

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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2 of 3 basic chair exercise. 2020

Here is what Ophiel writes, in his second book: Creative Visualisation, his chapter: Reversal of the Planes:

“This Law of Reversal is of some importance, enough that you should know about it; but in actual practice-use it would do little more than perplex you as you note the effects of reversal, as you go thru the planes; if you are viewing them clairvoyantly. You might have flashes of this while you are following the other directions as given in this book.” End quote.

A little farther on, this:

“Now the reason for this is – In relation to our plane the next inner plane is reversed to this one!! Then the next inner plane is reversed to that one!! And, so on down to the end of the planes as far as the physical cosmos is concerned! Or to say it in a, more simple way, each inner plane is inside out to each other. WHAT IS COMING HERE IS GOING THERE!” End quote.

The basic chair exercise, is a very, very quick/instant and direct approach, to increasing/enhancing and developing, the/your #1, malkuth earth/hades psychological **tactile-feeling-plane/body**!! But... even here, caution must be adhered to, in order not to invoke/evoke, a ‘reflex’ action/response, from the/your #1, malkuth earth/hades self!?! Just as the/your #3, ego body, present incarnation, personality self, is ‘shocked?’, ‘surprised’, ‘stunned’, ‘amazed?’, to suddenly find out/discover(?), that it is ‘not real?’, then to/also, would you/your consciousness, be these things, when/if it discovers, that ‘it = consciousness?’, isn’t even the/these = bodies/vehicles? But something else/other?

At the moment, by/with ‘inducement/induction’, through #0, bodily actions/movements, it is hoped, that with careful and deliberate; pre-thinking, pre-pairing, pre-planning and pre-rehearsing = practicing/training; the you, the operator, can/do = influence/persuade/convince, the/these basic elemental forces = TO NOTICE YOU!! = Consciousness, and this makes them = The Basic Elemental Forces, to **FLOW YOUR WAY**!?! Here it is, from Ophiel, farther on, in his chapter:

“In the section previous to this one I told you that in one of the few genuine portions of the new testament Jesus is supposed to have said – “Whatever things you want believe that you have them already and you will have them.” Now, in view of this reversal process can you see why you start out getting something by FEELING THAT YOU ALREADY HAVE IT? By doing your creative visualization work this way you are working with the Laws of the Inner planes and not against them.” End quote.

For ‘context’ = Now, in view of this reversal process can you see why you start out getting something by TACTILELY-FEELING THAT YOU ALREADY HAVE IT? By doing your creative visualization work this way you are working with the Laws of the Inner planes and not against them (underlines are the present writers.)

It is this ‘duality’ which is used, in the basic chair exercise!?! Now, once again, we read Ophiel, as this part is crucial, to what it ‘is?’, that you, the operator, beginning student, are engaged in, with the/your basic chair exercise. So, here it is again. If you read it carefully, (deliberately), then your deeper, understanding (#1), will/shall – come to the surface of, the/your #0, outer, outer physically physical body, and then you can be/will be? In a position/place, where you can apply, use, using, used = it! Here it is again:

From Ophiel, his book: The Occult, his chapter: Occult Books and Final:

“Therefore – as you go ‘deeper’ and ‘deeper’ into the Occult you should - you do, become aware of many changing ‘things’, ‘happening’ – year by year, month by month, week by week, and day by day; no-thing is ever the same exactly. After a due passage of time, as I said, you will note these things - mostly, these changes come to you as ‘feelings’ – precognition – intuition – clairvoyance and many other and varied forms of psychic cognition. This is of the Psychic past. And there is also another way, you will come to notice the ‘changing happenings’ and that is an actual pressure effect on your body and in your body AND also notice the effects on the bodies and natures of OTHERS.” End quote. (Underlines are the present writers.)

So, for ‘context’, we explain, where we are ‘at’, at this particular ‘time’, in the exercise;

“Therefore – as you go ‘deeper’ and ‘deeper’ into the learning/mastering of your Occult, you should - you do, become aware of many changing ‘things’, ‘happening’ – year by year, month by month, week by week, and day by day; no-thing is ever the same exactly. After a due passage of time, as I said, you will note these things - mostly, these changes come to you as ‘feelings’ – precognition – intuition – clairvoyance and many other and varied forms of psychic cognition. This is of the Psychic past. And there is also another way, you will come to notice the ‘changing happenings’ and that is an actual pressure effect on your body and in your body AND also notice the effects on the bodies and natures of OTHERS.” End quote. (Underlines are the present writers.)

Here is what Ophiel writes, in his chapter six, of his book: Creative Visualisation, his chapter: Binding.

“ACTUALLY, ANY KIND OF AN OPERATION – ANY ACTION OF ANY KIND – PHYSICAL OR INNER PLANE MAGICAL – INVOLVES TWO KINDS OF FORCES. Or to say it another way to make it as clear as possible, ANY AND EVERY FORCE IN OUR PHYSICAL COSMOS IS REALLY A DOUBLE ACTING FORCE – EVERY FORCE IS DUAL IN NATURE – ALWAYS HAS BEEN DUAL – AND COULD EXIST IN NO OTHER FORM THAN DUAL.” End quote.

Duality = ‘all’, in/on the same/one plane! Then, farther on, we read this:

“Here is a different illustration. Do you realize that every time you drive your automobile forward you are exerting an equal force backward? If you will study some physics about the Laws of Motion, you will find this is true.” End quote.

Here is a different illustration. Do you realize that every time you stand-up, you have to push-down? As your body moves up-ward, it is exerting an equal force downward? (This ‘adverse/oppositional/resistance’ is what you are to ‘Psychically!!’, observe/tactilely-feel!!!?)

Next, we read this, part:

“So again, I say – When we use a physical-plane force we do not use only one side of the Force, or only one aspect of the Force, but we USE both sides of the Force AT ONCE.

As in the simple illustration of the bed sheet and the more complex operation of the automobile, **we MUST USE both aspects of a force or we can't use it at all. In fact, a force could not exist, even on the Inner Planes, if it did not have two sides to it.**

However, in the use of Inner Plane Forces to accomplish something on the physical plane, **WE WANT TO USE ONLY ONE ASPECT OF THE FORCE AND NOT BOTH ASPECTS.** And the reason for this is – One aspect of a Force will bring a thing to use and the other aspect of a Force will take it away! Or to say it in another way – A Force can bring something to us and the same Force can take it away! It follows, naturally then, that if we want a certain thing then the aspect of the Force, we want, is the aspect that will **BRING THE THING TO US!!**” End quote.

So, following Ophiel; we now have to look at, Newton's last law; **every force has an equal and opposite force**; which was/is, a fundamental shift, in establishment thought, which 'changed/altered' everything after it. Mass is relative to force. **If you – push against something/anything – then that something/anything will push back on you!**

When/if you are 'not moving', even then, the forces are equal, but... the 'accelerations/speeds', aren't. If you 'push' a 'swing', the 'push back!?!', from the 'swing' is equal! But... because you are more 'Mass', than the 'swing', the swing will go flying off!! This 'action' = the flying off of the swing; is called/named, the 'acceleration point'. Your 'acceleration point', is/will be 'small', but... the swigs 'acceleration point', will go flying off. But... the force, of the swings, 'acceleration point' = gives you, the 'pusher', the sensation/feeling, of **opposing/adverseness/resistance.**

So, when you 'sit', in the/your 'chair', you are 'applying force' to it! **But... the chair, is also applying a force, to you?** It (the chair) is what you feel, 'pushing up' on you = #0!! (See/read earlier monologues, about elemental earth/gravity 'mass')

(Newton realised, that the/his 'falling apple', **was 'exerting' its 'force', in/on, to the Earth, but, because the Earth, was so large, so big, so massive, no one sees it (the Earth), move?** Hence, the 'acceleration point', where the 'smaller' speeds to/towards or from/away, the larger 'mass', which is 'inert'. (inert = the 'objects' measure of resistance to motion.)

This 'acceleration point', is where, there is an '**exchange**', between #1 &+ #0, where #1, believes? (Is persuaded, convinced?) by/with/through, the movements/interactions/actions, of,

#0!?! The two ‘forces’, with Newton’s third ‘law’, are of the same ‘type/kind’; Ophiel’s ‘car example’, is where the/an, actual road surface, would exert a ‘forward frictional force’, on the ‘accelerating’ cars four tyres, thus, there is ‘also’, ‘has to be?’, according to Newton, a ‘**pushing backwards**’ from the tyres, on the road itself!

It is the/this = **pushing backwards** = that is(?), which is(?) = the/our/your = #1, malkuth earth/hades = **tactile-feeling-plane**! And just because a scientist/mathematician (mathematics = the science of ‘quantity/quality’), put it = #1, plane, into a/an, outer, outer physically physical ‘formulae’, in no way, detracts or/nor diminishes, the actual, factual, literal = biological, physiological, physical ‘effects/affects’, in/on the/your #0, outer, outer physically physical body, and/or/nor = ITS! (the/your #0, outer physical body) place(?), in the/this #0, outer, outer physically physical world?

When/if, the/your #1, Malkuth Earth/Hades **tactile-feeling-body** = believes(?) = THEN THERE IS NO LONGER ANY ‘FORCE’!?! (Resistance!?!) Here is how Ophiel writes it next:

It follows naturally then, that if we want a certain thing, then the aspect of the Force we want, is the aspect that will **BRING THE THING TO US!!** THEREFORE, IT IS IMPERATIVE IN ALL MAGIC WORKS, AND IN ALL KINDS OF OTHER WORKS, THAT YOU MUST RECOGNIZE THE EXISTENCE OF THE OTHER SIDE OF THE FORCE THAT YOU ARE INVOKING.

REMEMBER WHEN YOU CONTACT A FORCE YOU CONTACT BOTH SIDES OF IT AT ONCE, AND AT THE SAME TIME, AND BOTH SIDES HAVE EQUAL POWER.

It is the lack of knowledge about this “secret” fact that causes so much trouble in the magical workings of would-be magicians. **Either your magical operation works like mad (I mean literally) or does not work at all.**” End quote.

Do you, the reader, understand now, why/how it may ‘be?’, that you only have/get ‘both sides’ of a force =

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IN/ON THE; PLANE ABOVE, OVER, HIGHER, BEFORE AND IN FRONT
OF THE; PLANE BELOW, UNDER, LOWER, AFTER AND BEHIND!?!

REMEMBER WHEN YOU CONTACT A FORCE YOU CONTACT BOTH SIDES OF IT AT ONCE, AND AT THE SAME TIME, AND BOTH SIDES HAVE EQUAL POWER !?! BUT... ONLY IN/ON THE; PLANE ABOVE, OVER, HIGHER, BEFORE AND IN FRONT!?! (See/read Ophiel's vignette: The Power of Speaking Things and Conditions into Existence.)

Do you, the reader, understand now? Do you, the reader understand Ophiel now, when he writes in his first book: Astral Projection, his first chapter: Little System; wherein he writes that, it is 'only' the/your 'consciousness', which transfers/projects to a 'different level', which is/that is, taking place/happening, in you = consciousness? And that the/your – consciousness – organises its self, into a 'coherence/understanding' which is referred to, as a 'body'? (Mass!), which then goes on, to 'exert/influence', other 'bodies' (Masses), in/on the/that plane/level – as a duality? Duality = consciousness &+ plane/mass!?! Consciousness = we/you?

Well! The very, very, first plane/duality that we/you have = is #0, outer, outer physically physical!

Well! The very, very, second plane/duality that we/you have = is #1, malkuth earth/hades plane!!

Consciousness = is not = a 'body/mass'!

Consciousness = is not = a '#3, ego'! (personality, present incarnation!)

Consciousness = is = tactile-feeling of self = Consciousness!

Consciousness = as = tactile-feeling of self = Consciousness of duality!

Duality = is = 'all', in/on the same/one plane?

There may well 'be?', other planes(?), but... only the plane you are 'conscious of?', is the 'plane of duality?' There is an old saying; The centre of the Universe is, everywhere, its circumference is nowhere? This was/is, refereeing to 'God' as an 'infinite sphere', of which there is 'no limit?', to its 'size', and that we, consciousness, are, 'inside?' the/this 'Sphere?' See/read Ophiel's book: Caballa Magic, his chapter 5:

"Well, it is no great secret. The Physical Plane solid illusion creation is accomplished through the deployment of the senses, plus the employment of the Five Elemental Forces; reacting

with and on each other, and thus creating a solid appearing world. In more detail: You “arrive here,” on this earth plane, equipped with five senses in embryo. You grow up, and the physical plane world expands through/to your senses. In the diagram you are the five-pointed star, and each point is a sense, a physical sense. Your senses form a sphere around you (somewhat analogous to the sphere of availability as given in the book, “The Art and Practice of Getting Material Things Through Creative Visualization.”) **This sphere has been overlooked in magic Knowledge; an occult secret left out in the open freely, and thus “hidden” as, indeed, most all occult secrets are likewise so in the open and hidden by this obviousness!!!**

Outside the egg-shaped (I didn’t make it too well egg-shaped) magical mirror are “raw” undefined, un-delineated, vibration type, layer type, thought form types and shapes, and just plain FORCES, which FORCES, shapes, thought form types, layer types, vibration types, un-delineated, undefined “raw” Force Pressures are CONVERTED into the objects and THINGS of the Physical Plane; YOUR physical plane, which makes up your physical world by you. In other words, you make the non-solid (?) SOLID, the non-material MATERIAL – YOU DO IT – YOU ARE THE MAGICIAN IN THE ONE TAROT CARD!!! And, I repeat, you do it by means of the magical Power in your five senses.” End quote (Five senses = Basic Cosmic Egg Symbols/Exercise).

See/read Ophiel’s book: A Magic Mirror and Clairvoyance; from his book: Clairvoyance.

“I will start this way. You, and all others, and all things, animate and inanimate, are surrounded by an Aura. This Aura is shaped rather like an egg with the small end at the bottom. These Auras are not usually visible to physical sight except under particular and peculiar situations and circumstances, none of which can be gone into here. For the following material you will have to visualize, in your imagination, this Aura extending out from you for about three feet and surrounding you completely in the shape previously described. **You will have to imagine the inner edge-surface of this egg shaped Aura as HARD, AND LIKE THE SURFACE OF A MIRROR** – REFLECTING ON ITS INNER SURFACE THE IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE SURFACE OF YOUR MAGIC MIRROR FROM WITHOUT – FROM THE OUTER REACHES OF THE UNIVERSE, BOTH PHYSICAL OUTER AND INNER PLANE INNER. AND THAT IS ALL THERE IS TO IT ALL, THE WORLD, THE UNIVERSE AND ALL. Now naturally you are going to ask, at this point, if this gigantic conception is true, **what is the mechanism in and on the surface of my Magic Mirror which does this conversion** – converts the raw vibrations into sight, sound, feel, smell, tasting, so that I may perceive it? **And the answer is – The surface of the Magic Mirror is composed of your Magical Powers of your personal**

Elemental Forces existence and what it is beyond that, I do not know and neither does anyone else.” End quote.

What is the mechanism in and on the surface of my Magic Mirror which does this conversion – And the answer is – The surface of the Magic Mirror is composed of your Magical Powers of your personal Elemental Forces existence and what it is beyond that, I do not know and neither does anyone else = including the present writer!!

This sphere has been overlooked in magic Knowledge; an occult secret left out in the open freely, and thus “hidden” as, indeed, most all occult secrets are likewise so in the open and hidden by this obviousness!!! Outside the egg-shaped (I didn’t make it too well egg-shaped) Which FORCES, shapes, thought form types, layer types, vibration types, un-delineated, undefined “raw” Force Pressures are CONVERTED into the objects and THINGS of the Physical Plane; YOUR physical plane, which makes up your physical world by you. I will start this way. You, and all others, and all things, animate and inanimate, are surrounded by an Aura. This Aura is shaped rather like an egg with the small end at the bottom. You will have to imagine the inner edge-surface of this egg-shaped Aura as HARD, AND LIKE THE SURFACE OF A MIRROR. What is the mechanism in and on the surface of my Magic Mirror which does this conversion – And the answer is – The surface of the Magic Mirror is composed of your Magical Powers of your personal Elemental Forces existence, and these Magical Powers, are the/your#1, TACTILE-FEELING! And what it is beyond that, I do not know and neither does anyone else = including the present writer!!

So, the/your Basic Cosmic Egg and/or Basic Chair exercises are both #1, malkuth earth/hades exercises!! And! Two, of the basic ways, to come into direct, immediate/instant ‘contact’ to/with these ‘forces’, whilst still awake, aware and conscious, is the Egg/Chair exercises, but... in an Ophiel ‘way’, as is explained/written in his books, vignettes, courses. (The ‘exercises’ = are the medium! = NOT! THE ‘MESSAGE!?!’) Thus, the ‘medium’ can/does ‘change?’, but not the message!! So, with the basic chair exercise, if understood, there is ‘much’ to be ‘learned?’ (Describing it, won’t/doesn’t ‘do’ it!)

So, in Newton’s third law of motion, he writes/states; that, if a ‘body’ exerts a ‘force’, on a ‘second body’, the ‘second body = SIMULTANEOUSLY EXERTS A ‘FORCE’ OF EQUAL ‘MAGNITUDE’ AND ‘OPPOSITE’ IN DIRECTION ‘ON’ THE ‘FIRST’ BODY!?! Thus, your ‘chair?’, is not(!), simply a ‘thing?’, it is a ‘medium?’ (intermediate), between you, the

#0, operator, and the #1, plane/force! So, do you understand(?), Ophiel now?

From his book: The Occult, his chapter: Occult Books and Final:

“Therefore – as you go ‘deeper’ and ‘deeper’ into the Occult you should - you do, become aware of many changing ‘things’, ‘happening’ – year by year, month by month, week by week, and day by day; no-thing is ever the same exactly. After a due passage of time, as I said, you will note these things - mostly, these changes come to you as ‘feelings’ – precognition – intuition – clairvoyance and many other and varied forms of psychic cognition. This is of the Psychic past. And there is also another way, you will come to notice the ‘changing happenings’ and that is AN ACTUAL PRESSURE EFFECT ON YOUR BODY and in your body AND also notice the effects on the bodies and natures of OTHERS.”
End quote. (Underlines are the present writers.)

So, do you understand(?), YOUR ADVERSARY/OPPOSER NOW?

Body ‘a’ = #0 – exerts a force = tactile-feeling = in/on Body ‘b’ = #1!

Body ‘b’ = #1 – exerts a force = tactile-feeling = in/on Body ‘a’ = #0!

REMEMBER WHEN YOU CONTACT A FORCE YOU CONTACT BOTH SIDES OF IT AT ONCE, AND AT THE SAME TIME, AND BOTH SIDES HAVE EQUAL POWER !?!

But... when you – consciousness ‘stare?’, ‘look?’, ‘watch’, ‘observe?’ – AT ONE SIDE/HALF? (The side/half that you want, need, desire and brood on) You – consciousness – THEN, CAUSE, THAT SIDE/HALF – TO MOVE? – TO/TOWARDS YOU!?! (Newton’s ‘apple’!?!)

Inertia (noun), is the ‘property of matter’ by/with/which it, ‘the matter’, keeps/retains, its state/condition of uniform rectilinear movement (straight line), as long as there is no interruption to change/alter that state/condition. (Kepler 1571-1630). Latin – inertia = vis inertia – force of inertia, used in 1687 by Newton. In the Old Crazy Book (Bible), you can read Genesis; Chapter one; verses 2, 3, 4. In Ophiel’s Vignette: The Two Dreamers; you can read about this ‘vis inertia – force of inertia’.

“(This material in this ‘Vignette’ is ‘my idea’ - Do not ‘follow’ me because I write, this

‘Vignette’ - study yourself and make-up your own mind - I write this ‘Vignette’ for clarification of ideas - nothing else.)” End quote.

Then, farther on, we read this:

“Now, we come to the ‘nitty gritty’ the, ‘Subject’ of this ‘Vignette’ #1, is the ‘Arik Anpin’ = ‘The Vast Countenance’ and the ‘Zoar Anpin’ the ‘Lesser Countenance’, to be ‘brutally’ simple/brief, the ‘Story/Legend’ is that, ‘ARIK ANPIN’ = ‘The Vast Countenance’ just ‘STANDS?’ or ‘SITS?’ ‘THERE??’ and ‘DOES’ ‘NOTHING??’ but! ‘WATCHES??’ ‘ZOAR ANPIN’ = ‘The Lesser Countenance’ just ‘STANDS?’ or ‘SITS?’ ‘THERE??’ and ‘DREAMS THIS WHOLE PHYSICAL UNIVERSE INTO ‘EXISTENCE’ AND THEN ‘CARRIES’ THE ‘PHYSICAL UNIVERSE ON??’ (Makes it ‘Go/Run’ as it were) (Now, I realise the ‘above’ raises a ‘million other questions’ and I do ‘not’ have an ‘answer’ to a single ‘one’ of these ‘questions.’ ‘HOWEVER?’ the ‘simple’ above ‘statements’ ‘SEEMS?’ to be a ‘metaphysical’ ‘FACT?’ and so, for the time being, ‘ACT’ on it and ‘TRY’ it, and ‘work’ it, and ‘leave’ the ‘WHY’ for ‘later’ revelations.)” End quote.

So, for ‘context’ we simply present it this way.

‘ARIK ANPIN’ = ‘The Vast Countenance’ just ‘STANDS?’ or ‘SITS?’ ‘THERE??’ and ‘DOES’ ‘NOTHING??’ but! ‘WATCHES??’ ‘ZOAR ANPIN’

‘The Lesser Countenance’ just ‘STANDS?’ or ‘SITS?’ ‘THERE??’ and ‘DREAMS THIS WHOLE PHYSICAL UNIVERSE INTO ‘EXISTENCE’ AND THEN ‘CARRIES’ THE ‘PHYSICAL UNIVERSE ON??’ (Makes it ‘Go/Run’ as it were)

Stands or Sits, is; the ‘Earth’ = inert – unmoved;

Dreams, Carries, is; the ‘Apple = attracted – moved;

Does the above, ‘explain?’, to you = WHY OBJECTS, THINGS, CIRCUMSTANCES AND/OR ITS? ARE ‘NOT!’ ARE ‘NOT!’ = ATTRACTED TO YOU!!! = THE APPLE(?), READING THESE MONOLOGUES!?!

In/on the/your #2, etheric plane, you can 'have?', to your 'hearts/emotions' content! But... in/on the/your #0, outer, outer physically physical world = YOU! THE 'APPLE?', HAVE TO WORK WITH!! = THE EARTH!! Newton, told the world and explained to the world = that the 'apple' = exerted its 'force' on the earth!!

So, in the basic chair exercise, you – consciousness – are trying to 'observe', the movement/attraction/choice = of = you – consciousness! The 'inner movement of', the/your #1, malkuth earth/hades tactile-feeling-force!?! Will/shall = go, concentrate, congregate, solidify, be/become = inert? = AT YOUR FEET OR YOUR HEAD!?! = and the = more times = you, consciousness – observe this, then the 'stronger?' it becomes!?! = IN RELATION TO, IN PROPORTION TO = YOU - #0 &+ #3 BODIES ACCEPTING?? THIS/THESE 'MOVEMENTS!?!'.

Imagine, for a moment, if you will = THAT YOU, THE READER = COULD/CAN!?! = PROJECT/TRANSFER = YOUR CONSCIOUSNESS = TO!! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! WOULD YOU BE ABLE/CAPABLE OF UNDERSTANDING WHY!?! YOU ARE 'INSTRUCTED/INFORMED!?!', TO BELIEVE(?), THAT YOU = #1, MALKUTH EARTH/HADES = ALREADY HAVE! ALREADY OWN! ALREADY POSSESS! THAT THE/YOUR CHOSEN 'APPLE!?!' = IS ATTRACTED TO YOU!?! = INSTEAD OF YOU!!! = ATTRACTED TO = THE APPLE!?!

Two, of the 'ways', to #1, malkuth earth/hades project, is suggested, in the egg or chair, exercise, in order to develop, enhance, increase your awareness, awake-ness and consciousness, to/of these things, simply by/with psychologically tactilely-feeling, defining, three-dimensional-ising, symbol-ising, that which you desire, want, need and brood on.

If you have understood any of this, you could, if you wish, view/visualise each of your talismans, rituals, prayers, treasure map objects, circumstances, things and/or its = as = FALLING TO/TOWARDS YOU = AND YOU = #1, Malkuth Earth/Hades = THE BLIND GOD = TACTILELY-FEELING = THAT YOU NOW = OWN, POSSESS, HAVE THEM = AND CAN USE, USING, USED = THEM!!

Inertia (noun), is the 'property of matter' by/with/which it, 'the matter', keeps/retains, its state/condition of uniform rectilinear movement (straight line), as long as there is no interruption to change/alter that state/condition. (Kepler 1571-1630). Latin – inertia = vis inertia – force of inertia, used in 1687 by Newton.

Can you 'see' in the above 'definition', where someone/anyone who has an 'ambition?', would 'move?', in a 'straight line'? (As Ophiel did with his 'money?') This, straight line = object, circumstance, thing and/or it – person – in/on the #0, outer, outer physically physical world? Is easily 'seen/observed', in those who are 'able' to work/operate it, as = the 'successful' = Inertia = the 'property of matter = elemental earth = by/with/which it, 'the matter = elemental earth', keeps/retains, its state/condition of uniform rectilinear movement (straight line), as long as there is no interruption to change/alter that state/condition = I AM!?! (How's that! For a 'straight line?')

The 'difficulty?', is the #3, ego body, present incarnation, personality body, who 'says?' = THIS IS ME! THIS IS MINE! I'm doing this!?! Test, try, use, the exercises, and if you can 'move forwards' from there, do so!

Thank you.