

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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12 of 17 polarity, assume & duality. 2022

Here is what Ophiel writes, in his book: The Occult.

“Now I say again, and please note carefully, there is no other way you can realise-feel-cognise your physical senses. As soon as you begin to practice ‘MAGIC’ however, of any kind – including the work you have done on the Ritual up to now – and including the future work to be given – which you will do; YOU THEN BEGAN TO USE OTHER KINDS OF SENSES, NOT PHYSICAL, TO COGNISE ANOTHER KIND OF A ‘WORLD’, ‘PLANE’, AN INNER PLANE.” End quote. (Underlines are the present writers.)

So, in the ‘case’ in question – basic cosmic egg and/or basic chair exercises; the/your ‘OTHER,’ kind of a ‘world/plane’ – inner plane – is – going to be = the/your #1, malkuth earth/hades plane!

Next, Ophiel writes:

“I want to add, at this point, an observation that there seems to be some evidence that each inner plane corresponds to an, elemental ‘sense’, the actual Physical manifestation take place on the ‘lowest’ physical plane.” End quote.

Please try the above this way;

I want to add, at this point, an observation; that there seems to be some evidence, that each ‘individual’ inner plane, corresponds to a/an, ‘Elemental Sense’, the ‘actual’ Physical Manifestation of which, takes place, in/on the ‘lowest plane’ = the/your #0, outer, outer physically physical plane, as = use; use-ing; uses; used.

Back to us – present writer + you the reader!

The ‘elemental sense’, that you, the reader/operator/occultist(?), have been invited to test; try & use, is, of course, the/your #1, Malkuth Earth/Hades Plane – Element Force, of the Elementnt, Elementnt Earth = INERTIA! This, ‘inertia,’ from ancient times, has been described as; ADVERSE; OPPOSING & OBSTACLE (Greek – Slanderer.) When(?), the/your #1,

Malkuth Earth/Hades = psychic-tactile-feel-body – communicates; speaks; dialogues; talks? – to you = #0, Outer, outer physically physical you = IT DOES SO, IN THE FORM; STYLE; FORMAT – OF?? = STOP/HALT – WHICH IS ‘ITS’ FORM OF PARTNERING; SHARING; HARMONISING; CO-OPERATING; WORKING-AGREE-ING-TOGETHER!?! This opposing, adversity, is crucial, to the budding, psychic/clairvoyant, as it is, this psychic-tactile-feel-ing, that the #0, outer, outer physically physical body, works off/from it. This is ‘observed’ in the basic chair exercise, the ‘opposing/adverse’ action/doing, of the/your, #1, malkuth earth/hades psychical-tactile-feel-ing body!

Please understand now, that you, the reader, have always, always, all your life/living = use; use-ing; uses; used! – this basic #1, element nt force, in your life/living, from birth to death!

Please understand now, that the only, only, difference now(?), is that you = the reader/operator/occultist have decided, to test, try and use, this basic element nt force = Consciously; Knowingly; Deliberately and on Purpose!

In the past, as people/persons who were naturally gifted and sensitive to these things, and could sense/feel the pressure of = STOP! HALT! – in/on their #0, outer, outer physically physical bodies, those who didn’t, couldn’t ascribed their abilities as being of someone/something, ELSE/OTHER/OUTSIDE!?! As these ‘gifted’ individuals, besides being ‘gifted’(?), were exactly like them? And, belonged to the same group; tribe; as they did! As a consequence of or because of, the/their ‘natural gift’, of sensing = psychic-tactile-feel-ing – STOP! HALT! – these persons, were/are, more acutely, self-observant and externally observant = IN THE/THEIR #1, ‘NOW-TIME!’. So, as a result of, these internal body ‘pressures/pressing sensations’, it seemed(?), as if(?), they, these, individuals, had/have/has(?), more ‘control’(?), over the/their ‘own/personal’ space, time, living.

Here is how Ophiel, describes this/these actions, from his book; Clairvoyance, his chapter; The Two Minds: The ‘two minds?’, is/are #1, malkuth earth/hades and #0, outer, outer physically physical you! AND NOT! NOT! #3, Ego Body, Present Incarnation, Personality Body You!?!

“The training of the sub-mind is a very subtle matter. There is no danger involved, the worst that can happen is just no good results in a hurry, and some confusion of ideas. The training of your sub-mind is like your training of your physical self to under water for periods of increasing time. You are inducing your ‘hidden’ mind to come ‘out’ and function in the Physical Plane World; whereas its true plane existence is in the Inner Plane World.”

There are many benefits to be gained from the functioning of your sub-mind in the outer plane world, if and when it can be trained properly. The sub-mind, possessing as it does, unlimited access to Inner Plane play of Forces can predict and calculate instantly, the sum total effect of these 'Forces' interplay upon each other, and upon your Being. And this outer plane function can be, as I said, of great benefit to you.

I might say here that any difficulties that might arise come, not from the impact of the information upon you, but from the difficult job of getting the information 'through' to your outer plane, in a form that you can understand and use 'work on'” End quote.

The three yellow highlights in the above, Ophiel quote, are directed at the/your, basic cosmic egg and/or basic chair exercises, and the/your, three 'views' = duality; assume & polarity. It is important that 'both', the/your #0 &+ #3, bodies are 'agreed', that your egg/chair exercises is/are, for your #1, malkuth earth/hades psychic-tactile-feel-ing body! that is important!

THE/YOUR #1, MALKUTH EARTH/HADES BODY = IS STIMULATED? STIRRED? ATTRACTED? = BY/WITH THIS = 'GIVING,' 'SACRIFICING,' 'WORSHIPING,' 'SHARING,' = 'DELIVERING'!?!?!'

YOU - #0 &+ #3 – ARE DOING THIS/THESE EXERCISES (Egg/Chair) FOR!! = THE YOUR #1, MALKUTH EARTH/HADES BODY! – For all this, is delivered unto me (#1), and to, whomsoever I (#1), choose to give it! NOT! FOR THE/YOUR = #3, EGO BODY!?!'

This approach is important! = BECAUSE IT HELPS TO STOP THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY = FROM TAKING OVER!?! (Dominating! = Judge; Judge-ing; Judges; Judge-meant!') In the above three, paragraphs, there is 'much' that is worth studying.

Give (verb), from the Proto-Indo-European Root word; ghabh = send or receive.

Sacrifice (noun), from the Proto-Indo-European Root word; sacer = sacred + facere = to make/to do. from the Proto-Indo-European Root word; dhe – to set; place; put.

Worship (noun), from the Proto-Indo-European Root word; wer = to turn; bend back upon + ship = quality; condition; act; power; skill; wer (2), to value; to honour; to agree;

It is important, that the reader/operator/occultist, remembers/recalls, that the/these exercises – egg/chair, are for, the/your #1, malkuth earth/hades, psychic-tactile-feel-ing; define-ing; three-dimensional-ising; symbol-ising body!! And that you = conscious-ness, make ‘sure’, that the/your #0 &+ #3, bodies knowingly, deliberately, purposefully, do the exercises (egg/chair), FOR(!), the/your #1, malkuth earth/hades body! and that, the/your, #3, Ego Body ‘knows,’ this!?! Ophiel, next writes, farther on, in this/his same chapter, with his;

“There is a type of work-exercise you can do, let us say, to induce the sub-mind to function on this outer Physical Plane. I can give you three examples here, of exercises that I used, and then you must learn to create others of like nature for your own use, exercises that will be more suitable for your particular nature.” End quote. (Underlines, are the present writers.)

The yellow highlight is what the present writer did/does, and it is this, that is used to ‘assist’ those other Ophiel, students who are ‘ready?’, for such. Ophiel presents his, watermelon; milk pouring and gas-pedal exercises, and in each, there is the/his #1, malkuth earth/hades psychic-tactile-feel-ing-body = saying – STOP! HALT! (Read his whole chapter.) The present writer can ‘recognise’, other persons/individual’s #1, as they (#1), work ‘through’, the #0, person in front of them (them - present writer!). Ophiel, writes, farther on;

“Now, in your experimental sub-mid work you will have to evolve your own types of exercises, like the examples given, and carry them out successfully. You have to release all conscious-mind control and practice allowing the sub-mind to take over, and this gives rise to a very queer feeling, as if, you seem to be losing control over your objective world.” End quote. (Underlines are the present writers.)

Golfer comes out onto the tee; places ball, and looks at the fairway, and sees where they, #0 &+ #3, want the golf ball to go.

Golfer ‘addresses,’ the golf ball, looks again at the fairway, and back to the ‘ball’, breaths in, and then = #0 &+ #3 = HAND OVER TO THE/THEIR = #1, MALKUTH EARTH/HADES BODY!! – AND PLAYS THE SHOT!! Remember Ophiel’s, watermelon; milk-pouring and gas-pedal! = SAME THING!! = DIFFERENT APPLICATION!!

Poker player comes out onto the table; takes cards dealt; remembers previous hands; studies the other players; looks at their cards; #0 &+ #3, decides, #1, agrees; the Poker Player; PLAYS THE HAND!! Remember Ophiel’s, watermelon; milk-pouring and gas-pedal! =

SAME THING!! = DIFFERENT APPLICATION!!

ALL 'SKILLED' PERSONS – HAVE THIS 'DEVELOPED' ABILITY – BUT! – THE/THEIR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY – TAKES ALL THE CREDIT!?!

Daniel Khaneman; Noble Laureate 2002; Thinking; fast & slow: all 'intuition,' is recognition.

In the above is the/your basic cosmic egg and/or basic chair exercises, at the/your #1, malkuth earth/hades plane level? It is when you, the individual, conscious, stimulate, exercise, develop and enhance, your conscious, as a 'ness', in any given direction-application, that, your conscious, begins to grow/increase 'in', that direction-application, to which, it is then referred to/described as, a 'ness = protruding; projecting; promontory; jutting forth; sticking out!'.

The 'joy' comes 'in', when you, the operator/occultist/conscious - know for yourself, that you can/do – psychically-tactilely-feel-feel; define; three-dimensional-ise; symbol-ise, all five basic elemental forces symbols, within you, about you and surrounding you #1 &+ #0!! And that you are 'now?', a; SKILLED PERSON – WHO HAS 'DEVELOPED' THIS ABILITY – AND – THAT - THE/YOUR #3, EGO BODY, PRESENT INCARNATION, PERSONALITY BODY – CANNOT TAKE THE CREDIT OF/FOR IT!?!

Your #3, Ego Body; Present Incarnation; Personality Body = CAN ONLY OBSERVE!

Your #2, Etheric Body = CAN ONLY REFLECT!

Your #1, Malkuth Earth/Hades Body = CAN ONLY PSYCHICALLY-TACTILELY-FEEL-FEEL!

Your #0, Outer, Outer Physically Physical Body = CAN ONLY USE; USE-ING; USES; USED!?!

If you can only 'use', the/your #0, outer, outer physically physical plane/body, then there is no need to 'worry?', about changing it? As it can't be done! The 'reason?', of/for this, is, that you – conscious – are in a 'duality' to/with, the/your #0, outer, outer physically physical plane, through/via, the/your #0, Outer, outer physically physical body!?! (See/read Ophiel's book; A & P of the 'Occult,' for this.)

You – conscious (#0) – must now project/transfer you – conscious – to the/your #1, malkuth

earth/hades plane via – assume-ing (Lower to Higher), and then, **about face turn**, and look back/**behind**! Thus, creating/making a, polarity (Higher to Lower)!

Ophiel did this, with his milk-pouring; watermelon and gas-pedal exercises!

Ophiel did not, do this with #2, etheric plane visualising!

Greek mythology; Demeter mother of Persephone, could not find/discover her (Persephone), even though she (Demeter), **held ‘aloft’ her ‘light’** = #2, etheric plane! Greek mythology; Eros to Psyche = **BRING NO LIGHT WITH YOU!!!**

Psyche/Psychic = animating spirit (Animates #0)!!

Psyche/Psychic = #1, Malkuth Earth/Hades Plane!!

Psyche/Psychic = **Psychically-Tactilely-Feel** -ing; define-ing; three-dimensional-ising; symbol-ising!!

Psyche/Psychic = Belief; Believe; Believed; Believing!!

Psyche/Psychic = Belief - to trust!

Psyche/Psychic = Faith – to persuade; to convince!

Psyche/Psychic = Praying – **Psychically-Tactilely-Feel**-ing!

Psyche/Psychic = Symbol; Symbol-ises; Symbol-ism; Symbol-ical!

Psyche/Psychic = Basic Cosmic Egg exercise!

Psyche/Psychic = Basic Chair exercise!

All of the above takes place/happens, in/on the/your #1, Malkuth Earth/Hades Plane. The last, two, in the above table, is/are the ‘techniques!?’ which can be, should be, must be = learned/mastered and then, ‘applied to,’ all of the table above!?!’

Thank you.