THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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In the basic cosmic egg exercise = you! = the operator/occultist(?) = <u>ARE</u> '<u>INSIDE</u>'!?! = THE/YOUR = <u>EGG/AURA</u> = <u>ALREADY</u>!?! Do you? The operator/occultist(?) = <u>understand</u> this!?!

In the basic cosmic egg exercise = you! = the operator/occultist(?) = <u>ARE</u> '<u>INSIDE</u>'!?! = THE/YOUR = <u>EGG/AURA</u> = <u>ALREADY!?!</u> <u>WITH ALL FIVE BASIC ELEMENTAL</u> '<u>FORCES</u>' <u>SYMBOLS!!</u> = <u>DEFINED!</u> <u>THREE-DIMENSIONAL</u>-ISED! AND <u>PSYCHICALLY-TACTILELY-FELT-BELIEVED</u>!?! = BY/WITH THE/YOUR #1, MALKUTH EARTH/HADES <u>PLANE/BODY</u> <u>AND!</u> <u>THE/YOUR</u> #0, OUTER, OUTER PHYSICALLY PHYSICAL <u>PLANE/BODY!?!</u> Do you? The operator/occultist(?) = understand this!?!

In the basic cosmic egg exercise = you! = the operator/occultist(?) = ARE 'INSIDE'!?! = THE/YOUR = EGG/AURA = ALREADY!?! WITH ALL FIVE BASIC ELEMENTAL **DEFINED!** THREE-DIMENSIONAL-ISED! 'FORCES' SYMBOLS!?! = PSYCHICALLY-TACTILELY-FELT-BELIEVED!?! = BY/WITH THE/YOUR #1. MALKUTH EARTH/HADES = PLANE/BODY!?! AND! THE/YOUR #0, OUTER, PHYSICAL **OUTER PHYSICALLY** PLANE/BODY!?! Do you? The operator/occultist(?) = understand this!?!

In the basic chair exercise = you! = the operator/occultist(?) = #3, <u>EGO BODY ARE 'OBSERVING'!?!</u> = THE/YOUR = #1, MALKUTH EARTH/HADES PLANE <u>FORCE 'MOVE'!?!</u> = <u>TO THE/YOUR OPPOSITE!?!</u> = <u>TO THE/YOUR ADVERSE!?!</u> <u>TO THE/YOUR OBSTACLE!?!</u> <u>SIDE!?!</u> Do you? The operator/occultist(?) = <u>understand this!?!</u>

In the basic chair exercise = you! = the operator/occultist(?) = <u>YOU</u> #3, <u>ARE 'OBSERVING'!?!</u> = THE/YOUR = #1, MALKUTH EARTH/HADES PLANE <u>FORCE</u> 'MOVE'!?! = <u>TO THE/YOUR OPPOSITE!?!</u> = <u>TO THE/YOUR ADVERSE!?! TO THE/YOUR OBSTACLE!?! SIDE!?! PSYCHICALLY-TACTILELY-FEEL</u>-ING; <u>USEING</u>; <u>BELIEVING!?! AND 'OBSERVING' = HOW TO 'BIND' THINGS</u>; <u>OBJECTS</u>; CIRCUMSTANCES; ITS!?! Do you? The operator/occultist(?) = understand this!?!

In the basic cosmic egg exercise = you! = the operator/occultist(?) = <u>ARE</u> '<u>INSIDE</u>'!?! =

THE/YOUR = <u>EGG/AURA</u> = <u>ALREADY</u>!?! <u>THUS</u> = <u>YOU</u>! The Operator/Occultist = <u>ALREADY KNOW/UNDERSTAND</u> = <u>HOW</u>!?! = <u>TO</u> '<u>DO/PRACTICE</u>!?!' = <u>TATTVA</u>!?!

Isn't this(?), just the most, simplest/easiest/fastest, of all/any 'occult techniques?', that you have ever done, tried, tested before!?! Stand still and know!?! If you study Ophiel and his; Golden Dawn, <u>tattva entry system</u>, as presented in his last chapter, of his book; Astral Projection – Symbol Method. As presented in his; Correspondence Course in the Foundations of Occult Knowledge. Then you, the operator/occultist, do not necessarily 'need?', the 'combined tattva symbol', because you, can/do = psychologically <u>psychically</u>- <u>tactilely</u>-feel 'IT', <u>in/on both your</u> 'bodies = #1 &+ #0!?! = with the/your #3, ego body – <u>observe</u>-ing!

Please see/read Ophiel's book; Clairvoyance, his chapter; The Body of Light and the God Images. This 'variation' of the exercise = Assumption of the God/Form = <u>is greatly simplified/amplified</u> = and is = <u>much more tangible/tactile-personal/individual</u> = than the 'idea/notion' of some 'God!!' (Which is 'how??', we = the race?? Got into the/this 'mess!!', in the first place!!) Ophiel, writes straight out/plane as day, the/these 'Gods?', have <u>no power in and of, themselves</u>!?! They = the God/Gods??? = <u>only have the 'power' = THAT YOU!! = CONSCIOUS-NESS!?! = reading this/these 'monologues' = <u>BUILD UP/GIVE OVER!?! = TO THEM!?!</u></u>

Please see/read Ophiel's book; Clairvoyance, his; Foreword.

Please see/read Ophiel's book; Clairvoyance, his; A Magic Mirror and Clairvoyance.

There is/should be, no feeling/sensation, of pressure = the need/desire to 'perform = in/on' the/your #0, Outer, outer physically physical plane'!?! You = conscious-ness = should already = know/understand = THAT YOU CAN ONLY! ONLY! = USE; USE-ING; USED!?! = the/your #0, Outer, outer physically physical plane!?! THIS KNOWLEDGE/KNOWING!?! = SHOULD/WOULD/COULD!?! = RELEASE? = YOU THE READER, OCCULTIST(?), PRACTITIONER!?! THERE SHOULD NOW BE!?! = NO PRESSURE!?!

PUT IT TO THE TEST! TRY IT!! USE IT!!!

Build your Little System Route as instructed by Ophiel, practice it = $\frac{\text{knowing/understanding}}{\text{understanding}}$ = that it/this 'exercise' = $\frac{\text{IS}}{?!}$ = #2, Etheric Plane Visualisations!?! When you think/feel, that you = conscious-ness = are 'ready', do the whole of the/your 'route', in the/your

psychological = dark-ness; black-ness; blind-ness!?! = psychologically psychically-tactilely-feel; define; three-dimensional-ise; symbol-ise!?! = the/your 'route/stations'!?! Then, when 'ready', do the whole of your 'route', in the #2, Etheric Plane, Visualisation 'way' = AND PSYCHICALLY-TACTILELY-FEEL!?! = YOUR VISUALISATIONS!?! (Earth-of-Water = Cube 'inside' Bowl).

During your, normal waking day, select something in/on your 'route' and 'tactilely-feel-it' = as if/as though = BLIND!?!

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PSYCHICALLY-TACTILELY-FEEL!! = ITS = FORM/FUNCTION!?!

PSYCHICALLY-TACTILELY-FEEL!! = ITS = DEFINITION!?!

PSYCHICALLY-TACTILELY-FEEL!! = ITS = THREE-DIMENSIONS!?!

PSYCHICALLY-TACTILELY-FEEL!! = ITS = SYMBOL-ISM!?!
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THEN!! = <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>!! = <u>IT</u> = <u>AS</u> <u>A</u> <u>VISUALISED</u> REFLECTION!?!

THEN!! = <u>PSYCHICALLY</u>-<u>TACTILELY</u>-<u>FEEL</u>!! = <u>IT</u> = <u>AS A/AN EARTH-OF-WATER-OBJECT</u>!?!

AND WHILST YOU ARE = <u>DOING/USING!?!</u> THE/THIS = <u>PSYCHICALLY-TACTILELY-FEEL-ING!!</u> = <u>IT</u> = <u>AS A/AN EARTH-OF-WATER-OBJECT-VISUALISING!?!</u> TELL YOUR <u>SELF</u> = Conscious-ness = that you are going to be 'doing this', when/whilst = you are <u>sleeping!?!</u> Here it is, from Ophiel, from his book: Astral Projection, his Dream Method;

"Now how do you get this CRITICAL FACILITY to function on the Inner plane? Well at first thought it seems almost impossible to develop such an ephemeral thing so that it will work. However, it will work. And the way to make it work is thru a combination of Will Power and Desire.

We are all more or less familiar with the strange ability we have of hearing a tune of new music and then find ourselves humming it in a few days. This is exactly the same process that will make the CRITICAL FACILITY A REALITY IN YOUR DREAM LIFE. Still another strange facility ability that we all have is that of reading a story, or seeing a moving picture, and then finding out the next day that we have dreamed about that story or picture. This carry-over is quite common. This, ability, combined with Desire, Will, will do the work.

All you really have to do is to think and desire a great deal about developing the Critical Facility and you will find yourself using it in your dream life." End quote.

The above is what you, the reader/occultist = <u>are doing!</u> = with the/your psychological <u>tactile-feel</u>-ing; <u>define-ing</u>; <u>three-dimensional-ising</u>; <u>symbol-ising!?!</u> = All you really have to do is to <u>psychologically-psychically-tactilely-feel</u> and desire a great deal, about <u>developing/using</u> the <u>psychically-tactilely-feel-ing</u> = Critical Facility = and you will find yourself using it in your dream life!?!

Then, we read this part:

"How does it work? Let us go back to the original illustration, that of the 8 horses drawing a small automobile

down a street of a city which you see in a dream. What would happen if you saw this in real life? In real life you would stop and stare at the sight and many questions would run thru your mind like this — Is it an advertising stunt? Is the car broken down? If so, then why in the world have 8 horses and why are the horses green? What is this all about?

As I said questions like this would run thru your mind until you were uncomfortable at having no answer. The same thing happens in a dream. When you have developed enough Critical Facility, the dream discomfort would grow and grow until you reached the point where you could stand it no longer. You will then either wake up OR YOUR CRITICAL FACILITY WILL BECOME STRONG ENOUGH TO TAKE OVER IN YOUR SLEEP. Then will happen a marvellous thing. IT WILL COME TO YOUR DREAM CONSCIOUSNESS THAT YOU ARE DREAMING!!!

This point will mark a great achievement in your Occult projection work. I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later." End quote.

Unfortunately, Ophiel didn't describe/explain, the/his 'Neither State', of not-awake-notasleep, but... if you are able to do/practice the/your basic cosmic egg and/or basic chair exercises, in the prescribed manner, that you = conscious-ness, will/shall 'enter' this 'state/condition' = sensory deprivation = whilst awake, aware and conscious!?! (This is the 'method - sensory deprivation - used' by the 'Spiritualist Societies', when 'sitting for development', and is the exact same thing = used = in meditation/contemplation exercises!?!) (See/read Ophiel's book; The Occult, and read what writes about meditation/contemplation and please don't confuse them, with 'sensory deprivation'.)

As your #3, Ego Body = becomes fascinated!?! = with the/your #1, Malkuth Earth/Hades = psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising; of the/your five basic elemental forces symbols, the/your #0, outer, outer physically physical body/world = fades into the background!?! And you = conscious-ness = enter into, Ophiel's 'Neither-State/Condition' of; not-awake/not-asleep!?! There have been times, during the present writer's practice sessions, when they have closed their eyes, for a, few moments, got into the 'rhythm' of the ani-yod-heh-vav-heh breathing, observing the 'flow' psychically-tactilely, only to find/discover, when they open their eyes, for a, few moments, got into the 'rhythm' of the ani-yod-heh-vav-heh breathing, observing the 'flow' psychically-tactilely, on to find/discover, when they open their eyes, that only 5/10 minutes have passed?

All that matters, is = keep it short, repeat it often!

The egg and chair exercises, help to 'place' your #3, Ego Body, in a 'better' place/position, to observe!

The/your #3, ego body, present incarnation, personality body = <u>PIGGY-BACKS!!</u> = in/on – Conscious-ness!

Please <u>use</u> this 'occult', <u>PIGGY-BACKS!!</u>, to the best of your ability/advantage!!

In/on the/your #1, malkuth earth/hades plane, you — conscious-ness — are knowingly, deliberately, consciously, learning to 'define', through the/your #1, malkuth earth/hades = psychic-tactile-feel-ing = of the/your five basic elemental forces symbols!?! The simple practice of/for this 'technique', means that, there is no-pressure, on you = #0 &+ #3 = as you are now, working-harmoniously-with = THE/YOUR #1, MALKUTH EARTH/HADES = LAWS! RULES!! GOVERNANCES!!!

Your 'powers', of the/your #3, Ego Body – <u>observations</u> (word means to 'watch over') = <u>ARE AS</u> '<u>TRANSFERABLE</u>!?!' = <u>AS THE/YOUR CONSCIOUS</u>-NESS!?! = <u>IS</u>!!! Here it is, from Ophiel, his lesson six, of his; Correspondence Course in Astral Projection:

"Start a Dream Diary. Note down the details of your dreams first thing in the morning. Some people, in fact most people find it difficult to remember their dreams, and even may believe that they do not dream. Don't believe it! You do dream, every night! Determine, when you go to bed, that you will remember your dreams when you awaken. Sometimes it helps to write

the dream down in notes, first, backwards from the last thing in the dream. Try to break your dream up into sections, or acts as in a play.

Try, in particular, to note the physical details of the scene of action in your dreams, and write them down in detail. For example, if your dream takes place in a room, then note the wallpaper design, the colour of the furniture, and kind of carpets, whether there are curtains on the windows. etc. If you are artistic, you might even make a sketch of the scene as seen in the dream." End quote.

Please study carefully! Big occult!? When you, the operator/occultist, are/become, proficient, in the egg and/or chair exercise = <u>YOU ARE DREAMING!?! = AT THAT TIME!?!</u>

Please study carefully! Big occult!? When you, the operator/occultist, are/become, proficient, in the egg and/or chair exercise = <u>YOU ARE</u> '<u>ALREADY!?!</u>' = <u>DREAMING!?!</u> = <u>AT THAT TIME – DURING YOUR PRACTICE SESSIONS</u>!?!

Try, in particular, to note the physical <u>PSYCHIC-TACTILE-FEEL-ING</u> details, of the <u>Symbols</u> of your actions in your basic cosmic egg and chair exercises, and write them down in detail. Here is what Ophiel writes, in his lesson six, of his Astral Projection Course:

"I think that I had better mention here on my own experiences to give you some additional ideas as to what to expect to experience. When I first experimented along these lines, I noted a curious phenomenon, which may or may not become noticeable to you also. In the matter of the following directions to be given you are to start your 'route' (I always started from the bed) in the Etheric body I mean; I found that after first starting the route operation work and watching the route pass along, as I progressed, I found that, I, ANOTHER I, WAS ALSO OFF TO THE SIDE WATCHING THE WATCHING!!!! I was never able to understand this double, dual, watching very much nor was I ever able to get any definite information about it.

I mention it here because if you notice it, I mean for you to study it as best you can, and give me some kind of report on it. When it happened to me, I returned to the 'first watcher' and ignored the double/dual-ness but later, upon its repetition, began to study it with surprising ideas developing. I arrived at the rather unexpected conclusion that another name for these phenomena of projection could be called, in a word, 'Dual-ness,' a sense of being double. This is your first introduction to this idea and may not be the last." End quote.

The present writer has already presented about 'duality', and in the ancient texts, this, 'other I', off to the side, watching the watcher, was/is, the 'secret/hidden/unseen' but... psychically-

tactilely-felt — initiator/catalyst!?! The, 'rule of thumb' (Artist's 'thumb', as in 'measuring/gauging/judging') of/for 'initiation' is; Separation-Initiation-Return! All 'hero journeys' have/share, this 'commonality/similarity', amongst them. Either to 'justify?', the 'present situation' or to 'justify?', the 'change?', required of/for, the 'new society' = hence — war! (War, is of course, a bit 'dramatic/epic', but... from village hall to town hall to city hall is/are, but two-steps, in a/the; Revolution!!)

Separation = taken away from the 'normal' societal life/living!

Initiation = discovers that they have a 'destiny?', and that their parents, aren't their 'real?', parents!

Return = comes back, having 'fulfilled' their 'destiny?', with a 'message/boon' to 'save' the 'society'!

(The Rites of Passage, by Arnold Van Gennep: The Hero of a Thousand Faces by Prof Joseph Campbell.)

Two, of the more recent, of these 'themes' above, is/are; Star Wars (Luke Skywalker) and Harry Potter (Wizard??), there is/are of course, many more in; folklore; mythology; religion and secret/societal groups. The 'OTHER'; The 'Dweller' on the 'Threshold' of Consciousness = <u>is not!</u> = a <u>new-thing!</u>?! And in Ophiel's techniques, you get to 'meet & Greet', the/this/your 'OTHER', as you/if you 'progress'? Well! The/your basic cosmic egg and/or basic chair exercises = <u>ARE EXACTLY THE 'SAME!</u>?!' = <u>BUT...ARE SIMPLY IN/ON A/AN 'OTHER' PLANE/LEVEL</u> = <u>NOT! NOT!</u> = #2, ETHERIC!?!

In basic mythology, the 'catalyst', <u>initiates</u>, the 'call'; to adventure/to dare/to <u>challenge</u> = the the the accepted; the societal 'impotence/inertia', with statis quo; norm; 'creativity/spontaneity/artistic expression', in the/their 'chosen field' of the 'societal institutions'!?! Such a 'challenge?', is 'hunted down', 'shouted down', 'run down', by/with the 'already?', established norms/institutions, which are inclined/prone, to such 'statis quo', this/these 'challenges' = fragments = society, and if a 'large institution = falls/goes under', then the 'new day/new dawn/new era' = rewrites history and justifies its means = within the, 'new' societal rules!?!

The 'same thing happens?', in/on an 'individual/personal' scale, with conscious-ness 'and' the ego?? As you, the operator/occultist, practice/do, then the/your #3, ego body's = observation?? = changes/alters!?! Even 'more so!?!', as the/your — Conscious-ness — changes!?!

And here, is the occult???!! = Conscious-ness – <u>ALWAYS WINS</u>!?! Because #3, Ego Body, Present Incarnation, Personality Body You(?) = IS!! = A 'CONSTRUCT OF' = THE 'SOCIETY!?!' = IN WHICH YOU – CONSCIOUS-NESS(?) = <u>ARE IN</u>!?!

And here, is the occult???!! = Conscious-ness – <u>ALWAYS WINS</u>!?! Because #3, Ego Body, Present Incarnation, Personality Body You(?) = IS!! = A 'CONSTRUCT OF' = THE 'SOCIETY!?!' = <u>AND PIGGY-BACKS</u>!?! = <u>IN/ON</u> – CONSCIOUS-NESS(?)!?!

So? The Conscious-ness you(?) and/plus #3, Ego you(?), are <u>observing(?) = #2</u>, Etheric you = <u>AS A 'PROJECTION OF'!?!</u> #4, Astral you!?! Would you like to read this, from Ophiel? You would? Well, of course you would!! So, once again, here it is, from Ophiel's book; Astral Projection, his chapter: Little System:

"The image is your etheric body and you are watching it thru the 'eyes' of the ASTRAL BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body 'above' that body. So, in this case you are transferring down and not up.

Hold your consciousness into the Etheric body and go thru the route to the end and back keeping yourself in the image. See thru the eyes of the image and perform all the actions with the etheric counterparts of the physical body, the etheric arms and legs etc. Keep doing this until you are perfect at it.

ONE DAY THE TWO BODIES WILL FUSE INTO ONE BODY AND YOU WILL OPEN ANOTHER KIND OF AN EYE AND YOU WILL FIND THAT YOU ARE REALLY THERE IN THE ETHERIC BODY FOR REAL AT THE SAME TIME YOU WILL BE CONSCIOUS OF THE PHYSICAL BODY TOO AND YOU WILL KNOW THAT YOU ARE DUAL AND CAN AND DO FUNCTION IN BOTH BODIES AT ONCE." End quote. (Underlines are the present writers.)

So, simply for 'context', we read thusly!?!

The image is your #0, outer, outer physically physical body and you are watching it thru the 'eyes' of the/your #1, MALKUTH EARTH/HADES PSYCHIC-TACTILE-FEEL-ING-BODY – when you WORK ON or SEE ANY PART OF YOURSELF YOU ARE WORKING OR SEEING THROUGH/FROM THE/YOUR BODY 'ABOVE' THAT BODY. So, in this case you are transferring down and not up!

Do you? The operator/occultist, <u>understand(?)</u>, the above??

Do you? The operator/occultist, <u>understand(?)</u>, <u>why!?!</u> The/your #0, outer, outer physically physical body = <u>IS</u> <u>A</u> '<u>PROJECTION</u> <u>OF</u>'!?! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE/BODY!?! =

WHEN YOU WORK ON OR SEE ANY PART OF YOURSELF YOU ARE WORKING OR SEEING THROUGH/FROM THE/YOUR BODY 'ABOVE' THAT BODY. SO, IN THIS CASE YOU ARE TRANSFERRING DOWN AND NOT UP!

Do you? The operator/occultist, <u>understand(?)</u>, now?? <u>Why!?!</u> = you!!! = the operator/occultist(?) = #0 & + #3, bodies, are under, no pressure!?!

Thank you.