, outer, outer physically physical = SENSORY-DEPRIVATION!?! = this ‘IS!’ the ‘WAY!’?! This was/is, the ancient method!?! The ‘igloo’ of Inuit People (Eskimo’s). The ‘sweat lodge’ of the American Indians. The ‘monastic retreats (Greek ‘monachos/monos = alone’. The ‘isolation pods’ used by NASA, to ‘prepare’ astronauts for traveling in space. Ophiel’s Little System/Dream Method. Rites of Passage = separate, initiate, return!?!

Here is what Ophiel writes in his book: Contacting the Demiurge, his chapter: Another Knowledge Section:

“The continued history/story of Mithra in the official reports of the discoveries about him does not contain anything I can find about the intermediary role, but may I suggest two solutions to this lapse: (1) The intermediary role was a very well-kept secret – a secret that was also helped along by the fact that (2) the whole inner plane setup was obscure and undefined in general, in those days, even with the priests, and most of the . . .

I will explain the operation in several different ways, and then try to give some reasons for the different ways.

If I don't cover all the ways, or reasons, in this book I will continue in in other books, because the to-be-described operation hinges upon a lot of vital Occult rules, or laws, and its application throws a great deal of light upon general Occult Magic Power Workings. In fact, I could say this operation is the centre of Correct Occult Magic Workings, and its understanding can/will advance you as well. The Operation I refer to is called, mildly and unobtrusively, "binding," simply, binding. I realize now I could almost write a book on this subject, and not reach an end to its ramifications, followers of Mithra were Roman soldiers.

All they knew was that the rites of Mithra worked, and they worked for the empirical reasons I have given elsewhere in this book." End quote.

Both egg and chair, along with the letter of Saint Augustine of Hippo = are 'binding' exercises!?! Unfortunately for us, Ophiel never wrote his book, on 'binding'!?! But!!! If you read the letter Augustine of Hippo = PLEASE NOTE CAREFULLY!!! VERY, VERY, CAREFULLY! Augustine = DOES NOT! DOES NOT! = RECOMMEND = NOR SUGGEST!?! = THAT WE 'TAKE-UP/TAKE-PART'!?! = IN THE LIGHT!?!

Augustine recommends/suggests = that we = agree-with!?! = the/our = Adversary/Opposer = The Dark-ness, Black-ness, Blind-ness = Psychological TACTILE-FEELING-BODY = #1!?! = MITHRA = WAS/IS!?! THE = GOD OF OATHS!?! = GOD OF CONTRACTS!?! = GOD OF AGREEMENTS!?! GOD OF BINDING!?!

The etymology of the name Mitra/Mithra is from the common noun of 'mitra' from the Proto-Indo-Iranian word 'mitram'. From the Root word 'mi = to bind + tra = causing to'. Thus, giving the etymology of 'mitra = that which causes binding'; preserved in the Avestan word for 'Covenant, Contract, Oath.' In Old Persian, it is 'Mica'. In addition to being the divinity of contracts, Mithra, is also Judge; All-seeing protector of the 'truth' of what is! The Romans, who practiced 'Mithra-ism', was a/their 'perception' of pseudo-Zoroastrian 'ideas', as the Divinity of Contracts/Bindings, because Mithra is = undeceivable, infallible, eternally watchful, never-resting. Mithra is one of the three judges, at the 'Chinvat-Bridge = Bridge of Separation = (#1, malkuth earth/hades plane) which all souls must cross. The other two judges are; Rashnu, whose title/epithet is; The Very Straight. And Sraosha, whose title/epithet is; Conscious-ness/Observation.

So, you would have: Sraosha = Conscious-ness. Mithra = Covenant/Agreement and Rashnu = Justice/Balance. (See/read Ophiel's vignettes: The 'OTHER' you: Your 'OTHER' you and

Why do you let the Devil ‘USE’ you, for Justice/Adjustment.) [See/read the letter of Saint Augustine of Hippo, and his Judge, Officer and Jailor = until every debt is paid in full?]

The ‘Chinvat Bridge’ = bridge of judgement, beam-shaped bridge, bridge of the Requirer = is the/our #1, Malkuth Earth/Hades Plane!?! = this ‘bridge’ separates the living from the dead. And at the ‘time of death’, all souls must cross this bridge.

Requite (verb) circa 1400’s = repay/payback, for good or ill: Re = back + Quite = clear, pay up, even the score.

At the present moment, in the basic practices, several members of this particular Ophiel Magic Group, have been invited to ‘enter’, the/their psychological dark-ness, black-ness, blind-ness and to try to develop/enhance the/their psychological tactile-feeling-body = using the five basic three-dimensional, elemental forces symbols of = egg, sphere, inverted pyramid, bowl and cube, within them, about them and surrounding them = #1, malkuth earth/hades and #0, outer, outer physically physical bodies.

Starting/beginning with the obvious = Duality of = the/their conscious-ness, #0, outer, outer physically physical body and/plus/too/also/as well = every other thing, object, circumstance and it = which is also/plus/too/as well/and #0, outer, outer physically physical = Duality – all in/on the same/one plane. It is to be ‘hoped’, that with the ‘constant practice of’, the/their egg/chair/letter exercises, that they/these persons, will/shall ‘ONE DAY’(?) = enter into a duality = all in/on the same/one plane, to/with the/their = #1, malkuth earth/hades body = and that they are/become = all one = in/on the/their #1, malkuth earth/hades plane = black-on-black/black-astral-light/tactile-feeling-body!?! Try this, it is from Ophiel, from his book: Caballa Magic, his chapter 4, Workings:

“There is another great mystery here, and I have not made much progress in resolving it. To state it as clearly as I can, there is an outer Universe separate from you, and then there is an inner mechanism you have/possess which you use to cognize this outer physical universe, and in so cognizing this outer physical universe you MAGICALLY TRANSFORM something, SO THAT YOU BECOME THE UNIVERSE ITSELF AND EXPERIENCE THE UNIVERSE (I suppose you can call this living.)

This idea/thing is touched on briefly in the “Golden Dawn” books wherein the phenomenon is called “The Magic Mirror of the Universe.” The idea, greatly oversimplified, is that – a

force/forces from “out there” impinges on the outer edge of your sphere, surrounding you, and you transform the force into a FORM, give the FORM movement, expansion, condensation and solidity. YOU GIVE the force BEING, “physical being”!

Now, again I say, I do not know the exact way, or manner, or mechanism, by which this transformation is done, but it is done. And, our/your World/Universe is the result.” End quote.

Then there is an inner mechanism you have/possess which you use to cognize this outer physical universe, and in so cognizing this outer physical universe you MAGICALLY TRANSFORM something, SO THAT YOU BECOME THE UNIVERSE ITSELF AND EXPERIENCE THE UNIVERSE (I suppose you can call this living = Can you/do you/are you? Able/capable of seeing/feeling = why it is!?! = that in order to ‘do’ the above, you must, = be/have = DUALITY = All, in/on the same/one plane!?!)

The Magic Mirror of the Universe = Can you/do you/are you? Able/capable of seeing/feeling = why it is!?! = that you ‘should’ at the very ‘least!?!’ test, try, use, the/your basic cosmic egg exercise, to find out/discover, if it is for you, the reader, at this particular moment, in your ‘occult’ life/living!?!)

Now, again I say, I do not know the exact way, or manner, or mechanism, by which this transformation is done, but it is done. And, our/your World/Universe is the result = PLEASE STUDY CAREFULLY!?! = THE MANNER = MECHANISM = THAT ‘TRANSFORMS!?!’ = THE/THIS/YOUR #0, Outer, outer physically physical world/life/living = IS! IS! = THE/YOUR PERSONAL/INDIVIDUAL = PSYCHOLOGICAL #1 Malkuth Earth/Hades = TACTILE-FEELING, DEFINING, THREE-DIMENSIONAL-ISING = BODY!!

We/you = do not ‘project’ from(?) = the/our/your = #0, outer, outer physically physical body!?!)

We/you = do ‘project’ from(?) = the/our/your = #1, malkuth earth/hades body!?!)

BUT...when we = conscious-ness = are in/on a/any plane! At any level(?) = We, conscious-ness = ARE IN A DUALITY = TO/WITH THE/THAT PLANE!?! THROUGH/BY/WITH!?!?! = HOW!?! = IN WHATEVER WAY!?! = WE ARE ‘CONSCIOUS-OF-IT!?!’ = The plane!?!)

Would anyone in/on this particular Ophiel Magic Group, like to put this ‘duality’ thing, to the ‘test’(?), with the/their #0, outer, outer physically physical plane!?!

How many things, objects, circumstances and its? Do you, the reader/occultist think/feel, that you are ‘in’ a #0, outer, outer physically physical duality with = **RIGHT NOW!?!** = AN ‘ENTIRE PLANE!?!’ = #0!?!

Please be aware, awake and conscious to the ‘fact’, the we/you = can only use = the/this/our #0, outer, outer physically physical plane, and that = any ‘changes’ = we, conscious-ness = are required/desired to make/create = must be made/done = through/by/with!?! = THE OUR/YOUR #1, malkuth earth/hades plane = FIRST!?! Why? = BECAUSE ALL THIS(?), IS DELIVERED UNTO ME!?! = #1!?! (Please read this for yourselves, in the crazy book (Bible) and in Ophiel’s vignettes.) Please note carefully!

There is ‘no duality’ with the/any plane = above or below!?!

There is ‘only assume’ with the/any plane = that is above, over, higher, before and in-front!?!

There is ‘only polarity’ with the/any plane = that is below, under, lower, after and behind!?!

There is ‘only duality’ with the/any plane = that you are conscious of!?!

When you do/practice the/your letter/egg/chair exercises = you = conscious-ness = ENTER INTO A ‘DUALITY’ WITH!?! The/your #1, Malkuth Earth/Hades Plane!?!

How ‘deep’, that/this ‘duality’ is!?! Will/shall be = in direct proportion to = your personal/individual ‘power’, ‘ability’, ‘technique’, ‘skill’, ‘art’ = IN ‘CONVINCING’ (Faith) = the/your #1, Malkuth Earth/Hades **Tactile-Feeling-Body** = TO BELIEVE (Trust)!?!

Thank you.