

# **THE ART AND PRACTICE OF OPHIEL**

**A Collection Of Monologues On Working  
With His Materials**

**In particular, techniques and practices for working alongside,  
and with, the Malkuth Earth/Hades body**

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## 11 of 17 polarity, assume & duality. 2022

As you/if you, proceed with the daily practice/doing, your egg/chair work, the thing that is going to make/create the difference, is – **understanding!** The egg/chair exercises are ‘pumping iron,’ for the serious magician, occultist, who wishes to understand the/their #1, malkuth earth/hades plane, and how it ‘works’, how it is the ‘**secret key**’, to the/your #0, outer, outer physically physical world, about you now??

As the present writer prepares, to do/practice, their basic cosmic egg exercise, they spend a few moments, and go over the ‘tattva’ symbols, their meaning, their forms, and their ‘location’, in/on their #1, malkuth earth/hades plane, and everything that this implies. Having done this for so long, it is easy to do and requires very little time, to get into the ‘mood’. As soon as the present writer ‘adopts their stance’ and ‘enters’ their dark-ness; black-ness; **blind-**ness, their #0, outer, outer physically physical body/plane, disappears/falls away.

Enters – assumes. Falls away – duality of #0, Outer, outer physically physical earth.

They then, ‘do!’, the/their ‘appointed’ task, with all the laws; rules & governances of/for this plane/level, so that, when they ‘surface’ to the/their #0, outer, outer physically, physical world/self, the ‘impression – **psychic tactile-feel-**ing’, is very, very strong, and has to be use; uses; use-ing; used! And so, things get ‘done’!

Surface – polarity.

The present writer doesn’t know (nor needs to! As they, the present writer, doesn’t care!!), what the individual’s aspirations are, but; here is what Ophiel writes, in his book; Clairvoyance, his chapter; You are naturally Clairvoyant;

“Now, comes a note and a word of caution – while it is true that daily available use of clairvoyance can be a great help in your life, **clairvoyance, per se, is not ALL POWERFUL.** It will not make you a giant power all at once. You still need all the Earth Skills that you have get and master the use of. Skill in the use of Clairvoyance and Earth Skills must be used together. **To repeat – Clairvoyance Skills and Physical Skill should SUPPLEMENT EACH OTHER. They do not SUPPLANT EACH OTHER.** You will have to learn to develop clairvoyance and you should develop all the Physical Skills you can, and then learn to

WORK THEM BOTH IN CONNECTION WITH EACH OTHER AND WITH YOU, AND ALL YOUR ASSETS, THAT YOU MAY NOW POSSES.” End quote. (Underlines are the present writers.)

Then, at the end of his chapter; The Categories of Physical Existence, Ophiel, writes this;

“Handle it this way – give it all the clairvoyance you can and ALSO EVERY PHYSICAL MEANS YOU CAN TO AID YOU. Specialise in the practices of the clairvoyance that appeals to you and for which you have some natural affinity and aptitude and let all the rest go by. Also, do not tell, or broadcast, your interests in clairvoyance to others, especially strangers. Keep it, and your occult studies, to your private self. Also, I will repeat again – in connection with your clairvoyance, you must be physically sharp AND USE ALL CONNECTING PHYSICAL MEANS THAT YOU CAN PUT YOUR HANDS ON TO HELP/ASSIST IN ANY MATTER THAT YOU ARE INTERESTED IN AND WORKING ON.” End quote.

As a ‘technique?’, the three views – duality; assume & polarity, can be used, at any time, in/on any/all planes, on anything, that interests you – conscious, and as your understanding, experience, grows and develops, then so too, does your expression/direction = ACCORDING TO YOUR APPLICATION!! But... as a ‘side note?’, please remember, that there will come a time/point, when there will ‘appear?’, a ‘light’ in the dark-ness; black-ness; blind-ness, and then you, the occultist/operator, will know, that you are ‘progressing’. Here is how Ophiel, writes it, in this, his same book: Clairvoyance, his chapter: Semi-Physical Types of Clairvoyance.

“At any rate, through a process of natural growth brought on by thinking about the subject, you should become conscious of a light soft ‘glow’ most anytime you close your eyes and desire to ‘see’ it. The ‘glow’ is there, all you have to do, is to become conscious of it as I said. As soon as you see this ‘glow’, you will recognise it and also recognise what I am talking about. The above process is the first of the several ways to develop clair-voyance, light-seeing, that I mentioned previously.” End quote. (Underlines are the present writers.)

Then, in Ophiel’s writings, he writes; that when you, see a light inside your head, then you know, you are making progress. The ‘difficulty?’, for most, is that they cannot even ‘enter the/their’ dark-ness; black-ness; blind-ness, in order to ‘see’ the/their light! The ‘difficulty?’, of many, is that they ‘enter’ the/their #2, etheric light, via Ophiel’s #2, etheric exercises, and never know anything about the/their; dark-ness; black-ness; blind-ness! Whereas, to

know/experiencing all three - #0; #1; #2, is/are of great advantage, to the operator/occultist, and especially ‘more so!?!’ with a properly trained/disciplined, #3, Ego Body!?! As you/if you, proceed with the daily practice/doing, your egg/chair work, the thing that is going to make/create the difference, is being able to ‘**understand**’. Here is what Ophiel writes, in his book; Clairvoyance, his chapter: A Magic Mirror and Clairvoyance:

“I will start this way. You, and all others, and all things, animate and inanimate, are surrounded by an Aura. This Aura is shaped rather like an egg with the small end at the bottom. These Auras are not usually visible to physical sight under particular and peculiar situations and circumstances, none of which can be gone into here. For the following material you will have to visualise, in your imagination, this Aura extending out from you, for about three feet and surrounding you completely in the shape previously described.

You will have to imagine the inner edge-surface of this **egg-shaped Aura** as HARD, AND LIKE THE SURFACE OF A MIRROR – REFLECTING ON ITS INNER SURFACE THE IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE SURFACE OF OUR MAGIC MIRROR FROM WITHOUT – FROM THE OUTER REACHES OF THE UNIVERSE, BOTH PHYSICAL OUTER AND INNER PLANE INNER, AND THAT IS ALL THERE IS TO IT ALL, THE WORLD, THE UNIVERSE AND ALL.” End quote.

The ‘basic cosmic egg exercise’, as presented, is for the/your #1, malkuth earth/hades plane, and the development, enhancement, refinement and increase, of the/your latent/dormant = ‘**psychic**’ abilities, and is not necessarily for, the/your #2, etheric body, which Ophiel’s exercises, in his book; Astral Projection and his; Correspondence Course in Astral Projection, ‘**are**’, specifically for, your #2, etheric projection. But... if you work long enough, with the/your #1, malkuth earth/hades, psychological, **psychic-tactile-feel**-ing body, the #2, etheric light, will/shall ‘appear’! (See/read what Ophiel writes, about his ‘jacket cover’ on his first book; Astral Projection), this is also a ‘part/piece’ of the natural progression, from plane to plane, of which, you can read in Ophiel’s first book; Astral Projection, his chapter; Dream Method.

The egg & chair exercises, are for those individuals, who, for whatever reason, cannot/do not/are not able, to get Ophiel’s materials, to ‘work’ for them, in the ‘way’ that they would like or in the way that they ‘feel?’, that they should? Also, there is ‘no point’ in making ‘comparisons?’, with #2, etheric and/or/nor #0, outer physical, as all three planes/levels are, individual planes/levels, in their ‘own right!’, with their, ‘own!’, laws, rules and governances. From which, as Ophiel, writes in his second book; Creative Visualisation; they (the planes),

will not 'deviate' ONE IOTA! Ophiel continues;

"Now naturally you are going to ask, at this point, if this gigantic conception is true, what is the mechanism in and on the surface of my Magic Mirror which does this – converts the raw vibrations, into sound, feel, sight, smell, taste, so that I may perceive it? And the answer is – The surface of the Magic Mirror is composed of your Magical Powers of your personal Elemental Forces existence and what is beyond that, I do not know and neither does anyone else." End quote.

Please study carefully; the parts of the/your 'egg/aura', that you are 'engaged in?', at this present moment in time, in your 'occult' studies – is - #1, malkuth earth/hades **psychic-tactile-feel**-ing, of said, visualisations; which is/are, to be use; use-ing; uses; used, in/on the/your #0, outer, outer physically physical earth!?! Farther on, we now read this from Ophiel;

"Now, of course, it is not quite as simple as the above would seem to indicate. There is a 'Thing', which Christian Scientists call, 'a belief' (be – to; be – LIVE) (be-living-in what you really believe-be-live) (to live as you BE) (your conception of yourself – con-with = ception born) and 'believe me', this belief-conception can be and is, very, very Powerful!!! **And is very hard to change, because it is rooted in the Elemental Force of Earth.**" End quote.

The, Elemental Force, of/for the Element of, the Element, Element Earth = IS!?! = #1, Malkuth Earth/Hades, and not(!), #0, outer, outer physically physical earth!! Please remember!

You – Conscious! = cannot/do not – change/alter #0, Outer, outer physically physical earth!

You – Conscious! = can/do – only use; use-ing; uses; used; #0, Outer, outer physically physical earth!

So, to try to – change/alter the/your #1, **from**, the/your #0, (as most un-initiated individuals 'do try!') **is a complete and total waste of time**. This type/kind of 'thing', is where all the failed; treasure maps/charts; failed talismans; failed rituals; failed prayers; failed everything(?), comes about, please read it again, and think about it:

You – Conscious! = cannot/do not – change/alter #0, Outer, outer physically physical earth!

You – Conscious! = can/do – only use; use-ing; uses; used; #0, Outer, outer physically physical earth!

But... now! With the basic cosmic egg and/or basic chair exercises, you ‘can’, manipulate; manage; change; alter; the/your #0, outer, outer physically physical earth = **FROM!** = the/your #1, malkuth earth/hades – **psychic-tactile-feel**-ing plane!

But... now! With the basic cosmic egg and/or basic chair exercises, you ‘can’, manipulate; manage; change; alter; the/your #0, outer, outer physically physical earth = **FROM!** = the/your #1, malkuth earth/hades – **psychic-tactile-feel**-ing plane = **BECAUSE YOU – CONSCIOUS – NOW ‘UNDERSTAND!?!’** = the three ‘views/directions’, which views/directions - ties/**binds** – the planes/levels ‘together’!?! In the same Ophiel book; Clairvoyance, but different chapter; Counterparts and the ‘OTHER’ World, we read this:

“The preceding ideas – theories give rise to many possible explanations of how metaphysics and miracles and such like might have worked in our past history. Also, this gives some clue as to how – why Christian Science and Unity health ‘treatments’ could ‘work’ and, indeed, should work as well as ‘miracles’, at shrines and pilgrimages, etc. **The person ‘praying’ might conceivably ‘touch’ the other, opposite one-half world thing and bring a ‘healing’ about – or a completeness, which would be the same as a healing.** The above half-world idea could explain even the ordinary processes in life where one keeps up a steady desire pressure for a certain object or condition and certainly the object or condition desired is not ‘here’ or we would not desire it. Also, it is surely over there, or the ‘other half’ is.” End quote. (Underlines are the present writers.)

In the above Ophiel quote, is the/your #1, Malkuth Earth/Hades - **psychic-tactile-feel**-ing and the/your three-views = Duality; Assume; Polarity!?! Please read/study/practice these next two parts carefully! Very, very, very, carefully! Big ‘occult’ for you, the reader!! So, we slightly amend/adjust, the above Ophiel quote, simply for ‘context’, and we read thusly:

## FIRST-PART!

You will have to imagine the inner edge-surface of this/your **basic-cosmic-egg-shaped-Aura** as HARD, AND LIKE THE SURFACE OF A MIRROR – REFLECTING ON ITS INNER SURFACE THE IMPACT-EFFECT OF THE FORCES – VIBRATIONS IMPINGING UPON THE INNER-SURFACE OF YOUR MAGIC MIRROR FROM WITHIN-YOU –

FROM THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL AND #1, MALKUTH EARTH/HADES PSYCHIC-TACTILE-FEEL-ING SELF! BOTH #0, OUTER PHYSICAL OUTER AND #1, MALKUTH EARTH/HADES INNER PLANE INNER, AND THIS IS ALL THERE IS TO IT! THIS IS ALL THERE IS, TO EACH PHASE/PART/PIECE OF YOUR WORK/EFFORT!! = #1 &+ #0!! = WITH YOU - #3, OBSERVING = NOT! NOT! – JUDGE-ING!!

## SECOND-PART!

YOUR BASIC-COSMIC-EGG-AURA = REFLECTS! (Water-of-Earth!) = THE/YOUR – CONSCIOUS-NESS = AS!! = THE/YOUR – PSYCHIC-TACTILE-FEEL-ING; DEFINE-ING; THREE-DIMENSIONAL-ISING; SYMBOL-ISM = AT! AT! THE/YOUR #1, Malkuth Earth/Hades ‘and’ #0, Outer, Outer Physically Physical Plane!!

This, the above, two parts, is(?), ‘how’ it works? But... that does not ‘mean’, for one second, that you ‘can?’, work it? Just by reading alone! But... please stop reading at the end of this sentence; and test(!), try(!), use(!) the ‘above’ two parts, right now!! To see if...? As soon as you, conscious, understand, the above, the ‘application of it’, should be instantaneous?!

You, the reader/operator/occultist, now have, at your finger-tips(?), no pun intended! The ability to ‘now’, PSYCHICALLY-TACTILELY-FEEL = CONSCIOUSLY; KNOWINGLY; DELIBERATELY; PURPOSEFULLY, AND, ABOVE ALL!! = SUCCESSFULLY!! = THE ‘REFLECTION/REFLECTIONS’!?! = OF THOSE OBJECTS; CIRCUMSTANCES; THINGS AND/OR ITS = THAT YOU DESIRE; WANT; NEED AND BROOD-ON – #1!?! = AS REAL!?! = AS YOU = #0, ARE!?!

In this ‘way/method,’ you – conscious – have now ‘achieved?’, the realisation/understanding, of the three-views = duality; assume; polarity!

Try this;

When the present writer ‘enters’ the/their, psychic = dark-ness; black-ness; blind-ness, they have/created/made, a ‘duality’ = all, in/on the same/one plane! = The present writer ‘knows?’, understands(?), that there is/are;

No Akasha! No Air! No Fire! No Water! No Earth! = There is only(!), only(!), the Elemental

Force, of the Elementnt, of the Element, Element Earth! That is, this is?? = Element Earth, that = Feels Like; Looks Like; Acts Like; Behaves Like; Operates Like; Works Like; Seems Like; etc, etc, etc! The ‘OTHER’ Forces? BUT... ONLY AS – ELEMENTALS!?! ONLY IN PRINCIPLE!! = IT = Elemental of Earth – IS ‘STILL!’ ALL ELEMENT EARTH!?! So, we end up with??

Earth-like-Akasha-of-Elemental Earth!

Earth-like-Air-of-Elemental Earth!

Earth-like-Fire-of-Elemental Earth!

Earth-like-Water-of-Elemental Earth!

Earth-like-Earth-of-Elemental Earth!

Earth-like-Akasha-Change = of Elementnt Earth!

Earth-like-Air-Foundation = of Elementnt Earth!

Earth-like-Fire-Emote = of Elementnt Earth!

Earth-like-Water-Reflect = of Elementnt Earth!

Earth-like-Earth-Inertia = of Elementnt Earth!

Elementnt = essence of; substance of; reality of.

Elementalal = pertaining to the powers of; abilities of; essence of; substance of, but not(!) the ‘reality,’ of!?!

These, the above, are the = REFLECTIONS!?! = IN/ON THE/YOUR BASIC COSMIC EGG = AT! AT! = THE/YOUR #1, MALKUTH EARTH/HADES PLANE/LEVEL OF – CONSCIOUS-NESS!?!

So, having left(?), the plane/level of conscious-ness(?), in which you – conscious – are in/on = #0, Outer, outer physically, physical earth = You – conscious – NOW ‘ASSUME’!! FROM!?! = #0 TO #1!?! (As you ‘do?’, in prayer; ritual; talisman; treasure map/chart.) You – Conscious – have now ‘entered into’ a ‘NESS = projection; protruding; extending; jutting;’ = with(!), the/your #1, Malkuth Earth/Hades Plane/Level!?!

Having ‘assumed from’ = #0, duality – all, everything, in/on the one/same plane!



To! = #1, malkuth earth/hades = duality – all, everything, in/on the same/one plane!

You = conscious = now have! = a ‘new?’, ‘different?’ = reality? A ‘new?’, type/kind of ‘NESS!’?

Conscious-ness is Duality! Duality is Conscious-ness! (Please ‘consult’, your ole crazy book (Bible), for an ‘example’ of/for this; C is D; D is C = Genesis 1; 1:4.)

From the/your ‘new’ type/kind of ‘ness’ = #1, malkuth earth/hades plane, you – Conscious, are able to see/view/observe = across the plane! Everything/All, that is – seen/viewed/observed – across the plane = IS = WILL BE/SHALL BE! ELEMENT EARTH! = THE ‘FORCE’ OF!?! Go anywhere you like, want, need, to go, and it will be/shall be = STILL ‘ALL’ = ELEMENT-EARTH!?! You can ‘do’ this, process/procedure, for ‘all/each’ of the individual planes! The two ‘exceptions’ is/are, of course;

Akasha = no assume!

Physical = no polarity!

Akasha = only duality = only polarity! (Zoar Anpin = Vast Face/Countenance.)

Physical = only duality = only assume! (Arik Anpin = Small Face/Countenance.)

The above three views, is/are the three basic directions/views! EACH ‘VIEW?’ = REFLECTED(?) = IN/ON THE ‘INSIDE’ OF = THE/YOUR – BASIC COSMIC EGG!?! ACCORDING TO? – THE/YOUR CONSCIOUS ‘NESS!’ = AT THE/THAT TIME(?), PLANE(?), PLACE(?). Here it is, from Ophiel, his fist book; Astral Projection; his chapter; Little System:

“AND NOW YOU HAVE THE SECRET OF ASTRAL PROJECTION in a nut shell. YOU DO NOT PROJECT AN ETHERIC BODY OR AN ASTRAL BODY. YOU DO NOT PROJECT ANYTHING. ALL YOU DO IS TO TRANSFER CONSCIOUSNESS TO ANOTHER BODY OTHER THAN THE PHYSICAL.”

That is what you are going to do in the four systems that I am going to give to you in this book.

YOU ARE GOING TO LEARN TO PROJECT YOUR CONSCIOUSNESS TO THE BODY YOU HAVE THAT CORRESPONDS TO THE BODY OF THE PLANE YOU WANT TO

## GO TO.

However, for all practical purposes you can consider the action as a projection, and it is a kind of a projection - a projection of consciousness however instead of a “body”. We will, therefore, continue to refer to our work as projection and speak as if we project a body etc.” End quote. (Underlines are the present writers.)

YOU ARE GOING TO LEARN TO PROJECT YOUR CONSCIOUSNESS TO THE BODY YOU HAVE THAT CORRESPONDS TO THE BODY OF THE PLANE YOU WANT TO GO TO = So! Project your ‘conscious’, to the/your #1, Malkuth Earth/Hades PSYCHIC-TACTILE-FEEL-ing; define-ing; three-dimensional; symbol-ism! = AS A ‘NESS’ = However, for all practical purposes you can consider the action as a projection, and it is a kind of a projection - a projection of conscious-ness however, instead of a “body”. We will, therefore, continue to refer to our work as projection and speak as if we project a body etc.

Here it is, from Ophiel, from his book; Talismanic Magic, his chapter; More on the Astral Light:

“I once observed a watch repairman as he assembled a watch. He lifted the last piece, which had the balance wheel on it, and, as he dropped it onto and into the watch, the balance wheel, as soon as it hit the ‘bottom’ of the inside of the watch core, started to ‘work,’ started to run/turn. This instantaneous functioning surprised me, as I had thought the man would at least have to turn the whole watch sideways several times to get it started.

Well, friends and students, this is a perfect example of the way this Occult Knowledge works, at least with me, and it should with you. As soon as you grasp the Knowledge mentally IT SHOULD START TO WORK. I will repeat the above in a slightly different way.

Dear students, as soon as you grasp the idea/knowledge of and about the “existence” and the Power of the Astral Light, its POWER should start to become available to you automatically and KNOWINGLY, at once, instead of just hit and miss, as we all use it now, all the time.” End quote. (Underlines are the present writers.)

As ‘soon as?’, you, the reader; operator; practitioner; occultist(?), understand(?), that the/your #1, Malkuth Earth/Hades Plane, and its Laws; Rules & Governances, are(!), the very, last plane down/out, and the very, first plane up/in, and that the/your psychic-tactile-feel-ing = define; three-dimensional-ism; symbol-ism – is(!) – the secret ‘key?’, to unlock it/the/your #1, Malkuth Earth/Hades Plane, then the sooner, you - the reader; operator; practitioner; occultist(?), will/shall = START TO WORK!

Thank you.