

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 1 of 3 the projection. 2020

What you, the student/occultist are supposed to ‘do?’, is to examine Ophiel’s materials and look/search for the things/parts that appeals to #3, ego body you, and from there; to work out a ‘regime’ of #0, action/doing = use, used, using! So, you asked about #2, etheric projections, which Ophiel covers extensively, both in his book; Astral Projection and his Correspondence Course, in Astral Projection. Yet, you still ask for guidance/instruction, as you are not at the state/stage, where you have ‘had’ a fully ‘conscious’ experience of, the/your #2, etheric plane.

You are not alone, in such matters; to this end, the basic cosmic egg exercise and/or the basic chair exercises along with the letter of Saint Augustine of Hippo, were recommended/suggested as ‘alternatives’, for a gradual, progression, to the, education/transfer processes. The closest/nearest ‘inner’ plane, to the/your #0, outer, outer physically physical plane = is!! = the/your #1, malkuth earth/hades psychological tactile-feeling-plane!?!

This/your #1, malkuth earth/hades plane, was/is the plane of the Gnostics, from which, everyone, was to ‘escape’ from, whilst still living here = #0!?! You seemed a trifle put out/upset, with the ‘idea of’, #0, dying and yet, you = conscious-ness = not able to ‘escape’ #1, afterwards!?! Cart before the horse? Me thinks?

First, you must ‘master’ a ‘technique’, a ‘skill’, an ‘art form’ expression, which you are going to use, used, using, in/on the/your #0, outer, outer physically physical plane!?! Egg/Chair/Letter are ‘three’ of the ‘ways’ (possible ‘way’s’?) that this can be done/achieved, subject to personal/individual dormant/latent abilities being recognised, developed and applied. Ophiel’s work, writings, are based on emotions and visualisations. The present writers is/are based on psychological tactile-feeling, defining, three-dimensional-ising, symbol-ising!

So, not only is there is there a distinct ‘difference’ in technique, in application, but... it is ‘important’ to understand, that there is ‘also!?!’, one of PLANES/LEVELS!?! If you, the reader/practitioner were to ‘confuse’, ‘conflate’ these two ‘together’, then, not only are you ‘going nowhere?’, but... also, ‘nothing’ is going happen/change!?! Try this; Here is what Ophiel writes in his vignette: Exploring other Planes for Knowledge:

“I will use some ordinary English names here – Physical Plane – Etheric Plane – Lower Astral – Higher Astral – Mental Plane – Higher Mental – Archetypal Plane. (In this small article I cannot go too deeply into these planes and their meaning. Please see Ophiel’s other books and writings.) When you ‘Project,’ by several different methods, you do not ‘LEAVE THE BODY!’ (If you read a book about ‘Astral Projection’ and the author says that you ‘Leave’ the ‘Body’ and go ‘Off’ somewhere, leaving a shell of a body behind/empty, you can depend on the fact that that author is a fake!) YOU DO NOT LEAVE THE BODY!!! In, any kind of, ‘Projections’ YOU TRANSFER YOUR ‘CENTRE’ OF CONSCIOUSNESS, TO ANOTHER, PLANE!!!! This Transfer of your centre of consciousness, and not all of you, does away with that old boggy about some ‘evil’ spirit will come along and take over your empty body/shell.’ Most of you is there at all times, and running the body’s living machinery.” End quote.

I will use some ordinary English names here – Physical Plane – Etheric Plane – Lower Astral – Higher Astral – Mental Plane – Higher Mental – Archetypal Plane = #0, Outer Physical Plane; #1, MALKUTH EARTH/HADES PLANE! #2, Etheric Plane; #3, Ego Plane (not a ‘plane’ but a ‘construct’) #4, Astral Plane; #5, Archetypal Plane; #6, Causal Plane.

When you ‘Project,’ by several different methods, you do not ‘LEAVE THE BODY!’ (If you read a book about ‘Astral Projection’ and the author says that you ‘Leave’ the ‘Body’ and go ‘Off’ somewhere, leaving a shell of a body behind/empty, you can depend on the fact that that author is a fake!) YOU DO NOT LEAVE THE BODY!!! In, any kind of, ‘Projections’ YOU TRANSFER YOUR ‘CENTRE’ OF CONSCIOUSNESS, TO ANOTHER, PLANE!!!! = This is just as ‘true!!’, for the/your #1, malkuth earth/hades plane!?! The ‘CENTRE-OF-CONSCIOUS-NESS’ OF/FOR THE/YOUR = #1, Malkuth Earth/Hades Plane = IS!! = THE/YOUR PSYCHOLOGICAL TACTILE-FEELING-BELIEVING-PLANE!!?!

The ‘CENTRE-OF-CONSCIOUS-NESS’ OF/FOR THE/YOUR = #2, Etheric Plane = IS!! = THE/YOUR PSYCHOLOGICAL REFLECTING/REPEATING-PLANE!!?! (ALL REFLECTIONS ARE REPETITIONS!?!)

This Transfer of your centre of consciousness, and not all of you, does away with that old boggy about some ‘evil’ spirit will come along and take over your empty body/shell.’ Most of you is there at all times, and running the body’s living machinery = this is ‘important’ to know/recognise, as the ‘assumption’ of/for this is there!?!

The ‘irrationality’ of being ‘penetrated?’, ‘taken over?’, ‘being lost?’, ‘extreme lonely-ness’, are just some of the ‘demons?’ that ‘guard the entrance/way’, against the ‘hero/traveller/explorer’ and they must be ‘fought off/warned off’ or ‘warded off’ = removed!?! This is where the/your #3, ego body, present incarnation, personality body = comes into play!?! The/its = powers of observation = are crucial!?!

In Ophiel’s second method of projection; Dream Method, this is explained in some ‘detail’ for his students: Ego you – eventually tells = conscious-ness you = THAT YOU ARE #2, ETHERIC DREAMING!?!

In Ophiel’s first method of projection; Little System; Ego you = observes!?! = the/your #2, etheric ‘visualised’ route, with its stations = remembering that #3, ego you = PIGGY-BACKS = in/on conscious-ness!?!

In the proposed/suggested/recommended method of projection; Your #3, ego body = powers of observation = is/are ‘focused’ = in/on your psychological tactile-feelings!?! = Where there is = NO LIGHT (Blue/White Light!?! ) Ophiel next writes:

“With that out of the way, we can proceed onto the first projection kind of work-projections. (Note – All projections are actually, all the same. Projections are not really projections, in the sense of, out of, away from, the body. All projections are transfers of ‘centres of consciousness,’ to other ‘centres of consciousness,’ and they function as if, it is a ‘projection.’ There are great ‘mysteries’ here, but you don’t have to know it all now, for simple types of projection described here. Go along now as it is.)” End quote.

With that out of the way, we can proceed onto the first projection kind of work-projections. (Note – All projections are actually, all the same. Projections are not really projections, in the sense of, out of, away from, the body. All projections are transfers of ‘centres of consciousness,’ to other ‘centres of consciousness,’ and they function as if, it is a ‘projection’ = The closest/nearest = of all the ‘other’ = centres of conscious-ness = IS!! = OF COURSE!! = THE/YOUR #1, Malkuth Earth/Hades = CONSCIOUS-NESS = TACTILE-FEELING!?!

Here is my question to you! Do you think/feel that you would be, any kind of a ‘better??’ person??? In/on the/your precious, #2, etheric plane!?! And if so, ‘why?’, would you, the new projectionist(?), suddenly be/become the ‘better person??’, what is that based on!?! Even

though you = conscious-ness = are now aware, awake, conscious to = the your 'surroundings'!?! (#2, etheric plane?) The/your #3, Ego body = can only, only! = observe!?! (See/read Ophiel's vignette: The Two Creators = Arik-Anpin and Zoar-Anpin!!!) Ophiel continues:

“The following directions, lays out and explain a system of projection, which I discovered and have named ‘The Little System.’ There are a number of things that you will use, have to use, in any kind of a projection system, and to gain some proficiency and practice is what the ‘Little System’, was designed and adapted for. I repeat there are certain practices, such as visualisation and image retention and recall and ‘moving’ in a projection, and other things that are demonstrated and used in the Little System. I suggest you perfect these things, using the Little System.” End quote.

It is recommended, that as an Ophiel student/reader, that you begin/start, with Ophiel's ‘Little System’, in order that you ‘understand fully’, what is being asked of you, by Ophiel. Also, you would do well, to realise, that Ophiel's system is a/an #2, etheric projection method. The present writer, has merely suggested/recommended, that consideration be given, to the/your #1, malkuth earth/hades plane, which stands ‘between’ the etheric plane and the/your outer physically physical plane. Also, it should be noted, that as there is/are three planes involved, there must ‘be’, three sets of: Laws, Rules and Governances of/for each plane!?!

Only idiots, ‘have?’, Laws, Rules and Governances of/for the/their #0, outer, outer physically physical plane; Laws Rules and Governances of/for the/their #2, etheric plane = AND THEN!?! = HAVE NO LAWS, RULES AND GOVERNANCES OF/FOR THE/THEIR #1, MALKUTH EARTH/HADES PLANE!?! Also, the present writer, has had ‘negative’ dealings with, idiots, who don't even ‘have?’ a/an, #1, malkuth earth/hades plane!?! Doesn't ‘exist?’ for them!!!?! Even when it is ‘finger pointed out!’, sitting at the ‘bottom’ of the/their ‘precious?’, tree/map!?! There is/are many, many sincere occult students out there, who know/feel that #2, etheric projections, are possible, but what ‘frustrates’ many of them, is the ‘fact!!’, that they are unable to ‘do it’, no matter who's method they try to use!?! And that, is just the ‘way’ that it is!?!

There is wonderful line, in Ophiel's book; Astral Projection, his chapter: Dream Method, which ‘encapsulates’, the whole ‘point’ to this:

“The particular facility that is required, to enable you to recognize any strange dream sight

scene AND TO ACT ON IT, is a facility which is called the “Critical Facility”. The word critical comes from a word that means judge and the basic meaning of the word judge is adjustment. When you judge a thing what do you really do? Basically, you make adjustments, in your opinion, of details and about details of thing etc. This CRITICAL FACILITY is closely allied to waking life. Your work is to bring this critical facility to bear on your inner dream life.

You recall that we said previously that in Astral Projections you do not project anything but consciousness, your consciousness. By means of the directions to be given, and by practicing them, you will, in time, learn to project a large degree of your consciousness to the inner planes and still remain asleep. (This is also connected very closely with what was said previously about developing another “body” on the inner planes but for now all you do is project a part of your consciousness). You might say, to describe it more easily, that you first get a hand hold on the inner plane and then pull the rest of yourself thru to there !! Now how do you get this CRITICAL FACILITY to function on the Inner plane?

Well at first thought it seems almost impossible to develop such an ephemeral thing so that it will work. However, it will work. And the way to make it work is thru a combination of Will Power and Desire.” End quote.

Take the above Ophiel quote, and go over it, with the/your understanding of the/your, psychological tactile-feeling, and how it ‘works/operates’ in/on the/your #2, etheric plane, and simply ‘replace’ critical-facility to tactile-feeling, Ophiel, then writes, farther on:

“In real life you would stop and stare at the sight and many questions would run thru your mind like this – Is it an advertising stunt? Is the car broken down? If so, then why in the world have 8 horses and why are the horses green? What is this all about? As I said questions like this would run thru your mind until you were uncomfortable at having no answer. The same thing happens in a dream.

When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer.

You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!!

This point will mark a great achievement in your Occult projection work. I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later.” End quote.

So, simply for 'context', we slightly amend/adjust the above Ophiel quote, so that it reads:

In real life you would stop and stare at the sight and instantly/immediately 'know?', that this is 'not normal/right' you may not 'know' the reason 'why?', but... you would 'know?', that this is; not normal/right = because it doesn't = **TACTILELY-FEEL-RIGHT** (Normal!?!)  
Many questions would run thru your mind like this – Is it an advertising stunt? Is the car broken down? If so, then why in the world have 8 horses and why are the horses green? What is this all about? As I said questions like this would run thru your mind until you were uncomfortable at having no answer. **The same thing happens in a dream.** When you have developed enough **Tactile-Feeling**, the dream discomfort would grow and grow until you reached the point where you could stand it no longer.

You will then, either wake up OR YOUR **TACTILE-FEELING** WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR 'DREAM CONSCIOUSNESS' THAT YOU ARE DREAMING!!!

**This point will mark a great achievement in your Occult projection work. I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later”** End quote.

Unfortunately, Ophiel, didn't describe, his NEITHER-STATE; until his book: Clairvoyance; his chapter: The Two Minds. As pointed out, in previous posts/monologues; The 'Neither-State' condition is brought about through, by, with; induced 'sensory deprivation' of 'outside' physically physical 'stimulus'; meditation, contemplation, isolation. Anything which 'inhibits/reduces' external physically physical stimulus = SLEEP! SLEEPING!?! = BEING THE MOST 'NATURAL/NORMAL!?!' OF ALL SENSORY DEPRIVATION!?! YES? NO? So, in the basic cosmic egg exercise, basic chair exercise, you, the reader/practitioner = practice whilst aware, awake, conscious!?! So? What is wrong(?), about that?

You = conscious-ness, go about your daily day, and you set aside, some five minutes of your day to practice developing/enhancing your psychological **tactile-feeling**, defining, three-dimensional-ising, symbol-ising of = objects, circumstance, things and/or its = THAT IS/ARE IMPORTANT TO YOU!?!

This is you = the operator = already working in/working on = the/your #1, malkuth earth/hades plane!

This is you = the operator = already projecting on = the/your #1, malkuth earth/hades plane!

This is you = the operator = already entering = the/your dark-ness, black-ness, blind-ness!

This is you = the operator = already transferring = the/your conscious-ness!

IT IS THE/YOUR 'LACK?' OF 'REALISATION!?!' (Real = actually existing; true.) that is the = problem? Much like many, in/on this site as well as in/on others; many people say that they 'believe?', and yet? IT NEVER WORKS FOR THEM!?! So, there is = something missing? = something wrong? = between? = the/their = belief, believe, believed, believing?? And their 'reality = actually existing; true.'

So, physically, physically = you do!

So, malkuth earth/hades = you tactilely-feel!

So, etherically = you visualise/reflect!

So, egotistically = you observe!

So, why not 'take?', the above, 1. 2. 3. 4, above, and change it to 4. 3. 2. 1, and see where/what, if anything, you get out of it!?!

So, physically, physically = you do/stand, with relaxed eyes; half-close or closed all the way.

So, malkuth earth/hades = you tactilely-feel = the egg, sphere, inverted pyramid, bowl and cube.

So, etherically = you visualise/reflect = the egg, sphere, inverted pyramid, bowl and cube.

So, egotistically = you observe = the/this process/procedure.

Once more?

So, egotistically = you observe = the/this process/procedure.

So, etherically = you visualise/reflect = the egg, sphere, inverted pyramid, bowl and cube.

So, malkuth earth/hades = you tactilely-feel = the egg, sphere, inverted pyramid, bowl and cube.

So, physically, physically = you do/stand, with relaxed eyes; half-close or closed all the way.

All 'done' with the knowledge/knowing that you #0 &+ #3, are now 'partnering', 'sharing',



‘harmonising’, ‘agreeing-with’ = the/your #1, malkuth earth/hades tactile-feeling-body!!

The five basic tattva symbols, are within you, about you and surrounding you = #1 &+ #0 = AS YOU ‘BOTH!!’ = TACTILELY-FEEL-THEM (The symbols), at the same ‘time?’.

Next, if you wish, you can ‘take?’, the/your tactile-feeling abilities and tactilely-feel(?) = the/your ‘visualised’ #2, etheric tattva symbols and note(!), the difference(?), if any(?), in the/your #2, ‘visualised’ etheric tattva symbols!?!

All ‘done’ with the knowledge/knowing that you #2 &+ #1, are now ‘partnering’, ‘sharing’, ‘harmonising’, ‘agreeing-with’ = the/your #1, malkuth earth/hades tactile-feeling-body!!

It, the ‘technique’ is simple/easy enough to prove/disprove, for yourself!?! = ‘if?’, it/this, is the ‘way’, for you, the occultist(?), to get ‘started/beginning’ = WHILST BEING = CONSCIOUS = AWARE; AWAKE; = START-TO-FINISH!?! BUT...IN/ON THE/YOUR #1, Malkuth Earth/Hades Plane!?!

Egg or Chair, are both #1, malkuth earth/hades exercises and not! #2, etheric exercises and it is this (plane/level), which makes the ‘difference’?? So, your e-mail to the present writer indicating/suggesting(?), that the present writer is in some kind/type of ‘competition??’ to/with Ophiel, was/is, wonderfully amusing (meant in the most, ‘sincere’ of ways), but incorrect.

Thank you.