

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

10 of 17 psychic exercises. 2022

Here is what Ophiel writes, in his vignette; The 'OTHER' you;

“What I am discussing in this ‘Vignette’ is the not so obvious fact that you create these ‘Double Thought Forms,’ every time you do something/anything on the ‘Physical Plane.’ Naturally, - Or should I say, unnaturally - For some ungodly reason, the inner double seems to ‘OPPOSE’ the outer double and it is/seems that a lot of the trouble of this world, can be traced to this strange fact? Dear students, I am not prepared to argue/prove this material to be true. Please make some tests of your own.

There is one thing you can do; first, you can become aware of this ‘Double-ness.’ You can even become able to see ‘Thought Forms,’ and then you can become aware of your ability to ‘Bind’ the inner ‘Ethereic Double’ so that it becomes unable to harm the outer ‘Physical Double.’ The actual inner ‘Binding’ is as automatic as the original inner creating.

In a sense, it was no wonder that when the ancients came into contact, mental contact, with the reversing effects of their own mental creations, they thought there were such things as ‘Devils.’ For them, there seemed no other way they could explain the negative effects that appeared in their lives and disrupted their best-laid plans.” End quote.

In the above yellow highlights, is the/your basic chair exercise!?! Without the ‘binding?’, you, the reader, operator, practitioner, occultist(?) – couldn’t/wouldn’t be able to do the/your basic chair exercise!?! Without the ‘binding?’, there wouldn’t/couldn’t ‘be!’ a/an #0, Outer, outer physically physical world!?!

But...! What the ‘world?’ doesn’t know(?), isn’t aware of; awake to; conscious that(?), you(!) = the reader; operator; practitioner; occultist(?) = WORK OFF OF! WORK FROM! – the/this, #1, Malkuth Earth/Hades Plane = REVERSE-NESS!?! Which **is** described?’ explained? revealed? to the/this world = #0!?! – AS EVIL!?! Such is the extent? of/for the/this EVIL!?! that it has become? as acceptable(?), normal(?), rational(?), as = UNFORTUNATE CIRCUMSTANCE!?! AN ACCIDENT? OF FATE!?! COULD/DOES = HAPPEN(?) TO ANYONE/EVERYONE!?! = WRONG PLACE AT THE WRONG TIME!?! So sad! Too Bad! Oh well!?! Unlucky them!?!

Ophiel continues, in his vignette:

“As I write this ‘Vignette’ I am becoming more and more aware of the queer existence or this dual-ness. I seem to catch glimpses of it as I proceed on to living and it becomes clearer to me as I write more. Now for merciful heaven's sake, do not become suggestible and allow yourself to be influenced ‘UNDULY’ by the above material. The above material is presented for ‘STUDY ONLY’ or suggested ‘STUDY’ and not as ‘FACT’ a final finished ‘FACT.’ Exactly what the Truth ‘IS’ is not really exactly known by me or by anyone else but what I write ‘Seems’ to have some validity. So, do ‘STUDY’ and examine and do not accept too easily. ‘STUDY’ for your ‘Future Use’ possible use, in your life.

The yellow-highlights above, is the/your basic chair exercise and/or basic cosmic egg exercise. The basic cosmic egg exercise lets you – Conscious, as a ‘ness’ get to know/understand the ‘psychic feel/feel-ing’ of/for the/your #1, Malkuth Earth/Hades Plane. The basic cosmic egg exercise lets you – Conscious, as a ‘ness’, get to know/understand the ‘psychic feel/feel-ing’ of/for the/your #1, Malkuth Earth/Hades Plane = as!?! – Resistance; Opposition; Adverse; Obstacle; Fixed-Point; Set; Inert; Solid; Heavy; Stop! Halt!

Take for example/instance(?), the words/actions = Stop! Halt! – and then! – the epithets - words/descriptions - Resistance; Opposition; Adverse; Obstacle; Fixed-Point; Set; Inert; Solid; Heavy!?!

Body standing = Stop! Halt! = Stand!

Body sitting = Stop! Halt! = Sit!

DO NOT! PRE-CONDITION!?! YOUR ‘MOVEMENTS’ – WITH THE/YOUR #3, EGO BODY = EXPECTATIONS! ANTICIPATIONS!?! = THIS IS IT! THIS IS WHAT IS MEANT! THIS IS ME DOING IT! = All, all = #3, Ego Body ‘talk?’! This is the/your #3, Ego Body, Present Incarnation, Personality Body – Pre-Judge-ing? Pre-Determine-ing? Pre-Anticipating? The/A/An – Outcome? – to ‘suit?’ – ITS SELF!?! Here is how Ophiel writes it, from his book; Clairvoyance, his chapter; The Two Minds.

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples give, and carry them out successfully. You have to release all conscious-mind control, and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be, losing control, over your objective world.” End quote.

Both egg & chair exercises, encourage the/your #3, Ego Body, to ‘stand aside,’ ‘stand down,’ ‘stand apart,’ ‘let go’ = JUST ‘OBSERVE!?!’ – AS IF! AS THOUGH? – IT = #3, EGO BODY = WAS/IS A/AN – ONLOOKER!?! (See/read Ophiel’s vignette; The Two Dreamers, and his; Arik-Anpin & Zoar Anpin.)

This type/kind of technique = un-critical ‘observation’ - is used by Ophiel, at the start/beginning, of his #2, Etheric Plane exercises = Little System Route/Stations and in his Dream Method Diary. Both exercises are done, in/on the/your #2, Etheric Plane Light!

Whereas(?), the present type/kind of technique = un-critical ‘observation’ – is used by the present writer, as the start/beginning of the/your #1, Malkuth Earth/Hades Plane exercises = Basic Cosmic Egg and/or Basic Chair exercises. Both exercises are done, in/on the/your #1, Malkuth Earth/Hades Plane Light!

The present writer, notices(?), that the ‘absence?’ of any ‘one?’ or ‘both?’ of the/these levels of Demiurgic Light – is, can be, are, detrimental to the ‘individuals’ life/living/being? And also, in many ‘cases’ the wild ‘swing/pendulum’ movements, of the – Un-Conscious = Light(?) in their lives/living? Ophiel writes this, in his/this vignette:

“The nearest things that I can recall, about this idea, are some statements made by a mystic named Neville. He referred one time to the next plane as similar to this but better. He called the next plane, ‘Woodland.’ If you can find Neville’s books, they are helpful but are more mystic than metaphysical or so they seem to me. I’ll try to give a list of his works at the end of this vignette. I had been aware for some time that the ‘Etheric Plane’ had some reversals to this plane but not to the extent I have outlined above. It ‘Seems’ once you get ‘Over there’ and get into their/its influence, you accept the ‘Etheric Plane’s Reversals’ as ‘Right Side Up, As Natural.’ The strongest/strangest effect that this ‘Possible?’ (See, I don’t want you to accept my word/work without your own ‘TEST’) reversal, ‘has’, is in personal character.” End quote. (Underlines are the present writers.)

In/on the/your #2, Etheric Plane = you get/have – VISIBILITY = A REFLECTION!?! = A FACE-TO-FACE! Which means(?), that you – Conscious, as a ‘ness’ = HAVE TO ABOUT FACE/TURN!?! = AND LOOK BACK! LOOK BEHIND! LOOK DOWN!?! (Ophiel’s, lesson one; Astral Projection Course.)

In the/your basic cosmic egg exercise, once you have done/practiced it, for some time, you –

conscious, as a 'ness' = stand behind, the/your #1, Malkuth Earth Hades Plane 'Body' as it/you = #1, you(?), stands 'inside!' the/your basic cosmic egg, with all five basic elemental forces symbols, defined-three-dimensionally – within you, about you and surrounding you = #1, Malkuth Earth/Hades You – in/on the Dark-ness; Black-ness; **Blind**-ness.

You – Conscious, as a 'ness – transfer/projection; protrusion; jutting-forth; standing-out', are slightly above and over to the/your 'left-side' of the/your #1, Malkuth Earth/Hades Plane 'Self', observing the 'back' of your #1, Malkuth Earth/Hades, head, and all of this, is happening/taking place, in complete and total Dark-ness; Black-ness; **Blind**-ness.

The present writer, as already explained, was 'pursued?' for many years, with/from the/their #1, Malkuth Earth/Hades Plane 'self?', and the #0 &+ #3, bodies were 'AFRAID!?!' of IT/THEM!?! = THEIR - #1, Malkuth Earth/Hades Plane 'self'?!?! = THE 'BOGY MAN!?!' – HE'S BEHIND YOU!?! Aaaaarrgh!?! Then, when the present writer discovered Ophiel materials, things got better!?! But...! The present writer 'still!?!' = CAME 'UP!?!' VIA THE/THEIR = #1, Malkuth Earth/Hades Plane – FIRST!?!

Even though Ophiel 'suffered from?', his #1, Malkuth Earth/Hades Plane, he (Ophiel), learned/mastered, his #2, Etheric Plane 'FIRST!' and then 'CAME BACK!?!' to his #1, Malkuth Earth/Hades Plane!

As a/an 'example', here is what Ophiel writes, in his other vignette; Your 'OTHER' you:

"Dear Students, in this Vignette I am presenting a new-old 4,000, year old idea, so please bear with me as I am out on the frontier/fringes of the Etheric-Astral-Mental Planes and I am all alone. All I can do is to notice effects and to try not only to understand them, dimly, BUT try to make some kind of working disposition/disposal/formulation/array/line-up/methodisation/groupage and/or many such like words to 'USE DOWN HERE.' (**Apparently the 4,000-year-old idea was never put to any 'USE', unless the astute Egyptian scribes failed to write down the use**) which is probably **what happened**. If there is a bunch of people somewhere on this earth plane who 'KNOW?' and 'USE' these things, this knowledge, they are sure hiding it from me. (But we'll root out the secrets, won't we?)

Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today? **I, being seventy years old**, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of

self-realisation, that in dealing with many people/persons, I cognise that there seems to be TWO people there? (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper. I am also familiar with the concept of the Etheric double, and I do not mean that, either.) I seem to find/think/conceive that a person seems to have built up a second, ‘Person’ who more or less functions through the, ‘Visible’ person. Let us call them P1 and P2. P1 being the actual person and P2 being the opposite person, or shall we call them ‘Personalities?’” End quote. (Underlines are Ophiel’s.)

That in dealing with many people/persons, I cognise that there seems to be TWO people there?

I am also familiar with the concept of the Etheric double, and I do not mean that, either.

The present writer is also ‘70’ years old this year – 2022! (Side note; the present writer has absolutely ‘no problem!?!’ whatsoever, in passing themselves off physically, physically, as being in their early 50’s? (All down to the/their #1, self!?! And not! - #3, self!))

When you, the reader; operator; practitioner; occultist(?), get to/reach, the state/stage/condition of ‘OTHER’, then it is just a ‘small/short?’ step(?) to speak(?), talk(?), dialogue(?), converse(?), request(?), entice(?), please(?), excite(?), attract(?) and, above all ‘induce’ – other persons = #1, Malkuth Earth/Hades Plane ‘Bodies’? Knowing(?), Understanding(?) = THE ‘LANGUAGE!?!’, ‘COMMUNICATIONS!?!’ – of/for the/your #1, Malkuth Earth/Hades Body = Psychological Psychic-Tactile-Feel-ing-Self!?! = IS!?! To say the ‘least?’, of great benefit(?), to those who can/do ‘speak’ the/this ‘language?’.

It does not! Not! – Give you = #0 &+ #3 – A ‘FREE PASS’!?! As the same basic Laws; Rules & Governances of/for the/your #0, Outer, outer physically physical ‘mores’, of the/your particular ‘Society?’, should be/must be ‘adhered to.’ But...! It/this, ability, to ‘speak’ - #1, Malkuth Earth/Hades = DOES GIVE YOU = #0 &+ #3 – AN ‘EDGE’!?! The ‘language?’, of/for the/your #1, Malkuth Earth/Hades Plane/Body = YOU!?! – IS!?! = The/your = Psychic-Tactile-Feel-ing = in/on the/your = Dark-ness; Black-ness; BLIND-ness – Defined; Three-Dimensional-ised; Symbol-ised.

So? When/If? – YOU – Conscious, as a #1, Malkuth Earth/Hades ‘ness’ – decide to ‘influence?’ someone, anyone, something = YOU – Conscious, as a #1, Malkuth Earth/Hades ‘ness’ – DO NOT! MOVE!?! = IT!?! – Object; Circumstance; Thing and/or = IT!?! = COMES TO/TOWARDS YOU! = #1!?! – AND YOU! - #1, Malkuth Earth/Hades Plane

Body/Conscious-ness = YOU! – WEAR THEM/IT!?! – IN YOU! ABOUT YOU! AND SURROUNDING YOU!?! YOU! = #1, Malkuth Earth/Hades YOU! – DO NOT! MOVE!?! (See/read Ophiel's vignette; How to Control and Dominate Others, and read what Ophiel writes about 'INDIFFERENCE!?!' = un-bias; not one or the other; neutral; un-moved.)

Wherever the present writer, goes/does, their 'other' is there! Right 'behind' them!?! Watching over them!?! And the present writer = #0 – relaxes!?! (Basks in their(?) GLORY!?!) As an 'exercise' you = the reader; operator; practitioner; occultist(?), should make as much 'effort?', as you can(?) = to realise; understand; comprehend; know!?! = that you – Conscious, as a 'ness' = CAN ONLY! ONLY! = USE!?! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?! AND THAT ANY/ALL = CHANGES!?! – ARE! MUST COME FROM!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?!

Here it is, from Ophiel, as he continues his vignette; Your 'OTHER' you:

“Let us digress for a moment. In the Gospels (Good spells) there are the stories about how after the dipping in the river, Jesus goes off into the desert (Although he was already in the desert?) and the 'Devil' appears. Now, this Devil is named in Greek 'The Adversary' or 'Accuser' Dictionary: Slanderer. The name translated into 'Devil' has no-thing to do with all that Lucifer, Satan Fallen Angle crud. "IT" is just called 'The Adversary' or the 'Opposer.' This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR' of this physical world. The point we have come to in one vignette, is the question of 'Who?' or 'What?' created the 'Physical World' and what is man's connection with this world's creation. Now, in this vignette, we are faced with the rather possible fact that 'WE ACT LIKE A DOUBLE?' that we have a 'DUPLICATE?' of ourselves, which is/acts contrary to what we seem really to want to be.” End quote.

Try this;

This 'Adversary,' claims that 'HE' is the ruler of the world (physical world.) Hence, the implication is that 'IT' is the 'CREATOR,' of this physical world. Now, in this vignette, we are faced with the rather possible fact that 'WE ACT LIKE A DOUBLE?' that we have a 'DUPLICATE?' of ourselves, which is/acts contrary to what we seem really to want to be.

Can you? Are you? Do you? = SEE?? – in the above Ophiel quote = THE/YOUR BASIC CHAIR EXERCISE!?! = WHICH IS/ACTS CONTRARY TO WHAT WE SEEM REALLY

TO WANT TO BE!?!

Push-down! To stand-up!

Push-up! To sit-down!

Then Ophiel writes;

“An, ‘OPPOSER’ an, ‘ACCUSER’ an, ‘ADVERSARY’ a ‘SLANDERER’ all of these words carry the connotation of something, a ‘BEING,’ that is the opposite of ourselves in every way but which is not present to our ‘PHYSICAL VIEW?’ It lets itself ‘BE FELT?’ in its opposing everything we want to be or to do.

To make matters worse, any persons with whom you attempt to deal with in life, ‘THEY TOO ARE TWO.’

When you go to them, say, with a plan for something new, your opposer will contact his double/opposer and stimulate that opposing double to reject or slander or belittle your P1’s ideas or plans, to both your and their loss and detriment.” End quote.

BUT! BUT....! SUPPOSING? JUST SUPPOSING? – YOU! – the reader; operator; practitioner; occultist(?) = CAN ‘SPEAK!?!’ #1, MALKUTH EARTH/HADES = LANGUAGE? – WHAT THEN!?! – WOULD THEY THEN(?) OPPOSE YOU! BE AVERSE TO YOU! SLANDER YOU! BE AN OBSTACLE TO YOU!?!

Question? In the performance/practice/doing(?), of the/your basic cosmic egg and/or basic chair exercises – do you, the practitioner – ever ‘feel?’, that ‘things?’ are now ‘different?’ for your – Conscious, as a #0 &+ #3 – ‘ness?’! Or is it just, the same ole, same ole?? As the present writer goes through their ‘day’, they (the present writer), does so, as a ‘pair?’ (NOT! NOT! – AS A ‘DUALITY!?!’) the present writers #1, Malkuth Earth/Hades Body, is always behind them (#0), and slightly above/over to the/their (the present writers), left-side!?!

As the present writer #0 &+ #3, talks/converses with the other persons #0 &+ #3, they the present writer ‘Knows? Understands?’ – that the other persons #1, malkuth earth/hades plane body – is the ‘same’ for them! = #1, Malkuth Earth/Hades Body, behind them (#0), and slightly above/over to the/their (the other persons), left-side!?! = And the present writer can/does ‘feel?’ the/their #1, malkuth earth/hades plane body!?! (Try this, Test this, USE this!?!)

As you? If you? Choose to test, try, use, both egg & chair, then there will be, shall be
'changes!?!'

Thank you.