

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

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Here is what Ophiel writes, in his book; Clairvoyance, his chapter: You Are Naturally Clairvoyant:

“I find myself at this point in a sort of divided position regarding several phases of this work. First, I want to state that in these Occult teachings there are no clear-cut divisions of teachings. Each teaching or practice, shades into others, all others: and again, I repeat, there is no clear-cut division. Clairvoyance ‘passive’ shades into clairvoyance ‘active,’ and that becomes a ‘positive’ Magic operation/ All Magic has some clairvoyance in it – how could you operate an invisible future operation, if you did not have some ‘fore’ idea or knowledge of what the Inner Conditions were about?” End quote.

The ‘key’ words, in the above quote, is/are; ‘passive’ and ‘active.’

In the presentation of information, from the present writer; the ‘**active**’ use, is from the/your #2, Etheric Plane = visualisations – reflections; repetitions; reversals.

In the presentation of information, from the present writer; the ‘**passive**’ use, is from the/your #1, Malkuth Earth/Hades Plane = **psychic-tactile-feel**-ing – defined; three-dimensional; symbol-ical.

Then, farther on, in his/this, same book, Ophiel writes this, in his chapter: Rising on the Planes:

“Illumination and its kindred advantages, should come along in the wake of your successful learned-use, of almost any of your Psychic studies and Practices or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from ‘Psychic’ to ‘Spiritual’ is a natural one. At least it has been for me, and I am giving it to you the best I can. However, I don’t want you to follow me slavishly in anything or in any way.” End quote. (Underlines are the present writers.

PSYCHIC to CLAIRVOYANT!?! = #1 TO #2!?!

CLAIRVOYANT to PSYCHIC!?! = #2 TO #1!?!

Does anyone see/read, in the above, any mention of #0?

#0 = use; use-ing; uses; used – the above two ‘aspects’ of - #1 to #2/#2 to #1!?!

Knowing this, knowing of this, the above = IS OF GREAT ‘ADVANTAGE’!?! – to the ‘occultist?’

Imagine now, if you can(?), that you have ‘no powers’ of/for – visualisation? = What do you ‘do?’ then? – as nearly all of Ophiel’s work/writings, is/are #2, Etheric Plane?

Could you? Can you? the ‘occultist?’, work/operate the/your Little System of Astral Projection and the/your Treasure Map/Chart and the/your Talismans = FROM? – the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing Plane!?!

Take a sheet of A4 paper, and write out in/on it, why, it is(?), that human beings are ‘born?’, psychic(?) but... MUST DEVELOP(?) CLAIRVOYANCE!?! See/read Ophiel’s chapter; You are naturally Clairvoyant and see if(?) you are able to ‘adjust’ any of his chapter, to read; You are naturally Psychic.

The worthy ancients, knew(?), that those individuals who were/are, gifted’= aware; awake; conscious to/of, could be/would be – enhanced; developed; increased – through/by/with the/their secret/occult(?), ‘techniques/exercises?’ But... the/that ‘secrecy?’, would be/become the/their downfall, as it was the ‘readers? of the word’ and not the ‘hearers? of the word’, that won out!?!

The ‘expression = word’, is/means, to say/speak/utter; but... each plane/level – has its ‘own?’ word – ex-press-on! Commonly explained as the ‘type/kind?’ of action/doing = that takes place/happens in/on each of the ‘individual’ planes/levels!?! But... from the #2, Etheric upwards/inwards, it is much, much ‘easier’!?! BUT...! FIRST! FIRST! – THE ‘INDIVIDUAL!’ – CONSCIOUS, AS A ‘NESS’ – MUST ESCAPE(?) – FROM THE GRIP; HOLD; GRASP; BINDING? OF THE/THEIR ‘OWN!?!’ = #1, MALKUTH EARTH/HADES PLANE!?! Here is what Ophiel writes, in his book; The Occult, his chapter; The Four Winds.

“I also want to get a note down here that there is also a ‘negative Tree’ which is just the

opposite to the positive tree, and which must be taken into account all your life. No, thing, can exist alone – it must have an opposite – a double, like a reflection, like a shadow.” End quote.

As you(?), if you(?), the reader, choose to test; try; use, the/your basic chair exercise, in the prescribed manner, way, then you, the reader, will be brought ‘immediately/instantly!?!’ – into direct contact(?), to/with the/this/your – NEGATIVE TREE!?! = No, thing, can exist alone – it must have an opposite – a double, like a reflection, like a shadow.

Basic Chair exercise = push-down to stan-up; push-up to sit-down!?!

Any type/kind of bio-feedback = IS NOT! NOT! = IT!?! (Basic Chair exercise) the basic chair exercise is, #1 Malkuth Earth/Hades, plane = PSYCHIC! – NOT! NOT! - #0, Outer, outer physically physical biological!?!

Any type/kind of bio-feedback = IS NOT! NOT! = IT!?! (Basic Chair exercise) the basic chair exercise is, #1 Malkuth Earth/Hades, plane = PSYCHIC! – NOT! NOT! - #2, Etheric clairvoyant ‘visualisation’!?!

When the present writer used to attend, sitting in a circle (Spiritualist Church, sensory deprivation technique), it was ‘here’, in this technique, that much of the present is presented, to/of/for, those who have not, are not, cannot, as yet(!), #2, Etheric Project, and so are dissuaded from, keep up their work/effort, in order to achieve and obtain, results/success, in the way of the/their ‘choosing?’. (Attended during the early 80’s)

There is/will be(?), as soon as you – Conscious, as a ‘ness’, even think(?), about ‘standing up’, a ‘movement?’, in the ‘opposite’ direction, as a kind/type of ‘reflex/action?’, which you – Conscious and #1, Malkuth Earth/Hades you = will/shall ‘sense?’ – this will/be the beginning/start/basis of/for, the/your Psychic, enhancement; development; increase, which you – Conscious, can then apply(?), to the/your ‘all/everything’ living!?!

It is this - #1, Malkuth Earth/Hades Plane ‘movement?’, which is described/explained as = Adverse; Opposed; Obstacle; Inert; Resistance; STOP! HALT! This = stop/halt! – is learned/mastered in any/all – acquired; developed; enhanced – techniques/skills/art form/expressions = artists!?! (Ophiel materials makes this ‘point!’, very, very, clearly!?! See/read Ophiel’s first book; Astral Projection, and read what he (Ophiel), writes about the

‘painter of portraits’ and the ‘painter of houses.’, hence his; Art & Practice series.)

Watch how a golfer addresses their shot/stroke, and then becomes ‘still’, as they let their = technique = #1, Malkuth Earth/Hades ‘self?’, come through and ‘strike/hit’ the ball!! Depending on ‘how much?’ they – the golfer – can #3, Ego Body (I = judge!) – STAND ASIDE(?) AND OBSERVE?? – will be the ‘measure?’ of/for their ‘success!?!’. All of this, is in Ophiel’s book; Clairvoyance, his chapter; The Two Minds, and is ‘in you!’ – the reader, as and when/if(?), you choose to do/practice, the/your basic chair exercise, as you = #3, Ego Body, Present Incarnation, Personality Body – you(?), stand aside, and simply – observe – without judgement!?!

Here is/are other examples, of/for the same thing, from Ophiel’s book; The Occult, his chapter; Occult Knowledge:

“The crux/goal of this matter seems to be, that somewhere, sometime during the course of the study, if the person/student persists, the person/student crosses a kind of line, and, once beyond this line, he then progresses rapidly in the understanding and use of the GREAT OCCULT SECRET. I am told that this is true in many other studies, studies having to do in learning and mastering certain professions and Arts. Psychology has labelled these ‘lines to be crossed’ as a ‘plateau’ which occurs during the learning and mastering process ins such things as learning to be telegraph operator or a typist, or a shorthand taker, etc. And, so, I repeat, this same thing occurs here, in the study of the GREAT SECRET. And now, that you know this, you now have some ideas as to what to expect and to recognise when this situation occurs in your future studies.” End quote.

THE ‘LINE?’ TO BE ‘CROSSED?’ IS THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?!

This #1, Malkuth Earth/Hades, ‘line’ can only be ‘crossed?’ by/with – you, Conscious, as a ‘ness’ &+ you = #3, Ego body, Present Incarnation, Personality body you = **AGREE-ING WITH** – you, Conscious, as a ‘ness?’

Big ‘occult?’, way and far beyond(?), the/your now present #3, Ego Body, reading this/these ‘monologues’ = the/your #3, Ego Body, Present Incarnation, Personality Body – YOU? = FEELS-NOTHING!?! = BUT!?! = JUDGES EVERYTHING!?! Here it is, from Ophiel, from his book; Clairvoyance, his chapter; The Two Minds:

“To resume – Some time ago I was on a morning tea drinking spell, instead of coffee. I did this by using milk made from powdered milk, pouring it into a pan and bringing it to a boil and then putting in the tea bag, made the tea. In putting the milk into the pan, I soon discovered that I usually poured out too much milk to too little milk when I was not thinking closely about it, my mind being on other things. However, one day it occurred to me **THAT THE SUB-MIND KNEW EXACTLY HOW MUCH MILK TO POUR OUT, AND SHOULD DO IT CORRECTLY EVERY TIME AT ALL TIMES**!! This idea was a little jolt to me, but I proceeded to carry it out in trials. In a short time, it worked and the exact amount of milk was poured out! BUT, the objective-conscious mind began to object!” End quote. (Read the reset of this, from Ophiel’s book; Clairvoyance, his chapter; The Two Minds.)

In general, as the #3, Ego Body ‘Judges’, it/this – un-conscious-ness state/condition of = Judge; Judge-ing; Judged; Judge-meant!?! = IS ENOUGH!?! = TO SUPPRESS!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE **PSYCHIC-TACTILE-FEEL-ING** – SELF!?! = Do you? Can you? Are you? – able to understand(?), this?

THAT THE SUB-MIND KNEW EXACTLY HOW MUCH MILK TO POUR OUT, AND SHOULD DO IT CORRECTLY EVERY TIME AT ALL TIMES!!

Are you? Can you? Do you? – see how, see now(?), how the professional golfer = does it!?!

Are you? Can you? Do you? – see how, see now(?), how the professional artist = does it!?!

Are you? Can you? Do you? – see how, see now(?), how the professional occultist = does it!?!

The/their #3, Ego Body – STANDS ASIDE!?! – AND JUST = OBSERVES!?! (Observe – to watch over!) **THE/THEIR SUB-MIND KNOWS EXACTLY HOW MUCH TO DO AND SHOULD DO IT CORRECTLY EVERY TIME AT ALL TIMES**!! You! the reader/occultist(?), should be able = TO OBSERVE THIS! = Resistance; Adverse; Oppositional; Inert; Obstacle – Force!?! So that you = Conscious, as a/an #0, Outer, outer physically physical ‘ness’ – CAN DO/ACCOMPLISH YOUR WORK SUCCESSFULLY!?!

#0 = Actively work/practice train/do, physically physical!

#1 = Passively work/practice train/do **psychically-tactilely**!

#3 = Observe without Judgement!

The/your #3, Ego Body, Present Incarnation, Personality Body = **piggy-backs** – in/on Conscious, whenever ‘it’ Conscious, is in a ‘ness’ state/condition, in/on the lower planes! (Lower Astral/Etheric/Malkuth/Physical!) The/your #3, Ego Body = Observes? (The ‘medusa stare!’ Medusa, was the only ‘one’ of the three Gorgons, that was/is ‘Mortal???’) Greek Medusa, from the Proto-Indo-European Root word; **med** = **to make appropriate measures**.

Sanskrit; midiur = I judge; I estimate.

Greek; mēdomai = be mindful of.

Greek; medesthai = think about.

Greek; medein = to rule.

Greek; medon = ruler.

Latin; meditari = think; reflect on; consider.

Latin; modus = measure; manner.

Irish; miduir = Judge.

Welsh; meddwl = mind; thinking;

Old English; metan = to measure out.

Medusa = Greek – ruler of men! (Humans), is the/your #3 Ego Body, Present Incarnation, Personality ‘body?’ = I-Judge (See/read the letter of Saint Augustine of Hippo = lest ye(?), be handed over to the Judge!) as it = #3, **Piggy-Backs**! in/on the/your Conscious, when it is in a ‘ness.’ and Judges!?!

When you do the/your basic egg/chair exercises, you – Conscious, as a ‘ness,’ are in/on the/your #1, Malkuth Earth/Hades Plane, as is/so is(?), the/your #3, Ego Body(?), so ‘essentially’, in ‘essence?’, you are will be/shall be(?) the ‘same person?’, but just in/on a different(?) plane/level? As you would/will be, if(?), you were to do/train up, in/on Ophiel’s methods/presentation of/for the/your #2, Etheric Plane – Clairvoyant, practices!?!

Here is what Ophiel writes, in his book; Astral Projection, his chapter: Dream Method.

“The next step will be to watch your dreams in action. Strive to keep on a line not awake and not asleep. Allow the dreams to flow along as they will **and make no attempt to do anything**

more *than to just watch*.” End quote.

And Make No Attempt To Do Anything More Than To Just Watch = Basic Cosmic Egg and/or Basic Chair exercises, in/on the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feeling Plane!?!

Imagine now, if you can, that as a/an ‘occultist?’, you have chosen to test; try; use, the/your egg or chair exercises, in order train-up/develop the/your #0; #1 and/plus #3 ‘bodies’ relationships, whilst being ‘Conscious’ aware/awake, at the/your #0, Outer, outer physically physical level/plane!?! In Ophiel’s first book; Astral Projection, his; Little System, we are instructed to select our ‘route’ with its ‘stations’, and to travel, the ‘route’ several times, in order to #2, clairvoyantly, travel it.

After doing the egg/chair exercises, in the prescribed manner/method/way, and when you, the reader/occultist(?), are ‘ready’, to ‘switch between’ both the/your #0; #1; #2 ‘routes’, and for you, conscious, as a ‘ness,’ to check out the ‘differences?’ between planes/bodies, but that there is/are = NO DIFFERENCES? OF/FOR THE/YOUR = #3, EGO BODY!?! – IN/ON EACH OF THE/THESE PLANES!?!

You e-mail the present writer to ask what ‘proof?’ they have of such things(?), well, if you bothered to read Ophiel, you would know, that even Ophiel writes, that you can only ‘prove this?’, to your ‘self?’, through whatever ‘techniques?’ – that work(?) – for you = #3, Ego Body, Present Incarnation, Personality Body – AS IT (#3) – PIGGY-BACKS!?! – IN/ON CONSCIOUS – when it – Conscious, is in a ‘ness’ state/condition!?! Here is what Ophiel writes, in his second book; Creative Visualisation, his chapter; The Barrier:

“Thus, this human speech of ours, due to its recent invention, does not pertain to the depth of our being, our inner subconscious mind, but rather speech pertains to our outer conscious mind only. (You should know from your Occult studies that you have two minds, an inner one and an outer one; the outer one called the conscious mind and the inner one called the subconscious mind) The existence of these two minds in you is what makes all the trouble in the world. Or maybe I should say the separation of these two minds makes all the trouble for you in the world. For those of you who are “ready” for “higher things” I will drop a big fat juicy hint as to what Illumination really is – becoming a Master, becoming an Adept, BECOMING LIKE A GOD, means the two minds fuse into one! Enough said! Attend to the following knowledge carefully.

WORDS-SPEECH ARE THE “LANGUAGE” OF THE CONSCIOUS MIND WHEREAS FEELINGS ARE THE “LANGUAGE” OF THE SUBCONSCIOUS MIND.

So, I repeat again – All the trouble we have in the world, in living this material life successfully and fully comes from the differences in COMMUNICATIONS BETWEEN THE TWO MINDS. The inability of these two minds to talk to each other. To get ideas and commands over to each other! Conscious-you to talk to unconscious-you! Hardly in your whole life have you been able to tell yourself what you really mean!” End quote.

For ‘context’ read thusly; **WORDS-SPEECH ARE THE “LANGUAGE” OF THE CONSCIOUS MIND WHEREAS PSYCHIC-TACTILE-FEEL-INGS ARE THE “LANGUAGE” OF THE SUBCONSCIOUS MIND.**

As you, if you(?), choose to test; try; use, the/your basic cosmic egg and/or basic chair exercises, you – the ‘occultist?’ are learning, developing, increasing & enhancing, whatever latent/dormant(?), personal/individual, powers/abilities that you have(?), and which is ‘personal/individual?’ to you/your #3, Ego Body, Present Incarnation, Personality Body – right now!?! You – the reader – are your ‘own!?!’ artist/creator/maker!?!

So, e-mailing the present writer for your ‘own?’ – conformation? – is totally useless? Any more than it would be writing to Ophiel and asking him to ‘post out’ in an envelope, on sheets of A4 paper, the ‘ability’ to Astral Project, transfer, your – Conscious, as a ‘ness,’ in/on to the/your #2, Etheric Plane? Ophiel writes, that once a person has made/achieved, an ‘entry’ in/on any plane, then there is a ‘tendency’ to ‘rise up?’, into/onto the next plane and the next plane, and the, etc, etc. (Dream Method; Astral Projection Book.)

So, as a/an individual, is/becomes, more and more **Psychic** = through/by/with – **PSYCHIC-EXERCISES**(?), they – the individual = GOES IN SEARCH(?), OF/FOR ‘ITS?’ – LOVER/PARTNER/SPOUSE – OTHER HALF!?! = EROS!?! (See/read previous monologues, 1 to 17 Eros & Psyche.) And ‘she – Psyche’, goes to ‘other’ Gods (Planes) until she (Psyche), finds/discovers, her ‘partner?’ and they are MARRIED!?! (Officially!?!) in front of(?), the ‘other’ Gods (forces), thus = GIVING THEM ‘BOTH’ – LEGITIMACY, AND THUS – AUTHORITY!?! (Power/Ability?) Here it is, from Ophiel, once again;

For those of you who are “ready” for “higher things” I will drop a big fat juicy hint as to what Illumination really is – becoming a Master, becoming an Adept, BECOMING LIKE A GOD, means the two minds fuse into one! Enough said!

You – as an ‘occultist’ – must find/discover/reveal(?) – your ‘own?’ – Psyche? And this/your ‘own?’ – Psyche? = IS IN/ON THE/YOUR(!) = #1, Malkuth Earth/Hades Plane!?! But...! The/your ‘Eros?’ – IS IN/ON THE/YOUR(!) - #2, Etheric Plane!?! – Where it/the/your = EROS(?) – IS/WILL BE!?! = A ‘REFLECTION/VISUALISATION!?!’ – OF YOUR ‘SELF!?!’

Here it is, from Ophiel, from his book; Astral Projection, his chapter; Dream Method:

“Now comes another very important part of your instructions which again I have never heard of, from any other teacher and which I am giving to you, as my discovery. This information is as follows – It appears, as a sort of natural law on these inner planes, that once you have made a projection from the physical body to the etheric plane, and after you have been there for a ‘time’, **THERE IS A VERY STRONG TENDENCY TO CONTINUE TO PROJECT AGAIN AND THEN AGAIN THE NEXT INNER PLANE!!!**” End quote.

The above quote, is what ‘happens?’, to/with the/your – Conscious, as a #1, Malkuth Earth/Hades Plane ‘ness,’ and is ‘explained’ by Ophiel, in his description, of the ‘colours’, in on his/the ‘dust proof jacket’ of his book; Astral Projection.

Passive – is when, conscious, psychically-tactilely-feels = basic cosmic egg exercise.

Active – is when, conscious, psychically-tactilely-feels = basic chair exercise.

Both actions/doings = passive/active = are observed(?), without ‘judgement!’, by/with, the #3, Ego Body!

Try the above exercises = without judgement = with the/your #2, Etheric Plane Body – visualisations!?! And then ‘compare’ them – visualisations to/with the/your #1, psychic-tactile-feel-ing, of them!?!

The present writer, shall ‘send’ this, to the group as a whole, as you may not be the only member, to be in this situation, as we are all in this together.

Thank you.