THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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One of the ancient 'ways/methods' to 'deal with', the #3, Ego Body, Present Incarnation, Personality Body, was to, make it (#3, ego body) = TO OBSERVE WITHOUT 'JUDGEMENT'!?! = hence – isolation; sensory deprivation; contemplation; meditation; ritualisation; etc, etc, resulting in; Symbol-ism!

ISM = from the Greek – ismos = a noun ending, signifying the practice or teaching of thing = hence = Symbolism?? (From the 'stem' of verbs in – izein = which is a verb-forming element, donating the noun or adjective to which it has been attached).

Here is what Ophiel writes, in his book: The Occult, his chapter: Occult Knowledge.

"Another word I will have to use all the time more continually is the word 'Symbol'. This word comes from Greek through Latin to Old French. The etymological construction of the word is SYN – with BAIEIN – to throw or WITH-THROW (ing) together – to put two things together, in the sense of something, emblem, sign, object, which stands in-place-of something else – something else which usually, naturally, not present physically and may, indeed, be on another plane entirely. *Much of your Occult learning acquirements will consist of transferring your thinking from outer actual Physical objects to abstract metaphysical objects by means of symbols*. Also, much of your future Occult achievements will consist of consciously and unconsciously LIVING your future life in accordance with, your increased and altered thinking along Occult Lines. I will repeat the above idea many more times in this book, expanding it all the time." End quote.

Symbol – literally = that which I thrown/cast 'together'. From the assimilated form of; syn – together + bole – to throw/cast – from 'bol' nominative stem of 'ballein = to throw'. From the Proto-Indo-European Root word; gwele = to throw/cast/reach (to tactilely-feel-touch!). The word sense/evolution in Greek, is from; placing, putting (throwing/casting), things 'together to contrast'; to 'compare'; to token object, used in comparisons, to determine 'if?' something is 'genuine' – hence = a/an 'outward sign!' of/for 'something'. The meaning; something which stands for/in place 'of' something else/other, was first recorded, in 1590, from Spencer's Faerie Queene.

Back to where we were/are! One of the ancient ways/methods to, deal with, the #3, Ego Body, Present Incarnation, Personality Body, was to, make it - #3, ego body = TO OBSERVE WITHOUT <u>JUDGEMENT</u>!?! TO OBSERVE WITHOUT <u>JUDGING</u>!?! = hence – isolation; sensory deprivation; contemplation; meditation; ritualisation; etc, etc, resulting in; Symbol-ism!

The/your #3, Ego Body, present incarnation, personality body = PIGGY-BACKS(?) = in/on 'Conscious'?

Conscious-ness 'is' Duality!

Duality 'is' Conscious-ness!

Duality 'is' All/Everything(?) in/on the same/one plane!

Duality '<u>is</u>' = Going 'across' a/the plane! (comparing/judging.)

When/if a person projects/transfers to, a/an, 'other' plane/level = then they must; Assume and/or, Polarise!

Assume = take back; take up; take in = lower to higher!

Polarity = all facing the same/one direction = higher to lower!

Duality = 'all' in/on the same/one plane = going across the/a plane!

This, the above; Assume; Polarity; Duality; 'is' the 'format' (Format - Form (noun), circa 1200's = forme/fourme = semblance; image; like-ness. From Old French; forme/fourme = physical form; appearance; pleasing looks; shape; image; way; manner. From the Latin; Forma = form; contour; figure; shape; appearance; refined form; beauty; outline; model; mould; pattern; design; sort; condition. Possible cognate of/with, Greek word; Morphe – form/beauty/outward appearance. Greek God – Morpheus = son of sleep (literally = the maker of shapes!) especially of = fine figures; beautiful forms; outward appearance. Morpho, was an 'epithete/nickname' of/for 'Aphrodite', in Sparta, and literally meant; Shapely.

Here is a 'big!?!' occult, for you, the reader/operator/occultist(?)!

THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY YOU = <u>CANNOT(?) – DOES NOT(?)</u> = <u>JUDGE!</u> <u>JUDGEMENT!</u> <u>JUDGING!</u> = <u>IN/ON</u> <u>THE/YOUR</u> #1, MALKUTH EARTH/HADES PLANE = PSYCHOLOGICAL/PSYCHICAL <u>TACTILE</u>-<u>FEEL</u>-ING PLANE!?! <u>WHY IS THIS</u> #3, JUDGEMENT 'SUSPENDED?' = <u>BECAUSE OF THE/ITS</u> = <u>DARK</u>-NESS; <u>BLACK</u>-NESS; <u>BLIND</u>-NESS!?!

The 'blind?', persons/individual/conscious-ness #1 = SEES! OBSERVES! = BY/WITH/THROUGH = TACTILELY-FEEL-ING; DEFINE-ING; THREE-DIMENSIONAL-ISING; SYMBOL!!!! -ISING!!! = AND NOT! NOT! BY/WITH #3, EGO BODY = JUDGE; JUDGING; JUDGEMENT!?!

Ophiel didn't 'guess', which watermelon was ripe!

Ophiel didn't 'guess', how much milk to pour!

Ophiel didn't 'guess', how hard to press the gas-pedal!

Ophiel's 'sub-conscious-ness' = already 'knew?' = which; how much; how hard; how fast; how slow, etc, etc. Ophiel only needed to have his #3, ego body, step aside/stand aside = AND <u>NOT</u>! <u>JUDGE</u>!?! Here it is, from his book; Clairvoyance, his chapter; The Two Minds.

"Now, in your experimental sub-mind work, you will have to evolve your own types of exercises, like the examples given, and scarry them out successfully. You have to release all conscious control and practice allowing the sub-mind to take over, and this give rise to a very queer feeling, as if, you seem, to be losing control over your objective world. Practice this, until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life." End quote.

You have to release all conscious control and practice allowing the sub-mind to take over = YOU = #3, Ego Body, Present Incarnation, Personality Body You MUST RELEASE ALL CONTROL!!!

Ophiel, also gives the same instruction, in his first book; Astral Projection, in regards to your = #3, Ego Body, not judging!

When doing/practicing your Little System and Dream Method, but not in the same way/method, as both 'methods' are very, very natural, and 'work with', the individuals #3, Ego Body because of the 'Luminosity' of the type/kind of 'Light' = BUT...! THE/YOUR #3, EGO BODY – FEELS-NOTHING!?! – ONLY CONSCIOUS DOES!?! Here is what Ophiel writes, same book; Clairvoyance, same chapter; The Two Minds.

"To resume – Some time ago I was on a morning tea drinking spell, instead of coffee. I did this by using milk made from powdered milk, pouring it into a pan and bringing it to a boil and then putting in the tea bag, made the tea. In putting the milk into the pan, I soon discovered that I usually poured out too much milk or too little milk when I was not thinking closely about it, my mind being on other things. However, one day, it occurred to me THAT THE SUB-MIND KNEW EXACTLY HOW MUCH MILK T POUR OUT, AND SHOULD DO IT CORRECTLY EVERY TIME, AT ALL TIMES!! This idea was a little jolt to me but I proceeded to carry it out in trials. In a short time, it worked and the exact amount of milk was poured out! But the objective conscious mind began to object!!!" End quote.

Psyche and her 'Sisters'? Judge; Judging; Judgment!?! Next this part; "First came the insistent ideas that I mark the depth on the side of the pan and pour to that line instead of waiting for the sum-mind's 'feeling' message, that enough milk was poured out. This idea was enough to disrupt the 'feeling message' for a while and this objective idea had to be supressed sternly. Then, the conscious mind suggested again, that all I had to do was to fill the tea cup with the milk first and thus, measure the milk with no necessity for the sub-mind to intrude where it had no business, and this idea had to be supressed!

In other words, I had more trouble with the Objective mind that I had with the sub-mind working!! Finally, the Objective Mind in desperation, began to cast doubt and fears upon the tests, and those ideas had to be overcome which made still more trouble." End quote.

The Ego = piggy-backs(?) – in/on Conscious!?!

The Ego = piggy-backs(?) – and makes Judgements!?! – in/on Conscious – as a - 'ness!?!'

Here is what Ophiel writes, in his book; Talismanic Magic, his chapter: More on the Astral Light.

"I once observed a watch repairman as he assembled a watch. He lifted the last piece, which had the balance wheel on it, and, as he dropped it onto and into the watch, the balance wheel, as soon as it hit the "bottom" of the inside of the watch core, started to "work," started to run/turn. This instantaneous functioning surprised me, as I had thought the man would at least have to turn the whole watch sideways several times to get it started.

Well, friends and students, this is a perfect example of the way this Occult Knowledge works, at least with me, and it should with you. As soon as you grasp the Knowledge mentally IT SHOULD START TO WORK.

I will repeat the above in a slightly different way.

Dear students, as soon as you grasp the idea/knowledge of and about the "existence" and the Power of the Astral Light, its POWER should start to become available to you automatically and KNOWINGLY, at once, instead of just hit and miss, as we all use it now, all the time." End quote.

In the above Ophiel yellow highlighted quote 'is', the/your basic cosmic egg and/or basic chair exercises!?!

If they are persons/individuals 'out there', who do not psychologically/psychically 'tactilely-feel' or are un-aware; un-awake

and un-conscious, to/of this, then it is 'no wonder' that life/living, is, for them, not the 'way', in which they would like/want it to 'be!' because of; automatically running?

Enter into a 'partnership/relationship?', to/with, the/your #1, Malkuth Earth/Hades Body, and let the/your #1, Malkuth Earth/Hades = work for you!! = #0, Outer, outer physically physical you!?! And let the/your #3, Ego Body = watch/observe – without!! – judge; judging; judgement!! = As soon as you 'grasp' the Knowledge 'mentally' = IT SHOULD START TO WORK!! So! Stick/Adhere to the; format!

Form (verb) circa 1300's; Formen/Fourmen = create; give life to; give shape to; give structure to; build; construct; devise. From Old French; Fourmer = formulate; express; create; shape; mould; draft (12th century), and directly from the Latin; Formare = to shape; to fashion; to build. Forma = contour; shape; form; figure.

So! Both the noun and the verb, of Form/Format, should be examined closely, in the knowing/understanding of, the/your #1, Malkuth Earth/Hades Plane/Level, and 'how', the/your egg/chair exercises 'work?', and 'how', the/your egg/chair exercises should be 'applied!', by/with you = Conscious – as a 'ness'!?! In the 'case' of the basic cosmic egg exercise, the 'form/format' of/for the basic elemental forces, is, of course, the five-basic elemental 'symbols';

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Egg = whole body;

Sphere = head;

Inverted Pyramid = torso;

Bowl = hips/pelvis/crotch;

Cube = thighs/legs/feet.
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Within you, about you and surrounding you – conscious – as a 'ness', in the/your psychological, psychical dark-ness; black-ness; blind-ness!! Both verb and noun, of/for the word Form/Format, means/involves = psychological, psychical – tactile-feel-ing, each time you practice the/your basic cosmic egg exercise, you - conscious – as a 'ness', are creating, giving life, to each of the 'symbols'. When you practice the/your basic chair exercise, it (the 'chair exercise'), shows/reveals to you – conscious – how your #1, malkuth earth/hades plane works/operates = opposing you - #0, outer, outer physically physical you!?!

The present writer has noticed, that once a person/individual knowingly/unconsciously, or is taught deliberately, that the/their psychological psychic dark-ness; black-ness; blind-ness, is 'Evil', then it is nearly all but impossible, to for them to change/alter this, unless they, the individual, actually, factually, literally, knowingly and consciously – re-train, re-educate, re-discipline themselves!?! (Letter of Augustine of Hippo. See/read Ophiel's vignettes; The 'OTHER' you. Your 'OTHER' you. The God that is 'in' my mouth. Why do you let the Devil 'USE' you and, Your 'LOYAL' opposition?)

In the 'structured' ignorance/format, it is organised 'orthodoxy', which teaches/instructs, that there is active, individual, personal 'EVIL', which is 'against' the individual, whereas, in history, it is/was instructed, taught, that there was/is a 'TESTER?', who became a 'PROSECUTOR?', who became an = ACTIVE/DELIBERATE/PURPOSEFUL/PERSONAL/INDIVIDUAL = EVIL!?! Which there is 'not!'.

The 'resistance of/for' the individuals, #1, Malkuth Earth/Hades Plane, is actually, factually, literally – HOW! – the/that/this

plane/level – <u>works/operates</u>!?! (As explained in the Ophiel vignettes above.)

The 'way?', (one of!), to test, to try, to use, the/this natural/normal – resistance? – in a <u>pro-active/constructive way = IS!!</u> – through/by with, the/your basic cosmic egg (define – tactile-feeling) exercise and/or basic chair (active) exercise (push-down to stand up; push up to sit down).

Passive exercise = basic cosmic egg, wherein you – conscious – actively/deliberately/knowingly/consciously psychologically, psychically – <u>tactilely-feel</u>; <u>define</u>; <u>three-dimensional</u>-ise; <u>symbol</u>-ise the/your basic five elemental <u>forces symbols</u>, within you, about you and surrounding you = #1 &+ #0, with #3, ego body you – <u>observing</u> (<u>NON-JUDGEMENTALLY!?!</u>).

Active exercise = basic chair, wherein you – conscious – actively/deliberately/knowingly/consciously psychologically, psychically – <u>tactilely</u>-feel-ing – within you = #1 &+ #0 = the active movement of (!?!), the your #1, malkuth earth/hades plane 'psychic' body, <u>as it</u> (#1), <u>MOVES(?)</u>, <u>WITHIN YOU</u> = #0, Outer, outer physically physical you!?!

Once a person's/individual's, 'personality = ego' body, is/becomes familiar to/with the/their #1, malkuth earth/hades body, and begins to 'share?' by/with simply 'standing aside' and observing without judging?) with(!) their #0 &+ #1.

Please study, very, very, very carefully! Big Occult!

Active exercise = basic chair - <u>IS WHEN PSYCHE</u> = <u>WENT SEARCHING FOR EROS!?!</u> = <u>CLAIRVOYANCE</u> = <u>FUTURE</u>-<u>TIME</u>!?! (Preparation/Restoration of the Temples!?!)

Passive exercise = basic cosmic egg - <u>IS WHEN PSYCHE</u> = <u>USED (!?!) HAD (!?!) EROS!?!</u> = <u>NOW-TIME</u>!?! (Was 'visited' by Eros, each night, and was <u>tactilely-felt</u>!?!)

End of occult!

Thank you.

PS. See/read Ophiel's book: Clairvoyance, read about his 'business man - active', and his 'department store lady - passive'!?!