

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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6 of 18 how to talk to God. 2021

The/your #3, ego body, present incarnation, personality body = **feels-nothing!!**

Just as Arik-Anpin = looks on? So too, does the #3, ego body!!

Just as Arik-Anpin = does not move, but sits/stands still? So too, does the #3, ego body!!

Just as Arik-Anpin = is not 'attached/connected'? So too, is the #3, ego body!!

Please read this for yourselves, in Ophiel's books: Caballa Magic and Contacting the Demiurge, and in his vignette: The Two Dreamers. One is detached, non-pulsed, above, over, higher, before, ahead (passive/receptive) = of the one who is = below, under, lower, after and behind (active/using/dreaming)!

Arik-Anpin, is the macrocosm = is = above, over, higher, before, ahead!

Zoar-Anpin is the microcosm = is = below, under, lower, after and behind!

Here is what Ophiel writes, in his book: Astral Projection, in his chapter: Little System:

"The image is your etheric body and you are watching it thru the 'eyes' of the ASTRAL BODY – **when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up.** Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE.

Don't lose your head when this happens. By this time, you should have had so much practice along these lines that you should feel no great surprise. Stay out as long as you feel like it but don't go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, return to the body and WILL TO TRANSFER YOUR CONSCIOUSNESS TO THE BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it?" End quote.

So, for context, we now read Ophiel's quote, above, adjusted for the plane/level, we are going to be working in/on:

The image is your malkuth earth/hades body and you are watching it thru the 'eyes' of the/your #2, ETHERIC BODY – **when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up.**

Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. **Tactilely-Feel-Thru** this 'body-image', and perform all the actions with the #1, malkuth earth/hades counterparts of the physical body, the malkuth arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE #1, MALKUTH EARTH/HADES BODY FOR REAL! AT THE SAME TIME, YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE AND CAN AND DO!! FUNCTION IN BOTH BODIES #1 &+ #0 AT ONCE. Don't lose your head when this happens. By this time, you should have had so much practice along these lines with the/your 'egg/chair' exercises, that you should feel no great surprise. Stay out as long as you feel like it but don't go too far away for this first time. When you are ready to return to your physical body go about it the same as you would physically, and sense/feel the/your basic egg and three dimensional, symbols, within you, about you and surrounding you/your #0, body and WILL TO TRANSFER YOUR CONSCIOUSNESS TO THE BODY. And you will open your physical eyes and ask yourself "was it a dream?" And was it? Here is what Ophiel, writes, in his vignette: An Exercise in Preliminary Projection:

"I am going to ask and wonder if there is not some kind of 'sub-plane,' a 'sub-Etheric Plane,' which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the "Real" Earth and the "Real" Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.

I suppose it could be considered one of my failings that I don't cognise a thing until I fit it in somewhere, somewhere into my workings, and when once a working place appears, then I recognise/re-re-recognise the whole and reorganise the set-up all over again. Such is what happened here when I held up the 'non-orientation' of myself long enough to discover/rediscover that this was taking place on another kind of plane than formerly I had functioned on.

Try it for yourself, take it easy, study your 'Effects' and note the 'Results' please read and study the book, 'The Art and Practice of Caballa Magic.' In this book combinations of Tattva Symbols are given for the 'Sub-Planes' spoken of, 'above.' Please study these symbols and call them 'DOORS' into the 'Inner Planes' or – as I like the name, "GATES." – Work and 'study' like hell, as I can't do that for you. - Also, there is more knowledge available in 'Ophiel's' other writings. Check." End quote. (Under lines, are the present writers.)

That this was taking place on another kind of plane than formerly I had functioned on!?! The present writer, wonders how many Ophiel students, can/could/would, see/sense/feel, the great 'advantage', of the above information, from Ophiel? = I am going to ask and wonder if there is not some kind of 'sub-plane,' a 'sub-Etheric Plane,' which is very close to the physical, but which is neither physical nor Etheric!!?!

This, neither etheric or physical = is the 'plane/place!?!', where the/your #1, malkuth earth/hades tactile-feeling = Adversary/Opposer = CONSCIOUS-NESS = 'resides'!?! And you = #0 &+ #3 = must work 'with' = the/this plane/body!?! Even Saint Augustine of Hippo = says/writes, straight out! THAT IT IS WE = #0 &+ #3 = WHO MUST 'AGREE-WITH!?!', THE/YOUR #1, Malkuth Earth/Hades tactile-feeling-body!!?!

#0 = by/with use, used, using! #3 = by/with observe, observed, observing!

#0, is easy! #3, maybe 'not so?', reason being that #3, isn't used to it(?) = observing!!?! #3, doesn't know-how, to do it(?) = observing = without 'judging?'. The present writer had to turn to the Buddhist for their training, as they have quite a lot of tattva expressions. Here it is, as applied to tattva and #3!

What is this = a tree – no! It just is?

What is this = a dog – no! It just is?

What is this = a bed – no! It just is?

This is a man – no! It just is?

This is a woman – no! It just is?

This is a child – no! It just is?

This is a horse – no! It just is?

This is a house – no! It just is?

This is a ship – no! It just is?

These are clothes – no! It just is?

There are clouds – no! It just is?

I hear music – no! It just is?

It just is? Is now-time – first person, present tense, of someone who is = first person, present tense = I AM! = It just is! One, is in a state/condition of ‘being’! The ‘other’ is in a state/condition of ‘being’ = But... as a ‘reflection’, ‘projection’, of the ‘individual’ or of ‘something/someone’ else/other! Can you, the reader/occultist = observe something/anything that ‘just is’?

There is a bottle – no! It just is?

Here is a pen – no! It just is?

This is a coat – no! It just is?

Here is high-rise – no! It just is?

Here is a sun-set – no! It just is?

There is a dawn – no! It just is?

As you do/practice your basic cosmic egg, with its five basic elemental forces symbols, within you, about you and surrounding you, as you practice; It just is? There is no egg; no sphere; no inverted pyramid; no bowl and no cube! – no! It just is? = TACTILE-FEEL-ING!

This type/kind of ‘observation’ (non-judgemental) is ‘well known’, in many developed schools, who have an unbroken tradition, where the individual is able to halt/arrest/stop/cease, the continuous judgemental ‘flow’ of the #3, body, as it clings/grasps at, ‘reflections without substance?’. Ophiel disciplines his students, in his first two #2, etheric methods, of his; Little System and Dream Method, of ‘observation’ of ‘visualised’ reflections. Whereas, the egg/chair exercises, are both #1, malkuth earth/hades methods, wherein, the #3, ego body, is made to ‘observe’ the/their psychological, ‘tactile-feeling’, defining-three-dimensional-ising, symbol-ising.

The other 'method' of course, is that of Augustine = **agree-with!** This too, changes/alters the 'pre-conception' of 'other' to – It just is? And, most importantly of all = REMOVES TIME!?! Culminating in = THIS IS ME NOW!?!

When/if this 'happens', then the/your #3 and/plus #1, are 'one' together! And it allows/permits, the/your #1, to believe (trust). When/if this 'happens', then your #1, chooses you = #0, and your outer, outer physically physical body use, using, used = happens! Many, many 'occultists?', are drawn/pulled to/towards the/their 'own reflections', 'visualisations', as they are 'overpowered' in/on the/their #2, etheric plane. This is 'due', to the/their #3, ego body, inability to 'observe', and the 'current body', in/on the 'chosen plane', to 'do its part'!?! The 'distillation' process, of the basic cosmic egg exercise, with its 'definition' of each of the five basic elemental forces, symbol, in/on the/your #0, outer, outer physically physical body, is a great 'asset', in this respect, as 'both' #0 &+ #3 are working/operating in harmony together! When doing Ophiel's Little System, of Astral Projection, the 'inclusion' of the/your #1, malkuth earth/hades **tactile-feeling-body** = IS 'CONDUCTIVE' TO GOOD/CORRECT, 'WORKING PRACTICES' AND LENDS 'WEIGHT/SUBSTANCE' TO THE WHOLE PROCEDURE.

Do the/your 'route' #0, outer, outer physically physical.

Do the/your 'route' #1, malkuth earth/hades.

Do the/your 'route' #2, etheric.

Train the/your #3, ego body, present incarnation, personality body to 'observe'.

Do the/your 'talisman' #0, outer, outer physically physical.

Do the/your 'talisman' #1, malkuth earth/hades.

Do the/your 'talisman' #2, etheric.

Train the/your #3, ego body, present incarnation, personality body to 'observe'.

Do the/your 'ritual' #0, outer, outer physically physical.

Do the/your 'ritual' #1, malkuth earth/hades.

Do the/your 'ritual' #2, etheric.

Train the/your #3, ego body, present incarnation, personality body to 'observe'.

Do the/your 'treasure map/chart' #0, outer, outer physically physical.

Do the/your 'treasure map/chart' #1, malkuth earth/hades.

Do the/your 'treasure map/chart' #2, etheric.

Train the/your #3, ego body, present incarnation, personality body to 'observe'.

Do the/your 'egg/chair' #0, outer, outer physically physical.

Do the/your 'egg/chair' #1, malkuth earth/hades.

Do the/your 'egg/chair' #2, etheric.

Train the/your #3, ego body, present incarnation, personality body to 'observe'.

As the present writer does their basic cosmic egg exercise; outside their 'egg/aura', is the white light (not the golden yellow or lower blue), in/inside the 'egg' itself, is the 'black-astral-light' = #1, malkuth earth/hades. The present writer then goes through the basic egg symbols, of Sphere = Head! Inverted Pyramid = Torso! Bowl = Hips/Pelvis/Crotch! And Cube = Thighs/Legs/Feet.

Once all five symbols, have been/are tactilely-felt, defined-three-dimensional-ised-symbol-ised, the present writer goes to their Egg, and does everything Ophiel writes about Akasha, being the first/last/all/everything. Being 'neutral', 'unmoved', 'unchanged', 'still', 'endless', 'all'.

Once all five symbols, have been/are tactilely-felt, defined-three-three-dimensionally-symbolically, within them, about them, and surrounding them, the present writer goes to their Egg, and does everything in Ophiel's ritual, for this (this 'egg' is the 'circle') at the; elemental Akasha; space, room, opening, becoming; and then speaks, in the language of tactile-feeling = EL.

Once all have been/are tactilely-felt, defined-three-dimensionally-symbolically, within them, about them, and surrounding them, the present writer goes to their Sphere, and does everything in Ophiel's ritual, for this quarter at the; elemental Air; clouds; soft rose dawn light; and then speaks, in the language of tactile-feeling = Raphael/Eurus.

The present writers 'conscious-ness' is located at the/their 'head' and the 'sphere' is 'anchored' by/with their, actual, factual, literal, physically physical body! Which, of course, helps to enhance, develop and increase, their #3, ego body, powers of 'observation'!?!

Next, the present writer tactilely-feels, the 'base' of the/their inverted-pyramid, going across their collar bones and extending out in front and behind their shoulders, from this, flat-square-base, the four faces descend to form a needlesharp point/tip, to just below their naval by about two inches. The sense/feel the/their 'Sphere' sitting/resting on the flat base of the inverted pyramid at their collar bones/neck.

The present writers 'conscious-ness', is now located at the/their 'torso' and the 'inverted pyramid' is 'anchored' by/with their actual, factual, literal, physically physical body! Which, of course, helps to enhance, develop and increase, their #3, ego body, powers of 'observation'!?!

Once all have been/are tactilely-felt, defined-three-dimensionally-symbolically, within them, about them, and surrounding them, the present writer goes to their Inverted-Pyramid, and does everything in Ophiel's ritual, for this quarter at the; elemental Fire; Sun in sky, warm wind, sandy beaches, relaxation; warm noon light; and then speaks, in the language of tactile-feeling = Michael/Notus.

As the present writer, descends the four faces of their, inverted pyramid, to the needle-sharp point/tip, the can sense/feel the 'bow-wave' pressure, being exerted, and then, comes the 'curvature' of the/their Bowl. From the tops of their hips, down into/onto their 'lower-intestines', with the 'second' reflective 'curve' coming down/around the outside of their hips, to just below their crotch, to the top of their thighs, and it is 'cool', accepting, reflecting, shimmering.

The present writers 'conscious-ness', is now located at the/their 'hips/pelvis/crotch' and the 'Bowl' is 'anchored' by/with their actual, factual, literal, physically physical body! Which, of course, helps to enhance, develop and increase, their #3, ego

body, powers of 'observation'!?!

Once all have been/are tactilely-felt, defined-three-dimensionally-symbolically, within them, about them, and surrounding them, the present writer goes to their Bowl, and does everything in Ophiel's ritual, for this quarter at the; elemental Water; absorbing, reflecting, flowing, forming/shaping, attracting; and then speaks, in the language of tactile-feeling = Gabriel/Zephyrus.

Just like the Sphere and Inverted Pyramid above, the sensation/feeling, of the Bowl, resting on 'top' of the Cube, is tactilely-felt, and 'conscious-ness', descends to the thighs/legs/feet. All six faces of the Cube, are now defined, three-dimensionalised, symbol-ised. The 'stability' of the #0, body is 'reflected' in the 'stability' of the #1, Cube.

The present writers 'conscious-ness', is now located at the/their 'thighs/legs/feet' and the 'Cube' is 'anchored' by/with their actual, factual, literal, physically physical body! Which, of course, helps to enhance, develop and increase, their #3, ego body, powers of 'observation'!?!

Once all have been/are tactilely-felt, defined-three-dimensionally-symbolically, within them, about them, and surrounding them, the present writer goes to their Cube, and does everything in Ophiel's ritual, for this quarter at the; elemental Earth; absorbing, reflecting, flowing, forming/shaping, attracting; and then speaks, in the language of tactile-feeling = Auriel/Borus.

The present writer, is now standing 'inside' their 'egg', with all five basic elemental forces symbols, within them, about them and surrounding them, with the:

Elemental 'akasha' = Egg, the/their 'whole body'!

Elemental 'air' = Sphere, at the/their 'head'!

Elemental 'fire' = Inverted Pyramid, at the/their 'torso'!

Elemental 'water' = Bowl, at the/their 'hips/pelvis/crotch'!

Elemental 'earth' = Cube, at the/their 'thighs/legs/feet'!

Whilst 'standing', with the/their #3, ego body 'observing' them!

And their #0 outer, outer physically physical body 'anchoring' them!

This type/kind of 'egg variation', causes/creates/makes/forms a 'bond/binding' between the 'symbol' and the 'body'! When the individual is looking/searching for something/anything, all they have to 'do' is to 'hold/attach' an image/visualisation of 'it' = object, circumstance, thing = to each 'location' of their body-symbol, and they should get/receive a psychic-feedback 'response', and(!), they should, depending on their personal/individual abilities, training, art, skill, they should 'get back', a 'feeling-sensation', in/on the/that 'part' of their #0, outer, outer physically physical body.

Even though, logically, you wouldn't expect this, but... any 'rejection' of this, is simply your #3, ego body, asserting 'its' self!?! Example!

Take the word 'EL' which is the name of the Canaanite God, which was taken/stolen, by the invading forces, who took over that land and its peoples. One of the main 'epithets' of/for, the/this name 'EL' was/is = THE GOD WHO IS IN FRONT! (The God who is 'first!'). Leaving all this aside, for the moment; the 'object' of the exercise, is for you, the practitioner, to decide = for your-self! = what it is, that you wish to 'do'. In the/this, egg exercise variation, as you 'stand' in the 'column?', you are actually, factually, literally a 'living symbol', of the 'middle-pillar' of the/your tree/map! A 'straight-line?', from 'bottom-to-top & top-to-bottom' = malkuth/kether; kether/malkuth!?! As the, levels/planes/layers = five basic elemental forces, are 'distilled' out.

By/with the/your, conscious-ness, doing this/these 'actions', you = conscious-ness = are 'agreeing-with', through/by/with, the/your consciously, knowingly, deliberately psychologically = tactilely-feeling!?! (See/read previous monologues, about Ophiel's vignette: How to change your name into a Magical Name, for 'EL'.)

When/if, you, the operator/occultist(?), do/practice the/your egg exercise, the/these psychological tactilely-felt, symbols = BECOME AS 'REAL?' TO YOU – CONSCIOUS-NESS = AS IS!?! THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY IS!?! THIS IS 'HOW'!?! IT = THE EXERCISE – WORKS!?!

When/if, you, the operator/occultist(?), do/practice the/your chair exercise, the/these psychological movements-directions = ARE!! AS 'REAL?' TO YOU – CONSCIOUS-NESS = AS IS!?! THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY IS!?! THIS IS 'HOW'!?! IT = THE EXERCISE – WORKS!?!

Thank you.

PS. Please note; the names of/for, the/these 'Angelic?', figures, in the 'context' of Ophiel's vignette; How to Alter your name to a Magical Name, is presented in the 'monologue/file #8'; 1 to 17 presentation. 2021.