## THE ART AND PRACTICE OF OPHIEL

A Collection Of Monologues On Working With His Materials

In particular, techniques and practices for working alongside, and with, the Malkuth Earth/Hades body

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Originally posted on Google Groups: <u>https://groups.google.com/g/ophiel-magic9-20/</u> (Previous works also posted as "Sender" on the "Ophiel Magick" group, from the defunct YahooGroups)

## 1 if 17 polarity, assume & duality. 2022

There is/are, as Ophiel writes; 'endless ways to do this/these kinds of things and some students like one way, whilst others, another way, and there is no way to tell, which is best, other than through trial and error and test and examine.' But... there is/are many 'common denominators', which, whilst not being the absolute 'exact' (like everyone has the 'same?', DNA, but in the/their 'own' particular and family 'way')

They, the <u>forces</u>, 'can be accessed?', by those individuals, who are, in some 'way', ready for this. Here is an example, from Ophiel, from his book: Clairvoyance, his chapter: Semi Physical Types of Clairvoyance.

"One last word along these lines, and then a return to physical psychometry – There is a process of the Occult, which, when done consciously, is called Polarity, and which means, as its name implies, and action involving two different poles, or opposites. The difference in the two poles is what constitutes the mechanics of Polarity. This difference can be anything – hot or cold; big or little; positive or negative, etc., and a giving out or, receiving." End quote.

As you can see/read in the above, all of these things are in/on the same/one plane, which is no good, to us, who can only <u>use</u>; <u>used</u>; <u>using</u>; in/on the/this/our/your - #0, outer, outer physically physical plane. Hot and Cold – tepid? Big and Little – medium? Positive and Negative – neutral? giving and receiving – stagnant? One or the Other = choose! One or the Other = decide! The yellow highlights are 'indicision!'; Ophiel continues:

"Now, to apply the above principles to physical types of clairvoyance, is easy. All you have to do, is to realise, as the case may be, which of the Poles you are – the big, positive giver, or the little, negative receiver? And, in the case of you wanting to 'read' some article by psychometry, you will want to receive and not give, so make yourself the receiving pole and not the giving-out pole."

Pole from the Proto-Indo-European Root word; pakslo – suffixed form, of the Root; pag (peg) = to fasten; (attach; join together.) Next this;

"I find I must mention another matter here, even though I had intended to end these ideas and return to psychometry as aforesaid. However, this is such a good place that I feel impelled to say that, in regard to the matters referred to above – strong pole and the weaker pole – when you make a Talisman (I will get out a book on Talismans,) you are employing the principle stated. You are the 'strong' pole, and the Talisman, is the 'week' pole, and, instead of taking in from, the Talisman, you are giving out TO, the Talisman – called charging it. Do you see the difference? There is more to the process, of course, but it will have to wait for the book." End quote.

When the present writer was learning this stuff, there was/were no viable/sound sources, of information, in what the 'basic technique' of polarity, was to 'be'? But... the basic premise was/is; all facing the same/one direction, which, in this/our 'case,' was/is – higher to lower – receiving/accepting – above to below.

When the present writer was learning this stuff, there was/were no viable/sound/solid sources, of information, in what the 'basic technique' of assume, was to 'be'? But... the basic premise was/is; to return/take back in the same/one direction, which, in this/our 'case' was/is – lower to higher – accepting/receiving – below to above.

Here is what Ophiel writes, in his vignette: Showing God what to do:

"At this point, I refer you to Ophiel's book called, 'The Art & Practice of Caballa Magic,' for more information about the Forces, their Names, and other things about them. These Forces are, in terms of the Earth Plane contact, very queer in their construction and actions: Note the following items, and learn:

The Forces are, "ALIVE." The Forces have a sort of, 'Basic Intelligence,' in that they, 'Do Respond' when 'Spoken To.' (<u>They do not 'initiate' the 'speaking to,' though: I repeat, they</u> respond to below, 'ONLY' when contacted/connected up from below.)" End quote. (Underlines are the present writers.)

<u>THEY DO NOT 'INITIATE' THE 'SPEAKING TO,' THOUGH: I REPEAT, THEY</u> RESPOND TO BELOW, 'ONLY' WHEN CONTACTED/CONNECTED UP FROM <u>BELOW</u>!!

So, the present writer, asks? How does the occultist, contact/connect? from ABOVE to BELOW!?!

So, the present writer, asks? How does the occultist, learn(?) to contact/connect? from BELOW to ABOVE!?!

There are three directions in the occult; Above; Below; Across.

Above to Below – Polarity - Descending. Below to Above – Assume – Ascending. Across – Duality – All in/on the same/one, plane/level.

Above to Below – Polarity – all facing the one/same way/direction.

Below to Above – Assume – take back/return to above.

Across – Duality – all in/on the same/one plane/level.

Duality is Conscious-ness - Conscious-ness is Duality!

Conscious-ness in/on the #0, outer, outer physically physical use-ing plane – all – is physically physical.

Conscious-ness in/on the #1, malkuth earth/hades-<u>psychic</u>-<u>tactile</u>-ing plane – all – is #1, malkuth earth.

Conscious-ness in/on the #2, etheric reflecting plane – all – is #2, etheric reflecting.

As the reader/practitioner develops their powers of 'observation', and consciously transfers/projects their conscious-ness, to the different levels, then the level above and the level below, fades back into the sub-conscious-ness, so that the plane/level which conscious-ness, is in/on, is now the dominant plane.

The easiest plane to transfer/project to, <u>is the one immediately above, over, higher, before and</u> <u>in-front of</u> the/your #0, outer, outer physically physical plane is, <u>the your #1, malkuth</u> <u>earth/hades plane</u>. The/your #0, outer, outer physically physical plane is, below, under, lower, after and <u>behind</u>, #1, Malkuth Earth/Hades!?!

To transfer/project, from the/your #1, malkuth earth/hades plane, to the/your #2, etheric plane, is much easier, and much quicker, and more beneficial, when/if, the/your #1, Malkuth Earth/Hades Plane, is 'used?'.

The easiest way to learn to project, is to project consciously; knowingly; deliberately; from the/your #0, outer, outer physically physical plane to the/your #1, malkuth earth/hades psychic-tactile-feeling plane. Back in the early 1970's, the present writer, had their hand painted tree/map, with it ten spheres and connecting paths, but... as is usual, with the present writer, they 'added?', an extra sphere, at the bottom of their tree/map, and it was a small picture image of the #0, outer, outer physically physical earth, cut out from an 'Atlas'. This wonderful little colourful world/image sat below the #1/#10 sphere of the Malkuth Earth/Hades!

ABOVE! OVER! HIGHER! BEFORE AND IN-FRONT!! OF!! The/this world/atlas map/image/symbol = SPRANG OUT! GREW OUT! THE/THEIR (The present writers) TREE/MAP – STARTING/BEGINNING, WITH - #1, MALKUTH EARTH/HADES PLANE!! The present writer wouldn't hesitate for a second, in recommending this image, as an aid memoir, in anyone's/everyone's daily occult dealings.

There is 'no part' of the/your tree/map which is <u>not</u> inner plane.

There is 'no part' of the/your tree/map which is outer plane.

One of the present writer's favourite hero's, is made to say, in a work of historical fiction;

For all this, is delivered unto me and to, whomsoever I choose to give it.

Another fictional character is made to say;

I am the first and I am the last; I am the beginning and I am the end; no man cometh unto God except through me = #1, Malkuth Earth/Hades!?!

And right above the present writers 'aid memoir' atlas #0, outer physical world image, is, the first inner plane – assuming, and the last inner plane – polarising, <u>is</u>, their #1, malkuth earth/hades sphere image, a black sphere!?!

Can you? Are you? The reader/occultist(?), able to accept this? Can you? Are you? The reader/occultist(?), able to handle this? Can you? Are you? The reader/occultist(?), able to work this? The black sphere, isn't a colour! Just as the space, that you can #0, outer, outer physically physical see, at night, isn't a colour!

Your basic cosmic egg, isn't a, black colour(?) as you, conscious-ness, stand inside it, each day, practicing, developing, enhancing, increasing, your latent, dormant <u>psychic</u> body/abilities, as you train/discipline, your #0 &+ #3, bodies!

Your basic cosmic egg, is the same as, the dark-ness, black-ness, <u>blind</u>-ness, that you see, at night, as you look-up, into the universe, which is within you, about you and surrounding you – conscious-ness, right now? The difficulty, is that you conscious-ness, are <u>not</u>, conscious to/of this, immediacy/intimacy, of the universe in you, now, as 'you?', go about living 'your?', life?

In the practice/doing of the technique, polarity/polarising and assume/assuming, there is a projection/transfer, of conscious-ness, and an understanding of, the laws, rules and governances, of/for each plane. One of the/these laws, rules and governances is/are, that polarity and assuming is/are, bi-polar, in action/doing.

Bi – is a word forming element, from Old Latin; dvi – bi – twice/double. Sanskrit - dvi; Greek - di/dis; Old English - twi; Germanic – zwei. Meaning – twice; double. From the Proto-Indo-European Root word; dwo – two. (#1 &+ #0! -Not! Not! #3!?!)

Pole (noun 1), stake; pole; post; from the Latin; palus – stake; From the Proto-Indo-European Root word; pag – to fasten; to fix; (from 'end' to 'end').

Pole (noun 2), end of an 'axis'; from the Latin; polus – notice the difference in spelling! From the Greek word; polos = pivot (in/on the same/one spot/place), from the Proto-Indo-European Root word; kwel – revolve; move round/around, the fixed point/place/space.

So, now we read thusly;

One of the/these laws, rules and governances is/are, that polarity and assuming is/are, bi-polos/kwel, in action/doing.

The present writer, now has a better/deeper(?), understanding of that old 'cheesy', wheel it out/bring it out, old crock-o-crap – AS ABOVE SO BELOW! What is the 'point?' to this, if you can't/don't have a technique, method of working/operating so that – AS ABOVE, SO BELOW – actually; factually; literally, works/operates, for you!! Now!! Here!! Where you – conscious-ness, need it!

So, what you really, actually, have(?), is/are <u>TWO POINTS/PLACES</u> – <u>IN SPACE/TIME</u> – <u>WHICH REVOLVE/MOVE ROUND EACH OTHER</u>, <u>FLOW INTO EACH OTHER</u>, <u>AS A</u> '<u>POLUS</u>!?!'

So, this is what, polarity, polarisation is means?

So, how? Do you work it/operate it?

So, how? Do you know it/understand it?

So, how? Do you practice it/train it?

Those individuals, who have chosen to test, try, use, the/their basic cosmic egg and/or basic chair exercises, already know/understand!

As you, #0, outer, outer physically physical body, you, practices, your egg/chair exercises, you – conscious-ness, have 'entered' into a, Bi-polos, state/condition and depending on, where, you – conscious-ness – are(?) – will/shall, determine your – polos/polarity/point/place of conscious-ness, #3, ego body, view/observation. Here it is, from Ophiel, from his fist lesson, in his; Correspondence Course in Astral Projection.

"There is another terrific concept that I must introduce to you, sooner or later, so I will now. Also, this concept is so large, so big, so startling, that I don't know just how I can put it over, as it is even too much for me to fully grasp in all its aspects. I will do the best I can but will probably have to introduce this subject a piece at a time and come back to it repeatedly, which process I hope will not bore you too much. So here goes. (The following is the most profound concept I have ever come across in my years of Occult work, and it is so big that I have refrained from looking at it too much because I felt a complete incapability of comprehending it ever to even its simplest extent. However, we must all face it someday, sometime, so here is a start!)

IT APPEARS THAT THE PHYSICAL PLANE WORLD DOES NOT, 'EXIST,' 'AS SUCH,' that is, as it appears to be. (Enough for now)

One curious outstanding fact regarding the above statement is that, 'THIS NEWLY DISCOVERED FACT, THAT THE PHYSICAL PLANE DOES NOT EXIST AS SUCH, CANNOT BE COGNISED BY YOU, OR BY ANY MAN OR WOMAN, UNTIL YOU LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK!!!'

I am no expert psychologist on dreams, or a psychologist at all, but I do suggest that the action-appearance of dreams, being what they are, has all the 'appearance' – 'actions' one would expect IF THE 'OUTER PLANE WORLD' WAS OUR OWN SELF-MAGIC-CREATED-CREATION. (I don't see how it could be any different in any great respect otherwise.) 'The kind of stuff that dreams are made of.'

I am sorry to introduce this kind of material here in a Course on Astral Projection, but all material evidence points the way it does and the possible end results are too big to be overlooked. Besides, once this unexpected new development is understood in some of even its minor aspects, great possibilities open up - again too big for our casual comprehension - I don't know if I can handle it in my lifetime, but you should know about it, and make a start on understanding it and using it. Would it be asking too much of you to accept the above hypothesis for the time being and ACT - FEEL - in the following lessons - as if it were true and see where this acceptance leads us?" End quote.

One curious outstanding fact regarding the above statement is that; <u>THIS NEWLY</u> <u>DISCOVERED FACT, THAT THE PHYSICAL PLANE DOES NOT EXIST AS SUCH,</u> <u>CANNOT BE COGNISED BY YOU, OR BY ANY MAN OR WOMAN, UNTIL YOU</u> <u>LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK'!!!</u> <u>Would it be asking too much of you to accept the above hypothesis for the time being and</u> <u>ACT - FEEL - in the following lessons - as if it were this acceptance leads</u> <u>us</u>?

The assumption was/is(?), that you, the reader/occultist = CAN ONLY LOOK BACK; LOOK <u>BEHIND</u>; <u>FROM THE/YOUR</u> #2, ETHERIC PLANE? = TO THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE? = <u>COMPLETELY/TOTALLY</u> – <u>IGNORING</u>!?! = <u>THE/YOUR</u> #1, MALKUTH EARTH/HADES PLANE!?!

The assumption was/is(?), that the/your = #1, MALKUTH EARTH/HADES PLANE – <u>IS</u>!?! THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?!

WHERE AS(?), THE ACTUAL; FACTUAL; LITERAL <u>TRUTH</u> <u>IS</u>?? #1, MALKUTH EARTH/HADES – <u>IS</u> <u>NOT</u>! – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL!?! WHERE AS(?), AND THIS IS THE <u>MOST IMPORTANT PART/PIECE OF/FOR</u> – POLARITY/ASSUME - WHERE AS(?), THE ACTUAL; FACTUAL; LITERAL <u>TRUTH</u> <u>IS</u>?? = THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE – <u>IS</u>! – A FOUR-DIMENSIONAL <u>PROJECTION OF</u>!?! - THE/YOUR #1, MALKUTH EARTH/HADES PLANE!?!

The 'difference?', between #1 and #0, is that of '<u>belief</u>'?

The 'difference?', between #1 and #0, is that of 'time'?

The/your #1, malkuth earth/hades, is the 'only' body, which can/does, <u>believe</u> – trust. This is because, the/your #1, Malkuth Earth/Hades Plane, is the 'only' plane – that actually; factually; literally get to – touch; feel; define; three-dimensional-ise; symbol-ise; grip; grab; grasp; hold – IN FACT!! WHEREAS IN/ON ALL THE 'OTHER' PLANES, IT IS ONLY 'IN PRINCIPLE' AND <u>NOT</u>, IN <u>FACT</u>!

When the present writer, was much younger, they would point out, the fact, that the; Sacred Name? Of/for God, in the Hebrew System, is/was YOD-HEH-VAV-HEH? Well, not to put too fine a point on it(?), THE FIRST LETTER OF/FOR THE/THIS – SACRED NAME(?) – IS THE – YOD = CLOSED HAND! GRIPPING HAND! HOLDING HAND! GRASPING HAND! GRABBING HAND! ALREADY GOT YOU HAND!!

This 'symbol' was/is =  $\underline{IN}$  '<u>PRINCIPLE</u>' <u>ONLY</u>! – Ophiel explains this, in both his books; The Occult and Caballa Magic. Here it is, from his, Caballa Magic Book, his; chapter 4, workings:

"There was one factual point I overlooked in the previous presentation. Take a look at the Tree again: Fig. 1a. Note: Each of the three (3) Sephiroth triangles has Air, Fire, and Water in it, but no apparent element of Earth, except you can see the word Earth repeated three times. Please note: in this case the Element Earth is represented by the next three, lower down Sephiroth!!!" End quote.

Each Sephiroth lower down, is the elemental earth 'principle', to the plane above; over; higher; before and in-front!?! So, following the above, elemental earth 'principle', occultly – the symbol of/for this 'principle' = elemental earth force, in/on the 'highest plane', 'highest god?' is the; <u>CLOSED-HAND</u>! <u>ALREADY-HOLDING-HAND</u>! <u>ALREADY-GRASPING</u>-

HAND! ALREADY-GRIPPING-HAND! ALREADY-TACTILELY-FEEL-ING-HAND!?! OF **CLOSED**-HAND AND THIS 'SYMBOL' THE IS A/AN \_ EXPRESSION/DISPLAY/SHOWING – OF!?! – OF THE 'MIND' GOD! THE 'WORKING' OF GOD! THE 'ACTION' OF GOD! THE 'DOING' OF GOD! AS THE ELEMENTAL EARTH OF THE ELEMENT AKASHA. The above symbol/action – YOD – CLOSED-HAND, shows/demonstrates/reveals, the; Earth-of-Akasha = change = LET THERE BE! AND THERE WAS/IS!?!

The above, is what you, the reader/occultist, will be 'doing' in your 'polos' polarising/polarity/polarisation and/or assume/assuming/assumed.

The above, is what you, the reader/occultist, have been(?) 'doing' (polos), polarising/polarity/polarisation and/or assume/assuming/assumed, during your basic cosmic egg and/or basic chair exercises? Provided of course, that you actually; factually; literally 'have?', been practicing/doing them?

Thank you.