

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

## 17 of 17 psychic exercises. 2021

The word 'worship' is/means = to value; to honour; to have worth; to be worthy. So, why can't you, come down and worship me? Because all of their 'power' and all of their 'glory', I could/would 'gladly!', choose you!?! Reading this/these things, above all, 'others.'!?!

What do you say about it? Are you 'up?' for 'it??'!

O.K.! I 'ACCEPT!?!' GET THEE (#1) BEHIND ME!?! = #0, Outer, outer physically physical body 'me!?!'.

The above 'occult?', even though it is 'true?', has been so 'mutilated' beyond belief(?), that no one, but the/your standard 'religious' nut-job(?), of which, there are 'legion', would give any 'credence?', to written presentation of it??

One, the 'son?' of 'a' God? And the other 'a' 'son?' of the 'same?' God?? = BOTH/NEITHER OF WHICH(?), IS ARE #0, Outer, outer, physically physical!?! GIVE ME A BREAK!?! GIVE IT A REST!?!

SO! WHERE(?) 'IS!?!' THE 'OCCULT!?!' = Well! The 'occult?', is/was, in the 'fact!?!', that, J 'THE' CHRISTOS – WAS CORPOREAL!?! WAS #0, OUTER, OUTER PHYSICALLY PHYSICAL!?! AT THE 'TIME??' OF HIS 'TEMPTATION???' BY J 'THE' BARABBAS (BAR-ABBA.)

Tempt, from 12<sup>th</sup> century, Old French, tempter; from Latin; temptare = to feel; to try out; to test; to taste. Variant of/from; tentare = handle; touch; try; test (Psychically-Tactilely-Feel!?!) = Vav! – Water-of-Earth!?!

In the 'example' above, of the 'conversation of the cave?' (Where there were/are – NO OUTSIDE, OTHER, WITNESSES!?! – to/of/for, the/this 'conversation??') IT THE/A/AN 'INDIVIDUAL!' WHOSE, 'OWN' = HA-SATAN? = TESTER/TEMPTER!?! Appears?? And is 'ACCEPTED!?!' = GET THEE (#1) - BEHIND ME (#0)!?! The 'Cave' was/is, an 'euphonism' of/for the 'human skull.' Many persons, who enter the 'occult?', do so, like any other 'novice' in any other 'established' endeavour, and finds the usual 'histories' based on 'past/present' opinions, in the 'various/endless' – ways of technique!?! Whereas, it is better

for the beginner/novice, to establish, at the outset, those ‘techniques’ which ‘appeals?’, to them, as a/an ‘individual’ – BUT...! CRUCIALLY(?), IF THEY CAN(?) – THOSE ‘TECHNIQUES’ ARE ‘NOT!?!’ BASED ‘SOLELY/ONLY!?!’ = ON THE/THEIR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY – PRE-JUDGEMENT!?! = thusly the ‘techniques?’ – ARE OUTSIDE OF THEM = #3! AND THUS - #0!?! CONSCIOUS-NESS!?! Remembering always? that the #3, Ego Body = piggy-backs! in/on the/your – Conscious, when it (Conscious), is in a ‘ness’ state/condition.

Gnostic example, in question:

For the human ‘physical body’, the Greek term; ‘σάρξ = flesh’, was used, and was the ‘instinctive’ level. For the ‘matter’ of the #0, outer physical plane, the Greek term; ‘ύλη/hylē matter’ was used. This type of person, was of the ‘lowest’ of the, three-types/kinds/orders, of/for the human condition, and were/are ‘un-redeemable’, ‘cannot be saved?’, as their thinking/feeling, is entirely ‘material’ and incapable of understanding the ‘Gnosis’? These ‘Hylic’ persons = ARE THE ‘OPPOSITE’ OF ‘PSYCHIC’ PERSONS!?!

Psychic, from the Greek; ψυχή (*psychē*) = soul!?! = partially initiated!?! = are - Matter-Living Spirits!?!

The next stage/level, was/is, the ‘Pneumatics = Spiritual?’, from the Greek; πνεύμα – Spirit, and these were the ‘initiates’ who had/have, achieved ‘Conscious-ness?’, of the ‘Light’ above/over/before(?), The Deimurge! (Sophia’s = Divine Spark(?) – within the individual ‘soul?’)

According to one of Ophiel’s long term students (Richard White), Ophiel’s ‘Gnostic’ leanings/inclinations, were to/towards, that of ‘Valentinus’ teachings; Middle of the second Century A.D. he proposed a kind/type of ‘middle ground’ between the; Pleroma = full-ness (Complete/Whole – ness; One – ness!) of the ‘Light’ above/over/higher/before/ahead and in-front, of the Demiurge, who was/is = below/under/lower/after and BEHIND!?!

The ‘Demiurge’ was described/explained as a/an ‘empty-ness/space/void?’ (See/read Ophiel’s book; The Occult.) The/this ‘empty-ness’, Greek; *kenoma* - κένωμα = was the ‘Cosmos’ made ‘manifest’ and Valentinian ‘initiates?’, would/could ‘exegete’, any ‘scripture’, in the ‘context’ of the three ‘aspects’ of related human existence = Flesh; Soul; Devine Spark.

Exegesis, is Greek; ἐξήγησις from ἐξηγεῖσθαι = to lead out/to draw out/to bring forth; and is term ‘used’ for a ‘critical’ explanation/interpretation, of/for any written texts, of/for any type/kind of genre. (Much like, the/these ‘monologues??’ Also, this part;

Charisma = from the Greek; χάρισμα = *khárisma*. Which meant/means; freely given; natural/normal grace = gift. A ‘thing?’ in its ‘self – natural.’ = that which ‘ATTRACTS!?!’ or, Bestows a = SERVICE FOR!?! In a ‘way?’, that ‘facilitates?’ OTHERS – AS WELL AS – SELF!?! TO WHICH/FOR WHICH ‘OTHERS?’ ARE ATTRACTED/DRAWN!?! – TO/TOWARDS!?! (For all this, is delivered unto me, and to, whomsoever, I choose, to give it!?!) Read familiar??

Logos = from the Greek; Λόγος = literally means – word; discourse; reasoning; plea and expectation/anticipation; and the/this Greek word; Logos - Λόγος = was/is derived from the Greek Root word; **Λέγω** légō = which literally means; I gather; I arrange; I order. I count; I reckon; I measure; I choose; I call/name = OM = (**psychically-tactilely-feel!**), from the Proto-Indo-European Root word; leg = to gather/collect/place/put/set.

Hypostasis = in the Greek; ὑπόστασις = *hypostasis*, is the or any, ‘underlying’ state/condition/substance, which ‘fundamentally’ supports the ‘reality’ of all ‘else/other’ within the/that state/condition/substance. For instance, example; The ‘idea/notion’ that the/your #1, Malkuth Earth/Hades Plane – is? – the ‘hypostasis?’, of/for the/your = #0, Outer, outer physically physical earth/plane, and ‘all’ that is ‘in’ it = #0!?! For instance, example; Duality is a Hypostasis??

The Greek noun - οὐσία = is from the verb; εἶμι – eimí = meaning, ‘I-AM’ and/also, ‘TO-BE’, is, in general English, the noun – being. (There is/are, no equivalent ‘expressions’ in Latin grammar.) In Latin, the translations were/are, those of; essence and/or substance. It was/is, from the/this Greek - οὐσία = as ‘essence’, that the philosophical/theological expression of - οὐσιότης = essentiality, comes.

Essence = that which is above; over; higher; before and in-front-of a/any – stance/position/materials!?!

Substance = duality – all(!), in/on the same one plane/level = OBSERVER &+ OBSERVED!?!

This led/leads, to the ‘inevitable?’, chicken and/or egg theory/argument of which came first? To which, the proper answer is = WHO CARES!?! – can you fry it! – can you boil it! – can you ‘eat’ it! = well, let us do it!?! So that, girls and boys; is a (vey), ‘brief’ explanation/description of/for Gnosticism/Gnostics, and the ‘parts’, which pertain to the/these monologues is/are, the descriptions of/for the three types/kinds of persons, as in the above; Flesh = σάρξ; Psychic = ψυχή (*psychē*) and Pneumatics = πνεῦμα = Spiritual (Archetypal/Astral.)

Even here, in the second century A.D. and before, the worthy ancients = HAD TWO DISTINCTIONS!?! HAD TWO DIFFERENT(?), PLANES/LEVELS = WHICH WERE/ARE – INDIVIDUAL!?! – IN FORM AND IN FUNCTION!?! One, was/is = **Psychic** – and the other was/is - Spiritual = Clairvoyant!?! So here(?), is/are the/those persons/individuals = WHO KNEW!?! – who were trying to ‘teach?’, ‘inform?’, ‘instruct?’, the/their – initiates/congregations/flock!?! Here were/are a rather large group of a ‘society’, who were trying to ‘win over’ the largest amounts of individuals/groups to their ‘way’ of thinking/doing!?!

But...! Unfortunately, then, just as today, it took/takes, a large amount ‘commerce’ in order to – feed the beast? – and eventually, the ‘materialists – commercialists’ took over, and what was once ‘high’ art/skill, degraded, until it (the ‘meaning/message’), just became words on parchment/paper and/or opinion/view-point! The ‘individualised/personalised’ Gnosis, was/is ‘gone?’, from the world/public ‘view’, and so, the ‘whole’ now suffers. So much so, that scientists, can/do confirm, today 01/01/2022, that the world is ‘already in’, has ‘already started’ = its sixth-mass-extinction period!?! (Several hundreds of species ‘gone?’ in twenty years??)

So, ‘do’ what you ‘do?’, but spare a ‘little thought’, of what ‘it?’, costs(?), to do, ‘what?’ you do!?! For every ‘peak’ achieved – there is a ‘trough’ on the ‘other’ side? When/if, the/your #1, Malkuth Earth/Hades - ‘Self’ – does the ‘work?’, there is/are – no troughs!?! When the/your ‘Psychic’ powers/abilities, kick in/start up(?), there is/are – no comebacks!?! **THIS IS ‘WHY?’, THE BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISES – ARE!?! – SO GOOD!?! = EVEN IF/EVEN JUST!?! – SIMPLE TO TRY; TEST; USE!?!**

As you/if you = the reader; operator; practitioner; occultist(?), become more ‘adept’ at sensing/psychically-tactilely-feel-ing, the/your five basic elemental forces symbols, within you; about you; surrounding you = #1, Malkuth Earth/Hades and #0, Outer, Outer Physically Physical – you!?! Then, when it comes time, to ‘form’ a = combined(?) tattva, in order to

‘make?’, the/your #1, Malkuth Earth/Hades Plane Body – Self! – behave like; work like; feel like; act like; become like – one of the ‘other’ elemental forces, then, as you ‘MOVE’ that Elemental Forces = SYMBOL!?! – then the/your #1, Malkuth Earth/Hades Plane = FORCE!?! – WILL/SHALL!?! IN ‘PRINCIPLE’!?!’ BE/BECOME!?! – LIKE AS/UNTO AS/SAME AS – IT! = the/this ‘OTHER’ FORCE!?!

For ‘example?’, if say, you – the occultist? were to ‘take?’ the Inverted Pyramid at your ‘torso’ and ‘slide/slip’ it – the Inverted Pyramid? – down, through the/your #1, body(?) Psychically-Tactilely-Feel-ing it/this – THEN YOU - #0 WOULD/WILL/SHALL! = FEEL/SENSE THIS HAPPENING TO!?! AND!! The/your #3, Ego Body = WOULD/WILL/SHALL = OBSERVE!?! THE/THIS HAPPENING!?! AND!! THE/YOUR #1, MALKUTH EARTH HADES PLANE!?! WOULD/WILL/SHALL = BELIEVE!?! THE/THIS HAPPENING!?!

Then, when you – Conscious, are finished with your ‘work’, you would ‘take,’ the/your Inverted Pyramid, back up! the ‘way’ that it (Inverted Pyramid) came down? You – Conscious, would sense/Psychically-Tactilely-Feel it/this happening and when finished, you – Conscious, would re-establish, your basic cosmic egg, and then ‘absorb’ it (the Egg), back into #0, Outer, outer physically physical you! Then you would simply open your #0, eyes, and go about your daily living, until the next practice time.

You – Conscious, will/shall ‘know?’, in a very, very definite ‘tangible’ way, if the above ‘example’, is ‘happening/taking place?’, within you – Conscious, as a/an ‘ness’, in/on the/your = #1, Malkuth Earth/Hade Plane. Once you think/feel that you ‘have/sense’ the ‘sensation = Psychically-Tactilely-Feel-ing! Then, you can begin.

Take Ophiel’s book; Clairvoyance and read his chapter; Categories of Physical Existence, decide which Sephiroth you are going to be ‘working/operating’ on, and get its basic ‘tattva’ form, once you have that, you can then; do the/your basic cosmic egg exercise, and then, when in the position of all five basic elemental forces symbols, within you, about you and surrounding you = you can ‘move’ the ‘appropriate’ symbol ‘combination’ = DOWN INTO/ONTO – THE ‘CUBE’!?! – AT THE BASE OF YOUR ‘COSMIC EGG!?!’, AND!?! ONCE THERE!?! = LET THE/THIS/YOUR = COMBINED ‘SYMBOL’!?! = KNOW!?! = HOW YOU!?! - CONSCIOUS – AS A ‘NESS!?!’ PSYCHICALLY-TACTILELY-FEEL!?! = THAT ‘IT!’ = THE ‘COMBINED’ SYMBOL = GIVES TO YOU!?! = COMES TO/TOWARDS YOU! = IS ‘ATTRACTED!?!’, ‘DRAWN!?!’ = TO/TOWARDS YOU – THE ‘COMBINED-SYMBOL’!?!

Then, when you – Conscious, are finished with your ‘work’, you would ‘take,’ the/your Combined-Symbol, back up! the ‘way’ that it (Combined-Symbol) came down? You – Conscious, would sense/**Psychically-Tactilely-Feel** it/this happening and when finished, you – Conscious, would re-establish, your basic cosmic egg, and then ‘absorb’ it (the Egg), back into #0, Outer, outer physically physical you! Then you would simply open your #0, eyes, and go about your daily living, until the next practice time.

So much for ‘Psychic?’ training/development? It would do you, the reader, no good, if you did not ‘practice,’ the basic **Psychic-Tactile-Feel**-ing, cosmic egg exercise, of define-ing; three-dimensional-ising; symbol-ising, of the/your five basic elemental forces symbols, within you; about you and surrounding you = #1 &+ #0. One of the ‘main-blocks/inhibitors’, to/of/for the/this basic cosmic egg and/or basic chair exercises, is/will be(?), could be(?) = the/your #3, Ego Body, Present Incarnation, Personality Body you!?! But... the present writer ‘knows?’, that none of you(?), are #3, Egotistical(?), enough to think that this happen/take place!?!

Please note; even if you – the reader; practitioner; operator, were to simply ‘use’, your ‘new’ understanding of/for the/your #1, Malkuth Earth/Hades Plane = **Psychic-Tactile-Feel**-ing, and just simply ‘apply’, your ‘new’ understanding to the/your #2, Clairvoyant = Little System; Dream Method; Talismanic and/or Treasure Map/Chart, please do so! Right away, if you wish! As ‘nothing’ is ‘lost?’, and in ‘fact?’, it may just be that, this ‘new’ view-point/aspect may be the ‘catalyst?’, for any other ‘new’ work, occult work, that you, the reader may wish to ‘take on!’

How ‘do?’ #2, Etheric Clairvoyant = visualisations? – appear? seem? – now that you have ‘added?’, your **Psychic-Tactile-Feel**-ing – ‘powers?’ – to them? Here it is, from Ophiel, from his book; Clairvoyance, his chapter; A Magic Mirror and Clairvoyance;

“I will start this way. You, and all others, and all things, animate and inanimate, are surrounded by an Aura. **This Aura is shaped rather like an egg with the small end at the bottom.** These Auras are not usually visible to physical sight, except under particular and peculiar situations and circumstances, none of which can be gone into here. For the following material, you will have to visualise, in your imagination, this Aura extending out from you for about three feet and surrounding you completely in the shape previously described.

You will have to imagine the inner edge-surface of this egg-shaped Aura as HARD, **AND LIKE THE SURFACE OF A MIRROR – REFLECTING ON ITS INNER SURFACE THE**

IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE SURFACE OF YOUR MAGIC MIRROR FROM WITHOUT – FROM THE OUTER REACHES OF THE UNIVERSE, BOTH PHYSICAL OUTER AND INNER PLANE INNER. AND THAT IS ALL THERE IS TO IT ALL, THE WORLD THE UNIVERSE AND ALL.” End quote.

As you do/practice the/your basic cosmic egg exercise, in/on the/your #1, Malkuth Earth/Hades – the ‘reflections?’ – is/are(!), the/your Psychic-Tactile-Feel-ings! The/these ‘reflections’ are = Black-on-Black; Black-Astral-Light!?! Here is how Ophiel continues, farther on;

“Now, of course, it is not quite as simple as the above would seem to indicate. There is a ‘Thing’ which Christian Scientists call ‘a belief’ (be to; be-LIVE) (be-living-in what you believe-be—live) (to live as you BE) 9your conception of yourself – con-with=ception born) and ‘believe me’, this belief-conception can be and is very, very Powerful!!! And is very hard to change because it is rooted in the Elemental Force of Earth. (Review the qualities of Elemental Earth as given in this and other of my books.)” End quote.

Context reads thusly, for us; and ‘believe me’, this belief-conception can be and is very, very Powerful!!! And is very hard to change, because it is rooted in the Elemental Force of Earth = PSYCHIC-TACTILE-FEEL-INGS!?!

Then, farther on, we read this part;

“Now the physical situation in which we find ourselves is MIRRORED-REFLECTED ON OUR OWN PRIVATE MAGIC MIRRORS THAT SURROUND US AS AFORE SAID. EVERY OBJECT, EVERY SITUATION, EVER *THING* THAT WE CONTACT (OR CONTACTS US) (?), COMES TO US DURING THE COURSE OF OUR DAILY LIVING-LIFE AND IS MIRRORED ON THE SURFACE OF OUR MAGIC MIRROR. And again, I say there is not much more to our Physical Life Living. I hope and beg, your close attention to the preceding concepts and that you will strive to understand it completely and thoroughly.” End quote.

Context reads thusly, for us;

Now the physical situation in which we find ourselves is MIRRORED-REFLECTED =



**PSYCHICALLY-TACTILELY-FELT!** IN/ON OUR OWN PRIVATE MAGIC BASIC COSMIC EGG MIRRORS = THAT SURROUND US #1 &+ #0, AS AFORE SAID.

EVERY OBJECT, EVERY SITUATION, EVERY *THING* THAT WE CONTACT (OR CONTACTS US) (?), COMES TO US, DURING THE COURSE OF OUR DAILY LIVING-LIFE AND IS! **PSYCHICALLY-TACTILELY-FELT!** IN/ON THE ‘SURFACE’ OF OUR BASIC COSMIC EGG!?!

Read all of Ophiel’s chapter; A Magic Mirror and Clairvoyance. The Basic Cosmic Egg and/or Basic Chair exercises, are the ‘BLACK MIRROR’, of/for, the/your #1, Malkuth Earth/Hades Plane. Every ‘thing’ reflected(?), in/on this/the/your ‘BLACK MIRROR’ = IS!?! = **PSYCHIC-TACTILE-FEEL-ING!?!**

Please take a sheet of A4 paper, and write on it; YOU ARE ‘BORN’!?! = **PSYCHIC!?!**

Here it is, from Ophiel, at the start of his book; Clairvoyance, his chapter; You Are Naturally Clairvoyant;

“Please note the following statement and absorb its meaning fully: CLAIRVOYANCE IS A PERFECTLY NATURAL POWER INHERENT IN ALL MEN AND WOMEN.” End quote.

Then, farther on, in this/his same chapter, Ophiel writes this:

“So, I will repeat my former statement – CLAIRVOYANCE IS A PERFECTLY NATURAL POWER INHERENT IN ALL MEN AND WOMEN. You are, therefore, not going to learn how to be clairvoyant, or to ‘develop’ new clairvoyance powers. **YOU ARE JUST GOING TO BRING OUT WHAT YOU NOW HAVE ALREADY! And how is this to be done? BASICALLY, IT IS TO BE DONE BY YOUR PAYING MORE ATTENTION TO THE NATURAL CLAIRVOYANCE FACILITY YOU HAVE NOW AND ACTING-DEVELOPING ACCORDINGLY.**

And you will learn how to pay attention to your clairvoyance facility by FIRST LEARNING WHAT IT IS ALL ABOUT AND WHAT IT IS BASED ON, AND THIS KNOWLEDGE WILL BRING A SURPRISING AMOUNT OF QUICK PERCEPTION, TO THE SURFACE OF OUR OBJECTIVE CONSCIOUS-NESS, AND YOU WILL START TO USE YOUR FORMERLY DORMANT, LATENT, CLAIRVOYANCE POWER READILY AND EASILY.” End quote. (Underlines are the present writers.)

Do you! The reader, are you, the reader? Able to ‘recognise?’, the/your = #1, Malkuth Earth/Hades Plane, and/or, the/your Basic Cosmic Egg and/or Basic Chair ‘exercises’ in the above quotes, from Ophiel?

The ‘MAGIC?’ MIRROR(?), for the present writer, isn’t/wasn’t the/their #2, Etheric Plane ‘Visualisations’ = reflections?

The ‘MAGIC?’ MIRROR(?), for the present writer, was/is? The/their #1, Malkuth Earth/Hades Plane – **Psychic-Tactile-Feel**-ing-**Believe**-ing Plane!?!

Only!?! In/on the/this #1, Malkuth Earth/Hades Plane ‘MIRROR’, can a person/individual – change/alter!?! –the/their #0, Outer, outer physically physical plane, which they, the individual, can only use; use-ing; uses; used!?!

As you, the reader, wish to ‘change/alter’ the/your #0, outer, outer physically physical plane, then, as a matter of ‘occult?’, knowledge/knowing? You – Conscious, as a ‘ness?’, can ‘go!’, from the/your #0, plane ‘to’ the/your #1, plane – and believe(?) through/by/with/via – the/your **psychic-tactile-feel**-ing = AND ‘TEST’, ‘TRY’ ‘USE’!?! The/your powers(?), of = Adverse; Opposing; Obstacle; Resistance = STOP/HALT!?! = GO/DON’T GO!?! NOT! THAT/WAY – THIS WAY! NOT! THAT ONE – THIS ONE!?!

Read Ophiel’s descriptions/explanations of/for the basic Elemental Force, of the element of, the element – Elemental Earth/Hades Plane!?! In each of his three ‘examples = watermelon; milk pouring; gas-pedal = Ophiel’s #1, Malkuth Earth/Hades Plane = said(?) = STOP! HALT! = Adversary; Opposer; Obstacle; Stop; Halt!?! STOP POURING THE MILK! STOP LOOKING FOR THE RIPE WATERMELON! STOP PRESSING THE GAS PEDAL!!?! = STOP! HALT! – THIS IS IT!!?! – THIS ‘IS!’’ THE/YOUR = ANSWER!!?! (See/read the letter of Saint Augustine of Hippo; See/read the basic chair exercise, for the/this/your = Stop/Halt!?! – Resistance? – Adversary/Opposer/Obstacle!?!)

Enter your ‘own?’ dark-ness; black-ness; blind-ness, and **psychically-tactilely-feel**(!) – for your – resistance? (See/read Ophiel’s book; Contacting the Demiurge; his chapter; Opening, read what he writes about ‘Evil.’)

Thank you.