

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

## 2 of 2 the cosmic egg exercise. 2021

Here is what Ophiel writes, in his; Correspondence Course in Astral Projection, lesson 9:

“You know there are forms of projection, not only to the Astral Plane, but also to ALL planes; and you learned many other queer things. I am giving you more Knowledge now, as I said I would in the book, and this is to fill in the additional missing things I couldn't put in the first beginning book. Also, I hope you are beginning to understand more fully that you do not project OUTWARDLY!!! But project INWARDLY!!! All these 'planes' we are talking about are all inward - Inner Planes and there are no 'outward Planes.'”

So, in the projection work you are learning about now, and if and when you do practice it you will be also projecting inward as all these Elemental Force Planes are also within 'you' and there are no 'outer' planes (you.) Occult 'thinking' Knowledge requires, many times, a complete reversal of ordinary Thinking and this is definitely one of those times.” End quote.

So, now(?), do you understand(?), 'why?', the/your = #1, Malkuth Earth/Hades Plane!?! = IS!?! = the 'last plane' – down/out, and the 'first plane' – up/in!?! And is, a/an 'Inner-Plane!?!'.

So, now(?), do you understand(?), that the/your #0, Outer, outer physically physical plane = IS NOT! = THE/YOUR = #1, Malkuth Earth/Hades Plane!?! Here is what Ophiel writes, in is lesson 11, of his Astral Projection Course:

“Therefore, it follows, as afore suggested, that ALL OUR PHYSICAL EXISTENCE is a REVERSE projection into HERE from OUT THERE. I will repeat this in a slightly different manner. We are projecting from 'out there' into here. 'ALSO,' all Physical Plane objects are companioning PROJECTIONS into/onto this Physical Plane from 'out there.' This is a conception that you can begin to study, use 'now' here, at this point, in your present and future work. I have not found this conception in any book or Occult lessons, and in no Occult Teachings openly anywhere. If after reading, studying, and meditating on this conception, you will go back over your Occult work, you should begin to FEEL this conception coming on through, underneath, as it were, all Occult Teachings.” End quote.

As you, the 'occult' student(?), continue in and with, the/your basic cosmic egg and/or basic chair 'exercises', the this; Psychic-Tactile-Feel-ing = OF = You!?! - #0, Outer, outer physically physical you(!) = BEING!?! = A PROJECTION OF/FROM!?! = THE/YOUR = #1, Malkuth Earth/Hades Plane/Body = You! - should begin/become, a very 'tangible' sensation 'reality', to you – #0, conscious-ness!?! Ophiel writes this, in his lesson 12 of his Astral Projection Course:

“However, I will say here that the Great Secret of using thoughts to accomplish Physical Plane results is a very delicate one. I will have to do more work on this subject some of these days. It is definitely not a Will Power type of thought, trying to bring about Physical Plane results by sheer force of Will Power thinking; it will never do/work, as something in the personal Will Power kills the whole thing.”

Then again, Physical Plane Thought Accomplishment is not brought about by wishful dream-like type of daydream thinking either. There appears to be one kind of exact 'wave length' type thought that does the Physical Plane work and you have to find it for yourself as it may vary from person to person; BUT THERE IS A KIND OF THOUGHT THAT DOES WORK, and you must learn to do/work it, if you are to have a happy successful life.

This type of Astral Projection is the highest projection that you can do; and this connection did not occur to me when I first wrote the book on Astral Projection, but it has since popped up.

Now I will repeat a little again and say/warn you about the, 'Time sequence.' Outer Physical Plane Time has absolutely no

relation to Inner Plane Time ‘stuff’ at all and you might just as well put any ‘Time sequence,’ ideas out of your mind completely. You cannot operate Inner Plane operations to synchronise with Outer Physical Plane Operations. The two just do not jive and you must take this into consideration at all times.

It is this lack of understanding about the differences between the Planes; especially the time hang-ups that makes all the misunderstandings and doubts about the existence of Occult Forces. Occult training is nothing else but a personal reconciliation and adaptation of the idea of a Cause, starting here on the Lower Physical and penetrating on up into the ‘higher’ planes and then coming back down and bringing with it altered circumstances which should be to one’s benefit, but, unfortunately, could also be, the opposite.” End quote.

The above Ophiel quote, with the, present writers, underlines, are the ones to consider well. It is only in the/your ‘now-time’, that you – conscious – can/do/should, give considerable consideration, to your ‘daily practice/doing’ = and it ‘IS!’ = from the/this ‘point/place = now-time’, that you, the operator/occultist, can/do = have an effect/affect – in/on the/your prospects/possibilities?? Then, Ophiel writes:

“This operation is possible through the mechanism of Projection, which exists automatically; and the existence of which, I did not suspect when I first wrote the book about conscious Astral Projection.

(The projection I am referring to alone, is more a projection of ‘thoughts’ rather than your ego.)” End quote.

NOW PLEASE READ CAREFULLY!?! As this is simply for ‘context’!

The projection I am referring to alone, is more a projection of ‘psychic-tactile-feeling’ rather than your ego!

Here is how Ophiel finishes off his lesson 12:

“The last system is the Symbol Method System. Again, this system has a tremendous potential, as I said about the others, but in a different way/manner. (Each of these systems has their own uses in their own way, and each has its own limitations too.)

I want again to call your attention to the apparent fact that every material ‘thing’ of the Physical Plane is a Symbol, in that ‘it’ stands in place of a, some-thing else, which something else is Inner Plane Forces/Ideas. I don’t want to sound like an, ‘Occult faker’ and be telling you all these things and no more directions, but all I can give you is the basic knowledge and you must learn to take it from there on. That is all any teacher can do and certainly a hell of a lot more than any others give/do.

I also want to call your attention, in line with the above statement, to the fact that we ourselves are also Symbols!! Because our physical being is a representation of something ‘other’ – which, ‘other’ is on the Inner Planes!!! I hope you read over the above again and again until you understand it fully. There is a very potent/pregnant suggestion, in the above idea and you should be able to cash in on it, to your benefit, if you follow the idea up fully!!” End quote.

Can you? Do you? Are you – the operator/occultist(?), now in a ‘better?’, place/position(?), to understand, the/your basic cosmic egg exercise and/or basic chair exercise now?? Let us go back to this part, from Ophiel:

However, I will say here that the Great Secret of using thoughts to accomplish Physical Plane results is a very delicate one. I will have to do more work on this subject some of these days.

It is definitely not a Will Power type of thought, trying to bring about Physical Plane results by sheer force of Will Power

thinking:

It will never do/work, as something in the personal Will Power kills the whole thing.

For personal 'will-power' = read - #3, Ego Body; Present Incarnation; Personality Body – A 'Construct!'

#3, Ego Body = PIGGY-BACKS!?! = IN/ON 'CONSCIOUS' NESS!?!

#3, Ego Body = STARES!?! = JUDGES!?!

#3, Ego Body = IS SEPARATE? IS APART? IS BIASED? IS JUDGEMENTAL?

See/read; Letter of Saint Augustine of Hippo = #3, AGREE-WITH = DO NOT JUDGE!?!

See/read Ophiel's book: Clairvoyance, his last chapter; The Two Minds.

See/read Ophiel's exercises; Watermelon: Milk-Pouring; Gas-Peddle.

UNDERSTAND/KNOW – THAT – PSYCHIC-TACTILE-FEEL-ING = IS!! = THE/YOUR - #1, MALKUTH EARTH/HADES PLANE – BODY!?! = WHICH SAYS (Tactilely-Feels!?! = STOP! HALT! = BROUGHT DOWN TO US (The 'present time') AS = ADVERSARIAL! OPPOSITIONAL! OBSTACLE!!! = RESISTANCE! INERT! FIXED! SOLID?? = BUT...! = ONLY! ONLY! – IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE = AND! AND! = IS!! = BY NO STRETCH OF THE IMAGINATION = EVIL!?!

Here is how Ophiel writes it, from his book: Contacting the Demiurge, his chapter; Opening.

"It would seem to me that the time has come, in the course of the history of the world, to realize there is no such thing as active evil oppositions; and that what appears to be such is an illusion born of our ignorance and misunderstanding. There exists, on this Earth plane, a dual-ness, but it is more or less only a give and take, an ebb and flow, a rising and a falling, and a coming and a going.

When all things are on the upswing then God is in his Heaven, and all is right with the world. When all things are on the downswing, then the devil reigns and all hell, breaks loose. And yet, all is the same one thing – not two things – just the way the One Thing is functioning. And that is all there is to it.

No matter how many devils' men create to fill the "evil" void, to explain the fallbacks, it is only the duality of the physical world which is to blame, for life being what it is. When, and ever, mankind, in bulk, will emerge from the mind's "dark ages" of thinking, and perceive that, duality IS existence, and, in fact, is necessary; that there is no such thing as black and white, then he will control, and then will an understanding of this physical world come about; and what has been called Evil, for thousands of years will become the salvation of people – especially those who are in advance, put themselves in advance of the race, in their Thinking." End quote.

Both, the basic cosmic egg and/or basic chair exercise, is/are, #1, Malkuth Earth/Hades Plane 'exercises', because they are 'both' = Psychic (Animated Spirit) Tactile-Feel-ing; Define-ing; Three-dimensional-ising; Symbol-ising, exercises!?! When a person 'takes' the/their #2, Etherically 'visualised' object; circumstance; thing and or IT, into/onto the/their #1, Malkuth Earth/Hades Plane = then there is only(!), only(!) = THE BLACK-on-BLACK – BLACK-ASTRAL-LIGHT!!! (Eros to Psyche = BRING NO LIGHT!?!)

When a person chooses to 'do' the/their egg/chair exercises = THEY ARE 'ALREADY!?!' = IN/ON = THE/THEIR #1, Malkuth Earth/Hades Plane!?! Here is what Ophiel, writes, in his first book; Astral Projection, his chapter; Little System.

“When you have done this operation for a long time and you are thoroughly familiar with it, you then add the following work – Start at the first place of your route, your bed or your chair – Image yourself raising out of your bed, or your chair, and start your route. At first, YOU WILL SEEM TO BE LOOKING AT YOURSELF DOING THE ACTION. When you have done this for a while and you are familiar with yourself doing the actions AND FULLY REALISE THAT IT IS YOU, WHO ARE DOING the actions IN DUAL – THEN MAKE THE ATTEMPT TO TRANSFER YOUR CONSCIOUSNESS, YOU, YOURSELF, TO THE IMAGE OF YOURSELF THAT YOU ARE WATCHING.” End quote.

HOW??? CAN A PERSON 'DO/PRACTICE?' = PSYCHIC-TACTILE-FEEL-ING = AND NOT!?! REALISE(?), THAT THEY – CONSCIOUS(?) – ARE IN/ON THE/THEIR #1, MALKUTH EARTH/HADES = BLACK-on-BLACK – BLACK-ASTRAL-LIGHT!?!

Please put the above, to the test(!), and try using it(!) = enter, in complete/total dark-ness; black-ness; blind-ness and psychically-tactilely-fee your = Object; Circumstance; Thing and/or IT! = HOW MUCH MORE 'PERSONAL!?!', 'INTIMATE!?!' = CAN YOU GET 'IT!?!' = Define IT! Three-Dimensional-ise IT! Symbol-ise IT! LET GO(?), OF YOUR = #3, EGO BODY!?! = DO NOT 'JUDGE'!?! = LET THE/YOUR #1, Malkuth Earth/Hades Body = BELIEVE!?! Remember this? = Ophiel writes:

“This operation is possible through the mechanism of Projection, which exists automatically; and the existence of which, I did not suspect when I first wrote the book about conscious Astral Projection.

(The projection I am referring to alone, is more a projection of 'thoughts' rather than your ego.)” End quote.

NOW PLEASE READ CAREFULLY!?! As this is simply for 'context'!

The projection I am referring to alone, is more a projection of 'psychic-tactile-feeling' rather than your ego!

Conscious – IS NOT! NOT! – the/your #3, Ego Body; Present Incarnation; Personality Body! #3, Ego Body = IS A 'CONSTRUCT?' OF THE/YOUR – EMOTIONS!?!

Conscious – IS NOT! NOT! – the/your #3, Ego Body; Present Incarnation; Personality Body! #3, Ego Body = IS A 'CONSTRUCT?' OF THE/YOUR – EMOTIONS!?!

This, the above, little known 'OCCULT!?!', is/would be = WELL WORTH A DEEP STUDY!?! You can also read this, for yourselves, in Ophiel's first book; Astral Projection and in his Astral Projection Course – in his 'Body of Light' writings, wherein Ophiel describes; HEARING/MEANING = WHAT YOU (#3, EGO) = WANT TO HEAR!?! Also, in his vignette; Why do you let the Devil 'USE' you? we read this:

“It would seem to me - and please do test it yourself - that the outer objective mind rules the under-mind and crushes it down whenever and however it can. And a lot of your/our/my 'trouble?' could be born from our ignorance of this process, and that the trouble is the result of the 'under-mind' fighting back to assert itself. The obvious remedy is to develop your clairvoyance

and to allow the 'under-mind' to have a role in your life process. To seek to develop 'hunches', explosions of inspirations, and to learn to test and to follow the true guiding ideas/directions.

When you do this, you allow both minds to come into a balanced function, there can be an 'end' to that kind of conflict, each mind working against the other instead of in harmony, as the two minds should." End quote.

That the outer objective mind rules the under-mind and crushes it down whenever and however it can = This 'crushing it down', is to 'do with', the #3, Ego Body = Astral-Emotional-Body-Construct - more than the 'Objective Mind' = #0, Outer, outer physically physical body you!?! So, in the/your basic cosmic egg and/or basic chair exercises = you – Conscious – must 'share with' = the your #1 &+ #0 = WITH THE/YOUR #3, EGO BODY = OBSERVING!?! = NOT! NOT! JUDGING!?!

Now! do you = conscious – understand!?! = why!! = the/your #1, malkuth earth/hades plane = is supreme!?! = because the/your #3, ego body = when it 'piggy-backs!?!' = in/on the/your #1, malkuth earth/hades =

IT = #3, EGO BODY = CAN'T/DOESN'T = SEE/OBSERVE IN/ON THE BLACK-ASTRAL-LIGHT!?!

IT = #3, EGO BODY = CAN'T/DOESN'T = JUDGE? = IN/ON THE BLACK-ASTRAL-LIGHT!?!

So, when #1 &+ #0 = AGREE!?! = THEN! = #1, MALKUTH EARTH/HADES BODY YOU = BELIEVES!?!

So, now(?), you – the occultist/practitioner(?), know/understand(?), what is 'necessary', all you have to 'do?', is to follow Ophiel's instructions, from his second book; Creative Visualisation, and his chapter; The Sphere of Availability, and start/begin from there. The basic cosmic egg and/or basic chair exercises won't keep you 'back?', as much as the/your #3, Ego Body, present incarnation, personality body will/shall/does, as it/if it = #3, Judge; Judges; Judging!!!

Take an Object; Circumstance; Thing and/or IT – from your 'treasure map/chart' and = PSYCHICALLY-TACTILELY-FEEL = 'IT' = WITHIN YOU; ABOUT YOU; SURROUNDING YOU = #1 &+ #0!?! MAKE YOUR 'IT' = NOW 'FEEL' YOU!?! #1 – BY/WITH 'IT' = BECOMING YOU - #1!! = Define 'IT'; Three-Dimensional-ise 'IT'; Symbol-ise 'IT'; PSYCHICALLY-TACTILELY-FEEL = 'IT' = WITHIN YOU; ABOUT YOU; SURROUNDING YOU = #1 &+ #0 = BY/WITH 'IT' = BECOMING YOU – CONSCIOUS – NESS!?!

Please add this/these, to Ophiel's chapter; Sphere of Availability, from his second book; Creative Visualisation. Please read Ophiel's chapter; Law of Emotion and see where you can 'insert' the/your psychically-tactilely-feeling-you!

Please read Ophiel's chapter; Law of the Barrier and see where you can 'insert' the/your psychically-tactilely-feeling-you!

Please read Ophiel's vignette; How to Control and Dominate Others and see where you can 'insert' the/your psychically-tactilely-feeling-you!

Thank you.

The present writer shall just post this, on the list, as there is/are others, who are following the same narrative.