

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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The referred to ‘Darkness,’ in this information, is that of the/your – **psychic** dark-ness; black-ness; blind-ness. Every ‘thing,’ within this dark-ness; black-ness; blind-ness ‘is’ you! That is/this is, you as a – Conscious in a ‘ness,’ state/condition – you? The word ‘**psychic**’, is from the Greek, and meant/means; animating spirit within, in other words, it is a part of Conscious-ness, which ‘moves,’ the actual, factual, literal #0, Outer, outer, physically physical body, without reference to or with, the/your #3, Ego Body; Present Incarnation, Personality Body.

The word ‘ness,’ which is used throughout this presentation, is that, from the Proto-Indo-European Root word; ness = projection; protrusion; promontory; jut-forth; stand out.

The Latin word ‘con-scious,’ is/means; knowing, aware. From, conscire = be mutually aware of. From; com = with/thoroughly + scire = to know (from personal/individual ‘experience of.’)

The word ‘scire,’ is where the word ‘science,’ (noun,) comes from and is from the PIE Root word; skei = to cut; to split; to divide; to separate one thing, from another. Old French word; science – knowledge; learning; application; from the 12th century. Latin word ‘scientia,’ = knowledge; knowing; skilled.

Consciousness = with the knowledge/knowing, from personal/individual ‘experience of,’ something/anything, which projects; protrudes; is prominent; juts-forth or stands out, in the ‘Mind,’ of the individual and which, then **Psychically** ‘animates/moves,’ the/your = #0, Outer, outer

physically physical body = to move!?!

This ‘psychic,’ is the/your #1, 1st ‘inner body,’ and is expressed/displayed/explained, as the/your psychic dark-ness; black-ness; blind-ness. The description ‘blind,’ refers, not to a/an ‘absence,’ of #0, Outer, outer physically physical ‘light?’ nor does it refer to a type/kind of ‘colour?’, the dark-ness; black-ness; blind-ness, is a psychological ‘psychic,’ state/condition/movement, within you, who are reading this/these materials. The knowledge/knowing, of this ‘inner,’ state/condition, is ‘ancient,’ and goes back before written records began.

The ‘secret?’, was that for those individuals, who were or became, aware; awake and conscious, to this/their ‘inner,’ dark-ness; black-ness; blind-ness ‘movement?’, was that they ‘perceived,’ this/their ‘inner movement?’, as; Stop, Halt, Resistance = Opposed; Adverse; Obstacle. The two basic exercises, which are going to be introduced, to/for, the reader, is/are; the basic cosmic egg exercise and the basic chair exercise. These two exercises, are for the stimulation, development and enhancement of the readers, latent/dormant Psyche self.

The basic cosmic egg exercise, teaches discipline, through psychic-tactile-feel-ing, which ‘feel-ing/touch-ing,’ = defines; three-dimensional-ises and symbol-ises, objects; circumstances; and/or its as ‘thing’s?’

Thing = from the PIE Root word; tenk- (1), from the ‘root,’ of; ten = to stretch; reach forth; reach for. To reach, stretch for, psychically.

You do not get/have ‘things?’, in/on the/your #0, Outer, outer physically physical plane = you get/have = objects; circumstances and its?

You only get/have ‘things?’, in/on the/your #1, Malkuth Earth/Hades’ plane. for which you – Conscious, as a ‘ness,’ = must stretch; reach; grasp for? #1, Things = psychic-tactile-feel-ings = become externalised – as objects; circumstances and its? Hades/Pluto in the Greek, stretched; reached forth; reached for – Persephone? – when she = Persephone, was a = thing? – to be desired(!), grasp her – Persephone, and carried her off to his Dark-ness; Black-ness; Blind-ness?

A/an ‘occultist?’, worth their ‘salt?’, does not ‘do?’, anything(?), #0, Outer, outer physically physical, other than ‘present?’, their ‘case!’ and try to persuade/convince, through their Faith? From the PIE Root word; bheidh = trust; to persuade; to convince; to confide!?!

Trust, from the PIE Root word; deru = to be firm; solid; steadfast; fixed; inert; immobile.

In whom(?), does the ‘occultist?’ = trust(?) confide in(?).

One of the ‘major?’, occults, is that of the #1, Malkuth Earth/Hades Plane ‘Body,’ as the Psyche! The ‘astute?’, occultist(?), will/shall instinctively/naturally, latch on, to this ‘fact,’ very, very quickly. Here is/are some of the ‘basic,’ Laws; Rules & Governances, of the first three planes in the ‘assume/assumption,’ mode.

#0, Outer, outer physically physical plane – use; uses; use-ing; used – Real Time.

#1, Malkuth Earth/Hades’ plane – psychic-tactile-feel-ing – Now Time.

#2, Etheric plane – clairvoyant – Future Time.

The ‘polarity/polarisation,’ mode would be, descending from; #2 to #1 to #0.

The ‘assume/assuming,’ mode would be, ascending from; #0 to #1 to #2.

The ‘dual/duality,’ mode, would be, going ‘across’ the/any plane/level.

Please note the ‘location,’ of the/you #1, Malkuth Earth/Hades Plane, in the above three-steps. Here, is what the/your #1, Malkuth Earth/Hades Plane is made to say: For all this(?), is delivered unto me(?) AND TO(?)

Please note carefully, the list below:

#0, Outer, outer physically physical plane.

#1, Malkuth Earth/Hades Plane.

#2, Etheric Plane.

#4, Astral Plane.

#5, Archetypal Plane.

#6, Causal Plane.

Please study carefully, very, very, carefully!! **NONE!** of the planes, from #1 to #6 are(!), #0, Outer, outer physically physical!?!

As part of your ‘Occult?’, training/self-discipline, you, reading this and these or any other ‘monologues,’ must understand(!), THAT AT NO POINT/PLACE!?! IS!?! = The/your, #1, Malkuth Earth/Hades Plane = #0, Outer, outer, physically physical!?! This!?! = IS THE WHOLE PURPOSE/POINT!?! – to the/your, basic cosmic egg and/or basic chair exercises!?!

The basic cosmic egg and/or basic chair exercises, are for the ‘stimulation?’, of the/your ‘latent/dormant,’ **PSYCHIC SELF!?!** The Myth/Story/Explanation, of Eros & Psyche was used/presented, in order to ‘emphasise,’ this.

Please note;

In the Greek, Eros was a ‘messenger,’ of Aphrodite – his ‘mother?’ (Aphrodite, is the Goddess of the force, of attraction!?!) But... the Ancient Greeks had several shades/types/subtleties of/for this;

Eros – the desire to **be/become #0**, Outer, outer physically physical.

Erao – the desire to possess; the desire to have, sexually.

Phileo – to have affection/regard for.

Aga-pao – to be contented/satisfied with.

Stergo – the love of parents for children, or a ruler for his subjects.

As a ‘trained?’ occultist(?), you should be able to take the above listed ‘subtleties/shades,’ and apply them to those; objects, circumstances and its, that you - #0 &+ #3 = desire!?!

Remembering/Recalling!?! That you can ONLY! ONLY! = HAVE A ‘THING!?!’ – IN/ON THE/YOUR = #1, MALKUTH EARTH/HADES PLANE/LEVEL!?!

Thing = from the PIE Root word; tenk- (1), from the ‘root,’ of; ten = to stretch; reach forth; reach for; to hold; to grasp; to grip; to bind. To reach, stretch for, to **psychically-tactilely-feel** for!?!

You, reading this/these ‘monologues,’ = CAN ONLY! ONLY! = USE; USES; USED; USE-ING!?! – the/your #0, Outer, outer physically physical plane!?! = SO, YOU!!?! = #0 &+ #3 - STOP! JUST STOP! TRYING TO CHANGE/ALTER THE/YOUR #0, Outer, outer physically physical plane!?! = IN/ON THE/YOUR - #0, Outer, outer physically physical plane!?! YOU CAN ONLY! ONLY! = USE; USES; USED; USE-ING!?! – the/your #0, Outer, outer physically physical plane!?! DO YOU(!) UNDERSTAND THIS!!?!

Try this; Your #3, Ego Body can only = Judge; Judge-ing; Judges; Judgement!

Judge, from the Proto-Indo-European Root word; deik = to show; to reveal; to display.

THE ONE SINGLE INSTRUCTION! FROM EROS TO PSYCHE!
WAS/IS = BRING NO LIGHT!!?!

THE ONE SINGLE INSTRUCTION! FROM EROS TO PSYCHE!
WAS/IS = MAKE NO JUDGEMENT!!?!

DO NOT SHOW! DO NOT REVEAL! DO NOT DISPLAY!!?!

In the above, is(!), the subtlety/shading, of/from the letter, of Saint Augustine of Hippo = AGREE-WITH!!?!

Here is what the present writer, has presented, in the past/present ‘monologues.’

In/on the/your #1, Malkuth Earth/Hades Plane, the; LAWS, RULES AND GOVERNANCES OF/FOR THIS PLANE, IS/ARE = ADVERSE; OPPOSE; OBSTACLE (Greek; Slanderer.) INERT; IMMOBILE!?! RESISTANCE!?!

AS A ‘TRAINED?’ OCCULTIST(?), THIS (the above,) IS WHAT YOU – #1, CONSCIOUS, AS A ‘NESS,’ = WORK OFF OF!?! = MOVE/ANIMATE – THE/YOUR #0, CONSCIOUS, AS A ‘NESS!’

The ‘training?’, of course(?), is(?), in this ‘case,’ the/your basic cosmic egg and/or basic chair exercises. These two exercises = ARE NOT! NOT! #2, ETHERIC PLANE EXERCISES!?! (See/read Ophiel’s first book; Astral Projection and his second book; Creative Visualisation, for #2, Etheric Plane work/workings.) These two exercises egg/chair are(!) #1, Malkuth Earth/Hades Plane, exercises!?!

The ‘difficulty?’, you express, is not one of #1, Malkuth Earth/Hades and/or/nor #0, Outer, Outer Physically Physical, but... is one of, #3, Ego Body ‘dominance.’ = not me; not mine; not this; not that; not here; not now; else; other; separate; apart; over there; outer, etc, etc, etc. This is the ‘way?’ that you have ‘judged?’, the/your basic chair exercise and basic cosmic egg exercise? Like the child who ‘digs up?’, the ‘seed,’ every day, to see how much ‘it,’ the ‘seed,’ has grown? (Judge not, lest ye, be Judged?)

The ‘difficulty?’, you express, is not one of #0, outer, outer physically physical, it your lack of understanding that the/your #1, malkuth earth/hades plane = IS NOT! NOT! – physically physical? and yet(!), #3, Ego Body you(?), can’t/doesn’t/won’t(?), accept this fact!?! (Judge not, lest ye, be Judged?)

Mathew 7: 1/2.

“Judge not, that ye be not judged; for with what judgement ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.” End quote.

Sort out your #3, Ego Body, and the your #1, Malkuth Earth/Hades body, via, the/your #0, Outer, outer physically physical body, in the above quote, remembering what was said, about the ‘automatic/reflexive,’ nature of the/your, #1, Malkuth Earth/Hades Plane!?! (Push-down to stand up! Push-up to sit-down!)

As soon as a person/personality, realises/recognises, that the/their #3, Ego Body, **PIGGY-BACKS**(?), in/on the/their Conscious, when it/their Conscious, is ‘in’ a ‘ness,’ state/condition, then their understanding(?), of the/their #3, Ego Body, Present Incarnation, Personality Body = OBSERVE; OBSERVE-ING!?! (NOT JUDGE-ING!?!) COMES INTO ITS ‘OWN!?!’.

Here it is, from Ophiel, from his first book; Astral Projection, his chapter, Dream Method;

“I have decided to call this state of not-awake-not-asleep, the NEITHER STATE, and will describe it more fully later.” End quote.

This, Ophiel’s ‘NEITHER STATE CONDITION,’ is what you, the reader/practitioner = **ENTER INTO**!?! – IN THE PRACTICE/DOING!?! OF THE/YOUR BASIC COSMIC EGG AND/OR BASIC CHAIR EXERCISE = IN/ON THE/YOUR = #1,

MALKUTH EARTH/HADES PLANE – PSYCHIC PLANE!?! –
WHERE THERE IS/ARE = NO #2, ETHERIC PLANE LIGHTS!?!

Ophiel continues;

“There is another important thing that I want or call to your attention, a thing that you will experience more and more in you work on the inner planes. With the consciousness that you are dreaming will come another kind of consciousness – that of being DUAL. For the first time you will realise that there is – are TWO OF YOU. One YOU in the dream and one YOU at home in bed asleep!!! This is a sensation you will not forget!!

You may come up to the point of neither state consciousness of dreaming, and of dual-ness, several times before you are strong enough to proceed with the dream, but, in time you will be able to ‘GO ON’ like as follows.” End quote. (Underlines are the present writers.)

For the first time you, Conscious, as a ‘ness,’ will realise that there is – are TWO OF YOU. One YOU – STANDING INSIDE – the/your, Basic Cosmic Egg, and one YOU – standing in your room!!! This is a sensation you must not forget!!

For the first time you, Conscious, as a ‘ness,’ will realise that there is – are TWO OF YOU. One YOU – MOVING IN THE = OPPOSITE; ADVERSE; OBSTACLE DIRECTION – to the/your, Basic Chair Movements, and one YOU –in your room = MOVING IN THE = OPPOSITE; ADVERSE; OBSTACLE DIRECTION!!! This is a sensation you must not forget!!

Both egg and chair exercises, is/are taking place/happening(!?), IN/ON THE/YOUR #1, MALKUTH EARTH **PSYCHIC-TACTILE-FEEL-ING** PLANE!?! AND! AT THE ‘SAME?’ TIME(?), IN/ON THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!?!

There is/are NO!?! #2, ETHERIC PLANE ‘ILLUMINATION LIGHT!?!’ ONLY! ONLY! = Dark-ness, Black-ness, BLIND-ness, #1, MALKUTH EARTH/HADES PLANE!?! SO! STOP! JUST STOP! TRYING TO ‘VISUALISE!?!’ IT IS THE = **PSYCHIC-TACTILE-FEEL-ING** PLANE!?!

When Ophiel, writes in his book; Clairvoyance, his chapter; The Two Minds, he, Ophiel;

Didn’t ‘visualise?’, the amount of ‘milk’ to pour!

Didn’t ‘visualise?’, the watermelon to pick!

Didn’t ‘visualise?’, the amount of ‘pressure’ on the gas-pedal!

Ophiel went by/with his = **PSYCHIC-TACTILE-FEEL-ING!**?!

Please note carefully! When in/on the/your #2, Etheric Plane, you will/shall ‘get,’ to ‘experience!’ the effect/effects of!?! the/your #1, Malkuth Earth/Hades Plane, in a ‘visual/reflective,’ way!?! Here it is, from Ophiel, a little farther on, in this/his same chapter; Dream Method, from his/this same book; Astral Projection:

“The ‘trouble’ you encounter and the dire things that old maid occultists warn you against, all the times in the past, that you read about Astral projection, **is really nothing but this DIFFERENCE that exists between**

the different panes and what happens when you try to act on the Inner Planes, the same way you act on earth-physical.” End quote

Basic Chair exercise!?! Push-down? To stand-up? Push-up? To sit-down?

Ophiel next writes;

Some old maid New Thought practioner got out there one time, by accident, and when she tried to come, she went, and it scared the wits out of her. So, instead of trying to find out what was wrong, she labelled it hell and warned everyone to stay away. I want you to understand this fully, so I will repeat it again – On the inner planes, you have to **ACT** in accordance with the laws that govern that plane, which laws, are different that the laws that govern the physical plane. And, until you learn these laws, and **MOVE** by them, you are going to find yourself in a very peculiar position when you try to do something. When you do learn the laws, and act accordingly, all will be well.” End quote.

Basic Cosmic Egg and/or Basic chair exercises ARE(!), #1, Malkuth Earth/Hades Plane PSYCHIC-TACTILE-FEEL-ING exercises!?!

And when she tried to come, she went = basic chair exercise.

And when she tried to come, she went = #3, Ego Body = Judge; Judge-ing; Judges; Judgement!?!

As soon as a person/personality, realises/recognises, that the/their #3, Ego Body, PIGGY-BACKS(?), in/on the/their Conscious, when it/their

Conscious, is ‘in’ a ‘ness,’ state/condition, then their understanding(?), of the/their #3, Ego Body, Present Incarnation, Personality Body = OBSERVE; OBSERVE-ING!?! (NOT JUDGE-ING!!?) COMES INTO ITS ‘OWN!?!’.

So, instead of trying to find out what was wrong, she labelled it hell and warned everyone to stay away?

The ‘reason?’ (One of many!?!), that the/your basic cosmic egg and/or basic chair exercises, are not(?), do not(?), work/operate for you, is because of!?! the/your #3, Ego Body – Judge-ing/Judgement!?! The same would/will/shall/does!?! apply to Ophiel’s materials, both his ‘Astral Projection,’ and his ‘Creative Visualisation,’ and also, his; Talismanic Magic. (Also, include his ‘Ritual,’ in this.)

Both egg and chair, let your #3, Ego Body simply ‘observe?’, as there is/are no visualisations!?! Only ‘sense-ation’ as you – Conscious, as a ‘ness,’ Psychically-Tactilely-Feel = define; three-dimensional-ise; symbol-ise! Therefore, there should be = NO JUDGEMENT!?!

Mathew 7: 1/2.

“Judge not, that ye be not judged; for with what judgement ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.” End quote. And when she tried to come, she went!?!

To pray for ‘riches?’, whilst Conscious of being ‘Poor,’ = IS TO BE REWARDED WITH WHAT YOU ARE CONSCIOUS OF = NAMELY POOR!?! (Neville Goddard.)

Who? is this Adversary/Opposer that the master warns us of? Let us = **AGREE-WITH-HIM!**?! – whilst we are in the ‘way,’ that we might be rid of him? = Push down, to stand-up; Push up, to sit-down!! (The ‘way,’ was/is an early Christian expression of/for ‘life/living.’ See/read the letter of Saint Augustine of Hippo, #1 of 17 letter and the egg.)

Unless and until, you can get your #3, Ego Body, under control and disciplined, in your ‘occult,’ it (#3), will be forever ‘revealing/showing/displaying,’ and so, automatically/reflexively, invoke/evoke, the LAWS; RULES & GOVERNANCES of/for the/your #1, Malkuth Earth/Hades Plane = **REGARDLESS OF THE ‘CONSEQUENCES,’ TO YOU!**?! (See/read Ophiel’s book; Contacting the Demiurge, for this.)

The present writer shall ‘send’ this, to list, for those other members, who may be in the same ‘predicament,’ as yourself = not lacking ability/potential, but lacking in ‘refined’ understanding, of what is ‘required?’.

Thank you.