

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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**Originally posted on Google Groups:
<https://groups.google.com/g/ophiel-magic9-20/>
(Previous works also posted as “Sender” on the “Ophiel Magick” group, from the
defunct YahooGroups)**

7 of 17 polarity, assume & duality. 2022

Here is what Ophiel writes, in his book: Clairvoyance, his chapter; Semi-Physical Types of Clairvoyance.

“To go into this idea a little further, I made a reference – comparison – to the mass of psychometric impressions as an ‘Ocean’. Remember the old Occult saying; as above, so below (and it is **partly true** that; as below, so above – for hints as to set ups.)” End quote.

The basic cosmic egg exercise and/or, basic chair exercise reveals/displays, the **above/below** thing, in a deeply occult, conscious-ness way, and armed with the knowledge/knowing = THAT YOU CAN ONLY! ONLY! – use; use-ing; used, the/your #0, outer, outer physically physical body, immediately, takes the, pressure(?) to perform(?), off of you - #3, Ego Body, Present Incarnation, Personality Body! Ophiel continues:

“Considering this ocean idea-simile further, oceans have ‘currents’ in them and also ‘winds’ which blow over them, and you should know about the four winds. I suggest that we are affected by these ‘currents’ and the ‘winds’, BUT WE DO SEEM TO POSSESS, A SORT OF FUNDAMENTAL ABILITY TO PICK AND CHOOSE, TO ACT OR REACT, TO THESE MOVEMENTS.

I admit that this ‘choosing ability’ may be low in some – many – persons, but I’m sure that we all possess it, and that it can be developed in all of us. I did not have it naturally, but I gained a large portion and wrote a book about it in relation to gaining material things. Therefore, to get back to psychometry, any progress you make along these lines, cannot but help-benefit you in your daily life-living, as this ability to sort out impressions can be and should be, extended out to all of your life processes, as already said.

I wish I could give you more information-knowledge on this matter of, sorting out impressions, but it is just not the sort of thing, that has been written down, in detail, before. Those who knew, didn’t tell, so I know of no material or books, on this subject.” End quote. (Underlines are the present writers.)

The present writer, has absolutely no qualms, whatsoever, to say on paper; in print; in digital; that they ‘do’, make available to several persons; much in the ‘way’ of technique & methodology, in this matter of; **psychically-tactilely-feel**-ing-ly’, in/on the last/first inner plane = the next plane/level up/in = #1, Malkuth Earth/Hades! Others opinions, matter little, as they, the others, are free to present/display their ‘wares’, in the same mediums, and let

those who read their presentations to, ‘decide for themselves’! All the individual has to ‘do’, is to test, try, use, the two exercises, basic cosmic egg and/or basic chair exercises, in the knowledge/knowing, that they – conscious – are in/on the/their #1, Malkuth Earth/Hades Plane, as a ‘ness = projection; protrusion; promontory; jutting-out; sticking-out; stretching; reaching; thing-ing; (Hawaiian Kahuna, aka-finger. Book recommended by Ophiel; Secret Science Behind Miracles, by Max Freedom Long.)

All the individual has to ‘do’, is to test, try, use, the two exercises, basic cosmic egg and/or basic chair exercises, in the knowledge/knowing, that they – conscious – are in now ‘in contact with’ – The Demiurge ‘at’, its (The Demiurge), lowest inner level – coming down/out from above; over; higher; before and in-front! Of the/their #0, Outer, outer physically physical body plane; below; under; lower; after and behind!

Armed with this knowledge/knowing, the practitioner, can then ‘go on’, with their practices; techniques, of directions = Polarity – higher to lower; Assume - lower to higher; Duality – all, in/on the same/one plane/level. Knowing of - the epithets/descriptions of/for the Demiurge/Light at this/your level of #1, you now, not only have an, understanding, but a great ‘occult’, in the Gnosticism, of knowing/experiencing, first hand, how the Light, as Dark-ness; Black-ness; Blind-ness = IS WORKED, OPERATED & MANIPULATED = BY YOU! WITH YOU! – CONSCIOUS - AS A ‘NESS!!’, IN/ON EACH OF THE PLANES? So, the actual; factual; literal technique, of transferring/projecting, of the/your ‘conscious’, can now be ‘done’, knowingly; deliberately and purposefully – along the/these three directions = polarity, assume & duality and you, the operator/occultist, can now pick and choose!! Ophiel, next writes a little farther on, in his chapter, this part:

“There is a process of the Occult, which, when done consciously, is called Polarity, and which means, as its name implies, an action, involving the of two different poles, or opposites. The difference in the two poles, is what constitutes the mechanics of Polarity. This difference can be anything – hot or cold; big or little; positive or negative, etc., and giving out, or, receiving.

Now, to apply the above principles to physical types of clairvoyance is easy. All you have to do is to realise, as the case may be, which of the Poles you are – the big, positive giver, or the little, negative receiver? And, in the case of you wanting to ‘read’ some article by psychometry, will want to receive and not give, so you make yourself the receiving pole and not the giving out pole.” End quote.

Take a sheet of A4 paper, freehand draw a circle at the top centre of the page and draw a line,

from the bottom of the circle, down the centre of the page to near the bottom, and draw another circle on the page. This is the ‘symbol’ of/for polarity/assume and assume/polarity; polarity – above to below; assume – below to above! You, the reader will/shall find/discover this symbol all over you tree/map, if you care to look at it. On the left of your page, at the middle, draw a circle and then draw a line, across the page to the other side, and draw a circle, there. This is the symbol, of/for duality – all, in/on the same/one plane. The five dualities, is/are;

Kether: Chokmah: Binah;

Geburah; Chesed; Tiphareth:

Netzach; Hod; Yesod:

Malkuth Earth/Hades:

Physical Earth/Pan:

The equal armed cross, is the ‘tool’ that you ‘use’, in the techniques of;

Polarity – top circle to bottom circle to circle.

Assume – bottom circle to top circle to circle.

Duality – left/right – right/left circle to circle.

If you have; dry/wet – top circle.

If have; use; use-ing; used – dry ‘or’ wet - bottom circle.

Then you conscious-ness, would pick/select one or the other, **from**, the top circle, **to** the bottom circle.

And because, one or the other must - pass-through – the middle line – then you would ‘have’ – duality! – in/on the bottom circle! Duality – all/everything in/on the one/same plane – conscious-ness! Then you – conscious-ness, would be able to, look-**across**, the bottom circle = plane, and use; use-ing; used, your choice(?), from the top-circle. The present writer, doesn’t know, if you, the reader can follow, the diagram of the ‘equal-armed-cross’ or, its explanation, in a ‘spatial context’ or not(?), but give it a good try, as it helps your #1, malkuth earth/hades self.

If you have; rich/poor – top circle = duality.

If you have; use; use-ing; used = bottom circle rich **or** poor = duality.

Then you conscious-ness, would pick/select one or the other, **from**, the top circle, **to** the bottom circle.

And because, one or the other must - pass-through – the middle line – then you would ‘have’ – polarity/assume! – **to/from** the top/bottom circle! Duality – all/everything in/on the one/same plane – conscious-ness! Then you – conscious-ness, would be able to, look-across, the top circle, and then use; use-ing; used, your choice(?), **from** the top-circle in/on the bottom circle. The present writer, doesn’t know, if you, the reader can follow, the diagram of the ‘equal-armed-cross’ or, and it is explained, in a ‘spatial context’ or not(?), but give it a good try, as it helps your #1, malkuth earth/hades self.

The diagram helps, to explain that there is ‘no duality’ on the vertical axis, it has to be polarity/assume = pole to pole = end to end = plane to plane. It is because, duality is conscious-ness and conscious-ness is duality; **that ‘wherever’ conscious-ness IS – duality IS!** Going ‘**across**’ the plane! Ophiel explains this, pole to pole, top circle to bottom circle, in his book; Clairvoyance, his last chapter; Counterparts and the ‘Other’ World:

“Maybe it is intended that we should, all of us, work these things out by ourselves and then just enough knowledge is released to arouse us to think and begin to think for ourselves – to hunt for this; Treasure of Truth – to find it ourselves and then use it ourselves and keep quiet about it. **Let others find it for themselves or do without!!!**

So, to proceed – there has been a persistent idea, as I said, from way back, that there are other worlds that this one. of course, this other-world idea is old. But a different idea is also there. It now appears that there is an idea, a definite idea, that **THIS PHYSICAL WORLD IS ONLY A HALF OF SOME OTHER WORLD**. This idea is an extension of the simple counterpart’s idea. If there are small, simple counterparts, why not gigantic counterparts? And, indeed, why not? The one idea follows the other idea closely.” End quote.

Then, farther on, Ophiel writes this, in the same chapter:

“The preceding ideas – theories give rise to many possible explanations of how metaphysics and miracles and such like might have worked in our past history. Also, this gives some clue as to how – why Christian Science and Unity Health ‘treatments’ could ‘work’ and, indeed, should work as well as ‘miracles’ at shrines and pilgrimages, etc. The person ‘praying’ might

conceivably ‘touch’ the other, opposite one-half world thing and bring a ‘healing’ about – or a completeness, which would be the same as a healing.

The above half-world idea could explain even the ordinary processes of life, where one keeps up a steady desire pressure for a certain object or condition and certainly the object or condition desired is not ‘here’ or we would not desire it. Also, it is surely over there, or the ‘other half’ is.” End quote.

Please note carefully; the/your ‘other-half’ – exists – as a/the/your – psychic-tactile-feel-ing; define-ing; three-dimensional-ising, symbol-ism!

You have already drawn, the simple ‘equal-armed-cross’, so look at the top circle, and say that, this circle symbolises the/a/any plane above, over, higher, before and in-front, of a/any plane, that you – conscious – are below, under, lower, after and behind! As already presented in previous monologues, only(!), in/on the plane above, over, higher, before and in-front, do you have, BOTH SIDES! Of the ‘same/one/single’ force!

Deep & Shallow – single force!

Wide & Narrow – single force!

Future & Past – single force!

Light & Dark – single force!

Rich & Poor – single force!

Tall & Short – single force!

Hot & Cold – single force!

Wet & Dry – single force!

Fat & Thin – single force!

New & Old – single force!

When you – conscious – go/transfer/project = assume, to the next plane up/in you – conscious &+ #3 ego body, pick/choose/select (psychically-tactile-feel) The ‘side’ of the force, that you want, need, desire and brood on! But... if you ‘assume’ into a ‘duality?’, to/with the ‘plane above’, then there will ‘be?’, no polarity!

Try/test this; In/on the/your #2, etheric plane duality = you have both sides of the same/one

force. You can read this for yourselves, in Ophiel's first book; Astral Projection; Dream Method.

“Most all the ‘things’ about you, will be counterparts of things now on earth. They will be rather mixed up though, because there is not time on the inner planes, as we know it, and ‘over there’ things are there ‘all at once’. That is, you can see the thing when it is new and when it is falling to pieces of old age, and the sight of both, new and old at once in one, is very telling, to say the least.” End quote.

If you – conscious – enter into a ‘duality’, to/with, with your desire; want; need; brooding then you are going to find it difficult to polarise, the side of the force, that you #1, desire; want; need; brood on. Even though, like Ophiel, you can ‘see the thing’, when it is; New & Old at once in one. (I am the, Alpha & Omega – speaking/talking/explaining the #2, etheric plane, to others.) It is ‘when’ you – conscious = pick/chose and/or select, one side or the other, that the ‘duality’ (single force) is/becomes ‘split/divided’.

This type/kind of ‘thing’, was given by the worthy ancients as;

Arik Anpin – Vast Face = All Right Sided – Polarity – above to below.

Zoar Anpin – Lesser Face = All Left Sided – Assume – below to above.

Arik Anpin – Vast Face – All Right Sided – Kether – looking down/out.

Zoar Anpin – Lesser Face – All Left Sided – Malkuth – looking up/in.

They/these Faces/Directions = in actions/doings = ARE – SINGLE/SINGULAR – VIEWS/DIRECTIONS.

Here is what Ophiel writes, in his book; Contacting the Demiurge, his last chapter Nine; his last page, his last paragraph;

“As a somewhat advanced idea for you to work yourself into, in time, you can visualize the ‘handle-name-idea-picture’ of the Vast Countenance, visualize as a vast head/face (use your own ideas as to what it would look like if it were ‘real’, that is real on this physical plane) and carefully, gently, and quietly merge yourself with the Vast Countenance, and then ‘look down’ THROUGH THE LESSER COUNTENANCE TO YOUR PHYSICAL-MENTAL

SELF. DOWN HERE, and then take it from there as to how you DESIRE TO SEE YOURSELF. A great amount of Knowledge-Power is embodied in the few words just given and I can find no way to make the previous admonition any stronger than so stated, even if I used ten thousand words. So be it.” End quote.

Here is How Dion Fortune writes it, in her book; The Mystical Qabalah, chapter; Kether The First Sephirah.

“18. Eheieh, I Am That I Am, pure being is the God-name of kether, and its Magical Image, is an ancient bearded king seen in profile. The Zohar says of this ancient bearded king that he is all right side; we do not see the magical image of kether full-face, that is to say complete, but only partially. There is an aspect which must ever be hidden from us, like the hidden side of the moon. This side of Kether is the side that is towards the Unmanifest, which the nature of manifested conscious-ness, prevents us from comprehending, and which must forever be a sealed book to us. But accepting this limitation we may gaze in contemplation upon the aspect of Kether, the profile of the ancient bearded king, presented to us reflected, downwards into form.” End quote.

Pure being, is the Hindu ‘Akasha’, of/for the God-name of Kether, and its Magical Image, is an ancient bearded king seen in profile and that he is all right sided = THAT HE/IT/KETHER = IS ALREADY!! = POLARISED!!

The ‘LEFT SIDE’ of Kether, is the side that is towards the Unmanifest, which the nature of Manifested conscious-ness, prevents us from comprehending, and which must forever be a sealed book to us = Dark-ness; Black-ness; Blind-ness. The present writer, flicking through their ‘forest of trees’, pulls out one of their most liked of trees; At the ‘kether’ spot, is a ‘cut out face’ in right sided profile and at the ‘malkuth’ spot, is, of course, a ‘cut out face’ in left sided profile. Kether looking down/out and Malkuth looking up/in.

This particular tree/map, is the one that the ‘vertical axis = no duality’ and ‘horizontal axis = duality’ comes/came from. (Many, many Moons ago!) As soon as the present writer understood, much of the/their ‘confusion?’, ‘ignorance?’, ‘stupidity?’, about such matters were/was ‘resolved?’. Having mastered the ‘art’ of the ‘three-directions of/for manifestation?’, the present writer, was then able to discover/find out about themselves, in greater/better detail, and so ‘modified’ their behaviour/effort/daydreaming/wishing, in streamlining their ‘ambitions’, ‘expectations’?

As the present writer meditated/contemplated, on the images, of this particular tree/map = the two ‘faces’ became ‘views/directions’; the two views/directions became a, conscious-ness – jutting forth; protruding; projecting; promontory. One from above (Universal) and, One from below (Individual). Many occult persons, cannot/do not/are not, able to always distinguish between the two – universal/individual, and so, cannot/do not, get/receive any benefit/advantage from the knowledge/information, because they, the student have no, technique and/or no basic practice method, for them to adhere to, until such time/times, that they can ‘ex’ press, their ‘own’, creativity/ability, in their chosen ‘field’ of, service provision to others.

The universe sub-conscious-ness Arik-Anpin is! Unknowable, but... we – humans, because of the/our powers of perception (conscious), based on our powers of observation (#3, ego body), are able to; make/create – (#1, Malkuth Earth/Hades) Psychic Symbols, in/on the Dark-ness; Black-ness; Blind-ness – Universal Sub-Conscious-ness, so that the/this, Universal Sub-Conscious-ness, Dark-ness; Black-ness; Blind-ness = BELIEVES! The/your, psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising = AS ITS OWN!!?!

If! The Universe, can/does, darkly; blackly; blindly – psychically-tactilely-feel; define; three-dimensional-ise; symbol-ise! = THEN THOSE, WHO ARE LIKE US, ARE ONE OF US!

If you – conscious = can/do, darkly; blackly; blindly – psychically-tactilely-feel; define; three-dimensional-ise; symbol-ise – then you – sub-conscious = can believe?

THEN THOSE, WHO ARE LIKE US, UNIVERSAL SUB-CONSCIOUS-NESS = ARE ONE OF US!

So, from #0 to #1 – conscious-ness – assumes – takes back/takes up/takes in/takes on #3 – with it!

And then, in/on #1 – conscious-ness, about turns/about faces/looks back/looks behind/looks down/looks out – from #1 to #0 - polarity!

You now have; the three directions? Of/for Conscious, as a ‘ness?’. In his very first lesson, of his Correspondence Course, in Astral Projection, Ophiel explains all this, when he writes:

“(The following is the most profound concept I have ever come across in my years of Occult

work, and it is so big that I have refrained from looking at it too much because I felt a complete incapability of comprehending it ever to even its simplest extent. However, we must all face it someday, sometime, so here is a start!)

IT APPEARS THAT THE PHYSICAL PLANE WORLD DOES NOT, 'EXIST,' 'AS SUCH,' that is, as it appears to be. (Enough for now) One curious outstanding fact regarding the above statement is that;

'THIS NEWLY DISCOVERED FACT, THAT THE PHYSICAL PLANE DOES NOT EXIST AS SUCH, CANNOT BE COGNISED BY YOU, OR BY ANY MAN OR WOMAN, UNTIL YOU LEARN TO 'ENTER' THE 'INNER PLANES' YOURSELF AND 'LOOK BACK!!!'

I am no expert psychologist on dreams, or a psychologist at all, but I do suggest that the action-appearance of dreams, being what they are, has all the 'appearance' – 'actions' one would expect IF THE 'OUTER PLANE WORLD' WAS OUR OWN SELF-MAGIC-CREATED-CREATION. (I don't see how it could be any different in any great respect otherwise.) 'The kind of stuff that dreams are made of.' I am sorry to introduce this kind of material here in a Course on Astral Projection, but all material evidence points the way it does and the possible end results are too big to be overlooked. Besides, once this unexpected new development is understood in some of even its minor aspects, great possibilities open up - again too big for our casual comprehension - I don't know if I can handle it in my lifetime, but you should know about it, and make a start on understanding it and using it. Would it be asking too much of you to accept the above hypothesis for the time being and ACT - FEEL - in the following lessons - as if it *were* true and see where this acceptance leads us?" End quote.

In the above, from Ophiel = IS! = Polarity; Assume & Duality! – the three-directions!!!

#0 to #1 = assume = enter into.

#1 to #1 = duality = conscious as a ness – going across the plane – psychic-tactile-feel-ing = principle!

#1 to #0 = polarity = look back/behind.

Please study carefully; all the 'paths' in/on the tree/map, are(?!), elementnt earth, in elementall from/principle.

Please study carefully; all the 'paths' in/on the tree/map, are(?!), psychic-tactile-feel-ing.

(The above, is 'explained,' in the folder/files = 1 to 17 – Eros & Psyche as she (Psyche)

ascends(?) to higher planes/levels(?) and talks (Communicates??) to/with 'other?'
Gods/Goddesses!?!)

Thank you.