

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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We begin the ‘tattva exercise’, of the basic cosmic egg. This exercise, is like any ‘other’ exercise, the more you ‘train’ in it; the more you ‘master’ it, through the ‘acquisition’ of art/skill/technique. Here is how Ophiel writes it, from his very first lesson, in his; Correspondence Course in Astral Projection.

“There is another matter in regard to the idea of training or exercising that I want to bring out at this time also. For the sake of understanding this matter a little clearer you can consider that the Etheric Plane and Etheric Matter has become a little ‘thick.’ There is something very funny about, (I mean in the sense strange and not amusing), the consideration of the Etheric Matter, in that repeated movements, or the repetition of exercises, does seem to ware some kind of path in this Etheric Matter, and each repetition makes it easier and easier to follow. Although this is getting a little but away from Astral Projection, still you can understand by this how it is possible that we do learn things on the Physical Plane, it is through the agency of the Etheric Plane. This is part of what I said before about controlling the plane lower by mastering the plane above. You are going to learn by means of a number of guided exercises, and you will also learn by doing.” End quote.

Simply for ‘context’ and ‘continuity’, the present writer shall just slightly ‘amend/adjust’, the above Ophiel quote, to read thusly:

For the sake of ‘understanding’ this matter, of ‘training’, you can consider that the #1, Malkuth Earth/Hades, plane and the psychological psychic-tactile-feeling, has become; more believable! Has become; more real! Has become; more tangible! Has become; denser!?! This is because; the repeated-movements = tactile-feeling = are/have been, are being made/done/taking place/happening = in/on the/your #1, malkuth earth/hades plane, as the ‘water-of-earth’!?! = Bowl ‘inside’ Cube. In that, repeated movements, of a/an elemental ‘force’ = Akasha; Air; Fire; Water; Earth = or ‘repetitions’.

(Elemental Water ‘principle’) of movements/exercises, does seem to ‘ware’ some kind of tactile-feeling (Elemental Earth ‘principle’) in/on the/that/any particular plane!

This is part of what I said before about controlling the plane lower by mastering the plane above = THE PLANE ABOVE, OVER, HIGHER, BEFORE AND IN-FRONT! OF THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL EARTH, IS!?! = THE/YOUR #1, MALKUTH EARTH/HADES!?! THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL EARTH, IS!?! = BELOW, UNDER, LOWER, AFTER AND BEHIND!?! = THE/YOUR #1, MALKUTH EARTH/HADES!?! You, the reader/occultist/practitioner = CANNOT RECALL THIS TO ‘MIND’ = OFTEN ENOUGH OR TOO MUCH!?! This is part of what I said before about controlling the plane lower by mastering the plane above!?!

The basic cosmic egg exercise and/or basic chair exercise are both = #1, malkuth earth/hades plane = exercises!?! Just as Ophiel’s exercises are designed to ‘take you’ = conscious-ness = to the/your #2, Etheric Plane, so to, is/are the egg/chair exercises, designed to ‘take you’ = conscious-ness = to the/your #1, Malkuth Earth/Hades Plane!?! Please re-read the whole of Ophiel’s lesson one, in his Astral Projection Course, and please ‘note’ this part;

“There is another terrific concept that I must introduce to you, sooner or later, so I will now. Also, this concept is so large, so big, so startling, that I don’t know just how I can put it over, as it is even too much for me to fully grasp in all its aspects. I will do the best I can but will probably have to introduce this subject a piece at a time and come back to it repeatedly, which process I hope will not bore you too much. So here goes. (The following is the most profound concept I have ever come across in my years of Occult work, and it is so big that I have refrained from looking at it too much because I felt a complete incapability of comprehending it ever to even its simplest extent. However, we must all face it someday, sometime, so here is

a start!) IT APPEARS THAT THE PHYSICAL PLANE WORLD DOES NOT, 'EXIST,' 'AS SUCH,' that is, as it appears to be. (Enough for now) One curious outstanding fact regarding the above statement is that, 'THIS NEWLY DISCOVERED FACT', THAT THE PHYSICAL PLANE DOES NOT EXIST AS SUCH, CANNOT BE COGNISED BY YOU, OR BY ANY MAN OR WOMAN, UNTIL YOU LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK'!!!!'

I am no expert psychologist on dreams, or a psychologist at all, but I do suggest that the action-appearance of dreams, being what they are, has all the 'appearance' – 'actions' one would expect, IF THE 'OUTER PLANE WORLD' WAS OUR OWN SELF-MAGIC-CREATED-CREATION. (I don't see how it could be any different in any great respect otherwise.) 'The kind of stuff that dreams are made of.'

I am sorry to introduce this kind of material here in a Course on Astral Projection, but all material evidence points the way it does and the possible end results are too big to be overlooked. Besides, once this unexpected new development is understood in some of even its minor aspects, great possibilities open up - again too big for our casual comprehension - I don't know if I can handle it in my lifetime, but you should know about it, and make a start on understanding it and using it. Would it be asking too much of you to accept the above hypothesis for the time being and ACT - FEEL - in the following lessons - as if it were true and see where this acceptance leads us?" End quote. (Underlines are the present writers.)

In the yellow-highlights, in the above Ophiel quote, you, the reader/operator/occultist = WILL BE/SHALL BE = DOING WHAT OPHIEL WRITES ABOVE!?! = LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK'!!! = BUT...! You, the reader/practitioner/occultist = WILL BE/SHALL BE = DOING THE/THIS LOOKING BACK!!! = FROM! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE 'TO/TOWARDS' = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?! VIA, THE/YOUR BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES!?!

Please note carefully! Just like everyone/anyone, can't/doesn't, necessarily 'do', Ophiel's materials, as we are 'not' all the same? So too, just like everyone/anyone else/other, it doesn't necessarily mean, that you, the reader/operator, can/will/shall(?), be 'able?', to get/make, the/your #1, Malkuth Earth/Hades = choose/believe!?! = YOU!!! = #0 &+ #3!?! = For all this is delivered unto me (#1), and to whomsoever (#0) 'I' (#1) choose to 'give' it!?! = Old Crazy Book (Bible) talk!?!

For all this is delivered unto me 'and to', whomsoever 'I' choose to 'give' it!?! = this is 'what' you, #0 &+ #3, will learn/master in the/your daily practice of, the basic cosmic egg/chair exercise. The 'technique = egg/chair' = IS SO THAT 'SHE/HE/IT' (Your #1) WILL 'CHOOSE YOU! (WILL BELIEVE = YOU = #0!?!) The technique, egg/chair, IS SO THAT YOU! = THE READER/OCCULTIST(?) = Increase; Enhance; Develop; the/your; Latent-Dormant Psychological/Psychic = Tactile-Feeling; Defining; Three-Dimensional; Symbolic!?!

Please study carefully! Symbols are 'made/created', in/on the/your = #1, malkuth earth/hades tactile-feeling-plane!

NOT! In/on the/your #0, Outer, outer physically physical plane!

NOT! In/on the/your #2, Etheric, visualisation plane!

NOT! In/on the/your #3, Ego Body!

NOT! In/on the/your #4, Astral, emoting/directing/projecting plane!

NOT! In/on the/your #5, Archetypal, foundation, first-impression, first stamp, first mould!

NOT! In/on the/your #6, Akashic, cause, causing, caused, plane!

Symbols are made/created, by/with/through = psychological/psychical tactile-feeling; defining; three-dimensional-ising; symbol-ising! A 'fixed' symbol, is/can be, made/created, in an 'instant!?!', and last/stay(?), a whole life time!?! NEITHER GOOD NOR BAD!?! But... still 'there?'; But... still exerting/exuding power!?! Here is how Ophiel writes it, in his book; Contacting the Demiurge, his chapter:

"In all these name forms the Force-Demiurge carries out CHANGES WITH NO REGARD FOR THE CONSEQUENCES. The Force-Demiurge does what you impress upon it to do! TO REPEAT – CARRIES OUT CHANGES WITHOUT REGARD FOR EARTH EFFECT CONSEQUENCES!!! (And that can be bad!!!) (To digress a little – a person who suffers from poverty and lack, is doing so BECAUSE THE PERSON IS SO ORDERING HIS CONTACT WITH THE FORCE-DEMIURGE TO DO JUST THAT!) If a drunk is rolling in the gutter, it is because the drunk has so ordered his contact with the Force-Demiurge to so do that! Sounds terrible but appears to be true!" End quote.

Then, in the next paragraphs, we read this;

"To get back to this Tut-Ankh-Amon, the Egyptian Priests who knew about this 'Magic,' sealed the tomb with the incantations, and the mental direction of the Force. (THE FORCE-DEMIURGE KNOWS NO TIME OR PLACE.)" End quote. (Underlines are the present writers.)

A 'fixed' symbol, is/can be, made/created, in an 'instant!?!', and last/stay(?), a whole life time!?! NEITHER GOOD NOR BAD!?! But... still 'there?'; But...! Still 'exerting/exuding' power!?! YEARS!?! AFTER IT HAS BEEN CREATED/MADE!?! SO! BELIEVE IT OR NOT! (No pun intended!), when you/if you(?), get to, meet & greet(?), the your #1, Malkuth Earth/Hades 'Self?', do not!! Be 'surprised?', if you = conscious-ness(?) = find/discover(?), that the/your #1, has a 'personality?', of 'its' own?? But... it's not a 'real!!' personality!! More a kind/type of; character traits/ways of doing things = habits/reflexes = Etc. If you 'sense/feel?' that there is, 'someone else?' there?? Then get professional psychiatric help, as you are a 'nut job' There is only you! There should be! Only you = Conscious-ness – with you #3, ego body piggy-backing!

Ophiel writes that he 'found/discovered' his 'defect?', and learned to 'live with it', mitigating its 'power', 'influence', over his way of 'being/doing'. Also, he writes that the point/purpose of, occult practices, is to 'clear-up', 'clean-up', any/all misconceptions, that the student has about, occult? This can only be done through/by/with, personal/individual 'effort', based on tried and tested 'techniques' that 'work!', for them, the student! Some 'find it/discover it!?!', but... many, many, more, do not!?! But... that does not necessarily 'mean!', that it is the 'technique', that is at 'fault?'; nor does it 'mean!', that it is the 'student', that is at 'fault?'; ALL THAT IT 'MEANS!?!', IS THAT = IT!?! = THE STUDENT OR THE TECHNIQUE OR BOTH = ARE NOT COMPATIBLE/SUITABLE!?! TO/FOR EACH 'OTHER', AND!?! NO ONE CAN 'KNOW?', UNTIL AND UNLESS = THEY TRY IT!?! TEST IT!?! USE IT!?!

The basic cosmic egg exercise and/or the basic chair exercises, are no 'exception' to the above rule. So, do not worry or fret, if it is not 'suitable' to/of/for, the/your 'inner you?'. Ophiel writes in his books, that the individual has to be 'mentally/physically' = sharp/agile = as well as, occultly sharp/agile? AS LEARNING AN 'OCCULT' ART/SKILL, DOES NOT = AUTOMATICALLY, REFLEXIVELY, SPONTANEOUSLY = MAKE YOU A 'SVENGALI' OVERNIGHT!?! (Book, by: George du Maurier; Trilby, published; 1894.) But... both egg & chair, will/shall 'hasten' such a 'process/skill'!?! Without too much 'ado'!?!

One of the 'major traits', of/for the egg/chair exercises, is the/their 'speed?', at which the 'individual', working on their

'own', can 'advance?'. To be 'able' to transfer/project, the/your 'conscious-ness', with the/your #3, ego body, present incarnation, personality body = **PIGGY-BACKING!**?! Into/onto, the/your psychological/psychic dark-ness; black-ness; blind-ness, is, to say the 'least', of great help/assistance, to the 'individual'!?! But... once again, the present writer, must point out, as in the previous monologues of Psyche & Eros, she = psyche = had to 'clean up?', 'restore?', 'renew?' and 'reinvigorate', several 'temples', which had 'fallen into disuse' through 'neglect'!?! **And so, she, psyche = created/made a 'Theophany = a visible manifestation of a God/Goddess' in an 'observable' way**!, through/by/with, her #0, outer, outer physically physical actions/doings = restoring the/a/each 'Gods' temple, and when/if you, the reader, find yourself, in such a 'state/condition?', it would/could be, such, as to be daunting, unsettling, unnerving??

There is/are 'things' in there, in the/your dark-ness, which 'run' on 'automatic pilot?', symbols, which have, 'tied' to them, strong **tactile-feeling**, especially more so, the 'basic' ones, as symbol-ised, in folklore and mythology, as they have been 'experienced' by countless others, in previous times and have now 'have', a strong base/symbol, from which to 'work from'!?! Here is what Ophiel writes, in his book: Creative Visualisation, his chapter: Law of Emotion:

"Now for heaven's sake don't be suggestible, and yield to any suggestions, from what I have said so far and be afraid of this work. We probably all have these rejected projections, to some degree, in our lives.

WILL YOU DO THIS? IF YOU FEEL ANY DEEP-SEATED EMOTIONAL UPHEAVAL WHEN YOU START TO DO THIS WORK, OR ENCOUNTER AN UPHEAVAL LATER ON YOU FEEL THAT YOU CANNOT HANDLE;

THEN YOU HAD BETTER STOP OCCULT WORK AND GO TO A PSYCHOLOGIST AND ASK FOR ASSISTANCE, AS YOU MIGHT HAVE SERIOUS REPRESSIONS THAT YOU ARE CONTACTING. This does not happen very often and, in fact, I cannot think of a single case that I know of personally but since there are so many screw-balls in the world always hollering about the dangers of the Occult I would rather warn you this way than say nothing.

The whole idea of doing Occult work is to clear up, or resolve, your rejected parts of your personality and get them back into yourself and then go ahead to greater things. (as I said before I don't understand the rejection idea and neither does anyone else but the main idea is to get cleared up and, no matter how many different ways they say it, that is it.) Conversely if you feel only a mild upheaval then proceed to try and handle it yourself and go on with your work." End quote.

What has happened, is that, #1, malkuth earth/hades you = has made a symbol? = which #0 &+ #3, you cannot handle? (No pun intended!) But... this does not mean, that the 'symbol?', won't/doesn't = work!?! But... this does not mean, that the 'symbol', doesn't/hasn't, have power!?! The 'symbol', becomes a 'complex' within the person, which 'complex', is a series of 'held/fixed' emotions = which 'explodes/erupts', **FULL-FORCE!**?! Whenever/If ever, the 'trigger' mechanism of/for it, is 'pulled'!?! Dion Fortune, writes; there is no such 'thing' as a 'dead symbol'!?! In the egg & chair, exercise, you, the operator/occultist(?), are going to be 'seeing?', by/with/through;

Your #0, outer, outer physically physical 'eyes' = see = by/with = looking!

Your #1, malkuth earth/hades 'eyes' = see = by/with = **tactilely-feeling**!

Your #2, etheric 'eyes' = see = by/with = reflecting!

Your #3, ego body, present incarnation, personality body 'eyes' = see = by/with = observing!

#0, Outer, outer physically physical body = use; used; using!

#1, Malkuth Earth/Hades psychological = **tactile-feeling**!

#3, Ego body, present incarnation, personality body = observing!

This type/kind of ‘seeing’, is supposedly ‘covered’ by/with the word ‘perception = to grasp?’ (See/read previous for this.) But... what it does not allow for, nor makes exceptions for, is that each individual person = ‘grasps’ differently(?), according to the/their = #1, Malkuth Earth/Hades Tactile-Feeling-Body! Here is how Ophiel explains this, in his vignette: The Dweller on the Threshold:

“I did find that between these two ‘Planes’ the ‘Physical and the Etheric’ there is a ‘space/place’ in which ‘ALL’ is reversed in relation to each other ‘Plane’ for a ‘certain’ limited area/space.

I have noticed this ‘reversal in projections’ many times in passing through this space on through to a ‘Higher part of the Etheric Plane.’ Therefore, I offer the following for your ‘consideration.’ Do not ‘accept’ this as a full revelation, as many details remain ‘obscure.’ Assume, for the time being, something like the following to be the case, and work on from there, as in a theory.” End quote.

The ‘work?’, that you, the reader/occultist ‘do’, with the/your #1, malkuth earth/hades tactile-feeling-body = IS, IN/ON THE/THIS ‘REVERSAL-SPACE/PLACE/PLANE’!?! Ophiel continues:

“Therefore, for unknown reasons, it can be that we develop, by living here, on this ‘Physical Plane’ an ‘Opposite?’ ‘Personal entity?’ on the ‘Etheric Plane,’ which is the ‘exact’ ‘Opposite’ of our ‘Physical Plane Entity’!!!! Of course, this ‘Etheric Plane’ entity is the ‘Opposite’ as to our ‘Physical Plane’ construction, it being composed of ‘Etheric Plane Matter.’” End quote.

Please read the above Ophiel quote again, this time slightly ‘amended’, for ‘context’ only: “Therefore, for unknown reasons, it can be that we develop, by living here, on this ‘Physical Plane’ an ‘Opposite?’ ‘Personal entity?’ on the ‘#1, Malkuth Earth/Hades Plane,’ which is the ‘exact’ ‘Opposite’ of our ‘Physical Plane Entity’!!!! Of course, this ‘#1, Malkuth Earth/Hades Plane’ entity, is the ‘Opposite’ as to our ‘Physical Plane’ construction, it being composed of ‘#1, Malkuth Earth/Hades Plane Matter. Whatever these things are really;” End quote.

Here now, is the ‘opposite’, from Ophiel, from his book; Creative Visualisation, his chapter: Law of Emotion:

“The whole idea of doing Occult work is to clear up, or resolve, your rejected parts of your personality and get them back into yourself and then go ahead to greater things. (as I said before I don’t understand the rejection idea and neither does anyone else but the main idea is to get cleared up and, no matter how many different ways they say it, that is it.) Conversely if you feel only a mild upheaval then proceed to try and handle it yourself and go on with your work. So, to proceed – One method of using E-motions, often advocated by former Creative Visualization teachers of the natural type; was to instruct the student to “FEEL” (without telling him “How” to “feel”) that he already had the thing desired, and was using it, AND he would get it in due time. This idea seems to have originally been based upon one of the few genuine portions

of the “New Testament”. The purported Jesus is supposed to have said – “Whatever things you want believe that you have them already and you will have them.” (Therefore, I say unto you what things so ever ye desire, when ye pray, believe ye have received them and ye shall have them. MARK 11:23 ERV.)

Of course, the above directions are greatly simplified and are directed to those who are able to work the Creative Visualization Laws naturally. You now know, from your reading study of this book, that there are many other factors-laws to be taken into consideration to make Creative Visualizations work, than the use of just one single Law. However, these other Factor-Laws you now already know and knowing them you can use them all together properly and get the best reinforced use out of all of them.” End quote.

Now! To 'pray = ask', for 'something', whilst 'being conscious of' = NOT HAVING!?! = IS TO BE 'REWARDED!?!' = WITH WHAT YOU ARE 'CONSCIOUS' OF!?! = NOT HAVING!?! As you now know(?), the word 'pray' means; to convince; to persuade: and involves the/your #0, outer, outer physically physical body = actions/doings!?!

Was to instruct the student to "FEEL" (without telling him "How" to "feel") that he already had the thing desired, and was using it, AND he would get it in due time. = you, the reader, are now, and have been(?), told, instructed, informed and recommended, in learning, not only 'how' to 'feel!?!', but also? IN/ON WHAT PLANE, (#1), TO 'FEEL!?!' (Tactilely!?!). Ophiel continues, in his vignette:

"So why? Should not the 'mental qualities', be also 'exactly' the 'opposite' too? As I said, I have no direct revelation that the above is so, but so much 'evidence' seems to be coming in, in actual working out of these situations in 'real' life, that I ask you to give the 'idea' some deep 'consideration'." End quote.

In the 'quote' above, from Ophiel, from his book: Creative Visualisation; from the Old Crazy Book (Bible) = believe(?), 'you' = have it = object, circumstance, thing and/or it? Already!! = was/is 'addressed to' = the/your #1, Malkuth Earth/Hades = TACTILE-FEELING-BODY!?! BUT... this also shows!?! = THAT THEY(?) [Who? Are they!?!] THAT THEY 'KNEW!?!' ABOUT THE #1, Malkuth Earth/Hades Plane/Body!?!

The word 'believe', is addressed to, the/your #1, Malkuth Earth/Hades Tactile-Feeling-Body!?! And, as already pointed out = The word; Believe = means; TO TRUST! But... the 'occult?', is = TO PSYCHOLOGICALLY = TACTILELY-FEEL!?!

All of the above = is 'in' = the practice/doing, of the/your basic cosmic egg/chair exercises and to a lesser extent; in = the letter of Saint Augustine of Hippo = and this letter shows/reveals, that he = Augustine of Hippo = KNEW!?! (He, Augustine, 'learned?' this, from his time with the Gnostics = Mani Sect? (Manichaeism 3rd Century AD: Sasanian Empire) Persian prophet 'Mani'. Somebody, somewhere? Still had knowledge/knowing, at that time and could pass it on, to others, in a 'way' that the/these 'others' understood through 'technique'? Hopefully, this passing on, is what is happening now, with Ophiel's materials!?!)

Thank you.