

THE ART AND PRACTICE OF OPHIEL

**A Collection Of Monologues On Working
With His Materials**

**In particular, techniques and practices for working alongside,
and with, the Malkuth Earth/Hades body**

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13 of 17 polarity , assume & duality. 2022

Here now, is what Ophiel writes, in his book: Caballa Magic, his last chapter; 10.

“I am going to proceed with the Knowledge on the assumption that WE are to conquer/control matter and thus “escape” its thrall. As far as I have gone into the Gnostic and the Hebrew ideas of the Countenance creation and existence of the Material World, I have not run across anything pertaining to the actual building blocks of the Material Plane in any form I recognize as yet, unless it is hidden from me, or us, in some way, or unless that is the “secret part” they are hiding from us. Or what?” End quote.

Here now, is what Ophiel writes in his vignette; The ‘OTHER’ you:

“Dear Students, in this Vignette I am presenting a new-old 4,000, year old idea, so please bear with me as I am out on the frontier/fringes of the Etheric-Astral-Mental Planes and I am all alone. All I can do is to notice effects and to try not only to understand them, dimly, BUT try to make some kind of working disposition/disposal/formulation/array/line-up/methodisation/groupage and/or many such like words to ‘USE DOWN HERE.’ (Apparently the 4,000-year-old idea was never put to any ‘USE’, unless the astute Egyptian scribes failed to write down the use) which is probably what happened. If there is a bunch of people somewhere on this earth plane who ‘KNOW?’ and ‘USE’ these things, this knowledge, they are sure hiding it from me. (But we’ll root out the secrets, won’t we?)

Especially do I refer to the Egyptian KA or Double idea, which they depict in their tombs, to get on with it and to bring it down to today? I, being seventy years old, have come to a form of realisation, - not self-realisation - in the usual meaning of the word; But another form of self-realisation, that in dealing with many people/persons, I cognise that there seems to be TWO people there? (I am slightly familiar with the psychological concept of the split personality. I do not mean that. I mean something much deeper. I am also familiar with the concept of the Etheric double, and I do not mean that, either.)

I seem to find/think/conceive that a person seems to have built up a second, ‘Person’ who more or less functions through the, ‘Visible’ person.” End quote.

As you, the reader/operator/practitioner/occultist(?), practice more, and over a longer period of time (for many, it is ‘shorter’), the idea/notion of ‘other’, becomes a reality, that is/which is = exciting/enthralling, in a very, positive/dynamic way, for the first time, for many, they

now have the kind of, access, to the/their 'inner planes', in a way that is direct, instant and **provable** to them = #0 &+ #3! (See/read Ophiel's vignettes; Assistance from the Gods parts 1 & 2. See/read what Ophiel writes, in part 2, about the 'tingling' sensation.)

You – conscious, cannot/do not 'change' the/your, #0, outer, outer physically physical plane, **from/within, the/your #0, outer, outer physically physical plane!**

You-conscious, can only, only – use; use-ing; uses; used – the/your, #0, outer, outer physically physical plane!

You-conscious, can/do – '**change**' – the/your, #1, malkuth earth/hades plane! – through/by/with(?), you-conscious – acting like; looking like; working like; behaving like; operating like; feeling like = A NESS (Projection; Protrusion; Jutting-out; Standing-out; Symbol-ism!)

The/your 'NESS', in/on the/your #1, Malkuth Earth/Hades Plane, is/will be = EX-PRESS-ED = as a **psychic-tactile-feel**-ing!?! which your #1, malkuth earth/hades plane/body = will/shall believe!?! – as your – Object; Circumstance; Thing and/or IT – AND SO - IS REFLECTED (Water-of-Earth = Bowl 'inside' Cube!) BACK TO YOU – CONSCIOUS – AS A - #0, Outer, Outer Physically Physical 'NESS'! = THUS! = The/your #0, Outer, outer physically physical plane/body – **IS CHANGED!**!?!

I seem to find/think/conceive, that a person seems to have BUILT UP a second, 'Person', who more or less functions through the, 'Visible' person.

Please study carefully/fully! **THE SECOND PERSON(?) – IS!! – THE/YOUR #1, MALKUTH EARTH/HADES PSYCHIC-TACTILE-FEEL-ING!?! NOT! NOT! THE/YOUR #2, ETHERIC BODY!?!**

Please study carefully/fully! THE/YOUR #1, MALKUTH EARTH/HADES = IS = INVISIBLE; SILENT; SECRET; HIDDEN; UNSEEN = **BUT... LETS ITS SELF BE FELT!** THE/YOUR #1, MALKUTH EARTH/HADES **PSYCHICAL** BODY IS! = BLACK-ON-BLACK! BLACK-ASTRAL-LIGHT!

DO NOT! TRY TO VISUALISE THE/YOUR #1, MALKUTH EARTH/HADES,

PSYCHICAL BODY = LET YOUR 'SELF?' = #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY = JUST SIMPLY **FEEL!** THE/YOUR #1, MALKUTH EARTH/HADES BODY THERE! The basic cosmic egg exercise and/or basic chair exercise should have made this ability, much more viable to you/for you!?! The most 'difficult' part, is that of belief; believe; believing; believed. There is a/an, absolute, when it comes to this part, and the great 'difficulty?', is in the/your #3, Ego Body, Present Incarnation, Personality Body!

PLEASE REMEMBER/RECALL, THAT THE/YOUR #3, EGO BODY, **PIGGY-BACKS** – IN/ON THE/YOUR – CONSCIOUS-NESS! AND THAT IT IS THIS/YOUR #3, WHICH 'JUDGES = REVEALS?', AND IT IS THIS/YOUR #3, 'JUDGEMENT,' WHICH THE BLACK ASTRAL LIGHT OBEYS/FOLLOWS. Here it is, from the ole crazy book (Bible), Mathew 7:1

Judge not, that ye be not judged. For with what judgement ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again.

And why beholdest thou, the mote that is in thy brother's eye, but considerest not, the beam that is in thine own eye?

Or, how wilt thou say to thy brother; Let me pull out the mote, out of thine eye; and, behold, a beam *is* in thine own eye?

In Saint Augustine of Hippo's letter (Number one, of 1 to 17 letter & egg) Here is what he writes:

But the other Evangelist has expressed this same thing thus: '**Agree with thine adversary quickly, whiles thou art in the way with him.**' All the rest is alike; '**lest haply the adversary delivers thee to the judge** and the judge deliver thee to the officer, and thou be, cast into prison. (A 'prison?' of Circumstance!!?!?)

The/your #3, ego body, present incarnation, personality body, who **piggy-backs**(?), in/on conscious.

#3, Ego Body – IS! - THE JUDGE!

Thee/Thine – IS! - #0, Outer, outer physically physical you!

Adversary/Opposer – IS! - #1, Malkuth Earth/Hades you!

Next paragraph, from Augustine reads:

Both Evangelists have explained this alike. One said 'Give diligence in the way to be delivered from him' the other said, 'Agree with him.' For thou wilt not be able to, 'be delivered from him.' Unless thou, 'Agree with him?' Wouldest thou, 'be delivered from him?', 'Agree with him' But what? Is it the devil with whom the Christian ought to 'agree?' Let us then seek out this 'adversary' with whom we ought to 'agree', lest he deliver us to the judge, and the judge, to the officer, let us seek him out, 'and agree with him'!

If you, the reader/operator/occultist, are 'not' aware; awake; conscious, to/of the 'fact', that the/your #3, ego body, present incarnation; personality body 'IS!' = MAKING A 'JUDGEMENT?' (Observation?), then you – conscious, will not 'know' and your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing-Body = will/shall – GO WITH! AGREE-WITH? – THE/YOUR #3, EGO BODY = NOT ME! NOT THIS! NOT MINE!

If you, the reader/operator/occultist, 'are' aware; awake; conscious, to/of the 'fact', that the/your #3, ego body, present incarnation; personality body 'IS!' = MAKING A 'JUDGEMENT?' (Observation?), then you – conscious, will/shall 'know' and your #1, Malkuth Earth/Hades Psychic-Tactile-Feel-ing body = will/shall – GO WITH! AGREE-WITH? – THE/YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY = DESIRE; WANT; NEED; BROODING!?!

Please study this 'occult' carefully!

Conscious-ness is Duality! = Duality is Conscious-ness!

When there is AGREEMENT!?! = THERE IS! = DUALITY!!

Conscious-ness is Duality!

Duality is Conscious-ness!

Duality is – ALL! IN/ON THE SAME/ONE PLANE! = AGREEMENT!?!?

Assume – is a direction; Polarity - is a direction; Duality – is a direction.

All three 'directions' = ARE PROJECTIONS OF CONSCIOUS = EXPRESSED AS A

‘NESS’ – PROTRUSION; PROJECTION; PROMONTORY; JUTTING FORTH/OUT; STANDING OUT!

Please study this ‘occult’ carefully! (Big ‘occult’!)

When you/as you; transfer your, view = conscious - from plane to plane, from level to level = you conscious = do so with the/your = POWERS OF YOUR MALKUTH EARTH/HADES FORCE!!

Earth-of-Earth.

Earth-of-Water.

Earth-of-Fire.

Earth-of-Air.

Earth-of-Akasha.

Conscious-ness = IS! = Elementnt Earth Force! The worthy ancient ‘symbol-ised’ this, in the first part of the/their ‘sacred’ name, of/for God = YOD! (From the Proto-Semitic ‘yad’. Egyptian hieroglyph of ‘hand = closed.’) But... it is the ‘closed hand!’ = already-grasped!?! = Already = Elemental Earth = in ‘principle’! So, conscious – as a ‘ness’ – is already(!?) = a duality! – IN/ON ITS ‘OWN?’, PLANE/LEVEL! As this ‘duality’ is projected as a/an, polarisation = higher to lower – we read thusly; LET THERE BE! So, taking the above, do you, can you, are you? The operator/occultist, able to understand;

In/on the/your #1, malkuth earth/hades plane, you – conscious – are ‘in’ a state/condition of duality = all, everything in/on the one/same plane; i.e., every ‘thing’ is - #1, malkuth earth/hades!?! Conscious-ness and the/your – psychic-tactile-feel-ing = ARE ONE! – duality = all, in/on the same/one plane!

You – Conscious – in/on the/your #1, Malkuth Earth/Hades Plane Say (Psychically-Tactilely-Feel!) = LET THERE BE! = And, as a ‘consequence??’ of this = YOUR #0, OUTER, OUTER PHYSICALLY PHYSICAL BODY/PLANE – MOVES? (IS ‘MOVED?’)

If you, the reader, have chosen to test, try, use, the/your egg/chair exercises, then the ‘technique’ of; LET THERE BE, is to be, psychically-tactilely-felt first = Let There BE, as a,

technique, involves the/your = NOW-TIME; REAL-TIME! – AND SO, AIDS/ASSISTS, IN THE BELIEF/BELIEVING AND IN THE ‘CHANGE/ALTERATION’ OF – VIEW!?! (From a ‘duality’ to a/an; assume and/or polarity!!)

#1 = Belief = to trust = psychically-tactilely-feel; define; three-dimensional-ise; symbol-ism.

#0 = Faith = to persuade/to convince = through by/with action/doing use; use-ing; used.

#1, higher, over, before and in-front!

#0, lower, under, after and behind!

These are the ‘two planes/levels’, that you, the non #2, etheric projector need, to start to work on and to develop, in order to get on! Both egg and chair exercises, are to stimulate, develop, enhance and increase your ‘sensitivity?’, to your #1, malkuth earth/hades body as it ‘grows used?’, to being ‘observed?’, by/with both, you #0 &+ you #3, ego body!?!

The three ‘views?’, of conscious-ness = duality; assume; polarity – is/are, all you – conscious-ness need and, in final analysis, all you #0 &+ #3, actually, factually, literally, get/have?

Please note; it is ‘because of’, conscious – duality – that an individual has the ‘options’ of, assume and/or polarity, but...! Only, in/on the/their/your #1, malkuth earth/hades right up to kether – where you can only ‘have’ polarity = HIGHER TO LOWER!

Please put this to the ‘test’ right now! Try it/Use it!

Take a physically physical cup and look at it.

Switch to the/your #1, malkuth earth/hades plane and psychically-tactilely-feel it, the cup.

Switch to the/your #2, etheric reflecting plane and visualise it, the cup.

Thus, you – conscious – have ‘assumed’, as a ‘ness – projection/protrusion/promontory-transfer’?

Now! Reverse it!

Take your ‘visualised cup’, and look at it.

Switch to the/your #1, malkuth earth/hades plane and **psychically-tactilely-feel** it, the cup.

Switch to the/your #0, outer, outer physically physical earth and ‘use,’ it, the cup.

Thus, you – conscious – ‘polarised’, as a ‘ness – projection/protrusion/transfer’?

You – conscious – as a ‘ness’ make/create a ‘duality’ in/on each plane, but...! Only if/when, you are in/on a ‘higher’ plane than #0, can you do/you = assume and/or polarise.

You – conscious – as a ‘ness’ make/create a ‘duality’ in/on each plane, but...! Only if you are in/on a lower plane than #6, can you do/you = assume and/or polarise.

#6 = Akasha = polarise – higher to lower and/or duality.

#5 = Archetype = polarise; assume; duality.

#4 = Astral = polarise; assume; duality.

#3 = Ego. (A Construct!)

#2 = Etheric = polarise; assume; duality.

#1 = Malkuth Earth/Hades = polarise; assume; duality.

#0 = Outer Physical Earth. = assume – lower to higher and/or duality.

Only in/on the #0, outer, outer physically physical plane do you have the ‘two?’ views = duality/assume!

Only in/on the #6, akashic plane, do you have the ‘two?’ views = polarity/duality.

All of this, the above, is shown; demonstrated; experienced and tested = **Psychically** – by/with/through, the/your, basic cosmic egg exercise and/or basic chair exercises.

Thank you.

P.S. Having done the 'cup,' exercise, do the same thing, with other objects, circumstances and/or things and its, also do the same 'exercise,' to/with a 'whole,' room.