

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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2 of 2 Time. 2022

The ‘powers?’, of = OBSERVATION? – that you have now ‘mastered?’, in the/your basic cosmic egg and/or basic chair exercises, is/are, now applied(!), to Ophiel’s ‘Dream Method,’ from his book; Astral Projection. Here is what Ophiel writes;

“First instructions – How to remember your dreams. Many people think they do not dream because they do not remember their dreams. The facts seem to show that everyone dreams, even animals. Many of us have noted our lying asleep and mover one leg while emitting low noises suggestive of running after, or from, something. Our dreams are quickly forgotten because they are very lightly impressed on our memory due to the lack of critical observation, to be described in detail later. Critical Observation is the main factor in this work of recovering your dream memories.” End quote.

Context;

First instructions – How to remember your dreams. Many people think they do not dream because they do not remember their dreams. The facts seem to show that everyone dreams, even animals. Many of us have noted our lying asleep and mover one leg while emitting low noises suggestive of running after, or from, something. Our dreams are quickly forgotten because they are very lightly impressed on our memory due to the lack of critical observation of psychic-tactile-feel-ing, to be described in detail later. Critical Observation, via psychic-tactile-feel-ing, is the main factor, in this work of recovering your dream memories, and is to be ‘achieved/gained,’ through the daily practice/doing, of the/your – basic cosmic egg and/or basic chair exercises, in the manner previously described = TO ENHANCE; DEVELOP; INCREASE; DEFINE; YOUR LATENT/DORMAN = PSYCHIC-TACTILE-FEEL-ING = POWERS! IN/ON THE/YOUR #1, MALKUTH EARTH/HADES PLANE FIRST!?!!

Next, Ophiel writes:

“After you have a number of dreams written down, go back over them and study them again thoroughly. You will notice a very strange thing – Notice how, during your dreams, you accepted the most outrageous events and situations as natural and *THOUGHT NOTHING OF IT*. What does this suggest to you, if this is the first time you ever thought of it? **OBVIOUSLY, THERE IS SOMETHING IN YOUR DREAM LIFE, THAT IS DIFFERENT FROM YOUR WAKING LIFE WHICH ALLOWS YOU TO ACCEPT THE MOST**

OUTRAGEOUS THINGS AS PERFECTLY NATURAL, and does not cause you a quiver in your dream.” End quote.

Context;

There is/are, ‘no,’ **psychic-tactile-feel**-ing = elemental = earth-of-water in your unconscious dreams! all these ‘dreams?’ are random/irrational **reflections**, and are not even visualisations? And this(?), is OBVIOUSLY, WHAT IT IS, WHICH IS ‘MISSING?’ IN YOUR #2, DREAM LIFE, THAT IS DIFFERENT FROM YOUR, #1, MALKUTH EARTH/HADES PLANE - WAKING LIFE - WHICH ALLOWS #2, ETHERIC YOU, TO ‘ACCEPT,’ THESE MOST OUTRAGEOUS THINGS, AS PERFECTLY NATURAL, and does not cause you a quiver in your dream.

Here is how Ophiel writes it;

“The particular facility that is required, to enable you to recognise any strange dream sight scene AND TO ACT ON IT, is a facility which is called the ‘Critical Facility.’ The word critical comes from a word that means judge and the basic meaning of the word judge, is adjustment. When you judge a thing, what do you really do? Basically, you make adjustments, in your opinion, of details and about details of things, etc.” End quote.

Context;

The particular facility that is required, to enable you to recognise any strange dream sight scene **AND TO ACT ON IT**, is a facility which is called ‘**Psychic-Tactile-Feel**-ing.’ The word critical comes from a word that means judge and the basic meaning of the word judge, is from; deik – to show; to reveal.

When you – Conscious, as a ‘ness,’ judge a thing, what do you really do? Basically, you show/reveal, **your opinion - view**, of details and about the details of things = **EXTENDING FROM YOU – CONSCIOUS – AS A ‘NESS!’?** etc. and the/your #1, Malkuth Earth/Hades Plane – automatically/reflexively reacts; responds; replies, with a/the/its = ‘counterpart = Oppose; Adverse; Slanderer = Greek word of/for; Obstacle.’ Which is ‘**felt?**’ by/with you = Conscious, as a ‘ness,’ and to which, you – Conscious = react to!?!

BUT! BUT! = AS ALREADY EXPLAINED(?), THE/YOUR #3, EGO BODY, PRESENT

INCARNATION, PERSONALITY BODY(?) – YOU!?! – PIGGY-BACKS!?! – IN/ON CONSCIOUS, WHENEVER/IF EVER, CONSCIOUS, IS IN A ‘NESS!?!’ STATE/CONDITION IN/ON THE LOWER PLANES!?! (Any plane/level ‘blow,’ the ‘higher astral.’) (See/read Ophiel’s book; Creative Visualisation, his chapter: Law of the Barrier and read his; ‘Big Fat Juicy Hint,’ description.)

The present writer won’t bore you again, with the ‘language?’ of/for the/your, #1, Malkuth Earth Hades Plane; But...! As soon as the/your #3, Ego Body = SHOWS! REVEALS! DISPLAYS! – ITS ‘JUDGEMENT = DEIK!?!’ The/your #1, Malkuth Earth/Hades Plane = OPPOSES, IS ADVERSE STARTS TO SLANDER = BECOMES AN OBSTACLE = TO YOU – CONSCIOUS-NESS!?! (Basic chair exercise!?!) The ‘instant?’, that the/your #3, Ego Body ‘stops!’ judge-ing and starts ‘observe-ing!’ – all will be well! (See/read Ophiel’s two chapters; Little System and Dream Method, for this.)

Ophiel; Dream Method context; “The ‘trouble’ you encounter and the dire things that old maid occultists warn you against, all the times in the past that you read about Astral Projection, is really nothing but this DIFFERENCE that exists between different planes and what happens, when you try to act on the Inner Planes, the same way that you act, on the earth-physical. Some old maid New Thought practitioner got out there one time, by accident, and when she tried to come, she went, (BASIC CHAIR EXERCISE!?!), and it scared the wits out of her. So, instead of trying to find out what was wrong, she labelled it hell, and warned everyone to stay away. I will repeat it again – on the Inner Planes, you have to ACT, in accordance with, the laws that govern that plane, which laws are different than the laws that govern the physical plane; And, until you learn these laws, and MOVE by them, you are going to find yourself, in a very peculiar position, when you try to do something. When you do learn the laws, and act accordingly, all will be well.

Take a sheet of A4 paper, and write out the Laws; Rules and Governances, of/for = THE YOUR #1, MALKUTH EARTH/HADES PLANE!?! And – DO NOT! NOT! – Confuse them (#1, Laws,) with the/your #2, Etheric Plane and/or/nor – with the/your #0, Outer, Outer Physically Physical Plane!?!

Take a sheet of A4 paper, and write out the epithets, of/for = THE YOUR #1, MALKUTH EARTH/HADES PLANE!?! And – DO NOT! NOT! – Confuse them (#1, Epithets,) with the/your #2, Etheric Plane and/or/nor – with the/your #0, Outer, Outer Physically Physical Plane!?!

Take a sheet of A4 paper, and write out the ‘Inhabitants?’, of/for = THE YOUR #1, MALKUTH EARTH/HADES PLANE!?! And – DO NOT! NOT! – Confuse them (#1, Inhabitants,) with the/your #2, Etheric Plane and/or/nor – with the/your #0, Outer, Outer Physically Physical Plane!?!

Here is a ‘major?’ occult, for you, (which will/shall, of course, be presented to the list,) to study; When/if, you – Conscious, get to the/your #2, Etheric Plane = it will ‘be!’ as(?) the – Earth-of-Water and you – Conscious, will be/shall be = A/AN ELEMENTAL – IN/ON THE ELEMENT (Plane/Level of/for!?!) WATER!?!

Elementnt = essence; substance; foundation (Powers) of.

Elementalal = Latin; elementus = pertaining to the powers of.

Pertaining – from the Proto-Indo-European Root word; dem = house; household.

House/household = of the same type/kind/family of; related to/member of.

Power – to be able.

It is because you – Conscious, as ‘ness,’ are!?! of the ELEMENT(?) of Earth, that you are a/an ELEMENT-AL of(?) Earth = IN/ON THE ELEMENT of Water!?!

This; Law; Rule and Governance = ELEMENT – PLANE! = ELEMENTAL – OF THE; PERTAINING TO!?!

Study carefully! = WHEN THE = ELEMENT &+ ELEMENTAL = COMBINE!?! YOU GET HAVE!?!

Akasha of Akasha = Element &+ Elemental!

Air of Air = Element &+ Elemental!

Fire of Fire = Element &+ Elemental!

Water of Water = Element &+ Elemental!

Earth of Earth = Element &+ Elemental!

Physical of Physical = Element &+ Elemental!

Physical = ELEMENT + ELEMENTAL = COMBINED = You – conscious, as a ‘ness!’
get/have?

Above the/your ##1, Malkuth Earth/Hades = you get/have(?) = #2, Etheric!?!

Below the/your #2, Etheric = you get/have(?) = #1, Malkuth Earth/Hades!?!

Above the/your #0, Outer, outer physically physical plane = you get/have(?) = #1, Malkuth
Earth/Hades!?!

But...!!! = IN THE ‘CONTEXT OF/FOR!?!’, THE/YOUR ‘OCCULT!?!’ = AS ABOVE-SO
BELOW AND/OR AS BELOW-SO ABOVE CRAP!?! = IT/THIS,
STATEMENT/DESCRIPTION = ONLY! ONLY! – APPLIES TO!?! THE/YOUR #2,
ETHERIC PLANE, AND/OR, #1, MALKUTH EARTH/HADES PLANE!?! =
OTHERWISE??? – EVERYONE(?), IN/ON THE/YOUR #0, OUTER, OUTER
PHYSICALLY PHYSICAL PLANE WOULD NOT(?) = WANT? – FOR ANYTHING!?!

As above; everybody; Eats/Devours the whole world, with the/their ‘eyes?’ (I want! Mine!
Don’t touch! Get away! Give me that! read familiar?) But... as below; Ophiel has already
pointed out, most persons/individuals – visualisation powers, are quite weak, but... the
‘occult?’ is(?), that the/their – Psychic-Tactile-Feel-ing, is very ‘strong?’, and so =
SUCCESSFULLY ANIMATES(?), THE/THEIR #0, Outer, outer physically physical body,
intuitively? (See/read Ophiel, for this.)

From Medieval Latin; Intuitivus = Intuitive, from; intuit-, past-participle stem of Latin,
‘intueri = look at; consider; weigh; assess. (As in the ‘amount?’ of = #1, Malkuth
Earth/Hades Plane = adverse-ness; oppose-ing-ness; obstacle-ness; resistant-ness.)

From the Proto-Indo-European Root word; en = in + tueri – to look at; observe; watch over;
(Read Familiar?)

Clairvoyance = IS/ARE!?! - #2, Etheric – REFLECTIONS? (Visualisations!) – FUTURE-
TIME!?!

Intuition/Intuitive = IS/ARE!?! - #1, Malkuth Earth/Hades – POWERS? ABELITES? –
NOW-TIME!?!

Intuition/Intuitive = ALWAYS!?! – PRECEDES – REAL-TIME = #0, Outer, outer physically physical!?!

#2, Etheric Plane = Clairvoyance – Visualisation = Future-Time!

#1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing = Now-Time!

#0, Outer, Outer Physically Physical = Use; Use-ing; Uses; Used = Real-Time!

Ophiel's milk-pouring; water-melon and gas-pedal/accelerator are 'all,' in the above explanation/descriptions.

If watch professional golfers, as they 'address,' the golf ball, at the/their, tee-ing off, watch for the/their #1, Malkuth Earth/Hades, Psychic-Tactile-Feel-ing = 'Pause/Signal - Strike.' (The/this 'same?' PAUSE? – is what Ophiel explains (tires to,) in his chapter; The Two Minds, in his; A & P of Clairvoyance.)

#2, Etheric Plane = Clairvoyance – Visualisation = Future-Time = golf ball in the 'fairway!'

#1, Malkuth Earth/Hades = Psychic-Tactile-Feel-ing = Now-Time = how 'hard?', do I 'strike?!'

#0, Outer, Outer Physically Physical = Use; Use-ing; Uses; Used = Real-Time!

If watch professional golfers, as they 'aim/try,' to put the golf ball on the green, into the cup; watch for the/their #1, Malkuth Earth/Hades, Psychic-Tactile-Feel-ing = 'Pause/Signal - Strike.' AS THEY 'INTUITIVELY!' ASSESS THEIR, INNER-PSYCHIC-TACTILE-FEEL-ING = SENSE-ATION/MOVEMENT = TO; WITH; FROM; THE/THEIR – PAST ACCUMULATED (REPEATED!!) EXPERIENCES, OF DOING THE/THIS 'SAME,' ACTION/REPETITION OVER A SUSTAINED/LEARNED/MASTERED, PERIOD OF = REAL-TIME PRACTICE!?! (See/read, Ophiel's; Lesson One, Astral Projection Correspondence Course, and his; Training/Repeating.)

The training(?), practicing(?), that you, the reader; operator; practitioner; occultist(?), do(?), in your basic cosmic egg/chair exercises, is to, 'discipline,' the/your #3, Ego Body, Present Incarnation, Personality Body(?), to 'observe,' without judge; judge-ing; judges; judged; judgement!?!

The training(?), practicing(?), that you, the reader; operator; practitioner; occultist(?), do(?), in your basic cosmic egg/chair exercises, is to, ‘discipline,’ the/your #3, Ego Body, Present Incarnation, Personality Body(?), to ‘observe,’ without judge; judge-ing; judges; judged; judgement!?! = OF THE/YOUR PSYCHIC-TACTILE-FEEL-ING BODY = Define-ing; Three-Dimensional-ising; Symbol-ising; Belief; Believe; Believed; Believe-ing!

There is/are many, many, so called ‘occultist?’, who have never(?), never(?), ever(?)! – mastered(?), the/their #1, Malkuth Earth/Hades Plane, and only(?), only(?) ever ‘worked/operated?’ – the/their #2, Etheric Plane!?! But... it is ‘outstandingly??’ obvious(?), to those who ‘know?’, that the worthy ancients = DID KNOW OF THIS!?! And, in the last few years of his writing/work, so did Ophiel, come into a/the ‘realisation?’ of this!?! Here it is, from Ophiel, his vignette; Your ‘OTHER’ you:


“Dear Students, in this Vignette I am presenting a new-old 4,000, year old idea, so please bear with me as I am out on the frontier/fringes of the Etheric-Astral-Mental Planes and I am all alone. All I can do is to notice effects and to try not only to understand them, dimly, BUT try to make some kind of working disposition/disposal/formulation/array/line-up/methodisation/groupage and/or many such like words to ‘USE DOWN HERE.’ (Apparently the 4,000-year-old idea was never put to any ‘USE’, unless the astute Egyptian scribes failed to write down the use) which is probably what happened. If there is a bunch of people somewhere on this earth plane who ‘KNOW?’ and ‘USE’ these things, this knowledge, they are sure hiding it from me. (But we’ll root out the secrets, won’t we?)


Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today? I, being seventy years old, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of self-realisation, that in dealing with many people/persons, I cognise that there seems to be TWO people there? (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper. I am also familiar with the concept of the Etheric double, and I do not mean that, either.) I seem to find/think/conceive that a person seems to have built up a second, ‘Person’ who more or less functions through the, ‘Visible’ person. Let us call them P1 and P2. P1 being the actual person and P2 being the opposite person, or shall we call them ‘Personalities?’.” End quote.

☐ = Ka, was the ‘vital essence?’, of the individual.

It was/is, the persons ‘physical body’, (guph/gup) was a solid blacked-out-figure, but a person’s ‘shadow-body = Šwt (shut,)’ is always present(!), and it was/is, this ‘shadow body = šwt (shut,)’, which ‘blocks out,’ the; Self-Luminous-Light, from above it (#2, Etheric and

above,) and which, 'stands between,' the #0, Outer, outer physically physical body and the #2, Etheric Body. The Ancient Egyptians, accepted, that, this, shadow = šwt (shut.), always contained something of the individual, which it represented.

It was the persons 'Ba,' =  = which was/is, the individuals #3, Ego Body, Present Incarnation, Personality body, and the Egyptians believed that this, #3, Ego Body, **piggy-backed**, in/on Conscious, after the death of the #0, Outer, outer physically physical body. The notion of an immaterial existence, was never entertained, by Egyptian thought/thinking. When the 'Christians,' came to Egypt, they took the Greek, term/word '**Psyche!**', to describe the/their concept of the Egyptian soul/personality of the Ba.

It was the persons =  = Šwt/shut, which was/is the 'Shadow Body?', = #1, Malkuth Earth/Hades Plane/Body and it was/is, this part of the 'soul', that should have been 'associated?' to/with the Ba!

Khet, is the physical body, which the ancient Egyptians believed, existed, so that the 'Conscious,' in the 'Spirit,' of the individual, would be, should be, is, able/capable, of carrying out its 'activities,' whilst in the land of the living, and in the land after death. **It was 'because of,' the physical body = Khet, that there was/is, a Judge-meant!?! in the 'Underworld?', by the 'Guardians?' of the, Underworld??** Of/for the, 'shadow body = šwt (shut,) = #1Makuth Earth/Hades Plane/Body!

Here is how Ophiel finishes his vignette, under presentation; The 'OTHER' you;

Course of 'Action' 3, Re-educate P2: Unless P2 is trained at a very early stage, I can see no hope of changing it when it is old and established - not completely. Then again, by the very nature of the creature, P2 is just automatically the opposite of P1 -viz.- when P1 is kind P2 is cruel. But there might be a way that P2 can be rendered inoperative or that both P1 and P2 can become modified, so that they are a mixture of 50/50 equal, half good/half bad, whatever that can mean. You might have a stern-kind-just-exact type of man who alternates slightly between extremes and as I said, 'is neither too much one and not too much of the other.'

Then again, the above could depend on what the customs of the country are at the time. P1 and P2 could both have been educated according to contemporary standards (Which change from decade to decade.) P1 and P2 could each have 50-50 basics but things like a mid-Victorian prudery could force dislocations, which distort both P1 and P2 and would be called 'Evil' when it truly isn't. But what I was really thinking of was a person's P2 opposing their P1 in everything, according to the 50/50 suggestions; the P1 could be moderately optimistic

and moderately pessimistic. Aggressive but intelligently cautious, thus there would be no unrestrained expansions of P1 and thus no vicious and wild expansions of P2.

I wonder if the preceding idea is too simple. Can a person, after a lifetime of emotional upsets and storms settle down into an evening-out process? Look at yourself and your own life; see if you can detect the presence of P2 and its actions. How do your two personalities get along together? I shall write more when I have more information/knowledge.” End quote.

Context;

Course of ‘Action’ 3; Re-educate #1 and/plus #3, Ego Body?! (Egg/Chair/Letter.) Unless #1 &+ #3, is/are trained, at a very early stage, I can see no hope of changing it, #1, when it is old and established - not completely. Then again, by the **very nature of the creature, #1, Malkuth Earth/Hades Body, is just automatically the opposite of #0** -viz.- when #0 is kind #1 is cruel; when #0, pushes down - #1, pushes up? But there might be a way that #1, can be rendered inoperative or that both #0 and #1, can become modified, so that they are a mixture of 50/50 equal, half good/half bad, whatever that can mean. You might read the letter of Saint Augustine of Hippo, and – **AGREE-WITH-EACH-OTHER!?! = ACCEPT; PARTNER; SHARE; HARMONISE; COMPROMISE; CO-OPERATE- WITH-EACH-OTHER!?!**

Then again, the above could depend on what the customs of the country are at the time. #0 and #1 could both have been educated according to contemporary standards (Which change from decade to decade.) And affects/effect the #3, body. #0 and #1 could each have 50-50 basics, but things like a mid-Victorian prudery could force dislocations, which distort both #0 and #1, which effects/affects #3, and, #1, would be called ‘Evil,’ when it truly isn’t. But what I was really thinking of was a person’s #1, opposing their #0, in everything, according to the 50/50 suggestions; the #0, could be moderately optimistic and #1, moderately pessimistic. Aggressive/Assertive - but intelligently cautious, #1, **psychically-tactilely-feel**-ing and #0/#3, **agree**-ing, thus, there would be no unrestrained/wild ‘pendulum swings?’, of vicious and wild expansions of #1!?!

I wonder if the preceding idea is too simple. Can a person, after a lifetime of emotional upsets and storms settle down into an evening-out process? Look at yourself and your own life; see if you can detect the presence of the/your #1, Malkuth Earth/Hades Plane **Psychic-Tactile-Feel**-ing Body, and its actions. How do your two personalities #3 and #0, get along together with the/your #1, Malkuth Earth/Hades Plane Body? Check to ‘see?’, how you/your(?), #3, Ego Body ‘feels?’ (JUDGES) about this.

In all of the above, and in all of these two ‘monologues/presentations,’ along with 1 & 2 Tattva, there is ‘always?’, an issue of/with – TIME!?!

Clairvoyance = #2, Etheric and above – Future-Time!

Psychic = #1, Malkuth Earth/Hades – Now-Time!

Physical = #0, Outer Physical – Real-Time!

Clairvoyance + Psychic = Future-Time &+ Now-Time = Visualisation – Defined; Three-Dimensional-ised; Symbol-ised = Belief; Believe; Believed; Believe-ing!

Psychic + Physical = Real-Time &+ Now-Time = Tactile-Feel-ing, within; about and surrounding you = #1!

Physical + Psychic = Use; Use-ing; Uses; Used!

Both egg and chair exercises, is/are = #1, Malkuth Earth/Hades Plane, exercises, as is, the letter of Saint Augustine of Hippo – agree-with!

Your ‘difficulty?’, is not(!), with - #1, and/or/nor, with #0 = your ‘difficulty?’ – IS!?! – the/your #3, Ego Body!?! = BECAUSE OF!?! = JUDGE; JUDGE-ING; JUDGES; JUDGEMENT; JUDGED!?!

The present writer is not too sure, where they are, at the moment(?), as your e-mail, highlighted, that to many individuals, have not yet ‘grasped?’, the ‘significance/importance?’, of training the/their #3, Ego Body, to ‘observe,’ in the prescribed manner/method/way(?), why this is?’, the present writer is not sure, because there is enough literature/presentation out there, as to be sure there is/are not too many ‘gaps,’ for anyone to get lost and/or confused. Basic cosmic egg exercise and/or basic chair exercise, simple/easy enough, for many(?). Letter of Saint Augustine of Hippo – agree-with(?), simple/easy enough?

1 & 2, Tattva; 1 & 2, Time and 1 to 18 A & P of Occult (which will follow the end of the present presentation of; 1 to 17, presentation, 2022.) and then, it will be back to the folders, in ‘sequence.’ The whole point(?), is simply to ‘practice,’ until ‘it?’ (the ‘technique?’), rises naturally/normally, into Conscious, and from there(?), in the/your life/living!?! (Nothing to discuss/talk about!?!)

Thank you.