

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

**Written by max.height**  
<https://ophiel.art>

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## 4 of 17 polarity, assume & duality. 2022

If you, the reader care to look at the/your tree/map, and understand, that the sphere, at the 'bottom' of the/your tree/map = Malkuth Earth/Hades = IS TOTALLY; COMPLETELY and ABSOLUTELY – NOT! NOT! NOT! = #0, OUTER, OUTER PHYSICALLY PHYSICAL!?! Then, there is a, possibility(?), that you, the reader/operator/occultist(?), might/may, get somewhere(?).

Please notice carefully; THE/THIS #1, TREE/MAP? = SPRINGS UP/OUT OF!?! = THE/YOUR #1, MALKUTH EARTH/HADES – SPHERE!?! So! Right/straight away(?), there is, your direction(?), of/for the/your – conscious-ness; aware-ness; awake-ness! – assume – upwards/inwards!

If you, the reader care to look at the/your tree/map, and understand, that the sphere, at the 'top' of the/your tree/map = Kether = IS TOTALLY; COMPLETELY and ABSOLUTELY – NOT! NOT! NOT! = YOUR = CONSCIOUS-NESS = #0, OUTER, OUTER PHYSICALLY PHYSICAL!?! Then, there is a, possibility(?), that you, the reader/operator/occultist(?), might/may, get somewhere(?).

Please notice carefully; THE/THIS #10, KETHER TREE/MAP? = SPRINGS DOWN/OUT OF!?! = THE UNIVERSAL CONSCIOUS-NESS!?! So! Right/straight away(?), there is, the direction(?), of/for the/your – Element Forces - conscious-ness; aware-ness; awake-ness! – polarity – downwards/outwards. The general wider 'un-initiated', occult field, refers the above two 'directions' as 'duality', which they are **not!**

Duality is – going across, the/a/same plane!

Duality is – use; use-ing; uses; used, in/on, a/the/same plane!

Duality is – all, in/on the same one/plane!

Practice/doing, is the best teaching method of/for this, and this is what is learned/taught, in the basic cosmic egg and/or basic chair exercises. Also, this is what Ophiel teaches in his first book and correspondence course, in Astral Projection, in his Little System and Dream Method = conscious-ness – going across the plane – transferring/projecting. Once again; this is what is learned/taught, in the basic cosmic egg and/or basic chair exercises = FOR

THE/YOUR #1, MALKUTH EARTH/HADES **PSYCHIC-TACTILE-FEEL-ING-BELIEVE**-ING PLANE!

Once a student, has a grasp/grip (no pun intended), of/for these things, then the actual; factual; literal; thing in and of itself, is, very easy, very simple, and it this ease/simplicity, which is so natural, that the student is completely un-conscious; un-aware; un-awake to/of it? Thus, they, the reader/student/occultist, has no 'control', or no 'direction', or no 'intention', of how, where and/or when(?), to use; used; uses; use-ing – of it!

Polarity-Polarisation; Assume-Assuming; Dual-Duality = are simply directions! Ways of 'being/doing?'

Duality is Conscious-ness! Conscious-ness is Duality!

Conscious-ness is Duality = you - conscious-ness/be-ing, are here! **IT** = your object; circumstance; thing = is 'over there?', how do you – conscious-ness – bring IT = from 'over there?', to 'over here?' – conscious-ness?

From the/your #1 - **psychic-tactile-feel-ing-believe**-ing! = To! = the/your #0 – action/doing/agree-ing = use; use-ing; uses; used!

You, the operator/occultist, following Ophiel's, instructions, make up your treasure map/chart, from your #3, ego, position/place! Your '**IT**', is – over-there (Inner Planes), and you – conscious-ness, want '**IT**' – over-here (#0, outer plane) = nothing 'happens?', you the occultist/reader, say – oh well, it must be 'me?', and ninety-nine percent of the time, you are one-hundred percent correct! So, '**IT**' – object; circumstance; thing = does not move/flow – from 'Polus/Pole' to 'Polus/Pole'! Anyone of us, can visualise; Anyone of us can **psychically-tactilely-feel**; Anyone us can agree; But... so, so, very, very few of us can, or do, **believe**? And the reason of for this, is simply because of the/your #3, Ego Body **Piggy-Back**-ing and JUDGING(!), in/on Conscious!?! when Conscious, is 'in,' a 'ness,' state/condition.

The 'only' plane/place where the individual, can/does/has, belief; believe; believe-ing; believed, is in/on the/their #1, Malkuth Earth/Hades **psychic-tactile-feel**-ing plane, and it is this; belief; believe; believe-ing; believed; which you – conscious-ness, take with you, when/if, you project/transfer to – a/an, 'other', plane/level = WHICH MAKES (!?!?), THE/THAT 'OTHER' PLANE/LEVEL 'REAL' (!?!?). Above or Below, Below or

Above!?! There is, of course, the old occult favourite, that ‘cheesy’ over worked, and totally useless old chestnut, which is in Ophiel’s, book; The Occult, his chapter: Occult Books and Final, wherein we read this;

“Remember the piece of Occult Knowledge called *The Message on the Emerald* – I mentioned before? I may deal with this in some other book sometime. Anyhow, the words in the message you are concerned with are – **That which is above is the same as that which is below and that which is below is the same as that which is above for the performance of the miracles of the one thing.**” End quote.

That which is ‘above’, is the/your #1, malkuth earth/hades **psychic-tactile-feel**-ing, define-ing; three-dimensional-ising; symbol-ising; body, and that which is ‘below’, is the/your #1, malkuth earth/hades **psychic-tactile-feel**-ing, define-ing; three-dimensional-ising; symbol-ising; body – **which ‘is’ the ‘same/one’ thing!** = For ‘**all this**’ – **above ‘and’ below = is!** – delivered/given unto **ME!** = #1!

The ‘cup’ exercise/example, of the three planes, #2; #1; #0; and the/your basic cosmic egg and/or basic chair exercises, will have/should have, revealed much, to you – conscious-ness, as many other types/kinds of ‘examples?’, rise softly into your conscious-ness, without too much disruption/distortion, to your #0, outer, outer physically physical life/living.

Much of this, preamble-information, is to bring to the surface of you, the reader/occultists, conscious-ness, aware-ness, awake-ness, that ‘both’ the/your #0, outer, outer physically physical plane and the/your #2, etheric plane, are ‘projections’ of, the/your #1, malkuth earth/hades plane, and it is this same/one force, which is, actually; factually; literally – **above ‘and’ below – below ‘and’ above** – as the same/one thing = **BELIEF/BELIEVE!**!?!

So, having decided(?), that you, the reader/operator/occultist, are going to test, try, use, the/your ‘powers?’, of, polarity – all facing the same/one way = polarisation – higher to lower – flow of power? The first thing to do, is to decide straight-away, ‘how?’, you conscious-ness are going to ‘approach’ this? What type/kind of, artistic medium, you, the reader/occultist are going to use?

Prayer? Talisman? Treasure map/chart? Ritual? Writing? Drawing/Painting? Sympathetic Materials? Candles?

Name of Power? It matters little, which medium you = #0 &+ #3, like; want; desire; need;

brood-on, as it is up to the/your #1, malkuth earth/hades **psychic-tactile-feel**-ing-body, to ‘**choose?**’, as it – the/your, #1, malkuth earth/hades **psychic-tactile-feel**-ing body = IS THE ONE WHO HAS TO/MUST = BELIEVE!?!)

The etymology, of/for, the word, belief – is trust. The ‘technique’, of/for the/your #1, malkuth earth/hades plane, **psychic** you – conscious-ness; is, **tactile-feel**-ing = define-ing; three-dimensional-ising; symbol-ising, as if, as though, you – conscious-ness, were/are **blind!** (See/read previous ‘monologues.’) So, this then, **psychic-tactile-feel**-ing, is the ‘technique?’, in which you, the operator/occultist, at the/your #1, Malkuth Earth/Hades Plane/level of – Conscious-ness, would ‘use’!?!)

There is ‘**no belief?**’, in/on the/your #0, outer, outer physically physical plane! So, please don’t waste your precious time, trying to muster up, some kind of religious/pious/sanctimonious/devout, holy Jane/Joe, crap! Because it/this, is a total waste of time!

One of the ‘occult’ ways, is to, know & accept! You, the reader/operator/occultist – conscious-ness, #0, outer, outer physically physical body you = **can only use** – the/your #0, outer, outer physically physical plane! If you, the operator/occultist, wish to change/alter the/your #0, outer, outer physically physical world, you must do so, **from!** the/your #1, Malkuth Earth/Hades Plane!

The only task/job/work, that the/your #0, outer, outer physically physical body ‘can do’, is to persuade, convince, the/your #1, by/with/through, what is called/named; Faith? Etymologically, this word ‘faith,’ means to persuade; to convince, (as if? as though? In a ‘court of Law!?!’. From the Greek.)

#0, outer, outer physically physical you = persuades/convincing - #1, malkuth earth/hades you, through by/with consciously; knowingly; deliberately; purposefully **psychically-tactilely-feel**-ing; define-ing; three-dimensional-ising; symbol-ising, in/on the/your ‘own’, dark-ness; black-ness; **blind**-ness, as if/as though, you – conscious-ness, had/have ‘**already**’ taken possession, ownership, of the/your object, circumstance, thing and/or ‘IT’!

Can you? Are you? The occultist/reader able to work out, from the above, how a ‘polarity/polarisation – flow’, from ‘higher to lower’, could ‘occur/happen/take place?’, from the above information? Can you the reader, occultist ‘see it’, in your minds ‘eye – conscious-

ness?'. Ophiel, explains in his book; Clairvoyance, in his chapter; The Categories of Physical Existence, this way;

“Handle it this way – give it all the clairvoyance you can and **ALSO EVERY PHYSICAL MEANS YOU CAN TO AID YOU**. Specialise in the practice of the clairvoyance that appeals to you and for which you have some natural affinity and aptitude and let all the rest go by. Also, do not tell or broadcast, your interest in clairvoyance to others, especially strangers. Keep it, and all your occult studies to your private self. Also, I will repeat again – in connection with your clairvoyance, you must be physically sharp, **AND USE ALL CONNECTING PHYSICAL MEANS THAT YOU CAN PUT YOUR HANDS ON, TO HELP/ASSIST IN ANY MATTER THAT YOU ARE INTERESTED IN AND WORKING ON.**” End quote.

Then, farther on in his book Clairvoyance, in his chapter: Rising on the Planes, we read this, part:

“I think I shall digress here for a moment and explain a little something you may have noted and wondered about. You were given, in this book, parts of the Tree of Life diagram. You must have noticed that the circle sephiroth's were connected with lines, which are called ‘paths.’ In this book, we will not treat these paths, other than to say, that they are like wiring in a building or house. They are used to carry the ‘currents’, from Sephiroth to Sephiroth. The Power-Dynamite, is in the circle Sephiroth's, not in the paths. The paths only connect – they do not furnish power – only conduct it.” End quote.

This ‘conduct’, is the same as ‘flow’, and the ‘path/paths’ taken, is/are those, of **psychic-tactile-feel**-ing. Also, it is important, for the average student to ‘know’, that the column to the left, fire column, is the future and the column to the right is the past, now if you read Ophiel, carefully, you can read, wherein Ophiel gives the instruction; **ABOUT FACE/TURN AND BACK INTO/ONTO THE TREE**!! Also!! (Big ‘occult!’), everything/all – from malkuth to kether/kether to malkuth = IS! **IS!** = THE DEMIURGE = **AND THE DEMIURGE** = IS! **IS!** = THE DARK-NESS; BLACK-NESS; **BLIND**-NESS!! (Please read the ole crazy book; Genesis, chapter one, verses 2 to 4.)

(When/if, you do/practice the basic cosmic egg exercise, the above is taken care of, when you – conscious-ness = OBSERVE THE ‘BACK’ OF YOUR HEAD, FROM **BEHIND**, SLIGHTLY ABOVE YOUR HEAD, AND OVER TO THE/YOUR LEFT SIDE!!) There is one more part, that needs to be brought back to your attention, as it is of great importance =

THE LIGHT ‘SPRINGS FROM?’, ‘COMES OUT OF?’ = THE/YOUR DARK-NESS; BLACK-NESS; **BLIND**-NESS! THE DARK-NESS **WAS FIRST!** THE LIGHT **WAS SECOND!**!?!

Please ‘stop’ trying to ‘see’ the light? Let it ‘come forth naturally?’ Let there be! No forcing; no coercing; no commanding; no instructing!?! **Let** there be!! Here is how Ophiel describes it, from his book; Astral Projection, his: Regarding the Colour on the Cover:

“The colours on the cover of this book are the colours you will “see” just before you “break thru” into the Astral Plane with your newly developed clairvoyant Inner sight gained thru the work given in this book. When you “see” these colours you will know you are making progress. **The first thing to appear is the solid black. Then the colours begin to appear thru the black as is shown where the colours are lined in between with black. The black then thins out and away and the colours become more brilliant and finally burst out into the blinding pure white Astral Light.**” End quote.

The solid black, is the/your #1, malkuth earth/hades **psychic-tactile-feel**-ing plane = darkness; black-ness; **blind**-ness!! And not, the colour black, nor the absence of physically physical light!

So, now that you, the occultist(?), reader, know what is ‘required’, for polarity = down/out; and assume = up/in; you - conscious-ness, now ‘have’ your source and your destination, all that is required is, technique = duality – all, in/on the same/one plane. So, we take lesson one, from Ophiel, in his; Correspondence Course in Astral Projection, and we read from:

**“There is another terrific concept that I must introduce to you, sooner or later, so I will now. Also, this concept is so large, so big, so startling, that I don't know just how I can put it over, as it is even too much for me to fully grasp in all its aspects.”** End quote.

Till you reach:

**“Would it be asking too much of you to accept the above hypothesis for the time being and ACT - FEEL - in the following lessons - as if it *were* true and see where this acceptance leads us?”** End quote.

The way, the method, of looking back, looking behind, is to be; ‘**from**’, **psychic-tactile-feel** -

ing, to, physically physical action/doing = use; use-ing; uses; used; in partnership, to with you, #1, malkuth earth/hades! #0, outer, outer, physically physical you = agree-ing-with - #0, outer, outer physically physical you. Remember this:

Duality is – going across, the/a plane!

Duality is – use; use-ing; uses; used, in/on, a/the plane!

Duality is – all, in/on the same one/plane!

Duality is – looking ‘across’, the/a plane!

But here is how Ophiel describes, polarity, from his book: Clairvoyance, his chapter: Counterparts and the ‘Other’ World. Here it is:

“The preceding ideas – theories give rise to many possible explanations of how metaphysics and miracles and such like might have worked in our past history. Also, this gives some clue as to how - why Christian Science and Unity health ‘treatments’ could ‘work’ and, indeed, should work as well as ‘miracles’ at shrines and pilgrimages, etc. The person ‘praying’ might conceivably ‘touch’ the other, opposite one-half world thing and bring a ‘healing’ about – or a completeness, which would be the same as a healing. The above half-world idea could explain even the ordinary processes of life where one keeps up a steady desire pressure for a certain object or condition and certainly the object or condition desired is not ‘here’ or we would not desire it. Also, it is surely over there, or the ‘other half’ is. Re-examine the material in my second book; The Art and Practice of Getting Material Things Through Creative Visualisation, with this new idea in mind.” End quote. (See/read, 07 of 17 how to talk to God. 2021.)

The present writer, differs slightly, from the general understanding/acceptance of/for ‘counterparts’, in as much that, for the present writer – counterparts are always, in/on the plane below, under, lower, after and behind!!

For the present writer, there is/are ‘no counterparts’ in/on the plane above, over, higher, before and in-front! As ‘everything’ above, over, higher, before and in-front is/are, projections of – psychic-tactile-feel-ing/ings.

Please note carefully: as you the reader/occultist(?), observe, the/your tree/map; everything/all – from #1, malkuth earth/hades to kether = is/are a projection! The tree/map =



springs forth from!?! = #1, malkuth earth/hades!

Please note carefully: as you the reader/occultist(?), observe, the/your tree/map; everything/all – from #1, malkuth earth/hades to #0, outer, outer physically physical earth = is/are a projection! The/your #0, outer, outer physically physical world plane = springs forth from!?! = #1, malkuth earth/hades! As a counterpart!?!

Please note carefully: if the/your basic cosmic egg and/or basic chair exercises ‘work’ for you – conscious-ness, then the above, springs forth from!?! – will/shall explain its self to you – the practitioner/occultist(?) = for all this (above & below), is delivered (gathered/collected) unto me (#1), and to whomsoever I (#1), choose to give it. (It – psychic-tactile-feel-ing/believe-ing – object; circumstance; thing and/or it.)

Please note carefully: it is the conscious-ness; aware-ness; awake-ness; increased development; enhancement of the/your latent/dormant ‘already existing’, psychic-tactile-feel-ing which is going to be, used, in your three-directions, in the presentation, of, polarity, assume, duality.

The above, is the ‘basis’ of/for the ‘directions’, for/for conscious-ness/psychic-tactile-feel-ing, projections.

The endless names, descriptions, ideas, presentations, explanations, demonstrations, et al, is/are nothing but, the ‘directions’ of the ‘projections’ of the ‘tactile-feel-ing/ings’, of the/your #1, malkuth earth/hades plane – conscious-ness; awake-ness; aware-ness. There is/are two examples, that have/which have, been presented/used, to show this ‘expression’, of sub-conscious-ness – latency/dormancy of the/your psychic powers/abilities:

The oldest symbol of for latency/dormancy, is that of the Egyptian boat/ferryman Mahaff – conscious-ness and his ‘assistant = Aken?’, who is in/on the ferryboat, with him (Mahaff = conscious) and is Mahaff’s assistant, the sailor? – Aken – is ASLEEP! (Mahaff – is also the symbol/expression of/for, the whole of the/your #1, plane!)

But... Aken, is ‘asleep!?!’ = latent/dormant – dreaming = Demiurge – Dark-ness; Black-ness; Blind-ness = believe-ing/trust-ing/accept-ing = the ‘dream?’ = of your – conscious-ness = #0, outer, outer physically physical life/living?? Aken, must be woken-up! by the individual – conscious-ness, if they, the individual personality = #3, ego body (Who ‘PIGGY-BACKS’,)

in/on conscious, wish to 'cross/bridge,' from the #0, across/over the #1, to the #2, etheric plane Light!

IT IS THE JOB/TASK, OF THE #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY &+ #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = **TO AWAKEN!** = **AKEN!** – SO THAT THE 'BARQUE – BOAT' – CONSCIOUS = CAN SAFELY CROSS-OVER; PASS THROUGH; THE #1, MALKUTH EARTH/HADES PLANE! BUT... IT! = THE AWAKEN-ING, AWARE-NESS, CONSCIOUS-NESS = **MUST BE DONE/ACHIEVED – WHILST ALIVE, HERE NOW – IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!** (See/read letter of Saint Augustine of Hippo; See/read Ophiel's book; Astral Projection and his Correspondence Course, in Astral Projection. See/read previous 'monologues') Remember this, from 17 of 18; A & P of Occult? From the Gnostic schools;

“Hylic = of the flesh-human, materialistic – incapable of understanding the ‘gnosis.’!”

These ‘Hylic,’ are the ones = doomed to die? when they get to the ‘other?’ side = #1, Malkuth Earth/Hades Plane!

It is, no secret(!), that the present writer has tried to explain, that it is from(!), the #1, Malkuth Earth/Hades Plane, that you = conscious, as a ‘ness,’ = transfers/projects from(!), (for all this = above & below, is delivered unto me = #1, Malkuth Earth/Hade Plane!).

Faith = to confide/convince/persuade - #0, outer, outer physically **actions/doings** – ritual; prayer; talismans; treasure maps/charts; icons; From the Proto-Indo-European Root word; bheidh= to trust.

Trust = to be firm; to be solid; to be steadfast (to **psychically-tactilely-feel**). From the Proto-Indo-European Root word; deru.

Belief = to care; to desire; to love; (to **psychically-tactilely-touch-define**, three-dimensionalise, symbol-ise). From the Proto-Indo-European Root word; leubh.

Thank you.