

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

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2 of 2 many examples. 2022

Here is what Ophiel writes, in his book; Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance.

“There is a process of the Occult which, when done consciously, is called Polarity, and which means, as its name implies, an action involving the use of two different poles, or opposites. The difference in the two poles, is what constitutes the mechanics of Polarity. This difference can be anything – hot or cold; big or little; positive or negative, etc., and giving out or receiving. Now, to apply the above principles to physical types of clairvoyance is easy. All you have to do is to realise, as the case may be, which of the Poles you are – the big, positive giver, or the little, negative receiver? And, in the case of you wanting to ‘read’ something some article by psychometry, you will want to receive and not the giving-out pole.

I find I must mention another matter here, even though I had intended to end these ideas and return to psychometry as aforesaid. However, this is such a good place that I feel impelled to say that, in regard to the matters referred to above – the strong pole and the weaker pole – when you make a Talisman (I will get out a book on Talismans,) you are employing the principle stated. You are the ‘strong’ pole, and the Talisman is the ‘weak’ pole, and, instead of taking in from the Talisman, you are giving out TO the Talisman – called charging it. Do you see the difference? There is more to the process, of course, but it will have to wait for the book.” End quote.

Polarity is; All facing the one/same direction – higher to lower!

Assume is; To take back up/in – lower to higher!

Duality is; All, everything, in/on the same one plane – going across the plane!

The ‘difficulty?’, ‘tricky-ness?’ is that, assume and polarity – involves the ‘use’ of symbols, and there is only one plane/place, where you get/have ‘symbols?’, and that is in/on the/your #1, Malkuth Earth/Hades Plane!?! (Not up for discussion, basic cosmic egg exercise, settles everything.)

Assume, is where the #0, Outer, outer physically physical body starts/begins from, as it is a scientifically proven/measured fact, that the human brain cannot tell the ‘difference?’ between what is ‘real’ and what it (the brain) believes is real. (Scans of the brain in action, reveals this.) So, having #0, ‘assumed?’, what your – three-dimensional ‘symbol’ is going to

be – you, #0, stand and do your basic cosmic egg exercise, and when you have all five elemental forces symbols, within you, about you and surrounding you #0 &+ #1, you bring your ‘Symbol’ into/onto the dark-ness; black-ness; blind-ness, and you – Conscious, as a ‘ness,’ Psychically-Tactilely-Agree-With, IT = Object; Circumstance; Thing! FEELINGLY!?! BY/WITH/THROUGH DEFINE-ING; THREE-DIMENSIONAL-ISING; SYMBOL-ISING = ‘IT!’

In/on the/your #0, Outer, outer physically physical earth plane, you – Conscious, as a ‘ness’ = use; use-ing; uses; used, the/your #1, Malkuth Earth/Hades Plane Symbol as a/an #0, Outer, outer physically physical = EX-PRESS-ON!

EX = OUT.

PRESS = USE.

ON = PLANE.

The present writer is ‘drawn’ to many things in ‘Art’ over a wide range of subjects, in which they are interested in, especially in elegant/flowing, lines/curves and proportions in functionality. These things do not have to be ‘refined’ or ‘defined’ but can be ‘inferred/IMPLIED’ Impressionism; Sculpture; Animation; Abstract; Science; Technology; Biology; Anthropology, etc, etc. When the present writer ‘responds’ to these things, it is ‘felt/sensed’ by the/their ‘Other’ - #1, Malkuth Earth/Hades Plane Body, as the/their #0 &+ #3, bodies simply ‘observe’, unfortunately there is/are ‘no words,’ which can/do/will/shall(?), carry/convey, the ‘exact’ meaning, expression(?), of/for these things, to a/an, other individual, but... there should be ‘enough?’ information, for other persons, to ‘see?’, this/these same/similar ‘things’ – IN THEM/THEIR SELVES!

Imagine ‘touching/feeling/sensing’ a ‘work of art’ in the/your basic cosmic egg exercise, style?

Imagine ‘touching/feeling/sensing’ a ‘another person’ in the/your basic cosmic egg exercise, style?

Imagine ‘touching/feeling/sensing’ a ‘career’ in the/your basic cosmic egg exercise, style?

Imagine ‘touching/feeling/sensing’ a ‘Little System’ in the/your basic cosmic egg exercise, style?

Imagine ‘touching/feeling/sensing’ a ‘Talisman’ in the/your basic cosmic egg exercise, style?

Imagine 'touching/feeling/sensing' a 'Ritual' in the/your basic cosmic egg exercise, style?

Imagine 'touching/feeling/sensing' a 'Prayer' in the/your basic cosmic egg exercise, style?

Imagine 'touching/feeling/sensing' a 'Treasure Map/Chart' in the/your basic cosmic egg exercise, style?

Imagine 'touching/feeling/sensing' a 'Tattva Symbol' in the/your basic cosmic egg exercise, style?

Can you? Are you? Do you? See/Observe? The/your Basic Cosmic Egg exercise, in the above?

Can you? Are you? Do you? See/Observe? The/your **Psychic-Tactile-Feel**-ing Body, in the above?

In/on the/your #2, Etheric Plane, you – Conscious, as a 'ness = projection; protrusion; extension; standing out; jutting forth,' can/do = REFLECT – a Symbol!

In/on the/your #0, Outer, Outer Physically Physical Plane, you – Conscious, as a 'ness = projection; protrusion; extension; standing out; jutting forth, 'can/do = USE – Symbol!

But...! Only! In/on the/your #1, Malkuth Earth/Hades Plane, do you – Conscious, as a 'ness = projection; protrusion; extension; standing out; jutting forth, 'HAVE!?!' A SYMBOL!?!

What 'separates?' the planes, is that of 'Time' (perception thereof) and the three 'phases' of time, explained with the/your #1, Malkuth Earth/Hades Plane, is/are;

#2, Etheric Plane Clairvoyance = projected future-time – Visualisation.

#1, Malkuth Plane **Psychic** = tactile-feeling now-time – Symbol.

#0, Physical Plane Duality = use; using; uses; used real-time – Living.

All of the/these 'phases/cycles' of time are 'contained?' in 'Space?', this 'Space?', is the/your Basic Cosmic Egg 'Symbol' ex-press-ed as the basic elemental force(?), of the element, Akasha! And each time(?), you, the 'occultist?', choose to test, try, use the/your basic cosmic egg 'exercise' = YOU – CONSCIOUS, AS A 'NESS' ARE IN DIRECT CONTACT!?! TO/WITH THE/THIS = BASIC ELEMENTAL FORCE, CALLED/NAMED 'AKASHA' – WHICH IS THE BASIC ELEMENTAL 'FORCE?' = OF/FOR = CHANGE!?! (See/read

Ophiel's book; Caballa Magic for this, and read it, along with Ophiel's book; Clairvoyance, his chapters; A Magic Mirror and Clairvoyance and The Two Minds.)

The ex-press-on of/for the elemental 'principle' of/for the element, of the elemental force, of the basic element 'Akasha = Space/Change' in/on the/your #2, Etheric Plane is(!) = Reflection = Future-Time.

The ex-press-on of/for the elemental 'principle' of/for the element, of the elemental force, of the basic element 'Akasha = Space/Change' in/on the/your #1, Malkuth Earth/Hades is(!) = Three-Dimensionality = Now-Time.

The ex-press-on of/for the elemental 'principle' of/for the element, of the elemental force, of the basic element 'Akasha = Space/Change' in/on the/your #0, Outer, Outer Physically Physical Earth is(!) = Use; Use-ing; Uses; Used = Real-Time.

What do you, the reader, wish to 'express' in real-time(?), right now? (Write it/this out, on sheet of A4 paper, and show it to no one. Read it so that you understand/remember it, and then destroy it, telling/showing no one!?!)

Can you? Are you? the reader, able to visualise your future-time, so that it becomes the/your/a, real-time answer, which you, the reader, can use; use-ing; uses; used, in the/your now-time = DUALITY? (Duality = all/everything, in/on the same/one plane!) Study Ophiel's second book; Creative Visualisation, which is a very strong, #2, Etheric Plane, book. See which parts you can 'change' so that you are able to see/read, where you 'insert' your understanding of the/your 'own' #1, Malkuth Earth/Hades Plane – Psychic-Tactile-Feel-ing, which requires, NO VISUALISATION = Eros to Psyche – Bring No Light! Letter of Augustine of Hippo – Agree-with = what you – Conscious, as a 'ness' – Psychically-Tactilely-Feel!?! These things are very, very simple/easy, when a viable technique, is presented, that can be – tried; tested; used.

All of Ophiel's work, begins with the/your #2, Etheric Plane, but... there is/are many, many individuals out there, who, no matter how hard they 'try,' are never(?) going to, #2, Etheric Project in the way/method/style presented, no matter who the presenter is. But...whether they, the reader, likes it or not(?), they, the reader = ARE BORN PSYCHIC!?! = are 'born' in the dark-ness; black-ness; blind-ness?

But... should they, the #0 &+ #3 reader 'embrace,' the/their 'other' self(?), the silent one(?), the hidden one(?), the blind one(?) (Augustine's agree-with!) (Greek psyche – dark-ness; black-ness; blind-ness = bring-no-light!) Then, there will/shall – come a time(?) – when they – Conscious, as a 'ness' say(?) = Let There Be Light!?! (See/read Ophiel's first book; Astral Projection and his first two methods; Little System and Dream Method.)

In the 'case' of – Polarity = Higher to Lower – the individual is 'always?' = looking back/out/down; looking down; looking behind! STARING AT!?! (See/read Ophiel's first lesson, in his; Correspondence Course in Astral Projection, for – Looking Back/Behind! See/read Ophiel's vignette; The Two Dreamers; Arik Anpin & Zoar Anpin.)

In the 'case' of – Assume = Lower to Higher – the individual is 'always?' = looking up/in/ahead – VISUALISING/PROJECTING!?! (See/read Ophiel's two books; Astral Projection; Creative Visualisation.) In the 'case' of – Duality – All, everything, in/on the same one plane – the individual's conscious-ness = is 'at-one-with,' 'the same as,' the plane, that 'it' – conscious, as a 'ness' is in/on!?! (#0, Outer, outer physically physical plane, is a 'perfect?' example of/for – Duality!)

Polarity = all - facing/flowing in the one/same direction = downwards/outwards!

Assume = all - facing/flowing in the one/same direction = upwards/inwards!

Duality = all - in/on the same one plane = going across!

Imagine if you can, #0, outer, outer physically physical treasure map/chart!?!

Imagine if you can, #0, outer, outer physically physical looking at it!?!

Imagine if you can, #0, emotionally feeling you already have, the 'items' in/on your chart!?!

Imagine if you can, #0, egotistically thinking, you are going to get/receive your 'items'!?!

Well, imagine all you want!?! But... don't(!), imagine, for one second, that you are going to get them/these = your 'items?', big or small!?! Because you – Conscious, as a 'ness' = have 'never left?', the/your #0, Outer, Outer Physically Physical Plane Duality!?! This state of affairs(?), is because the individual is making a #3, Ego Body – Judge; Judge-ing; Judges: Judgement = not me; not mine; not here; not this; not that; over there; else; other; separate!?!

Nevele Goddard, put it succinctly, when he wrote; to pray for riches, whilst being conscious,

of being poor, is to be rewarded with what you are conscious of being!?! Therefore, do not try to ‘change?’ the/your #0, Outer, outer physically physical world! – YOU CAN’T DO IT! FROM!?! – THE/YOUR - #0, Outer, outer physically physical world!! – WHICH YOU CAN ONLY! ONLY! – USE; USE-ING; USES; USED!?! = #3, EGO BODY!?! In the basic cosmic egg exercise and in the/your basic chair exercise, your #3, Ego Body, Present Incarnation, Personality Body – Learns How(?) To OBSERVE WITHOUT JUDGEMENT!?! And it is ‘done?’ = BY/WITH #1, MALKUTH EARTH/HADES PLANE = PSYCHIC-TACTILE-FEEL-ING!?!

When/if, you – Conscious – look psychically-tactilely-feelingly - FROM - the/your #1, Malkuth Earth/Hades Plane, to, the/your #0, Outer, Outer Physically Physical Plane – then the/your #0, Outer, Outer Physically Physical Plane = MOVES!?! = POLARITY!

When/if, you – Conscious – look psychically-tactilely-feelingly - FROM - the/your #1, Malkuth Earth/Hades Plane – to, the/your #2, Etheric Plane - then the/your #2, Etheric Plane = MOVES!?! = ASSUMES!

When/if, you – Conscious – look Physically, Physically- FROM - the/your #0, Physical Earth Plane – to, the/your #0, Physical Earth Plane - then the/your Conscious, as a ‘ness’ is in a state/condition of Duality = All – everything else/other is/will be = #0, Outer, outer physically physical = GOING ACROSS THE PLANE!?!

If anyone speaks about polarity, assumption and/or duality, etc, they are discussing = DIRECTIONS OF VIEW!?! Or POINTS/PLACES OF VIEW!?! (Put this/these to the ‘test,’ with the/your basic cosmic egg and/or basic chair exercises; put this to the ‘test’ in Ophiel’s materials; Little System/Dream Method; Talismans and/or Treasure Map Charts, etc.) These directions of view(?) or points of view(?) are NOT(!), #0, Outer, outer physically physical, but ARE(!), VIEWS OF CONSCIOUS – AS A ‘NESS!’

Ness (noun,) point of land running towards/into the sea; from Old English; næs/nēs – promontory; protrude; project; jut out; stand forth, etc, etc. From the Proto-Indo-European Root word; nas = nose.

Conscious, from the Latin; conscius = knowing; aware; awake. From; conscire = be mutually aware; awake to the same/one thing. From; com = with; thoroughly + scire = to know (from personal/individual experience of.) Loan translation from the Greek word; syneidos =

Synecdoche = simultaneous understanding – experiencing(!), in which a term/name of a ‘part’ of something, refers to the ‘whole’ of something or the ‘whole’ of something, refers to a ‘part’ of it. This is called a ‘metonymy = a part of the whole or the whole from one of its parts. Boots on the ground – for the Army; Ships at sea – for the navy; White house – for the office of the President; Number ten – for the office of Prime Minister (British), etc, etc.

The above, is ‘how?’ the ‘occult?’ works, with the/your #1 &+ #0, bodies = BUT!?! = THE SAME ‘VIEW?’ DOES NOT NECESSARILY MEAN! = THE SAME CONSCIOUS ‘NESS’ EXPERIENCE!?! DEPENDING ON!?! WHICH PLANE THAT ‘CONSCIOUS?’ = AS A ‘NESS?’ – IS IN/ON!?! = BECAUSE THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?! = PIGGY-BACKS(?) – IN/ON CONSCIOUS, WHEN ‘IT’ = CONSCIOUS – IS IN A ‘NESS’!?! = SO!?! – When ‘conscious’ as a ‘ness’ = Looks? It – Conscious = does so(?), in ‘one’ of – three ‘ways?’ =

Higher to lower = Polarity!

Lower to higher = Assume!

Duality = Going Across!

Ophiel’s #2, Etheric exercises, is/are ‘Assuming!’ = Clairvoyance. Anything above #2 and higher, is Clairvoyance.

Basic Cosmic Egg and/or Basic Chair exercises, is/are ‘Assuming!’ = Psychic. Anything in/on #1, Malkuth Earth/Hades, is tactilely-felt!

Duality = All/Everything, in/on the same one/plane level = Going ‘across’ the plane!

It is, as Ophiel explains, in his lesson one, of his, Correspondence Course in Astral Projection; not until you can ‘enter’ the/these planes, consciously/knowingly and about face/turn and look back. It is at this ‘point/view’ = looking back; looking behind (Repent/Repenting.) that you, the reader; operator; practitioner; occultist(?), get/have ‘Polarity = higher to lower!?!’ views.

Every day, in every way, when you, the reader, chose to test, try, use, the/your basic cosmic egg and/or basic chair exercises, you are ‘doing?’ the above? And, you – Conscious, as a ‘ness,’ are doing it(?), from the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing,

Now-time, to the/your #0, Outer, Outer Physically Physical Plane, Real-Time!

Without having to #2, Etheric Plane, project? – you – the reader; operator; practitioner; occultist(?), at the ‘drop of hat?’, can/do – enter!?! – the/your #1, Malkuth Earth/Hades – INNER-PLANE!! – and = ABOUT FACE/TURN!! = AND LOOK BACK? LOOK DOWN? LOOK BEHIND!?! = AT! – THE/YOUR #0, Outer, Outer Physically Physical – SELF!?!

Too easy? Too simple? Too quick? Well, too bad!?! Because that, IS! the ‘way?’, that ‘IT!’ IS! Test it; Try it; Use it!?! And ‘prove it!?!’ to/for – YOURSELF!?! – stop trying to ‘hand over’ your, innate powers/abilities to ‘things?’ = OUTSIDE YOURSELF!?! (#3, Ego talk?)

Thank you.

PS. Just keep reading, as much and as wide as you can and just keep ‘exercise-ing!?!’