## THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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## 2 of 2, judge. 2021

Judge; is from the Proto-Indo-European Root word; deik = to show; reveal!?!

For all this, is delivered unto me, and to, whomsoever I choose, to give it!?!

Here is what Ophiel writes in his vignette; Why do you let the Devil 'USE' you?

"What do the two words, 'Holy' and 'Justice' <u>MEAN</u>? I will not waste time on dictionary meanings. You can check a large dictionary yourself. The <u>basic</u> semantic meaning of 'Justice' is <u>Adjustment</u>, and the basic meaning of 'Holy' is <u>complete</u>, fulfilled, to balance. We are going to consider/examine these two words in connection with the idea of 'The Other You.'

'The Other You.' is <u>not whole</u> and is <u>out</u> of <u>adjustment</u> or it would not be opposing you, #1, for want of a better designation: (See other vignettes on this subject.) The information/knowledge available on this subject is wretchedly inadequate, but regardless, you are surely aware that YOU ignore your subjective mind and it's prompting as much as you can. <u>That is, you pay no attention to 'hunches' unless they are very strong and you are in a receptive condition, very likely only in times when you are in trouble of some kind and <u>desperately open to 'suggestions?' from the sub-mind</u>.</u>

It would seem to me - and please do test it yourself - that the outer objective mind rules the under-mind and crushes it down whenever and however it can. <u>And a lot of your/our/my</u> <u>'trouble?' could be born from our ignorance of this process, and that the trouble is the result</u> of the 'under-mind' fighting back to assert itself. <u>The obvious remedy is to develop your</u> clairvoyance and to allow the 'under-mind' to have a role in your life process.

To seek to develop 'hunches', explosions of inspirations, and to learn to test and to follow the true guiding ideas/directions. <u>When you do this, you allow both minds to come into a balanced function, there can be an 'end' to that kind of conflict, each mind working against the other, instead of in harmony, as the two minds should.</u> The, 'two minds,' thus become 'Holy' complete or whole; Of course, once <u>complete</u>, there is still needed <u>constant</u> <u>adjustment</u> to keep them in balance, but that is a relatively easy process and should in normal life be almost automatic." End quote. (Underlines are the present writers.)

Adjust (verb), late 14<sup>th</sup> century; ajusten – to correct; to remedy. From Old French; ajuster/ajoster = add; assemble; calibrate; gauge; regulate. From the Late Latin; adjuxtare = to bring near; From; ad + iuxta = near/close. From the Proto-Indo-European-Root word; yeug =

to join. Can you? Do you? Are you? Able to 'follow out', <u>psychically(?)</u>, the above information, in the doing/practicing, of the/your basic cosmic egg exercise and/or basic chair exercise? (Do not be 'afraid??' to 'answer' yourself – truthfully!?!)

It would seem to me - and please do test it yourself - that the outer objective mind rules the under-mind and crushes it down whenever and however it can. <u>And a lot of your/our/my</u> 'trouble?' could be born from our ignorance of this process, and that the trouble is the result of the 'under-mind' fighting back to assert itself. <u>The obvious remedy is to develop your clairvoyance and to allow the 'under-mind' to have a role in your life process</u>.

In the egg/chair exercises – you, conscious, as a 'ness' = #1, Malkuth Earth/Hades – <u>Psychic</u>-<u>Tactile</u>-<u>Feel</u>-ing Plane/Level = <u>ARE</u> <u>NOW</u> <u>SHARING</u>! <u>CO-OPERATING</u>? <u>HARMONISING</u>! <u>PARTNERING</u>!

In the egg/chair exercises – you, conscious, as a 'ness' = #1, Malkuth Earth/Hades &+ #0, Outer, Outer Physically Physical You = <u>ARE NOW ACCEPTING</u>!?! <u>OF</u>!?! = EACH OTHER!?!

In the egg/chair exercises – you, conscious, as a = #3, Ego Body – <u>DO NOT</u>!?! = <u>OBSERVE</u> – Watch Over – from on 'High?' (Ole crazy book (Bible) talk/speak!) Instead, you, conscious, as a #3, Ego Body = <u>JUDGE</u>!?! = <u>SHOW/REVEAL</u>!?! AS – ME! ME! ME! Thus, you – Conscious, as a 'ness' = <u>CANNOT/DO NOT</u> = <u>DELIVER</u> <u>UNTO</u>!?! (See/read top of page one!) <u>AND THUS</u>!?! = YOU – CONSCIOUS(?) – <u>NOW UNDERSTAND</u>(?), <u>YOUR</u> <u>PROBLEM</u>? <u>YOUR</u> <u>DIFFICULTY</u>!?! <u>YOU</u> – CONSCIOUS(?), AS A 'NESS = TRANSFER/PROJECTION' – <u>MUST LET GO</u>!?!

Would you like to read it from Ophiel? Well, of course you would! Who wouldn't??? So, here it is, from his book; Clairvoyance, his chapter; The Two Minds:

"Now in your experimental sub-mind work, you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world. Practice this, until you note a degree of entry, of the sub-mind into the objective world, which is all you need to greatly improve and sharpen up your life." End quote.

The above: You have to release all conscious-mind control and practice allowing the sub-

mind to take over; is what you(?), the reader; operator; practitioner; occultist(?), <u>do</u>?? When/if, you do/practice the/your egg/chair exercises 'properly?'. To practice/<u>do</u>? properly(?), You, the reader, have to learn to #3, ego body – <u>observe</u> – watch-over? Here is how Ophiel, writes it, in his book; Contacting the Demiurge, his chapter;

Here comes now some quite important points for your repeat attention and learning about. THE DEMIURGE DOES NOT UNDERSTAND LANGUAGE WORDS NOR DOES IT RESPOND TO THEM !!!! The Demiurge understands EMOTIONS ONLY FEELINGS ONLY-EMOTIONAL PICTURES ONLY AS THE PICTURES ARE ACCOMPANIED BY EMOTIONS!" End quote.

Here is how it is, for us, in the 'context' of, the/your #1, Malkuth Earth/Hades Plane!?!

Here comes now some quite important points for your repeat attention and learning about. THE DEMIURGE DOES NOT UNDERSTAND LANGUAGE WORDS <u>NOR DOES IT</u> <u>RESPOND TO THEM</u>!!!! The Demiurge understands PSYCHIC-TACTILE-FEEL-INGS, ONLY <u>PSYCHIC-TACTILE-FEEL</u>-INGS AS - DEFINED; THREE-DIMENSIONAL-ISED; SYMBOL-ISED OBJECTS; CIRCUMSTANCE, THINGS AND/OR ITS = ONLY AS THE O/C/TH/ITS - ARE ACCOMPANIED BY/WITH <u>PSYCHIC-TACTILE-FEEL</u>-INGS

And then, this part, farther on in his same book/same chapter, Ophiel writes this;

"In general, this transfer to the Demiurge of your objectived ideas-images is done through the agency of your own subconsciousness which, according to the best of our present understanding, is connected with the Universal Sub-consciousness. However, it is possible to 'talk' to the Demiurge through your own subconscious agency, but not directly. As was said the Demiurge does not know WORDS but a part of your subconsciousness does understand words, and the 'right' kind of words do get through to the Demiurge, as they are of the same kind of being. (I am sorry for the seeming contradiction but these other plane operations are different, not difficult, to explain easily and all at once, give these things much meditation, you can learn/use the right technique as you absorb this Knowledge).

There is still another part of the programming technique that has to be explained. Even though you can 'talk' to the Demiurge through your own sub-mind, as said before; the Demiurge (for some strange reason not fully understood as yet) will not respond to commands, or forceful orders, or even to ordinary orders, given by you.

But the Demiurge will respond to indirect suggestions especially if they are given in a 'sweet'

way, or a nice way. To illustrate – Instead of 'ordering' the Demiurge to get you a house, say to it this way – (gush is good and so is hyperbole – anything so it sounds 'sweetish') Oh wouldn't it be wonderful if YOU would get a wonderful house/home???? Or – wouldn't it be nice if you would bring me the things that I read in the newspapers that you give to other persons!!!???!!! Or wouldn't I look good in a pearl necklace!!! Oh, how I would love to be-what-ever it is you want. Or. Wouldn't it be wonderful if I had a steady income so I could live in the manner to which I'd like to become accustomed?!!

It is to emotional statements like this to which the Demiurge will be most likely to respond, not, as I said before, to commands or willed commands. So, you will have to learn to give the kinds of 'orders' that it will act on.

The Demiurge, even though it is a kind of a God, is not a very bright God. The Demiurge is rather simple, in fact, and is easily programmed, but not by human willed forceful commands. The Demiurge is even easily flattered and easily led along with honeyed words about your desires and, as already said, the more your words and desires are loaded with EMOTIONS the more that gets 'through'. Again, remember that the nearer you are to your natural source of supply, which we all have in some degree, some larger than others, the quicker your desires can be supplied." End quote.

There is still another part of the programming technique that has to be explained. Even though you can 'talk' to the Demiurge through your own sub-mind, as said before; the Demiurge (for some strange reason not fully understood as yet) will not respond to commands, or forceful orders, or even to ordinary orders, given by you = GIVEN BY YOU = #3, EGO BODY!?!

The Demiurge, even though it is a kind of a God, is not a very bright God. The Demiurge is rather simple, in fact, and is easily programmed, <u>But Not By Human Willed Forceful</u> <u>Commands</u> = #3, EGO BODY YOU!?!

When the/your #3, Ego Body – Commands!?! – it, #3, Ego Body – <u>HAS MADE A</u> 'JUDGE-MENT' – <u>REVEAL/SHOW</u>!?! = AND SO – <u>AUTOMATICALLY</u>!?! <u>REFLEXIVELY</u>!?! – INVOKES/EVOKES THE = ADVERSE; OPPOSED; OBSTACLE – AS WELL AS!?! – THE/YOUR DESIRE; WANT; NEED; BROODING!?!

BUT!?! (Big Occult?!), because you – Conscious = <u>ARE IN/ON THE/YOUR</u> #1, Malkuth Earth/Hades Plane = <u>YOU</u>! – CONSCIOUS, AS A 'NESS?' = <u>WILL BE/SHALL BE</u> – <u>DRAWN/PULLED/MOVED</u> = <u>TO/TOWARDS</u>!?! = <u>THE/YOUR</u> = <u>OPPOSITE</u> = ADVERSE; OPPOSED; OBSTACLE!?! – SIDE/HALF!?! = <u>BECAUSE</u>!?! = YOU – CONSCIOUS, AS A 'NESS' = <u>ARE</u> <u>IN/ON</u> <u>THE</u> = <u>PLANE</u> <u>OF</u>!?! – <u>FOR</u>!?! – <u>THE/THAT/THIS/YOUR</u> – <u>FORCE</u>!?! (See/read Ophiel's vignettes; The Power of Speaking Things and Conditions, into Existence and How to Control and Dominate Others, for this.)

Please note carefully!?! – In/on the/your #2 &+ #0, planes = YOU – CONSCIOUS, AS A 'NESS?' – GET TO 'SEE?' (#2, Etheric reflection/visualisation!) and 'EXPERIENCE?' (#0, Outer Physical use; use-ing; used!) the 'effect/affect?' of/for/from!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE – BLACK-ON-BLACK; BLACK-ASTRAL-LIGHT; DARK-ness; BLACK-ness; <u>BLIND</u>-ness!?!

In/on the/your #1, Malkuth Earth/Hades plane; you – conscious, as a 'ness', must make the, #1, Malkuth Earth/Hades Plane = <u>Psychically-Tactilely-Feel/Believe</u> – <u>YOU</u>!?! And one of the 'ways', to do/practice this, is explained by Saint Augustine of Hippo, in his 'letter' (See/read number one of 1 to 17, letter & egg.) In his 'letter', he, Augustine, recommends that you, the reader - #0 &+ #3, <u>AGREE-WITH</u>, the/your 'opposite?' = adversary; opposer; slanderer (Obstacle) = <u>AND THAT YOU</u> = #0 & #3 - <u>DO IT NOT</u>!?! Here it is, again, from Ophiel, as presented in the previous post of these 'monologues.' from his vignette; The 'OTHER' You:

"What I am discussing in this 'Vignette' is the not so obvious fact that you create these 'Double Thought Forms,' every time you do something/anything on the 'Physical Plane.' Naturally, - Or should I say, unnaturally - For some ungodly reason, the inner double seems to '<u>OPPOSE</u>' the outer double and it is/seems that a lot of the trouble of this world, can be traced to this strange fact?

Please make some tests of your own.

Then, you can become aware of your ability to 'Bind' the inner 'Etheric Double' so that it becomes unable to harm the outer 'Physical Double.' <u>The actual inner 'Binding' is as automatic as the original inner creating</u>.

Can you? Are you? Able/Capable of <u>Psychically</u> following 'out/outwards?', the above information??

So, taking Ophiel's vignette; The Power of Speaking Things and Conditions into Existence; we can read his list of '<u>OPPOSITES</u>!?!' And remembering/recalling = <u>THAT</u> <u>ONLY</u>!?! –

<u>IN/ON THE PLANE ABOVE, OVER, HIGHER, BEFORE AND IN-FRONT</u>!?! = <u>DO YOU</u> <u>GET/HAVE</u> – <u>BOTH</u> <u>SIDES</u>!?! – <u>OF</u> <u>THE</u> <u>ONE/SINGLE</u> <u>FORCE</u>!?! Rich/Poor; Black/White; Hot/Cold; Feast/Famine; Near/Far; Rough/Smooth; Success/Failure; etc, etc, etc, et al:

And remembering/recalling = <u>THAT</u> <u>ONLY</u>!?! – <u>IN/ON</u> <u>THE</u> <u>PLANE</u> <u>BELOW</u>, <u>UNDER</u>, <u>LOWER</u>, <u>AFTER</u> AND <u>BEHIND</u>!?! = <u>DO</u> <u>YOU</u> <u>GET/HAVE</u> – <u>ONE</u> <u>SIDE</u>!?! <u>OF</u> <u>THE</u> <u>ONE/SINGLE</u> <u>FORCE</u>!?!

Ophiel writes, in his books/writings, that in/on the, #2, Etheric Plane, you can 'see a thing' when it is 'new & old' at the same/one time.

But... for those, in the know? in/on the plane 'below', you can only 'have?' = one side!?!

But... for those, in the know? the plane 'below', <u>IS</u>!?! – the/your #1, malkuth earth/hades!?!

But... for those, in the know? the plane 'below'  $#1 - \underline{IS}!?! - \text{the/your } \#0$ , outer, physical earth!?!

And... for those, in the know? you, conscious, as a 'ness' – can only = use, use-ing, used; this #0, plane!?!

So, a/an #2, Etheric 'Though/Form/Visualisation', must be 'bound on Earth'!

But... in/on the/your #1, Malkuth Earth/Hades Plane – IT – the 'Thought/Form' is; <u>STILL</u> <u>ONE FORCE</u>!?!

So! Your question, to the present writer; 'how do I bind, the forces that I require, according to your ideas, information', whilst being very simple, in the asking, is still very simple in the explaining, but not, in its implications and/or/nor, its ramifications!?!

So, in/no the/your #1, Malkuth Earth/Hades Plane = you – conscious, as a 'ness' = <u>CHOOSE</u>!?! – for all this, the above and below, is delivered unto you – Conscious? – and you – Conscious = <u>MUST CHOOSE</u>!?! = <u>WHICH SIDE YOU WANT</u>!?! AND YOU – CONSCIOUS? – <u>MUST 'BIND</u>?' <u>THE SIDE/HALF</u>!?! – THAT YOU – CONSCIOUS, AS A 'NESS' = <u>DO NOT WANT</u>!?!

So, your #1, malkuth earth/hades plane 'body' says!?! = <u>WHAT</u>!?!

So, your #1, malkuth earth/hades plane 'body' = <u>TACTILELY</u>-<u>FEELS</u>!?! = <u>WHAT</u>!?! =

Rich/Poor; Black/White; Hot/Cold; Feast/Famine; Near/Far; Rough/Smooth; Success/Failure; etc, etc, etc, et al: So? You could try what Ophiel did, as he (Ophiel), explains, in is vignette; Acceptance.

"I was not that way at all. <u>I found lack to be very degrading</u>, and I worked like hell to get around and over the obstacles that held me up." End quote. (Underlines are Ophiel's.)

In the above yellow-highlight above, is Ophiel's '<u>AGREED</u>-<u>BINDING</u>!?!'

"The desire to get from under has to come from within you; no one else can do it for you or supply you with the drive, desire, other than to tell you about it as I am doing. I might add here, that you cannot do anything for anyone else until their desire comes to them from inside them. <u>YOU CANNOT DO IT FOR OTHERS; THEY HAVE TO WANT TO DO FOR THEM SELVES</u>." End quote. (Underlines are Ophiel's.)

Hence 'monologues' rather than 'discussions?'. Then, this part;

"As I have said before, and it bears repeating, <u>this physical world is the tail end of whole</u> <u>bunch of outer other worlds</u>. The whole cosmic universe consists of Forces, and these Forces culminate in and onto this Physical Plane. The Forces come down from no-things to somethings. <u>You can learn how to interpret these on-coming Forces</u>, and direct them the way you <u>desire them to out-press themselves here</u>. All these changes and modifications are done by you; through KNOWLEDGE, which becomes WISDOM, and wisdom makes life a thing of niceness rather than a thing of struggle and negative actions." End quote. (<u>Underlines</u> are the present writers.)

Egg and Chair exercises, can/do/will/shall 'assist/aid/help?', with the above <u>underlines</u>. Then Ophiel, writes this;

"There are other disadvantages though, as you can well know; <u>BUT YOU DO HAVE</u> <u>INNATE POWERS THAT CAN ENABLE YOU TO WORK OUT THOSE</u> <u>DISADVANTAGES</u>, and progress, which cannot be done in a 'non-resistant world' of just ideas." End quote.

Ophiel writes, in his book; Clairvoyance, that a person/individual has to be; physically

'sharp/alert', as well as, <u>psychically/clairvoyantly</u> - sharp/alert!?! If a person does not 'know how?', to provide a 'service' for which they can 'charge' others, for the 'use of', then they are going to be on the 'receiving end?' as a/an 'end user', for which they will/shall have to 'pay for?'. This doesn't seem too bad? Until!?! All your 'income' is 'gone??' in such a way/method, as to leave you, in a marginal/constant state of 'need?'.

Ophiel writes, in his second book; Creative Visualisation – champagne appetite on a beer income!?! – no joke, to the one who has it!

Please be aware, awake and conscious to the 'fact' that no successful millionaire, keeps their 'money', but finds a way to 'recycle' it (their money) so that, when it 'comes back/returns?', it does so; <u>LARGER/MORE</u>! – than when it – <u>WENT OUT</u>!?! This 'approach?', <u>requires a different(?)</u>, <u>way(?)</u>, of – thinking/<u>psychic</u> – <u>tactile</u>-feel-ing/<u>believe</u>-ing!?! A way/method of testing; trying; using; the/this 'approach?', is examine this;

- #2, visualisation future time talismans; treasure maps/charts.
- #1,  $\frac{\text{psychic}}{\text{psychic}}$ - $\frac{\text{feel}}{\text{feel}}$ -ing now time action/doing.
- #0, physical use; use-ing; used.

The 'binding' of which you have asked, is 'in' the/your 'now-time'! Here is how Ophiel explains his own, 'revelation/discovery/realisation!?!' from his vignette; Why do you let the Devil 'USE' you?

"To illustrate an application of the above, you should work an experiment I did years ago when these ideas first dawned on me and which came about in this manner: I was accustomed to prepare a tea and powdered milk mixture for a morning drink. I would pour the milk into a saucer-type pan to heat it. Inevitably I would pour out too much or too little, and some left over or not enough to fill a cup.

It came to me that the sub-mind KNEW EXACTLY the right amount to pour out. I tried turning over to the sub-mind this simple task. What a sensation: The objective mind fought back like fury:

All sorts of ideas came to me: to measure, to mark, to do anything but depend on the 'submind.' I had a fight on my hands (?)

<u>The queerest part of it all was that the sub-minds 'instructions' came in 'feelings</u>' as to the amount to be poured out. Finally, I had it down pretty good and could let the sub-mind

regulate the exact amount of the milk, to be poured out, to fill the large cup I used.

Try something like this yourself. The 'Illuminated Man' of Occult Song and Story uses some combination of the above ideas, - ideas that are never mentioned in books -, which present the Occult only in glittering generalities. More on this in other Vignettes and to come!" End quote. (Underlines are the present writers.)

In order to 'mitigate?' = <u>What a sensation: The objective mind fought back like fury</u> – the presentation of the/for the; basic cosmic egg and/or basic chair exercises, were/are presented, for those who were/are 'ready?', to be/become '<u>PSYCHIC</u>' first, and then(!), Clairvoyant = #2, Etheric Project.

In both the egg and chair exercises, all three 'bodies' - #3, #1, #0 = are involved/engaged, in such a 'way', so that 'no one body?', is omitted/left out, does not 'play' its 'part!?!'. Thus, a – crystal-clear-binding!?! Can/does – take place/happen – IN DIRECT PROPORTION TO YOUR NOW 'EXISTING!?!' – UNDERSTANDING/ABILITIES!?! – IN THE ACTUAL; FACTUAL; LITERAL – <u>PRACTICING OF</u>!?! The egg/chair techniques!?! <u>KNOWING</u>? <u>UNDERSTANDING</u>? <u>THAT THE/THESE</u> '<u>TECHNIQUES</u>?' – <u>IS/ARE</u> – <u>FOR</u>!?! – <u>THE/YOUR</u> #1, MALKUTH EARTH/HADES PLANE = <u>PSYCHIC</u>-<u>TACTILE</u>-<u>FEEL</u>-ING!?!

For, instance(?!), example(?), all of Ophiel's 'examples', of; milk-pouring; watermelon and gas-pedal, from his book; Clairvoyance, his chapter; The Two Minds, is/are '<u>Psychic</u>!' and '<u>NOT</u>!' = Clairvoyant, because of the 'time' element, involved!?! = Now-Time <u>answer(!)</u> required!?!), for = <u>REAL-TIME</u> - #0 = <u>USE</u>; <u>USE-ING</u>; <u>USED</u>!?! (Do you, understand(?) this(?) difference(?), in <u>application</u>!?!) This, is a '<u>BIND-ING' EFFECT</u>!?!

Your talisman/treasure map/chart = <u>IS A</u> '<u>FUTURE-TIME</u>' – <u>BINDING</u>!?! – <u>IN/ON</u> <u>THE/YOUR</u> #2, ETHERIC PLANE – VISUALISATION!?! (Ophiel writes, in his book; Talismanic Magic, that the/your 'Talisman' is more of 'LONG-PULL-THROUGH', as regards cause/effect = direction!?! Do you? Are you? Can you? = <u>Psychically-Tactilely-Feel</u> – <u>Understand</u>! This 'difference?' in <u>application</u>!?!

There is/are far too many, beginning students, who read Ophiel's materials, and yet(?), still can't get them, his materials – to 'work?' – for them!?!

This is not really, a great surprise, as many persons/individuals are not necessarily 'prone to be' – Clairvoyant!

The/your basic chair exercise, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{psychic}}$  you = how to bind!

The/your basic chair exercise, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{psychic}}$  you =  $\frac{\text{how}}{\text{to}} \frac{\text{agree}}{\text{agree}}$ with!

The/your basic chair exercise, will/shall show/inform/instruct =  $\underline{psychic}$  you =  $\underline{how}$  to  $\underline{be/become} - \underline{psychic}!$ 

The/your basic cosmic egg exercise, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{psychic}}$  you = how to believe!

The/your basic cosmic egg exercise, will/shall show/inform/instruct =  $\underline{psychic}$  you =  $\underline{how}$  to define!

The/your basic cosmic egg exercise, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{psychic}} = \frac{\text{how to}}{\text{feel}!}$ 

The/your basic cosmic egg exercise, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{psychic}}$  you = how to symbol-ise!

The/your basic egg and/or basic chair exercises, will/shall show/inform/instruct =  $\frac{\text{psychic}}{\text{you}} = \frac{\text{how to bind}!}{\text{how to bind}!}$ 

As has been stated, in previous 'monologues' = you – Conscious, as a 'ness' – can only 'Bind?', in/on the/your #1, Malkuth Earth/Hades!?! #2, Etheric is to 'visualise'; #0, Outer Physical is to 'use'; When/if you – Conscious, have 'Symbol?', it is '<u>this</u>' - #1, Malkuth Earth/Hades – <u>psychically-tactilely-felt</u>!?! – 'Symbol?', which, when <u>believed</u>(?), will/shall be/become, the 'Binding', and '<u>not</u>!?!', anything(?), that you, the reader, operator, practitioner, occultist(?), may/might, emotionally/visualise!?!

Add into the 'mix????', the fact that the/your = #3, Ego Body – <u>Piggy</u>-<u>Backs</u>!?! – in/on Conscious, as a 'ness,' and it is 'no great wonder?', that so many, who are 'not?', gifted(?) (<u>Psychic</u>) = <u>FAIL</u>!?!

Add into the 'mix????', the fact that the/your = #3, Ego Body – <u>Piggy-Backs</u>!?! – in/on Conscious, as a 'ness,' = <u>pre-Judges</u>!?! – reveals; shows; displays = IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! – AND SO – <u>AUTOMATICALLY/REFLEXIVELY</u> = INVOKES/EVOKES – OPPOSITION; ADVERSE; OBSTACLE AND DISBELIEF!?! And it is this – disbelief!?! - which comes through, to most individuals, in/on the/this/their #0, Outer, outer, physically physical plane!?! Here is how Ophiel describes it, from his chapter; The Two Minds, last page, in his book; Clairvoyance:

"You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to very queer feeling, as if you seem to be losing control over your objective world." End quote.

The above yellow-highlight becomes stronger and stronger, as you practice doing the/your basic chair exercise and you 'allow' your self = #0 &+ #3, to just 'observe'!?! (The 'sensation??', of the/your #1, Malkuth Earth/Hades Body/<u>Psychic</u>-Self – concentrating(?), at your = OPPOSITE? ADVERSE? OBJECTING? = <u>END</u>!?! = i.e., head when sitting/feet when standing!?!)

Hope this helps, even a little(?). The present writer shall, forwards this, onto to the, list, as you may not be the only individual, in this position, of; 'how to bind.' (Basic chair exercise, is the one of the 'better?' ways, to learn/master this, particular part of the 'art'?)

Thank you.