

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

1 of 17 psychic exercises. 2022

As already indicated, in previous monologues, and by Ophiel, the ways; means & methods of, being/becoming – aware, awake & conscious to/of – the/your **Psychic** – animated ‘spirit’ within, is/are as ‘individual’, as the person, themselves.

One, amongst many(!), of the most(?), current and incorrect(?), ill-informed(?), presumed(?), assumed(?), difficulties/problems, of/for today, is that many (too many!?!) accept!?! – that the/their = EMOTIONS!?! – ARE = **PSYCHIC**!?! – BUT!!! – THEY ARE NOT!?!?

EMOTIONS = ARE!?! – CLAIRVOYANCE!?!

TACTILE-FEEL-INGS = ARE!?! – **PSYCHIC**!?!

CLAIRVOYANCE = Visualisations – Future-Time!?!

PSYCHIC = **Tactile-Feel**-ing/Believe-ing – Now-Time!?!

PHYSICAL = Use; Use-ing; Uses; Used -Real-Time!?!

The fastest(?), quickest(?), easiest(?), way/method/practice to be/become CLAIRVOYANT? – is to be/become = **PSYCHIC FIRST**!?!

CAST ‘ASIDE!?!’ THE/YOUR = #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY!?! = AND TURN YOUR #3, EGO BODY TO/TOWARDS THE/YOUR #1, MALKUTH EARTH/HADES BODY!?!

Exercise one; Close your #0, eyes and ‘see?’ the/your(?) = Dark-ness; Black-ness; **BLIND**-ness!?! = BLACK-on-BLACK = BLACK-ASTRAL-LIGHT!?!

Exercise two; Pick/select a hand-held ‘object’ and, #0 &+ #3, body – look/observe!?! = it!!! As you do this – #0 &+ #3, looking/observing, start to see/observe its = USE; USE-ing; Used – powers!?! = objective; functionality; purpose; reason, etc.

In present writer’s case (before the computer/digital age), they selected three types/kinds of cutlery, which led on to plates; tables; chairs, etc; Then, beds; clothing; cupboards; floor

boards (no carpets in the house – too poor for them, present writer was brought up on welfare.) This was before Ophiel’s book; Creative Visualisation and his chapter; Rising on the Planes.

Having done exercise two, until you are comfortable with it, and it ‘satisfies you’, you would move on to the next stage;

Exercise three; Enter the/your #1, Malkuth Earth/Hades Plane – ‘Enter’ - the/your(?) = Dark-ness; Black-ness; **BLIND**-ness!?! = **BLACK-on-BLACK** = **BLACK-ASTRAL-LIGHT**!?! And once ‘in’ there; **Psychically-Tactilely-Feel** = your selected Object; Circumstance; Thing and/or IT! = coming to/towards you #1!?!

Exercise four = Basic Cosmic Egg exercise! Exercise five = Basic Chair exercise! Here is what Ophiel writes, in his book; Clairvoyance, his chapter; The Two Minds;

“The conscious mind is the mind we deal with in the ordinary way – t use in the Physical ‘Outer’ Plane World, and which we use all the time; and the other mind, the sub-conscious (sub, means ‘under,)

WHICH WE USE IN ALL OUR ‘DEALINGS’ WITH THE INNER PLANE ‘WORLDS,’ WHICH WE ALSO USE ALL THE TIME, BUT WHICH USE, IS LARGELY AUTOMATIC AND MUCH OF IT UNCONTROLLABLE BY US. So, you will naturally ask here, at this point, if the action of the sub-conscious mind is automatic and uncontrollable, then how do we get to use it or make it work for us, and this a good question; and the answer is – **you start to train this sub-mind to work for you but very carefully quietly, and gently. It will never completely work for you on the physical plane but you can get some work out of it and that work can become very valuable and useful to you and, of course, this work is very closely allied to clairvoyance, if not actually, clairvoyance its self, in all its fulness.**” End quote. (Underlines are the present writers.)

Once more!?! = **THIS WORK IS VERY CLOSELY ALLIED TO CLAIRVOYANCE, IF NOT!?! ACTUALLY, CLAIRVOYANCE ITS SELF, IN ALL ITS FULNESS**!?!

The above from Ophiel is very, very ‘true’ – but... as anyone knows, who have read Ophiel’s materials, it is the ‘parts’ **which are** ‘controllable?’, that we are working on/with. So, we take ‘those’ parts, and we ‘expand’ – enhance; increase and develop them! Ophiel continues, farther on:

“The training of the sub-mind is a very subtle matter. There is no danger involved, the worst that can happen is just no good results in a hurry, and some confusion of ideas. The training of your sub-mind is like your training of your physical self to go under water for periods of increasing time. You are inducing you ‘hidden’ mind to come ‘out’ and function in the Physical Plane World; whereas, its true plane existence is in the Inner Plane World.

There are many benefits to be gained, from the functioning of your sub-mind in the outer, plane world, if and when it can be trained properly. The sub-mind possessing as it does, unlimited access to Inner Plane play of Forces and can predict and calculate instantly, the sum total effect of these ‘Forces’ interplay upon each other, and upon your Being. And this outer plane function can be, as I said, of great benefit to you.

I might say here, that any difficulties that might arise, come from, not the impact of the information upon you, but from the difficult job of getting the information ‘through’ to your outer plane, in a form that you can understand and use – ‘work-on.’” End quote. (Underlines are the present writers.)

In the ‘underlines’ above, is/are the ‘reasons’ of/for the previous ‘one to five’ exercises, in order to ‘expedite’ the ‘processes’ of/for the/your #3; #2; #1 & #0 ‘levels/planes/bodies?’, so that ‘each’ would be ‘acceptable’ and ‘amenable’ to ‘each other’!?! BUT....! Big Occult!?! – YOU CONSCIOUS, AS A ‘NESS’!?! = CANNOT/DO NOT!?! – GET TO SKIP; EVADE; AVOID NOR/OR IGNORE!?! A/ANY PLANE/LEVEL!! Here is what Ophiel writes, in his book; Clairvoyance, his chapter; Rising on the Planes:

“In the first section just preceding, you were given a comprehensive layout of a basic Occult system which I trust you will study, and add to, for the rest of your life. A great many subjects were listed and classified in a sort of filing system. I repeat, I hope for your occult development of skills you will study this system as given and constantly add to it. Some of its classifications are only opinions, so check the subjects, position, also constantly. Sometimes two gods rule, such as, paper belonging to Saturn and writings on the paper belonging to Mercury. So, look out, for these doubles at all times, (and even triples.)

We will now introduce some ideas as to how to ‘work’ clairvoyance. This should be your first ‘working’ directions (Something I never got from books when I was first seeking. All I got was a lot of talk – idle chatter.) Our plan for the moment is to start as above – some knowledge followed by some practices. You might have to do a little connecting yourself – good for you – develop your Occult senses!! which is really all the basic Occult consists of.” End quote.

Anyone who has ‘studied?’, Ophiel’s ‘categories of physical existence’, may/might have noticed(?), that there was/is – NOTHING ABOUT #1, MALKUTH EARTH/HADES PLANE!?! – Ophiel ‘stops’, at ‘YESOD = MOON!?!’ Ophiel farther on in his chapter; Rising on the Planes, continues with this part;

“In her imagination, she started with a bale of material before her and followed the material ‘backwards’ (Please Note) to the point of its origin in some foreign country. Finding this imagination process a fascinating and rewarding mental adventure, she did the same with all the other different kinds of merchandise in her department. These experiences so stimulated and inspired her, that her character expanded to the point where she became the leading salesperson of the department and then of the store, and afterwards she rose to an executive position. This description is brief, of course, but the case followed the course outlined.” End quote.

Future Time = #2, Etheric visualisations = Clairvoyance!

Now Time = #1, Malkuth Earth/Hades – psychic-tactile-feel-ing!

Real Time = #0, Outer, Outer Physically Physical Earth – use; use-ing; uses; used!

The question of ‘time’ is of ‘absolute critical importance’ in the transition of/from – none physical – to/towards – being physical! Ophiel then writes, farther on:

“Now, actually, what had happened here? Look again at your ‘Tree.’ There is a process in the study of the Qabalah which is called ‘rising on the planes’ and is very hush-hush. You would have to swear all kinds of terrible oaths of secrecy in order to ‘get’ a watered-down version of it, from secret occult societies (if there are any left even pretending at this date, 1969.) Well, what this woman did, and was, is ‘Rising on the Planes.’ She ‘rose’ from the lowest physical material end plane to the contact the ‘Forces’ that rule-govern the first creation of the subject she was contemplating. Also, without knowing what she was doing, she had contacted the ‘God’ of that place-plane by the fact that integration followed – successful operation of the contemplated pattern she had united with, and again, I repeat, the whole operation was done unconsciously, and you can consider what it could have been like, if it had been done consciously, with full knowledge, such as has been given to you, even so far!!” End quote. (Underlines, are the present writers.)

In the/your basic cosmic egg and/or basic chair exercises, and the above ‘extended’ exercises, you, the reader; operator; practitioner; occultist(?) = ARE ‘RISING’ FROM(!), THE/YOUR

#0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE = REAL TIME! = TO THE/YOUR #1, MALKUTH EARTH/HADES PLANE = NOW TIME!?! Farther on, Ophiel writes this:

“So, the, the direction for your first work in clairvoyance is clear – you must start to project yourself ‘into’ and ‘up to’ the basic sources of the things you are interested in. You must begin to THINK with imagination about those things AND ESPECIALLY THE SPECIAL THING YOU ARE INTERESTED IN. As I said, you will probably find yourself becoming more and more connected to one special thing-subject to the exclusion of most of the others. And, in many of the people today, you will probably find the subject of interest will be some phase of business activity rather than more metaphysical pursuits. This is good, but don’t neglect your illumination studies.” End quote.

For the ‘context’ of these ‘monologues’, the above quote, from Ophiel, is slightly amended, so that it is made ‘relevant’ to the subject of ‘PSYCHIC’ practices/developments.

So, the, the direction for your first work in clairvoyance is clear – you must start to project yourself ‘into’ and ‘up to’ the basic sources of the things you are interested in. You must begin to THINK with Psychic-Tactile-Feel-ing about those things, AND ESPECIALLY, THE SPECIAL THING YOU ARE INTERESTED IN.

Psychic-Tactile-Feel-ing = Define; Three-Dimensional-ise; Symbol-ise = basic cosmic egg/chair exercises. Here now, is how Ophiel finishes off his chapter; Rising on the Planes, from his book; Clairvoyance.

“Illumination and its kindred advantages should come along in the wake of your successful learned-use of almost any of your Psychic studies and Practices or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from ‘Psychic’ to ‘Spiritual’, is a natural one.” End quote.

All human beings are ‘born’ – psychic! – this word ‘psyche/psychic’, is a Greek word, and it meant/means = animating/moving ‘spirit’. In some Gnostic schools of the day, it was taught that there was/is, three types/kinds of human beings; Spiritual = Clairvoyant; Psychic = Successful; Material = unsuccessful. Those who were ‘taught?’, could/would ‘move/step?’ up/in/on, the steps/ladder(?) and become Successful and then, eventually = Spiritual, just as Ophiel found/realised, in himself??

One of the ‘major’ misunderstandings of/for, the/this/your = #0, Outer, outer physically physical plane ‘IS’, that of Use; Use-ing; Uses; Used. The ‘question’ of ‘morality?’, does not, at any-time/any-where, apply!?! (Look at the world about you now!?! Try to ‘wake-up!?!’ Psychically!?!) One of the several different ways, of being/becoming Psychic(?), in the modern capitalist system, is that of providing a ‘service,’ for which you can ‘charge’ the highest price, for which the recipient of your ‘service’ is going to or is willing to, pay you for that ‘service.’ Pretty straight forward stuff!?! Once again!!!

Illumination and its kindred advantages should come along in the wake of your successful learned-use of almost any of your Psychic studies and Practices or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from ‘Psychic’ to ‘Spiritual’, is a natural one!?! PSYCHIC = TO = CLAIRVOYANT!?! Is the ‘proper?’, more ‘productive?’, method/way!?!

Many persons/individuals who e-mail the present writer cannot/are not ‘Psychic?’, enough to make the/their ‘occult?’ and/or/nor Ophiel’s materials – to ‘work?’ – for them? This is because!?! they are ‘not!?!’ = Psychic – in the first place/instance!?! = and the growth from ‘Psychic’ to ‘Spiritual’, is a natural one!?!

To be/become ‘Psychic?’, the reader; operator; practitioner; occultist(?) = MUST!?! = ENTER THE DARK-NESS; BLACK-NESS; BLIND-NESS!?! = THAT IS!?! = THEIR OWN!?! REMEMBER? RECALL! THIS FROM OPHIEL, IN THE ABOVE;

Well, what this woman did, and was, is ‘Rising on the Planes.’ She ‘rose’ from the lowest physical material end plane to the contact the ‘Forces’ that rule-govern the first creation of the subject she was contemplating. Also, without knowing what she was doing, she had contacted the ‘God’ of that place-plane by the fact that integration followed – successful operation of the contemplated pattern she had united with, and again, I repeat, the whole operation was done unconsciously, and you can consider what it could have been like, if it had been done consciously, with full knowledge, such as has been given to you, even so far!!

The ‘God-Name’, that the present writer ‘uses’ = is?? (As if you didn’t know already!?!) = SamaEL – the BLIND-GOD or, if you prefer; GOD of the BLIND!?! SamaEL, was/is, the name given to the Demiurge, by the Gnostics, for the/its ‘lowest?’ = Inner Plane ‘Being’ = AS!?! – ASTRAL LIGHT!?! It is pointless to try to convince others, that was/is, the sub-conscious ‘mind?’, that these worthies were describing, writing about, as nearly everyone/every modern person thinks, that because the worthy ancients, were not

‘technologically’ advanced, that they must have been ‘ignorant?’ of the/these things, which was not/is not ‘true!’, it wasn’t until the dominance?, of ‘orthodoxy?’ and ‘literate?’, interpretation of, the only ‘source’ book available = Bible, was discredited, that the ‘sub-conscious’ as a ‘ness’, was re(?), discovered(?), and (re?), popularised.

As ‘soon as?’, the ‘Devil’ theory, was discredited, civil law; societal law; and common sense, law; prevailed, backed up by/with the ‘scientific method’, which has led to the world of ‘today?’ – a world of ‘disbelief?’, so the ‘pendulum?’ has now ‘fully swung’ to the opposite ‘arc?’. There is ‘no real?’ – God(?) of any kind? – and the universe is ‘randomised?’, by/with a ‘series’ of constructive/destructive ‘forces’, over which, there is ‘no apparent?’ control?? = ONLY!?! – Use; Use-ing; Used!?! = REAL TIME!?! And yet?

If you, the reader; operator; practitioner; occultist(?), accept(?), that you can do – only, only – use; use-ing; used, the/your #0, Outer, outer physically physical world?? = WHY TRY AND ‘CHANGE/ALTER!?!’ = IT! = the/your #0, Outer, outer physically physical world!?! – HERE!?! #0, Outer, outer physically physically!?! Once a person/individual = LEARNS/SENSES!?! – THAT THE/THIS #0, Outer, outer physically physical – IS!?! As Ophiel writes = the ‘LAST/FINAL/END!?!’ Plane?? Then ‘turning aside?’, ‘turning back?’ and ‘re-entering?’ the plane above, over, higher, before and in-front? Becomes/is, more ‘palatable?’, to the/your ‘Logical?’ brain?

The ‘difficulty?’, of/for the above proposal, is that, even after thousands of years, of history and recording, people/persons are ‘still?’ afraid of!?! – the/this/their – own(?) – psychological psyche – dark-ness; black-ness; blind-ness!?! Having ‘made?’ = IT! – Evil!?! A place/plane/level – to be afraid of!?! This comes about, because of the ‘strange?’, ‘different?’, Laws; Rules & Governances, of/for the/your #1, Malkuth Earth/Hades Plane, which should be learned/mastered(?), in such a ‘way/method’ as to; BRIDGE THE ‘GAP/SPACE/VOID’ = BETWEEN!?! = #2, ETHERIC PLANE – FUTURE TIME and/plus = #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?! REAL-TIME!?!

The/this = GAP/SPACE/VOID – IS!?! – the/your, #1, Malkuth Earth/Hades Plane – PSYCHE – Dark-ness; Black-ness; BLIND-ness!?! So?? – the ‘question?’ is? – WHAT HAPPENS? TAKES PLACE? = IN HERE? – IN/ON THE/THIS #1, PLANE!?! NOW-TIME!?!

Thank you.