

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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3 of 3 basic chair exercise. 2020

One of the ‘major points’, of the egg/chair exercises, is/are that there is, no great ‘emphasis’, place on emotion and/or/nor visualisation? This is not the ‘way’ of Ophiel, as he presents it, in his works.

Emotions, you would have, need, require, in/on the/your #4, astral plane/body!

Visualisations, you would have, need, require, in/on the/your #2, etheric plane/body!

Tactile-Feeling, you would have, need, require, in/on the/your #1, malkuth earth/hades plane/body!

Use, used, using, you would have, need, require, in/on the/your #0, outer physical plane/body!

The ‘two’ planes, which dominate – consciousness – is/are #1 &+ #0.

As you do/practice Ophiel’s methods (which you should ‘do/be doing’ anyway!!) you would simply ‘add’, what you ‘experience’ from, the/your #1, malkuth earth/hades plane ‘to’ both #2, etheric &+ #0, outer physical!?!

It is not!! A ‘competition!!’, it is a ‘sharing’, to help, assist, those who find it ‘testing’, in trying to transfer/project, the/their consciousness, from one level to another = in a meaningful way! (A ‘way’, that increases/enhances, their ‘latent’ abilities, to succeed!!) and with several thousands of years to ‘choose from?’, with the ‘endless variations of’, and several hundreds of persons/individuals, all we/you can ‘do’, is what we/you ‘do?’, and that is ‘it’!

Within you, as you (if you?), do/practice, your basic chair exercise, in suggested/recommended manner/way, there will be/shall be, a ‘subtle change’, in your observation, of who/where and what = you – consciousness – are? (See/read Ophiel’s book: Contacting the Demiurge.)

How would it ‘be?’, if? You, the reader, could get/have, the/your object, circumstance, thing and/or it = without?? = having to be, astral = emotional; etheric = visualising!?! Believe you ‘have’ it already!?! Really? Really? How’s that working out for you!?! Here is what Ophiel

writes, in his second book: Creative Visualisation, his chapter: Law of Emotion:

“Whatever things you want believe that you have them already and you will have them.”
(Therefore, I say unto you what things so ever ye desire, when ye pray, believe ye have received them and ye shall have them. MARK 11:23 ERV.)” End quote. (KJV Mark 11:24.)

Let the present writer ‘assure’ all of you, who read the above, based on personal/individual ‘experience’ of desiring, praying and believing; that whoever ‘wrote’ the above, was/is writing/talking ‘shite!!’, or, at the very least!! NOT ‘EXPLAINING’ CLEARLY ENOUGH!?! FOR THOSE OF ‘US’, WHO HAVE TRIED IT!?!

To ‘pray’ is to ask earnestly, as in a ‘court of law’.

To ‘believe’ is to ‘trust’.

To ‘have faith’ is ‘persuade/convince’

Faith = #0, outer, outer physically physical you = use, used, using!

Believe = #1, malkuth earth/hades = tactilely-feel!

Pray = #0 &+ #1 = actions/movements!

In/on the/your #1, malkuth earth/hades plane = IS = psychological dark-ness, black-ness, blind-ness!

The Astral-Light/Demiurge, at the #1, malkuth earth/hades plane = IS = silent, deaf, mute = blind!

The Astral-Light/Demiurge, at the #1, malkuth earth/hades plane = tactilely-feels!

BUT... (Ah, yes! You just ‘knew!’, it was coming!!) But... the tactile-feeling (remembering/recalling, the previous two monologues.) that you = #1, consciousness = must have!! = IS? = INERTIA!?! = For all this, is delivered unto me ‘and to’, whomsoever I (#1), choose to ‘give’ = IT!

Delivered = Newton’s ‘apple’ = attracted to/towards the Earth!

Earth = #0, Earth = inert?

Newtons 'apple' = still 'exerted' it 'force' = in/on the Earth!

But...because of the Earth's 'size?', the 'apple' was pulled/drawn/attracted, to/towards = the earth!?

Persephone was/is, the 'etheric apple'?

Hades was/is, the 'earth force'?

Hades 'burst forth' (power of the 'force' of 'attraction') and grabbed, gripped, grasped, held, tactilely-felt(?), Persephone (microcosmic image/visualisation), and took/dragged, her 'back' to his (microcosmic) 'realm/world/plane'.

Hades = the 'power' of the 'force of attraction' = can 'erupt' at any time, anywhere and any place (See/read Ophiel's book: Contacting the Demiurge, and his; Egyptian Curse.)

Newton's first law; an object remains at rest or continues to move in a constant velocity (like your life/living?), unless(?), acted upon by a force (tactile-feeling!)

Newton's second law; the 'path/direction' of the force, on an object, is/will be 'equal' to the 'mass' of the object, helped along by the 'speed' (tactile-feeling!) of the 'object'.

Newton's third law; when a body, exerts a force, on a second body, the second body simultaneously exerts its 'force' equal in size/strength, to 'its' body mass, in the 'opposite direction', on to, the first body!

These 'things' are the elemental force, of the element of, the elemental, element of elemental earth!! But... what 'we?' occultists(?), are looking/searching for, is the 'way' in which we = consciousness = can tip the force(?) = in our #1 &+ #0 = favour!! (For all this is delivered unto me 'and' to whomsoever I choose, to give it!!)

So, back to where we were? = you 'push-down' to 'stand-up', and you 'push-up' to 'sit-down'!! What is missing(?), is = consciousness!! More importantly = your consciousness, awareness, awake-ness = of!! = this happening/taking place = within you!!! = #1 &+ #0!?!

Newton's third law: To every action there is always opposed an equal reaction. That is, when two bodies are of the same 'actions', they are always 'equal', and dispersed to the opposite parts/poles. Newton explains it, like this:

Whatever draws or presses another, is as much drawn or pressed by that other. If you press a stone with your finger, the finger is also pressed by the stone. If a horse draws a stone, tied to a rope, the horse will be equally drawn back towards the stone: for the distended rope, by the same endeavour to relax or unbend itself, will draw the horse as much towards the stone, as it does the stone towards the horse, and will obstruct the progress of the one as much as it advances the other. If a body impinges upon another, and by its force, changes the motion of the other, that body also (because of the mutual pressure) will undergo an equal change, in its own motion, towards the contrary part.

The changes made by these actions are equal, not the velocities, but in the motions of the bodies; that is to say; if the bodies are not hindered by any other impediments. For, as the motions are equally changed, the changes of velocities made toward contrary parts are reciprocally proportional to the bodies. This law takes place also in attractions, as will be proved, in the next explanation.

Can you? Do you? See/understand, what is 'going on?', with your #1 &+ #0, bodies, in the above?? Here is what Ophiel writes, in his book: Creative Visualisation, his chapter: Reversal of the Planes.

“People are not mass produced so that one part of a person fits into another person exactly all the time; and this is more than true of the lives and experiences that make up people's lives. In spite of all platitudes to the contrary notwithstanding **ALL MEN ARE NOT CREATED EQUAL**. Every man's life and resources are different from all other lives and resources.” End quote.

Then farther on, this: “The point of all this is that all forces that influence the physical plane are DUAL, THEY HAVE TWO SIDES TO THEM. Every force that you contact to do work for you has this double sidedness to it **and when you contact the force you contact both sides**

at once.” End quote.

Then this part:

“It is not the possible powerlessness of any binding action that you might take that makes the trouble but **IT IS THE IGNORANCE OF THE EXISTENCE OF THE REACTION OF DUAL FORCES, OR THAT ALL FORCES ARE DUAL, THAT MAKES THE TROUBLE.**” End quote.

The present writer cannot be ‘hacked’, going over all of Ophiel’s chapter, but, as an ‘exercise’, you could look at the parts where Ophiel puts/places; ‘emotion’, and see ‘if’, your, understanding of, ‘**tactile-feeling**’, gives you a ‘nearer’ grasp/feel, for what is meant, as your #4, astral/emotional plane is, metaphysically speaking, quite far/distant, from the/your #1, malkuth earth/hades **tactile-feeling-believing-plane!**!?

The basic chair exercise, has much in it, but... when ‘you?’, do it, try it, test it, use it, you will/shall only find/discover = yourself = not your #3, ego self; not your #0, outer physical self; not your #2, etheric self? But... your #1, malkuth earth/hades self? (Same applies to your egg exercise!), But... what is most important, is the resistance/pressure = which is!?! The/your adversary/opposer = self!

Whatever draws or presses another, is as much drawn or pressed by that other. If you press a stone with your finger, the finger is also pressed by the stone!

As you, #0, consciousness, do/practice your egg/chair exercises, in the prescribed method/technique, you, #0, are working-with = you, #1!

As you, #0, consciousness, do/practice your basic cosmic egg, you are knowingly, deliberately, purposefully, deliberately, working-with = you, #1, as you **tactilely-feel**, define, three-dimensional-ise, symbol-ise, the five basic elemental forces, within you, about you and surrounding you = #1 &+ #0, with #3, ego you = observing! = that you, #0, consciousness, are enhancing, developing, stimulating, your latent, inherent, dormant Psychic, abilities.

As you, #0, consciousness, do/practice your basic chair exercise, you are, will be/shall be, in a position/place, where you #0 &+ #3, can observe, your #1, malkuth earth/hades tactile-feeling-body = move/relocate? = concentrate/congregate? = at your feet, when standing or your head, when sitting? This/these movements = is/are = your #1, malkuth earth/hades tactile-feeling-body!!

From this #1, malkuth earth/hades plane, it is but a simple 'step', to transfer/project, into/onto the/your #2, etheric plane, at which point, you should read/follow Ophiel.

The basic egg/chair exercises, are both excellent 'training' methods, of/for you/your #3, Ego Body, Present Incarnation, Personality Body, to learn, develop and become disciplined, in/on each of the 'bodies/planes', that you, consciousness, wish to transfer/project to. When the individual uses the/their tattva method, of transfer, there is much to 'observe', without interfering? This is usually learned/mastered, at the 'lowest level = #0', but, if it doesn't happen for you, the reader, as a child, as a juvenile or as an adult, then it is difficult/tricky, for you, the reader to advance; #0, and/or any where else/other!?!

Keep reading, and decide for yourself, if there is such a thing/place as the/your #1, malkuth earth/hades plane, and that you, the operator/magician, can project/transfer to that/this/the plane level?? Also note, that there is no need for you to go to sleep, and then come back! Also, as it = egg/chair = are not #2, Etheric Projecting/Transferring, there is 'no need' to visualise!

Egg and Chair are both, #1, malkuth earth/hades tactile-feeling exercises. They take place/happen, in the Black-Astral-Light! The 'lowest-point', of the actual, factual, literal = Demiurge!?! With which you are already!!! In 'contact' to/with, but... just not 'consciously/knowingly' at the moment!?!

The present writer shall offer this to the Ophiel Magic Group, as it may assist/encourage some members, to see/view, that there is/are many, many ways, to go about this. A simple study of folklore, mythology, organised religions and art, would show/reveal this, easily enough.

Thank you.

