

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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Having ‘no pressure’, on you, #0 &+ #3, means that you are ‘free?’, in/on the/your ‘own’ plane/level (#0). Free, for things like = inspiration; innovation; adaptation; motivation and cultivation!?! No more worries about = desperation; exacerbation; frustration; misrepresentation and deviation!?! Here is what Ophiel writes, in his book; Clairvoyance, his chapter: A Magic Mirror and Clairvoyance.

“You will have to imagine the inner edge-surface of this egg-shaped Aura as HARD, AND LIKE THE SURFACE OF A MIRROR – REFLECTING ON ITS INNER SURFACE THE IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE SURFACE OF YOUR MAGIC MIRROR FROM WITHOUT – FROM THE OUTER REACHES FO THE UNIVERSE, BOTH PHYSICAL OUTER AND INNER PLANE INNER. AND THAT IS ALL THERE IS TO IT ALL, THE WORLD THE UNIVERSE AND ALL.” End quote.

The ‘occult’ secret, to the above ‘Magic Mirror Reflecting/Reflection’, = IS THAT THE ‘REFLECTING’, ‘REFLECTION’ = IS NOT! NOT! = THE SAME!?! = Reflecting/Reflection = Action/Doing!?! = IN/ON EACH OF THE/YOUR PLANES/LEVELS!?! As was ‘indicated’, in previous monologues, it goes something like this:

#0 = reflect; reflection; reflected = Use; Use-ing; Uses; Used!

#1 = reflect; reflection; reflected = **Tactile-Feel**-ing; Define-ing; Three-Dimensional-ising; Symbol-ising!

#2 = reflect; reflection; reflected = Attraction; Rejection; Accepting!

#3 = reflect; reflection; reflected = Observe; Observe-ing; Observed! (Non-Judgemental!).

#4 = reflect; reflection; reflected = Direction; Projection; Emote-ing!

#5 = reflect; reflection; reflected = Foundation; First-impression; First-stamp; First-mould!

#6 = reflect; reflection; reflected = Cause; Causing; Caused!

Each of the above = reflect; reflection; reflected = in/on each of the planes, is/are the ‘same?’ = ‘a’ reflection! But...! How! They = reflect; reflection; reflected = is/was not(!), the ‘same?’? (Like ‘water’, being; steam; liquid; ice!?! All the ‘same?’ water! But only how? It

= the water = is behaving; acting; working; operating?)

Each ‘reflection?’ = IS!! = AKASHA/AKASHIC = CAUSATION!?! = Akasha-of-!?!

Each ‘reflected?’ = IS!! = EARTH/EARTHED = CESSATION!?! = Earth-of-!?!

Each ‘cessation?’ = IS!! = **PSYCHIC-TACTILE-FEEL**-ING!?! = Opposition; Adverse; Obstacle!?!

Ophiel next writes:

“Now, naturally you are going to ask, at this point, if this gigantic conception is true, what is the mechanism in and on the surface of my Magic Mirror, which does this conversion – converts the raw vibrations into sound; feel; sight; tasting; smell, so that I many perceive it? And the answer is? The surface of the Magic Mirror is composed of, your Magical Powers of your personal Elemental Forces existence, and what it is beyond that, I do not know and neither does anyone else.” End quote.

The ‘strongest?’ of the above, elemental powers, is that of the/their #1, Malkuth Earth/Hades Psychological **psychic-tactile-feel**-ing plane! One of the simplest/easiest of ‘difficulties’, that the present writer had/has, was trying to ‘explain/describe?’, to some ‘would be?’, occultists(?), that there is/are ‘no?’, actual, factual, literal **psychic-tactile-feel**-ing, in/on the/their #0, outer, outer physically physical plane? ONLY = USE; USE-ING; USES; USED!?!

Another one, (difficulty?), was/is, in trying to ‘convince?’, some ‘would be’ occultists(?), that the/their #0, Outer, outer physically physical body = IS!! = a ‘projection of?’ = the/their #1, Malkuth Earth/Hades = **psychic-tactile-feel**-ing Body!?!

Many said(!), that they, knew this/of this?? But...! The/their ‘lives/living?’ = did not reflect this-their = KNOWING!! KNOWLEDGE?? UNDERSTANDING!?! Here it is from Ophiel, same book; Clairvoyance, same chapter; A Magic Mirror and Clairvoyance.

“There is actually no real reason why anyone, any man or woman on this earth should suffer in any way, shape, or form as all things in Physical Plane existence is no-thing but the play of Inner Plane Forces on your Magic Mirror of sensation or sum total of your senses (or also called quintessence.)” End quote.

Are you, the reader/occultist(?), not now pleased(?), after reading the above from Ophiel; that you ‘chose’ to test; try; use, the/your basic cosmic egg exercise, in the psychic-tactile-feel-ing of, the/your basic five elemental forces, as defined; three-dimensional-ised; symbol-ised = within you; about you and surrounding you = #1 &+ #0!?!

Was it #0, you? Who ‘chose?’, to test; try; use the/your basic cosmic egg exercises?

Was it #1, you? Who ‘chose?’, to test; try; use the/your basic cosmic egg exercises?

Was it #3, you? Who ‘chose?’, to test; try; use the/your basic cosmic egg exercises?

Please remember/recall, that the/your basic cosmic egg exercise, is a fabulous ‘filter’ mechanism(?), of/for, the/your ‘Planes/Levels?’, of conscious-ness!?! As you develop; enhance; increase the/your latent/dormant = Psychic = abilities, the above = Who ‘chose?’ = won’t seem/be, so ‘outlandish!?!’. Here, from Ophiel, in his next paragraph, is the reason of/for the = question = Who ‘chose?’.

‘Now, of course, it is not quite as simple as the above would seem to indicate. There is a ‘Thing’, which Christian Scientists call ‘a belief’ (be- to be-LIVE) (be-living-in, what you believe-be-live) (To live as you BE) (your conceptions of yourself – con-with = ception born) and ‘believe me’, this belief-conception can be and is, very, very Powerful!!! And is very hard to change because it is rooted in the Elemental Force of Earth.” End quote. (Underlines are the present writers.)

BIG OCCULT!! HERE FOR YOU! THE READER/OCCULTIST!?!

YOUR ‘CONCEPTIONS OF’ YOURSELF – CON-WITH = CEPTION BORN = IS/ARE BASED ON!?! = THE/YOUR = PSYCHOLOGICAL = PSYCHIC-TACTILE-FEEL-ING = ABOUT YOUR ‘SELF!?!’ = AT! AT! = THE/YOUR = #1, MALKUTH EARTH/HADES PLANE LEVEL!?!

NOT! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE/LEVEL!?!

NOT! = THE/YOUR #2, ETHERIC PLANE/LEVEL!?!

NOT! = THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY PLANE/LEVEL!?!

SO! NO PRESSURE!?! = IN/ON #0, #2, #3 = PLANES/LEVELS!?! End of Big Occult!!

BIG OCCULT!! HERE FOR YOU! THE READER/OCCULTIST!?!

The ‘way/method!?!’ of changing(?), the/your #1, Malkuth Earth/Hades Plane = IS!! = through/by/with = psychological psychic-tactile-feel-ing! Causing/Making = IT! = #1 = TO BELIEVE!?! End of Big Occult!!

Ophiel then writes farther on:

“You therefore are, in a definite sense, the creator of your own world inside your own Magic Mirror. At least you do RECEIVE THE OUT-PRESSING IMPRESSIONS THAT COME FROM OUT BEYOND YOUR CIRCLE AND TRANSLATE THEM INTO TERMS OF YOUR DAILY, HOURLY, MINUTE BY MINUTE PHYSICAL PLANE EXISTENCE. Or it could also be said that your life inside your Magic Mirror Circle is allowed by your permission!?” End quote.

You therefore are, in a definite sense, the creator of your own world inside your own Magic Mirror = do you – the reader/occultist(?) better understand? = the/your basic cosmic egg exercise, a little better now??

Does your basic cosmic egg exercise have more ‘meaning?’, for you #3(?), now?? Can you? Are you? #3, Ego Body You? Now in a ‘better?’, place/position = to let go?? = relax?? = no pressure!?!

For many would be(?), occultist(?), it never occurs to them; THAT DURING/IN = THE DAILY PRACTICE; DOING; EXERCISING OF!?! = THE/THEIR = BASIC COSMIC EGG/CHAIR EXERCISES = THEY ARE ‘ALREADY!!!’, ‘ALREADY!!’ = STANDING ‘INSIDE!?!’ = THE/THEIR = MAGIC-MIRROR!?!

For many would be(?), occultist(?), it never occurs to them; THAT DURING/IN = THE DAILY PRACTICE; DOING; EXERCISING OF!?! = THE/THEIR = BASIC COSMIC EGG/CHAIR EXERCISE = THEY ARE ALREADY, ALREADY! = TRANSFERRING/PROJECTING = INTO/ONTO THE/THEIR = MAGIC-MIRROR!?! Are you? The Reader/Occultist = Aware? Awake? Conscious? = to/of the FACT!?! You, those of

you(?), who have 'chosen', to test; try; use; the/your basic cosmic egg exercise, to find out, discover if, the/these exercises is/are for you, at this time, in your 'occult' life/living = ARE ALREADY!! = TRANSFERRING/PROJECTING! = THE/YOUR CONSCIOUS-NESS! SO, THERE IS! NO PRESSURE!?!

Do you? Can you? Are you? The reader/occultist(?), able to = understand All! Of the above?? If you, the reader/occultist(?), choose to do/practice, the/your basic cosmic egg/chair exercises = YOU! = Conscious-ness? = ARE ALREADY PROJECTING!?!

If you, the reader/occultist(?), choose to do/practice, the/your basic cosmic egg exercise, in the/your psychological dark-ness; black-ness; blind-ness; psychic-tactile-feel-ing, then = YOU! = Conscious-ness? = ARE ALREADY PROJECTING!?!

If you, the reader/occultist(?), choose to do/practice, the/your basic cosmic egg exercise, in the/your psychological dark-ness; black-ness; blind-ness; psychic-tactile-feel-ing, then = YOU! = Conscious-ness? = ARE ALREADY! TRANSFERRING/PROJECTING INTO/ONTO = THE/YOUR = OWN-MAGIC-MIRROR!!! = AT! AT! = THE/YOUR #1, Malkuth Earth/Hades Plane/Level!?!

When/if, you 'chose' to do/practice Ophiel's techniques, then you = the magician/occultist(?), will/shall = transfer/project, into/onto the/your #2, Etheric Plane/Level = AS THAT IS WHAT! = Ophiel's techniques = ARE FOR!?!

Example = if you 'chose' to do/practice the/your basic cosmic egg/chair exercises and/or the/your basic = psychic-tactile-feel-ing, exercises = you = Conscious-ness = WILL NOT/SHALL NOT/WOULD NOT/COULD NOT = get to project/transfer to = the/your #2 Etheric Plane!?! (Even if, you 'eventually do/did', get to the/your #2, etheric plane, it would only 'be after?', and not before/during, the/your egg/chair exercises!)

Example = if you 'chose' to do/practice Ophiel's techniques = visual-ising, exercises = you = Conscious-ness = WILL NOT/SHALL NOT/WOULD NOT/COULD NOT = get to project/transfer to = the/your #1, Malkuth Earth/Hades Plane!?! (Even if, you 'eventually do/did', get to the/your #1, malkuth earth/hades plane, it would only 'be after?', and not before/during, the/your visual-ising exercises!) Here it is from Ophiel, from this same book; Clairvoyance, but in his chapter: The Astral Light.

“The above should have shown you that there are a number of different planes you go to, and your actions on each of them has to be different in each case. Developing a clairvoyant ability to cognise one plane, will not carry over automatically to another different plane. Unless you know what, you are doing or what you are looking for, you Inner Plane work will not be good work but only hit and miss.” End quote. (Underlines are the present writers.)

Here again, in Ophiel’s vignette: An Exercise in Preliminary Projection:

“It is, ‘during’ sleep, that the, ‘bonds’ of ‘earth’ are loosened for us all. It is from the, ‘sleep state’ that it is ‘easiest’ to make a certain type of ‘Projection,’ called the, ‘Dream Method’ of projection. (See ‘Ophiel’s’ book called, ‘The Art & Practice of Astral Projection,’) However, be that as it may, there occurs to too many of us now, - (And to those it does not occur, it can be ‘developed.’) A ‘certain type’ of simple phenomenon, I refer to as a type of ‘half-awake,’ ‘half-asleep,’ condition, in which you are not immediately aware of, ‘IN WHAT DIRECTION YOU ARE LYING IN BED.’”

This has happened to me many times and has also happened to some of my friends as they told me when I questioned them about it. When I became aware of this situation/sensation, I straightened myself out directionally automatically. Today, this morning, however, when I became aware that I could not determine in which directions I lay, it occurred to me to prolong the sensation for as long as I could. And this I did. I then tried to feel I was floating above the bed in the air, but I couldn’t get that feeling no matter how I tried.

I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books. I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real” Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time.” End quote. (Underlines are the present writers.)

Once more we read:

I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books. I am going to ask and wonder if there is not some kind of ‘sub-plane,’ a ‘sub-Etheric Plane,’ which is very close to the physical, but which is neither physical nor Etheric. It has been suggested that the planes between the “Real” Earth and the “Real”

Etheric could be the Elemental Planes of the Elements. And it is possible to project to these planes, a fact which I had never seriously considered before this time = the present writer has no hesitation in putting it plainly, nor expanding on it!?!

The/a 'sub-plane', is! the next plane down/out = as in - the/your #1, malkuth earth/hades plane!! = and it was put down plainly in the books!?! But... the 'orthodoxy = believers'; believers in the 'literal written word'.

Orthodoxy (adjective), of faith/view/opinion = what is regarded as 'true/correct': Late Latin; orthodoxus: Greek; orthodoxos = having the right opinion/view. From; ortho = right/true/straight + doxa = opinion/praise. From the Proto-Indo-European Root word; dokein = to seem + dek = to take/grasp/accept.

Anyone who did not 'conform' to the 'written word', was not(!) = orthodox = and therefore, a 'danger' to the important 'controllers', and so, much like today = must be 'eradicated', 'eliminated' = whether in Religion; Politics; Military; Geography; Education; Information and/or Finance!?! So, nothing much has 'changed?', over the last eight-thousand years, or thereabouts.

Philo, the Jew of Alexandria, made the distinction between the, two types/kinds of Logos = Word;

Logos Endiathetos = The 'word-remaining-within = psychic-tactile-feel-ing!'

Logos Prophorikos = The 'uttered word = physical-action/doing!'

But... there is/are(?), those occultists, who would 'dismiss/disregard?', such notions, as they (or rather(?)), the/their #3, Ego Body? Has 'read' somewhere(?), that this/these things, (#1, Malkuth Earth/Hades Plane) cannot be correct!?! Because they had 'read????', something 'different' elsewhere!?! For example;

I am going to introduce an idea here, which is not a new idea at all but is probably thousands of years old. As usual, I am rediscovering something that has not been put down plainly in any of the books = everybody(?), in the ancient world = KNEW OF!?! = THE 'SPACE/GAP?' = BETWEEN!?! = THE #0, Outer, outer physically physical plane and the #2, Etheric plane!?! They gave it = the 'space/gap' = endless names and endless descriptions

= but...the name that 'it = the 'Gap?', got 'stuck-with', thanks to the 'Orthodox Gnostics, was/is 'EVIL'!?! So, everyone/everybody, who was/is, an ignoramus and/or un-initiated, accepted; endorsed; condoned and perpetuated such, that today, the situation/circumstance, is 'entrenched' into the **Psyche**, of even the simplest of things, in the modern world; modern people and modern living (so much so, that it is 'killing' the world and they/them in it!?!). Once again, we read this from Ophiel, from his book: Contacting the Demiurge, his chapter: Opening.

"In this first chapter-section we must make a start at clearing away some of the rubbish of misunderstandings and ignorance that clutter up our lives, and prevent us from progressing along the path of self-power, and self-knowledge; and self-advancement.

One of the worst misunderstandings is the idea that there is abroad, in the whole world, an ignorant idea that there is a something called Evil, along with something called good, LIGHT and DARKNESS, etc. Good and Light have been equated with God, and Evil and Darkness have been equated with a thing called the Devil. Nothing, in any religion writings, is very clear, or very logical as to just exactly HOW the evil Devil darkness came into existence against the wishes and power of the Good-Light, when the Good-Light has always been proclaimed to be the most powerful of the two contending Forces." End quote. (Underlines are the present writers.)

The 'dark-ness??' was there 'first!'; the 'dark-ness,' was/is = un-conscious-ness!?! (No **psychic-tactile-feel**-ing!) Then, the 'dark-ness??' = un-conscious-ness!?! = **Psychically-tactilely-felt!?!** = LET THERE BE LIGHT!?! And the 'rest' is(?), history????!?! Ophiel then writes farther on, in his/this same chapter:

"It would seem to me that the time has come, in the course of the history of the world, to realize there is no such thing as active evil oppositions; and that what appears to be such is an illusion born of our ignorance and misunderstanding. There exists, on this Earth plane, a dual-ness, but it is more or less only a give and take, an ebb and flow, a rising and a falling, and a coming and a going.

When all things are on the upswing then God is in his Heaven, and all is right with the world. When all things are on the downswing, then the devil reigns and all hell break's, loose. And yet all is the same one thing – not two things – just the way the One Thing is functioning. And that is all there is to it. No matter how many devil's men create to fill the "evil" void, to explain the fallbacks, it is only the duality of the physical world which is to blame for life being what it is.

When, and ever, mankind, in bulk, will emerge from the mind's "dark ages" of thinking, and perceive that duality IS existence, and, in fact, is necessary; that there is no such thing as

black and white, then he will control, and then will an understanding of this physical world come about; and what has been called Evil, for thousands of years will become the salvation of people – especially those who are in advance, put themselves in advance of the race, in their Thinking. So again, to repeat, for emphasis, while there are dual Forces, these dual Forces are not evil, or bad, or good, or pure, or holy, but are supremely natural.” End quote. (Underlines are the present writers.)

When you, the reader/occultist(?), operator #0 &+ #3, come into a ‘realisation’ = THAT YOU = CONSCIOUS-NESS(?) = #0 &+ #3 = CANNOT! DO NOT! CHANGE/ALTER!?! The/your #0, Outer, outer physically physical ‘world’!?! Then = there is/will be, for you #0 &+ #3 = no pressure!?! = to perform; to force; to hope;

When you, the reader/occultist(?), operator #0 &+ #3, come into a ‘realisation’ = THAT YOU = CONSCIOUS-NESS(?) = CAN ONLY! ONLY! = USE; USE-ING; USED = then = there is/will be, for you #0 &+ #3 = no pressure!?! = to perform; to force; to hope;

When you, the reader/occultist(?), operator #0 &+ #3, come into a ‘realisation’ = THAT YOU = CONSCIOUS-NESS(?) = #0 &+ #3 = ARE A ‘PROJECTION OF’!?! The/your #1, Malkuth Earth/Hades Plane!?! Then = there is/will be, for you #0 &+ #3 = no pressure!?! = to perform; to force; to hope;

Egg and Chair exercises, are simply two of the methods/techniques of/for this, just as Ophiel’s techniques, is/are for #2, etheric exercises. If you, find/discover, that, for whatever reason, Ophiel’s techniques ‘elude’ you, at this moment/time, in your occult life/living, then supplementing your efforts/techniques, with the/your daily practice/doing of enhanced; increased; developed psychological psychic-tactile-feel-ing, isn’t going to = hold you back!?! Nor is it going to ‘disrupt/distort!?!’, your efforts, as the egg/chair exercises, are just that = exercises = just as Ophiel’s Little System/Dream Method are.

Thank you.