

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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Here is how Ophiel continues his vignette: Exploring Other Planes for Knowledge:

“I have been informed, since publishing the Little System that some person ‘took off’ in the middle of the Little System Projection, and went on ‘out’ easily. I didn’t know this myself, until, I was told by students. So, the system was better than I first thought. So, don’t neglect your early ‘Little System Projections.’ To set up the practice of the Little System you select a route. You will have to adapt your route to your living circumstances. You can confine it to one floor or to several floors, go downstairs to the basement etc. After you have selected your route carefully, go over it several times until you know it very well in all the little details.”
End quote.

The ‘release?’, in the above from Ophiel, whilst being perfectly true, is done from, the/their/your #1, malkuth earth/hades tactile-feeling-plane!?!

We = conscious-ness = are not! = ‘released’ from, the/their/your = #0, outer, outer physically physical earth!!

We = conscious-ness = are not! = ‘released’ from, the/their/your = #2, etheric plane!?!

We = conscious-ness = are! = ‘released’ (escaped), from, the/their/your = #1, malkuth earth/hades plane!?!

CONSCIOUSLY/UN-CONSCIOUSLY = IT MATTERS NOT! = WE/YOU = CONSCIOUS-NESS = ‘ESCAPE’ FROM = THE/YOUR = #1, MALKUTH EARTH/HADES PLANE!?! = AND THE WAY/METHOD IS!!! = TACTILE-FEELING!?!
(See/read Ophiel’s book: Contacting the Demiurge, for ‘escape’)

Side note: It was the worthy ancients (Gnostics) who presented the ‘escape’ syndrome, based on their ‘understanding of’, the elemental ‘force’ of the element, of, elemental earth = held, gripped, grabbed, grasped, resistance = refusal to ‘let-go!?!’ = prisoner?? = escape!! Blah, blah, blah. Same ‘routine’ for return/repent; blah, blah, blah. End of side note.

Ophiel next writes:

“Select four, five or six spots along the route and put something there, a picture, a vase, or an object of some familiar kind. Then, retrace the route physically, and study the objects you have placed there. Study it hard, study it carefully, study it minutely, set into your comprehension every little crack and scratch and distinctive distinction that is part of the object you are ‘engraving’ on your memory, for recall later. Your intensity in doing this is a measure of your success in recalling the object later.” End quote.

Study it hard, study it carefully, study it minutely, set into your comprehension every little crack and scratch and distinctive distinction that is part of the object you are ‘engraving’ on your memory, for recall later. Your intensity in doing this is a measure of your success in recalling the object later = having followed Ophiel’ instructions, and practiced a little cosmic egg/chair exercises, you should try ‘applying’ your ‘inner sense’ of tactile-feeling in/on your #2, etheric ‘route’, and for ‘sub-stance’, you could/should ‘do’ the whole of your ‘route & stations’ in/on the/your #1, malkuth earth/hades plane!?!)

#0, travel your ‘route’ = use, using, used!

#1, travel your ‘route’ = tactilely-feeling!

#2, travel your ‘route’ = visualising!

#3, travel your ‘route’ = observing!

In the above, your #3, ego body, present incarnation, personality body = WILL BE ‘PIGGY-BACKING’!?! = IN/ON EACH OF THE #0, #1, #2, ‘bodies’? As you = conscious-ness = travel your ‘route’ in/on each of the three planes. Conscious-ness = goes to the plane of its choice = #3, simply goes along with it!?! It is ‘important’ that you, the practitioner understands this!?! As too many would be ‘occultists’ don’t?? IT IS THE/YOUR = CONSCIOUS-NESS = WHICH PROJECTS!?! NOT! NOT! = YOUR EGO!?! Ophiel continues:

“Do this with all the ‘stations’ until you know them very well. To use this Little System; you do this – you can do the work in the mornings when half awake, or you can do the work anytime that you can find the time to relax and go into a ‘reverie’ – half-awake and half-asleep. In your image making part of your mind consciousness you recall the route and the ‘stations’ in it. You get up from where you are and go-walk-move along your route to the first station.” End quote.

To use this Little System; you do this – you can do the work in the mornings when half awake, or you can do the work anytime that you can find the time to relax and go into a ‘reverie’ – half-awake and half-asleep = this is Ophiel’s ‘Neither State’ from his ‘Dream Method’ of projection. Also, it is the ‘sensory deprivation’ of the/your basic cosmic egg exercise and the ‘observation’ exercise of the/your basic chair exercise! Also, this state/condition is ‘available’ whilst aware, awake and conscious, as in Ophiel’s book/examples: Clairvoyance, and his chapter: The Two Minds. Ophiel next writes:

“You pause there and recall the object there to mind. Recall every detail in exact detail. Remain there as long as you want to or feel it is necessary. Then move onto the next station making good recalls. This Little System is a type of ‘Ethereic Projection’ and is quite capable of training you for the other system of projections. This system is capable of several other kinds of expansions, which you will learn yourself as soon as you get a good grasp of these ideas.” End quote.

Each station, each detail = HAS A TACTILE-FEELING = WHICH IS HIDDEN, SILENT, INVISIBLE, SECRET, OCCULT!?! TO WHICH #2, ETHERIC VISUALISATION YOU = DOES NOT ‘REFLECT!?! = BUT... ONCE YOU ‘DO’ = REFLECT ‘TACTILE-FEELING’!?! = YOUR #2, ETHERIC PROJECTION = IS/BECOMES = REAL!?! (You = conscious-ness = project/transfer = tactile-feeling = from you = to it!?!) Then we read:

“I was told by a student he ‘took off’ in the middle of the route, and went ‘out’ somewhere else, on the Etheric Plane. You can rest assured, that while travelling the route, you ARE ON THE ‘ETHERIC PLANE’ AND YOU ARE LEARNING TO GET THE ‘FEEL’ OF IT.” End quote.

You can rest assured, that while travelling visualising your route, you ARE IN/ON THE ‘ETHERIC PLANE’ AND YOU ARE LEARNING TO GET THE ‘FEEL’ OF IT

You can rest assured, that while tactilely-feeling-travelling your route, you ARE IN/ON THE ‘#1, MALKUTH EARTH/HADES PLANE’ AND YOU ARE LEARNING TO GET THE ‘FEEL’ OF IT!!

You can rest assured, that while you are use, used, using your route, you ARE IN/ON THE ‘#0, OUTER, OUTER, PHYSICALLY PHYSICAL EARTH PLANE’ AND YOU ARE

LEARNING TO GET THE 'FEEL' OF IT!!

It is the 'same' for 'all' the planes!?! Ophiel then writes:

“I am going to give you one more ‘ordinary’ method of projections. This projection method is called the ‘Dream Method.’ The Dream Method and the Little System is all you will need to start your projection work. There are other methods, which you will find in my book, ‘The Art and Practice of Astral Projection’ which you should get read and study, when you are more, ready for it. The Dream Method consists of learning to half-wake-up, during the Dream, and recall that you are dreaming. You then take over the Dream and go around in it freely exploring the ‘Plane’ you are on. The vital point of the projections is to prime your, self to ‘half-wake-up’ in a Dream and this is done by ‘Desire.’ The ‘Desire’ to ‘half-wake-up’ in a Dream: The vital point of the projections is to prime your, self to ‘half-wake-up’ in a Dream and this is done by ‘Desire.’ The ‘Desire’ to ‘half-wake-up’ in a Dream: Even if this sounds difficult, it is fairly easy: There is a book written by ‘Oliver Fox’ called ‘Astral Projection.’ This book was out of print for many years but is now, back in print in a paper back.” End quote.

The Dream Method consists of learning to half-wake-up, during the Dream, and recall that you are dreaming = to half-wake-up = is Ophiel’s ‘neither-state-conscious-ness’!?! = sensory deprivation = to ‘other’ stimuli = which would take/carry you = conscious-ness = out of/out from = the/that particular plane!

The vital point of the projections is to prime your, self to ‘half-wake-up’ in a Dream and this is done by ‘Desire.’ The ‘Desire’ to ‘half-wake-up’ in a Dream = the/this ‘vital point’ = several individuals have chosen to test/try, through the development/enhancement of the/their #1, malkuth earth/hades psychological/psychic latent powers of; tactile-feeling = of the/their = visualisation = whilst aware, awake and conscious = thus, they are able to = malkuth/etheric = handle = their objects, circumstances, things and/or its!?!

Side note: when the individual is able to ‘move’ the/their #2, etheric elemental water plane, as if it is ‘earth’ = earth-of-water = then they will/shall ‘project’ = consciously/un-consciously = awake or half-asleep! = won’t/don’t matter!?! End of side note!

Even if this sounds difficult, it is fairly easy = even 'easier' = if you practice your psychological tactile-feeling beforehand, then, when you 'are' asleep = it will/shall = tactilely-feel = familiar to you = conscious-ness!! Here now, is how Ophiel finishes off his vignette: Exploring other Planes for Knowledge:

“Mr Fox gives some details. I followed his book in my first work but I had to clean it up as he got off on tangents and side tracks and worries about whether God wants him to project, etc. In the Dream Method there is a curious phenomenon; in the projection you seem to be drawn ‘up-ward?’ and you cross a point when you cannot ‘walk’ anymore. You then have to proceed by ‘thinking-proceeding’. Apparently, you have crossed over into the “Lower-Astral” and the method of ‘Locomotion’ changes from a somewhat semi-etheric-physical type to a ‘mental’ type. When you try to ‘move’ you experience ‘resistance?’ but no resistance to ‘mental’ willed movements: Practice both of the ‘systems’ outlined above. When you achieve a degree of success in both of these ‘Systems’ you will be ready for other things and other advancements will come to you naturally.” End quote.

In the Dream Method there is a curious phenomenon; in the projection you seem to be drawn ‘up-ward?’ and you cross a point when you cannot ‘walk’ anymore: Ophiel repeats the above in his first book: Astral Projection, his chapter: Dream Method:

“Now comes another very important part of your instructions which again I have never heard of from any other teacher and which I am giving to you as my discovery. This information is as follows – It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a ‘time’; THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN TO THE NEXT INNER PLANE!!” End quote.

When you have been in/on the/your #1, malkuth earth hades tactile-feeling plane, you will/shall ‘experience’ that/this, same ‘upward/inward’ phenomena, except, that in/on the/your #1, malkuth earth/hades plane, there will/shall ‘appear??’ = A ‘LIGHT’? = TO WHICH YOU = CONSCIOUS-NESS = WILL BE ‘DRAWN TO’ = AND THEN YOU WILL/SHALL = BREAK THROUGH/BREAK FREE = ESCAPE FROM!?! = THE/YOUR = DARK-NESS, BLACK-NESS, BLIND-NESS = INTO/ONTO = THE ‘LIGHT’!?!

In the book by Oliver Fox; Astral Projection, he (Oliver Fox), noticed that the ‘paving stones’ outside his house, were not as they should be? (Start of chapter three: Dream Awareness and

First Essays at Projection.) Now, there is ‘no way!!’ whatsoever!! To explain this next bit, in a ‘rational?’, manner, method and/or conformation, but... here it is(?), as you, the reader/practitioner/occultist(?), develop/enhance your #0 &+ #1 = psychological tactile-feeling = of objects; circumstances; things and/or its: when you = take/carry? = this tactile-feeling ability with you = transfer/project = conscious-ness = into/onto the/your #2, etheric plane = you = conscious-ness = upon ‘realisation = tactile-feeling?’ of some – incongruity = AWAKE IN/ON!?! = THE/THAT = PLANE!?!

When/if the ‘viewed’ #2, etheric ‘visualisation’ = sends back (reflects) = IT DOES SO(?) = AS A/AN = TACTILE-FEELING!?! = EARTH-of-WATER!?! And so = THE WHOLE PLANE BECOMES/IS = REAL!?! = IS TACTILE!?! Please put this to the test! Try it! Use it!

#1 = choose a physically physical object!

#2 = psychologically tactilely-feel it!

#3 = etherically visualise it!

#4 = etherically visualise it and tactilely-feel it!

Note the ‘difference?’, in the ‘qualitative’ feel/sensation = OF!! = THE/YOUR VISUALISATION!?!

This; qualitative- difference, is ‘brought about’ by/with your developed/enhanced (consciousness) ability to tactilely-feel, define, three-dimensional-ise, symbol-ise = BEING BROUGHT ‘UP FROM!?!’ = THE PLANE = Below, Under, Lower, After and Behind!?! = #1, Malkuth Earth/Hades Plane!! Do you understand now!?!

The present writer isn’t ‘competing?’ with anyone? The/your #1, malkuth earth/hades psychological tactile-feeling-plane = IS THERE!?! WHAT ‘ISN’T’ THERE!?! = IS YOU!! = CONSCIOUS-NESS!?! BUT... as soon as you begin/start your egg/chair ‘exercises’, and begin/start to ‘apply/adapt’ the ‘benefits of?’, the/these exercises ‘to’, the/your, #2, etheric visualisations? You = conscious-ness? = ARE NOW WORKING/OPERATING = THE/YOUR #2, ETHERIC PLANE = EARTH-of-WATER!?! (How ‘cool?’, is that!!) Cube ‘inside’ Bowl!!

Imagine now??? (If you ‘can?’), that you are in/on the/your #2, etheric plane, and you want/wish to ‘bring-down/out’ = the/your #2, etheric plane ‘visualisation’ = EARTH-of-WATER!?! = HOW???? = WOULD/COULD = YOU = CONSCIOUS-NESS!?! = DO IT!?!

IN/ON THE #2, ETHERIC PLANE = YOU = CONSCIOUS-NESS = MOVE = ELEMENTAL WATER = SO THAT!?! = It works like; feels like; acts like, behaves like; operates like; looks like; Elemental Earth = but... it is still!! = ALL ELEMENTAL WATER! = Cube ‘inside’ Bowl! (Earth-of-Water.)

IN/ON THE #1, MALKUTH EARTH/HADES PLANE = YOU = CONSCIOUS-NESS = MOVE = ELEMENTAL EARTH = SO THAT!?! = It works like; feels like; acts like, behaves like; operates like; looks like; Elemental Water = but... it is still!! = ALL ELEMENTAL EARTH! Bowl ‘inside’ Cube! (Water-of-Earth.)

HOW!?! DO YOU = CONSCIOUS-NESS = DO IT!?!

You cannot/do not ‘change/alter’ the/your #0, outer, outer physically physical plane = you can only, only! = use, used, using = #0! = any ‘changing/altering’ has be ‘done’ in/on the/your ‘inner planes’!?! = #2 to #1!?! HOW!?!

It is ‘done’ by/with/through = consistency/continuity = of!?! = technique!?! Based on the Laws, Rules and Governances of = each of the planes/levels = in turn!?! We know/understand by/with/through information? That, standing ‘between’ #2, etheric and #0, outer physical = IS! = #1, Malkuth Earth/Hades!?!

We know/understand by/with/through information? That ‘everything?’, is delivered/given to = the/this #1, malkuth earth/hades and that it is = this = #1, malkuth earth/hades plane = THAT ‘CHOOSES!?!’ (Which is the ‘lie????’) = WHO? = to give = IT – OBJECT, CIRCUMSTANCE, THING!?! = To???? But... what is the ‘process?’, but... what is the ‘technique?’. Saint Augustine of Hippo, recommends that we ‘agree-with?’, the ‘Demon of the Lie’!?!

writes that it can't be the 'Devil?', because we are/were already!! Delivered of 'him??'. So!! = HOW!?! = DO 'WE??' = GET THE 'DEMON?' = ADVERSARY, OPPOSER = TO CHOOSE US!?!

Well, the 'technique = one amongst many!?!', is to 'enter' the/your psychological dark-ness, black-ness, BLIND-ness = and tactilely-feel, three-dimensional-ise, symbol-ise = the/your #2, etheric visualisation of = the/your #4, astral/emotional = desire, want, need, broodings!?! Thus, you are using(?), #4, astral; #3, egotistical; #2, etheric; #1, malkuth earth/hades = when you = #0, outer, outer physically, physically = move-use-used-using!?!

So, the 'HOW?' = is the 'technique' of psychological tactile-feeling, which you = the operator/master magician = #0, outer physical = develop, enhance, increase, through the basic practice/doing of = the/your egg/chair exercises!! So? WHERE?? Is the 'competition?' (Mine is better than yours? Mine is bigger than yours? Mine is the 'real' deal? Yours is not true??) The 'only?' truth(?) = IS WHAT YOU CAN WORK/DO!! = FOR YOUR 'SELF!?!' = comment, comparison = is best 'kept!' = to yourself/for yourself!! Read/Don't Read! Practice/Don't Practice! But... never, never 'compare', that way lies 'disaster??'. See/read Ophiel's book: Clairvoyance, his chapter: The Two Minds and watermelon, milk-pouring, gas-pedal exercises = all involve = Ophiel's = psychological tactile-feeling!?! This watermelon; this much milk; this much pressure. Ophiel didn't 'visualise??', these 'answers'!?!

Thank you.