

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

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Here is how Ophiel continues, with is vignette; The ‘OTHER’ You:

“Now, don’t be suggestible and imagine ‘ANYTHING’ and ‘EVERYTHING’ all fouled up in our lives. Whatever is, ‘IS,’ - has been here/there for a long time up to now - and it’s not going to come into ‘MORE’ existence overnight. As to remedies, what can be ‘DONE’ to release us of this ‘Body of Death?’ (As one of the ‘New Testament’ writers, puts it.) And a fairly good name for this, ‘OPPOSING FORCE as it were, as it is certainly ‘DEATH’ to any ‘PROGRESSIVE IDEAS’ and ‘ACTIONS’ we desire to perform.” End quote.

It is important/crucial – that any notions/ideas that you, the reader/practitioner of Ophiel’s materials, accept and realise/recognise, that what the worthy ancients and Ophiel are writing about = IS! = the/your #1, Malkuth Earth/Hades Plane = natural/normal = behaviour = ELEMENTAL EARTH FORCE OF = INERTIA/INERT!?! ELEMENTAL EARTH FORCE/PRINCIPLE = EARTH-of-EARTH!?! – CUBE-inside-CUBE!?!

This ‘Element/Principle’ of/for, the Elemental Plane, of the Element of, Elemental Earth = IS! = Resistance – INERTIA! – IMMOBILE – INERT – ADVERSE – OPPOSED – OBSTACLE!?! = IS! = NOT! NOT! = PRO-ACTIVE! CONSCIOUS! DELIBERATE! PURPOSEFUL! NO! NO! NO! – IT IS THE AUTOMATIC REFLEX = WHICH IS PERCEIVED(?) = AS!?! = ACTIVELY OPPOSED/AGAINST!?!

You = the Ophiel student, should(?), have no problem/difficulty with this/the above information = AS YOU, THE READER ARE A ‘PARTICIPANT’!?! IN THE/YOUR DAILY PRACTICE/DOING(?), OF THE/YOUR = BASIC CHAIR EXERCISE!! =

Push-down to stand-up!

Push-up to sit-down!

This is you #0 &+ #3 – ACTIVELY/CONSCIOUSLY/KNOWINGLY/DELIBERATELY = WORKING; OPERATING; HARMONISING; SHARING; CO-OPERATING; PARTNERING AND MERGING - TO/WITH THE/YOUR = #1, MALKUTH EARTH/HADES PSYCHIC-TACTILE-FEEL-ING = SELF!?!

This is you #0 &+ #3 – ACTIVELY/CONSCIOUSLY/KNOWINGLY/DELIBERATELY = WORKING; OPERATING; HARMONISING; SHARING; CO-OPERATING; PARTNERING; **DEVELOPING**; **INCREASING** AND **STIMULATING** THE/YOUR = #1, MALKUTH EARTH/HADES **PSYCHIC-TACTILE-FEEL**-ING = SELF!?!

Do you? The reader/practitioner(?), occultist(?), not know/understand, that in the daily practice/doing, of the/your basic chair exercise = not only are you – conscious – projecting/transferring to the/your #1, malkuth earth/hades plane = BUT...! BUT...! = YOU – CONSCIOUS = ARE LETTING THE/YOUR #0 &+ #3 ‘BODIES?’ = SHARE IN THE EXPERIENCE!?! = OF THE/FOR THE YOUR = #1, MALKUTH EARTH/HADES = BODY – CONSCIOUS-NESS!?! = IN REAL-TIME!?!?! Ophiel continues, with his vignette, with this next part:

“(I suppose some smart Alec critics are going to scream that this phenomenon I am describing is something peculiar to me, to my personality alone and hence, of no real value. Not so! I noted something was wrong in my life years ago but wasn’t able to pinpoint it. It wasn’t until recent growth insights that I have put 2 and 2 together and got 22. **By recognising this same phenomenon in others and re-linking it to my own experiences and me. Now I recognise it in almost everyone I meet, upon contact, to some degree.**) So again, the question comes up, **‘What can be done?!’ There are some courses of action, - not really remedies - as such.**” End quote.

Please note carefully; **there is/are ‘remedies!’** to/for/of, the/your #1, Malkuth Earth/Hades **Psychic-Tactile-Feel**-ing!

#1 = Basic Cosmic Egg Exercise!

#2 = Basic Chair Exercise!

#3 = Letter of Saint Augustine of Hippo!

“Course of ‘Action’ 1, Run away from P2: You can go into a convent or monastery or cult group and by giving up all personal ‘Desire’ for anything/everything and by letting ‘some-one’ or ‘some-thing’ (The Church perhaps) regulate you and your life, then P2 has no chance to oppose anything. As you are not doing or creating anything anyway, (Yet I have heard of goings on in such places, which demonstrates, that the P2’s still rears their ‘ugly heads?’)” End quote.

You – the person/individual = cannot run away from your ‘self!’ = P2 = #1, Malkuth Earth/Hades!?! (Cleave the wood and there you are; Lift the rock and there you are; Go to the deepest hell, and there you are! Gospel according to Thomas!! [Hag Hamadi Texts]) The ‘oppose’ is within and #0 &+ #3 - ‘withdrawing’, because #0 &+ #3, cannot ‘cope?’, will not(!), let you ‘escape??’.

“Course of ‘Action’ 2, Bind P2 by means of a ‘Magical Formulae:’ I don’t know for how long the binding can hold; usually a magical binding lasts only until the next change of the tides, which are supposed to be every six hours; 12 noon - 18:00 - 12 midnight - 06:00 - etc.” End quote.

The ‘idea’ behind a ‘binding?’ = is repetition(!) (Big ‘occult’ there for you!!)

“Course of ‘Action’ 3, Re-educate P2: Unless P2 is trained at a very early stage, I can see no hope of changing it when it is old and established - not completely. Then again, by the very nature of the creature, P2 is just automatically the opposite of P1 -viz.- when P1 is kind P2 is cruel. But there might be a way that P2 can be rendered inoperative or that both P1 and P2 can become modified, so that they are a mixture of 50/50 equal, half good/half bad, whatever that can mean. You might have a stern-kind-just-exact type of man who alternates slightly between extremes and as I said, ‘is neither too much one and not too much of the other.’” End quote.

PLEASE STUDY CAREFULLY!?! = RE-EDUCATE(!) = IS!! = EXACTLY/PRECISELY!?! = WHAT!!! = YOU ARE ‘DOING!?!’ = WHENEVER/IF EVER = YOU!! = #0 &+ #3 = CHOOSE! = TO PRACTICE, DO, TEST, TRY, USE!?! = THE/YOUR BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES!?! (Get it now??) The basic cosmic egg and/or basic chair exercises = ARE ‘BOTH’ = #1, MALKUTH EARTH/HADES PLANE/BODY = EXERCISES!?! = FOR!?! = THE/YOUR #1, MALKUTH EARTH/HADES = PSYCHIC-TACTILE-FEEL-ING-BELIEVE-ING!?! = PARTNERED(?), SHARED(?) = WITH(!) – THE/YOUR #0 &+ #3 = BODIES!?!

Ing = suffix; is attached to verbs, to mean their; actions; results; products and/or materials. From the Proto-Germanic – unga/inga. This was used to denote a ‘completed’ or a ‘habitual’ action. This use was greatly expanded in Middle (1066 to 15th century) English and Modern English.

Examples = Run-Run-ing; Talk-Talk-ing; Walk-Walk-ing; Touch-Touch-ing; Feel-Feel-ing = Ing – the action/doing of the/a noun description. This, is the part/piece of ‘re-educate’ that is learned/mastered through the ‘practice/doing = body movements’ (both inner & outer) of the ‘information/art form’ presented.

Course of ‘Action’ 3, Re-educate P2 = #1, Malkuth Earth/Hades You:

Unless P2 = #1, Malkuth Earth/Hades You is trained at a very early stage, I can see no hope of changing it when it is old and established - **not completely**. Then again, by the very nature of the creature, P2 = #1, Malkuth Earth/Hades You = **is just automatically the opposite of P1 = #0, Outer, Outer Physically Physical You -viz.-** when P1 (#0), is kind, P2 (#1), is cruel. But there might be a way that P2 (#1), can be rendered inoperative or that both P1 (#0), and P2 (#1), can become modified, so that they are a mixture of 50/50 equal, half good/half bad, whatever that can mean. You might have a stern-kind-just-exact type of man who alternates slightly between extremes and as I said, **‘is neither too much one and not too much of the other’** = this is where – partnering; sharing; co-operating; harmonising; blending and/or merging – comes to the fore!

This is where #0, Outer, outer physically physical you = RELAXES!

This is where #3, Ego Body you = OBSERVES!

This is where #1, Malkuth Earth/Hades Body = PSYCHICALLY-TACTILELY-FEELS!

#0 &+ #3 = GIVE/PRESENT!?! = OPPORTUNITY!?! = TO/FOR THE/YOUR #1, MALKUTH EARTH/HADES ‘SELF!’, TO COME TO THE ‘FORE’ OF – CONSCIOUS – AS A ‘NESS’!?! Here it is, from Ophiel, in his book; Clairvoyance, his chapter: The Two Minds:

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples give, and carry them out successfully. **You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.** Practice this, until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.” End quote.

This, the above ‘queer feeling’ is = as if(?) = it – the ‘answer?’ = is not yours = #0 &+ #3!?!

And yet!?! = it is 'still?', the same 'voice' that you hear inside your head, and whom you have your little conversations with, all day long??? But... Please note carefully!! (Very important!!). In Ophiel's 'examples' in this/his same book and chapter; The Two Minds;

EACH OF OPHEL'S ANSWERS = Ripe watermelon; How much milk; How much pressure on gas-pedal?

ALL/EACH, OF THESE HIS/ANSWERS = WAS/IS!?! = STOP!?!

WHO? = GAVE THE/HIS ANSWERS? = HIS - #1, MALKUTH EARTH/HADES
PSYCHIC-TACTILE-FEEL-ING = BODY!?!

STOP = ADVERSARY?

STOP = OPPOSER?

STOP = SLANDERER?

STOP = INERTIA? INERT? RESISTANCE? ADVERSE? OPPOSED? OBSTACLE?

STOP = ELEMENTAL 'FORCE!', OF THE ELEMENT OF, ELEMENTAL EARTH?

STOP = Looking for a/the 'ripe' watermelon = THIS ONES RIPE!

STOP = Pouring out the milk = THIS IS ENOUGH MILK!

STOP = Pressing on the gas-pedal = THIS SPEED WILL DO IT!

PUSH-DOWN!! = TO STAND-UP! = PUSH-UP!! = TO SIT-DOWN! When/if(?) – you(!) = the 'occultist???' , ever get to understand/experience(?) = the/your 'OWN!'?! = #1, Malkuth Earth/Hades = SELF/BODY MOVING!?! Then you = CONSCIOUS – will be/shall be = SURPRISED! AMAZED! ASTOUNDED!?! = AT HOW 'SIMPLE = UN-COMPLICATED!?! = IT ALL IS!?!

All, that you, the reader/practitioner/occultist(?), need 'do' = IS TO 'TRAIN-UP' = THE/YOUR #0 &+ #3 'BODIES' = TO STOP! STOP! – INTERFERING!?! – WITH!?! – THE/YOUR = #1, MALKUTH EARTH/HADES – PSYCHIC-TACTILE-FEEL-ING-BELIEVE-ING!?!

Many 'skilled?', artists = achieve = this level/skill/art – through consistent/structured established – practice & training!?! Try this;

The 'MOVEMENT OF' – the/your #1, Malkuth Earth/Hades - psychic-tactile-feel-ing-believe-ing-body = FROM!?! = THE/YOUR = BASIC CHAIR EXERCISE = CAN BE (The 'movement') WILL BE, SHALL BE = APPLIED!?! TO ALL 'SORTS OF QUESTIONS'!?! = IN THE/YOUR = REAL-TIME/NOW-TIME!?! Hence – Ophiel's = watermelon; milk pouring and driving speed!?! It is 'not' that you, the reader, are 'not' Psychic(!), it is just that you, the reader = do 'not?' (as 'yet!') understand!?!

Thank you.