

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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4 of 5 from here to... 2020

Here is what Ophiel wrote, and was presented, in the previous post/message/monologue:
Then again, I cannot tell you *exactly* how to influence and change your future!! People are all different from each other, and each of you must find the key to his life “lock” for himself and only he can “do” it, and only he can use it = the ‘key’ to, unlocking, the/your life/living, is, the/your consciousness ability to tactilely-feel-believe!!!

As soon as you, the reader, know, understand, that the/your #1, malkuth earth/hades plane/body, is the tactile-feeling-defining, three-dimensional-ising, symbol-ising, body, then you, #0 &+ #3, have a, chance/opportunity, to do something about how you, #0 &+ #3, live/feel! Here is an example, from Ophiel, from his book: Talismanic Magic; his chapter: Charging a Talisman:

“And you know that changes in the functioning of these Forces are what constitutes “good” or “bad” effects on this Physical Plane according to how these changes affect you, and the object of your Talisman is to persuade. (Along with all kinds of prayers, supplications, petitions, please, calls, beseechments, implorations, invocations, and entreaties.)

All these actions are made basically for the purpose of altering physical circumstances which are present manifestations of the present action patterns of the, can we say, “local” Astral Light combinations. Also, do not forget that there appears to be strong evidence that present unwanted adverse actions of the present Astral Light combinations in your life are of your own ignorant doing or of the doing of others about you.

So therefore many answers to prayers, and answers to successful Talisman workings, are often merely a stopping of what you are doing wrong, or influencing the Astral Light in the wrong way, and this stopping can be brought about by you by preparing the Talisman and studying all the factors involved, and thereby gaining some conscious insight into what is wrong and making conscious connections.” End quote.

The word; Faith, has already been presented to this particular Ophiel Magic Group, and most know its etymology, is/means; to persuade; to convince? This is the key task/job, of the #0, outer, outer physically physical body and the #3, ego body, present incarnation, personality body. The word ‘belief/believe’, is for the/your #1, malkuth earth/hades tactile-feeling-body and means: belief - to trust! And you now know, that the/this ‘trust’, is built on tactilely feeling-believing!

This; tactilely feeling-believing! You, #3, ego body, observe, as you travel your; Little System Route and your Dream Method of projection.

This; tactilely feeling-believing! You, #0, Outer physical body conscious-ness you, and/plus, #3, ego body you, have developed/enhanced each day, with your daily practice of, your egg/chair exercises.

As you personally develop this/your ability to meaningfully; tactilely-feeling-believe, you, #0 &+ #3, will, shall, come to sense, feel, as if, as though, there is, are, two of you? As soon as this happens, then everything about, twins, takes on a new, different meaning, especially more so, as you read folklore, mythology, and ancient religions. Also, the understanding of just how much, your #1, malkuth earth/hades, tactilely feeling-body, relies on you, #0 &+ #3, for understanding and direction, but... the return for such patience, sacrifice and effort, on the part of #0, consciousness, is well rewarded, and so both partners grow together.

Take a cup and place it before you. Look at it with your eyes, and simply see it form, shape, pick it up and handle it, feel its weight, study its 'purpose', its 'action', its 'task/job' and the put/place it back on the table. Look at the cup, and then close your eyes. Once you are in the darkness, blackness, blindness, with absolutely no 'light', stretch out your hands, and pick up the cup; in the blindness, handle the cup, feel its weight, study its purpose, its action, its job/task, and ask yourself: DO YOU CONSCIOUSNESS? – BELIEVE THE CUP?

You can't visualise it, the cup? Because you, consciousness, at the/this, #1, level, are blind(?), the only way possible, to 'see?' (observe), is through, by, with, the/your ability to psychologically tactilely-feel, define, three-dimensional-ise, symbol-ise, the 'cup?'. But... the question is? Do you, #1, consciousness, believe, that there is, a 'cup' there? Or, as is the 'case' for so many, many persons/individuals? Is it #3, ego body you? Who is 'handling' the cup? Many persons, tell the present writer, that it is the/their #1, malkuth earth/hades tactile-feeling-self, who is 'handling' the 'cup'? But... so many, many forget, that the/their #3, Ego body, present incarnation, personality body = PIGGY-BACKS! In/on consciousness?

If the above situation, is the same, for the/your talismans? No wonder, they don't/can't work?

If the above situation, is the same, for the/your treasure map/charts? No wonder, they don't/can't work?

If the above situation, is the same, for the/your rituals? No wonder, they don't/can't work?

If the above situation, is the same, for the/your Little System/Dreams? No wonder, they don't/can't work?

If you, the reader, are #3, ego body consciousness, dominated? No wonder, you, consciousness, don't/can't work?

Imagine, if you will, (and most of you can!), that your #3, ego body, takes over your #4, emotional body, and makes the/your, #2, visualisation body, not work? So that, the/your #1, malkuth earth/hades **tactile-feeling-body**, does not **'believe'**? Is it any wonder, that the/your #0, outer, outer physically physical body, is going to 'suffer?'. Here is/are two simple exercises, just to show/demonstrate, where you are(?), in your occult practices, work. These exercises should, in the normal/average persons, have some effect/impact, even if it is just a personal/individual view-point.

The first exercise is to stand, where you know you will not be disturbed, for the length of time, that you are going to be practicing. This/these practice sessions should not be more than four minutes max. This is because of the rule: repletion not duration, to develop/master a skill/art. High repetitions, must be short and must be adhered to. If you would like to 'enhance' your experience, then you should read Ophiel's book: The Occult and his Correspondence Course in the Foundations of the Occult. But the exercises will/shall, still work(?), even if you don't know these/this. Having selected your practice place, you stand and half-close your eyes, or if you can't, close them all the way.

Turn your consciousness inwards and check how your #0, outer, outer physically physical body 'feels', shape, size, form; try to get the actual, factual, literal dimensions, of the/your #0, body, in your darkness, blackness, blindness. When you have these things; **tactilely-feel**, that 'you', consciousness, are now, standing inside, a black-egg, with the small end at your feet and, obviously, the larger end at your head. This 'egg' now forms a 'shield' about you, within you and surrounding you – consciousness.

Within the/this/your, darkness, blackness, blindness, **tactilely-feel**, that there is a 'sphere' at your head, with its bottom edge, resting on your collar bones, on top of your shoulders.

From the top of your shoulders, imagine that there is an 'inverted pyramid', with its four sides, coming down your torso, so that its 'point' is suspended above your pelvis, its point,

being about an inch below your naval.

This 'point' is creating/making a 'bow-wave-curve', from the tops of your hips, down to your lower intestines/pelvis, and its outer curve is just below your crotch, marking the tops of your thighs. Thus, you have a 'bowl' at your hips/pelvis/crotch.

The 'bottom' of the bowl, sits on top of a 'cube', which is from just below your crotch, at the tops of your thighs, to about an inch below the soles of your feet.

And all of this/these five, basic elemental forces symbols, are in complete and total darkness, blackness, blindness. They can only be 'recognised' by you, consciousness, through your ability to, psychologically tactilely-feel, and the/your #3, ego body ability, to observe.

Psychological tactile-feeling, dominates this, level, of consciousness - #1, malkuth earth/hades, and there is only, the black-astral-light. Therefore, as explained by Ophiel, in his book: Clairvoyance, his chapter; The Astral Light. We read this:

“Now, after you have absorbed the above concept you can understand the next statement, which is – All Inner Pane 'things' are 'cushioned' and 'floating' on this sea of Light. In another sense, this sea of Light is more like a vast Inner Plane Ocean, on the surface of which, floats the objects, that exist thereon and therein.” End quote.

We are, at this particular moment, in/on the 'bottom' of the/this 'vast 'inner' sea/ocean', and at the 'bottom', there is only, black-on-black, black-astral-light, blindness, psychological tactile-feeling, defining, three-dimensional-ising and symbol-ising! (But... please try to remember/recall, that we are presenting, about belief/believe/trust!)

Now, after you have absorbed the above concept you can understand the next statement, which is – All Inner Pane 'things' are 'cushioned' and 'floating' on this sea of Light = Black Light – black-on-black – invisible, hidden, secret, silent, blind – tactile-feeling, defining, three-dimensional-ising, symbol-ising = but... do you, consciousness – believe? Or, are you, consciousness, #3, ego body, dominated? Here is what Ophiel writes, in his book: Astral Projection; Little System;

“Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it. ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.” End quote.

Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc = this exercise is greatly enhanced, increased, by/with the preliminary practice, doing, of the/your egg/chair exercises, as you are now able to, tactilely-feel, your Little System Route, and your consciousness, place, in it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE = This particular ‘one day’, is/will be, achieved much faster, , by/with the/their egg/chair exercises, and when the/your #3, ego body, present incarnation, personality body, accepts, its place, in the ‘scheme’ of things, and simply ‘observes’, leaving consciousness, to, get on with it. Here is another example, from Ophiel, of the same thing, but in his next chapter, of his same book: Astral Projection; Dream Method.

“As I said questions like this would run thru your mind until you were uncomfortable at having no answer. The same thing happens in a dream. When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!! This point will mark a great achievement in your Occult projection work. I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later.” End quote.

When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!! = The individuals critical facility, is/will be, greatly enhanced, by/with the/their egg/chair exercises, and when the/your #3, ego body, present incarnation, personality body, accepts, its place, in the 'scheme' of things, and simply 'observes', leaving consciousness, to, get on with it. Ophiel writes, at the end of this: I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later – unfortunately, he didn't/doesn't.

If you, the reader, would like to 'experience' Ophiel's, 'neither state condition', then it is suggested/recommended, that you at least test, try, use, the egg/chair exercises, to see, find out/discover, if they are for you or not, at this particular time, in the/your, occult life/living, practicing. When person, enters, the/their psychological darkness, blackness, blindness; THEY HAVE 'ENTERED' THE NEITHER-STATE-CONDITION! Even if, even whilst, they are fully, aware, awake and conscious? (Which is? The 'whole-point?', is it not??) This is, of course, where; belief, believe, believed, believing, trust, also 'enters' in? It is not, the/your #3, ego body, present incarnation, personality body, you! Who has to, who must, believe/trust! It is the/your #1, malkuth earth/hades tactile-feeling-body-you – consciousness, that must, believe/trust!

Once a person/individual knows this, is aware of this, is conscious to/of this, then the 'pressure?', is 'off', the/your #3, ego body, present incarnation, personality body – who can now(?), play to 'its', strengths – observation! The/your, #3, ego body, now has, nothing to prove?? #3, ego body's job/task – is to observe! (Watch over – as in/from – above, over, higher, before and in-front!).

This is the 'point', to the egg/chair exercises. You, the, would be, occultist/magician, now have an extra-ordinary-chance, opportunity, to 'enter-in', to the/your 'exercises', knowing beforehand, that you are developing, enhancing, increasing, stimulating, awakening, the/your dormant/latent Psychic Powers, in 'Real-Time', 'Now-Time', and that you are 'doing', this/these 'exercises' (egg/chair), in/on the/your #1, malkuth earth/hades, psychological tactile-feeling, defining, three-dimensional-ising, symbol-ising plane.

Many, individuals and members, are slightly, crest fallen, when they e-mail the present writer, and find out/discover, that they, the present writer, are not interested, that they can't/don't, at this particular time, in their occult life/work, etheric/astral project? As if, in some mysterious/miraculous, way, that they, the present writer is/are, going to 'cure' them, of their 'affliction?', 'predicament?'. So many 'fail' the 'cup' test, simply because they, their, #3, ego body, are unable to 'let go?'. Let 'go' and simply, observe?

What the #3, ego body, is to observe; is the, tactile-feeling, of the plane, and thus, realise the consciousness duality of it = plane, object, consciousness. In the 'dream method', if there is 'no ego', personality self, piggy-backing, in/on the consciousness, observing, then it is, as Fox/Ophiel explains, a situation, where the most outlandish of presentations are accepted, without a second thought? (Oliver Fox; a woman with, four eyes; Ophiel, 8 green horses, pulling a car:)

So, there you are, standing in complete 'psychological' darkness, blackness, blindness, and you are being asked; do you – consciousness – believe? – that the/these five basic elemental forces, three-dimensional-symbols, within you, about you and surrounding you, now, are real? You can #3, ego body observe them, you can #0, outer, outer physically physical body, sense them? You can #2, etheric plane, visualise them? But... can you/do you, consciousness - #1, malkuth earth/hades – tactilely-feel-believe-them? Are you, consciousness, there – with the 'cup', or(?), is the 'cup', there with you - #3?

Once you, the reader/practitioner, amass enough, tactile-feeling, then you can apply it (tactile-feeling), to any plane you wish to/want to! And 'be there?', in consciousness, as a duality – you and 'it'! you and the plane/level! You have to get to the level of belief, where you can understand through experience.

When you get/have, all five basic tattva symbols, and you can define, their form/shape/edge, within you, about you and surrounding you, #1, malkuth earth hades, tactile-feeling-body, the question has to be asked – do you - #1, malkuth earth/hades believe?

After two three minutes, absorb all five symbols, back into #0, outer physical body you, open your eyes and go about your business, until the next practice session. Please study the table below, for your advantage.

Causing/Creating/Change – in/on the/your #1, malkuth earth; Akasha-of-Earth = Egg – whole body.

Believing – in/on the/your #1, malkuth earth; Air-of-Earth = Sphere – head.

Object, circumstance, thing or it - in/on the/your #1, malkuth earth; Fire-of-Earth = Inverted Pyramid – torso.

Tactile-feeling - in/on the/your #1, malkuth earth; Water-of-Earth = Bowl = hips/pelvis/crotch.

Three-dimensional-ising/ Symbol-ising – in/on the/your #1, malkuth earth; Earth-of-Earth = thighs/legs/feet.

All of the above takes place/happens, in/on the/your darkness, blackness, blindness **tactile-feeling**, #1, Malkuth Earth/Hades Plane! (See Ophiel's book: Caballa Magic, his colour plate; bottom row – left to right).

In the question of training/practicing; keep it short, repeat it often. Long duration of exercise, is 'counter' productive!?!

Thank you.