

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

# 1 of 1 brik-a-brak = time. 2022

In the decade of the sixties, science turned its 'attention' to the idea/notion of 'psychics', with the/their 'funding' in part, from the military. The idea being, that the Americans were informed that the/their Russian counterparts, were 'experimenting' with what was/is, called 'far sight viewing', with the end result being, that they (both sides), could 'spy' in/on each other, freely at will, without anyone knowing they were 'there?'. This was one of Ophiel's desires, as well, when he was a novice, just starting out, that he could/would, be able to, 'observe' what was going on, without anyone knowing he was there! For many others, the occult is seen as a means of being/becoming the 'centre of attraction', and being as 'omnipotent/omnificent' as they can be?? (Commonly referred to, in wider occult circles, as the/a 'nut-job!')

Long before 'religion/science' there was folk 'lore/knowledge,' and folk 'tradition', gathered over a long, long time, of trial and error, slowly built up over a long period of time, with those who were/are 'naturally' sensitive/gifted, rising to the 'top' of/for any group, in their 'chosen?' field (See/read Ophiel's book; Clairvoyance.)

You take a 'fish' and you put it in a 'tank of water' with nothing in it, and the fish just, floats suspended, and does nothing! You take the same fish and put it in a tank of water with a 'rock' in the middle of the 'tank' and the 'fish' swims around it = and gets stronger/bigger each day? YOU! ARE THE FISH!?! SO?? WHAT?? IS/ARE THE/YOUR ROCK/ROCKS? What do you – Conscious, as a 'ness?', swim - revolve around(?), each day? Who/what are you – Conscious, as a 'ness?' NOW? Where would you - Conscious, as a 'ness?' like to 'be/be-come?'. What type/kind of 'skill set?', do you, the reader 'offer?', to the/your = Community/Society?

What do you = the reader; operator; practitioner; occultist(?), Conscious, as a 'ness?' = swim round(?), all day/every day? in the 'tank?' that is(?), the/your life/living?? The present writer learned a very long time ago, that the/their #1, Malkuth Earth/Hades, self, took a very long time, to be 'convinced?', and, in many cases, when the/their #1, Malkuth Earth/Hades, Psychic self – delivered the goods!?! – the/their #3, Ego Body 'rejected?' them = as not! – the/their choice/choosing!?! So, endless 'opportunities?' were squandered/wasted?

The ones(?), that did get through, were enough, so that the present writer had/has 'very few' problems(?). So, how is it for you? How do you(?), see/observe your 'selves?' = #0; #1; #2;

#3!?! What kind/types of ‘work?’ do you ‘do/practice?’, to develop; enhance; increase; awaken(?), the/your latent/dormant – bodies!?! Knowing this, working for this; working with this/these things – defines them; three-dimensional-ises them; symbol-ises them, in/on the/their ‘own!’, plane/level!?!

STRAIGHT AWAY! RIGHT FROM THE WORD GO!?! = YOU! CONSCIOUS-NESS!?! – CAN ‘ENTER = PROJECT/TRANSFER = INTO/ONTO THE/YOUR - #1, MALKUTH EARTH/HADES PLANE!?! – NO TRAINING!?! NO WAITING!?! = RIGHT FROM THE WORD – ‘GO’!?! (Hence, egg/chair exercises.) the only ‘criteria?’ is that of the ‘immersive-ness,’ of the ‘experience?’ = which determines the belief/believe-ing!

Prior to transferring/projecting, the ‘experience?’, is #3, Ego Body – judge; judged; judge-ing = not me; not mine; not this; not that; not here; not there; else; other; separate – but... when in/on a ‘duality’ = all/everything – is in/on the same/one plane/level!?! (Hence – immersed/immersive – total.) and the #3, Ego Body has to be/become ‘passive’ and simply ‘observe first?’

Sensory deprivation studies, that affect/effect the brain, have been studied, in all sorts of ways, some of them were carried out on individuals who were fit/healthy but had the tendency to see/feel things, that were not necessarily ‘there’ = #0, Outer, outer physically physical. The individuals were placed in isolation, with a soundproof/blackout booth, with a time duration of 15/20 minutes. Once completed, they were asked to complete another test, which measured/rated the/their experiences. Five of them said they saw faces; Six of them said they saw shapes & faces, not actually there; four noted a heightened sense of smell; Two of them said they ‘sensed’ the presence of ‘evil’ in the booth. Individuals, who scored lower in their assessment test, still experienced perceptual disorientations/sense distortions, yet they still experienced a variety of ‘hallucinations’, but... there is large amounts of accumulated test/testing, to show that ‘long duration periods’, of isolation, aren’t directly related to the level/levels, of the experiences. So, keeping the exercise ‘short’ but increasing the ‘repetition’ levels, is more beneficial.

In the Journal of Nervous and Mental Disease, (2009.) It was presented that, hallucinations are caused by the brain ‘misidentifying,’ the source, of what it is ‘currently?’ experiencing? And they, the scientists/doctors, called it; Faulty Source Monitoring. (In other words; because the/your #0, outer, outer physically physical body, wasn’t/isn’t engaged/involved, then it – the ‘experience?’, wasn’t/isn’t - real/valid?) And yet? When a person looks about them(?), all invention/innovation/adaptation, etc, etc!?! – Comes from?? – the/this – INNER

EXPERIENCE!?! SO!?! HOW CAN THEY – ‘inner-experiences?’ – BE INVALID!?!

Ophiel transferred/projected his, Conscious, as a ‘ness – protrusion; projection; extension; jutting forth; standing out – BUT... his #3, Ego Body, Present Incarnation, Personality Body – **PIGGY-BACKED!?!** along with, his (Ophiel’s), Conscious, as will/shall = YOURS!?! BUT... Your ‘Conscious?’ as a ‘ness’ – doesn’t believe = ITSELF!?! – NOT ME! NOT MINE! NOT THIS! Etc, etc = VIEWED AS OTHER; ELSE; OVER THERE; SEPARATE, (Get the idea?) so the trick is? = WHAT TO DO? WITH YOUR = #3, EGO BODY!?!

Here it is, from Ophiel, from his book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance:

“These then are semi-physical systems. (I use this word because there is no really good English word for this method/description) In all these systems of ‘looking at reflections,’ there is present a certain element of self-hypnosis which I do not know too much about. However, don’t pressure yourself to go too deeply into hypnosis. Just take it easy. **In these systems, there is a looking at, or gazing at, a reflection of some kind. The eyes become, let us say, ‘bored,’ with the continuous gaze at a single shiny reflection, and they then become fixed, and SIGHT SHIFTS TO THE INNER AND LATCHES ON TO THE PROPER ASTRAL THREAD.**

Please note again, that we are here talking about looking or gazing at something, and in all these cases, it is also necessary for you to add a little imagination while gazing, TO GET THE VISION STARTED – to ‘prime’ the pump, as it were. Also, you should allow for a time element. Allow time for the ‘vision’ to work. You should always get something, but be patient with your development. All you really may get at first is a sort of basic hint, and you must learn to recognise this hint, as you become more experienced.” End quote.

So, simply for the ‘context’ of the plane being ‘worked?’ = #1, malkuth earth/hades(?), we read it thusly;

**In these systems, there is a looking at, or gazing at, a reflection of some kind. The #3, Ego Body becomes, let us say, ‘bored,’ with the continuous gaze, at a single shiny reflection, and the #3, EGO BODY = NO LONGER JUDGES!?! Then/When(?), this happens, your #1, MALKUTH EARTH HADES ‘SIGHT!?! = PSYCHIC-TACTILE-FEEL-ING SHIFTS TO THE INNER AND LATCHES ON TO THE PROPER PSYCHIC-TACTILE-FEEL-ING (STICKY THREAD) AND YOU – CONSCIOUS, AS A ‘NESS?’ = #1, MALKUTH**

## EARTH/HADES = BELIEVE!?!

So! Having read Ophiel's first book; Astral Projection, and his Little System, and having practiced the/your basic cosmic egg and/or basic chair exercises, you, the reader; operator; practitioner; occultist(?) = now 'combine' both exercises! Do the whole of your Little System Route, with it stations = IN COMPLETE AND TOTAL DARK-NESS; BLACK-NESS; BLIND-NESS!?! = IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?! Sitting in your chair, sense/feel the/your #1, Malkuth Earth/Hades Body Self, stand-up? by/with you, Conscious, as a 'ness' = psychically-tactilely-feel-ing – pushing-down!?!

Once you have 'stood-up?', in/on the/your #1, Malkuth Earth/Hades dark-ness; black-ness; blind-ness, you – Conscious, as a 'ness', do the whole of the/your Little System Route = psychically-tactilely-feel-ing – all the objects/things, in and along your route, there and back!?! No need to be 'emotional!', no need to 'visualise?'.

You would = psychically-tactilely-feel – everything, in/on the/your #1, Malkuth Earth/Hades Plane, in total, complete, psychological dark-ness; black-ness; blind-ness, there and back! And when you – Conscious, come back to where you, #0, Outer, outer physically physical you, are sitting, you #1, Malkuth Earth/Hades you, would stand behind your #0, sitting body, and just let your #1, self, be 'absorbed' into you, #0. Thus, you – Conscious, as a 'ness' have come 'full circle.' Your = psychic-tactile-feel-ing, is what you – Conscious, as a 'ness' = take with you(?), when you are in/on the/your #2, Etheric Plane! (Big Occult there, for you!?!)

In the 'case' of the; fish in the tank of water? the present writer just used the/their 'bodies'!?!

Fish = #0, body – tank = #0, Outer, outer physically physical plane!

Fish = #1, body – tank = #1, Malkuth earth/hades plane!

Fish = #2, body – tank = #2, Etheric plane!

Fish = #4, body – tank = #4, Astral plane!

Fish = #5, body – tank = #5, Archetypal plane!

Fish = #6, body – tank = #6, Akashic plane!

Cool, eh?

#0, fish – wakes up, swims into the washroom and does their ablutions, for the day ahead. Swims back into their bedroom and gets dressed; swims downstairs and has breakfast; swims out to car, swims in car, and swims into work, finishes work and reverses the process/procedure, swims to car; swims in car; swims home. Swims up to bed and goes to sleep!

#1, fish – takes over, and goes over all the things, that fish #0, did, and in the process of doing this, fish #2, takes over, and goes all over the things, that are in/on this ‘#2, tank?’, swims about for a while, and then, fish #0, has to get up, so #0, fish – wakes up, and ‘repeats’ yesterday!?!

But!?! Because fish #0, can’t/doesn’t ‘see?’, fish #1? Then anything that fish #2, did? is not remembered, recalled, and so, is of no ‘advantage to?’, fish #0!?!

Imagine that you, the reader, can’t see ‘water?’, for you – there is/are no clouds; no rain; no rivers; no seas; no oceans; and when you go down to the seashore – ALL THE FISH ARE FLOATING IN THE AIR???? (Along with all the plastic!?!) AND YOU DON’T KNOW ‘HOW?’ THEY ARE DOING IT!?! (Floating??) because you ‘cannot/do not?’ – SEE THE WATER!?! Just as some of you, cannot/do not? yet see(?), the Astral Light!?! **BUT...! IT IS THERE!?!** So, #3, Ego body you, present incarnation, personality body you(?), doesn’t bother; doesn’t care; isn’t interested? So ‘fish float?’ – so what? see/seen it, every day!?! Same ole, same ole!?! But...! Here is what Ophiel writes, in his book; The Occult, his chapter; General Consideration.

“Now I say again, and please note carefully, there is no other way you can realise-feel-cognise your physical existence other than through your five physical senses. As soon as you begin to practice ‘Magic’ however, of any kind – including the work you have done on the Ritual up to now – and including the future work to be given – which you will do; **YOU THEN BEGAN TO USE OTHER KINDS OF SENSES, NOT PHYSICAL, TO COGNISE ANOTHER KIND OF ‘WORLD,’ ‘PLANE,’ AN INNER PLANE.**” End quote. (Capitols are ‘O’s.)

#1, Malkuth Earth/Hades = **psychic-tactile-feel**-ing. #2, Etheric Plane = reflect; reflections; attract; reject.

These two planes = #1/#2 - are plenty to ‘work with’, right from the word ‘go!’ and are very,

very, easy/simple, once it is 'accepted', that the/your #3, Ego Body, Present Incarnation, Personality Body – piggy-backs(?), in/on – Conscious, whenever/if ever, it – Conscious, is in a 'ness' (transfer/projection.)

You should be in a position/place, where you, the reader; operator; practitioner; occultist(?), can 'flit' between the/these two planes - #1 &+ #2, with the/your objects; circumstances; things and/or its!

#2, visualise a 'cup,' #1, psychically-tactilely-feel a 'cup,' #0, physically use a 'cup.' = for 'cup,' read 'rock?', for 'rock' read = object; circumstance; thing and/or it?! get it now?

#2, Etheric plane = clairvoyance – visualisation – future-time.

#1, Malkuth plane = psychic-tactile-feel-ing – now-time.

#0, Physical plane = use; use-ing; uses; used – real-time.

For 'time,' read Akasha, along with Ophiel's writings and in his book; The Occult, read what Ophiel writes about the elemental force of/for Akasha and 'associate' it (Akasha), with 'time.'

Thank you.