

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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7 of 17 he chose me. 2021

Here is what is at the end, of the previous monologue; 06. he chose me. 2020.

“I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books. I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.” End quote. (Underlines are the present writers.)

I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books = it is very, very, plainly, blatantly, obviously, put down in many books, but... the present writer, agrees with Ophiel, that the ‘explanation of!?!’, the dark-ness, black-ness, blind-ness = #1, malkuth earth/hades, has been made ‘evil?’, for so long, in the wider public domain, that any ‘changes’ which are going to ‘come through’, will have to be made by/with ‘individual/personal’ effort!?! Here it is, from Ophiel, from his book: Contacting the Demiurge, his chapter: Opening;

“Have I gone into this idea of the Black Arts enough, if not to convince you, at least to get you to stop, and think, and experiment? To experiment, to test your Powers, (you never considered you/or your powers to be Black, did you?)

It would seem to me that the time has come, in the course of the history of the world, to realize there is no such thing as active evil oppositions; and that what appears to be such is an illusion born of our ignorance and misunderstanding.

There exists, on this Earth plane, a dual-ness, but it is more or less only a give and take, an ebb and flow, a rising and a falling, and a coming and a going. When all things are on the upswing then God is in his Heaven, and all is right with the world. When all things are on the downswing, then the devil reigns and all hell, breaks loose. And yet all is the same one thing – not two things – just the way the One Thing is functioning. And that is all there is to it. No matter how many devils’ men create to fill the “evil” void, to explain the fallbacks, it is only the duality of the physical world which is to blame for life being what it is.

When, and ever, mankind, in bulk, will emerge from the mind’s “dark ages” of thinking, and perceive that duality IS existence, and, in fact, is necessary; that there is no such thing as black and white, then he will control, and then will an understanding of this physical world come about; and what has been called Evil, for thousands of years will become the salvation of people – especially those who are in advance, put themselves in advance of the race, in their Thinking. So again, to repeat, for emphasis, while there are dual Forces, these dual Forces are not evil, or bad, or good, or pure, or holy, but are supremely natural.” End quote. (Underlines are the present writers.)

Then farther on in this/his, same book: Contacting the Demiurge, his chapter: Another Knowledge Section; we read this part;

“I will explain the operation in several different ways, and then try to give some reasons for the different ways. If I don’t cover all the ways, or reasons, in this book I will continue in in other books, because the to-be-described operation hinges upon a lot of vital Occult rules, or laws, and its application throws a great deal of light upon general Occult Magic Power Workings. In fact, I could say this operation is the centre of Correct Occult Magic Workings, and its understanding can/will advance you as well.

The Operation I refer to is called, mildly and unobtrusively, “binding,” simply, binding.

I realize now I could almost write a book on this subject, and not reach an end to its ramifications, **followers of Mithra were Roman soldiers. All they knew was that the rites of Mithra worked, and they worked for the empirical reasons I have given elsewhere in this book.**” End quote.

Mithra, was/is a Persian God, brought back to Rome, with the Roman Legions/Soldiers, in a kind of ‘pseudo’ Romanised/Latin ‘form’. But... Mithra was/is = the ‘GOD of CONTRACTS’!?! = and it was, to this ‘GOD’!?! That the Roman Soldiers ‘SWORE THEIR OATHS TO’!?! Mithra was/is a Persian God (Iran), and as Ophiel, writes; All they (the roman soldiers) knew, was, that it ‘worked?’.

Mithra, and the common Vedic noun of Mitra, both derive their ‘meaning’ from the Proto-Indo-European Root word; Mitram = from the root; mi = **to bind** + tra = **causing to**. Thusly, Mitra/Mithra means = THAT WHICH CAUSE/MAKES **BINDING**’!?! Which is preserved, in the Avestan words for; Covenant; Contract and Oath!?! But... the ‘oath’ was ‘sworn/taken?’, underground!?! In the ‘Mithream’, and was the ‘symbol’ of/for, the; Elemental Earth, Dark-ness, Black-ness, **BLIND**-ness, which must be ‘passed through’, before, the ‘initiate’ could; see, find, discover = THE LIGHT!?!

BUT... IN SLAYING THE BULL (Elemental Earth)!?! Mithra showed/revealed to = the initiate!?! = that they (the initiate) = were truly, the masters of = THE/THIS #0, Outer, outer physically physical world/Earth!?! **IF! THEY(?) = the initiate/worshiper** (!?! = VALUED HIM! HONoured HIM! AGREED-WITH-HIM!!?! (Swore their #0 = OATH! = to him = Mithras.)

The/this ‘Elemental Earth = Bull/Taurus’ = was/is, in everything about us = #0, Outer, outer physically physical **NOW!**?! (Shown, in the ‘symbol-ism’ about the ‘bull’ and in/on the ‘attire of’ Mithra.) But... Mithra is holding/restricting (defining), the bull, by/with its nose = air; breath movement = and from the ‘wound!?!’ = at its ‘neck’ the defined = corn/bread = sustenance/life/sustained – is symbol-ised as = coming forth!?! etc.

All of the ‘above’ is ‘contained’ in the/your ‘basic cosmic egg’ exercise and/or basic ‘chair exercise’. Please do not worry or get anxious, if you cannot/do not get these exercises to ‘work’ for you, as it may be, that your now present ‘psychic/ego’ make-up, may not be ‘suitable’ for them or vice versa; it is no ‘different’ from those who, for whatever reason, cannot/do not #2, etheric project!?! (Ego Dominated = this is me! I’m doing this!?!).

One of the ‘great secrets!?!’ of/about the/your #1, malkuth earth/hades **tactile-feeling-body** = is that it = #1 = LIKES TO ‘PLAY’!?! LIKES ‘DRAMA’!?! LIKES TO ‘TEST’ LIKES TO ‘DARE’!?! LIKES TO PANTOMIME!?! LIKES TO ‘MIMIC’!?! LIKES TO ‘EXAGGERATE’!?! LIKES TO = ‘EXPRESS’!?!

One of the ‘most revealing of secrets!?!’ = IS THAT THE/YOUR = #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = LIKES TO = TAKE-ALL-THE-CREDIT = OF/FOR THIS!?! So, you = conscious-ness = must find/discover/reveal, to yourself, your ‘way’, your ‘art’, of doing/expressing = apart/separate from!?! = your #3, ego body, present incarnation, personality body!?!

Please study this ‘occult’, very, very carefully!!

The/your = #3, Ego Body, Present Incarnation, Personality Body = **PIGGY-BACKS!**?! = IN/ON WITH!!?! = YOU?? = CONSCIOUS-NESS!!?!

The only power/ability!?! = OF!?! = the/your = #3, Ego Body, Present Incarnation, Personality Body = IS ITS!?! = POWER/ABILITY!?! = TO OBSERVE!?! IT = #3!! = HAS NO OTHER!?! POWER!?!

End of 'occult'.

Please study this 'occult', very, very carefully!!

The only power/ability!?! = OF!?! = the/your = #0, Outer, Outer, Physically Physical Body, = IS ITS!?! = POWER/ABILITY!?! = TO USE!?! IT = #3!! = HAS NO OTHER!?! POWER!?!

End of 'occult'.

Please study this 'occult', very, very carefully!!

The only power/ability = OF = the/your = #1, Malkuth Earth/Hades Body = IS ITS!?! = POWER/ABILITY!?! = TO 'TACTILELY-FEEL'!?! IT = #1!! = HAS NO OTHER!?! POWER!?!

In the old crazy book (Bible) Genesis: 1. 1-4, the whole 'technique!?!', is explained, shown, demonstrated as = STARING!?!

In Oliver Fox's book: Astral Projection, the whole 'technique', is explained, shown, demonstrated as = STARING!?!

In Ophiel's book: Astral Projection, the whole 'technique', is explained, shown, demonstrated as = STARING!?!

But... what is; NOT! Explained, shown, demonstrated = IS THAT, IT IS = 'IN'!?! = the/your psychological dark-ness, black-ness, blind-ness = where the = actual, factual, literal = 'Power' lays!?! But... in the Old Crazy Book (Bible), in 'both!', Testaments!! It is clearly, definitively, absolutely = explained, shown, demonstrated = THAT 'THEY'!?! = THE INITIATES/INITIATED = KNEW!?! Here it is revamped!?!:

In the beginning, God created the heaven and the earth, and he did so, from the dark-ness, black-ness, blind-ness! The elemental earth, was without 'form/void/empty' (undefined, without three-dimensions), without tactile-feeling-conscious-ness!?! And the/this dark-ness, black-ness, blind-ness, was in/on the un-conscious-ness of God? And God tactilely-felt-for the-light, in = the dark-ness, black-ness, blind-ness!?! And God tactilely-felt!?! = DARK-IN-HERE? ISN'T IT!?! THEN!?! God tactilely-felt-for the-light! And there was 'light'!?! ABOVE, OVER, HIGHER, BEFORE AND IN-FRONT OF = The dark-ness, black-ness, blind-ness!?! = PROJECTED!?!

So, the 'Light?' = CAME FROM? = CAME OUT FROM? = CAME OUT OF!?! = THE DARK-NESS, BLACK-NESS, BLIND-NESS!?!

IF? You, the reader/occultist? Are in 'any-way?', of the 'religious ilk?', then the above is/will be pooh-pooed! By you, #3, reading this? And so, no matter what you = #3, try, test, use = He/It(?) = #1, will/shall 'never'!?! = CHOOSE YOU!!! = #0!?!

God!?! = As 'concept?' = Mono-Ultimate and/or Multiples thereof/Variations thereof!?! DOES NOT 'EXIST'!?! HAS 'NEVER'!?! 'EVER'!?! 'EVER'!?! 'NEVER'!?!?! = EXISTED!?! THERE 'IS'!?! NEVER/EVER HAS BEEN!?! A 'GOD'!?! = OF ANY KIND/TYPE!?! It 'is!?!', as Ophiel writes; only 'you!' and the(?), in the(?), 'universe!?!' As a person who is interested 'in', such 'things?', as 'occult-ness', 'secret-ness', etc, you, the reader/occultist, would actually, factually, literally = have to see past; see through; see behind!?! The 'curtain' of 'words'!?! (Wizard of Oz, style??), to the actual, factual, literal 'technique!'?!

In the present monologues, and previous monologues, the 'technique' in question, is = the/your personal, individual, powers of, psychological tactile-feeling-being!?! Which, hopefully(?), you can/do enhance, increase and develop, to the best of your 'current' ability, in order to 'make???'', Him/It = CHOOSE YOU!! = The Reader/Occultist!?! Through/by/with, the daily practice/doing of the/your basic cosmic egg exercise and/or basic chair exercise!?! Both these two exercises, are, #1, Malkuth Earth/Hades Plane = exercises!?!

Both these exercises = egg/chair = allow, permit = you, the reader/occultist = conscious-ness = to enter/gain access to = the/your #1, malkuth earth/hades plane! = and from there = #1! To the/your = #2, etheric plane!?! = LET THERE 'BE!?! LIGHT!?!

Here is the 'short version' of this from Ophiel, from his book; Astral Projection.

“REGARDING THE COLOUR ON THE COVER: The colours on the cover of this book are the colours you will “see” just before you “break thru” into the Astral Plane with your newly developed clairvoyant Inner sight gained thru the work given in this book. When you “see” these colours you will know you are making progress. = The first thing to appear is the solid back.

Then the colours begin to appear thru the black as is shown where the colours are lined in between with black. The black then thins out and away and the colours become more brilliant and finally burst out into the blinding pure white Astral Light.” End quote.

Therefore, there is 'no shame?', in 'entering' the dark-ness, black-ness, blind-ness, 'first!?!', and then; Then the colours begin to appear thru the black!?! (Today 27th into 28th January 2021; the present writer was 'checking' this out, and can only describe it, to the similarity of a; Stained Glass Window, with 'light' coming from behind it; and/or 'light' coming through a fine linen cloth.) Therefore, there is 'no shame?', in 'practicing' in/on the dark-ness, black-ness, blind-ness, how to 'observe'?, and then, take this 'power'?, 'ability?', 'talent?', 'skill', 'art' = observation = with you = conscious-ness! Into/onto, the 'other', 'higher' planes/levels!?!

Ophiel, starts, as he was 'taught', (Through Oliver Fox's Book; Astral Projection.) with the 'observation' of the 'details?', of his (Ophiel's), #2, etheric plane!?! He, (Ophiel) then, brings 'observation' back to the/his/your #0, outer, outer physically physical plane, via his, Little System method, of 'route & stations', and through this/these 'exercises', he (Ophiel), trains/disciplines your #3, Ego Body, but... only if!?! Your, #3, Ego Body isn't/doesn't 'dominate' you = conscious-ness!?!

In either case, in any case? It matters not?? Because ‘all’ the ‘systems/methods’ require/need, the/your #1, malkuth earth/hades psychological tactile-feeling-body = TO CHOSE YOU = #0, Outer, outer physically physical you!?! So! You = Conscious-ness = GET YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = TO STARE!?! TO LOOK!?! TO SEE!?! TO WATCH!?! TO OBSERVE!?! BUT... YOU MUST GET YOUR #3, EGO BODY? = TO MAKE THE/YOUR #1, MALKUTH EARTH/HADES TACTILE-FEELING-BODY = TO STARE!?! TO LOOK!?! TO SEE!?! TO WATCH!?! TO OBSERVE!?! And not(!) to judge = YOU #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY YOU!?! (See/read 1 to 17 test, try, use. 2021.) Here is what Ophiel writes, about his #1, Malkuth Earth/Hades Body, from his first lesson, in his; Correspondence Course in Astral Projection:

“There seems to be a truth that Occultists say; that one cannot control any plane or rule any plane unless one can operate from the plane ‘above’ that one. And this would seem to indicate that you cannot, rule or control the Physical Plane until you can operate from the Etheric Plane. This does seem to be true: I have found it to be reasonably true in my own work but much control seems automatic.” End quote.

Now, in the present, presentation, the ‘work’, is slightly ‘different’, but... not unreasonable! Here, again, is what Ophiel writes, in his vignette: An Exercise in Preliminary Projection:

“I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.

I suppose it could be considered one of my failings that I don’t cognise a thing until I fit it in somewhere, somewhere into my workings, and when once a working place appears, then I recognise/re-re-recognise the whole and reorganise the set-up all over again.

Such is what happened here when I held up the ‘non-orientation’ of myself long enough to discover/rediscover that this was taking place on another kind of plane than formerly I had functioned on.” End quote.

So, for ‘context’, we read the slightly ‘adjusted’ Ophiel, quote, from his Astral Projection Course: There seems to be a truth that Occultists say; that one cannot control any plane or rule any plane unless one can operate from the plane ‘above’ that one. And this would seem to indicate that you cannot, rule or control the Physical Plane until you can operate from the #1, Malkuth Earth/Hades Plane. This does seem to be true: I have found it to be reasonably true in my own work but much control seems automatic = and this ‘automatic control’ is due to the ‘AUTOMATIC-REFLEX-ACTION’ OF! The/our/your = #1, Malkuth Earth/Hades = POWERS OF ‘RESISTANCE-INERTIA’!?!

Inertia is a ‘compound’ word, meaning; in = without; not; opposite of + ars = skill; from the Proto-Indo-European Root word; ar = to fit together!?! = Inertia = DOES NOT FIT-TOGETHER = OPPOSITE-OF!?!

Take a sheet of A4 paper; and write down, why the ‘Sphere’, #1, Malkuth Earth/Hades, at the ‘bottom’ of the/your tree/map = doesn’t count? Isn’t there? Is never used? Is never explained? And write down, ‘why?’, this sphere/plane = STANDS BETWEEN!?! = the/our/your #0, Outer, outer, physically physical plane/world ‘and’ the/our/your #2, Etheric plane/world!?!

Here is what Ophiel, writes, a little farther on, in this/his lesson one; Astral Projection;

“Actually, as I said before, the art of projection does not really consist in ‘projection,’ although I have to speak of it in that manner due because of the peculiarities of our language. I can’t seem to say it in any other way, but actually nothing is really projected: All you do is transfer your consciousness, your centre of consciousness, your centre of awareness from one plane to another.” End quote.

So, in the basic cosmic egg exercise and/or basic chair exercise, the ‘technique?’ is to transfer you conscious-ness, awake-ness, aware-ness = TQ!? IN!? ON!? = the/your #1, Malkuth Earth/Hades Psychological TACTILE-FEELING-PLANE!?! = Black-on-Black; Black-Astral-Light!?!

Here it is, again! From Ophiel’s book; Clairvoyance, his chapter: The Astral Light:

“To make this a little clearer – The Light that floods the Inner Planes is also the MATERIAL from which the objects, and inhabitants! of these Inner Planes are made/composed of!!!

Having gone this far, I will go a little farther – at this point, it seems to me you might be ready to grasp another great basic concept – try it – here it is. The Matter of the Physical Plane is also composed of this same LIGHT!!! However, this is a great mystery and cannot be gone into fully here or even touched on too much. That conception, however, is a start for you on your way to self-mastery.

I do not know how the Light becomes matter; i.e., becomes condensed into physical matter, or even how the Light becomes Inner Plane matter/objects but I am pretty sure it does happen somewhere along the line, and he who masters this mystery becomes great indeed.” End quote.

It ‘happens?’ = Light to Dark-ness = Dark-ness to Physically Physical!?!

It ‘happens?’ = Light to Dark-ness = Dark-ness to Psychological TACTILE-FEELING!?!

It ‘happens?’ = Dark-ness to Physically Physical = Use; Used; Using!?!

It ‘happens?’ = #2, Etheric Light to #1, Dark-ness = #1, Dark-ness to #0, Physically Physical!?!

Light = Visualise; Dark = Tactile-Feeling; Physical = Use; Used; Using!?! Ophiel then writes, farther on:

“The above should have shown you that there are a number of different planes you go to, and your actions on each of them has to be different in each case. Developing a clairvoyant ability to cognize one plane will not carry over automatically to another, different plane. Unless you know what, you are doing or what you are looking for, your Inner Plane work will not be good work but only hit and miss.” End quote.

The ‘act/action’ of ‘worshiping = value; worth; belief; faith’ = is based on = psychological tactile/tactilely-feeling!?!

Thank you.