

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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There is an objective, in the practice/doing of the egg/chair exercises, and that is a conscious increase in, awareness, awake-ness and consciousness, when both the/your #0, outer body, #3, ego body are working with, harmonising with, the/your #1, malkuth earth/hades **tactile-feeling** body! The actual, factual, literal exercises of increasing, enhancing, developing, your psychological **tactile-feeling**, is the starting point, for all you occult practices. Both the egg and chair exercises are to stimulate, rise up, bring out into consciousness, the/your latent/dormant Psychic powers/abilities. Here is how Ophiel describes this, from his first book: Astral Projection, his chapter: Dream Method;

“Your previous work shows you that you do dream and that you can remember the dreams very well. Your growing awareness of your dreams can now be stepped up to the point where you can recognise that you are dreaming. As soon as you awake in the morning, or even during the night, your dream memories should be right there. **By stopping any further awakening and reversing the trend of the awakening process** you can RETURN TO THE DREAM. That is, you sort of can ‘dream’ it, over again or continue the dream with more or less consciousness. Do not attempt to do more than this for this period of the instructions.” End quote.

The yellow highlight above, in the Ophiel quote; is where you, the reader, should recognise your **tactile-feeling** exercises; that is, the sensation/feeling of ‘similarity’ and therefore, from this recognition, you, the dreamer, should have a better/stronger ‘control’. (The ‘same’ is true, when you apply the same exercise, **tactile-feeling**, to your: Little System practices.) Return to the dream, with the knowledge/knowing of your ability to **tactilely-feel**, the/your dream. Ophiel continues, his narrative, with this;

“The next step, will be to watch your dreams in action. Strive to keep on a line, **not awake and not asleep**. Allow the dreams to flow along as they will and make no attempt to do anything more *than to just watch*.” End quote.

The yellow highlight, in the above Ophiel quote, is Ophiel’s; Neither State/Condition, which has, a **tactile-feel**, quality, to it? **Which is, will be, recognised by you, consciousness**, #0 &+ #3, bodies, **because of**! The/your egg/chair exercises!! Farther on, in his chapter; Ophiel writes this:

“This CRITICAL FACILITY is closely allied to waking life. Your work is to bring this critical facility to bear on your inner dream life. You recall that we said previously, that in Astral Projection you do not project anything but consciousness, your consciousness.” End quote.

PSYCHOLOGICAL TACTILE-FEELING, IS, YOUR CONSCIOUSNESS, IN/ON ALL PLANES! Hence ‘why’, it is called/named; the ‘believing’ body! (Powerful occult, in there!) The next part, from Ophiel, is very important.

“By means of the directions to be given, and by your practicing them, you will, in time, learn to project a large degree of your consciousness to the inner planes and still remain asleep. (This is also connected very closely with what was said previously about developing another ‘body’ on the inner planes but for now all you do is project a part of your consciousness.) You might say, to describe it more easily, that you first get a hand hold on the inner plane and then pull the rest of yourself thru to there!!” End quote.

By means of the directions to be given, and by your practicing them, you will, in time, learn to project a large degree of your tactile-feeling to the inner planes and still remain asleep: Simply by doing/practicing the egg/chair exercises, of tactilely-feeling, whilst conscious and awake, aware of the/your surroundings/physical body, will/shall, have the same effect, as Ophiel’s, ‘hand-hold’, in the above quote. The next Ophiel quote, is the most crucial, to your present endeavours/efforts, in your desire to project/transfer, your consciousness, so please read it carefully, so that you get/have, the best, from it.

“Now, how, do you get this CRITICAL FACILITY to function on the Inner Plane? Well at first thought it seems almost impossible to develop such an ephemeral thing so that it will work. However, it will work. And the way to make it work is thru a combination of Will Power and Desire. We are all more or less familiar with the strange ability we have of hearing a tune of new music and find ourselves humming it in a few days. This is exactly the same process that will make the CRITICAL FACILITY A REALITY IN YOUR DREAM LIFE. Still another strange facility, ability, that we all have is that of reading a story, or seeing a moving picture, and then finding out the next day that we have dreamed about that story or picture.

This carry over is quite common. This ability, combined with Desire, Will, will do the work. All you really have to do is to think and desire a great deal about developing the Critical

Facility and you will find yourself using it, in your dream life.” End quote.

The present writer, shall, just for the sake of clarity, explanation and context, adjust the above Ophiel quote, so that it reads more clearly, for those members of the group, who are not yet able to ‘transfer over’, their consciousness, in any of Ophiel’s methods, for whatever their particular hold up is.

Now, **how**, to get the/your critical facility to function, in/on an inner plane, is to increase/enhance/develop, your psychological psychic senses, of **tactile-feeling**, so that you #0, outer, outer physically physical body you and #3, ego body, present incarnation, personality body you, recognise and accept, each other, (This ‘recognition’ is ‘big occult’). The present suggested/recommended way, is that of the egg/chair exercises. (Almost any ‘exercise’ will ‘do’, as long as you, the practitioner, apply, the principle of, **tactile-feeling** to it = the chosen exercise.) Well, at first thought, it seems almost impossible to develop such an ephemeral thing, so that it will work. However, it will work. And the way to make it work, is thru a combination of; Daily Practice and **Tactile-Feeling**. We are all more or less familiar with the strange ability we have of hearing a tune of new music and find ourselves humming it in a few days. This is exactly the same process that will make the CRITICAL FACILITY (**Tactilely-Feeling**) A REALITY IN YOUR DREAM LIFE. Still, another strange facility, ability, that we all have, is that of reading a story, or seeing a moving picture, and then finding out, the next day, that we have dreamed about that story or picture. This carry over is quite common. This ability, combined with a, Developed Sense of **Tactile-Feeling**, will do the work! All you, #0 &+ #3, have to do, is to do the practice and develop, enhance, on a daily basis, the/your psychological sense of, **tactilely-feeling**, and you will find yourself using it, **Tactile-Feeling**, in your dream life.

Having discovered, found out and understood, that you, consciousness, do not, transfer/project the/your #3, ego body! Forces you, consciousness, to pay attention to, the/your #1, malkuth earth/hades **tactile-feeling-body** consciousness, as it **is, this body, #1 Consciousness**! Which is going to transfer/project, into/onto, the/your #2, etheric plane, via, the/your #2, etheric body, via the/your **tactile-feeling**! The present writer, is now going to state the obvious, which they, the present writer, knows, will be ‘wasted’ on many, but that is of no importance.

You do not, cannot, project the/your #0, outer, outer physically physical body! You do not, have not, a consciousness of the/your #2, etheric body! (Otherwise you would/could, already

etheric project?) So, it should be, more obvious, that you, consciousness, have to project/transfer, **from**, the/your #1, malkuth earth/hades plane, to the/your #2, etheric plane. Whether you, consciousness, are aware, awake, to this fact, is neither here nor there, as it can be and is, done by many. But, the ‘bridge’, between your #0, outer physical body and the/your #2, etheric body, **is**, the/your #1, malkuth earth/hades psychological **tactile-feeling-body**! Ophiel, next writes:

“Let us go back to the original illustration, that of the 8 horses drawing a small automobile down a street of a city which you see in a dream. What would happen if you saw this in real life? In real life, you would stop and stare at the sight and many questions would run through our mind like this – is it an advertising stunt? Is the car broken down? If so, then why in the world have 8 horses and why are the horses green? What is this all about? As I said, questions like this would run through your mind until you were uncomfortable at having now answer. The same thing happens in a dream. When you have developed enough Critical Facility, the dream discomfort would grow and grow, until you reach the point where you could stand it no longer. You will either wake up, OR, YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS, THAT YOU ARE DREAMING!!! This point, will mark a great achievement/advancement in your Occult projection work.” End quote.

It has already been pointed out, that your #3, ego body, **piggy-backs**, on whichever body, consciousness is, using, occupying, working with, at the time. It has already been pointed out, that your #3, ego body, can only observe, and that it, #3, ego body, is a, construct of, the/your #1, malkuth earth/hades plane? Please read again, in Ophiel’s book: Astral Projection, wherein he, Ophiel, writes, that we transfer/project, nothing but, consciousness. Knowing this, please read the above quote, from his book: Astral Projection and apply your understanding, to ‘where’, your **tactile-feeling**, comes ‘in’, in the above quote.

Side note: psychological **tactile-feeling**, is where you, consciousness, believes! You, #0 &+ #3, consciousness, knowing this, knowing of this, now have a powerful opportunity/tool, to use/wield, at your command? You could #0, ‘take’ anything you wish, convert it, to your psychological **tactile-feeling**, and handle ‘it’, each day, every day, until you achieve your goal/aim? (This is where the letter, of Saint Augustine of Hippo, comes in.)

In the/your psychological darkness, blackness, blindness, your object, circumstance, thing

and/or it, **would come to you**, #1, malkuth earth/hades, and you would be in a position/place to **tactilely-feel**, define, three-dimensional-ise, symbol-ise, it; within you, about you and surrounding you, #0 &+ #3! This of course, means that you, consciousness, do not, of necessity, need to/have to, #2, etheric project, in order to be/become successful? Here is how Ophiel, writes it, from this same book: Astral Projection, same chapter; Dream Method:

“I hereby call your attention to the following – (also you should discover it for yourself as you progress in this work) IT SEEMS TO BE TRUE THAT THERE IS ANOTHER LIFE ‘OVER THERE’ THAT YOU LIVE WHEN YOU SLEEP ‘HERE’. When I first thought that, that life ‘over there’ was automatic and all persons lived it, but I have since found that you have to develop this life ‘over there’. **That is, you do have a ‘body’ over there now, as you have some kind of an organisation, called a body, on each of the planes**, but, to live this life ‘over there’ life, you have to wake up to a large degree ‘there’; and organise this other body and organise this other life, for action and movement, before you can participate in the full benefits of that life ‘over there’.” End quote.

That is, you do have a ‘body’ over there now, as you have some kind of an organisation, called a body, on each of the planes = The basic cosmic egg and/or basic chair exercises, along with the letter of Saint Augustine of Hippo, are ‘for’ the plane, known as the #1, malkuth earth plane, at the bottom of the tree/map/symbol, common to most occultists, and which plane is not, #0, outer physical and is not, #2, etheric, but is, #1, malkuth. The tree/map symbol, in/on the inside covers of the Ophiel book; Astral Projection; being presented at this moment. The sphere at the ‘bottom’ of the/tree/map, is the first inner plane going up/in and the last inner plane coming down/out. This sphere, malkuth, is not, physically physical! Ophiel then writes:

“for example, as you may have suspected, it appears that a great many things can be done ‘over there’ that can effect ‘here’. It is thus possible for a man to build a life ‘over there’ that can influence ‘here’ very strongly. That is, many highly developed persons ‘here’, do unconsciously, (from their life memory standpoint ‘here’) build up a life ‘over there’, that greatly influences and helps this ‘here’ life. I am convinced that all that great successes, of this physical life, have done this second life building; and it is this second life, that gives them the drive and inspiration and power to carry on ‘here’ etc.” End quote.

The present writer doesn’t care about opinions or view-points. There is/are countless numbers of persons and individuals who dream/visualise, of being/becoming ‘successful’ and ‘fail’

miserably. This is because of the 'gap', 'break', between the bodies #0 &+ #2; #0, physically physical 'doing' and #2, etheric visualising; The 'missing link?', is #1, tactilely-feeling, which, moves/drives both bodies = #0 &+ #2. The 'secret' lies in the word, 'un-conscious'. One of the 'secret ways', was to gain/get 'control' of the #3, ego body, is through education, discipline and routine. Why? Was/is this important? Because the only, strength, in the #3, ego body; IS THAT OF OBSERVATION!? Remember, recall, that the/your #3, ego body, present incarnation, personality body, construct, of the/its present time; Piggy-Backs, in/on the/your now present, consciousness, and, as Ophiel has explained, in his book: Astral Projection; which you have read? = You recall that we said previously, that in Astral Projection you do not project anything but consciousness, your consciousness = Believe it or not! = your #3, ego body, is not, your consciousness! Please study this 'fact', whilst practicing your egg/chair exercises, and/or your; Little System and/or Dream Method, practices. This 'occult' usually comes as a 'shock', to the reader, and even more so, to the practitioner.

Once a person/individual knows, understands, that the 'powers' of the #3, ego body is/are, observation, then there is, should be, a wonderful sense/sensation of, balance, poise and equilibrium, as the #3, ego body finds/discovers its place! This understanding, sensation of the #3, place/position, (Piggy-Backing and Observation), now has a, positive and dynamic contribution, in/on any efforts, directions and ambitions of the/your #0, outer, outer physically physical body, as it now makes it easier, simpler, for the/your #1, malkuth earth/hades tactile-feeling-body you = TO BRING THROUGH/SUPPLY = THE NECESSARY WORK-ETHIC = TO GET THE JOB DONE! Whatever that 'job/task' may be, for you, #0! (Get it?). (See/read Ophiel's chapter: The Two Minds, from his book: Clairvoyance.)

Thank you.