

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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What is about to be presented, is the three basic planes, of;

#0, Outer, outer physically physical.

#1, Malkuth earth/hades.

#2, Etheric plane.

Please note carefully – the/your #3, Ego Body, Present Incarnation, Personality Body, is a ‘construct?’ = consequence!?! - of the/your #1, Malkuth Earth/Hades Plane ‘projection?’, this is, important to know/think about, as you – Conscious, as a ‘ness,’ go about your daily business.

Each of the above three bodies - #0; #1 & #2, are to ‘do with?’, what is called/named – TIME, as a ‘ness.’ Ness = to project; to protrude; a promontory; to jut-forth; to stand out.

Ness = as a ‘noun’ - naming of/for a thing.

Ness = as a ‘verb’ - the description/action of/for a thing named.

Conscious-ness; Aware-ness; Awake-ness!?! (See/read Ophiel vignette; Self Aware-ness.) Here is what Ophiel writes, in his third book; The Art & Practice of the Occult, his chapter; Occult Knowledge.

“We will, in this book, attempt to give an idea as to what the great SECRET IS, exactly, and what reasonable use might be made of it, when some use/idea of it, is acquired.” End quote.

Many times, the present writer, has had contact to/with many persons, via the internet, who, having read Ophiel’s materials, still cannot/do not/are not, yet able, to get his materials to ‘work?’ for them, for whatever reasons, they give. But...! When it is brought to their ‘attention,’ that it is ‘because,’ they are #3, Ego Body ‘dominated?’, they protest? And yet? They still don’t get it? = It is their #3, Ego Body(?), who is doing the ‘protesting??’ and they – Conscious? are not aware/awake(?), to/of the/this ‘fact?’ and so, their work/efforts – continue to fail!?!

Conscious and the #3, Ego Body, Present Incarnation, Personality Body you = ARE NOT! – the same thing!?! The ‘difficulty?’, is that = THE YOUR #3, EGO BODY = PIGGY-BACKS!?! – IN/ON THE/YOUR CONSCIOUS = AS A – NESS!?! And so ‘skews,’ any ‘efforts?’, made by you – Conscious, to better yourself/circumstance, in/on each of the planes = #0, outer physical; #1, malkuth earth; #2, etheric!?! (See/read Ophiel’s vignettes; The ‘OTHER’ you; Your ‘OTHER’ you; Why do you let the Devil ‘USE’ you.) Ophiel continues, in his book/chapter, with this;

“Now actually the GREAT SECRET itself, is composed of pieces of knowledge that are, in themselves, rather simple, and there is no real reason why, once the person grasps, some part of this knowledge, that he cannot go on to master the rest of it, and also master its use. The crux/goal of this matter seems to be, that somewhere, sometimes during the course of the study, if the person/student persists, the person/student crosses a kind of line, and, once beyond this line, he then progresses rapidly in the understanding and use, of the GREAT OCCULT SECRET. I am told that this is true in many other studies. Studies to do in learning and mastering certain professions and Arts. Psychology has labelled these ‘lines to be crossed’, as a ‘plateau,’ which occurs during the learning and mastering process in such things as learning to be telegraph operator, or a typist, or a shorthand taker, etc.” End quote. (Underlines are the present writers.)

When the practitioner crosses the line, it means(!), that the work? is done for them!?! And one of the best? easiest? simplest? of ways/means/methods, of seeing? this, is to observe, how you, the reader – drive your car; write your name; ride a bike; play physical activities? = learn through ‘motor’ skills = keep it short, repeat it often. Watch a golfer, as they, tee up, for their drive, and when the/their #1, Malkuth Earth/Hades Plane ‘self?’, is ready(!), = having estimated the distance to be attempted, the golfer, gets ‘set’ and strikes the ball. Watch any ‘skilled,’ person individual, and you will ‘see/observe?’, the/their #1, Malkuth Earth/Hades ‘self?’, coming through – the/their #0, Outer, outer physically physical body ‘actions,’ as a ‘skill set!’, as opposed to any type/kind of ‘memory’ set, of the/their #3, Ego Body, who will/shall/does!?! – claim all the credit!?! (Me! Me! Me! I did that! = so that you – Conscious, as a ‘ness,’ are skewed?)

Ophiel finishes with this; “And now that you know this, you now have some ideas as to what to expect and to recognise, when this situation occurs in your future studies.” End quote.

In the basic cosmic egg exercise, it is ‘important,’ that #3, Ego Body you – understands(?), that this exercise is for/to, develop, increase, enhance and stimulate, your powers of, self-

observation = **WITHOUT JUDGEMENT! WITHOUT CRITICISM!** BUT TO SIMPLY = **OBSERVE!** This ‘reads?’ easy? But... IT IS NOT! BECAUSE IT/THIS (Basic Cosmic Egg exercise) IS A ‘**SKILL SET!**?!’ (Line to be Crossed!?! ) as is the basic chair exercise.

In the basic chair exercise, it is ‘important,’ that #3, Ego Body you – understands(?), that this exercise is for/to, develop, increase, enhance and stimulate, your powers of, **self-observation** = **WITHOUT JUDGEMENT! WITHOUT CRITICISM!** BUT TO SIMPLY = **OBSERVE!** This ‘reads?’ easy? But... IT IS NOT! BECAUSE IT/THIS (Basic Cosmic Chair exercise) IS A ‘**SKILL SET!**?!’ (Line to be Crossed!?! ) as is the basic egg exercise.

In the ‘egg’ exercise, you, the operator, as a #1, Malkuth Earth/Hades ‘Conscious-ness,’ are the one who is ‘**moving?**’, as **psychic-tactile-feel**-ing, which is ex-press-ed as, define-ing; three-dimensional-ising; symbol-ising, the ‘edge’ of each of the/your five basic elemental forces, symbols, and, as Ophiel writes, this is, your contact(?) method, to/with the/these basic elemental forces, as principle.

In the ‘chair’ exercise, you, the operator, as a #1, Malkuth Earth/Hades ‘Conscious-ness,’ are the one who is ‘observing?’, as **psychic**-ness-**feel**-ing, which is ex-press-ed, as, the/your #1, Malkuth Earth/Hades Plane is(?), ‘moving?’, in the ADVERSE; OPPOSITE and OBSTACLE DIRECTION!?! To you = #0!?!

I #0, Outer Physical Body, want a ‘ripe’ watermelon = Stop! – this one!

I #0, Outer Physical Body, want the ‘correct’ amount of milk = Stop! – this much!

I #0, Outer Physical Body, want to press the gas-peddle = Stop! – this hard!

I #0, Outer Physical Body, want to get drunk = #1, Malkuth Body says = Stop! – do it not!

See/read Ophiel’s book; Clairvoyance, his chapter; The Two Minds. See/read letter of Augustine of Hippo.

Egg and Chair are ‘skill’ sets, which, in ancient times, were learned/mastered through ‘ritual/repetitions,’ = Ritual, from the Proto-Indo-European Root word; re – count/repeat; from the ‘extended,’ PIE Root word; ar/arə = **to fit together**. All, #3, ego driven, rituals; treasure maps/charts; talismans; prayers, etc, are ‘**doomed!**’ in both short/long terms, because the #1, Malkuth Earth/Hades Plane/Body = has not(?), done the work(?) = **FOR ALL THIS, IS DELIVERED UNTO ME, ‘AND TO,’ WHOMSOEVER (Anybody/Everybody?) I**

## CHOOSE, TO GIVE IT?

It is, as Ophiel writes, NOT THE/A/ANY – OBJECT; CIRCUMSTANCE; THING AND/OR IT!?! That the #1, Malkuth Earth/Hades Plane ‘GIVES?’ – BUT THE/THEIR (your objects; circumstances; things and/or it) POWER & GLORY!?! = FOR ALL THIS/THEIR(?) – POWER & GLORY? – IS! – DELIVERED UNTO ME!?! #1, MALKUTH EARTH HADES PLANE = AS! AS? – PSYCHIC-TACTILE-FEEL-ING!?!

It was when the Hebrew word k-v-d (kavod), was used to describe, in the Greek ‘doxa = expectation/anticipation,’ that the misconceptions, through semantics, came about; kavod, was translated as ‘glory?’, in the Septuagint translation, from Hebrew to Greek. So, it is in the Greek, that the word ‘Glory,’ has to be looked at, in terms of a/any proposed ‘technique?’. Glory = Doxa, and Doxa = expectation/anticipation, later became ‘judgement.’ In the Hebrew, the/this same word/translation ‘Glory’ was – Bright-ness? Light? (#2, Etheric Plane Light/Glow – see/read Ophiel, for this, Bright-ness/Astral Light/Demiurge/Akasha, etc. See/read Ophiel’s book; Contacting the Demiurge, for this, Light/Bright-ness.)

Please study this deep occult! (See/read 1 of 1 provide a service.)

KJV. Luke chapter 4, verses 6: 7: 8:

And the devil said unto him; All this power, will I give unto thee, and the glory of them; For that is delivered unto me, and to, whomsoever, I will give it. If thou therefore, wilt worship me, all shall be thine. And Jesus answered and said unto him – Get thee behind me!

Worship = value; worth; to turn!?! = Get thee behind me! = SO THAT I MAY TURN AND LOOK BACK/DOWN!?! = DEAL DONE! From the Proto-Indo-European Root word; wer = to turn; bend back.

Here is what Ophiel writes, in his first lesson, of his; Correspondence Course in Astral Projection.

“There is another terrific concept that I must introduce to you, sooner or later, so I will now. Also, this concept is so large, so big, so startling, that I don't know just how I can put it over, as it is even too much for me to fully grasp in all its aspects. I will do the best I can but will

probably have to introduce this subject a piece at a time and come back to it repeatedly, which process I hope will not bore you too much. So here goes. (The following is the most profound concept I have ever come across in my years of Occult work, and it is so big that I have refrained from looking at it too much because I felt a complete incapability of comprehending it ever to even its simplest extent. However, we must all face it someday, sometime, so here is a start!)

IT APPEARS THAT THE PHYSICAL PLANE WORLD DOES NOT, 'EXIST,' 'AS SUCH,' that is, as it appears to be. (Enough for now) One curious outstanding fact regarding the above statement is that, 'THIS NEWLY DISCOVERED FACT, THAT THE PHYSICAL PLANE DOES NOT EXIST AS SUCH, CANNOT BE COGNISED BY YOU, OR BY ANY MAN OR WOMAN, UNTIL YOU LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK!!!'

I am no expert psychologist on dreams, or a psychologist at all, but I do suggest that the action-appearance of dreams, being what they are, has all the 'appearance' – 'actions' one would expect IF THE 'OUTER PLANE WORLD' WAS OUR OWN SELF-MAGIC-CREATED-CREATION. (I don't see how it could be any different in any great respect otherwise.) 'The kind of stuff that dreams are made of.' I am sorry to introduce this kind of material here in a Course on Astral Projection, but all material evidence points the way it does and the possible end results are too big to be overlooked. Besides, once this unexpected new development is understood in some of even its minor aspects, great possibilities open up - again too big for our casual comprehension - I don't know if I can handle it in my lifetime, but you should know about it, and make a start on understanding it and using it. Would it be asking too much of you to accept the above hypothesis for the time being and ACT - FEEL - in the following lessons - as if it *were* true and see where this acceptance leads us?" End quote.

Both the 'egg & chair' exercises, will/shall 'allow you!', Conscious – as a 'ness,' to enter(?), the/your #1, Malkuth Earth/Hades Plane = AND LOOK BACK/LOOK BEHIND!!! = FROM!?! – the/your #1, Malkuth Earth/Hades Plane, TO! the/your #0, Outer, outer physically physical plane!?!

When you, if you, the reader, practice Ophiel's materials, you are/will be, looking back; looking down and looking behind you, to the/your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing plane. Here it is, from Ophiel, from his first book; Astral Projection, his chapter; Little System:

"The image is your etheric body and you are watching it thru the 'eyes' of the ASTRAL

BODY – when you WORK on or SEE any part of yourself you are working or seeing thru the body ‘above’ that body. So, in this case you are transferring down and not up.” End quote.  
(Underlines are the present writers.)

THE ‘IDEA?’, ‘NOTION?’, THAT YOU, THE READER/OCCULTIST(?), ARE GOING TO ‘SEE?’, FROM THE/YOUR #2, ETHERIC PLANE(?) TO THE/YOUR #0, OUTER PHYSICAL PLANE(?) **IGNORING!** – THE/YOUR #1, MALKUTH PLANE(?) = IS NEVER! NEVER! GOING TO HAPPEN!?!

THE ‘IDEA?’, ‘NOTION?’, THAT YOU, THE READER/OCCULTIST(?), ARE GOING TO ‘SEE?’, FROM THE/YOUR #0, OUTER PHYSICAL PLANE(?) TO THE/YOUR #2, ETHERIC PLANE(?) **IGNORING!** – THE/YOUR #1, MALKUTH PLANE(?) = IS NEVER! NEVER! GOING TO HAPPEN!?!

Do you? Are you? Can you? the reader/occultist(?) = UNDERSTAND THIS!?! = when you WORK on or SEE any part of yourself, you are working or seeing thru the body ‘above’ that body. So, in this case you are transferring down and not up.

From #2, Etheric Plane = Clairvoyance – future time!

From #1, Malkuth Plane = **Psychic** – now time!

From #0, Physical Plane = Use-ing – real time!

Future time; Ophiel wanted a watermelon!

Now time; Ophiel asked the question; which of you, watermelons, are the ‘ripest?’!

Real time; Ophiel was made to = STOP/HALT!?! – Adversary; Opposer; Obstacle = this one is ‘ripest’!

Future time; Ophiel wanted the correct amount of milk!

Now time; Ophiel asked the question; ‘how much should I pour?’

Real time; Ophiel was made to = STOP/HALT!?! – Adversary; Opposer; Obstacle = this one is ‘ripest’!

Future time; Ophiel wanted the correct amount of car speed!

Now time; Ophiel asked the question;’ how much pressure should I put on the pedal?

Real time; Ophiel was made to = STOP/HALT!?! – Adversary; Opposer; Obstacle = this ‘much’!

See/read Ophiel’s book; Clairvoyance, his chapter; The Two Minds. See/read the letter of Saint Augustine of Hippo = AGREE-WITH – THINE ADVERSARY; OPPOSER; SLANDERER (Greek, for; Obstacle,) = STOP/HALT!?!

This = Stop/Halt – Adverse; Opposed; Obstacle, is Psychically-Tactilely-Felt?? – by you, Conscious, as a, ‘ness – protrusion; projection; promontory; jut-forth; stand-out = Inertia; Inert; Resistance; Heavy; Stop; Halt!?! And it is this, that you – Conscious = USE; USE-ING; USES; USED = IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?! It is this, that you – Conscious = USE; USE-ING; USES; USED = IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE = As you/if you, choose, to do/practice the/your, basic cosmic egg and/or basic chair exercises.

As you – Conscious, as a ‘ness,’ Psychically-Tactilely-Feel, the ‘edge?’ of the/your five basic elemental forces symbols, within you, about you and surrounding you = #1 &+ #0, you – Conscious-ness, are in direct; personal and individual = CONTACT! COMMUNICATION! DIALOGUE! SPEECH! HARMONY! BALANCE = TO/WITH THE/YOUR #1, Malkuth Earth/Hades Plane!?!

As you – Conscious, as a ‘ness,’ Psychically-Tactilely-Feel, the ‘movement?’ of the/your #1, Malkuth Earth/Hades Plane ‘Body’ within you #1 &+ #0, you – Conscious-ness – are in direct; personal and individual = CONTACT! COMMUNICATION! DIALOGUE! SPEECH! HARMONY! BALANCE = TO/WITH THE/YOUR #1, Malkuth Earth/Hades Plane!?! - the #1, Malkuth Earth/Hades = MOVES(?), in direct; personal and individual = OPPOSITE! ADVERSE! OBSTACLE! = to/with the/your #0, Outer, Outer Physically Physical Plane!?! (Felt as – resistance; inertia; heavy; stop; halt; enough?)

Would you like to read it/this, from Ophiel? Well, of course you would! So, here it is, from his vignette; The ‘OTHER’ you;

“The point we have come to in one vignette, is the question of ‘Who?’ or ‘What?’ created the ‘Physical World’ and what is man’s connection with this world’s creation. Now, in this vignette, we are faced with the rather possible fact that ‘WE ACT LIKE A DOUBLE?’ that



we have a ‘DUPLICATE?’ of ourselves, which is/acts contrary to what we seem really to want to be. An, ‘OPPOSER’ an, ‘ACCUSER’ an, ‘ADVERSARY’ a ‘SLANDERER’ all of these words carry the connotation of something, a ‘BEING,’ that is the opposite of ourselves in every way but which is not present to our ‘PHYSICAL VIEW?’ It lets itself ‘BE FELT?’ in its opposing everything we want to be or to do.” End quote. (Underlines are the present writers.)

It lets itself ‘BE FELT?’, in its opposing STOP! HALT! = DO IT NOT! in everything we want to be or to do = basic chair exercise?? – push down, to stand up/push up, to sit down!?! (See/read Ophiel’s vignette; The Power of Speaking Things and Conditions into Existence) and see if you can ‘recognise?’, the/your #1, Malkuth Earth/Hades Plane Self!?!’.

Thank you.