

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

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Please remember; that much of the/your psychological, Inner Plane knowledge/experience, comes to you, #0, in the form of feelings; inclinations; intuitions and inspirations, and not, in printed words or especially more so, not(!), in conversations – in your head! and these, collective feelings are, registered, in the lower pit of the/your ‘stomach’, actually, factually, literally, ‘in’, the Zeus Plexus = lower intestines = visceral, (Not solar plexus = diaphragm). Now, you know, that any psychic/clairvoyant, who tells you, they see printed words, in the messages? they give you, is lying! Remember; that, voice? you hear? in your head; which is ‘in?’, your head, and with whom you = #3, ego conscious-ness(?) = have little conversations with, all day long – is ‘not?’ – psychic you, nor, clairvoyant you! it is #3, ego you! Remember; that it (the/your question? And thus, the/your answer?), is to/has to, ‘do’, with time = future-time; now-time; use-time!

Clairvoyance = future-time;

Psychic = now-time;

Physical = real-time;

Clairvoyance-time – is used, when you visualise, ‘well ahead’ of any ‘time’, which you are/using now, or going to be ‘using’ immediately! Clairvoyance is long-term = usually expressed, as an, end goal achievement = Getting married; Buying a house; Getting qualifications; Building a career; Talismanic Magic and Treasure Maps/Charts.

Psychic-time – is used, when you psychic-tactile-feel, guess/estimate, in your ‘immediate’, state/condition now-time and then = #0, real-time, and is ‘subject to’, immediate, needs; wants; desires; broodings; Mostly, immediate answers! = ripe watermelon; how much milk and how hard to press gas-pedal.

In either way = Clairvoyance/Psychic = the answers = are always! = in = the/your #1, psychic-tactile-feel-ing! And/or #0, outer biological body, use; use-ing; uses; used. But... the/their ‘source’ (the question), is not always(?), in/on the same place/part, of your #0, outer, outer physically physical body and yet? = the/their ‘answer’ is!?! (Lower pit of the torso – lower intestines!!)

For instance; the closer/nearer you get to your goal/aim, your emotions = high up/above – in

your chest, become lower – ‘visceral’, in your body!

Please study carefully; **Psychic** = is visceral – lower intestines!

Please study carefully; Clairvoyance = is emotional – diaphragm!

After a while, of diligent practice, of the/your egg/chair exercises, and becoming/being, aware; awake; conscious, to/of, these two distinctions; you, the operator, should be able, even in a casual way, to sort out, which is which – according to, where – in/on your #0, body, you – conscious-ness, feel it.

Please study carefully; use, the above information, to sort out/filter out, the/your type/kind of, questions you have, about your subject and apply it (the subject) = to the three different types/kinds of perception/time. Like any new subject, your own = sub-conscious-ness, needs time, to process, the/this new, information, style, of cognitive processing, in order that; You - conscious-ness;

You - #0, outer, outer physically physical body feel-ing you:

You - #1, **psychic-tactile-feel**-ing you:

You - #2, clairvoyant feel-ing you;

You - #3 ego body, present incarnation, personality body, you:

becomes/is familiar, with what is required, in order for you to achieve, your goal/aim! Your first driving lesson, was nothing like, your last, driving lesson, when you passed your = driving test! Your first swimming lesson, was nothing, like your last swimming lesson, when you learned to swim! You – conscious-ness, must accept, that in the learning/developing of a/any, new skill set, it takes time, practice and repetition. So, keep your practice times, short, but... repeat them often. This way/method – short/repeat often – is, how(!), to transfer, skills, from short term-mind-memory, to long-term-body-memory. Knowing of these types/kinds of techniques, helps/assists, #3, ego body you and #0, outer, outer physical body you, to team-work/working.

Your ‘first day’ at your ‘new job’, is nothing like, what it is ‘now?’, since you, have been there (at your job) many cumulative days, repeating the same things, many, many times, until it (the job), is now, a, reflex action/process?

Knowing/understanding(?), that you – conscious-ness, are/can/do = knowingly; deliberately; purposefully = enter the/your, own psychological dark-ness; black-ness; blind-ness – to search/tactilely-feel – for the/your answer, to your question, is/should be/become, second nature to/for, you = #0 &+ #3!

Many times, many persons, #3, ego body – think – that the ability, to be/become psychic/clairvoyant, is going to, in some way – Magic(?), their life problems away for them, instantly/immediately = FOR FREE!?!

NO! DON'T THINK SO! = And, neither should you!! Reading this!

This/these abilities = ARE TO SUPPLEMENT! = your, life/living!

This/these abilities = ARE NOT! TO SUPPLANT! = your life/living!

The laws, rules & governances, of the/this/your #0, outer, outer physically physical body, is/are = based on exchange, sharing, co-operating, harmonising, partnering = AND THIS IS WHAT? = YOU = THE TRAINEE?? = LEARN/STUDY/DEVELOP/ENHANCE AND INCREASE!?! = with/through/by = the daily practice/doing, of the/your basic cosmic egg and/or, basic chair exercises.

Do not do! = what/as, the superstitious, ignorant do = and hand over your power/ability = to the/your object, circumstance, thing and/or it!?! Enter the/your = #1, psychological psychic - dark-ness; black-ness; blind-ness – and tactilely-feel; define; three-dimensional-ise and symbol-ise – your 'IT!' – object; circumstance; thing – AND FIND OUT!! DISCOVER!?! = WHAT!?! = YOUR CLAIRVOYANT SELF; PSYCHIC SELF!?! = FEEL?? = ABOUT YOUR = #0 – 'IT'! (And what your 'it' feels about you!?!)

When/if, you ever reach, achieve, this state/stage, in your development/growth, will be/shall be, like anything else/other, in life = be down to your; understanding, through practice/development and application! Most persons dream, their life away, because they 'do' something else/other, whilst wishing/hoping, that something else/other = is going to come out? of it – their life/living?? = NEVER GOING TO HAPPEN!?!

What does happen, occasionally(?), is that the individual un-consciously; un-knowingly; psychologically psychically, feels dissatisfied(?), with the/their – #1, now-time –

living/working. Then, unbeknown to the/their #0 &+ #3 bodies, they both relax? let go? and become free? (The #3, ego body – stops judging!) and the/their, message? gets through to the/their #1, **psychic** body! Well! One, of the descriptions(?), of/for, the/this = your #1, psychological **psychic-tactile-feel**-ing; define-ing; three-dimensional; symbol-ical = body?? = IS!?! = THE/YOUR = BELIEVING!?!?! = BODY!?!

AND! AND! = WHATEVER/WHENEVER = THE/THIS #1, **PSYCHIC** BELIEVING BODY = **TACTILELY-FEELS** = IT! = The/your = #1, PROJECTS/TRANSFERS = INTO/ONTO?!? = THE/YOUR #0, Outer, Outer Physically Physical World = WITH NO REGARDS = TO/OFF/FOR = THE CONSEQUENCES = TO/OFF/FOR YOU!! = #0 &+ #3!?! (If that doesn't 'scare' the crap, out of you, then you need to do more egg/chair exercises!!)

Now, do you? (The reader), understand(?), WHY? The worthy ancients, used the description/epithet = BLIND-NESS! = Your psychological **psychic** = **tactile-feel**-ing; define-ing; three-dimensional-ising; symbol-ising = **TACTILELY-FEELS** = EVERYTHING!?! (Your #3, Ego Body = feels nothing!!).

Tactile; from the Latin; tactilis = tangible; that may be touched. From tactus, past participle of, tangere = to touch. From the Proto-Indo-European Root word; Tag – to touch; to handle.

Knowing that you #1 = **psychic-tactile-feel**-ing, self = IS BLIND? = explains the 'other', titles/epithets, give to the Dark-ness; Black-ness; Blind-ness =

Yaldabaoth = childish-ness;

Saklas = foolish-ness;

SamaEL = blind-ness;

Ness = to protrude; to project; promontory; to stick out/stand out; to jut-forth = con-scious-ness!

As you (if you?), progress, in your egg/chair work, then many things rise softly, into your conscious-ness, in such a way, that there is/are, no disruptions, to your normal, everyday life/living activities, there is/are, no wild or mad assumptions, that something/anything, has power/abilities, in its self? The only power(?) that anything 'has?', is the, power, that you, the operator/practitioner/devotee, build-up/store up, in – IT! – whatever - object, circumstance and/or thing – IT IS! - and this applies, to any and all, God/Gods & Goddesses, as well!?!)

If! The/your, #1, psychological psychic, #1, tactile-feel-ing body, gets/receives(?), the wrong type/kind of messages? and it – the/your #1, body – believes? – then, you = #0, outer, outer physically physical you = gets ‘it’, in the ‘neck?’ (Euphonism, for the hang-mans-noose/guillotine = the idea/notion – that you brought ‘IT’ – disaster, on yourself!?!).

The above, explains? why(?), we = #0 &+ #3 = have to pray(?) = to tell it (#1) = what ‘goodies’, we – want; need; desire and brood on. BUT...what it (#1, psychic-tactile-feel-ing body), does not(!), tell us(?) = IS ‘HOW’!?! TO PRAY!?! These laws, rules & governances, we = #0 &+ #3 = have to work out, for ourselves!?! You do this, finding out/discovering’ by/with reading; studying and practicing – to find/discover what works? and what doesn’t? pertaining to us = the reader = individually! Like buying a car, and then, deciding, for yourself! Where you, wish to/want to, drive it?

As soon as the individual can rid themselves, of all the, religious/pious/holy Jane/Joe crap, and all the magical/mystical/occult crap, then the better off, the individual would be/will be!

There is you = #0 &+ #3 bodies, and there is you, #1 body = #1, malkuth earth/hades, psychic-tactile-feel-ing = and the/their = relationship(?), and there is you = conscious-ness!?! Each of these ‘levels’, in conscious-ness, are ‘accessible’, through/by/with, diligent practice, of exercising, in your psychic-tactile-feel-ing powers of; define-ing; three-dimensional-ising; symbol-ising, within you, about you and surrounding you. Tactilely-feel-ing, the ‘edge’ of each of your symbols, within your own, dark-ness; black-ness; blind-ness, and in/on the/your own #0, outer, outer physically physical body, bridges, the gap/space/void, of un-conscious-ness, and introduces, both #0 &+ #3, to another level/plane/body, which is the body/level? that is/which is, actually; factually; literally = in control.

The egg/chair exercises, become are real, as conscious, as the/your #0, outer, outer physically physical body is? Imagine, after practicing diligently, you have developed some, psychic proficiency(?), in as much, that you can/do, generate enough belief, so that the/your #0, outer, outer physically physical body disappears, from conscious-ness(?), much in the same way/method, as it does(?), when you enter sleep.

In the present writer’s case, during a practice session, they close their eyes and turn inwards and as they practice, they become engrossed, and what feels like a five-minute, session, turns out to be anything between 30/40 minutes. On other occasions, a five-minuet, session, turns

out to feel like, a 30/40-minute, session. So, the/this distortion of time, is also, included in = belief (very important, that part!!).

Imagine now, if you can(?), that you are a very good, projectionist, and you are able to, transfer/project, your – conscious-ness, into/onto, the/your dark-ness; black-ness; blind-ness, and in there, you can/do, psychically- tactilely-feel; define; three-dimensional-ise; symbol-ise – the/your = object; circumstance; thing and/or it; as a ‘blind’ person, you can/do, tactilely-feel-believe, that your desire, want, need, brooding = has been fulfilled? That you – conscious-ness = already have = that which you - #0 &+ #3, desire!?! In the/your #1, malkuth earth/hades psychological = dark-ness; black-ness; blind-ness = your #3, ego body – couldn’t make a judgement – not me! – not this! – not mine! – not that! = BECAUSE YOU – Conscious-ness, ALREADY HAVE? OWN? POSSESS = THAT WHICH YOU DESIRED!?!

Remember this, from the, ole crazy book = Bible! (Called the; ole crazy book – because it, the Bible – drives everyone/everybody ‘crazy’!!) Mark 11:24.

“Therefore, I say unto you; What things soever ye desire, when ye pray, believe that ye have received them, and ye shall have them.”

Now that you know, that the word, prayer, means – to ask earnestly, as if/as though, you are in a; court of law, talking/speaking/presenting, to a Judge, pleading your case – desire; want; need; brooding!

Remember this? To pray for riches, whilst being conscious, of being poor, is to be rewarded, with what you are conscious of!?! (Neville Goddard.)

There is a technique, called/named, silent prayer; well, this, silent prayer = asking earnestly = is! = the/your, #1, malkuth earth/hades, psychic-tactile-feel-ing, in the/your dark-ness; black-ness; blind-ness!!

THIS IS THE TECHNIQUE! THIS IS THE METHOD! THIS IS THE WAY! Don’t just, sit there, and read it! Put it to the test! Try it! Use it!

Most persons introduction, to the/their, psychological, psychic dark-ness; black-ness; blind-

ness, is a daunting prospect, to/of/for – the/their conscious-ness, and #3, ego body, and #0, outer, outer physically physical body!?! But... it (#1), = is there!?! = is!! = and always, has been(?) = there!?! It was/is, that you = #3, Ego Body, Present Incarnation, Personality body = always thought/felt(?), that there was/were/is/are(?) = only the ‘two?’ of you = #0 &+ #3!?! = WRONG!!

What about those times(?), when you were on your own, and you thought/felt? = Someone else/other?? = is there? = and when you #0 &+ #3 – went to look? there was nothing there? But... you still felt? it!!

At times, this feels weird, until you #0 &+ #3, get used to it, but... more importantly, you #0 &+ #3, will, shall, must, come to understand it. It is you! The hidden/unseen you! The part of you, that is/which is = un; under; sub!! And when, if, this hidden you, shows/reveals itself to you = IT WILL DO SO, AS A **PSYCHIC - TACTILE - FEELING** = what is generally known as a feeling? (But... strangely enough(?), not(!), an emotion?

The worthy ancients, described the/their understanding, knowing, knowledge, of/for the/your, #1, malkuth earth/hades, **tactile-feeling**, **psychic** ‘self’, as:

Yaldabaoth = childish – irrational!

Saklas = foolish – illogical!

SamaEL = gullible – uncritical!

Today, we ‘moderns’, call the/these, same things as; Immature; Impulsive; Irresponsible; Selfish! The present writer, is well aware; awake and conscious, to/of the fact, that as these things are ‘in’ their – conscious-ness, then so to, are they, in, the other persons/individuals – conscious-ness? THE DIFFERENCE? THE ONLY DIFFERENCE? = is that the present writer, knows? this; is aware; awake; conscious – to/of this?

And now? = so are you!! = who are reading this!

Thank you.