THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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If a person/individual or group, become 'fixed' in their ideas or expressions, then there is/can be, no art. This is very, very prevalent, in organised religions, sects, cults, were the, 'letter' of the 'law', is, 'the law'? Fixed ways of prayer, fixed ways of dress, fixed ways of hair style, fixed ways of icons, fixed ways of literature, fixed ways ceremonies, fixed ways of nationalism, fixed ways of culture = death of art, innovation, spontaneity, inquisitiveness, curiosity, etc, etc. The 'crystallisation', 'solation' of a 'dead/fixed' God. Which is expressed within the nation/community and so it, the nation/community, dies.

In individual art, even though one masters, the traditions of that art, its (the arts), expression, cannot/must not, be, exceeded by/with, that self-same tradition. If a person/individual cannot take, and remake, the/that 'art' in their 'own' image(?), then that 'art' and/or that 'god', are/is, 'dead'! Here is how Ophiel writes, describes this, from his first book: Astral Projection, his chapter: Little System.

"First – I want you to understand that work in and on the Occult is of the nature of an Art, and must be considered and practiced as such." End quote.

Art (noun), skill, as a result of practice, from what one has learnt. From 10th century Old French, through the Latin, 'artem/ars'. Work of art; Practical skills; Crafts/Business. From the Proto-Indo-European Root word; ar(e)-ti; source of the Sanskrit; rtih = manner/mode; In Greek, 'artizein = to prepare'. Suffixed form of the Root; ar = to fit together'.

If you were/are, an 'occultist?' practitioner; then the, real, question is; are you an 'artist' and/or, are you 'artistic?'? Or, truth be told? Are you just a 'mimic?', are you just really, a 'mime-artist?'. Mime (noun), from the Latin; mimus; From the Greek; mimos = imitator; mimic; actor; mime; buffoon. (Origins of/for this word are unknown.)

The 'proof?' of this(?), as if we need(?), any proof? Is in the 'failed?', occult practices, efforts, that have been made in the past, in the present, and, the way things are going(?), in the/your 'future?'. The present writer, has a way of expression that is 'seen', as very, aggressive/assertive. This is beyond the present writers understanding, as they present, simply/only, for those who have not 'yet', and are maybe 'struggling', for whatever reason, to 'cross the line', from here to... there? Ophiel writes, a little farther on:

"The artist – painter, does not require strength of much capacity as he applies point to a rather small surface. The painter of houses does not use his own ideas as to how the house should be painted but follows directions of others. A painter of pictures follows no one's directions but follows his own ideas entirely as to what to paint down on his canvas. Almost anyone, can learn to paint a house, but only a few can be an artist – painter. One house painter paint's like most any other, but no artist paints like another artist, but is very different and individualistic. A house painter must please others with his work, but an artist pleases only himself, and may displease everyone else." End quote.

So, as an 'artist?', a person/individual would have to ask themselves, in all 'honesty?', why can't I get this to 'work?', for me? Whilst there is/are 'others?', who do and can? Is it them? Is it me? Is it the work? Am 'I', out my depth? Is 'it' beyond my 'skill?'. Should I really be reading this bozo? (Please remember/recall, that the/this 'bozo' doesn't care??). In many ways, in many cases, it is sometimes the explanation or the view, or the presentation, that simply needs 'adjusting', in order to; bring into focus, a possible, way forwards? At which point/place, the individual is then, able to, take off/fly, as it were? Here is what Ophiel writes, in his book: The Occult, his chapter: Return to Ritual:

"I am going to mention here, now, another matter/factor which enters into your future magical work, and, indeed enters into *all*, *ALL*, work, magical or otherwise. But, while factor can be lessened or ignored in ordinary work, although it is needed for good work, in all ordinary matters as I said and I repeat, the lack of this factor IN MAGICAL WORK IS FATAL (I am just introducing this factor NOW at this point, and it is my intention to develop this subject later in mor emphatic detail – but, if any jam up happens because of a lack of space – time, and I can't do it, I will have to carry it over to another book). The factor I am referring too is EMOTION. You must stir yourself up with EMOTION." End quote.

The present writer has very little in the 'way' of 'emotions', other than biological imperatives, and has practically none, in the desire to own/have/possess, large amounts of material things, having had none, from the start.

The present writer is passionate about understanding, and in controlling self; therefore, the situation/situations, in which they find themselves. They are also, aware to the fact, that millions of people/persons are of the same ilk? For millions of persons/individuals, the/their emotion, is in the satisfaction of 'appeasement' (this will do; this will do me?). No desire to provide a service; No desire to rise above; No desire to more; No desire become more: No

desire to excel; But, very opinionated(!), very critical(?), very negative(?), very judgemental(?) lacking empathy; lacking sympathy; so, lacking identity(?). (See/read Ophiel's vignette: The God that is IN, my mouth.) Ophiel, then writes, farther on, in his chapter: Return to Ritual:

"No doubt, many people/students will now write in and ask how to develop and arouse Emotions. They will thus have found that their e-motional nature has been neglected and when they looked into their nature for Emotions, there were none! Well, you'll have to develop-arouse you emotional Fire nature by yourself." End quote.

The present writer has met many, many, many passionate, deeply passionate persons/people, and they were/are, all failures!?! Their passion, their desire, had no 'structure'; no 'skill set'; no 'understanding'; no 'direction'; no 'pattern'; no 'inspiration'; they 'offered' no 'service', for which they could charge monies for? And so, they, their, emotions(?), passions(?), DIED AND WITHERED ON THE VINE! The, want to be crowd? The, could have been me, crowd? The, should have been me, crowd? The, I could do that crowd? And yet, with all the/their Emotion, Passion, Drive, Ambition and Enthusiasm; they, get nowhere? Look at any 'fan base', and you will 'understand why', so few, earn/make, so many millions. Service provision, is something that every, would be/wanna be, occultist, magician should look at!?!

In the present writer's case, simply because of their nature, they found/discovered (for them), the/their #1, malkuth earth/hades, psychological tactile-feeling-plane, which they, share (attempt to), with those, who are 'waiting' for their; ONE DAY! — as Ophiel, writes/describes it, in his first book: Astral Projection, his chapter: Little System.

There is a book: Bounce, by the author; Mathew Syed. Whose 'expertise' is in 'table-tennis'; to this end, the author is an Olympic Athlete; the author came to the conclusion, that his personal/individual ability/prowess, was nothing more than; programmed practice. Their explanation, is that there is/are, no innate talents or predispositions in human beings, and these things are simply myths; that persons have no genetic make-up, for 'being', great artists? At sports; at music; at painting; at business; at cooking; at war; at politics; at anything. He contends, that experts are good at what they do, because of practice, because of exercise, in the/their chosen medium. If you wish to, practice, develop, enhance, any/all skills, art forms, etc. Then keep the practice short, and repeat it often.

Day one will be nothing like day one-hundred! Day one-hundred will be nothing like day

five-hundred. What makes the, difference, is the understanding and recognition of the/your, destination? Even if you are not 'perfect' (and no one is?), you will/shall, at the very least(?), be 'better', 'more', than when you started out? Here is how Ophiel writes/describes this, from his first lesson, of his, Correspondence Course in Astral Projection:

"Dear Student; Welcome to the study of Astral Projection. No occult study offers you more opportunity for immediate growth, development, and results than this subject of Astral Projection. Even were you never to succeed in conscious projection, that is, the memory of your Projections, this study would bring you knowledge and development that will aid you in all your other occult study. Note the emphasis in the above paragraph on memory! Without remembrance, you never really learn. I don't mean 'fact and figure' memory, but remembrance of your experiences. Memory is dependent upon concentration, upon attention. Learn to observe yourself at all times, and you will learn a great deal. Become fully aware, fully conscious, at all times. There will come a time when you are fully aware when your body is asleep." End quote.

Take the above from Ophiel, and where he writes 'memory', put/place your, tactile-feeling;

Memory, in/on the #4, astral plane, is/are; emotions!

Memory, in/on the #2, etheric plane, is/are; reflections!

Memory, in/on the/your #1, malkuth earth/hades, is/are; tactile-feelings!

Memory, in/on the/your #0, outer, physically physical plane, is/are; use, used, using!

Then, farther on, in this same lesson one, Ophiel writes this;

"From my experience, and from the experiences of these many other people, I concluded a long time ago that we all project more or less. Some do it quite consciously but the vast majority do it unconsciously. I don't know about you, but I myself do not care much to hear about what other people can or cannot do.

When we are talking about natural gifts or natural abilities, that is, I can admire paintings, but I know that I will never be a, 'Leonardo da Vinci,' as I said in my book. However, I do dabble a little bit in painting sometimes, and even drawing sometimes, and I do enjoy it, and I do as much as I can to develop my ability along these lines. Although I know, as I said, I will never be a great painter. Still someday I may go and take a few lessons and see just how far I

really can develop my ability along that line.

This then is the attitude we should follow in our Astral Projection work. With the exception though that we all project now and then, apparently, the only differences that I can really seem to find in people is that certain people remember their projections while the vast majority of the people do not.

Actually, as I said before, the art of projection does not really consist in 'projection,' although I have to speak of it in that manner due because of the peculiarities of our language. I can't seem to say it in any other way, but actually nothing is really projected: All you 'do' is transfer your consciousness, your centre of consciousness, your centre of awareness, from one plane to another." End quote.

The present writer, simply suggests, recommends, that for some/many persons, a 'possible way' forwards, for some/many individuals, is the 'way of', psychologically tactilely-feeling, defining, three-dimensional-ising, symbol-ising, in/on the/their #1, malkuth earth/hades plane! = but... actually nothing is really projected: All you 'do' is transfer your consciousness, your centre of consciousness, your centre of awareness, from one plane to another! Well, in the 'case' of the present writer, they wanted to 'go/transfer' their centre of 'consciousness', to the/their #1, malkuth earth/hades plane, because it is so, so, so like/similar/same as, the/their #0, outer, outer physically physical plane, and, and, it could be done/practiced, whilst awake, aware and conscious. Plus! Plus! It prepared them, the present writer, for the/their #2, etheric plane! (Memory of!!). Ophiel's next line, is 'wasted' on many of you, but... that is of no matter, so here it is:

"I again repeat, that you are functioning on all these planes now, at all times, and always did, and even in the Causal Plane." End quote.

And even in the Causal Plane! Basic cosmic egg exercise; Egg — whole body! Every day(?), several times a day(?), for three/four minutes at a time; you = #1 &+ #0 = the operator/magician/occultist(?), consciousness are 'inside' the/this, tactilely-felt, defined, three-dimensional, symbol; within you, about you and surrounding you!? Please read again, in the above, what Ophiel writes about 'memory'. Ophiel writes farther on, in his lesson one:

"You are going to attempt to learn the art of projection by a graduated series of exercises. If you will look at a large dictionary, you will find that the definition of exercise is 'means to shut up,' in a sense, or 'enclosing.' Also, another word that is used in this connection is the

word train, not the train we ride on though that word evidently comes from the fact that the cars in the train are coupled together and they travel along on in a Train line. The word train in this connection seems to be a repetition of exercises and each time you repeat something, theoretically, it should be then easier to repeat the next time. So, then this is the meaning of the word exercise and it is the meaning we will use in these lessons.

All these exercises were given in the book but I am going to repeat them here, maybe with a little more elaboration. Now whatever you do, don't get discouraged in your studies because we can all learn to project in some degree, and many of us can learn in a very high degree. Then too, remember that we are all different from each other, and particularly so in the occult, and each of us seems to have some ability in this way. There is another matter in regard to the idea of training or exercising that I want to bring out at this time also.

For the sake of understanding this matter a little clearer you can consider that the Etheric Plane and Etheric Matter has become a little 'thick.' There is something very funny about, (I mean in the sense strange and not amusing), the consideration of the Etheric Matter in that repeated movements, or the repetition of exercises, does seem to ware some kind of path in this Etheric Matter, and each repetition makes it easier and easier to follow.

Although this is getting a little but away from Astral Projection, still you can understand by this how it is possible that we do learn things on the Physical Plane, it is through the agency of the Etheric Plane. This is part of what I said before about controlling the plane lower by mastering the plane above. You are going to learn by means of a number of guided exercises, and you will also learn by doing." End quote.

Thick etheric matter is; Earth-of-Water!

The plane above, over, higher, before and in-front of, the/your #0, outer, outer physically physical earth below, under, lower, after and behind plane is, the/your #1, malkuth earth/hades plane. If this obvious fact, is too much for you, the reader/magician/occultist mentally/emotionally, then it is recommended by the present writer, that you read no farther and no more, and simply delete, whenever/wherever, you see/read the nom-de-plume/penname, max-height. There is/are several 'ways', to 'cross' this/your #1, tactile-feeling plane, and, if study the table, from previous monologues, you, even if, you are a rank amateur, you should have some degree of success, fairly quickly:

Akasha-of-Earth = Cause/Change = Egg — whole body

Air-of-Earth = Foundation/<u>Tactile</u>-<u>Feeling</u> = Sphere - head

Fire-of-Earth = Desire/Brooding = Inverted Pyramid - torso

Water-of-Earth = Reflect/Repeat = Bowl - hips/pelvis/crotch

Earth-of-Earth = Belief/Believe/Believing/Believed = Cube – thighs/legs/feet

Physical-Earth = Use/Used/Using = Cosmic egg/chair exercises.

"I again repeat, that you are functioning on all these planes now, at all times, and always did, and even in the Causal Plane." End quote.

You cause/create the cup = akashic = Akasha-of-Earth!

You $\frac{\text{tactilely}}{\text{teel}}$ the cup = archetypal = Air-of-Earth!

You desire the cup = astral = Fire-of-Earth!

You <u>observe</u> the cup = ego body.

You reflect (visualise) the cup = etheric = Water-of-Earth!

You believe the cup = malkuth earth/hades = Earth-of-Earth!

You <u>use</u> the cup = physical earth.

The above table is from Ophiel's book: Talismanic Magic, his chapter: Recapitulation.

"For the purpose of making a start, and with no immediate reference to origins of things as such, we can consider the philosophical idea/concept that there exists another "double world," a through-the/a-looking-glass, or "on-the-other-side-of-this one" world. Once you stop still and reconsider this concept of a double world, all sorts of interesting ideas come welling up into consciousness.

First: An Object, any object you see on this Physical Plane, has a duplicate on the Inner Planes.

This first duplicate then goes on "back up" the rest of the Inner Planes to the near top Plane where it ceases to exist as a form, and becomes an Idea only and then, on up, to an archetypal idea only, and then, on to pure energy feeling. Then it passes on out of this Physical Plane World on up to the great beyond, of which no one knows a thing and which is of no real concern to us at this stage of our study and evolution.

It should be obvious to any knowledgeable, thinking person that the understanding of the "double-ness" of manifested existence could suggest all sorts of expanded possibilities of physical manifestation which should be taken into consideration in our every physical action

on this Physical Plane." End quote.

Can you, the reader, follow your 'cup', up and down the table/chart above? Can you, the reader, set-up/arrange, your physical plane life/living, to 'induce?'; create/make; situations/circumstances in such a 'way', as to 'bring' you, the operator, the 'cup' of your choice/choosing? Do you have? Can you get? Can you develop? The subtle 'nuance' of practice, repetition, development, enhancement, of your art/skills/technique, so that you get/have, as Ophiel did(!), a really 'big cup?', of choice? The present writer doesn't have, the emotional capacity, drive, or ambition, for such an endeavour/enterprise, as it is not in their 'make-up'. So, they (the present writer) don't waste their time, in such notions. (Even though, many such opportunities, have come their way!).

Sometimes, the 'candle' isn't worth the 'flame'? Trying to judge someone's 'emotional capacity/drive', when they are a 'late arrival?', is/can be, tricky? The present writer would simply watch/observe how they 'practiced', and from that, could make a 'fair approximation', of where they were going. Many times, it simply down to a misunderstanding of 'how' to practice, where, when and what, to practice? Not 'necessarily' = all down to 'emotions?'.

Thank you.