

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:  
<https://groups.google.com/g/ophiel-magic9-20/>  
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the  
defunct YahooGroups)**

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As a/an individual progresses in their egg/chair work, with the aim/goal to/towards enhancing, increasing and developing, the/their #2, etheric projecting abilities, there is/are many 'other' things, which 'subtly' rise into/onto conscious-ness, as the natural/normal 'progression', of their work.

Ophiel, writes; that there is an old occult saying, that the, individual, cannot control/use any 'lower plane', until and unless, they have some kind/type of, control/use, the next 'higher' plane!

Well, unfortunately, for many, many would be 'occultists', the general wider occult field, in circulation, publication, explanation = HAS IT!! = THAT THE/THIS HIGHER PLANE = IS!?? = THE/YOUR #2, ETHERIC PLANE!?! WHEREAS(?), OPHIEL WRITES, THAT HE FOUND OUT(?), DISCOVERED(?), FOR HIMSELF!?! THAT THERE WAS/IS!?! = A/AN 'OTHER!?!' = PLANE!?! = BETWEEN!! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE 'AND' = THE/YOUR #2, ETHERIC PLANE!?!

Words like = dark-ness; black-ness; blind-ness; secret; unseen; hidden; invisible; silent and, worst, worst, of all words/descriptions = evil(?) = have been used to try to describe/explain this = invisible plane/level = which Ophiel writes; it lets its self be 'felt'!?! (See/read Ophiel's vignettes: The 'OTHER' you; Your 'OTHER' You; Why do you let the Devil 'USE' you? and, An Exercise in Preliminary Projection.)

The egg/chair exercises, if they are for you, at this time in your 'occult' life/living are 'specifically' for, the/your #1, malkuth earth/hades plane, development/enhancement, just as Ophiel's materials are for your #2, Etheric Plane, development/enhancement!?!

Big, big, big(?), occult, for you, the reader/occultist(?) = the/your #1, malkuth earth/hades plane = IS THE 'SEED' = OF/FOR THE/YOUR TREE!?! - #2, Etheric and upwards!

Big, big, big(?), occult, for you, the reader/occultist(?) = IF! IF! THERE IS 'NO SEED' = THEN THERE IS 'NO TREE!?! End of occult!

During the present writers 'meditations/explorations', they 'observe' the; Sphere of Malkuth,

as a 'black dot', in a 'vast sea' of endless 'white-ness?' (the/a Hindu 'presentation' of/for the Akasha/Astral-Light = The Milky White Sea.) and 'extending' = down/out from = the/this 'black dot' = is/are 'its' roots = tendrils. Above the/this 'black-dot-sphere-malkuth' = IS!?! = ITS TRUNK (Middle Pillar) = AND! ITS = BRANCHES (Two-Branches). This is simply an individual, symbolic impression of/for the two-dimensional, flat diagram, that is seen by/many, in the front covers of Ophiel's first book; Astral Projection and is a/an 'occult standard', for the wider/general 'occult' field.

But...leaving that 'aside', the 'impression?' = given? = was that; extending 'up', from the 'black-dot' (#1, Malkuth Earth/Hades Sphere/Seed???) There was the 'flower = visualisation' and extending 'down' were the 'roots', of the 'black-dot-seed', thus, leaving 'in the middle??' = the actual; factual; literal = source of!?! Thus, lying/laying = between = the light above and the roots below = the/this 'single point?', the 'black-dot' = #1, malkuth earth/hades? (Om mani-padmi hum – from black-ness to unstained white-ness!?!)

Another, way of expression/explanation = the black-dot/single-point-seed = is = the/your = conscious-ness!?!)

Now, the world #0, outer, outer physically physical plane is 'awash!?!', with the 'symbol-ism' = of/for things like this, like the above meditation (Done many years ago, and a similar one presented to the Ophiel-Magic Yahoo Group in 2004/5!?!) But...! Unfortunately, for many, many millions, upon millions, there is/are no longer, any kind/type of 'homogeneous' group acceptance, which has, a positive 'technique' in it, although the actual, factual, literal world about us now, is on the 'cusp', of such a possibility, due to the 'break-down' of 'inner/mental/emotional' barriers, due to the recent 'advent?' of the/a 'digital world'.

But... also, in that/this 'digital world', old world 'symbol-ism', is still 'prevalent?', and it will take one of the apocalyptic movie catastrophes, to bring it = the world = to its senses. (Senses? Never going to happen!?!)

As you/if you(?), the occultist/operator continue, in your egg/chair exercises, whilst you are 'working' to/towards your; astral projection work; there will come a time/place, where, as said at the start/beginning of this 'monologue', where 'things' start to 'rise up/surface?', into/onto the/your = conscious-ness = AND 'IT?' = whatever your 'IT' IS!?! = will be/shall be = should be?? = recognised!?! = for what 'IT' IS!?! = it is – just you!?! Ophiel writes about this, in his book/correspondence course, in Astral Projection. When the 'individual' gets to the part/place, where 'sound/hearing?' is encountered in/on the/your = #4, Astral

Plane!?!

The ‘way?’ that it ‘works?’, is simple enough(?), when you = the operator/occultist(?) = get to/arrive at/meet? = the/your = Fire-of-Earth! Inverted Pyramid ‘inside’ Cube = when this happens – you the operator/occultist(?) = now have access/entry!?! (Consciously/Un-Consciously? Knowingly/Un-Knowingly = won’t/don’t!?! = make any difference!?!) now have access/entry = to the ‘whole!?!’ = of the/your = emotional plane!?!

Please read the above paragraph again, and ‘apply it’ = information/access, to the/your ‘other’ planes!?!

The standard/basic cosmic egg exercise, is where you, the individual, stand and relax your #0, body and when ready, switch to the five basic elemental forces symbols, within you, about you, surrounding you, in the/your dark-ness; black-ness; blind-ness. You sense/feel the basic elemental forces symbols, in the same way/manner, that you = conscious-ness = sense/feel!?! = the/your #0, body!?!

Egg = whole body;

Sphere head;

Inverted Pyramid = torso;

Bowl = hips/pelvis/crotch;

Cube = thighs/legs/feet;

After a while of doing/psychic-tactilely-feel-ing, your five Basic Tattvic Forces symbols, three-dimensionally, within you, about you and surrounding you #1 &+ #0, the time will ‘come(?)’, when the symbols – and/plus/to/also – your conscious-ness = will associate = the/these symbols = AS A PART/PIECE OF ITS #0 SELF/BEING = as a ‘part/piece’ of who/what it #0, ‘IS!?!’ = this me!?! = this is ‘what’ I am!?! = this is ‘who’ I am!?! And ‘if?’ the/your #3, Ego Body, has observed properly, the acceptance of, this = IS AS ‘NATURAL!?!’ AS WHAT YOUR #0, Outer, outer physically physical body is!?!

The five basic elemental forces symbols, have become/are = associated = to/with = the/your #0, outer, outer physically physical body and is/has been = ACCEPTED BY/WITH THE/YOUR = PSYCHE!?! The ‘first!’ marriage = desire!?! = Eros = Fire-of-Earth!?! Where only(!) = psychic-tactile-feel-ing is accepted = Eros instructions to Psyche = bring no light -

#2 etheric - with you!! The Second 'marriage' is = Earth-of-Fire!?! = where your #0, outer, outer physically physical 'actions/doings', brings about, that which you 'had/desired' in the #1, Malkuth Earth/Hades, state/stage. Psyche had to 'clear/clean/re-instate' the 'neglected temples = planes' of the Gods, before she could 'obtain', her 'desire' = Eros!! (See/read previous 'monologues').

The 'proposed' technique, of/for this/these kinds of things, are for the; long haul = careers/life style/life/living = CLAIRVOYANCE!!

The 'implementation' of/for this/these kinds of things, are for the; 'short haul = day to day life/living = PSYCHIC!?!

The 'technique' is = you – the operator/occultist = take the symbol of the 'inverted pyramid' at your 'torso' and 'move/relocate' it = inside = the/your symbol of the 'cube' at your thighs/legs/feet = Fire-of-Earth = psychic-tactilely-feel your defined-three-dimensional-symbol-ical = object, circumstance, thing and/or it! IT 'AT' THE/YOUR #1, MALKUTH EARTH/HADES PLANE = WHERE YOU = CONSCIOUS-NESS = MUST/CAN/DO = BELIEVE!?! (Through/by/with doing/using, the/your psychological psychic-tactile-feel-ing!?!). There is/are several things, that you, the operator/occultist(?), should 'feel' as you go through the/this/your basic cosmic egg exercise!?!

There should 'be' a 'definite' sensation/feel-ing of 'psychic-tactile-movement' as your 'inverted pyramid' travels down your #0, outer, outer physically physical body.

There should 'be' a 'definite' sensation/feel-ing of 'psychic-tactile-combination' = now 'expressed as' elemental earth behaving like; looking like; working like; operating like; acting like; the/your elemental Fire = where your 'force of desire!?!' = is expressed as belief (have/having 'it = object, circumstance, thing) ALREADY!?!

The/your elemental 'force' of elemental fire = emotion! = should be 'expressed!' = in the/your psychic-tactile-definition-of(?) = the/your, IT = object; circumstance; thing = in ITS believable(?) = three-dimensional, symbol-ical form!?!

The 'sensation(?)', of the/your Fire-of-Earth should be playing/tactilely-feel-ing, all about the/your 'chosen' = IT = object; circumstance; thing, whilst you – conscious-ness and/plus #3, are tactilely-handling, your 'IT'! Ophiel describes this/these 'sensations' in his vignettes; Assistance from the Gods, parts one and two.

When you – conscious-ness, are finished with your ‘IT’, you then ‘re-establish’ your, inverted pyramid ‘inside’ your cube, then, when ready; you bring your inverted pyramid, back up your #0, outer, outer physically physical body, from your feet; legs; thighs, to your torso, from here, you re-establish each of your five basic elemental forces symbols, within you, about you and surrounding you, #1 &+ #0, then absorb them back into the/your #0, outer, outer physically physical body and open your eyes.

Having understood/comprehended = that you!! = #0 &+ #3 = CANNOT/DO NOT/WILL NOT = CHANGE/ALTER!?! = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL, EARTH PLANE!?! = WHICH YOU, CONSCIOUS-NESS = CAN ONLY! ONLY! EVER USE!?! THEN, YOU #0 &+ #3 = SHOULD SENSE/FEEL!?! = THAT THERE IS ‘NO PRESSURE!?!’ = TO PERFORM!?!

Perform (verb), circa 1300’s, via Anglo-French, ‘performer/perfomir’, which was/is altered through the influence of ‘forme = form’, from the Old French; parfornir = to do; carry out; finish; accomplish. From; par = completely + fornir = to provide. It was in Middle English, that the word, ‘perform’, began to take on wider uses/senses of ‘meaning’ = to make; to construct; to produce; to bring about; to come true of dreams.

The/your #1, Malkuth Earth/Hades Plane Body = Perfoms! (Furnishes; Provides.)

The/your #0, Outer, Outer Physically Physical Body = Acts! (Uses).

Do you? Are you? Can you? = the reader/occultists(?), able to ‘see through’, ‘see past’, the written words/explanations above, to the actual; factual; literal ‘technique?’.

For, instance(?), when you, the reader, decide to practice/do Ophiel’s Little System, from his book/course; Astral Projection = could you = #3, Ego Body, Present Incarnation, Personality Body = HAND OVER(?) = the ‘exercise/technique?’, of the/your Little System Route = TO THE/YOUR #1, MALKUTH EARTH/HADES = PSYCHIC-TACTILE-FEEL-ING-BODY AND YOU(?) = #3, = JUST OBSERVE = WITHOUT JUDGE-ING!?!

For, instance(?), when you, the reader, decide to practice/do Ophiel’s Little System, from his book/course; Astral Projection = could you = #3, Ego Body, Present Incarnation, Personality Body = (?) = PSYCHIC-TACTILE-FEEL the/your #2, Etheric Plane/Body/Route ‘visualisations?’, of the/your Little System Route = TO THE/YOUR #1, MALKUTH

EARTH/HADES = PSYCHIC-TACTILE-FEEL-ING-BODY!?! AND YOU(?) = #3!?! = JUST OBSERVE!?! = WITHOUT JUDGE-ING!?!

As an ‘exercise’, a person/individual, should spend a little time each day, quietly thinking/psychically-tactilely-feel-ing, that it is ‘not them!’ = #0, &+ #3 = who change/alter the/their #0, outer, outer physically physical world, but you(!) the/your #1, Malkuth Earth/Hades = psychic-tactile-feel-ing-body = which/who does this! According to ‘ITS’ #1, Malkuth Earth/Hades Plane/Body belief; believe; believing; believed.

As an ‘exercise’, a person/individual, should spend a little time each day, quietly thinking/psychically-tactilely-feel-ing, that it is ‘they!’ = #1, Malkuth Earth/Hades = who change/alter the/their #0, outer, outer physically physical world, and not! = the/their #0, outer, outer physically physical body which can only use this/their #0, world!?! According to ‘ITS’ #1, Malkuth Earth/Hades Plane/Body belief; believe; believing; believed.

Being/becoming = conscious, aware and awake = to this ‘fact’ = that the/their #0, outer, outer physically physical world/body = is! = a ‘projection of’ = the/their #1, Malkuth Earth/Hades - Psychic-Tactile-Feel-ing-Body, is explained by Ophiel, in his book; Talismanic Magic, in his chapter; Recapitulation.

“I am discovering more and more that all Magic and, indeed, all Physical Life, hinges on and is dependent on the existence of a “Hidden” AGENT, and, in the case of the Occult Magic Study we are doing here, a Magical Agent. The existence of this Agent has been known/suspected for untold ages, both by those primitive peoples who drew magic talismanic images (pictures on the walls of caves) for “good” hunting, down to modern psychologists who sensed the existence of a Universal Subconscious, which is the “It” of ALL IN ALL. We have spoken elsewhere in this book about the strictly “Matter” side of this Magical Agent, and how that side of the Magical Agent functions. Now we will treat of another aspect of the Magical Agent and its connections with Talismans.” End quote.

The existence of this Agent has been known/suspected for untold ages, both by those primitive peoples who drew magic talismanic images (pictures on the walls of caves) for “good” hunting, down to modern psychologists, who sensed the existence of a Universal Subconscious, which is the “It” of ALL IN ALL = For the sake of clarity and understanding, the previous and present ‘monologues’ is/are, for those individuals who are still finding it difficult/testing/trying, in getting Ophiel’s materials to ‘work/operate’ for them, in a such a way, as that, his (Ophiel’s), materials can be used, without necessarily having to, #2, Etheric

Project and/or be 'emotional' in a 'way?', that is 'not?' them!?! At this time, in the/their 'occult' life/living.

The part/piece of the 'Agent', that is/has been, presented, is in the 'context', of the #1, Malkuth Earth/Hades Plane/Level = which is the 'individuals' = psychological psychic-tactile-feel-ing/believe-ing = plane/body. Ophiel continues:

"For the purpose of making a start, and with no immediate reference to origins of things as such, we can consider the philosophical idea/concept that there exists another "double world," a through-the/a-looking-glass, or "on-the-other-side-of-this-one" world. Once you stop still and reconsider this concept of a double world, all sorts of interesting ideas come welling up into consciousness.

First: An Object, any object, you see on this Physical Plane, has a duplicate on the Inner Planes. This first duplicate then goes on "back up" the rest of the Inner Planes to the near top Plane where it ceases to exist as a form, and becomes, an Idea only and then, on up, to an archetypal idea only, and then, on to pure energy feeling.

Then it passes on out of this Physical Plane World on up to the great beyond, of which no one knows a thing and which is of no real concern to us at this stage of our study and evolution.

It should be obvious to any knowledgeable, thinking person that the understanding of the "doubleness" of manifested existence could suggest all sorts of expanded possibilities of physical manifestation which should be taken into consideration in our every physical action on this Physical Plane." End quote.

First: An Object, any object, you see on this Physical Plane, has a duplicate on the Inner Planes. This first duplicate then goes on "back up" the rest of the Inner Planes to the near top Plane where it ceases to exist as a form, and becomes an Idea only and then, on up, to an archetypal idea only, and then, on to pure energy feeling = An Object, any object, you see on this Physical Plane, has a duplicate on the/your = Last Inner Plane = #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing-Plane!?! The/these two planes = #0 &+ #1 = ARE IMMEDIATE! ARE NOW! = and your 'projection/transfer??' = is!?! = 24/7/365!!! You, reading this/these 'monologues' are in/on the/your #1, plane and #0 = CONTINUOUSLY/CONSTANTLY!?! = SO!!!!!!?! = NO PRESSURE!?!

Thank you.