

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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2 of 4. from here to there. 2020

The basic cosmic egg exercise is a ‘tattva’ exercise, used to develop, enhance the/your psychological powers of ‘perception’ at the/your #1, malkuth earth/hades plane/level.

Not! The/your #0, outer, outer physically physical earth plane/level.

Not! The/your #2, etheric plane/level.

But... the/your #1, malkuth earth/plane level.

So, the question of etheric, physically physical doesn’t come up and is not, an issue!?!

The reason of/for this/these things are, as Ophiel explains, in his second book; Creative Visualisation, of his chapter of the same name; wherein he writes this:

“To be a little more specific – The Art of Creative Visualization, AND ALL OTHER OCCULT WORK, involves WORK DONE ON OTHER KINDS OF PLANES in addition to the work done on the physical plane!!

And how to do Inner Plane work means KNOWLEDGE, KNOWLEDGE, AND MORE KNOWLEDGE and then PRACTICE, BASED ON THAT KNOWLEDGE, AND MORE PRACTICE, AND MORE PRACTICE.

In Creative Visualization work all the planes involved in our cosmic existence are used, the Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA.

And so, the rules of all these planes must be followed closely if you are to expect good, final, physical plane end results from preceding Inner Plane operations. Then, even when and if these laws are followed closely and intelligently and correctly, there can be other local and cosmic conditions which can prevent Occult techniques from working temporarily. Some of these will be noted later on in this book and explained separately.” End quote.

In Creative Visualization work all the planes involved in our cosmic existence are used, the Etheric, The Lower Astral, The Higher Astral, The Mental Plane, and the Causal Plane, AND ALL THESE PLANES HAVE DEFINITE RULES AND LAWS FROM WHICH THEY WILL NOT DEVIATE ONE IOTA = In Creative Visualisation work = all the planes are involved-used = the Physical; The Malkuth; The Etheric; The Astral; The Mental; The Causal; AND ALL THESE PLANES = HAVE DEFINITE LAWS, RULES AND GOVERNANCES = FROM WHICH THEY WILL NOT(!), DEVIATE ONE IOTA!?!

So, for the sake of ease of use/application and results, we shall just stick to the three planes = #0, outer physical; #1 malkuth earth/hades and #2, etheric plane. The/our/your #3, ego body, present incarnation, personality body

Laws, Rules and Governances of = #0, outer, outer physically physical plane = use, used, using!

Laws, Rules and Governances of = #1, malkuth earth/hades psychological tactile-feeling plane = defining, three-dimensional-ism, symbol-ism, belief, believe, believing, believed. Dark-ness, Black-ness, black-on-black, black-astral-light. Childish; Foolish; BLIND!

Laws, Rules and Governances of = #2, etheric plane = reflect, repeat, reject, accept, test, try, taste, experience!

Laws, Rules and Governances of = #3, ego body, present incarnation, personality body = construct = not a 'real' body, plane = PIGGY-BACKS IN/ON CONSCIOUS-NESS OF EACH OF THE 'OTHER' BODIES!?! = stares, sees, looks, watches, observes = feels-nothing!?!

These are the planes 'used' = in both the egg/chair exercises, which are both; #1, malkuth earth/hades psychological tactile-feeling-exercises!?!

#1, Malkuth Earth/Hades = Psychological Tactile-Feeling-Body = likes = is attracted/drawn to = GAMES; THE UNUSUAL; THE BAZAR; THE EXOTIC; THE ALLURING; UNUSUAL COMBINATIONS; ART; THE EXAGGERATED; THE EXCITING; THE DIFFERENT; THE STRANGE; THE POWERFUL; THE STRONG; So, in the/our/your

basic egg/chair exercises, you #0 &+ #3, are = going to use/work-with = the/these = character-traits of = the/your #1, malkuth earth/hades psychological tactile-feeling-self!?!

There is/are several types/kinds of ‘words’, which are very ‘descriptive of’, the/your #1, malkuth earth/hades plane, which are of ‘value’, to those, who are in a, mental/emotional/egotistical, position/place, where these ‘descriptive words’, are/can be, of use.

Dark-ness, Black-ness, BLIND-ness = tactile-feeling!

TACTILE-FEELING = defining, three-dimensional-ising, symbol-ising = belief, believe, believed, believing = NO RATIONALISATION! = BELIEVE = to trust!?!

Yaldabaoth = childish = believing, no discretion, no analysing, no understanding, no future, no past, only now!?!

Saklas = foolish = accepting, taking, giving, holding, grabbing, gripping (as a new-born does instinctively, reflexively!?!) taking-in!?!

SamaEl = BLIND-GOD; GOD-OF-THE-BLIND; PRINCE-OF-DARK-NESS; PRINCE-OF-THIS-WORLD (#0)!

PSYCHOLOGICALLY = BLIND = TACTILE-FEELING!?!

All this and more = is what = goes on = in/on the/your #1, malkuth earth/hades plane!?! And, this is what you = conscious-ness, must work-with!!

You = #0 &+ #3 are = working with, co-operating with, partnering with, sharing with = the/your #1, malkuth earth/hades psychological tactile-feeling-plane-body!

THE PRESSURE(?) IS NOW OFF YOU = CONSCIOUS-NESS = TO EMOTION/EMOTE = EVERYDAY!

But...THE PRESSURE(?) IS NOW ON YOU = CONSCIOUS-NESS = TO OBSERVE =

EVERYDAY!

THE PRESSURE(?) IS NOW OFF YOU = CONSCIOUS-NESS = TO VISUALISE/REFLECT = EVERYDAY!

But...THE PRESSURE(?) IS NOW ON YOU = CONSCIOUS-NESS = TO TACTILELY-FEEL = EVERYDAY!

But...THE PRESSURE(?) IS NOW ON YOU = CONSCIOUS-NESS = TO USE-USED-USING= EVERYDAY!

In the above, is/are, the four main planes, that most persons/individuals are fully aware, awake and conscious to/of, even though/if, they have little or no understanding/control over them = #0, #1, #2, #3 and #4!

#4 = emotional/astral!

#3 = ego/observation!

#2 = reflection/etheric!

#1 = malkuth earth/hades/tactile-feeling!

#0 = outer physical/use, used, using!

From here = #0, to, there = #1, is very, very easy/simple, and there is/are many, many ‘ways’, to do this! So ‘natural’ is it, that millions upon millions of human beings, have absolutely no idea, no conscious-ness aware-ness, awake-ness, of it, either as a fact or as a possibility!?! And, there is/are many, many an ‘occultist’(?), who insists, that it = #1, malkuth earth/hades psychological tactile-feeling-plane = ISN’T THERE FOR THEM ETHER!?! = free country/free world = please yourself!?! (Who cares!?!).

Stand where you know, you will not be disturbed/interrupted, for the duration of your exercise; keep it short, repeat it often. This is like a/any professional musician/athlete/artist or skilled person, who practices the ‘basics’ at a higher/sharper level, and so it can be short, but... with no; less/loss of power!?!

Having chosen your spot, stand with relaxed eyes; half-closed or if you prefer, fully closed, which is the easier for you, the practitioner. The exercise is = sensory-deprivation = where all – outside/outer physically physical stimulation is reduced/halted, and you = conscious-ness

&+ #3, ego body = turn inwards.

In here, in the dark-ness, black-ness, blind-ness = you = conscious-ness; must tactilely-feel = your #0, outer, outer physically physical body = within you, about you and surrounding you = conscious-ness!

Let your #0 body, relax/go soft and enjoy the feeling/sensation of, simply letting go. When you are ready, tactilely-feel, that you = #0, are = standing 'inside' = your basic cosmic egg. The small 'end' at your feet and the 'top' end above your head. Here is how Ophiel writes it, in his book: Clairvoyance, his chapter: A Magic Mirror and Clairvoyance:

“I will start this way. You, and all others, and all things, animate and inanimate, are surrounded by an Aura. This Aura is shaped rather like an egg, with the small end at the Bottom. These Auras are not usually visible to physical sight except under particular and peculiar situations and circumstances, none of which can be gone into here. For the following material you will have to visualise, in your imagination, this Aura extending out from you for about three-feet and surrounding you completely in the shape previously described.” End quote.

For the following material you will have to visualise, in your imagination, this Aura extending out from you for about three-feet and surrounding you completely in the shape previously described = For this basic exercise, you are to = tactilely-feel = the 'shape' of your cosmic egg surrounding you. The we read this:

“You will have to imagine the inner edge-surface of this egg shaped Aura as HARD, AND LIKE THE SURFACE OF A MIRROR – REFLECTING ON ITS INNER SURFACE THE IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE SURFACE OF YOUR MAGIC MIRROR FROM WITHOUT – FROM THE OUTER REACHES OF THE UNIVERSE, BOTH PHYSICAL OUTER AND INNER PLANE INNER. AND THAT IS ALL THERE IS TO IT ALL, THE WORLD, THE UNIVERSE AND ALL.” End quote.

You will have to imagine the inner edge-surface of this egg-shaped Aura = You will have to tactilely-feel the inner edge of this egg-shaped Aura. Next, we read this part;

“Now naturally you are going to ask, at this point, if this gigantic conception is true, what is the mechanism in and on the surface of my Magic Mirror which does this conversion – converts the raw vibrations in to sound, sight, smell, tasting and feel, so that I may perceive it? And the answer is – The surface of your Magic Mirror is composed of your Magical Powers of your Personal Elemental Forces Existence and what is beyond that, I do not know, and neither does anyone else.” End quote.

Now naturally you are going to ask, at this point, if this gigantic conception is true, what is the mechanism in and on the surface of my Magic Mirror which does this conversion – converts the raw vibrations in to sound, sight, smell, tasting and feel, so that I may perceive it? And the answer is = At the/your #1, malkuth earth/hades tactile-feeling-plane level = your basic elemental ‘powers/forces’ of = definition, three-dimensionality, symbol-ism = are what ‘converts’ these ‘forces’ into a ‘solidity?’, and then = projects them as = use, used, using. Your #1, malkuth earth/hades self = must ‘believe’ these ‘forces’ as a part of them/its = self!?!

The above, is, basically, what you are attempting to learn/master, as you do/practice the/your basic cosmic egg exercise. The/your #1, malkuth earth/hades tactile-feeling-body = believes/trusts(?) = what it tactilely-feels = coming up/in/from = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?! Here is how Ophiel writes it, from his vignette: Showing God what to Do:

“The Forces are, “ALIVE.” The Forces have a sort of, ‘Basic Intelligence,’ in that they, ‘Do Respond’ when ‘Spoken To.’ (They do not ‘initiate’ the ‘speaking to,’ though: I repeat, they respond to below, ‘ONLY’ when contacted/connected up from below.)” End quote.

They do not initiate the speaking to, though: I repeat, they respond to below, ‘ONLY’ when contacted/connected up from below = Many ‘occultists’(?), do not understand this statement from Ophiel.

This; contact/connect-up from below; you are doing-now!?!? With your egg/chair exercises, psychological tactile-feeling!

So, you are now standing 'inside' your black-cosmic-egg!?! And, in order to 'see?', in/on this plane/level, you must now = tactilely-feel!?! Well, the first thing to tactilely-feel, is, of course, your actual 'cosmic egg' itself, and this you 'do', by/with, coming up the 'inside' of your egg, from your just below your feet to above/over your head.

This is the first part done, you next tactilely-feel, the 'sphere' at your head, which rests on your collar bones and is the width of your shoulders. The 'exact centre' to/of this sphere is about a centimetre/half-inch, above the 'crown/top' of your head.

Then coming down from your shoulders and into your torso, is the 'inverted pyramid', with its needle-sharp point, just below the/your naval. This needle-sharp point, create/makes the 'bow-wave-inner-curve', of your Bowl, over which it, your inverted pyramid, is suspended.

The 'bowl' is from the top of your hips, down into your pelvis, with the/its outer 'curve', stopping about an inch or two/4 centimetres below your crotch, the 'bowl' is resting solidly in/on the 'cube'.

The 'cube', is from the top of your things, to just below the soles of your feet. And all six sides are even. The base of the cube is the same dimensions at the base of the inverted pyramid; the curves of the bowl are the same as the dimensions of the sphere. All five symbols are three-dimensional and all five symbols are = tactilely-felt = tactile-feeling = IS HOW YOU = CONSCIOUS-NESS = SEE/OBSERVE = IN/ON THE/THIS PLANE = SO EMBRACE IT/THIS KNOWING/KNOWLEDGE!?!

As you tactilely-feel, the/these five elemental forces symbols, within you, about you and surrounding you = #1 &+ #0, #1 you will/shall = come to feel/sense them = the five basic elemental forces symbols = AS REAL AS WHAT YOU = #0, Outer, outer physically physical 'real' = ARE!?! Thus, #1, Malkuth Earth/Hades tactilely-feeling-body = WILL BE/SHALL BE = TALKING, SPEAKING, COMMUNICATING, DIALOGUING, SHARING, CO-OPERATING, PARTNERING = YOU! = #0, Outer, outer physically physical you!?!

For the first-time(?), for many of you! Your 'two-bodies?' = will be/shall be = able to = talk-to-each-other!?! Whilst you are 'in' this relaxed condition, of the egg exercise, it is important that you let your 'conscious-ness', take in the three-dimensionality of, the five-basic

elemental ‘forces’ symbols. Tactilely-Feel-Define the/their ‘edges’, as you go over them. Remember Ophiel:

They do not initiate the speaking to, though: I repeat, they respond to below, ‘ONLY’ when contacted/connected up from below = Many ‘occultists’(?), do not understand this statement from Ophiel.

This; contact/connect-up from below; you are doing-now!?! With your egg/chair exercises, psychological tactile-feeling!

After three-minutes of practice, absorb the symbols back into your #0, outer, outer physically physical body, open your eyes, until the next practice session. The ‘occult’ is to ‘keep it short; repeat it often’. What you, the occultist(?), are ‘doing’, knowingly, deliberately and purposefully, is enhancing, developing your latent/dormant Psychic Powers, and it is ‘these’ that you = conscious-ness = will/shall = take-with-you!?! = when/if you ever = #2, etheric project!?! Instead of just ‘visualising’ a/an object, circumstance, thing and/or it = next time you ‘visualise’ something/anything, you = conscious-ness = can now tactilely-feel-it!?! = if you want to!!

The basic chair exercise, is that you get a chair, in which your thighs are parallel to the floor. You sit in the chair and you say, vocally or sub-vocally = body standing = and then you ‘do’ the actions/movements necessary to ‘stand-up’ = consciously/knowingly/deliberately = being/becoming aware, awake, conscious to/of = the fact that before you ‘can?’, stand-up = your ‘inner-you?’ (#1), must push down!!

Next, you say, vocally or sub-vocally = body sitting = and then you ‘do’ the actions/movements necessary to ‘sit-down’ consciously/knowingly/deliberately = being/becoming aware, awake, conscious to/of = the fact that before you ‘can?’, sit-down = your ‘inner-you?’ (#1), must push up!! These two ‘basic exercises’, of/for the/your #1, malkuth earth/hades psychological tactile-feeling-body are, should be, could be(?), enough(?), to make a ‘difference’ to how you ‘feel’ about your ‘self?’, and about your ‘occult’. Once you get the ‘hang’ of it, then many ‘other’ things, will ‘rise softly’ into/onto your conscious-ness, without too much of a ‘disruption’ effect, in your daily life/living, as you make ‘progress’.

Thank you.