

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 5 of 5 from here to... 2020

It is so easy for individuals to work with the/their #0, outer physical body; use, used, using.

It is so easy for individuals to work with the/their #2, etheric body; reflect, reflection, reflected.

It is not so easy for individuals to work with the/their #1, malkuth earth/hades body; **tactile-feeling**.

One of main reasons of/for this, is the number one's complete and total 'absorption' into the number zero body.

So much so, that many persons/individuals consciousness, cannot, does not, is not, able, capable, of separating the two, #1/#0. Yet there is much ancient history in form of folklore, fable, mythology and organised cults/religions, to show, that at one time, the common knowledge of this fact, was widely known, accepted, and that they had defined techniques, to deal with this/these phenomena.

It was not until the advent of making the psychological darkness, blackness, blindness, evil! That the world change, came about, and much that was built up, over many centuries, was lost. The understanding, the knowledge, the knowing, that the darkness, blackness, blindness, was/is alive? That the understanding, the knowledge, the knowing, that the darkness, blackness, blindness, was not to be, feared or rejected or shunned, as it, the blindness, had/has, its place, in the universal scheme of things, and that the individual, accepted this, along with their 'own', individual place/function, within the/this same, scheme, darkness, blackness, blindness.

The worthy ancient Greeks said; that without human kind, the Gods would die; that without human kind, the Gods are dead. This puts/places all Gods, of any kind/type, in their place? But... if you wish to project consciousness, from here to...? (There?), then you, consciousness, must confine, define and three-dimensional-ise, symbol-ise, the natural world and the/these natural forces, which are behind them, so that there is a, partnership/harmony of; working with, what you have now? In the way of materials?

At the moment, (since 2003), the emphasis, is/has been, placed, in assisting some of those members, on the list, who, having read and followed Ophiel's materials, are still unable to

translate the information, into constructive action, that betters, enhances, their now present conditions, in such a way, as to bring relief. To this end, it has been pointed out, for a while, that the possible introduction/understanding of, the 'role', played by/with the/their #1, malkuth earth/hades psychological **tactile-feeling**, defining, three-dimensional, symbol-ical; belief, believe, believed, believing, body(?), and its separation, underdevelopment, lack of enhancement, maybe(?), the one single factor, that is inhibiting them, in/on many levels, and that they, consciousness, are un-aware, un-awake, un-conscious to/of, the/this, fact, in their natural and/or occult lives/living?

Occasionally, the present writer, has used the old crazy book (Bible), to show/demonstrate, that somewhere, within the/this work of, fiction/technique, that there is/are techniques, right there, right out in the open, which, when applied with an understanding of the planes, through the bodies, and the/their different levels/actions; it is plain to see/read that these, sects/schools knew and had known and had knowledge of, the darkness, blackness, blindness, that was/is, our psychological darkness, blackness, blindness. So, in keeping with the narrative; here is a very good example, from the old crazy book (Bible), that helps/assists, to explain many things: KJV; John 20: 25.

“The other disciples therefore said unto him; We, have seen the Lord. But he (Doubting Thomas), said unto them; Except I shall see, in his hands, the print of the nails, and put my fingers into the print of the nails, and thrust my hand, into his side; I will not, believe.”

Fair old bit of; **tactile-feeling**(?), involved in the above statement? Most of the persons that the present writer has to deal with, are a bit brain dead, when it comes to stuff like this. (Or, maybe(?), it's the present writer???). Here, is the; Big Kahuna, come to say, hello! And because one of them (Bodies), Thomas; hasn't actually, factually, literally = **tactilely-felt** – touched, defined, three-dimensional-ised, symbol-ised, it/him/them(?), they/he = doubting Thomas - #1, malkuth earth/hades consciousness; refuses point blank! To, '**believe**'!!!

Well; it just so happens, that there is, are, many persons, like that, in/on this particular Ophiel Magic Group; who do not know-how(?), to go about, to make **believe**? They, these persons, have not learned/mastered the art and practice of; going from; here to... there? Also, many, many persons, individuals, are/have been, brainwashed, indoctrinated, into believing(?), that the old crazy book (Bible), is 'real?', and that the fictitious characters, are 'real' historical figures. This/these 'characters', were actors/players/everyone/anyone, you! The reader, worshiper, **believer**(?). But... without the power, without the glory, without the 'technique?',

that is 'going to' save you!

For many years, as a child, the present writer used to think/**believe**(?), that the 'Voice of God', was like the 'voice' of Charlton Heston? And, that John Wayne, had won the 'West', and had also, 'Won' the second world war(?), single headedly(?), because they/these two, were in the 'movies', and the 'movies?', were real history, and that was why(?), everybody went to see them(?). (See/read Ophiel's vignette: Self-Awareness; and his explanation of 'sleep'), here is what Ophiel writes:

"The, 'dictionary' does give a list of 'synonyms,' however, which is rather 'illuminating.' Some of these are, "Aware," "Conscious," "Alive," "Awake," meaning, "Having Knowledge of something that is not, 'Obvious' or 'Apparent.'" **'Aware' usually implies, 'Vigilance,' in 'Observing'** and 'Drawing Conclusions' on what one 'Sees' and 'Hears.' *Consciousness*, implies, 'Awareness' of 'Something **Allowed?**' to 'Enter' the 'Mind' and with **'Fixed Attention,' upon it.** *Alive*, 'Adds' to 'Sensible,' with the, 'implication' of 'acute sensitivity' to 'something.' *Awake*, implies, that one has, 'Become Alive,' to 'Something' and is on the, 'Alert!'

**Now, the word, 'Awake' is really more, 'esoterically illuminating' than the word, 'Awareness' the dictionary definition of 'awake' reads: "To come out of sleep: or a, 'sleep-like state.'" Those words are 'Very Potent.**

If you will stop to think of our lives, and the way they appear to be, I would say that many people are in a 'Sleep-like state' all through their, so called, 'Waking-lives.' Talk to people; watch them, if you 'think' deeply about it, and 'feel' deeply about it, you can, 'sense' that many people are, 'NOT AWAKE!' and 'NOT AROUSED' are, 'NOT THINKING!' and are, 'NOT AWARE! Of what's going on. They are not, 'Aware' of much of anything. They would rather get into a 'Cocoon-like, dream-state, a 'half-dead' state, and stay there.

**To repeat, people flounder through life wrapped up in a shell. I have never found any group or religion, which woke them up even a little. Even a 'little' is a, 'lot'.** People seem to get a vague life pattern for themselves, with not much planning apparent.

**It seems clear enough that those people who get ahead in this world are those who are awake and planning, who are vital and dynamic. Have you ever noticed this yourself? Watch them next time; study some of these people. They actually seem to be more alert than other people."** End quote.

**'Aware' usually implies, 'Vigilance,' in 'Observing' = #3, ego body.**

Allowed?' to 'Enter' the 'Mind' and with 'Fixed Attention,' upon it = #1, tactile-feeling-body!

Now, the word, 'Awake' is really more, 'esoterically illuminating' than the word, 'Awareness' the dictionary definition of 'awake' reads: "To come out of sleep: or a, 'sleep-like state.'" Those words are 'Very Potent. = tactile-feeling-body!

To repeat, people flounder through life wrapped up in a shell. I have never found any group or religion, which woke them up even a little. Even a 'little' is a, 'lot' = tactile-feeling-believing!

It seems clear enough that those people who get ahead in this world are those who are awake and planning, who are vital and dynamic. Have you ever noticed this yourself? Watch them next time; study some of these people. They actually seem to be more alert than other people = they, these people/persons #0's, are 'connected/attached'(?), to the, their #1's and they, #0, move – use, used, using – the/their #0's, in agreement with, the/their #1, body!

It is the/their #1, tactile-feeling-body, which gives them/these, #1, awake, aware, consciousness people/persons, their #0, work-ethic, to follow through, with the/their #0, outer, outer physically physical body actions/doings.

Now, it may be(?), that you, the reader, Ophiel student, have; #2, believed visualised a wonderful, life, career, and success, for yourself = #0? And, just like the 'naïve' youth, of films/actors above, you - #0, believe(?) this/these – phantom images/dreams?

But... until(?), and unless(?) Oh, oh!!!! Can see where this is going!!!!!!! Need a 'hole?', to put my finger in!!!!!! You get the 'idea?', guys!!

So, just for the 'sake?', of the argument? Let us assume, that the distinction of the action, of the/these three planes; #0, #1 and #2, have certain laws, rules and governances of which/from which, they/these planes, will not deviate one iota. (See/read Ophiel's second book: Creative Visualisation.)

Having obtained the laws, rules and governances, of each plane, the operator, then has to develop the/their art, skill, technique and practices, to suit/fit the/their now present #0, outer, outer physically physical body ‘and/plus’, the/their #3, present incarnation, personality, ego body!?!

The #0, outer, outer physically physical body, is **already**, sub-servant to, the **tactile-feelings** of, the/their #1, malkuth earth/hades plane/body! So, there is not too much need, for work, on this, to adjust, to accepting, the #0, body’s relationship, to/with, the/its #1, malkuth earth/hades body/partner! This is brought out, in the letter of Saint Augustine of Hippo; be/become a friend, to thine adversary/opposer, **bind/trick**, your adversary/opposer by/with = **agreeing with**, them/it!?!

Unfortunately, for all concerned, Augustine didn’t specify, what the adversary/opposer was/is or where(?), it might have been worked with, harmonised with, partnered with, shared with, etc, etc. As he, Augustine, still referred to our psychological **tactile-feeling-body**, as ‘adversarial’ and ‘oppositional’, to our #0 &+ #2, desires, wishes, hopes, dreams, etc, etc. But... it is a wonderful ‘technique?’, that even the most basic of persons, could work/operate with(?), provided that, the/their #3, ego body, present incarnation, personality body – understood – its – role!?! In the great work/great task!?! Or, even in just living well!?!

For the more advanced student, or the more inquisitive student, the ‘technique’ of the ‘letter’, is explained, in the first 4, verses of the: KJV version, of the old crazy book (Bible).

“And the earth was without form, and void: and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters, and God said; Let there be light! And there was light; and God saw the light; that it was Good: And God divided the light, from the darkness.” End quote.

After that/these, four verses, its straight down the toilet pan and around the ‘u’ bend! For the rest of the book. The/your, ‘psychological’ darkness, was/is first! The #2, #4, #5, #6, degrees of ‘light’, are second! **IF! You are ‘going back up/in/returning?’** It is, as Ophiel writes, in his first lesson, in his correspondence course, in astral projection, all a question of ‘direction/flow’ of consciousness, which, once you, the reader/Ophiel student, will understand, once you have transferred/projected your consciousness, and are then able to;

About Face/About Turn, and Look Back/Look BEHIND!?! And ‘see’, that the/your #0, outer, outer physically physical earth/world is, a projection of, the/your #1, Malkuth Earth/Hades Plane!

Here is how Ophiel, writes it, towards the end of his vignette: Self-Awareness:

“I am coming to the conclusion that this is the earthly beginning of what Occultists talk about as, ‘Self-awareness.’ It does seem to me that many people in life are aware of things, and of course, aware of things that are connected with themselves and their own participation in daily things, that other people are not aware of. This, ‘awareness’ of themselves, of the Physical Plane World, and then of the, ‘Inner Plane Worlds,’ would suggest to us that the trilogy, (Of ‘thinking/action’ above outlined) is the, ‘Open Sesame!’ to the, ‘Cave of Riches,’ stolen from those who were/are, ‘Not alert!’ (Ali Baba and the, ‘Forty Thieves,’ in the, ‘Arabian Nights’)” End quote.

So, our ‘trilogy’, at the present moment, in relation to, our efforts to, project/transfer our consciousness, is/are;

#0, outer physical body = use, used, using.

#1, malkuth earth/hades body = tactile-feeling.

#2, etheric body = reflecting.

#3, ego body, present incarnation, personality body = observing.

It is in the ‘way’ of the #3, ego body, that many/much, of the current difficulties/problems may ‘lay’, for many, #3, present incarnation, #3 ego bodies!?! And, the prime reason of/for this, is(?), that you – consciousness, do not(?), project/transfer the/your #3, ego body!?! You – consciousness, project/transfer your awake-ness, awareness, consciousness to a/an ‘other’ plane/level, and the/your #3, ego body = PIGGY-BACKS = on/in with(?), the/this your – consciousness? So, even though, for the simple sake of explanation/elucidation(?), the #3, ego body, is referred to, as a ‘body’, which it is not(?), but... in order to explain, and put in place, it is referred to, ‘as’, a body!

But... #3, ego you, does not, cannot, project/transfer, as it = #3 = is not, consciousness!

Our #0, outer physical body, is standing still, but... it is still engaged; still participating; still involved! And, just as we do not 'fall out of bed' whilst asleep, so too, shall we 'not' fall down, during our exercise. The exercise, is for the development, enhancement of your ability, to psychologically **tactilely-feel**. In the beginning, there will be darkness, and when you, consciousness, are fully aware, awake and conscious to/of the/this, darkness, blackness, blindness, you, consciousness, will/shall, after a time of practicing daily; see/observe a Light!

Here it is, from Ophiel; from his first book; Astral Projection:

“The colours on the dust jacket of this book, are the colours you will 'See' just before you 'break thru' into the Astral Plane, with your newly developed clairvoyant Inner sight, gained thru the work given in this book. When you 'see' these colours you will know you are making progress. The first things to appear, is the solid black.

Then next, the colours being to appear thru the black as is shown where the colours are lined in-between with black. The black then thins out and away; the colours become more brilliant and finally burst out, in to the blinding pure white Astral Light.” End quote.

As you do/practice your basic cosmic egg exercise, you, consciousness, are going to be/become aware, awake and conscious to the 'reality' of the black-astral-light, as an actual, factual, literal **tangible/palpable**, thing in its self!?! A/an actual, factual, literal plane! And not an abstract (non-concrete), thing! This, is crucially important, as it is the 'very substance(?)', of your/our being! Hence 'why?', it = #1, Malkuth Earth/Hades **Tactile-Feeling-Body** = IS! = the/your **BELIEVING-BODY!**!?!

Standing still, with eyes relaxed or closed, you = consciousness – enter your darkness, blackness, blindness, and you **tactilely-feel** – your #0, outer, outer physically physical body standing. When ready, you **tactilely-feel** your black-astral-light, basic cosmic egg, within you, about you and surrounding you, #0 &+ #1 bodies, with your #3, ego body = observing! Go all about the 'inside' of your egg, **tactilely-feel** both 'bodies inside', as you come up from your feet to over your head, and from your head, down to your feet. Feel the front of your bodies and the back of your bodies - #0 &+ #1, do this/these actions, with the/your #3, ego body observing!

This 'is' the darkness, spoken about, by the worthy ancients, at a time, when they 'knew', what they were talking about!?! And the earth was without form, and void: and darkness was



upon the face of the deep: This, is the ‘microcosmic’ personal/individual ‘technique’, being played out, in ‘real-time’, in, your-time(?). Next, move to your head; and in the complete/total darkness, blackness, blindness, three-dimensionally, tactilely-feel, the sphere, at your head. Tactilely-feel its shape, form, reality, in the silence, darkness, blackness, blindness. Feel the joy/pleasure at this, at being able to do/participate in this, and the excitement, anticipation, that this/these exercises, are going to enhance/develop your #2, Etheric Projection Abilities!

Come down from your Sphere/Head, to your torso, and tactilely-feel the shape, form, of your #1 and #0 body, tactilely-feel the flat base, of the/your inverted pyramid, supporting your Sphere, from your collar bones, and then feel the four sides of the inverted pyramid, in/on your torso. Enjoy the ‘tapering’ feeling, as your inverted pyramid, comes to its needle-sharp point, just below your navel. Feel both your arms, hanging softly, relaxed, from your shoulders.

Tactilely-feel, sense, in your darkness, blackness, blindness, black-on-black, BLACK-ASTRAL-LIGHT, the defined, three-dimensional-ised, symbol-ised symbols, of Egg, Sphere, Inverted Pyramid, within you, about you, surrounding you = #1 &+ #0, with you, #3, watching on/looking on/observing. Tactilely-feel, the needle-sharp point, of the/your inverted pyramid and ‘bow-wave’ that it causes/creates/makes, is now pushing/directing, a curve, a Bowl, at the/your hips/pelvis and that its base, sits below your crotch, at the top of your thighs. Also, very, very important, that you, the operator/consciousness = KNOW, UNDERSTAND = that when ‘you’, #1, communicate to/with you #4, it is ‘inside’ the/this ‘Bowl!!’, where the communication/dialogue takes place/happens!! Very, very, very, important!?! The same goes for #1, talking, communicating, speaking, dialoguing, conversing to/with #4, you!! The/your ‘LOWER INTESTINES!?!’, is ‘where’, the/a/any, change/exchange, takes place/happens!! Be aware, awake and conscious to/of this!!!!

Spend a lot relaxing time, here, in your ‘Bowl’, tactilely-feel, how slippery, its surface is, how smooth it feels, how reflective, responsive, deceptive, alluring, enticing, absorbing, it = the bowl!! Is/can be!!

Remember/recall, that you, consciousness, in/on the/your #1, malkuth earth/hades, tactilely-feeling, plane, have absolutely no need, no reason, to ‘visualise?’, in/on the/this/your #1, malkuth earth/hades plane! Enjoy this fact, wallow in its ‘release/relaxing’ gift! = no ‘need’ to ‘visualise!!’. The present writer is ‘obsessed’ by/with this ‘Bowl’ and its location.

Spending ages, spending a long, long, long time, just simply **tactilely-feeling**, its smoothness, curve-ness, both inside and outside. Spending time, running their #1, **tactilely-feeling**, all over it.

Whatever the present writer is ‘obsessed’ about, in/on the ‘other’, planes/times/places, is, HERE INSIDE!! The/this ‘Bowl’ (remember/recall, what was/is written/explained above, about ‘visceral intent’ and its ‘location’) This is where the ‘raw magic’ happens!?! No mistakes, no niceties, no morality. Feel the three-dimensionality, of your ‘Bowl’, and notice, like the Sphere above, over, before and in front, of the/your Inverted Pyramid, that the base of your ‘Bowl’, sits/rests on the ‘top’, of your Cube, at the/your thighs/legs/feet.

**Tactilely-feel** your Cube and study its shape, form, and see if you can sense/feel, in your darkness, blackness, blindness, black-on-black, Black-Astral-Light = its ‘finality’, its ‘end’, its ‘finish’! Nothing more is going to, happen/change/alter after this! After this, your Cube, all that remains, is = use, used, using! This is where Ophiel writes, in his book: Contacting the Demiurge, in his: Introduction;

“In all these name forms the Force-Demiurge carries out CHANGES WITH NO REGARD FOR THE CONSEQUENCES. The Force-Demiurge does what you impress upon it to do! TO REPEAT – CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES!!! (and that can be bad!!!) (To digress a little – a person who suffers from poverty and lack, is doing so BECAUSE THE PERSON IS SO ORDERING HIS CONTACT WITH THE FORCE-DEMIURGE TO DO JUST THAT! If a drunk is rolling in the gutter it is because the drunk has so ordered his contact with the Force-Demiurge to so do that! Sounds terrible but

appears to be true!” End quote.

The above Ophiel quote, is the/your Cube. Not! The your #0, outer, outer physically physical plane, which is in a ‘constant’ state/condition of ‘flux’. Especially this part; **CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES**!!! So, when you reach the Cube, in your basic cosmic egg exercise, you should be able to sense/feel the ‘meaning’, **tactilely-feeling**! Of what is meant. As you stand there, with all five basic elemental forces, symbols, within you, about you and surrounding you = #1 &+ #0, with you, #3, Ego Body, piggy-backing, watching/observing, you #3, have to realise, that what the exercise is ‘for’, is, the development, enhancement, of the/your #0, outer, outer physically physical body latent, Psychic powers, abilities to project, transfer, from here to... there!

From, #1 to #0!?! And, of course, when needed; from here to... there! From, #0 to #1!?!

When you are finished with your basic cosmic egg exercise, you simply relax, in the darkness, blackness, blindness, enjoy the sensation, tactilely-feeling, of all five, defined, three-dimensional-ised, symbol-ised, elemental forces symbols, within you, about you and surrounding you, #1 &+ #0; simply absorb them, back into you, #0, open your physical eyes, and go about your business, until the next 'specific' practice session. Please keep your practice sessions to three/four minutes, as the 'occult secret' lies in 'high repetitions', and not 'long durations'.

The ability of the/your #1, malkuth earth/hades psychological tactile-feeling, defining, three-dimensional-ising, symbol-ising body's EFFECT/AFFECT, in/on the/your individual/personal #2, etheric plane projection, transfer ability, from here to...there, is demonstrable and in many cases, a dramatic difference, in what has gone before and is well worth the testing, trying, using, of/for anyone who is genuinely interested.

Know what it is that you are doing. Do it for about three/four minutes, for several times a day, to build up your familiarity and ease of technique. Know what your, returns, are going to be, for such an expenditure of time/effort. Define your aims, and anticipate, the development, enhancement of the/your latent/dormant Psychic powers, which powers, is/are, #1, Malkuth Earth/Hades powers.

Also, be aware, awake and conscious to/of the fact, that you will be/shall be, taking your developed/enhanced Psychic powers, from here #0, to... there #1, and then, from here #1, to... there #2! This awareness, awake-ness and consciousness, of your objectives, will/shall greatly enhance, your development of, your latent powers!

Thank you.