

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 2 of 2 egg talk. 2021

Here now, is what was presented in the previous 'monologue' 1 of 2 egg talk:

"According to Valentinus (circa 100 to 160), the Demiurge was 'ignorant?' and 'not' Evil, and had to be 'shown?', 'directed?', in order to/for it (Demiurge), to be taken back up/in to the 'Pleroma = True/First Light = Source/Totality; All; etc, etc. Valentinus, was able to teach/instruct, in a 'cohesive/logical/rational' method, procedure. Valentinus taught that there were/are, three kinds of persons;

Type one - Clairvoyant (Spiritual.)

Type two – **Psychic**.

Type three – Physical." End quote.

Can you (the reader) understand(?), comprehend(?), the above information???

In the first 160 years, of/for the Christian era, they(?) 'knew'?!

In the first 160 years, of/for the Christian era, they(?) 'taught'?!

In the letter of Saint Augustine of Hippo, he 'KNEW'?! = (See/read, one of, 1 to 17 letter & egg.)

In Ophiel's book; Clairvoyance, his chapter; The Two Minds, Ophiel 'KNEW'?!

Try this;

Type one - Clairvoyant (Spiritual.) = #2, Etheric and above.

Type two – **Psychic** = #1, Malkuth Earth/Hades, **tactile-feel**-ing.

Type three – Physical" #0, Outer Physical, use; use-ing; used.

Many persons try to be/become 'Clairvoyant = #2, Etheric?' first??? Can be 'done!', but... it does/can take a longer amount of time. But... it (Clairvoyance), can be 'induced', much faster/quicker, in persons who are, for whatever reason - #0, immobilised, for long/repeated amounts of time!?! In which they 'encounter?', the/their #1, Malkuth Earth/Hades **PSYCHIC** Plane 'FIRST!'?! and learn/master, 'HOW WORK THROUGH IT!'?! = which explains(?), the 'techniques' of; isolation, meditation and/or contemplation – as taught/instructed = IN ALL RELIGIONS!!?!

As was pointed out, many years ago, in the previous group list, (Yahoo), when NASA put/placed their astronauts into 'saline tanks' and made them 'float', for long period of time, in total physical dark-ness, to simulate long periods of time, in outer space, over time, these astronauts, reported to their psychiatrists, psychologists, that they were having psychic/clairvoyant 'flashes'!?! The 'saline tanks', were/are the 'modern?' take, on the 'isolation technique' of the worthy ancients = Cave; Forrest; Dessert; Cell; Blind-fold; Hoodwink; etc, etc = All - to stimulate/simulate – the hypnogogic state of/for sleep!?! – whilst – still 'conscious!'?! = study this/the above! – and see 'if?', you can 'make the connection?' – to with – the/your basic cosmic egg and/or basic chair exercises!?!

Some persons/individuals, experience what is called, sleep-paralysis, which is confused with lucid dreaming. The differences in them, is, however, distinct. A person is partially paralysed/immobilised and cannot move their limbs, when they partially 'awake' in what is called; Rapid Eye Movement Atonia (REM atonia), this condition, when it takes place/happens, is due to the muscular 'lethargy' of sleep, itself.

When the individual is in this/these states/conditions, they can/may experience, what they consider to be 'hallucinations', these 'hallucinations', even if, they/these hallucinations cannot/do not cause/make/create, any type/kind of 'injury', they are, however, non the less = still 'scary?', 'un-comfortable?'. In ancient times, these were 'seen/viewed?', as the 'Hero's Challenge?', to be 'overcome/subdued?', in order for the 'Hero', to 'win?', her/his/their 'Prize?'. There is/are 'trends/themes?', which is no great surprise(?), as we are 'all?', human and 'in?', the human 'condition?'. So, therefore there should be 'common themes?', amongst them (humans).

One of the/these, themes/tendencies(?), of/for the, human condition, is that of the great tendency, of/for = all – simple systems(?), to ‘progress’ to/towards ‘complexity’!?! But... in the ‘broad sweep’ of things, there is/are, always, the basics(?)! With regards to the above REM atonia, we have several such ‘themes’:

#1 = Someone ‘else/other’ in the room and they are Evil.

#2 = Crushing ‘feeling’ on the chest/back.

#3 = Falling downwards; Levitating upwards.

#4 = Sleep paralysis, when ‘coming back?’, from sleep.

The present writer has ‘experienced’ all! Of the above, and worked through them. (See/read Ophiel’s vignette; An Exercise in Preliminary Projection, and ‘add’ your understanding of the/your #1, Malkuth Earth/Hades Plane to it, along with, the/your basic egg/chair exercises.) When you/if you, read Ophiel’s vignette; An Exercise in Preliminary Projection, notice that Ophiel – had to ‘come back?’, to his #1, malkuth earth/hades plane;

“I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.” End quote. (Underlines are the present writers.)

The daily practice of psychically-tactilely-feel-ing, the five basic elemental forces symbols, within you, about you and surrounding you/your #1 &+ #0, bodies – is/are the ‘Sticky Threads’, that Ophiel writes about, in his book; Clairvoyance, chapter of the same name. As you – conscious, psychically-tactilely-feel = define; three-dimensional-ise; symbol-ise, these symbols, in/on the/your #0, outer, outer physically physical body = THEY (The forces/symbols) BECOME/ARE!?! AS REAL!?! AS, THE/YOUR #0, Outer, outer physically physical body!?!

The ‘reason?’, of/for this/their (forces/#1, body) ‘reality?’, is that the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing body, is(!), now ‘enhanced?’, by/with you/your – conscious, as a ‘ness’ and not(!), with the/your – non-sentient/non-feel-ing #3, Ego Body, Present Incarnation, Personality Body!?! The/your #3, Ego Body – can only(!) – observe = watch over!?! The/your #3, Ego Body, Present Incarnation, Personality Body – IS A ‘CONSTRUCT?’, OF ITS (#3, EGO BODY!) WORLD!?!

Ophiel writes about this, in his vignettes and books, wherein he writes that ‘others’ put the/their ‘ideas?’, into/onto their children, and so ‘condition??’, their lives/living ‘separate from?’, their #0, outer, outer physically physical ‘realities!?!’, as the, Ego Body – erupts(?), into ‘conscious’ as a ‘ness?’. A ‘way?’, to see how this takes place, is to ‘follow’ the ‘differences?’, in SYMBOL-ISM?

National level; Regional level; Local level; Personal level. All ‘SYMBOLS!?!’, take place/happen, in/on the/your #1, Malkuth Earth/Hades – LOOK NOT! FOR THEM (Symbols) IN/ON ANY ‘OTHER’ PLANE/LEVEL!?! Where they are ‘Principles?’ only!?!

This is partly ‘why?’, the egg/chair exercises is/are basic, basic exercises, and ‘are!’, important, to you, the reader, as a ‘skill set’, wherein you, conscious, as a ‘ness’ = CAN ‘BELIEVE!?!’ – WHAT YOU – CONSCIOUS AS A ‘NESS – Transfer; Projection; Jutting-Forth; Standing-out’ – WHAT ‘IT!?!’ IS!?! – THAT YOU – CONSCIOUS = PSYCHICALLY-TACTILELY-FEEL!?!

#0 – Outer, outer physically physical plane = use; use-ing; used.

#1 – Malkuth earth/hades plane = belief; believe; believed; believe-ing.

#2 – Etheric plane = reflect; repeat; accept; reject.

#3 – Ego Body = observe; watch over; judge; judge-ing; judge-meant.

This/these, the above, is presented in the previous folder mentioned; #7, #8, #9 and #10.

At the moment, it is a simple thing - read and just ‘exercise’ – and let whatever is ‘there’, rise softly into/onto ‘conscious’ as

a/its/the 'ness,' and as more is 'revealed?' to you – conscious(?), so to, will be/shall be – your 'natural?', response/reflexive – #0, actions/response = use; use-ing; used – to them!?!

Transferring – from #0, to #1, to #2 – is 'softer?', more 'fluid?', more 'natural?', more 'normal?', less 'disruptive?' (Ophiel warns/cautions, about this, in his writings/vignettes and presents/discusses it, as, 'disrupting/disturbing' the 'shells' = planes.)

You, say that, you are unable to #2, Etheric Project, in such a 'way', as to be 'conscious' that you are 'dreaming' and that you have been 'visualising', for a long time, to the point where you are giving up? Well, you are not 'alone?', in that 'category'. There is/are many, who, having read Ophiel materials, are in a position/place, where they are 'just lucky?'. They are 'still?', held 'sway?', in the 'circumstances – forces', which 'surrounds them', and no 'amount??' of 'magic/occult?', is 'doing?' you any 'good'?

Read Ophiel's chapter; Sphere of Availability, in his second book; Creative Visualisation, and 'apply' the/your #1, Malkuth Earth/Hades 'training/discipline' of 'egg & chair' – to – the/this/your = Sphere of Availability?? And 'allow?', for the 'passage' of 'natural time', as a/an 'investment!?!'. Then, when 'ready?', take your **PSYCHIC-TACTILE-FEEL-ING ABILITY!?!** Up/in/on to the your #2, Visualisations and 'note the difference!?!' – IN THEM!?! = your 'Visualisations?' = BECAUSE OF!?! – THE 'DIFFERENCE?' – IN YOU!?! – CONSCIOUS(?), AS A 'NESS?', AS YOU = CONSCIOUS-NESS - **PSYCHICALLY-TACTILELY** = MAKE THEM/IT = FEEL YOU! FEEL YOUR!?! = **PSYCHIC-TACTILE-FEEL-ING-POWER!?!**

Here it is, from Ophiel, from his; Correspondence Course in Astral Projection, his lesson #6:

"I think that I had better mention here on my own experiences to give you some additional ideas as to what to expect to experience. When I first experimented along these lines, I noted a curious phenomenon, which may or may not become noticeable to you also. In the matter of the following directions to be given you are to start your 'route' (I always started from the bed) in the Etheric body I mean, I found that after first starting the route operation work and watching the route pass along as I progressed, I found that, I, ANOTHER I, WAS ALSO OFF TO THE SIDE WATCHING THE WATCHING!!!! I was never able to understand this double, dual, watching very much nor was I ever able to get any definite information about it, I mention it here because if you notice it, I mean for you to study it as best you can, and give me some kind of report on it. When it happened to me, I returned to the 'first watcher' and ignored the double/dual-ness, but later, upon its repetition, began to study it with surprising ideas developing. I arrived at the rather unexpected conclusion that another name for these phenomena of projection could be called, in a word, 'Dual-ness,' a sense of being double. This is your first introduction to this idea and may not be the last." End quote. (Underlines, are the present writers.)

Remember this???!

Polarity – Higher to Lower = direction!

Assume – Lower to Higher = direction!

Duality – ALL! – in/on the same/one plane – going across (projecting) – a plane = direction!

I found that, after first starting the route operation work and watching the route pass along as I progressed, I found that, I, ANOTHER I, WAS ALSO OFF TO THE SIDE, WATCHING THE WATCHING!!!! = THE OTHER 'I', WAS/IS – THE #3, EGO BODY = WHICH PIGGY-BACKS!?! = IN/ON - CONSCIOUS – AS A NESS!?! (Conscious – is the 'ness', not #3!?!)

I arrived at the rather unexpected conclusion that another name for these phenomena of projection could be called, in a word, 'Dual-ness,' a sense of being double = #0, Outer, outer physically physical body and/plus #3, Ego body and/plus #1, Malkuth earth/hades body and/plus – Conscious!?! When 'conscious' transfers, to a/an 'other,' plane/level, there is; conscious &+ #3, ego body &+ that planes/levels – body?

Then, in his lesson #8, of this/his, same; Astral Projection course, we read this part:

"Remember again that 'Inner Plane' work is not the same as 'Outer Plane' work, as you will learn in time/practice - remember what I told you about the new-born baby - well, you are like a new-born baby to these Inner Planes. So instead of reaching out a 'Hand' and 'Feeling' an outer object - you make the outer object, 'feel you' by becoming you! Which is the exact part I left out of the textbook, although I came quite close to it: So instead of 'you' being influenced by the feel of an

object - the object is influenced by your feel!!!! Just the opposite from 'real' life!!" End quote.

As you/if you(?), choose to test, try, use, the/your basic cosmic egg exercise, and have been doing/practicing enough, to 'know?', your 'own!', #1, Malkuth Earth/Hades Plane 'Power?', then you can take Ophiel's 'instruction' above, and replace the words; 'Hand' and 'Feeling', with; **Psychic-Tactile-Feel**-ing and where Ophiel writes; make the outer object, 'feel you' by becoming you! = you – the reader, operator, practitioner, occultist = **MAKE THE OBJECT, CIRCUMSTANCE, THING AND/OR 'IT!' = BECOME YOU!?! – CONSCIOUS = AS YOU – WEAR 'IT!' = WITHIN YOU, ABOUT YOU AND SURROUNDING YOU - #1, MALKUTH EARTH/HADES!?!**

Are you now able to 'follow' the above two 'highlights', in the/your, cosmic egg 'style' of practice/doing?? Can you, say for instance 'wear a new car?', 'wear a new job?', 'wear a relationship', etc, etc, et al - **So instead of 'you' being influenced by the psychic-tactile-feel of an object - the object, is 'influenced' by your psychic-tactile-feel!!!! Just the 'opposite?' from 'real' life!!**" This, is 'what?', you, the reader, operator, practitioner, occultist(?), are practicing/doing – increasing; enhancing; developing; stimulating – each and every time, you do/practice the/your basic cosmic egg and/or basic chair exercises!?!)

Egg = whole body.

Sphere = head.

Inverted Pyramid = torso.

Bowl = hips; pelvis; crotch. (outer 'curve of bowl' about two inches below)

Cube = thighs; legs; feet.

Each symbol, is defined; three-dimensional-ised; symbol-ised; within you, about you and surrounding you = #1, malkuth earth – **psychic-tactile-feel**-ing and #0, outer, outer physically physical – use; use-ing; used!?! The basic chair exercise, shows/reveals the 'movement?', of the your #1, malkuth earth/hades plane 'body', in relation to, the/your #0, outer, outer physically physical 'body' movement.

As said, in 1 of 2, egg talk; the present writer shall 'forward' this, to the group list, in case there are others, besides yourself, in same position, as your, self. As you (if you), continue to read these things, then they, are, working in/on your 'own', sub-conscious-ness, which is absorbing and digesting, the information and, more importantly, re-arranging, re-adjusting, re-affirming, re-jecting(?), the 'information', the/this 'information' = TO SUIT ITS SELF!?! (Your – Self!?!), consciously/unconsciously, won't/don't matter, one jot!?!)

There is no need, for endless opinions, view-points, comments, etc, etc (hence, 'monologues'), simply 'do/practice' the 'work – exercises', and then, over time (hopefully short!), things will/shall 'change', in line with your developing, increasing, enhancing; Sphere of Availability?? Aligned with your, efforts/applications. If you, the reader 'know?', what a/an object, circumstance, thing and/or 'it' – **psychically-tactilely-feels like?** You would 'take' that **psychic-tactile-feel**-ing = **WITH YOU CONSCIOUS – AS A 'NESS' – WITH YOU?** – into/onto, the/your #2, Etheric Plane and/or into/onto, the/your #0, Outer, Outer Physically-Physical-Plane = hence, the/this plane/level #1, malkuth earth, as 'personified?', by/with, the worthy ancients, is made to say;

For all this (above & below), is delivered (given/presented), unto me (#1!), and to? whomsoever (anybody/everybody?) I (#1), choose (?), to = give it – object; circumstance; thing and/or 'it'. (See/read Ophiel's second book: Creative Visualisation and his chapter; Sphere of Availability.) (See/read Ophiel's vignettes: Why do you let the Devil 'USE' you; The 'OTHER' you and Your 'OTHER' you.)

Thank you.