

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

Written by max.height
<https://ophiel.art>

**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

6 of 17 polarity, assume & duality. 2022

In the art & practice, of polarity; assume & duality, the Ophiel student, can do ‘much’, for themselves, in the constant reading, of his materials, on a daily basis, until they/you, the reader/student, come to a point/place, within your ‘self’, where these, things(?), ideas(?), notions(?), intuitions(?), inspirations(?), realisations(?), comes/rises, softly, into your conscious, and you then, project/transfer them/these ‘things’, into/onto the/your #0, outer, outer physically physical world, as actions/do-ings – use; uses; used; using. Here is how the previous monologue ended.

Please note again, as in previous monologues; the word ‘ness’, means = to protrude; to stand out; to stick out; to project forth; How? Would this/these descriptions suit you, the reader now?

Polarity-ness? Assume-ness? Duality-ness? = Conscious-ness?

When conscious is in/on the/your #1, Malkuth Earth/Hades Plane(?), and your #1, Malkuth Earth/Hades Plane, Con-science-ness(?), is/becomes a; Polarity-ness = protrusion; sticks out; protrudes; juts forth; stands out; etc, etc.’, then the/your #0, Outer, outer physically physical body-ness = moves(?), is animated(?), use; use-ing; uses; used!

When conscious is in/on the/your #1, Malkuth Earth/Hades Plane(?), and your #1, Malkuth Earth/Hades Plane, Con-science-ness(?), is/becomes a; Assume-ness = protrusion; sticks out; protrudes; juts forth; stands out; etc, etc.’, then the/your #2, Etheric body-ness = reflects(?), is reflected(?), attract; reject!

Please note carefully; Conscience.

Conscience; noun, from 12th Century Old French and directly from the Latin; conscientia = a joint knowing or knowledge, of a ‘thing’, together with a/an, other. Con/Com = with/thoroughly + scire = to know. The ‘to know’ was/is, in/by/with, personal/individual/first hand, ‘experience of’ and not hear/say. Originally, to distinguish one thing, from another thing. From ‘scidere = to separate; to cut; to divide; from the Proto-Indo-European Root word; skei = to split; to cut (into two), to cleave (into two). Greek word; syneidesis = with-knowledge; with-knowing = Conscious-ness.” End quote.

Thing – from the Proto-Indo-European Root word; tenk, from the Root stem; ten – to stretch (as in – reach out, reach forth = touch; psychically-tactilely-feel.)

When someone, tells you, some ‘thing?’, what is it(?), that they are telling you? The object; circumstance; symbol = is not(!) the ‘thing’! The ‘thing’, is the psychically-tactilely-feel-ing-response, that you – sub-conscious-ness = receive from, the object; circumstance; symbol.

If you, the reader/occultist, were to, assume, and three-dimensional-ise, an object or circumstance, and then ‘stretch-forth = psychically-tactilely-feel’ then, you, #1, Malkuth Earth/Hades Body Conscious-ness = would get/have/receive – a ‘thing = psychic-tactile-feel-ing’ = of/for ‘IT’ = object; circumstance!

If you, the reader/occultist, were to, polarise, and three-dimensional-ise, an object or circumstance, and then ‘stretch-forth = psychically-tactilely-feel’ then, you, #1, Malkuth Earth/Hades Body Conscious-ness = would get/have/receive – a ‘thing = psychic-tactile-feel -ing’ = of/for ‘IT’ = object; circumstance!

If you, the reader/occultist, were to, be, in a duality with, a three-dimensional-ised, object or circumstance, and then ‘stretch-forth =’ psychically-tactilely-feel’ then, you, Conscious-ness Body = would get/have/receive – a ‘thing = psychic-tactile-feel-ing’ = of/for ‘IT’ = object; circumstance! In/on the/that ‘same plane as’, the/your object, circumstance!

These, then = polarity-ness; assume-ness; duality-ness = are the directions/projections(?) – psychically-tactilely-feel-ing/ings, of/for, you conscious = being.

Please note carefully, very, very, carefully!! Big occult, for you, the reader.

THERE IS ‘NO!’ BECOMING!

EVERYTHING ‘ALL!’ IS NOW!

PAST & FUTURE ARE PROJECTIONS!

PAST & FUTURE ARE ILLUSIONS!

THERE IS ‘ONLY’ USE; USE-ING; USES; USED!

Please read Ophiel, for this, the above; Here is how Ophiel presents it, in his vignette; More Ideas About God.

“The man spoke of ‘A/The ‘Vast Countenance’ and then spoke of a ‘Lesser Countenance’ the ‘Vast Countenance’ does ‘nothing’ but ‘Observe?’ The ‘Lesser Countenance’ ‘DREAMS??’ the ‘WORLD?’ and ‘YOU?’ into ‘CONTINUAL?? EXISTENCE??’ The man said: ‘You?’ (And I) ‘EXIST??’ ONLY FOR ‘NOW?’ AND ‘ALWAYS??’ DID ‘EXIST??’ ‘ONLY?? NOW??’ Never a ‘real’ ‘Past?’ or a ‘real’ ‘Future?’ these are also only a ‘Present’ ‘DREAM?’ of this ‘Lesser Countenance.’ There was more, but I will go on now and ‘connect’ the ‘preceding’ up with the material ‘Ophiel’ discovered himself through ‘Hints?’ from ‘Gnostic’ literature ‘combined’ with his ‘own’ explorations into the ‘Inner Planes.’

Perhaps the first thing Ophiel noticed when he was ‘exploring’ the ‘Inner Planes/Places’ - (and so should you!) - These ‘Inner Places’ ‘WERE FULL OF LIGHT?’ We are, ‘used’ to ‘daylight’ and ‘other’ kinds of ‘lights’ in the ‘night-time’ but the rather ‘Astounding Fact’ is that there is ‘LIGHT??’ on the ‘Inner Planes.’ You can ‘see’ the ‘Light’ even in ‘ordinary’ Dreams? If there was ‘NO LIGHT?’ ‘THERE?’ HOW COULD YOU ‘SEE?’ THE ‘OBJECTS AND FIGURES?’ IN AN ‘ORDINARY?’ ‘DREAM?’.” End quote.

If there was ‘NO LIGHT?’ ‘THERE?’ HOW COULD YOU ‘SEE?’ THE ‘OBJECTS AND FIGURES?’ IN AN ‘ORDINARY?’ ‘DREAM?’ = Answer = psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising = belief – trust = being! The basic cosmic egg and/or basic chair exercises, show/reveal = THE/YOUR ‘DWELLER’ ON THE (YOUR) THRESHOLD (OF CONSCIOUS-NESS!?!).

In/on the/your #0, outer, outer physically physical plane, you – conscious = can only, only, use; use-ing; used. You cannot/do not = change/alter – the/your #0, outer, outer physically physical plane = BECAUSE YOU – CONSCIOUS = ARE IN A ‘DUALITY’ TO/WITH – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL PLANE!

If! You, the reader/operator/occultist, would like to; change/alter/amend/adjust, the/your #0, outer, outer physically physical plane – then you must(!)

A - leave your #0, duality!

B – assume to your #1, duality!

C – about face/turn and look back/behind, too/at, your #0, plane!

D – create/make a polarity!

Leave your #0, duality? How? = egg/chair exercise!

Assume your #1, duality? How? = psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising!

Why Assume? = To believe = to trust!

Why? = this/these actions/doings = to make/create a Polarity/Polarisation – from higher #1, to lower #0!

Please study carefully! Big occult?

The ‘thing?????’ = DOESN’T CHANGE/ALTER = FROM PLANE TO PLANE!

Thing – from the Proto-Indo-European Root word; tenk, from the Root stem; ten – to stretch (as in – reach out, reach forth = touch; tactilely-feel)

Please review, the cup/shoe exercises, in previous monologues, for the ‘thing’!

Here, is how Ophiel, writes the above, from his book; Clairvoyance, his chapter; The Two Minds:

“Now in your experimental sub-mind work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.

Practice this, until you note a degree of entry of the sub-mind into the objective world, which is all you want, a degree of entry, and a degree is all you need to greatly improve and sharpen up your life. And, there is an additional added bonus, due to this sub-mind entry, into your objective world.

You know I just told you, that when the sub-mind starts to take over in your objective world, the objective mind ‘wakes-up’ and starts to come to life and starts to work. Well, this ‘waking-up’ of your objective mind, is also your advantage, as you now have two systems working for you, and the new added alert-ness of the aroused objective mind should be to your advantage, and may be all you really need, to do a good life job.” End quote.

The ‘thing’, that is going to speed up, your psychic ability, is the development/training of, the/your #3, Ego body, present incarnation, personality body’s = ability to stand aside!
Ability to observe = WITHOUT JUDGE-ING!!?!)

You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if you seem to be losing control over your objective world.

In the basic cosmic egg exercise, your five basic elemental forces symbols, are ‘neutral’ – non-positive; non-negative = non-judge-mental = they are ‘shapes?’. But... the/these; shapes/symbols – are the representatives; ambassadors; envoys to/of/for = THE BASIC ELEMENTAL FORCES THAT THEY/WHICH THEY = THE SYMBOLS – SYMBOL-ISE – AS A/THE/THEIR = THING!

Thing – from the Proto-Indo-European Root word; tenk, from the Root stem; ten – to stretch (as in – reach out, reach forth = touch; psychically-tactilely-feel.)

So! Both the, basic cosmic egg and/or basic chair exercises, are to develop; increase & enhance, what is already latent/dormant, in you, the reader/operator, as your psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising ability, without(!), the/your #3, ego body, present incarnation, personality body – interfering!!

Both these ‘exercises - egg/chair’ = psychic-tactile-feel-ing – should be added to – Ophiel’s Little System & Dream Method & Body of Light Method, of transfer/projecting. Each of Ophiel’s methods, should be ‘supplemented with’, the/your basic egg/chair exercises.

You, the reader/occultist/practitioner, through your understanding of what the words;

Assume; Duality & Polarity ‘are’, as = DIRECTIONS! = actions/do-ings, along with, a/the/your = ‘thing?’, should greatly assist your #1 &+ #0, bodies, now that your #3, Ego Body, is able to, recognise? – ITS – place/position/participation? In the ‘scheme’ of being.

Look at your treasure/map chart, select an item, on your chart, and treat/handle ‘it’, as in the basic egg/chair method/style, of; enter (assume), your psychological dark-ness; black-ness;

blind-ness and create/make a ‘duality’ (all/everything – in/on the same/one plane/level), psychically-touch-tactilely-feel; define; three-dimensional-ise; symbol-ise your item, object, circumstance – now trust (Belief) ‘IT’!

Please remember/recall = THAT THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = PIGGY-BACKS!!!!!! = IN/ON – CONSCIOUS-NESS!!!!!!? AND! AND! – MAKES A JUDGE-MEANT??? – NOT ME! NOT THIS! – SO, THE/YOUR #1, MALKUTH EARTH/HADES BODY = FOLLOWS THE/YOUR – STRONGEST TACTILE-FEEL-ING = BELIEVING = DRIVEN BY/WITH THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY!?!

#3, Ego body, present incarnation, personality body = observe; observing; observed.

Please study carefully! = EVEN IN/ON THE/YOUR #2, ETHERIC PLANE, WITH THE/YOUR #3, EGO BODY = PIGGY-BACKING!! = IN/ON YOUR – CONSCIOUS-NESS? IT, YOUR #3, IS STILL JUDGE-ING!?! = NOT ME! NOT THIS! (Think about this! Meditate/Contemplate, on the ‘action/doing’ of #3!?!)

The way/method to change/alter this; judge; judge-ing; judge-meant - is through/by/with the;

#2, Etheric Plane = Earth-of-Water – Cube ‘inside’ Bowl – where the elemental water – behaves like; works like; looks like; acts like; psychically-tactilely-feels like; the elemental force, of the element of, the element, of element earth, but... it is still, all (duality) element water.

The way/method to change/alter this; judge-ing; judge-meant - is through/by/with the;

#1, Malkuth Earth/Hades Plane = Water-of-Earth – Bowl ‘inside’ Cube – where the elemental earth - behaves like; works like; looks like; acts like; psychically-tactilely-feels like; the elemental force, of the element of, element, of elemental water, but... it is still, all (duality) element earth.

Here is how Saint Augustine of Hippo, presents it, in his letter; one of 1 to 17 letter & egg:

“What price was given for us that we might be redeemed from him! Of which the Apostle

says, speaking this redemption ‘Who had delivered us from the power of darkness, and hath translated us into the kingdom of the Son of his love.’

We have been redeemed, we have renounced the devil; how shall we ‘give diligence’ to be delivered from him,’ that makes us not sinners, his captive again? But this is not the ‘adversary’ of whom the Lord gives us warning.

For in another place another Evangelist has so expressed it, that if we join both expressions together, and compare both these expressions of the two Evangelists with each other, we shall soon understand who this ‘adversary’ is.

For see, what did Luke say here? ‘When thou goest with thine adversary to the magistrates, give diligence in the way to be delivered from him.’

But the other Evangelist has expressed this same thing thus: ‘Agree with thine adversary quickly, whiles thou art in the way with him.’ All the rest is alike; ‘lest haply the adversary delivers thee to the judge and the judge deliver thee to the officer, and thou be, cast into prison.’

Both Evangelists have explained this alike. One said ‘Give diligence in the way to be delivered from him’ the other said, ‘Agree with him.’ For thou wilt not be able to, ‘be delivered from him.’ Unless thou, ‘Agree with him?’ Wouldest thou, ‘be delivered from him?’, ‘Agree with him’ But what? Is it the devil with whom the Christian ought to ‘agree?’. Let us then seek out this ‘adversary’ with whom we ought to ‘agree’, lest he deliver us to the judge, and the judge, to the officer, let us seek him out, ‘and agree with him’

If thou sin, the word of God is thine adversary. For example, it is a delight to thee perchance to be drunken; it says to thee, ‘Do it not.’ It is a delight to thee to frequent the spectacles, and such trifling; it says to thee ‘Do it not.’ It is delight to thee to commit adultery; the word of God saith to thee ‘Do it not.’ In whatsoever thou wouldst do thine own will, it saith to thee, ‘Do it not.’ It is the ‘adversary’ of thy will, till it becomes the author of thy salvation. O how goodly, how useful an ‘adversary!’ It does not seek our will, but our advantage. It is our ‘adversary’ as long as we are our ‘own’ adversaries.

As long as thou art thine own enemy, thou hast the word of God thine enemy; be thine own friend, and thou art in agreement with it. Thou shalt do no murder’, give ear, and thou hast ‘agreed’ with it. ‘Thou shalt not steal’, give ear, and thou hast ‘agreed’ with it. ‘Thou shalt not give false witness,’ give ear, and thou hast ‘agreed’ with it. ‘Thou shalt not covet thy neighbour’s goods,’ give ear and thou hast ‘agreed’ with it.

In all these things thou hast ‘agreed’ with this ‘thine adversary’, and what hast thou lost to thyself? Not only hast thou lost nothing; but thou hast even found thyself, who had been lost. The ‘way’ is this life, if we shall ‘agree’ with the ‘adversary’, then we shall come to ‘terms’ with him, when the ‘The Way’ is ended, we shall not fear the ‘Judge, the officer, the prison.’”

End quote.

Let us then seek out this ‘adversary’ with whom we ought to ‘agree’, lest he deliver us to the judge, and the judge, to the officer, let us seek him out, ‘and agree with him’

So, just for context, we now read, thusly.

Judge = #3, Ego Body, present incarnation; personality body.

Officer = #1, Malkuth Earth/Hades’ psychic-tactile-feel-ing, impersonal body!

Us = #0, Outer, outer physically physical body!

Both egg & chair exercises, have introduced you – conscious, to the type/kind of ‘ness,’ that takes place/happens, in/on the/your #1, Malkuth Earth/Hades Plane = Inertia; Resistance; Immobile; Fixed; Adverse; Opposing; Obstacle. (Greek; Slanderer = obstacle.)

The ‘way’ is this life, if we – conscious - shall ‘agree’ with the ‘adversary’, then we – conscious - shall come to ‘terms’ with him, when the ‘The Way’ is ended, we shall not fear the ‘Judge, the officer, the prison’?

The ‘prison’, is the state/condition, in which we – conscious – find ourselves(?), with the/our #3, Ego Body, Present Incarnation, Personality Body, ‘Judging?’.

You must learn to project/transfer your conscious-ness(?), whilst here now = #0, outer, outer physical, physical. This was Augustine of Hippo’s = time of ‘grace?’. Grace = from the Proto-Indo-European Root word; gwreto/gwere (2), = to favour (whomsoever ‘I choose,’ to ‘give it!?!)

Thank you.