

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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If you practice enough basic chair and/or basic cosmic egg, exercise, there will come a time, when you – Conscious, as a nesc, ‘hand off/hand over,’ from, the/your #0, outer, outer physically physical body, to, the/your #1, malkuth earth/hades plane body. This ‘hand off/hand over,’ means that the/your #3, Ego Body ‘function,’ is brought into ‘line/harmony?’, with you, Conscious? In the/your dark-ness; black-ness; blind-ness, there is only(!). only(!) – psychic-tactile-feel-ing!?!

As you – Conscious, #0, outer, physically stand or sit, you – Conscious, know exactly(?), where(?), your #1, malkuth earth ‘self,’ is located(?), at the time of the/your, #0, outer physical ‘action,’ of, stand or sit!

As you – Conscious, #0, outer, physically stand and practice your basic cosmic egg, with its five basic element symbols, within you, about you and surrounding you #1, &+ #0, you – Conscious, know exactly(?), what(?), your #1, malkuth earth ‘self,’ is psychically-tactilely-feel-ing(?), at the time, of the/your, #0, outer physical ‘action,’ of, standing – feel-ing = observe-ing(?).

These two exercises, egg/chair, are for the stimulation; increase; development and enhancement, of your real-time, latent, dormant, psychic abilities. When/if you practice/do, Ophiel’s Little System and/or Dream Method, of #2, Etheric Plane Projection, you, the reader, operator, practitioner, occultist(?), would be/should be(?), in better position/place, in which to transfer/project, your powers/abilities, of(?) - psychic-tactile-feel-ing!?! to, the/those, #2, Etheric Plane Projections/Visualisations, and so give them – Depth? Dimension? – Three Dimensions?

Here it is, from Ophiel, from his book; Clairvoyance, his chapter; Rising on the Planes:

“Illumination and its kindred advantages should come along in the wake of your successful learned-use of almost any of your, Psychic studies and Practices, or rather, also, from any Occult pursuit. This practice I have found to be true, and the growth from ‘Psychic,’ to ‘Spiritual,’ is a natural one. At least, it has been for me, and I am giving it to you, the best I can.” End quote.

Psychic = #1, Malkuth Earth/Hades.

Spiritual = Clairvoyance = #2, Etheric.

Then, farther on, in this/his same book; Chapter, Semi-Physical Types of Clairvoyance.

“I find myself unable to convey clearly an idea to you as to how you ‘see,’ on the Inner Planes. Naturally, you have no physical bi-focal eyes – or two eyes, seeing an oval space in front of you. You have a ‘single eye’ only, but now that I think of it, the Inner Plane scenes, appear three dimensional, the same as here, which I am unable to account for, and which I will have to do some further work on.” End quote.

The basic cosmic egg and/or basic chair exercises, is/are(?), this work!! = PUT IT TO THE TEST! TRY IT! TEST IT! DO THE THREE-PLANE-EXERCISE!?!

#2, Etherically **Visualise**, a 'cup.' #1, **Psychically-Tactilely-Feel**, the 'cup.' #0, Physically, physical, **handle**, the 'cup.' Once you have #0, 'handled,' the/your 'cup,' transfer to your Conscious, as a 'ness,' to your #1, and 'handle,' the/your 'cup,' then, transfer your Conscious, as a 'ness,' to your #2, and 'handle/visualise,' your 'cup.' THEN, WHEN 'FINISHED,' COME BACK 'DOWN/OUT?' THE SAME WAY = #2, TO #1, TO #0!?!

Learning to 'do,' these things, deliberately, purposefully, intentionally and knowingly = HELPS TO DISTINGUISH/DISTIL/FILTER-OUT, EACH OF THE/THESE THREE-PLANES AND Teaches, instructs, informs and guides, the/your #3, Ego body = IN THE ART & PRACTICE of SELF-OBSERVATION!?! Do the same, #0; #1; #2 - #2, #1, #0, exercise with your Little System 'stations/route!' and other places/things; in your car; room; house; work; school; bar; club, etc, etc. Thus, you will/shall come to 'know/understand?' why(?), the/your #2, Etheric Plane, is/has/gets(?), its – three-dimensions FROM! You – Conscious, as a 'ness,' bring it (3D,) up with you – Conscious, as a 'ness,' when you 'project/transfer?' (Bringing(?) **your** 'Powers?' up(?), from 'Below?' to 'Above?' = 'if?', you do/practice, the basic exercises of/for #1, Malkuth Earth/Hades?

Thank you.