

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

## 5 of 17 psychic exercises. 2022

So, in both the XXI The World, Tarot Card, and in the Hindu Nataraja the idea/sense/senses, of/for; movement, as repeat; repetitions; rhythms and/or cycles, is/are ‘expressed?’. These ‘movement’ expressions, are given as; Macrocosmic and/or Microcosmic! But...! In ‘both’ cases, there is/are ‘inherent?’ – Laws; Rule & Governances, which must be, adhered to, followed, within the repetitions; rhythms and/or cycles, for/of, each layer/plane/level.

BUT...! THE ‘OCCULT?’ – IS NOT!?! – NECESSARILY!?! – IN!?! – THE ACTUAL; FACTUAL; LITERAL – Repetition; Rhythm; Cycle = ITS ‘SELF!?!’ BUT...! MAY ‘BE!?!’ – IN ‘ITS?’ – TRANSFER; TRANSPORT: TRANSITION!?! OF/FROM!?! – ONE LAYER/PLANE/LEVEL!?! – TO/TOWARDS!?! – A/AN ‘OTHER!?!’ LAYER/PLANE/LEVEL!?! = And so??! – we ‘come back’ – to ‘technique/techniques!?!’

To make/create(?), a ‘visualisation??’, in/on the/your #2, Etheric Plane, does not necessarily ‘mean?’, that it is going to – transition – from one plane to another plane! Here, it is again(!), without shame or hesitation, from Ophiel, from his book; Clairvoyance, his chapter; The Astral Light:

“The above should have shown you, that there are a number of different planes you got to, and your actions on each of them, has to be different in each case. Developing a clairvoyant ability to cognise one plane, will not carry over automatically, to another, different plane. Unless you know what, you are doing or what you are looking for, your Inner Plane work, will not be good work, but only hit and miss. So, again, I repeat; this is the reason for my going into these details about the conditions pertaining to the Inner Planes.” End quote. (Underlines are the present writers.)

Question! – Is the/your, #1, Malkuth Earth/Hades Plane – a/an – actual; factual; literal = plane!?!

Question! – Is the sphere at the bottom, of the/your tree/map – the first – inner plane up/in/above/over!?!

Question! – Is the sphere at the bottom, of the/your tree/map – the last – inner plane down/out/under/below!?!

Question! – Is there/are there – different(?) – Laws; Rules & Governances of/for the/this, #1, Malkuth Plane?

That there are a number of different planes you got to, and your actions on each of them, has to be different in each case!?!

Developing a clairvoyant ability to cognise one plane, will not carry over automatically, to another, different plane!?!

In/on the outer, outer physically physical plane, we, conscious-ness, can/do - use; use-ing; uses; used!

In/on the inner malkuth earth/hades #1 plane, we, conscious-ness, can/do - psychically-tactilely-feel-believe!

In/on the 'inner' #2. etheric plane – we, conscious-ness, can/do - reflect; repeat!

In/on 'all' of the 'inner/outer' planes/plane – we, conscious-ness, can/do - #3, ego body – piggy-back! – in/on conscious – as a 'ness?'.

So! We now take our, XXI The World, tarot card, and we 'observe', that in each, of the 'hands', of the Female Figure 'is?', 'are?' – two rods/batons, one black and one white (At least, there 'is!', on the present writers deck!) The 'black rod' is for the Plane #1, Malkuth Earth/Hades and the 'white rod', is for the Plane #2, Etheric Plane and Above. Psyche = tactile-feel-ing (Define; Three-Dimensional; Symbol), dances between(?), the/these two Rods!?! (The present writer took a 'black pen' to the/her 'left' baton/rod, in/on this card?)

The 'dance?', of Psyche – is more 'personable?', 'intimate?', than that of the Nataraja, which leans more to the 'Cosmological' = #2, Etheric and Above! The Laysa Dance of/for Pravati is the Hindu 'equivalent' of for the Greek Psyche, which leans more to the #0, outer material.

So, now!?! We come to the 'exercise?' = Opposites(?) Attract(?)! For this, you – the reader, would have to read Ophiel's vignette; The Power of Speaking Things and Conditions into Existence.

There is, in 'wider' general 'occult' public 'view?', that there is such 'thing?', in/on the 'vertical axis', the notion/idea, of/for – DUALITY – As above, so below? If this were/was the 'case?', then there would be 'no need whatsoever?' of/for the/an, 'occult?', because in that/this 'case' = As above, so below? – everybody would 'have?', everything they have ever wanted!?! So, forget, the/this = As above, so below? – nonsense!?! for now! DUALITY – IS!?! = ALL/EVERYTHING!?! – IN/ON THE ONE/SAME PLAIN!?!

The/this particular ‘Psychic’ exercise, is = OPPOSITES ATTRACT!?!

Here is what Ophiel writes, in his vignette; Acceptance.

“I am not sure as to how the acceptance is with others personally but I have noticed some very peculiar happenings in the world due to this uncritical acceptance of things. For example, I am trying to work with several people here in the matter of Supply for them. I have discovered, to my surprise that they have a kind of basic indifference to the doing of the operations that can lead to the supply of goodies for this world’s use. I give them directions and show them how to set up the pattern, and then I find that they do not follow up but just act lackadaisical and frivolous about it, meanwhile being on the edge of lack of goodies to live a nice life style. I was not that way at all. I found lack to be very degrading, and I worked like hell to get around and over the obstacles that held me up. I am now on Easy Street; I can still do better and I am working on it all the time.” End quote. (Underlines are the present writers.)

Ophiel’s = ADVERSARY? OPPOSER? OBSTACLE = WAS!?! = I found lack to be very degrading, and I worked like hell to get around and over the obstacles that held me up!?!

What hast thou! To ‘do with?’, this/thine Adversary? Opposer? Slanderer? = AGREE-WITH-HIM!?! – WHILST YOU(?) ARE IN THE ‘WAY!’ WITH HIM!! (Augustine of Hippo.)

The ‘way’, was the expression used, by early Christians, when they meant, living a physically physical life. (See/read letter of Saint Augustine of Hippo; letter & egg, number one of 1 to 17.)

Only, in/on the plane above, over, higher, before and in-front = DO YOU GET/HAVE; A WHOLE!?! COMPLETE, ONE ‘SINGLE’ FORCE!?!

Only, in/on the plane below, under, lower, after and behind = DO YOU GET/HAVE; ONE SIDE!?! = OF A SINGLE FORCE!?! = and I worked like hell, to get around and over the obstacles that held me up!?! (See/read Ophiel’s vignette; The Power of Speaking Things and Conditions into Existence.)

Side note; in this ‘monologue’ the above, named vignette, from Ophiel, for the sake of, the

‘context’, of the/these monologues, is slightly amended/adjusted, so that it would/does, read; The Power of Psychically-Tactilely-Feel-ing, Things and Conditions into Existence. End of side note.

In/on the plane above, was/is, Ophiel’s – Abundance/Lack? – and because he (Ophiel) accepted/agreed-with = lack is degrading – he (Ophiel) = physically, physically, went out/about in/on the/his/this #0, Outer, outer physically physical plane = and he worked like hell, to get around and over the obstacles that held him up!!?!

Ophiel = WORSHIPED!!?! (Valued; Honoured; Trusted.) LACK!!?!

Ophiel = WORKED-OFF-OF = LACK!!?!

Ophiel = PUSHED-OFF-OF = LACK!!?!

Ophiel = PSYCHICALLY-TACTILELY-FELT = LACK!!?!

Ophiel = worked like hell, to get around and over the obstacles that held him up!!?!

So, now we read this part;

Lack; from the Proto-Indo-European Root word; *eue* = give out; leave; abandon; empty; lacking. Sanskrit; deficient. Avestan; *va* = lacking; Old Norse; *vanta* = to lack.

Its ‘opposite?’ (its ‘other’ side/half!?!), was/is, from the Proto-Indo-European Root word; *gher(2)* = like; want. Sanskrit; *haryati* = finds pleasure in; likes. *Harsate* = is aroused; Avestan; *zara* = effort; aim; goal.

Lack; from the Greek word; *khresthai* = to lack; want; use; make use of.

It ‘opposite?’ (its ‘other’ side/half!?!), was/is; *kharis* = grace; favour; attract (*kahrismatic!*). *khairain* = to rejoice in; to delight in.

Lack; from the Latin word; *hortari* = exhort; encourage; urge; incite; instigate; initiates.

Lack; from the Russian word; *zhariti* = awake; desire; charm.

Lack; from the Old English word; *giernan* = to strive; to yearn; to desire.

Lack; from the Gothic word; *gairnei* = to desire.

Ophiel writes; I found lack to be very degrading, and I worked like hell to get around and over the obstacles that held me up!?!

So? As we look at, our tarot card; XXI THE WORLD, we notice that our 'PSYCHE', has, in her hands = THE TWO SIDES(?) OF(?), THE/OUR 'ONE FORCE!?!' = ABUNDANCE-LACK!?!

Please 'use!?!' the above psychic exercise/technique, for any/all forces, you wish to 'employ'!?! And please try to understand the 'all time?', powerful 'occult?' = For all this, is delivered unto me, and to, whomsoever I choose, to give it?

Abundance, from the, Proto-Indo-European Root word; Op = work/produce in abundance. Sanskrit; apas = act; work. Ap-nas; = possession; material; property. Hittite; = happina = rich. Avestan; huapah = doing good work; masterly. Latin; op-us = work; labour; exertion. Greek; o(m)p-ne = food; corn; sustenance. Old High German; uoben = to begin/start work; to practice; to honor. German; uben = to exercise; practice. Old English; aefnan = to perform; to do. Old English; afol = power.

Abundance, from the, Proto-Indo-European Root word; Pele(1) = TO FILL, with derivatives referring to 'abundance/multitude.' Sanskrit; purvi = much; prayah = mostly. Avestan/Persian; perena/paru = much. Greek; polys/plethos = much; many; multitude; large (amounts of). Ploutos = wealth. Latin; plus = more. plenus = full. Lithuanian; pilus = full/abundant. Old English; fela/feola = much/many – abundant.

In the first etymology, there is much, in the way of 'exchange = act; work; doing; mastering; labour; exertion; practice; exercise; perform; do; honour; power'.

In the second etymology, there is much in the way of 'results of/for' the above/first, 'exchange?'

As 'Psyche' dances (The 'Laysa' dance, of Parvati.) the 'rhythms' of the/your 'chosen?' = baton/rod – begin to 'dominate?', the/your = psychic-tactile-feel-ings?? = have/have not; want/want not; success/failure; rich/poor; hot/cold; male/female; black/white; deep/shallow; wet/dry; etc, etc.

Take a look at the tarot card (same deck) and examine card; II THE HIGH PRIESTESS; as you ‘mentally?’, about face/turn, and ‘enter’, the/this card, the ‘black’ pillar, will be on the/your ‘right’ side, as you ‘look out?’. Well, as you ‘mentally?’, about face/turn, and ‘enter’, the/your XXI THE WORLD, card, the ‘black’ rod, will now ‘be’ on the/your ‘left’ side, as you ‘look out?’. So! Technically(?) speaking?? **IT IS NOT!?! QUITE??** – AS ABOVE? SO BELOW!?! = AS ONE (The Lower), IS SIMPLY A ‘Reflection Of/For?’ THE ‘OTHER?’ (The Higher.) = II THE HIGH PRIESTESS ‘TO’ XXI THE WORLD! (PLANE OF!?!) The/your #1, Malkuth Earth/Hades = Psyche/Psychic-Tactile-Feel-ing!?!

In/on the/your #0, Outer, outer physically physical earth/world plane = THERE IS/ARE – NO REFLECTIONS!?! ONLY! ONLY! = USE; USE-ING; USES; USED!?!

Big ‘occult?’, if you can; work it out?! = any/all planes, where you = conscious(?) - ‘have?’ a ‘conscious-ness’ = there, is/are = DUALITY!?! = ONLY! ONLY! = A USE; USE-ING; USES; USED!?!

Big ‘occult?’, if you can; work it out?! = any/all planes, where you = conscious(?) - ‘have?’ a ‘conscious-ness’ of!?! The plane above, over, higher, before and in-front!?! – do you have/get = the/a/any ‘FORCE’ – as a ‘single?’, (both, halves/sides!?! ) of/for a = ‘FORCE’!?! = HENCE THE ‘TWO!?!’ BATONS/RODS!?! = IN PSYCHES HANDS!?! = HENCE = YOU CONSCIOUS, AS A ‘NESS!?!’ – MUST ‘CHOOSE!?!’ = For all this, is delivered unto me, and to, whomsoever I choose, to give it?

Ophiel had, ‘choose/chose/chosen!?!’ = LACK! – AGREED-WITH-IT!?! = MADE IT – LACK! = HIS – ELEMENTAL EARTH ‘PRINCIPLE’ – AND THEN PROCEEDED TO = work like hell, to get around and over the obstacles that held him up!!?! = do you get it now?? Do you? Can you? Are you? – able to ‘see how?’, Ophiel made/managed(?), his transition(?) from(?), his #1, to his #0? (Leave ‘aside’ Ophiel’s #2, Etheric Exercises, for the moment.)

Ophiel’s ‘transition?’ = WASN’T FROM!!?! – HIS #2, ETHERIC VISUALISATIONS!?!

Ophiel’s ‘transition?’ = WAS FROM!!?! – HIS #1, MALKUTH EARTH/HADES!?!

See/read Ophiel’s book; Clairvoyance and his chapter; The Two Minds = NOW-TIME = ANSWERS!?! =

How much milk? Which watermelon is ripe? How hard? do I 'press' on the gas-pedal = NOW-TIME = QUESTIONS = GIVEN IN REAL-TIME ANSWERS = this much! this one! this hard! = use; use-ing; uses; used!?!?! Here is what Ophiel writes in this/his chapter:

“To resume – Some time ago I was on a morning tea drinking spell, instead of coffee. I did this by using milk made from powdered milk, pouring it into a pan and bringing it to a boil and then putting in the tea bag, made the tea. In putting the milk into the pan, I soon discovered that I usually poured out too much milk or too little milk when I was not thinking closely about it, my mind being on other things. However, one day it occurred to me one **THAT THE DUB-MIND KNEW EXACTLY HOW MUCH MILK TO POUR OUT, AND SHOULD DO IT CORRECTLY AT ALL TIMES!!** This idea was a little jolt to me but I proceeded to carry it out in trials. In a short time, it worked and the exact amount of milk was poured out! BUT the objective-conscious mind began to object!!!

First came insistent ideas that I mark the depth on the side of the pan and pour to that line instead of waiting for the sub-mind's 'feeling' message, that enough milk was poured out. **This idea was enough to disrupt the 'feeling message' for a while, and this objective idea had to be suppressed sternly.**

Then, the conscious mind suggested again that all I had to do was to fill the tea cup with milk first and thus measure the milk with no necessity for the sub-mind to intrude where it had no business, and this idea had to be suppressed! **In other words, I had more trouble with the Objective mind than I had with the sub-mind working!! Finally, the Objective Mind, in desperation began to cast doubts and fears upon the tests, and those ideas had to be overcome, which made still more trouble.**

In view of this conscious mind's objections, you might try conducting your tests as quietly as possible and arouse it the way I did.” End quote.

Having read the above from Ophiel;

**THAT THE SUB-MIND KNEW EXACTLY HOW MUCH MILK TO POUR OUT, AND SHOULD DO IT CORRECTLY AT ALL TIMES!!**

**This idea was enough to disrupt the 'feeling message' for a while, and this objective idea had to be suppressed sternly.**

**In other words, I had more trouble with the Objective mind than I had with the sub-mind working!! Finally, the Objective Mind, in desperation began to cast doubts and fears upon the**



tests, and those ideas had to be overcome, which made still more trouble.

This is the ‘why?’, of/for the/your basic cosmic egg and chair exercises;

1. The/your #0, Outer, outer physically, physical body = IS ENGAGED/SHARING!
2. The/your #1, Malkuth earth/hades body = IS ENGAGED/SHARING!
3. The/your #3, Ego body = IS ENGAGED/SHARING!

If you? When you? As you? = do/practice the/your basic cosmic egg and/or basic chair exercises – you = the reader; operator; practitioner; occultist(?) = ARE!?! – THE ‘DANCER!?!’ = shown/displayed – in/on the/your number XXI THE WORLD – tarot card!

Ophiel, finishes his chapter; The Two Minds, from his book; Clairvoyance, with this;

“Now, in your experimental work, you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this give rise to a very queer feeling, as if, you seem to be losing control over your objective world. Practice this until you note a degree of entry of the sub-mind onto the objective world, which his all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life.”  
End quote.

It was/is, to ‘reduce?’, ‘lessen?’, ‘ease?’ the = this give rise to a very queer feeling, as if, you seem to be losing control over your objective world – that the basic cosmic egg/chair exercises, were/are presented.

There is ‘nothing!?!’ #2, Etheric Plane/Clairvoyance, about the egg/chair exercises!

Once again, for clarity? The/your #1, Malkuth Earth/Hades Plane = IS!?! = WHERE!?! – THE/YOUR = LATENT/DORMANT = PSYCHIC POWERS/ABILITIES LIE/LAY!?!

Once again, for clarity? The/your #2, Etheric plane and above = IS!?! = WHERE!?! – THE/YOUR = LATENT/DORMANT = CLAIRVOYANCE POWERS/ABILITIES LIE/LAY!?!

Once again, for **clarity**? The/your #0, Outer, outer physically physical plane = IS!?! = WHERE!?! = YOU = #0! = USE; USE-ING; USES; USED – the two/these two #2 &+ #1!?!

#2, Etheric = Clairvoyance = future-time!

#1, Malkuth = **Psychic** = now-time!

#0, Physical = Use; Use-ing; Used = real-time!

The natural ‘flow’ of these things, are instantaneous and immediate, so much so = to the extent, that you, the reader; operator; practitioner; occultist(?), will not/do not(?) even notice them!?! (Much like Ophiel, until his ‘milk pouring’ episode!?!) Both egg and chair are wonderful ‘filtering’ exercises.

Study carefully!! = OPHIEL DID NOT! NOT! = #2, ETHERIC VISUALISE!?! = his ripe watermelon; his amount of milk to pour or his gas-pedal pressure? All these ‘questions’ were/are = NOW-TIME = REAL-TIME = USE-TIME! Question/Answers!?! Clairvoyance = wasn’t? = what was ‘NEEDED’ = in order for Ophiel to TRANSITION/TRANSFER!?! = his INQUIRY (Much; Ripe; Pressure) = INTO!?! = HIS OUTER, OUTER PHYSICALLY PHYSICAL = BODY ACTIONS = Use; Use-ing; Used!?!

Ophiel, explains all this, the above, in his book; Creative Visualisation!?! = Blond; Bottle of Whiskey; Carpet; Department Store Manager!?! Until? and unless? – you, the reader, are able to ‘distinguish?’, ‘decern?’, ‘discriminate?’, ‘differentiate?’ that there ‘IS!?!’ a/an ‘OTHER’ = PLANE/LEVEL(?) = BETWEEN!?! = #2, Etheric you? And/Plus #0, Outer, outer physically physical you? Then you – Conscious, as a ‘ness’, will/shall ‘have?’, a difficult situation, wherein you = reader; operator; practitioner; occultist(?), don’t/won’t/can’t!?! – **TELL**(?) WHAT ‘TIME?’ IT IS!?!

Whatever your #2, Etheric Plane ‘visualisations’ are = add! = the/your #1, Malkuth Earth/Hades Plane – **PSYCHIC-TACTILE-FEEL**-ING = TO THEM!?!’ = VISUALISATIONS (EARTH-of-WATER!!) = AND THEN CAREFULLY ‘NOTE!?!’ THE/ANY – DIFFERENCE!?!

Thus, in a single stroke? You – the reader; operator; practitioner; occultist(?) = have(?) – transferred/projected(?) from? – the/your #1, Malkuth Earth/Hades **Psychic-Tactile-Feel**-ing

Plane = to! = the/your #2, Etheric Plane = from(?) – THE BLACK-on-BLACK! BLACK-ASTRAL-LIGHT!?!

You – conscious, as ‘ness’, have gone from = Air-of-Earth ‘to’ Earth-of-Water!?! (Sphere ‘inside’ Cube to Cube ‘inside’ Bowl!?!)

Thank you.